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Extratropical Air-Sea Interaction, SST Variability
and the Pacific Decadal Oscillation (PDO)

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27 **ABSTRACT**

28
29 We examine processes that influence North Pacific sea surface temperature (SST)
30 anomalies including surface heat fluxes, upper-ocean mixing, thermocline variability,
31 ocean currents and tropical-extratropical interactions via the atmosphere and ocean. The
32 ocean integrates rapidly varying atmospheric heat flux and wind forcing and thus a
33 stochastic model of the climate system, where white noise forcing produces a red
34 spectrum, appears to provide a baseline for SST variability even on decadal time scales.
35 However, additional processes influence Pacific climate variability including the
36 “reemergence mechanism” where seasonal variability in mixed layer depth allows surface
37 temperature anomalies to be stored at depth during summer and return to the surface in
38 the following winter. Wind stress curl anomalies in the central/east Pacific drive
39 thermocline variability that propagates to the west Pacific, via baroclinic Rossby waves
40 and influences SST by vertical mixing and the change in strength and position of the
41 ocean gyres. Atmospheric changes associated with ENSO also influence North Pacific
42 SST anomalies via the “atmospheric bridge”.

43 The dominant pattern of North Pacific SST anomalies, the “Pacific Decadal
44 Oscillation” (PDO), exhibits variability on interannual as well as decadal time scales.
45 Unlike ENSO, the PDO does not appear to be a mode of the climate system but rather it
46 results from several different mechanisms including *i)* stochastic heat flux forcing
47 associated with random fluctuations in the Aleutian low, *ii)* the atmospheric bridge
48 augmented by the reemergence mechanism and *iii)* wind-driven changes in the North
49 Pacific gyres. Recent studies suggest that *i)* and *ii)* dominate on interannual time scales
50 while all three contribute about equally to PDO variability on decadal time scales.

51

51 1) INTRODUCTION

52 There are several reasons why the oceans play a key role in climate variability at
53 interannual and longer time scales. Due to the high specific heat and density of sea water,
54 the heat capacity of an ocean column ~ 3.5 m deep is as large as the entire atmosphere
55 above it. In addition, the upper ocean is generally well mixed and sea surface temperature
56 anomalies (SSTAs) extend over the depth of the mixed layer tens to hundreds of meters
57 below the surface. As a result SSTA, the primary means through which the ocean
58 influences that atmosphere, can persist for months or even years. In addition to
59 thermodynamic considerations, many dynamical ocean processes are much slower than
60 their atmospheric counterparts. For example, relatively strong currents such as the Gulf
61 Stream and Kuroshio are on the order of 1 m s^{-1} roughly two orders of magnitude slower
62 than the jet stream in similar locations. Midlatitude ocean gyres take 5-10 years to fully
63 adjust to the wind forcing that drives them and exchanges with the deeper oceans, via
64 meridional overturning circulations, can take decades to centuries.

65 Beginning with the pioneering work of *Namias* [e.g. 1959, 1963, 1965, 1969] and
66 *Bjerknes* [1964], many studies have sought to understand the temporal and spatial
67 structure of midlatitude SSTAs and the extent to which they influence the atmosphere.
68 The dominant pattern of SST variability over the North Pacific exhibited pronounced
69 low-frequency fluctuations during the 20th century and was thus termed the Pacific
70 Decadal Oscillation (PDO) by *Mantua et al.* [1997]. The fluctuations in the PDO have
71 been linked to many climatic and ecosystem changes and thus has become a focal point
72 for studies of Pacific climate variability. In this chapter, we examine processes that

73 influence extratropical SST anomalies and mechanisms for generating Pacific decadal
74 variability including the PDO.

75 This chapter is structured as follows: basic properties of the North Pacific Ocean
76 including the mean SST and its interannual variability, the vertical structure of
77 temperature and the three-dimensional flow are described in section 2; the terms that
78 contribute to the surface heat budget and thus the SST tendency are examined in section
79 3; the processes that generate and maintain North Pacific SST anomalies, including
80 stochastic forcing, upper ocean mixing, ocean currents and Rossby waves, dynamic
81 extratropical air-sea interaction and teleconnections from the tropics are explored in
82 section 4. The PDO and its underlying causes are described in section 5, while section 6
83 examines other potential of variability.

84

85 2) MEAN UPPER OCEAN CLIMATE

86 North Pacific SST variability is strongly shaped by the climate and circulation of the
87 upper ocean. The mean SST field features nearly zonal isotherms across most of the
88 Pacific with a strong gradient near 40°N, indicative of the subpolar front that separates
89 the two main gyres in the North Pacific (Figure 1a). In the eastern Pacific, the curvature
90 of the isotherms is consistent with the structure of the currents where the sub polar gyre
91 turns north and the subtropical gyre south (Figure 2). The weaker subtropical front, which
92 is more prominent in the SST standard deviation (σ) field (Figure 1b), slopes from the
93 southwest to the northeast between ~20°-30N. The mean isotherms bulge north in the
94 vicinity of Japan associated with the warm water transport by the Kuroshio current,
95 which turns eastward between 35°-40°N as the Kuroshio Extension (KE) and then the

96 North Pacific Current. SST anomalies are maximized at the Northern edge of the
97 Kuroshio, with enhanced variability along the subpolar front and the subtropical front in
98 the central-eastern Pacific (Figure 1b).

99 The surface layer over most of the world's oceans is vertically well mixed and thus,
100 heating/cooling from the atmosphere spreads from the surface down to the base of the
101 mixed layer (h). Due to the large thermal inertia of the surface layer, SSTs reach a
102 maximum in August-September and a minimum in March (Fig. 3), about three months
103 after the respective maximum and minimum in solar forcing, compared to a one month
104 lag for land temperatures. Beneath the warm shallow mixed layer in summer lies the
105 seasonal thermocline where the temperature rapidly decreases with depth. The mixed
106 layer is deepest in late winter, when it ranges from 100 m over much of the North Pacific
107 and 200 m in the KE region but shoals to around 20-30 m in late spring and summer
108 (Figures 3 and 4). Since h is approximately 5–20 times smaller in summer than in winter,
109 less energy is required to heat/cool the mixed layer leading to larger SSTA variability
110 (departures from the seasonal mean) in summer compared with winter but SSTA are
111 larger on decadal timescales during winter [Nakamura and Yamagata, 1999].

112 In the vertical plane the wind-driven upper ocean circulation consists of a shallow
113 meridional overturning circulation, the subtropical cell (STC, Figure 5a). In midlatitudes,
114 water subducts, i.e. it leaves the mixed layer via downward Ekman pumping and lateral
115 induction and enters the main thermocline. It flows downward and southward along
116 isopycnal surfaces where some of the water: *i*) returns to midlatitudes via the southern
117 and western branches of the subtropical gyre, *ii*) reaches the western boundary south of
118 $\sim 20^{\circ}\text{S}$, and then flows towards the tropics and then eastward along the equator or *iii*) has

119 convoluted pathway in the ocean interior (Figure 5b). Water in ii) and iii) upwells at the
 120 equator, and then returns to the subtropics in the thin surface Ekman layer (Figure 5a).
 121 Observations [*Huang and Russel, 1994; Johnson et al., 1999*], modeling studies
 122 [*McCreary and Lu, 1994; Liu, 1994; Qu et al., 200*] and analyses of transient tracers such
 123 as tritium from nuclear bomb tests [*Fine et al., 1981; Fine et al., 1983*], suggest that
 124 subduction zones in the North Pacific contribute much of the water within the equatorial
 125 undercurrent which then reaches the surface in the eastern equatorial Pacific. Thus,
 126 variations in the temperature or strength of this cell could alter conditions in the
 127 equatorial Pacific on decadal time scales including modulating ENSO variability.

128

129 3) SST TENDENCY SURFACE HEAT BUDGET

130 Following *Frankignoul [1985]*, the SST tendency equation, derived by integrating the
 131 heat budget over the mixed layer, can be written as:

132

$$133 \quad \frac{\partial T_m}{\partial t} = \frac{Q_{net}}{\rho_o c_p h} + \left(\frac{w + w_e}{h} \right) (T_b - T_m) - \mathbf{v} \cdot \nabla T_m - \frac{Q_{swh}}{\rho_o c_p h} + A \nabla^2 T_m \quad (1)$$

134 I II III IV V

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136 where T_m is the mixed layer temperature, which is equivalent to the SST for a well mixed
 137 surface layer, Q_{net} the net surface heat flux, ρ_o and c_p are the density and specific heat of
 138 ocean water, w the mean vertical motion, w_e the entrainment velocity – the turbulent flux
 139 through the base of the mixed layer, T_b the temperature just below the mixed layer, \mathbf{v} the
 140 horizontal velocity, Q_{swh} the penetrating solar radiation at h and A the horizontal diffusion

141 coefficient. The terms in Equation 1 are: I) surface heating/cooling; II) vertical
142 advection/mixing; III) Horizontal advection; IV) sunlight exiting the base of the mixed
143 layer and V) horizontal diffusion due to eddies.

144 The net surface heat exchange has four components: the shortwave (Q_{sw}), longwave
145 (Q_{lw}), sensible (Q_{sh}) and latent (Q_{lh}) heat fluxes. Variability in the sensible and latent heat
146 fluxes, which are functions of the near surface wind speed, air temperature and humidity
147 and the SST, dominate Q_{net} in winter, since the atmospheric internal variability and mean
148 air-sea temperature difference is much larger during the cold season. Anomalies in Q_{lh}
149 and Q_{sh} are about the same magnitude at high latitudes, while $Q_{lh} \gg Q_{sh}$ in the tropics
150 and subtropics, since warm air holds more moisture and small changes in temperature can
151 lead to large changes in specific humidity (the relative humidity is nearly constant at
152 about 75-80% over the ocean). Anomalies in Q_{sh} and Q_{lh} are primarily associated with
153 wind speed anomalies in the tropics and subtropics but are more dependent on
154 temperature and humidity anomalies at mid to high latitudes. In general, Q_{lw} , varies less
155 than the other three components but is generally in phase with the latent and sensible
156 flux. Fluctuations in cloudiness, especially stratiform clouds, have a strong influence on
157 Q_{sw} especially over the North Pacific in spring and summer.

158 In the open ocean, the vertical mass flux into the mixed layer is primarily due to
159 entrainment [*Frankignoul, 1985; Alexander, 1992a*], i.e. $w_e > w$, although the latter is
160 critical for driving the ocean circulation. The entrainment velocity is often estimated from
161 the turbulent kinetic energy equation [e.g. *Niller and Kraus, 1977; Gaspar, 1988*]. The
162 ML deepens via entrainment; anomalies in w_e are primarily generated by wind stirring in
163 summer and surface cooling in fall and winter [*Alexander et al., 2000*]. The mixed layer

164 shoals by reforming closer to the surface; there is no entrainment at that time ($w_e = 0$) and
165 h is the depth at which there is a balance between surface heating (positive buoyancy
166 flux), wind stirring and dissipation. In general, deepening occurs gradually over the
167 cooling season while the mixed layer shoals fairly abruptly in the spring. Anomalies in h
168 can impact the heat balance of the ML in spring and summer: if the ML shoals earlier
169 than usual, the average net heat flux will heat up the thinner surface layer more rapidly,
170 creating positive SST anomalies [Elsberry and Garwood, 1978].

171 Horizontal temperature advection is primarily due to Ekman (\mathbf{v}_{ek}) and geostrophic
172 (\mathbf{v}_g) currents, although ageostrophic currents associated with eddy activity also impact
173 SST in coastal regions and near western boundary currents. The integrated Ekman
174 transport over the mixed layer is given by $\mathbf{v}_{ek} = -\mathbf{k} \times \boldsymbol{\tau} / \rho_o f$, i.e. it is 90° to the right of
175 the surface wind stress in the Northern Hemisphere. The large-scale currents in the North
176 Pacific are in geostrophic balance and are part of the subtropical and sub polar gyres.

177 The contribution of the terms in Equation 1 to SSTA varies as a function of location,
178 season, and time scale. Q_{net} variability in term 1) is a important component of the heat
179 budget over most of the Northern Hemisphere Oceans from submonthly to decadal
180 timescales and throughout the seasonal cycle. Entrainment impacts SSTA directly via the
181 heat flux through the base of the mixed layer (II) and indirectly through its control of h
182 (in I, II and IV), which have their greatest impact on SSTA in fall and spring
183 respectively. Since Ekman currents respond rapidly to changes in the wind, they have
184 nearly an instantaneous impact on SSTA (in III), but can contribute to interannual and
185 longer time-scale scale variability if the wind or SST gradient anomalies are long lived.
186 Ekman advection contributes to SSTA along the subpolar front and in the central Pacific

187 where strong zonal wind anomalies create anomalous meridional Ekman currents
188 perpendicular to the mean SST gradient. Changes in the large-scale wind fields over the
189 North Pacific generate oceanic Rossby waves that slowly propagate westward. The
190 associated changes in v_g and the position and strength of the gyres, impact SSTs on
191 decadal time scales especially in the KE region. Penetrating solar radiation (IV) and
192 horizontal diffusion (V) are relatively small and the latter acts to damp SSTA. For more
193 detailed analyses of the terms contributing to North Pacific SSTA see [*Frankignoul and*
194 *Reynolds, 1983; Frankignoul, 1985; Cayan 1992a,b,c; Miller et al., 1994; Alexander et*
195 *al. 2000; Qiu, 2000, and Seager et al., 2001*].

196

197 4) PROCESSES THAT GENERATE MIDLATIOUDE SSTA (PACIFIC FOCUS)

198 Equation 1 can be used to interpret theoretical and numerical models of the upper
199 ocean that increase in complexity as more terms on the right hand side are included. For a
200 motionless ocean with fixed depth h , the temperature (SST) tendency is given by I; the
201 SST behavior in such a slab ocean can be quite complex given the simplicity of the
202 model. Including Term II allows for vertical processes in the ocean, which have been
203 simulated by integral mixed layer models that predict h , or layered models that have
204 vertical diffusion between layers. While the Ekman term in III can be represented via
205 heat flux forcing of the mixed layer, the broader impact of currents have been considered
206 from relatively simple shallow water models to full physics regional and general
207 circulation models (GCMS).

208

209 4.1 *Stochastic forcing*

210 *Hasselmann* [1976] proposed that some aspects of climate variability could be
 211 represented by a slow system that integrates random or stochastic forcing. Like particles
 212 undergoing Brownian motion, the slow climate system exhibits random walk behavior,
 213 where the variability increases (decreases) with the square of the period (frequency).
 214 *Frankignoul and Hasselmann* [1977] were the first to apply a stochastic model to the real
 215 climate system in a study of midlatitude SST variability. The ocean was treated as a
 216 motionless slab where the surface heat flux both forces and damps SST anomalies. The
 217 forcing represents the passage of atmospheric storms, where the rapid decorrelation time
 218 between synoptic events results in a nearly white spectrum (constant as a function of
 219 frequency) over the evolution time scale of SST anomalies. The system is damped by a
 220 linear negative air-sea feedback, which represents the enhanced (reduced) loss of heat to
 221 the atmosphere from anomalously warm (cold) waters and vice-versa. The model may be
 222 written as:

223

$$224 \quad \frac{dT'_m}{dt} = \frac{F'_m - \gamma T'_m}{\rho ch} = F' - \lambda T'_m \quad (2)$$

225 where a ' denotes a departure from the time mean, F' ($= F'_m / \rho ch$, where h is constant) is
 226 the stochastic atmospheric forcing (constant for white noise) and the linear damping rate
 227 can be represented by γ ($Q_{net}' / ^\circ C$) or the time scale λ^{-1} . The stochastic model is
 228 characterized as a first order autoregressive, AR1, where the predictable part of T'_m
 229 depends only on its value at the previous time. The auto correlation (r) of an AR1 process
 230 decays exponentially, i.e.,

231

$$r(\tau) = \exp\left[\frac{-\gamma}{\rho ch} \tau\right] = \exp[-\lambda \tau], \quad (3)$$

232 where τ is the time lag.

233 The forcing and damping values can be estimated through several different means. If
234 one assumes that the forcing and feedback are entirely through the net heat flux in nature
235 then, F' can be obtained from the Q_{net} variance [Czaja, 2003], from simple models of the
236 variables in the bulk formulas [Frankignoul and Hasselmann, 1977; Alexander and
237 Penland, 1996], or indirectly from the SST variance [Reynolds, 1978;]. The damping
238 coefficient can be estimated from the SST autocorrelation (e.g. inverting Equation 3);
239 using typical values in the bulk aerodynamic flux formulas [Lau and Nath, 1996], the
240 flux response in AGGCM experiments to specified SSTAs [Frankignoul, 1985], or from
241 the covariance between T_m and Q after removing the ENSO signal [Frankignoul and
242 Kestnare, 2002; Park et al., 2005]. Typical γ and λ^{-1} values obtained from these methods
243 are 10-40 $\text{Wm}^{-2} \text{ } ^\circ\text{C}^{-1}$ and 2-6 months respectively over most of the North Pacific.

244 The variance spectrum of ocean temperature anomalies in the Hasselmann model may
245 be written:

$$246 \quad |T'_m(\omega)|^2 = \frac{|F'|^2}{\omega^2 + \lambda^2}, \quad (4)$$

247 where ω is the frequency and $| \cdot |^2$ indicates the variance or power spectrum. At short time
248 scales or high frequencies ($\omega \gg \lambda$), the ocean temperature variance increases with the
249 square of the period (slope of -2 in a log-log spectral plot, Figure 6). At longer time
250 scales ($\omega \ll \lambda$), the damping becomes progressively more important, and the spectrum
251 asymptotes as negative air-sea feedback limits the magnitude of the SST anomalies. This
252 red noise spectrum contains variability on decadal and longer time scales but without
253 spectral peaks. The Hasselmann model has been quite effective at describing the temporal

254 variability of mid-latitude SST variability in numerous observational (e.g. Figure 6) and
255 modeling studies, and should be considered as the null hypothesis for extratropical SST
256 variability.

257 Several refinements/extensions have been proposed to the stochastic model for
258 midlatitude SSTs:

259 a) The inclusion of additional processes, such as the rapidly varying portions of the
260 Ekman transport and entrainment in the stochastic forcing [*Frankignoul*, 1985,
261 *Dommenget and Latif*, 2002; *Lee et al.*, 2008]

262 b) The forcing and feedback are cyclostationary, i.e. F and λ vary with the seasonal
263 cycle [*Frankignoul*, 1985; *Ortiz and Ruiz de Elvira*, 1985; *Park et al.*, 2006].

264 c) The damping coefficient is given by $\lambda = \langle \lambda \rangle + \lambda'$, where $\langle \lambda \rangle$ is constant but λ'
265 varies rapidly and can be approximated by white noise. As a result there is a second,
266 “multiplicative noise” term that depends upon the SST anomaly ($\lambda' T_m'$). Rapid
267 fluctuations in λ' , via wind gusts, can significantly contribute to the overall stochastic
268 forcing [*Sura et al.*, 2006].

269 d) Enabling air-sea feedback by using a second stochastic equation for surface air
270 temperature, which is thermodynamically coupled to the ocean via the air-sea
271 temperature difference [*Frankignoul*, 1985; *Barsugli and Battisti*, 1998]. With coupling,
272 the air temperature adjusts to the underlying SSTA reducing the thermal damping, which
273 significantly enhances the decadal SST variability but reduces the surface flux variability
274 (it approaches zero at long time scales) and is apparent when comparing AGCMs with
275 specified SSTs to those coupled to mixed layer ocean models [*Bladé*, 1997; *Bhatt et al.*,
276 1998; *Saravanan*, 1998].

277 The primary effect of these extensions to the Hasselmann model is to increase the SSTA
278 variance at annual and longer time scales.

279

280 *4.2 Cloud-SST feedbacks*

281 Both the insolation and the amount of stratiform clouds are greatest over the North
282 Pacific in summer. Increased clouds cool the ocean, while a colder ocean enhances the
283 static stability, leading to more stratiform clouds that reduce Q_{sw} [Weare, 1994; Klein *et*
284 *al.*, 1995; Norris and Leovy, 1994]. This positive feedback occurs over the central and
285 western Pacific at 35°N where there are strong gradients in both SST and cloud amount
286 [Norris *et al.*, 1998]. The positive SST-low clouds feedback increases the persistence of
287 North Pacific SST anomalies during the warm season [Park *et al.*, 2006].

288

289 *4.3 “The Reemergence Mechanism”*

290 Seasonal variations in entrainment and the mixed layer depth have the potential to
291 influence the evolution of upper ocean thermal anomalies. Namias and Born [1970, 1974]
292 were the first to note a tendency for midlatitude SST anomalies to recur from one winter
293 to the next without persisting through the intervening summer. They speculated that
294 temperature anomalies that form at the surface and spread throughout the deep winter
295 mixed layer remain beneath the mixed layer when it shoals in spring. The thermal
296 anomalies are then incorporated into the summer seasonal thermocline where they are
297 insulated from surface fluxes that damp anomalies in the mixed layer. When the mixed
298 layer deepens again in the following fall, the anomalies are re-entrained into the surface
299 layer and influence the SST. Alexander and Deser [1995] termed this process the

300 “reemergence mechanism” (shown schematically in Figure 3) and it has been
301 documented over large portions of the North Atlantic and North Pacific Oceans using
302 subsurface temperature data and mixed layer model simulations [*Alexander et al.*, 1999;
303 2001; *Bhatt et al.*, 1998, *Watanabe and Kimoto*, 2000 *Timlin et al.*, 2002,; *Haniwa and*
304 *Sugimoto*, 2004].

305 The evolution of upper ocean temperatures in three North Pacific regions is shown by
306 regressing the temperature anomalies as a function of month and depth on SST anomalies
307 in April-May (Figure 7). The regression analyses provides an estimate of how an SST
308 anomaly of 1°C in spring evolves from the previous January through the following April.
309 The regressions indicate the reemergence mechanism occurs in the east, central and west
310 Pacific: the anomalies which extend through out the deep winter mixed layer are
311 maintained beneath the surface in summer and then return to the surface in the following
312 fall and winter. The regional differences in the timing and strength of the reemergence
313 mechanism are partly due variations in the seasonal cycle of mixed layer depth across the
314 North Pacific. The maximum mixed layer depth in the North Pacific, which tends to
315 occur in March, increases from about 80 m along the west coast of North America, to 120
316 m in the central Pacific and 150-250 m in the west Pacific (Figure 4).

317 Combining the Hassleman model with one that includes the seasonal cycle of mixed
318 layer depth significantly enhances the winter-to-winter autocorrelation of SST anomalies
319 via the reemergence mechanism [*Alexander and Penland*, 1996; *Deser et al.*, 2003]. The
320 lag autocorrelation of North Pacific SSTA starting from March indicates a clear annual
321 cycle with peaks in March of successive years, due to the reemergence mechanism, while
322 the total heat content (including the temperature anomalies in the summer thermocline)

323 appears to decay at a constant rate, as expected from the Hasselmann model that uses the
324 winter h to calculate the damping rate. This indicates that the winter mixed layer depth
325 should be used when calculating the feedback parameter λ for studies of the year-to-year
326 persistence of SST anomalies.

327

328 4.4 *Dynamic ocean process*

329 Ocean dynamics, including advection (Term III), allows for additional mechanisms
330 that contribute to SSTA variability especially on decadal times. In midlatitudes, these
331 mechanisms generally involve the gyre circulations, where the decadal time scale is set
332 by the mean advection of the gyre currents or by the adjustment time of changes in the
333 gyre circulation.

334 Since currents advect ocean temperature anomalies, the reemergence process can be
335 non-local, i.e. SST anomalies created in one winter may return to the surface at a
336 different location in the subsequent winter. Remote reemergence is pronounced in regions
337 of strong currents such as the Gulf Stream [*de Coëtlogon and Frankignoul, 2003*] and
338 Kuroshio Extension [*Sugimoto and Hanawa, 2005*]. In the latter, anomalies created near
339 Japan propagate to the central Pacific by the following winter.

340 *Saravanan and McWilliams* [1998] proposed the “advective resonance” hypothesis
341 where a decadal SSTA peak can be generated based only on the spatial structure of
342 atmospheric forcing and a constant ocean velocity. For interannual and longer periods
343 extratropical atmospheric variability tends to be dominated by fixed spatial patterns that
344 are white in time. Stochastic forcing by these large-scale patterns can lead to low
345 frequency variability if the forcing has a multi-pole structure and the ocean advection

346 traverses the centers of the poles. A simple model of such as system devised by
 347 Saravanan and McWilliams has two regimes, one where thermal damping dominates
 348 ocean advection and the other advection dominates. In the former, the oceanic and
 349 atmospheric power spectra are slightly reddened, but do not show any preferred
 350 periodicities. While in the latter, the overall variance in the atmosphere and ocean
 351 decreases, but a well defined periodicity corresponding to the timescale emerges given by
 352 the length scale of the atmospheric forcing divided by the ocean velocity. *Wu and Liu*
 353 [2003] found that advective resonance could generate decadal variability in the eastern
 354 North Pacific but the SST anomalies were initiated by Ekman transport rather than the net
 355 heat flux.

356 The dynamic adjustment of upper-ocean gyre circulation primarily occurs via
 357 westward propagating Rossby waves forced by anomalous wind stress. The relevant
 358 equation for wind forced waves forced by can be written as [see *Dickinson, 1987; Gill,*
 359 1982]:

360

$$361 \quad \frac{\partial h_t}{\partial t} + c \frac{\partial h_t}{\partial x} = \frac{1}{\rho_0 f} \nabla x \tau - \varepsilon h_t \quad (5)$$

362

363 where h_t is the depth of the thermocline, c is the speed of the 1st baroclinic mode Rossby
 364 wave, the constant ρ_0 is the sea water density, f is the Coriolis parameter, $\nabla x \tau$ is the
 365 wind stress curl which drives vertical motion, via Ekman pumping and ε is a damping
 366 coefficient. h_t anomalies are generally compensated by perturbations in the sea surface
 367 height (SSH, e.g. *Gill 1982*), which can be measured from satellite [e.g. *Robinson, 2004*].
 368 Rossby waves generated by large-scale wind forcing are long and thus non-dispersive,

369 i.e. their speeds are independent of wavelength. The Rossby waves propagate nearly due
370 west along a latitude circle (Figure 8), where c decreases rapidly with latitude. The large-
371 scale Rossby wave response (Figure 8b) results from the integrated $\nabla x \tau$ forcing,
372 producing maximum and SSH (h_t) variability near the western boundary, while the full
373 SSH field includes small-scale structures associated with eddies in the KE region (Figure
374 8a). The dominant time scale of the large-scale response is set by the basin width, the
375 spatial scale and location (relative to the western edge) of the atmospheric forcing, and
376 the Rossby wave speed. At the latitude of the Kuroshio extension (35°N) c is $\sim 2.5 \text{ cm s}^{-1}$.
377 For a basin the size of the Pacific, the adjustment timescale is on the order of ~ 5 (10)
378 years if the Rossby wave was initiated in the central (far eastern) Pacific.

379 The Hasselman model can also be used to understand the dynamical ocean response
380 to wind forcing. Rossby waves excited by stochastic $\nabla x \tau$ forcing that is zonally uniform
381 produces a h_t spectrum that increases with period and flattens out at low frequencies
382 [Frankignoul *et al.*, 1997]. When the forcing has a more complex structure, such as
383 sinusoidal waves in the zonal direction; decadal peaks in the spectra can occur due to
384 resonance with the basin-scale Rossby waves [Jin, 1997]. Decadal peaks may also result
385 from the differential propagation of Rossby waves as a function of latitude: wind forcing
386 at decadal time scales creates Rossby waves that result in h_t anomalies of opposite sign
387 on either side of the Kuroshio, which can amplify (damp) the current, since, by
388 geostrophy, the gradient of h_t across the jet controls its strength Qiu [2003]. Even for
389 white noise forcing, given the distance between the maximum wind curl forcing in the
390 central basin and the Kuroshio Extension, the portion of the frequency at the decadal time
391 scales will be most effective at generating h_t anomalies across the jet axis [Qiu; 2003].

392 The gyre adjustment process impacts SSTs through changes in thermocline depth and
393 the currents. Given the westward deepening of the mixed layer across the basin between
394 30°-50°N in winter (Figure 4), fluctuations in the upper thermocline are well below h in
395 the central Pacific but close to the base of the mixed layer in the western Pacific. Thus,
396 when Rossby waves propagate into the KE region in winter the associated temperature
397 anomalies can then be mixed to the surface via local turbulence. *Schneider and Miller*
398 (2001) were thereby able to predict winter SSTA in the KE region several years in
399 advance using the Rossby wave model (Eq. 5), forced with the observed $\nabla_x \tau$, plus a
400 local linear regression between h_t and SST in the KE region. Anomalies in h_t and SST are
401 relatively independent in summer and over most of the North Pacific in the KE region in
402 all seasons.

403 Once the h_t anomalies propagate into the west Pacific, the position and strength of the
404 KE changes [e.g. *Qiu, 2000; Kelly, 2004; Qiu and Chen, 2005*], which also impacts SSTs
405 along ~40°N due to anomalous geostrophic heat transport [*Schneider et al., 2002, Dawe*
406 *and Thompson 2007; and Kwon and Deser, 2007; Qiu et al., 2007*]. Satellite altimetry
407 data and high resolution ocean models indicate that the large scale flow resulting from the
408 arrival of Rossby waves affect the strength of the front and eddy activity in the KE region
409 [*Qiu and Chen, 2005; Taguchi et al., 2005; 2007*], where the resulting ageostrophic
410 currents influence SSTA [*Dawe and Thompson, 2007*].

411

412 4.5 Midlatitude air-sea interaction

413 While atmospheric forcing was crucial in generating low-frequency variability in the
414 aforementioned studies, they did not require an atmospheric response to the developing

415 ocean anomalies. Coupled feedbacks could enhance or give rise to new midlatitude
416 modes of decadal variability. Based on analyses of a coupled atmosphere ocean GCM,
417 *Latif and Barnett* [1994, 1996] proposed a feedback loop between the strength of the
418 Aleutian Low and the subtropical ocean gyre circulation to account for the presence of
419 decadal oscillations. They argued that an intensification of the Aleutian Low would
420 strengthen the subtropical gyre after a delay associated with the Rossby wave adjustment
421 process. An anomalously strong subtropical gyre transports more warm water into the
422 Kuroshio Extension, leading to positive SST anomalies in the western and central North
423 Pacific. In their coupled model experiment and in supplementary AGCM simulations
424 with prescribed SSTA, the atmosphere was very sensitive to SST variations in the KE
425 region, where a strong anomalous high developed over the central Pacific in response to a
426 positive SST anomalies in the KE. The circulation around the high advected warm moist
427 air-over the positive SSTA, which maintained the SST anomalies but reduced the
428 strength of the Aleutian Low, which subsequently weakened the subtropical gyre,
429 switching the phase of the oscillation ~10 years later.

430 While many aspects of the Latif and Barnett hypothesis occur in nature, such as the
431 Rossby wave adjustment to $\nabla \times \tau$ anomalies associated with the strength of the Aleutian
432 low, some are not consistent with data and ocean model simulations driven by observed
433 atmospheric conditions. In particular, when the Aleutian Low strengthens it also shifts
434 southward, as a result, the gyre circulation shifts equatorward and the SST anomalies
435 subsequently cool rather than warm in the KE region [Figure 9; *Deser et al.*, 1999, *Miller*
436 *and Schneider*, 2001; *Seager et al.*, 2001] as discussed further in section 4.1.3. In
437 addition, rather than a positive thermal air-sea feedback, surface heat fluxes damps SST

438 anomalies in the KE region both in observations and ocean model hindcasts [*Seager et*
439 *al.*, 2001; *Tanimoto et al.*, 2003; *Kelly*, 2004]. Finally, the atmospheric response in the
440 AGCM simulations conducted by Latif and Barnett were much larger than in nearly all
441 other AGCM experiments [see *Kushnir et al.*, 2002].

442 While the original Latif and Barnett mechanism may not be fully realized,
443 midlatitude ocean-to-atmosphere feedbacks still appear to influence decadal variability.
444 Observations, theoretical models and coupled GCMs suggest there is positive air-sea
445 feedback in the North Pacific [*Weng and Neelin*, 1999; *Schneider et al.*, 2002; *Wu et al.*,
446 2005; *Kwon and Deser*, 2007; *Frankignoul and Sennéchael*, 2007; *Qiu et al.*, 2007]. As
447 in the original Latif and Barnett hypothesis wind stress curl anomalies in the central
448 Pacific generates ocean Rossby waves that lead to adjustment of the ocean gyres ~5 years
449 later (Figure 9a), but in contrast to Latif and Barnett, the SST anomalies in the Kuroshio
450 region are maintained by geostrophic currents due to a change in the position of the gyre
451 (Figure 10) and to some extent the Ekman transport, rather than surface fluxes. When the
452 gyres shifts north, KE SSTs increase and the upward directed latent heat fluxes lead to
453 enhanced precipitation over the KE region and a broader atmospheric response that
454 includes $\nabla \times \tau$ anomalies over the central North Pacific that are similar in structure but
455 opposite in sign and somewhat weaker than the curl anomalies reversing the sign of the
456 oscillation forcing pattern (Figure 9b). While this coupled feedback loop explains a small
457 amount of the overall SST variance, it produces a modest spectral peak above the red
458 noise background on decadal time scales [*Kwon and Deser*, 2007; *Qiu et al.*, 2007].

459

460 *4.6 Tropical-extratropical interactions*

461 Variability in the North Pacific may not only be generated by extratropical processes
462 but also arise due to fluctuations originating in the tropics that are communicated to
463 midlatitudes by the atmosphere and/or ocean. Furthermore, two-way interactions between
464 the tropical and North Pacific may impact low-frequency variability in both domains.

465

466 4.6.1 “The Atmospheric Bridge” (ENSO Teleconnections)

467 While ENSO-driven atmospheric teleconnections [*Trenberth et al.*, 1998; [*Vimont et*
468 *al.*, 2002], 2007, chapter 7) alter the near-surface air temperature, humidity, wind and
469 clouds far from the equatorial Pacific. The resulting variations in the surface heat,
470 momentum and fresh water fluxes cause changes in sea surface temperature, salinity,
471 mixed layer depth, and ocean currents. Thus, the atmosphere acts as a bridge spanning
472 from the equatorial Pacific to the North Pacific, South Pacific, the North Atlantic and
473 Indian Oceans [e.g. *Alexander*, 1990, 1992a; *Lau and Nath*, 1994, 1996, 2001; *Klein et*
474 *al.*, 1999; *Alexander et al.*, 2002]. The SST anomalies that develop in response to this
475 “atmospheric bridge” may feed back on the original atmospheric response to ENSO.

476 When El Niño events peak in boreal winter, enhanced cyclonic circulation around the
477 deepened Aleutian low (Figure 11a) results in anomalous northwesterly winds that advect
478 relatively cold dry air over the western/central North Pacific, anomalous southerly winds
479 that advect warm moist air along the west coast of North America and enhanced surface
480 westerlies over the central North Pacific. The resulting anomalous surface heat fluxes and
481 Ekman transport create negative SSTA between 30°N-50°N west of ~150°W and positive
482 SSTA along the west coast of North America (Figure 11a; *Alexander et al.*, 2002;
483 *Alexander and Scott*, 2008]. In the central North Pacific, the stronger wind stirring and

484 negative buoyancy forcing due to surface cooling increases the h through the winter and
485 some of the anomalously cold water returns to the surface in the following fall/winter via
486 the reemergence mechanism [*Alexander et al.*, 2002].

487 Studies using AGCM-mixed layer ocean model simulations have confirmed the
488 basic bridge hypothesis for forcing North Pacific SST anomalies, but have reached
489 different conclusion on the impact of these anomalies on the atmosphere [*Alexander*,
490 1992b; *Bladé*, 1999; *Lau and Nath*, 1996, 2001]. More recent model experiments suggest
491 that the oceanic feedback on the extratropical response to ENSO is complex, but of
492 modest amplitude, i.e. atmosphere-ocean coupling outside of the tropical Pacific slightly
493 modifies the extratropical atmospheric circulation anomalies but these modifications
494 depend on the seasonal cycle and air-sea interactions both within and beyond the North
495 Pacific Ocean [*Alexander et al.*, 2002; *Alexander and Scott*, 2008].

496 Most studies of the atmospheric bridge have focused on boreal winter since
497 ENSO and the associated atmospheric circulation anomalies peak at this time. However,
498 significant bridge-related changes in the climate system also occur in other seasons. Over
499 the western North Pacific, the southward displacement of the jet stream and storm track
500 in the summer prior to when ENSO peaks changes the solar radiation and latent heat flux
501 at the surface, which results in anomalous cooling and deepening of the oceanic mixed
502 layer at $\sim 40^\circ\text{N}$ [*Alexander et al.*, 2004; *Park and Leovy*, 2004]. The strong surface flux
503 forcing in conjunction with the relatively thin mixed layer in summer leads to the rapid
504 formation of large-amplitude SST anomalies in the Kuroshio Extension (Figure 11b).

505 While the atmospheric bridge primarily extends from the tropics to the extratropics,
506 variability originating in the North Pacific may also influence the tropical Pacific. *Barnett*

507 *et al.* [1999] and *Pierce et al.* [2000] proposed that the atmospheric response to slowly
508 varying SST anomalies in the Kuroshio Extension region, extends into the tropics,
509 thereby affecting the trade winds and decadal variability in the ENSO region. *Vimont et*
510 *al.* [2001, 2003] found that the extratropical atmosphere can generate tropical variability
511 via the “seasonal footprinting mechanism”. Large fluctuations in the “North Pacific
512 Oscillation, an intrinsic mode of atmospheric variability, impart an SST footprint onto the
513 ocean during winter via changes in the surface heat fluxes, which persists through
514 summer in the subtropics, and impacts the atmospheric circulation including zonal wind
515 stress anomalies that extend onto and south of the equator. These wind stress anomalies
516 are an important element of the stochastic forcing of interannual and decadal ENSO
517 variability [*Vimont et al.*, 2003; *Alexander et al.*, 2008].

518

519 4.6.2 Ocean teleconnections

520 The equatorial thermocline variability associated with ENSO excites Kelvin and other
521 coastally trapped ocean waves, which propagate poleward along the eastern boundary in
522 both hemispheres, generating substantial sea level variability [*Enfield and Allen*, 1980;
523 *Chelton and Davis*, 1982; *Clarke and van Gorder*, 1994]. However, these waves impact
524 the ocean only within ~100 km of shore. Energy from the coastal waves can also be
525 refracted as long Rossby waves that propagate westward across the extratropical Pacific
526 [*Jacobs et al.*, 1994; *Meyers et al.*, 1996]. However, wind forcing rather than the eastern
527 boundary waves appears to be the dominant source of Rossby waves across much of the
528 North Pacific [*Miller et al.*, 1997; *Chelton and Schlax*, 1996; *Fu and Qiu*, 2002].

529 *Gu and Philander* [1997] proposed a mechanism for decadal variability that relies on

530 the subduction of surface temperature anomalies in the North Pacific and their subsequent
531 southward propagation in the lower branch of the STC. Upon reaching the equator the
532 thermal anomalies upwell to the surface and amplify via the “Bjerknes feedback” (see
533 chapter 6) and influence the North Pacific via the atmospheric bridge. If warm water is
534 subducted, the subsequent positive anomalies on the equator will act to strengthen the
535 Aleutian Low, which creates cold anomalies in the central North Pacific (Figure 11). This
536 describes one half of the oscillation, the period of which is controlled by the time it takes
537 the water parcels to travel from the surface in the extratropics to the equator. While
538 observations show evidence of thermal anomalies subducting in the main thermocline in
539 the central North Pacific [*Deser et al.*, 1996; *Schneider et al.*, 1999], these anomalies
540 decay away from the subduction region, and the thermocline variability found
541 equatorward of 18° appears to be primarily associated with tropical wind forcing
542 [*Schneider et al.*, 1999; *Capotondi et al.*, 2003]. SSTs in the equatorial Pacific, however,
543 may still be influenced by subduction and transport from the South Pacific [*Luo and*
544 *Yamagata*, 2001].

545 An alternate subduction-related hypothesis is that changes in the subtropical winds
546 alter the speed of the STC, thus changing the rate at which relatively cold water from the
547 surface layer in the extratropics is transported southward and then upwells at the equator.
548 Using an atmosphere-ocean model of intermediate complexity, *Kleeman et al.* [1999]
549 found that decadal variations of tropical SSTs could be induced by changes in the
550 subtropical winds, while the observational analyses of *McPhaden and Zhang* [2002]
551 indicated that slowing of the STCs in both hemispheres after 1970 relative to the previous
552 two decades, reduced upwelling along the equator and resulted in substantially warmer

553 SSTs in the central equatorial Pacific.

554

555 4.6.3 *Two-way connections*

556 *Liu et al.* [2002] and *Wu et al.* [2003] performed sensitivity experiments using
557 “modeling surgery” in which ocean-atmosphere interaction and can be turned on and off
558 in different regions. These experiments suggest that decadal variability arises in the
559 tropical and North Pacific, via independent mechanisms but variability in both basins can
560 be enhanced by tropical-extratropical interactions. For example, tropical Pacific decadal
561 SST variance is almost doubled when extratropical ocean-atmosphere interaction and
562 oceanic teleconnections are enabled. Observational [*Newman, 2007*] and modeling
563 studies [*Solomon et al., 2003, 2008*] support the concept of two-way coupling where
564 variability in the North Pacific influences tropical low-frequency variability and vice-
565 versa.

566

567 5) THE PACIFIC DECADEAL OSCILLATION

568 5.1 pattern and temporal variability

569 The leading pattern of North Pacific monthly SST variability, as identified by
570 empirical orthogonal function (EOF) analysis and the corresponding principal component
571 (PC 1), the time series of the amplitude and phase of EOF 1 – the Pacific Decadal
572 Oscillation [PDO, *Mantua et al., 1997*], are shown in Figure 12. The PDO underwent
573 rapid transitions between relatively stable states or “regime changes” around 1925, 1947
574 and 1976, although interannual variability is also apparent in the PDO time series. In the
575 North Pacific, the PDO pattern has anomalies of one sign in the central and western

576 North Pacific between approximately 25°-45°N that are ringed by anomalies of the
577 opposite sign. However, the associated SST anomalies extend over the entire basin and
578 are symmetric about the equator [Zhang *et al.*, 1997; Garreaud and Battisti, 1999],
579 leading some to term the phenomenon the Interdecadal Pacific Oscillation (IPO; Power *et*
580 *al.*, 1999; Folland *et al.*, 2002].

581 The decadal SST transitions were accompanied by widespread changes in the
582 atmosphere, ocean and marine ecosystems [e.g. Miller *et al.*, 1994; Trenberth and
583 Hurrell, 1994; Benson and Trites, 2002; Deser *et al.*, 2004]. For example, Mantua *et al.*
584 [1997] found that timing of changes in the PDO closely corresponded to those in salmon
585 production along the west coast of North America. The positive phase of the PDO, with
586 cold water in the central Pacific and warm water along the coast of North America is
587 accompanied by a deeper Aleutian low, with negative SLP anomalies over much of the
588 North Pacific (Figure 12), warm surface air temperature over western North America and
589 enhanced precipitation over Alaska and the southern US and reduced precipitation across
590 the northern US/southern Canada [Mantua *et al.*, 1997; Deser *et al.*, 2004].

591

592 5.2 Mechanisms for the PDO

593 The PDO could be a critical factor in long-range forecasts given its long time scale
594 and connection to many important climatic and biological variables. However, this
595 depends on whether the mechanism(s) underlying the PDO is (are) predictable and the
596 relationship between PDO SSTA and the associated large-scale atmospheric circulation:
597 is the PDO *i)* driving, *ii)* responding to or *iii)* coupled with the later? We will expand on

598 the processes underlying midlatitude SST variability discussed in section 3 as potential
599 mechanisms for the PDO.

600

601 5.2.1 Fluctuations in the Aleutian Low (large-scale stochastic forcing)

602 The Hasselman model for SSTs at a given location can be extended to understand
603 basin-wide SST anomaly patterns. *Frankignoul and Reynolds* [1983] found that white
604 noise forcing associated with large-scale atmospheric fluctuations could explain much of
605 the variability over the entire North Pacific, while *Cayan* [1992b] and *Iwasaka and*
606 *Wallace* [1995] found that interannual variability in the surface fluxes and SSTs are
607 closely linked to the dominant patterns of atmospheric circulation over the North Pacific
608 and North Atlantic Oceans. We explore SLP/ Q_{net} /SST relationships using an atmospheric
609 general circulation model (AGCM) coupled to a variable depth ocean mixed layer model
610 (MLM), with no ocean currents and hence no ENSO variability or ocean gyre dynamics.
611 As in nature, the leading pattern of SLP variability over the North Pacific is associated
612 with fluctuations in the Aleutian Low (Figure 13a). The near-surface circulation around a
613 stronger low, results in enhanced wind speeds and reduced air temperature and humidity
614 along $\sim 35^\circ\text{N}$, which cools the underlying ocean via the surface heat fluxes, while the
615 northward advection of warm moist air heats the ocean near North America. The
616 structure of the SLP-related surface flux anomalies (Figure 13b) is very similar to the
617 dominant surface flux and SST patterns (Figure 13c,d). Given that the model has no
618 ocean currents and similar SLP and that similar flux patterns are found in AGCM
619 simulations with climatological SSTs as boundary conditions [*Alexander and Scott,*
620 1997], indicates that fluctuations in the Aleutian Low can drive PDO-like SST anomalies

621 via the surface flux field.

622 The temporal characteristics of the PDO are also consistent with the Hasselman
623 model, i.e. it exhibits a red noise spectrum without significant spectral peaks other than at
624 the annual period (Figure 14). *Pierce* [2001] generated 100-year synthetic time series
625 using a random number generator and the same lag one autocorrelation coefficient as the
626 observed PDO. The synthetic time series exhibited similar low-frequency variability as
627 the observed PDO with strings of years of the same sign separated by abrupt “regime
628 shifts” and exhibit “significant” (at the 95% level) spectral peaks but at different periods.
629 These findings suggest caution in attributing physical meaning to regime shifts and
630 spectral peaks even in century long data sets.

631

632 5.2.2 Teleconnections from the tropics

633 *Mantua et al.* [1997] noted that PDO had only a modest correlation with ENSO and
634 that the North Pacific variability was of greater amplitude and lower frequency than that
635 in the tropical Pacific. However, the atmospheric bridge to the North Pacific is complex
636 and is a function of season, lag and location [*Newman et al.*, 2003] and also depends on
637 the ENSO index, data set, etc. [*Alexander et al.*, 2008]. Furthermore, the ENSO-related
638 North Pacific SST anomaly pattern during winter (Figure 11a) clearly resembles the
639 PDO, while the summer ENSO signal (Figure 11b) also projects on the PDO pattern,
640 particularly in the western North Pacific. So, to what extent does ENSO and tropical
641 SSTs in general impact the PDO?

642 *Zhang et al.* [1997] utilized several analysis techniques to separate interannual ENSO
643 variability from a residual containing the remaining (>7 yr) "interdecadal" variability.

644 The SSTA pattern based on low-pass filtered data is similar to the unfiltered ENSO
645 pattern, except it is broader in scale in the eastern equatorial Pacific and has enhanced
646 magnitude in the North Pacific relative to the tropics. The extratropical component
647 closely resembles the PDO. Other statistical methods of decomposing the data indicate
648 that at least a portion of the decadal variability in the PDO region is associated with
649 anomalies in the tropical Pacific [e.g. *Nakamura et al.*, 1997; *Mestas Nuñez and Enfield*
650 *1999; Alexander et al.*, 2007].

651 While the broad structure of the 1st EOF of SSTA in observations (Figure 12a) and
652 the AGCM-MLM (Figure 13d) are similar, the anomalies extend along ~40°N in nature
653 but slope southwestward from the central Pacific toward the south China Sea in the
654 model. This bias could be due to several factors, including the absence of ENSO/the
655 atmospheric bridge in the original AGCM-MLM simulations. In AGCM-MLM-TP_OBS
656 experiments, in which the MLM is coupled to the AGCM except in the tropical Pacific
657 where observed SSTs are prescribed for the years 1950-1999, the dominant pattern of
658 North Pacific SSTAs closely resembles the observed PDO [see Fig. 5 *Alexander et al.*,
659 2002].

660 The observed difference between SSTs averaged over periods 1977-1988 and 1970-
661 1976 during winter includes warm ENSO-like conditions in the tropical Pacific and the
662 positive phase of the PDO signal in the North Pacific (Figure 15a). A comparable plot
663 based on an ensemble average of 16 AGCM-MLM-TP_OBS simulations has a similar
664 pattern in the North Pacific (Figure 15b), confirming that the atmospheric bridge can
665 contribute to low-frequency variability in the PDO, although the amplitude of the North
666 Pacific anomalies in the MLM are ~1/3 of their observed counterparts. While there is a

667 wide range in epoch differences between ensemble members (not shown), this estimate of
668 ENSO's impact on low-frequency PDO variability is consistent with that of *Schneider*
669 *and Cornuelle* [2005], discussed later in this section.

670 The influence of the tropics on decadal variability in the North Pacific variability via
671 the atmospheric bridge can occur via the teleconnection of decadal signals originating in
672 the ENSO region [*Trenberth*, 1990; *Graham et al.*, 1994; *Deser and Phillips*, 2006],
673 decadal forcing from other portions of the tropical Pacific and Indian Oceans [*Deser et*
674 *al.*, 2004b; *Newman*, 2007] and/or by ENSO-related forcing on interannual time scales
675 which is integrated, or reddened by ocean processes in the North Pacific, including the
676 reemergence mechanism (*Newman et al.*, 2003; *Schneider and Cornuelle*, 2005].
677 *Alexander et al.* [1999, 2001] showed that the PDO pattern can recur in consecutive
678 winters via the reemergence mechanism.

679

680 5.2.3) Midlatitude ocean dynamics and coupled variability

681 The role of ocean dynamics in PDO variability has been investigated through the
682 change in ocean circulation that occurred in 1976-1977, when the ocean rapidly
683 transitioned from the negative to positive phase of the oscillation (Figure 12a). The
684 strengthening and southward displacement of the Aleutian low beginning in the winter of
685 1976 and in the decade that followed, cooled the central Pacific by enhanced Ekman
686 transport, vertical mixing and upward surface heat flux [*Miller et al.*, 1994]. This cooling
687 projected strongly on the PDO in the center of the basin. In addition, the maximum
688 westerly winds intensified and shifted from about 40°N to 35°N and hence $\nabla_x \tau$ and
689 Ekman pumping shifted southward, with anomalous upward (downward) values south

690 (north) of 35°N (Figure 16a,b). Following the Rossby waves adjustment process, the
691 thermocline deepened (shoaled) south (north) of the mean KE axis at ~35°N and the
692 gyres strengthened and shifted southwards over a ~5 yr period (Figure 16c,d).
693 Geostrophic advection associated with southward gyre position, strongly cooled the
694 ocean along 40°N. The SST anomalies in the KE region, also project onto the PDO,
695 helping to maintain the positive phase of the PDO through the 1980s. Model simulations
696 also indicate that the change in the gyres advect the cold water eastward and impact SSTs
697 in the central Pacific but the extent to which this occurs in nature and is important for the
698 PDO is unclear.

699 Given the 20-30 year persistence of anomalies in the PDO record and ~15-25 yr
700 period of PDO variability in paleoclimate reconstructions [*Biondi et al., 2001; Gedalof,*
701 *2002*] and in some coupled GCM studies, has lead some to suggest that the PDO is due to
702 positive atmosphere-ocean feedbacks necessary to sustain decadal oscillations. While the
703 North Pacific Ocean appears to have the necessary dynamics to generate low frequency
704 variability, it is unclear whether the atmospheric response to the associated SST
705 anomalies has the correct spatial pattern, phase and amplitude for decadal oscillations. On
706 one hand, recent coupled GCM experiments [*Kwon and Deser, 2007*] and observationally
707 derived heuristic models [*Qiu et al., 2007*] suggest that the atmospheric response to SST
708 anomalies in the Kuroshio extension region, while modest, is sufficiently strong to
709 enhance variability at decadal periods. On the other hand, the wind stress curl pattern
710 diagnosed as the response to the KE SST anomalies by *Kwon and Deser [2007]*, was of
711 one sign across the Pacific at ~40°N, while *Qiu et al. [2007]* found that it switched signs
712 in the center of the basin. There are also conflicting results from AGCM studies with

713 either specified SST anomalies [e.g. *Peng et al.*, 1997; *Peng and Whitaker*, 1999] or
714 where the ocean component is a slab mixed layer and an anomalous heat source,
715 representing geostrophic heat flux convergence, is added in the KE region [*Yulaeva et al.*,
716 2001; *Liu and Wu*, 2004; *Kwon and Deser*, 2007]. Some models exhibit a baroclinic
717 response with a surface low that decrease with height downstream over the central
718 Pacific, while others have an equivalent barotropic response with a surface high that
719 increases with height over the central Pacific. The former is in direct response to the low-
720 level heating while the latter is stronger and driven by changes in the storm track. In
721 addition, most AGCM studies have found that the response to extratropical SSTs is
722 relatively small compared to internal atmospheric variability [*Kushnir et al.*, 2002],
723 although the current generation of coupled GCMS may not sufficiently resolve all of the
724 oceanic as well as atmospheric processes that could contribute to the PDO.

725

726 5.2.4 The PDO: a multi-process phenomena?

727 How can we reconcile these conflicting findings on the mechanism for the PDO?
728 Several recent studies have used statistical analyses to reconstruct the annually averaged
729 (July-June) PDO and determine the processes that underlie its dynamics. *Newman et al.*
730 (2003) found that the PDO is well modeled as the sum of atmospheric forcing represented
731 by white noise, forcing due to ENSO, and memory of SST anomalies in the previous year
732 via the reemergence mechanism. Expanding on this concept, *Schneider and Cornuelle*
733 [2005] found that the annually averaged PDO could be reconstructed based on an AR1
734 model and forcing associated with stochastic variability in the Aleutian low, ENSO
735 teleconnections, and shifts in the North Pacific Ocean gyres; vertical mixing of

736 temperature anomalies associated with wind-driven Rossby waves had little impact on
737 the PDO (Figure 17a). On interannual time scales, random Aleutian Low fluctuations and
738 ENSO teleconnections were about equally important in determining the PDO variability
739 with negligible contributions from ocean currents, while on decadal timescales, stochastic
740 forcing, ENSO and changes in the gyre circulations, each contributed approximately 1/3
741 of the PDO variance (Figure 17b). A key implication of these analyses is that, unlike
742 ENSO, the PDO is likely not a single physical mode but rather the sum of several
743 phenomena. Furthermore, random combinations of these and perhaps other processes
744 can give rise to apparent “regime shifts” in the PDO that are not predictable beyond about
745 two years [Barlow *et al.*, 2001; Schneider and Cornuelle, 2005; Alexander *et al.*, 2007;
746 Newman, 2007].

747

748 6) BEYOND THE PDO

749 The PDO is only one measure of variability in the North Pacific, it is possible that
750 other regions and/or modes of variability may primarily result from North Pacific
751 atmosphere-ocean dynamics. For example, Nakamura *et al.* [1997] first time filtered the
752 SST anomalies over the Pacific and then computed the first two EOFs for time scales
753 greater than 7 years. The first EOF shows strong variability along 40°-45°N in the west-
754 central Pacific along the subarctic front and little signal in the tropics, while the second
755 EOF has a strong loading in the tropical Pacific and along the subtropical front in the
756 central North Pacific. The first three rotated EOFs (where the patterns are no longer
757 required to be orthogonal, e.g. see Richman, 1986; von Storch and Zweirs, 1999) on
758 unfiltered monthly SST anomalies over the Pacific basin are associated with ENSO, the

759 PDO and a North Pacific mode that exhibits pronounced decadal variability (Figure 18,
760 *Barlow et al.*, 2001). The latter is similar to the leading pattern of variability identified by
761 *Nakamura et al.* [1997], although its maximum amplitude is located further east. In
762 addition, variables such as salinity, thermocline depth, and SSH may provide a more
763 direct estimate of dynamically driven ocean variability. *Di Lorenzo et al.* [2007] recently
764 identified the North Pacific Gyre Oscillation (NPGO) as the dominant mode of SSH
765 variability in the North Pacific that has a dipole structure associated with out-of-phase
766 changes in strength of the subtropical and subpolar gyres in the eastern half of the basin.
767 The NPGO, undergoes decadal variations that appear to be independent of tropical
768 variability. The mechanism(s) behind these extratropical decadal variations and the extent
769 to which they are influenced by global warming requires further study.

770

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775

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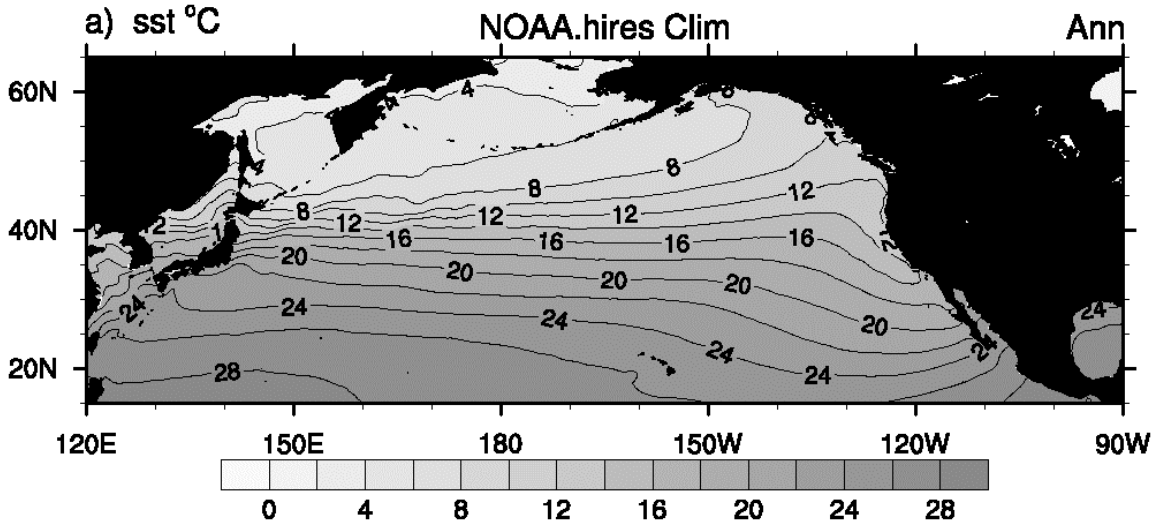
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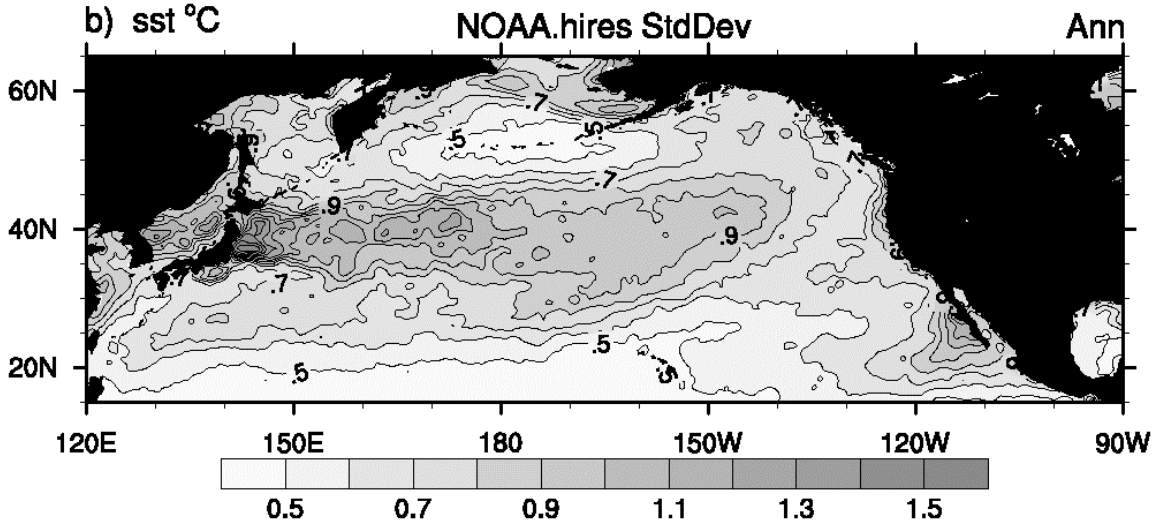
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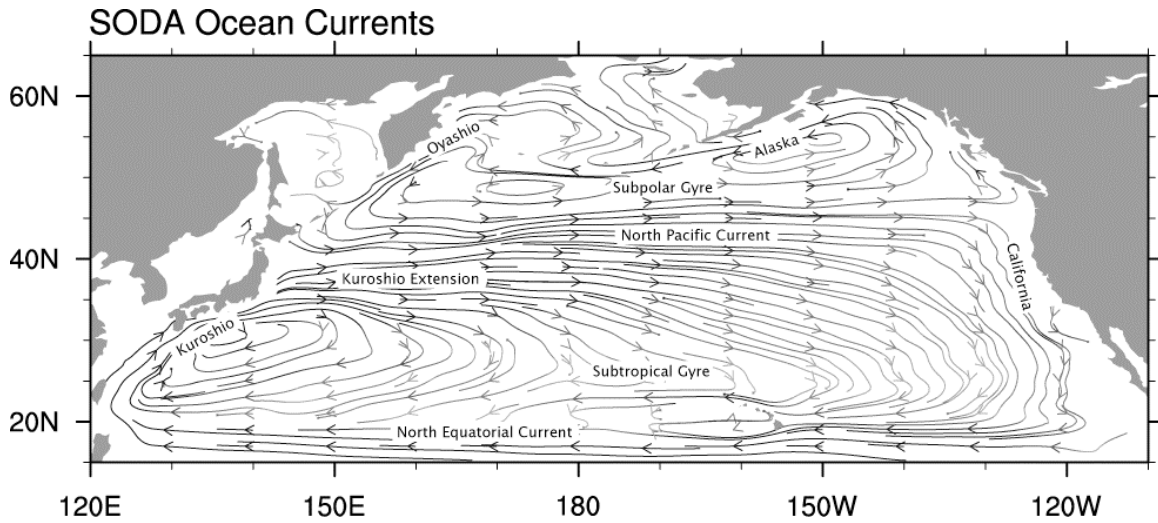
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1137 Figure 1. a) Annual Mean and b) standard deviation of SST for the years 1985-2007
 1138 obtained from the NOAA high resolution (0.25° lat x lon) SST data set [Reynolds *et al.*,
 1139 2007].

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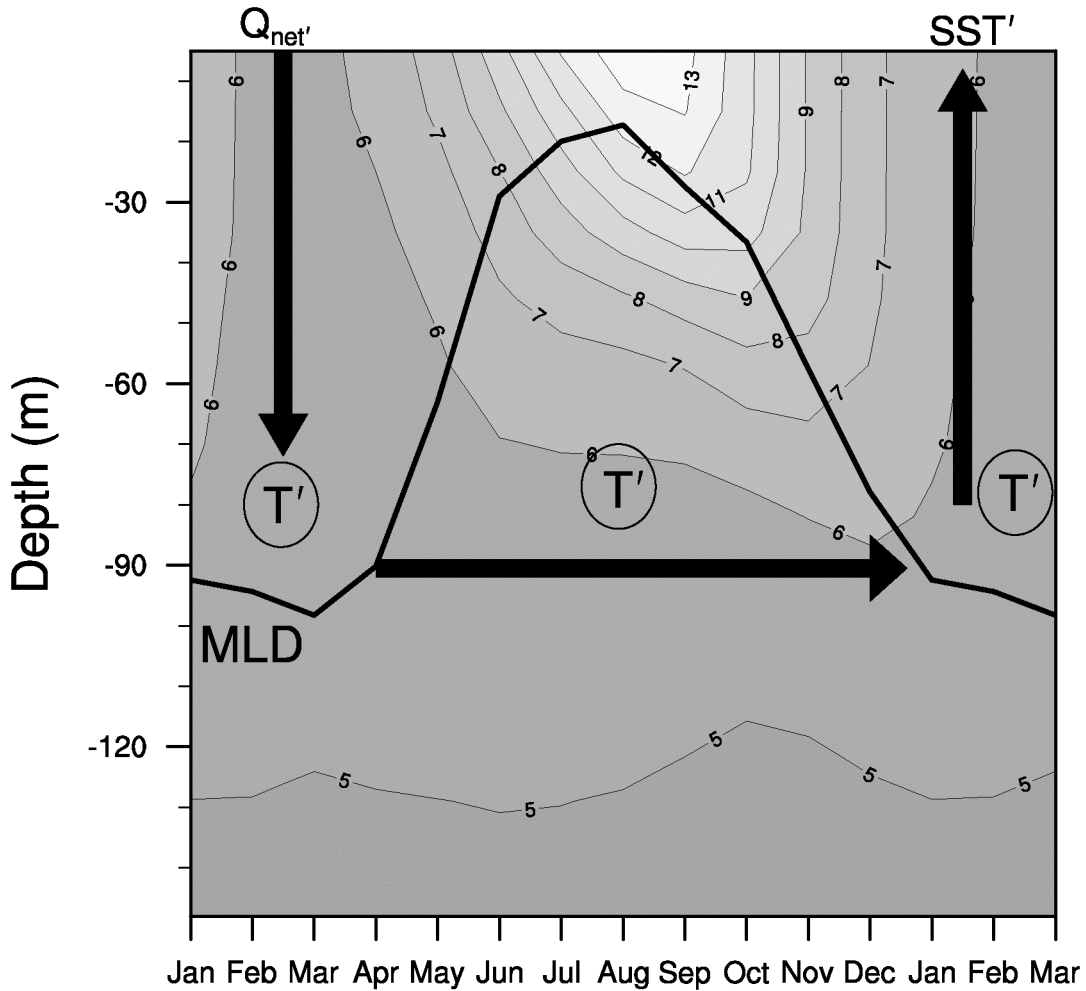
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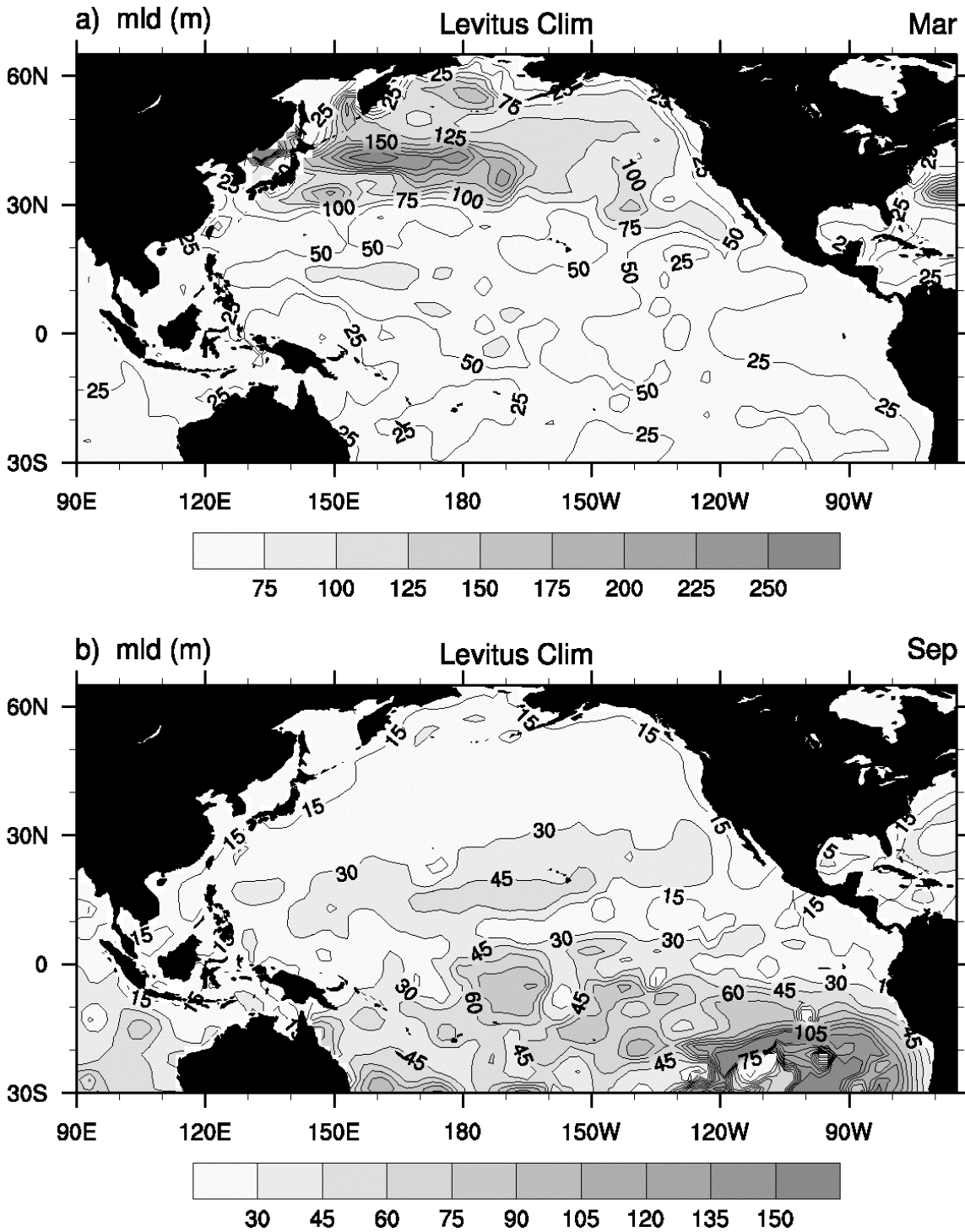
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Figure 2. Annual average near surface (0-500m) ocean currents from the Simple Ocean Data Assimilation (SODA, *Carton and Giese, 2008*) for the years 1958-2001. Stronger (weaker) currents have darker (lighter) streamlines.



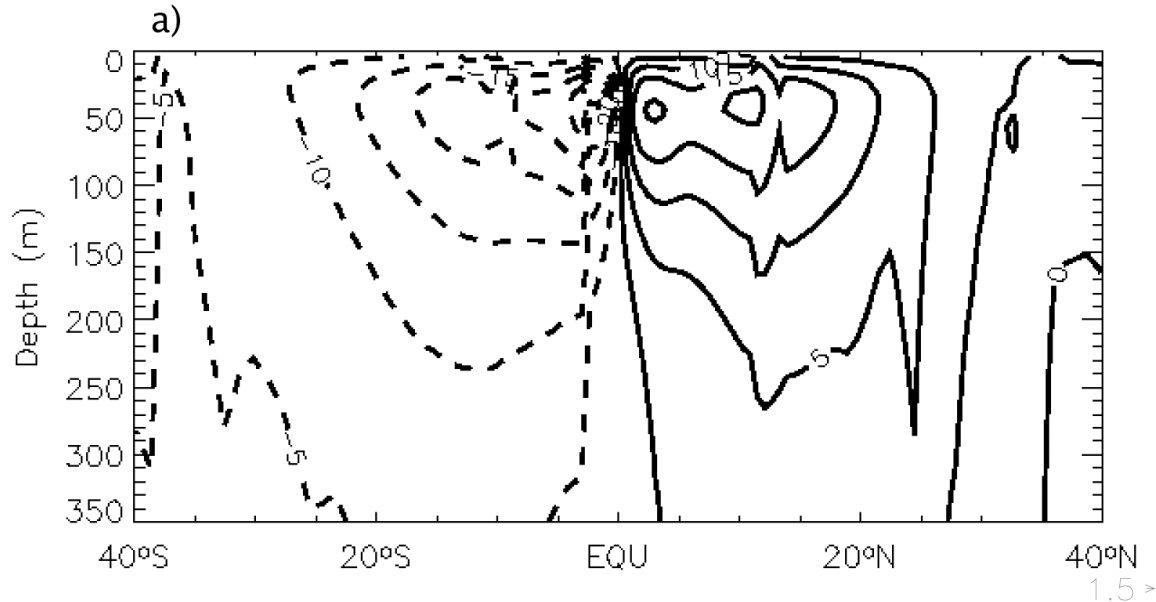
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Figure 3. The mean ocean temperature ($^{\circ}\text{C}$) and mixed layer depth (h) over the course of the seasonal cycle in a $5^{\circ}\times 5^{\circ}$ box centered on 50°N , 145°W (where Weathership P was located from the 1950s – 1980s) in the northeast Pacific. The temperature values are from SODA and the h values from *Monterey and Levitus* [1997]. Arrows denote the reemergence mechanism where surface heat flux anomalies create temperature anomalies over the deep winter mixed layer; the anomalies are then sequestered in the summer seasonal thermocline and return to the surface in the following winter.

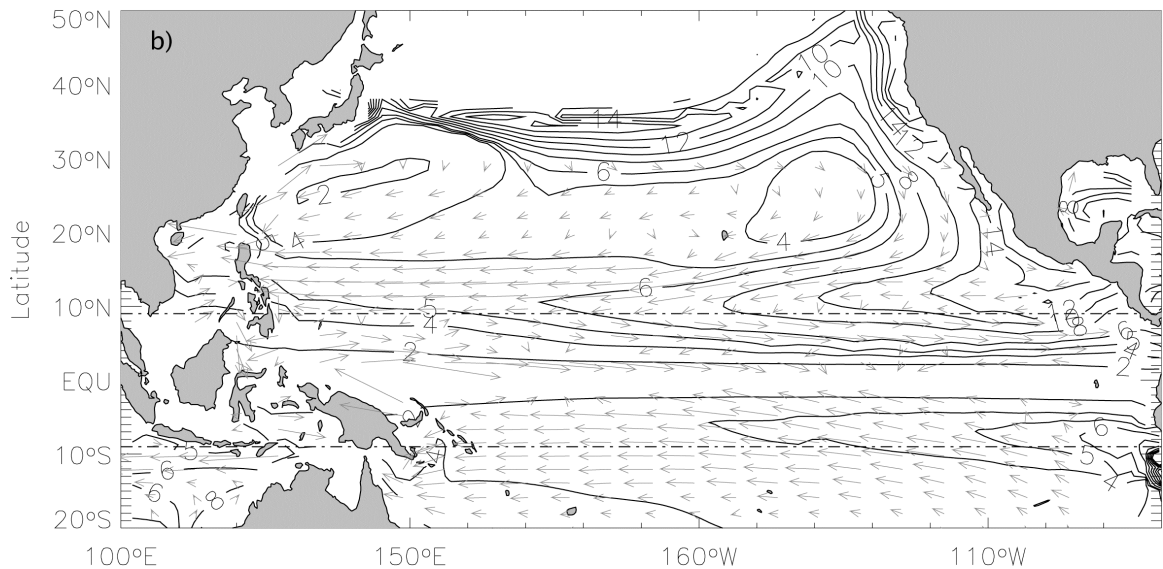


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Figure 4. The long-term mean mixed layer depth (m) during (a) Mar and (b) Sep using a density difference between the surface and base of the mixed layer of 0.125 kg m^{-3} . Data obtained from *Monterey and Levitus* [1997].



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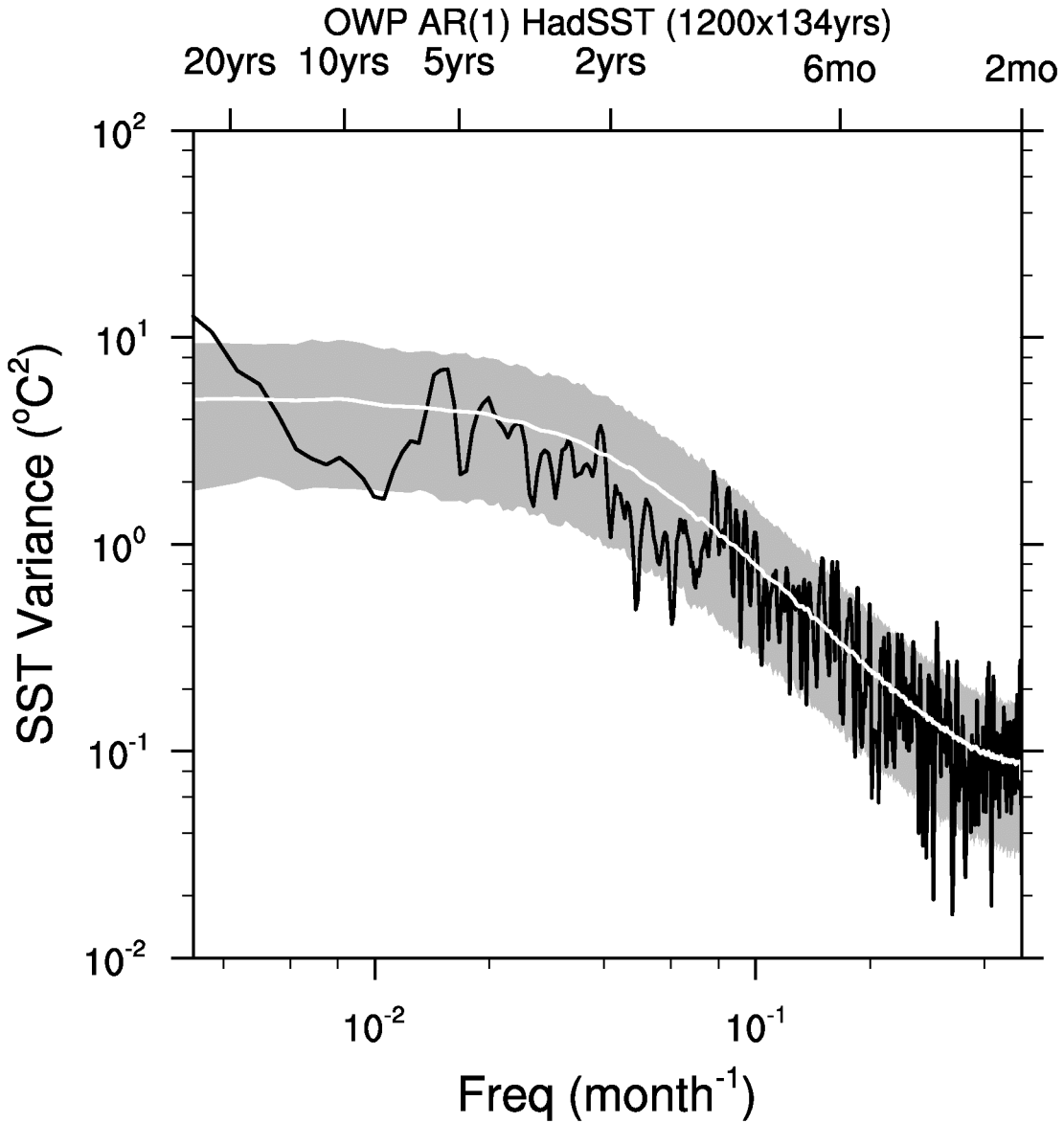
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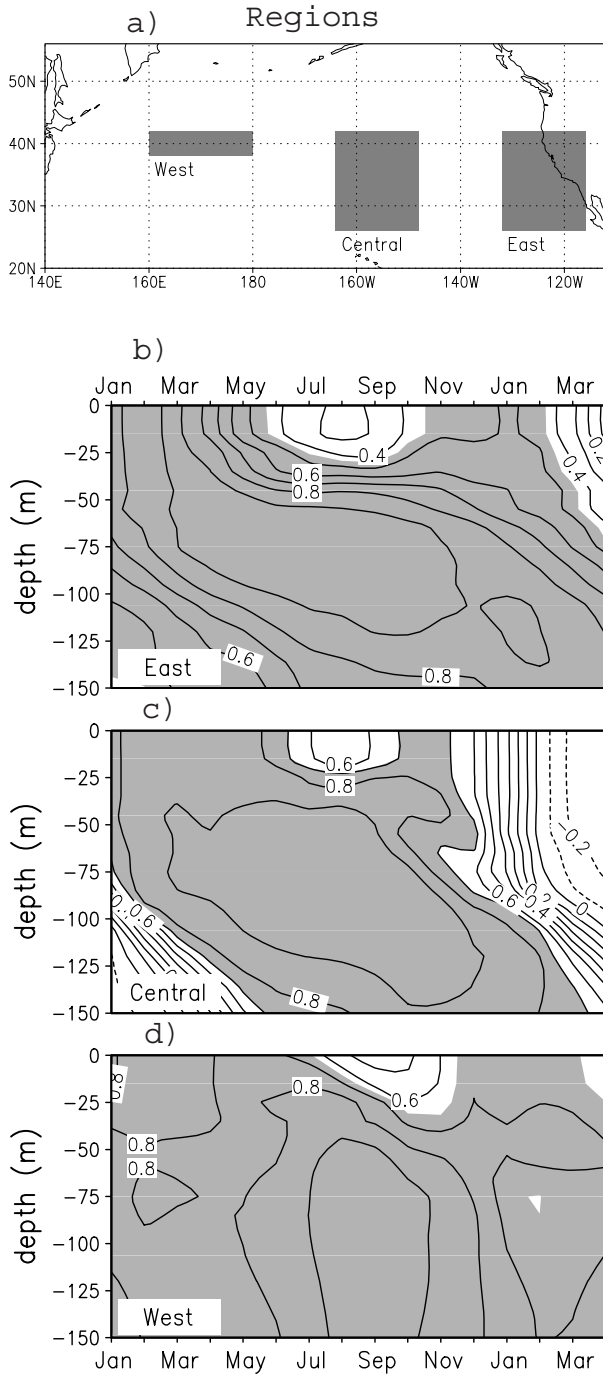
1171 Figure 5. The Pacific subtropical cell (STC): (a) Meridional streamfunction computed
 1172 from the NCAR OGCM driven by observed atmospheric surface conditions. The flow is
 1173 clockwise (counter clockwise) in the Northern (Southern Hemisphere). Contour interval
 1174 is 5 Sv. (b) The circulation with in the subsurface portion of the STC and subtropical
 1175 gyre. Arrows indicate the averaged upper-ocean velocities, integrated from the base of
 1176 the surface Ekman layer (50 m depth) to the depth of the 25 isopycnal; contours denote
 1177 the mean potential vorticity (PV) on the 25 isopycnal surface, which outcrops between
 1178 30°-40°N. The currents tend to conserve PV, thus the large values along 10° N, act as a
 1179 barrier, preventing water subducted in the northern Pacific from reaching the equator
 1180 within the interior of the basin. Adapted from *Capotondi et al.* [2005].

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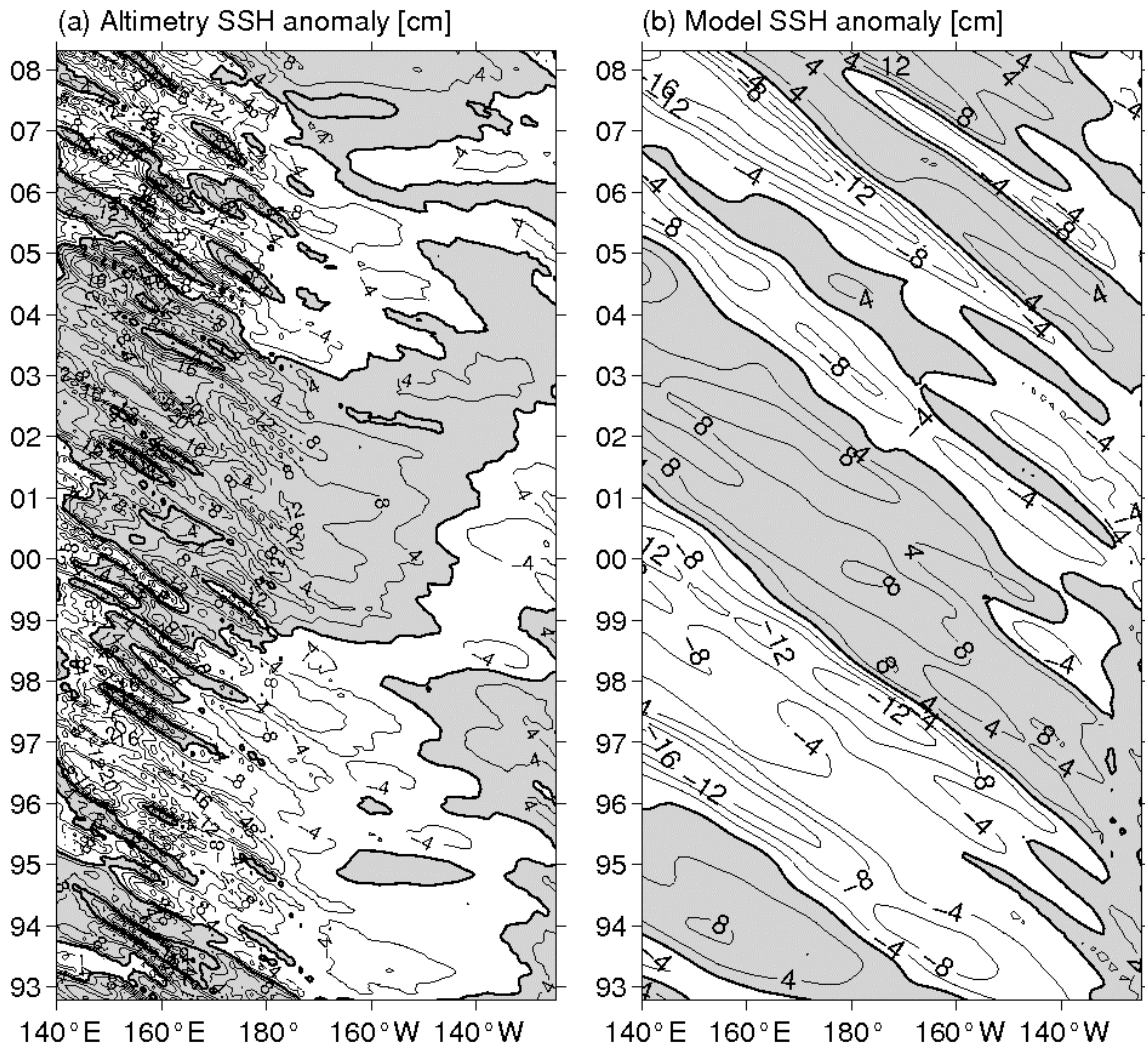
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Figure 6. Observed SST variance spectra (black line) in a $5^{\circ}\times 5^{\circ}$ box centered on 50°N , 145°W using 134 years of month anomalies from the HadSST data set. The gray and white curves are based on a AR(1) model, fit to the SST data: $SST_{t+1} = r_{\tau=1}SST_t + \sigma_{\varepsilon}\varepsilon$, where the noise is given by $\sigma_{\varepsilon} = \left(\sigma(1 - r_{\tau=1}^2)\right)^{1/2}$, σ is the standard deviation and ε a random number drawn from a Gaussian distribution. The gray shading represents the 5th and 95th percentile bounds for 1200 134-yr simulated spectra; the white line is the average of simulated spectra and overlays the theoretical spectra on an AR(1) model, the discrete form of Equation 4.



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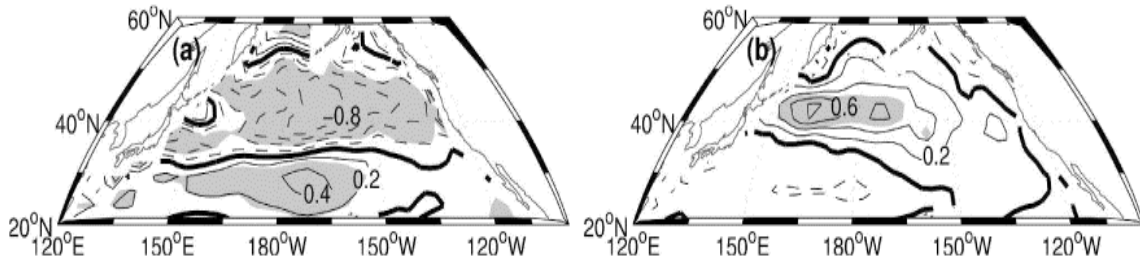
Figure 7. The reemergence mechanism as indicated by lead-lag regressions [$^{\circ}\text{C} (\text{1}^{\circ}\text{C})^{-1}$] between temperature anomalies at 5 m in Apr–May, and temperature anomalies from the previous Jan through the following Apr in the (b) east, (c) central, and (d) west Pacific regions [shown in (a)]. The contour interval is 0.1 and values greater than (b) 0.55, (c) 0.7, and (d) 0.75 are shaded. Computed using the NCEP ocean assimilation analyses [Ji *et al.*, 1995]. Adapted from Alexander *et al.* [1999].



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Figure 8. Sea surface height (SSH) anomalies along the zonal band of 32°–34°N from (a) the satellite altimeter data and (b) the wind-forced baroclinic Rossby wave model; see Eq. (5). Adapted from *Qiu et al.* [2007].

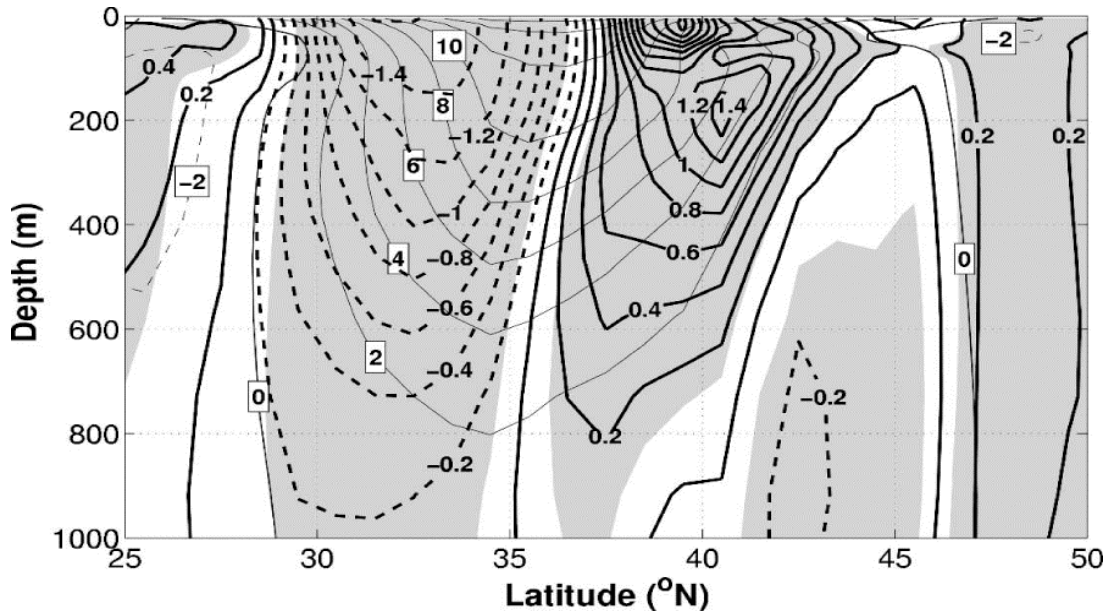
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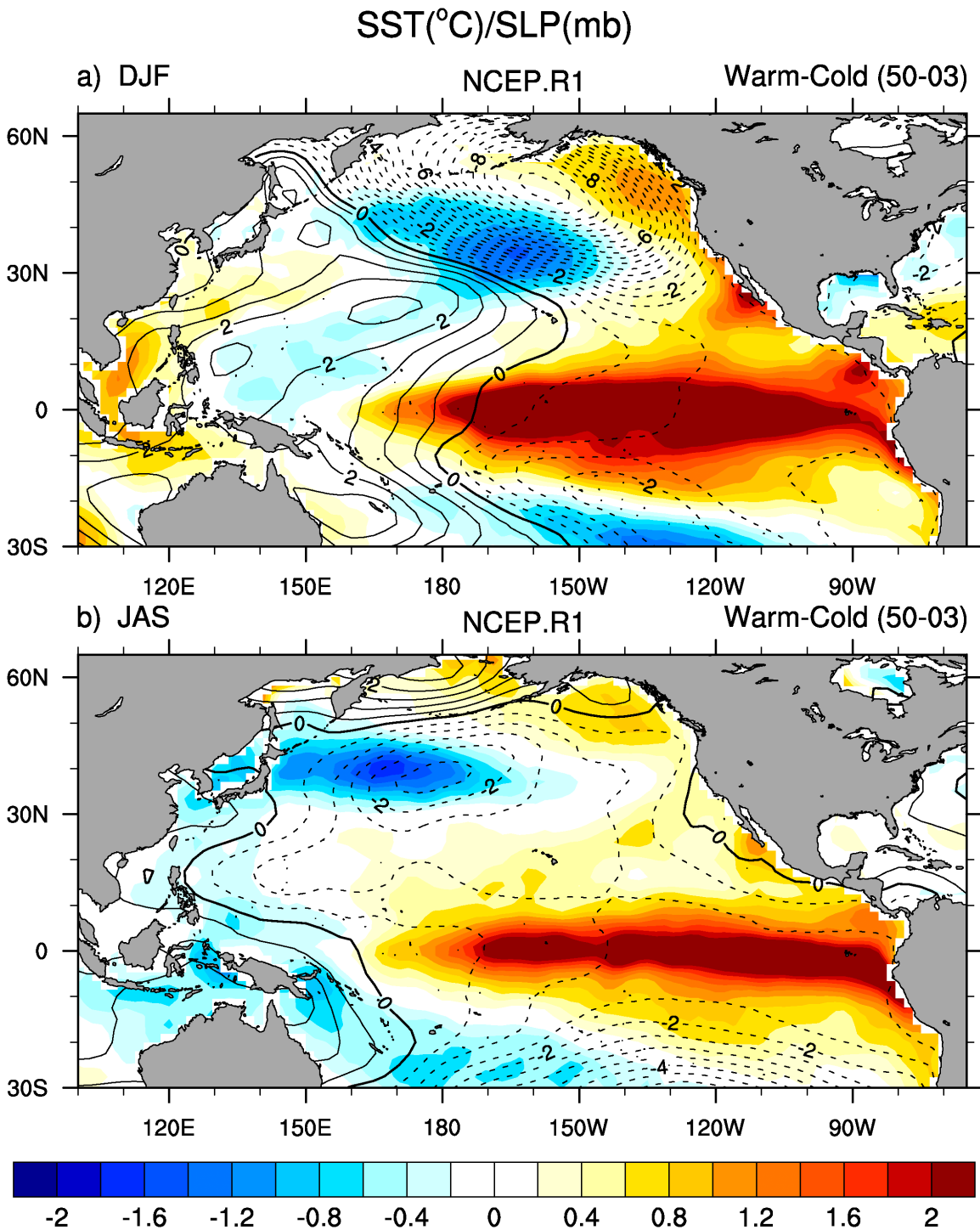
Figure 9. Atmospheric a) forcing and b) response to SST anomalies in the Kuroshio extension region. Regression of wind stress curl anomalies on the winter normalized SST anomalies in the KE region (35° – 45° N, 140° E– 180°). (a) Annual mean wind stress curl leading SST Index by 4 yr; both variables are smoothed with a 10-yr low-pass filter. (b) Annual mean wind stress curl lagging the SST index by 1 yr based on unfiltered data. The unfiltered regression pattern is further scaled by the ratio of the standard deviation of 10-yr low-pass-filtered SST index to that of unfiltered SST index. (Contour intervals are $0.2 \times 10^{-8} \text{ N m}^{-3}$. Negative values are dashed and shading indicates regressions significant at 99%. Results are from a long coupled NCAR GCM simulation. Adapted from *Kwon and Deser [2007]*.

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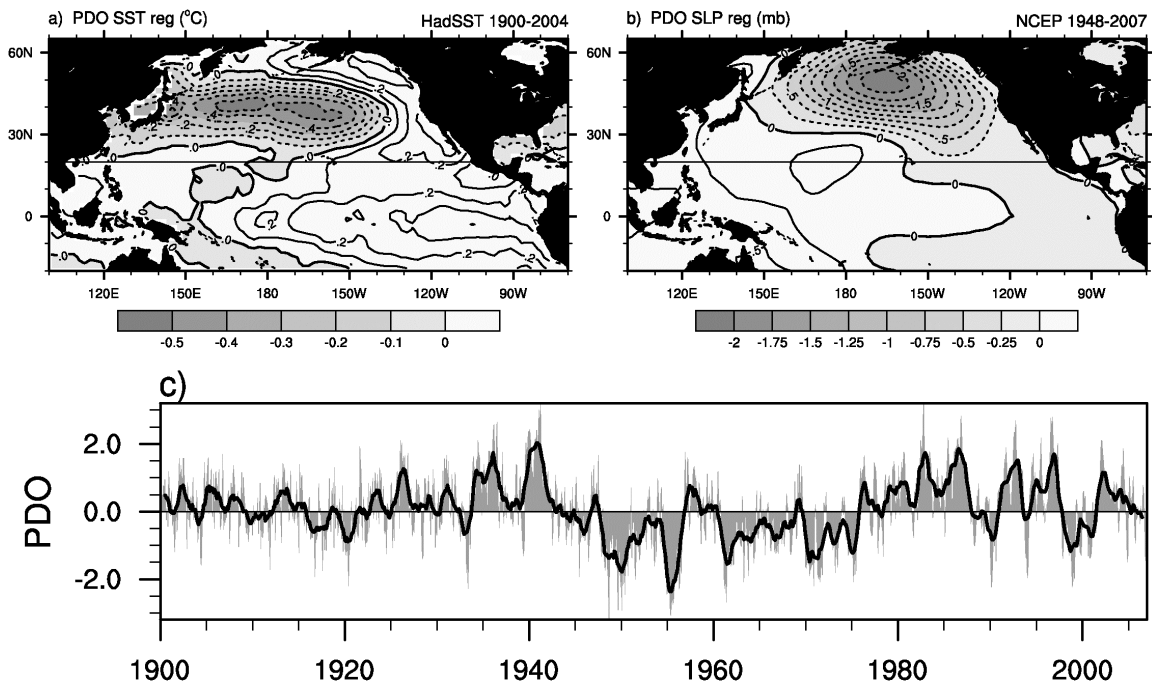
Figure 10. Relationship between temperature anomalies in the Kuroshio Extension and changes in the ocean gyres. Simultaneous regression of DJFM subsurface zonal current velocity along 150°E on the SST anomalies averaged over the KE region. Both variables have been low-pass filtered to retain periods longer than 10 yr. Contour interval is 0.2 cm s⁻¹ °C⁻¹, and the shading indicates regressions significant at 99%. Solid (dashed) contours denote eastward (westward) velocity. Thin contours with boxed labels indicate the climatological winter (DJFM) mean zonal velocity fields. Contour interval for the mean zonal velocity is 2 cm s⁻¹. Results are from a long coupled NCAR GCM simulation [Kwon and Deser, 2007]



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Figure 11. The ENSO signal including the atmospheric bridge as indicated by the composite of 10 El Niño minus 10 La Niña events for SLP (contours, interval 0.5 mb) and SST (shading, interval 0.2 °C) during (a) DJF when ENSO peaks and (b) the previous JAS. The fields are obtained from NCEP atmospheric reanalysis [Kalnay *et al.*, 1996; Kistler *et al.*, 2001].

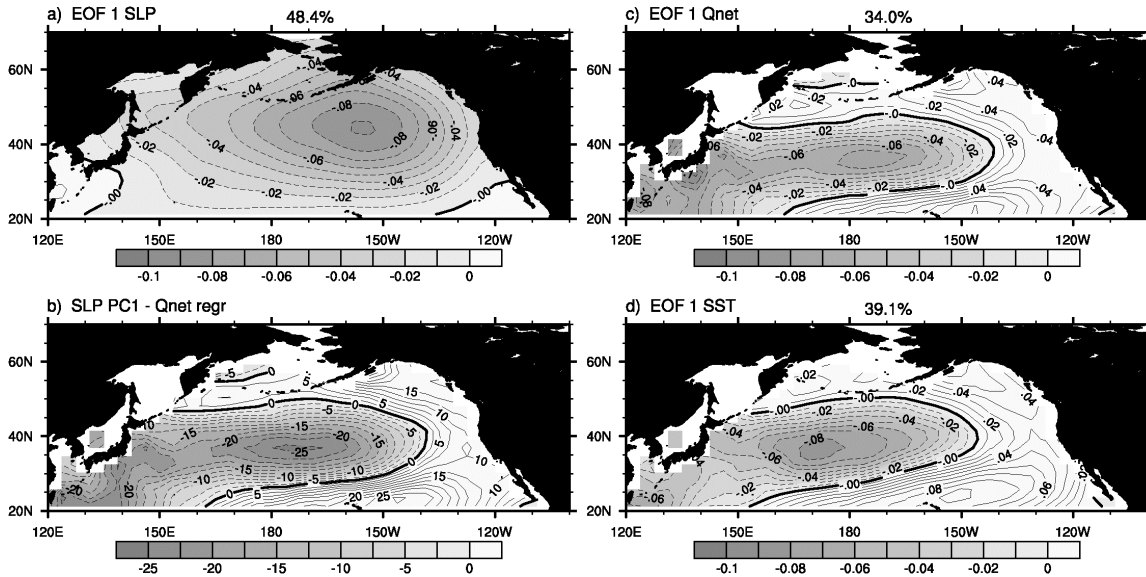
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Figure 12. The Pacific Decadal Oscillation spatial and temporal structure: the leading pattern SST and SLP anomalies north of 20°N and normalized time series of monthly SST anomalies (PDO index, defined by Mantua et al. [2007]). Regressions of the PDO index on the (a) observed SST (ci 0.1 °C per 1 σ PDO value) and (b) SLP (ci 0.25 mb per 1 σ PDO value). The SSTs were obtained from the HadSST data set [Rayner et al., 2006], for the period 1900-2004, and the SLP values from NCEP Reanalysis for the years 1948-2007. (c) The monthly PDO index (gray shading) and 12-month running mean (black line) during 1900-2007, obtained from [http://jisao.washington.edu/pdo/PDO.latest].

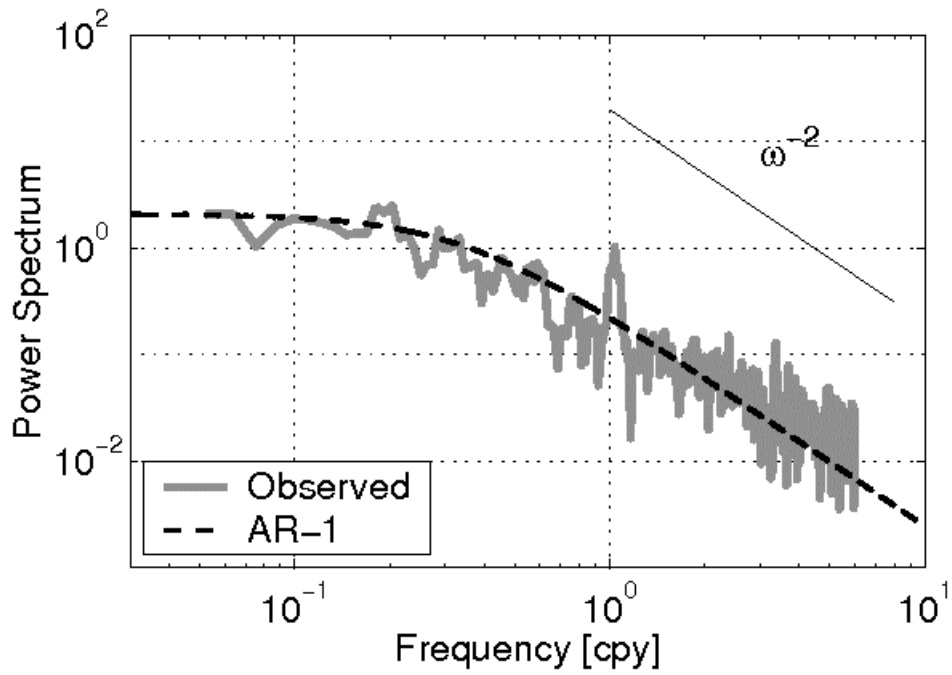
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Figure 13. The SLP, flux and SST anomaly patterns associated with the Aleutian low during winter (DJF). (a) EOF 1 of SLP, regression values of the local (b) Qnet (contour interval 2.5 W m⁻²) and (c) SST (CI is 0.05 deg C) anomalies on SLP PC1, (d) EOF 1 of SST. All fields are obtained from a 50-year simulation of the GFDL AGCM coupled to an ocean MLM over the ice-free ocean.

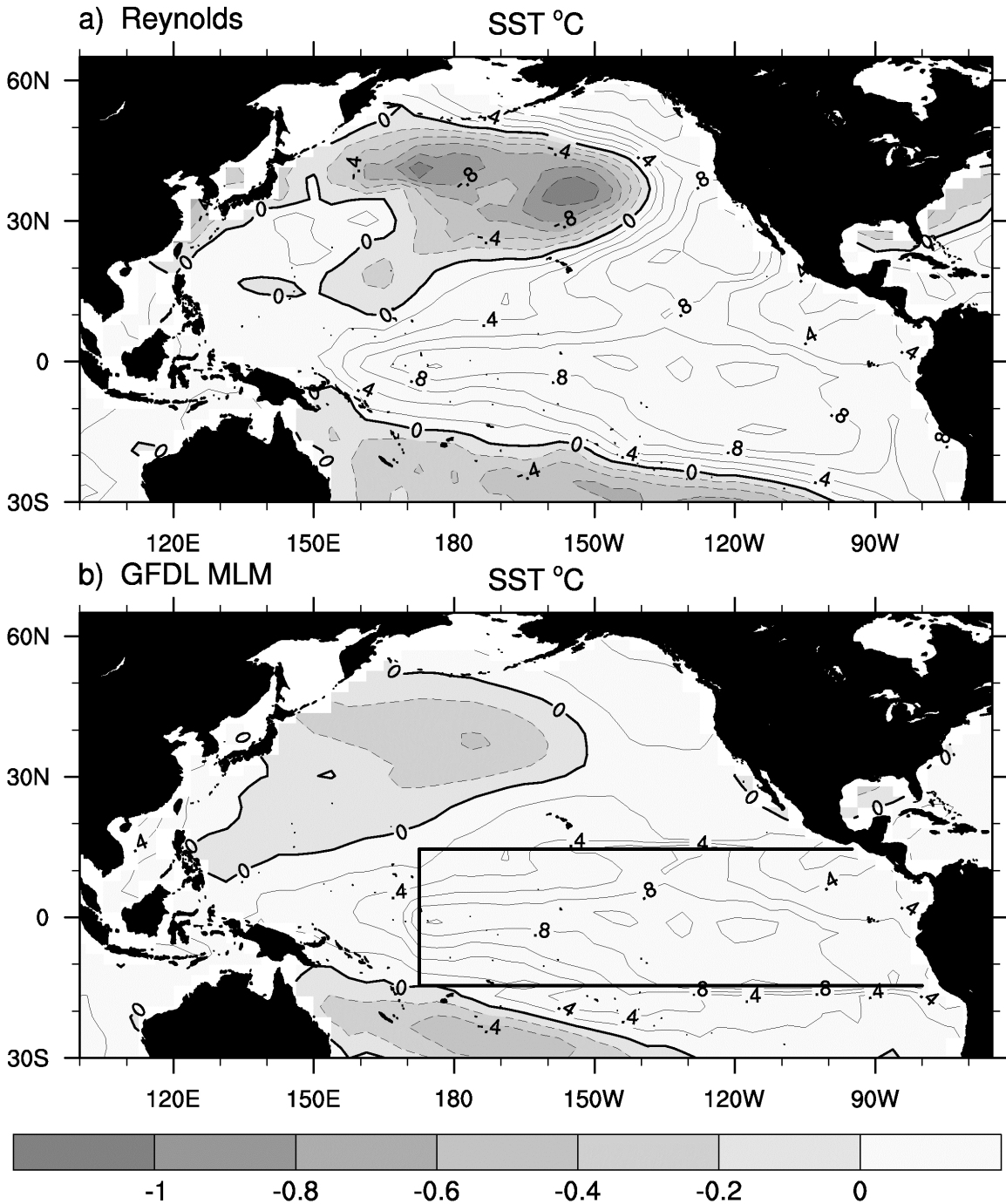
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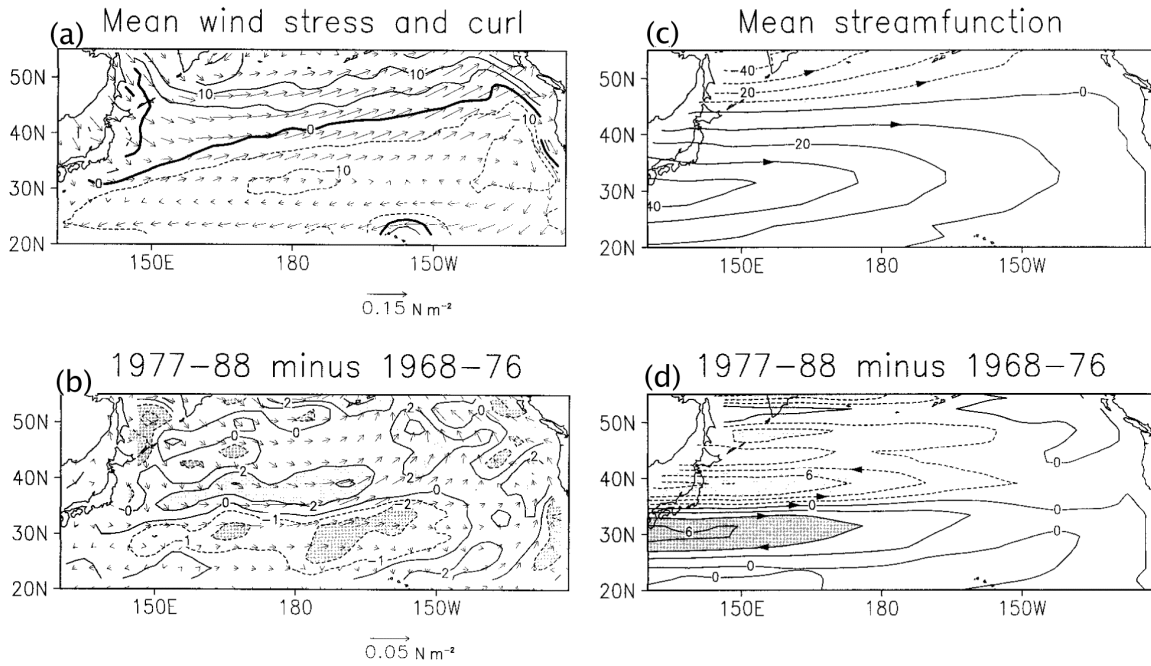
Figure 14. Power spectrum of the observed PDO index. Dashed indicates the best fit based on a first-order autoregressive model, thin solid line shows the theoretical slope for intermediate frequency portion of the spectrum from a stochastic model. Adapted from Qiu *et al.* [2007].

SST NDJFM 1977_1988 - 1970_1976



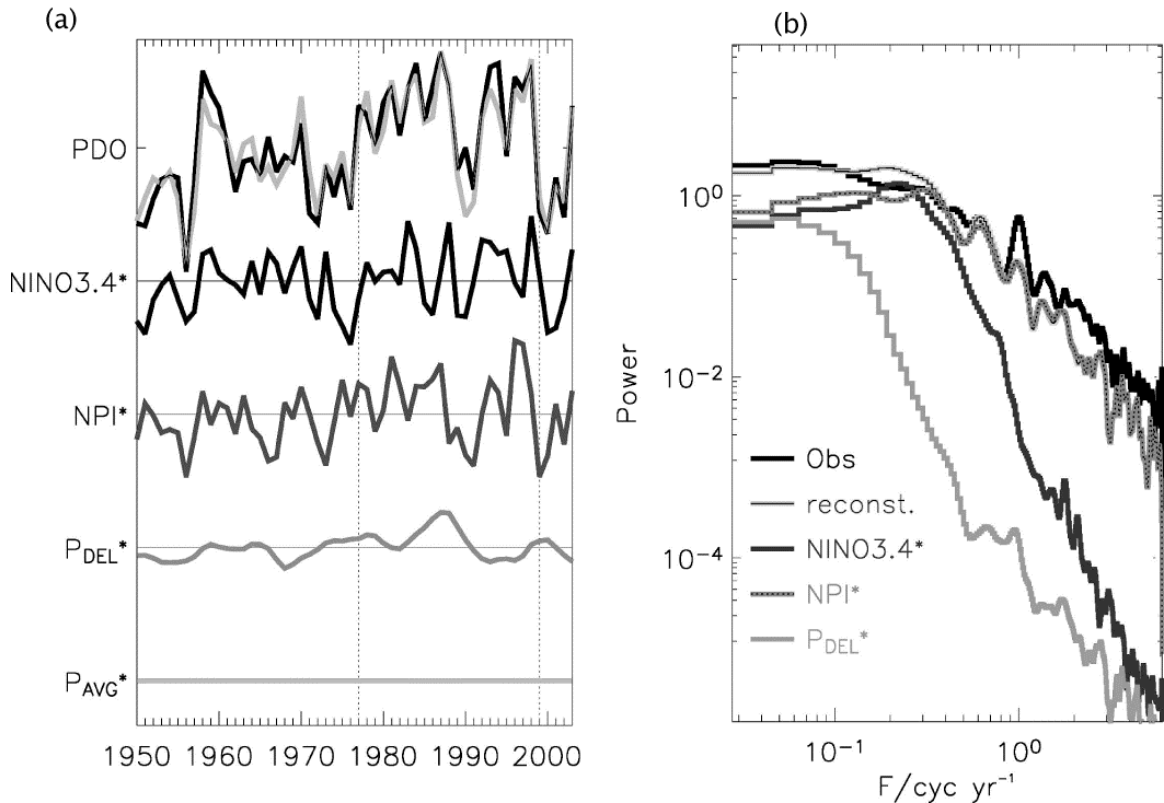
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Figure 15. The 1977-1988 minus the 1970-1976 average SST during NDJFM from (a) observations and (b) an ensemble average of 16 model simulations (b). The observations and model integrations are described in *Smith et al.* [1996] and *Alexander et al.* [2002], respectively. The model consists of an AGCM coupled to an ocean mixed layer ocean model over the ice-free global oceans except in the central/eastern tropical Pacific (box) where observed SSTs are specified. Negative values are shaded and the CI is 0.2 °C.



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Figure 16. The annual a) long-term mean and b) 1977-88 minus 1986-76 wind stress (vectors) and its curl (contours) from the NCEP reanalysis. The ci is $5 \times 10^{-8} \text{ N m}^{-3}$ in a) and $2 \times 10^{-8} \text{ N m}^{-3}$ in b) where the $-1 \times 10^{-8} \text{ N m}^{-3}$ contour is also shown and values $< -2 \times 10^{-8} \text{ N m}^{-3}$ are shaded. The annual c) long-term mean and d) 1977-88 minus 1986-76 geostrophic transport streamfunction, given by the Sverdrup minus Ekman currents: the adjusted ocean circulation to wind curl forcing. The CI is 10 Sv in c) and 2 Sv in d), where values $> 4 \text{ Sv}$ are shaded.



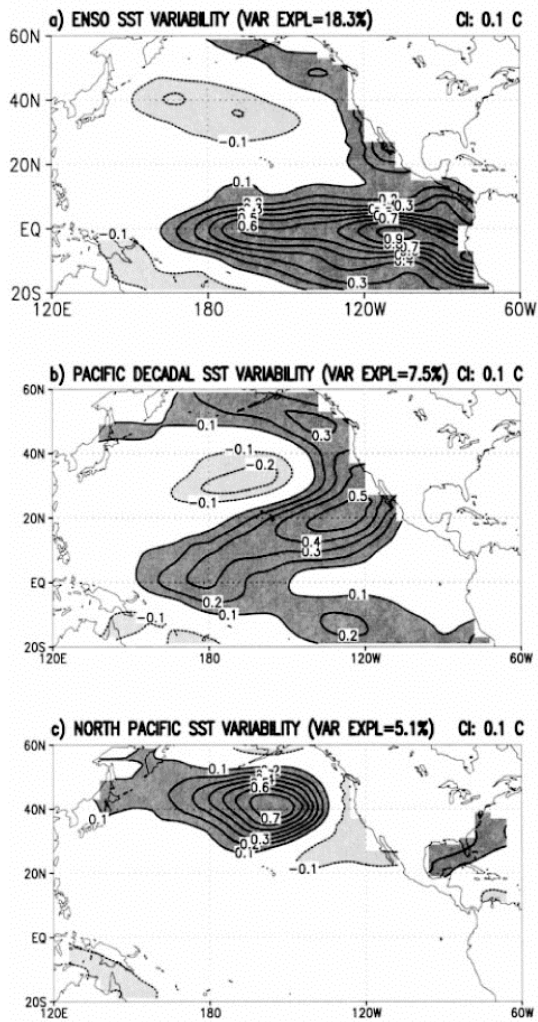
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1298 Figure 17. (a) The PDO time series and reconstruction (gray) based on contributions to
 1299 the PDO from ENSO teleconnections (Niño-3.4*), stochastic fluctuations in the Aleutian
 1300 low indicated by the North Pacific Index (NPI*), and the change in the ocean gyres given
 1301 by the difference in the zonal average ocean pressure difference (P_{DEL} , indicative of the
 1302 slope of the thermocline and hence the strength/position of the ocean gyres) between 38°
 1303 and 40°N in the KE region. The index for thermocline depth estimate from 35°-38°N in
 1304 the KE region (P_{AVG}^*) does not explain a significant fraction of the SSTA variability of
 1305 the PDO. Dotted vertical lines mark the winters of 1976/77 and 1998/99. (b) Power
 1306 spectrum of the observed and reconstructed PDO, and contributions resulting from the
 1307 NPI*, Niño34*, and P_{DEL}^* . Spectra have been smoothed by three successive applications
 1308 of a five-point running mean. Note the dominance of the NPI* and ENSO* contributions
 1309 to the PDO at internal annual time scales and the roughly equal contribution of the three
 1310 factors at decadal time scales. From *Schneider and Cornulle* [2005].

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ANNUAL PATTERN



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1317 Figure 18. The spatial patterns for the three leading modes of Pacific SST variability

1318 during 1945–93 obtained from rotated principal component analysis: (a) ENSO, (b)

1319 Pacific Decadal Oscillation, and (c) North Pacific. Adapted from *Barlow et al.* [2001].