



## BLM News Release

U.S. Department of the Interior  
Bureau of Land Management  
**Roseburg District Office**  
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### For Immediate Release

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### 14<sup>th</sup> Annual National Trails Day on June 3 Encourages All to “Experience Your Outdoors”

**ROSEBURG, OR.** – National Trails Day, on June 3, is a celebration that evolved from the 1987 report of President Reagan's Commission on Americans Outdoors recommending that all Americans be able to go out their front doors and, within 15 minutes, be on trails that wind through their cities and back without retracing steps. This “Trails for All Americans” recommendation became the impetus behind the American Hiking Society (AHS) launching National Trails Day (NTD) in 1993 to increase awareness of trails and support the hundreds of volunteer trail clubs for which every day is Trails Day. To coincide with the 30<sup>th</sup> anniversary of AHS, the Trails Day 2006 slogan, “Experience Your Outdoors,” encourages all to get outside, get active, and experience trails in the area.

The nationwide trails celebration now has over 1,100 dedications, hikes, nature walks, bikes, paddles, horse rides, exhibits, gear demos, workshops and work projects planned. In Douglas County, the Bureau of Land Management (BLM), Forest Service, Oregon Equestrian Trails, Friends of the Umpqua Hiking Club, and others are partnering to host various trail activities on June 3:

\*\* Individual groups are needed to “adopt a trail” for cleanups within Douglas County on June 3 (or thereabouts). BLM or Umpqua National Forest Supervisor’s Office will provide litter bags and other needed supplies to all volunteers. To help out, call BLM’s or Forest Service’s volunteer program coordinators, Joe Ross or Coral Bailie, at (541)464-3248 or 957-3425.

\*\* Oregon Equestrian Trails’ Roseburg Chapter will host a trail ride at 10 A.M. on June 3<sup>rd</sup> at the BLM’s North Bank Ranch (off North Bank Road). For further info, call Brenda Britton at 957-5560 or e-mail to [roseburg@oregonequestriantrails.org](mailto:roseburg@oregonequestriantrails.org). Oregon Equestrian Trails, a non-profit corporation established in 1970, builds horse camps & trails in Oregon, maintains communication with land management agencies to ensure equestrian access, promotes education of equestrians and other user groups, and links equestrians together by relating news that impacts all Oregon equestrian trail users.

\*\* On June 3<sup>rd</sup>, the Friends of the Umpqua Hiking Club will conduct a seven-mile, round-trip hike to the Hobbit Forest and Heceta Head Lighthouse. The group meets to carpool at 8 a.m. in the Douglas County Courthouse parking lot on Fowler Street in Roseburg. Bring water, lunch, rain gear or sunscreen, and expect to share traveling expenses. Those interested in participating should call Richard at 784-2083. Heceta Head is the strongest light on the Oregon coast and visible 21 miles from land. This lighthouse was built in 1892 and is still in use today. It was named after Bruno de Heceta, a Portuguese sailing for the Royal Spanish Navy in 1775. The last lighthouse keeper left in 1963 when it became automated.

\*\* A 100-word student essay contest has three categories -- elementary (4<sup>th</sup> and 5<sup>th</sup> grades), middle school, & high school. Students who clean up trails along rivers should submit an essay that addresses “Where does the trash come from?” and “Why do we have to pick up trash along our rivers, year after year?” **By**

**June 2**, email your essay to [robin@canoekayak.com](mailto:robin@canoekayak.com) or mail it to NRCW, P.O. Box 10847, Knoxville, TN 37939. Include name, address, phone number, email address, cleanup group (BLM) and river name (Umpqua). Awards will be determined by July 15, 2006 and announced at [www.canoekayak.com](http://www.canoekayak.com)

\*\* Children 12 & under can win prizes (e.g. packs, hiking poles, caps) in a coloring contest with their crayons, pencils, markers or paints. The image to be colored can be downloaded (as a PDF file) at [www.americanhiking.org](http://www.americanhiking.org) or a copy can be picked up at the BLM office at 777 NW Garden Valley Blvd., Roseburg or by calling 464-3248. The finished design must be postmarked **by June 30** and sent to AHS, NTD Coloring Contest, 1422 Fenwick Lane, Silver Spring, MD. 20910. Winners will be highlighted on the AHS website and in American Hiker. Include name, age, contact info & the Trails Day event attended.

National Trails Day 2006 corporate sponsors are Adventure Medical Kits, Backpacker, Eastern Mountain Sports, Merrell, REI, Royal Robbins and Thorlos. Federal partners are Bureau of Land Management, Forest Service, Centers for Disease Control and Prevention, Federal Highway Administration, National Park Service, and U.S. Fish and Wildlife Service.

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