

## 2006 Al-Anon, Alateen, Alateen Group Sponsor, and Membership Data

**Table 1: Demographics of members**

<b>Demographics</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen comb.	Alateen >3yr member	Alateen 1-3 yr member	Alateen < 1 yr member
Average member age	55	57	55	14	16	15	14
Under 10 years old	-	-	-	4%	0%	3%	8%
10 to 14 years old	-	-	-	28%	19%	26%	32%
15 to 18 years old	-	-	-	29%	23%	26%	35%
Over 18 years old	-	-	-	39%	58%	46%	25%
Under 18 years old	0%	1%	0%	-	-	-	-
Age 18-24	1%	0%	1%	-	-	-	-
Age 25-34	4%	5%	4%	-	-	-	-
Age 35-44	15%	11%	14%	-	-	-	-
Age 45-54	28%	19%	26%	-	-	-	-
Age 55-64	32%	35%	33%	-	-	-	-
Age 65-74	15%	21%	16%	-	-	-	-
Age 75 and over	5%	7%	5%	-	-	-	-
Female majority	85%	90%	85%	65%	72%	64%	62%
Suburban	21%	11%	19%	17%	16%	8%	24%
Rural	19%	23%	19%	23%	2%	21%	25%
City (population under 100,000)	26%	35%	27%	28%	25%	24%	29%
City (population over 100,000)	35%	31%	34%	32%	38%	47%	22%
Married	58%	53%	57%	-	-	-	-
Divorced	15%	14%	15%	-	-	-	-
Single	12%	6%	11%	-	-	-	-
Widowed	7%	12%	8%	-	-	-	-
Separated	4%	5%	5%	-	-	-	-
Life Partner	2%	10%	4%	-	-	-	-
Read or speak English fluently	97%	60%	91%	97%	94%	95%	100%
Read or speak Spanish fluently	9%	1%	8%	20%	16%	26%	17%
Read or speak French fluently	2%	46%	9%	2%	0%	5%	2%
Read or speak other language fluently	2%	4%	3%	4%	6%	5%	2%
Caucasian	87%	96%	88%	72%	71%	56%	82%
Black, African American	1%	0%	1%	3%	3%	5%	2%
Hispanic, Latino, or Caribbean	7%	0%	6%	13%	10%	26%	7%
Asian	1%	0%	1%	1%	0%	35	0%
Native American, Indian, or Aboriginal	1%	0%	1%	5%	10%	5%	3%
Mixed	1%	1%	1%	7%	10%	10%	3%
Other	1%	3%	1%	5%	35	3%	7%
Elementary	-	-	-	17%	6%	13%	23%
Junior high (middle or upper elem.)	-	-	-	37%	22%	26%	38%
Less than high school	3%	16%	5%	-	-	-	-
In high school	-	-	-	45%	56%	55%	34%
High school graduate	11%	31%	14%	-	-	-	-
Other post H.S. training	7%	9%	7%	7%	16%	5%	5%
Some college or in college	26%	13%	24%	-	-	-	-
College graduate	28%	14%	26%	-	-	-	-
Post graduate	26%	15%	24%	-	-	-	-

**Table 2: Employment status**

<b>What members do</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen comb.	Alateen >3yr member	Alateen 1-3 yr member	Alateen < 1 yr member
Professional, executive, managerial	27%	12%	25%	-	-	-	-
Retired	16%	29%	18%	-	-	-	-
Clerical or office or service	11%	13%	11%	-	-	-	-
Sales or marketing	8%	7%	8%	-	-	-	-
Homemaker	8%	7%	8%	-	-	-	-
Medical	6%	4%	6%	-	-	-	-
Skilled worker or craftsman	4%	0%	3%	-	-	-	-
Student	1%	4%	2%	-	-	-	-
Unemployed	1%	2%	2%	-	-	-	-
Farming or agriculture	0%	1%	0%	-	-	-	-
Other	16%	20%	16%	-	-	-	-

**Table 3: How many children do you have at home under & over 21 years?**

<b>Living at home</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Al-Anon US (+21)	Al-Anon Canada	Al-Anon comb.	Alateen Group Sponsor
None	68%	74%	69%	83%	82%	83%	-
One	15%	10%	14%	13%	12%	13%	-
Two	12%	8%	11%	3%	3%	3%	-
Three	4%	8%	4%	1%	2%	1%	-
Four	1%	1%	4%	0%	0%	0%	-

**Table 4: How many children do you have not at home under & over 21 years?**

<b>NOT living at home</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Al-Anon US (+21)	Al-Anon Canada	Al-Anon comb.	Alateen Group Sponsor
None	84%	94%	86%	31%	28%	31%	-
One	10%	5%	9%	19%	14%	19%	-
Two	4%	0%	3%	26%	22%	25%	-
Three	1%	0%	1%	14%	18%	15%	-
Four	0%	2%	1%	6%	5%	6%	-
Five	0%	0%	0%	2%	11%	3%	-
Six	0%	0%	0%	0%	0%	0%	-
Seven	0%	0%	0%	1%	0%	1%	-
Eight	0%	0%	0%	0%	1%	1%	-

**Table 5: How long have you been a member of Al-Anon or Alateen?**

<b>Membership tenure</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Group Sponsor	Alateen Comb.	Alateen >3yr member	Alateen 1-3 yr member
Average membership	-	-	11.3yrs	12.4yrs	2.4yrs	-	-
Less than a year	12%	8%	11%	0%	46%	-	-
1 – 3 years	-	-	-	-	30%	-	-
3 years and over	-	-	-	-	24%	-	-
1 – 2 years	18%	19%	18%	8%	-	-	-
3 – 5 years	15%	11%	14%	14%	-	-	-
6 – 10 years	14%	13%	14%	21%	-	-	-
11 – 19 years	19%	21%	19%	47%	-	-	-
More than 20 years	22%	28%	23%	11%	-	-	-

**Table 6: How long were you away from Al-Anon?**

<b>Left &amp; returned</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Group Sponsor	Alateen Comb. Or >3yr	Alateen 1-3 yr member	Alateen < 1 yr member
Percent of members who left & returned	41%	39%	40%	29%	-	-	-
Average time away	6.25yrs	7.1yrs	6.5 yrs	4.2 yrs	-	-	-
Less than a year	17%	21%	17%	-	-	-	-
1 – 2 years	25%	18%	24%	-	-	-	-
3 – 5 years	20%	18%	20%	-	-	-	-
6 – 10 years	22%	18%	22%	-	-	-	-
More than 10 years	16%	24%	17%	-	-	-	-

**Table 7: Reasons members have left Al-Anon**

<b>Reasons why members left and then later returned</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Group Sponsor	Alateen Comb. Or >3yr	Alateen 1-3 yr member	Alateen < 1 yr member
<b>Rating 1 (Strongly Disagree) – 5 (Strongly Agree)</b>							
Did not recognize own need for help	3.6	3.3	3.6	3.8	-	-	-
Not ready, able to make a commitment	3.6	3.4	3.6	3.5	-	-	-
Felt like an outsider of the group	2.7	2.6	2.7	2.7	-	-	-
No time to attend meetings	3.0	2.7	3.0	2.1	-	-	-
Wanted a quick fix	2.9	2.6	2.9	2.5	-	-	-
Embarrassed or afraid to speak	2.5	2.7	2.6	2.1	-	-	-
Program not directed to newcomers	2.0	1.8	2.0	2.0	-	-	-
It felt too religious	1.7	1.9	1.7	2.0	-	-	-
I was in a different age group	2.1	1.7	2.1	1.5	-	-	-
Anonymity violated	1.6	2.0	1.6	1.3	-	-	-

**Table 8: Reasons for members staying in Al-Anon**

<b>Reasons to stay</b> Rating 1 (Strongly Disagree) – 5 (Strongly Agree)	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Group Sponsor	Alateen Comb. Or >3yr	Alateen 1-3 yr member	Alateen < 1 yr member
Keeps them positive and on-track	4.7	4.8	4.8	4.6	-	-	-
Recognizes the value of the program	4.8	4.8	4.8	4.6	-	-	-
Dealing w/ alcoholism is life long effort	4.8	4.7	4.7	4.6	-	-	-
Feel accepted and safe in group	4.7	4.6	4.7	4.6	-	-	-
Feel like part of the group	4.7	4.6	4.7	4.4	-	-	-
Recognize own need	4.7	4.7	4.7	4.5	-	-	-
Can confide inner most thoughts	4.5	4.3	4.5	4.3	-	-	-
Ready able to make commitment	4.5	4.6	4.5	4.0	-	-	-

**Table 9: Would you recommend Al-Anon to others?**

<b>Advocating for Al-Anon</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Group Sponsor	Alateen Comb. Or >3yr	Alateen 1-3 yr member	Alateen < 1 yr member
Definitely	95%	90%	94%	93%	-	-	-
Probably	3%	6%	4%	7%	-	-	-
Probably not	1%	0%	0%	0%	-	-	-
Definitely not	1%	0%	1%	0%	-	-	-

**Table 10: People most responsible for referring members to their first meeting**

\* Only members of less than 2 years answered, 1 year or less for Alateen Members

<b>Influencers</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Comb.	Alateen >3yr member	Alateen 1-3 yr member	Alateen < 1 yr member
Personal recommendations	-	-	64%	-	-	-	92%
Professional recommendations	-	-	36%	-	-	-	8%
Television PSA	1%	3%	1%	-	-	-	-
Self-help or community resource books	3%	12%	4%	-	-	-	-
Internet and websites	2%	0%	1%	-	-	-	-
Member of AA	9%	6%	9%	-	-	-	2%
Member or Al-Anon	5%	10%	6%	-	-	-	4%
Parents or step-parents	-	-	-	-	-	-	73%
Brother or sister	-	-	-	-	-	-	2%
Other family member	31%	59%	34%	-	-	-	4%
Close friend or partner	15%	6%	14%	-	-	-	9%
Neighbor or co-worker	1%	0%	1%	-	-	-	-
Doctor (Medical)	3%	0%	3%	-	-	-	-
Member of clergy	3%	2%	2%	-	-	-	-
Treatment facility	4%	0%	4%	-	-	-	4%
Therapist or counselor	21%	6%	19%	-	-	-	-
Teacher or school staff	2%	0%	2%	-	-	-	-
Correctional facility	1%	0%	1%	-	-	-	-
Al-Anon or Alateen literature	1%	0%	1%	-	-	-	-

**Table 11: People second most responsible for referring members to their first meeting**

\*Only members of less than 2 years answered, 1 year or less for Alateen Members

<b>Influencers</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Comb.	Alateen >3yr member	Alateen 1-3 yr member	Alateen < 1 yr member
Television PSA	1%	0%	-	-	-	-	-
Television program or interview	1%	0%	-	-	-	-	-
Al-Anon or Alateen literature, brochures	6%	6%	6%	-	-	-	-
Self-help or community resource books	6%	6%	6%	-	-	-	-
Internet and websites	4%	6%	4%	-	-	-	-
Member of AA	19%	24%	20%	-	-	-	3%
Member or Al-Anon	10%	0%	9%	-	-	-	17%
Member of Alateen	-	-	-	-	-	-	11%
Parents or step-parents	-	-	-	-	-	-	17%
Grandparents	-	-	-	-	-	-	11%
Other family member	14%	24%	16%	-	-	-	6%
Close friend or partner	13%	24%	15%	-	-	-	14%
Friend or neighbor (co-worker)	3%	6%	3%	-	-	-	3%
Employer or EAP	1%	0%	-	-	-	-	-
Doctor (medical)	1%	0%	1%	-	-	-	-
Member of clergy	1%	0%	-	-	-	-	-
Treatment facility	5%	0%	4%	-	-	-	3%
Correctional facility	-	-	-	-	-	-	6%
Therapist or counselor	15%	6%	14%	-	-	-	11%
Teacher or school counselor	1%	0%	-	-	-	-	-

**Table 12: Other than Al-Anon/Alateen, what types of meetings do you attend?**

<b>Other groups</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Comb.	Alateen >3yr member	Alateen 1-3 yr member	Alateen < 1 yr member
<b>Alcoholics Anonymous</b> current member	14%	6%	13%	-	0%	22%	15%
Past member	3%	4%	3%	-	-	-	-
Never a member	83%	90%	84%	-	-	-	-
<b>Other 12 STEP Program</b> current member	11%	4%	10%	-	-	-	-
Past member	17%	9%	16%	-	-	-	-
Never a member	72%	85%	74%	-	-	-	-

**Table 13: Do you attend meetings and how often?**

<b>Average attendance</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Comb.	Alateen >3yr member	Alateen 1-3 yr member	Alateen < 1 yr member
% Attend an Al-Anon meeting	100%	100%	100%	-	-	-	-
Times a month	7	5	7	-	-	-	-
Online meeting members	5%	12%	6%	-	-	-	-
Online meetings per week	2	3	2	-	-	-	-
# Alateen meetings per month	-	-	-	4	5	4	4

**Table 14: Questions related to your Al-Anon or Alateen experience and involvement**

<b>Involvement opportunities</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Group Sponsor	Alateen Comb. Or >3yr	Alateen 1-3 yr member	Alateen < 1 yr member
Belonged to an Alateen group	3%	3%	3%	5%	-	-	-
Group representatives	38%	52%	40%	-	-	-	-
Information services	11%	11%	11%	-	-	-	-
Convention committee	9%	11%	9%	-	-	-	-
District representative	6%	21%	8%	-	-	-	-
Area level	8%	8%	8%	-	-	-	-
Other unspecified service involvement	13%	17%	13%	-	-	-	-
Not involved because of AA	6%	2%	6%	-	-	-	-
Not involved	41%	29%	39%	-	-	-	-
Have ONLY CAL available at meetings	98%	98%	98%	-	-	-	-
Rate CAL meeting members needs (1-7) <small>Rating 1(Not meeting needs)- 7(Completely meeting needs)</small>	6.0	6.2	6.0	6.0	-	-	-
Meeting 5+ yr members' needs	93%	97%	94%	93%	-	-	-
Sponsor others	34%	36%	34%	-	-	-	-
Have a personal sponsor	59%	53%	58%	-	-	-	-
Had a personal sponsor previously	17%	26%	19%	-	-	-	-
Never had a sponsor	23%	21%	23%	-	-	-	-

**Table 15: Who are the current Alcoholics in members' lives?**

<b>Relationships to alcoholics</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen comb.	Alateen >3yr member	Alateen 1-3 yr member	Alateen < 1 yr member
Average # alcoholics in your life	-	-	2.7	1.8	-	-	-
Have 4 (Al-Anon) or 5 (Alateen) alcoholics in their lives	-	-	31%	5%	-	-	-
Current spouse (husband or wife)	31%	47%	34%	-	-	-	-
Former spouse (husband or wife)	28%	27%	28%	-	-	-	-
Father or stepfather	31%	27%	31%	55% (Parent)	47%	44%	31%
Mother or stepmother	12%	11%	12%	55% (Parent)	13%	8%	18%
Grandparent(s)	24%	12%	22%	23%	9%	26%	23%
Brother or sister (half included)	28%	31%	28%	14%	25%	8%	11%
Son or daughter	26%	21%	26%	-	-	-	-
Other relative	41%	34%	40%	33%	28%	31%	34%
Friend or neighbor	36%	20%	33%	19%	19%	23%	16%
Fiancé or fiancée	1%	0%	1%	1%	0%	0%	1%
Employer or employee	8%	7%	8%	1%	0%	3%	0%
Lover or partner	7%	6%	7%	2%	0%	0%	3%
Boyfriend or girlfriend	-	-	-	3%	0%	3%	3%
Aunt or uncle	-	-	-	42%	31%	46%	39%

**Table 16: Which members of your family attend Alcoholics Anonymous?**

<b>Alcoholics Anonymous</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Comb.	Alateen >3yr member	Alateen 1-3 yr member	Alateen < 1 yr member
Current spouse (husband or wife)	28%	30%		-	-	-	-
Former spouse (husband or wife)	6%	5%		-	-	-	-
Father or stepfather	4%	3%		33%	31%	31%	41%
Mother or stepmother	3%	2%		20%	16%	28%	20%
Brother or sister (half included)	7%	9%		2%	0%	3%	2%
Son or daughter	10%	10%		-	-	-	-
Aunt or uncle	-	-	-	8%	13%	5%	8%
Grandparent	0%	0%		11%	9%	13%	10%
Other family member	8%	3%		4%	0%	3%	5%
Boyfriend or girlfriend	-	-	-	2%	3%	0%	2%
Lover or partner	3%	2%		1%	3%	0%	0%
Friend or neighbor	19%	13%		2%	3%	3%	0%
Employer	3%	2%		1%	3%	0%	0%
Other	1%	0%		-	-	-	-

**Table 17: Which members of your family attend Al-Anon or Alateen?**

<b>Attend Al-Anon</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Comb.	Alateen >3yr member	Alateen 1-3 yr member	Alateen < 1 yr member
Father or stepfather	-	-	-	23%	19%	26%	23%
Mother or stepmother	-	-	-	63%	56%	72%	60%
Grandparent	-	-	-	13%	22%	10%	9%
Brother or sister (half included)	-	-	-	30%	38%	26%	28%
Aunt or uncle	-	-	-	6%	6%	5%	7%
Foster parent	-	-	-	1%	0%	3%	0%
Other family member	-	-	-	12%	6%	8%	18%
Fiancé or Fiancée	-	-	-	2%	0%	5%	0%
Boyfriend or girlfriend	-	-	-	3%	6%	3%	0%
Partner or Lover	-	-	-	2%	3%	3%	0%
Friend	-	-	-	44%	47%	44%	42%
Employer or employee	-	-	-	1%	0%	3%	0%
Caregiver or guardian	-	-	-	2%	3%	3%	2%

**Table 18: Are or were any alcoholics in your life a part of the military?**

<b>Relationships to alcoholics</b> <b>Bold line is PERCENTAGE TOTAL</b> <b>Breakout line is RAW NUMBERS</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Comb.	Alateen >3yr member	Alateen 1-3 yr member	Alateen < 1 yr member
Alcoholic a member of military							
Active duty military	16	0	16	5	3	1	1
Reserve status military	10	1	11	5	1	0	4
Retired from military	83	5	87	34	7	17	10
<b>Spouse (husband/ wife)</b>	3%	1%		-	-	-	-
Active duty military	1	0	1	-	-	-	-
Reserve status military	1	0	1	-	-	-	-
Retired from military	17	1	18	-	-	-	-
<b>Former Husband or Wife</b>	4%	0		-	-	-	-
Active duty military	0	0	0	-	-	-	-
Reserve status military	1	0	1	-	-	-	-
Retired from military	21	0	21	-	-	-	-
<b>Father/ Stepfather</b>	6%	3					
Retired from military	33	3	36	4	0	2	2
<b>Mother/ Stepmother</b>	0%	0	0				
Retired from military	1	0	1	-	-	-	-
<b>Child, Son/ Daughter</b>	2%	1					
Active duty military	5	0	5	-	-	-	-
Reserve status military	5	1	6	-	-	-	-
Retired from military	2	0	2	-	-	-	-
<b>Grandparent(s)</b>	2%	1					
Retired from military	10	1	11	22	4	13	5
<b>Brother/Sister</b>	2%	0%					
Active duty military	1	0	1	-	-	-	-
Reserve status military	1	0	1	-	-	-	-
Retired from military	11	0	11	1	0	0	1
<b>Other Relative</b>	3%	0%					
Active duty military	6	0	6	1	0	1	0
Reserve status military	1	0	1	1	1	0	0
Retired from military	13	0	13	-	-	-	-
<b>Friend</b>	1%	0%					
Active duty military	2	0	2	2	2	0	0
Reserve status military	1	0	1	-	-	-	-
Retired from military	3	0	3	-	-	-	-
<b>Employer or Employee</b>	0%	0%					
Retired from military	2	0	2	1	0	0	1
<b>Lover</b>	0%	0%					
Retired from military	1	0	1	-	-	-	-
<b>Other</b>	1%	0%					
Active duty military	1	0	1	-	-	-	-
Retired from military	2	0	2	-	-	-	-
<b>Aunt/Uncle</b>	-	-	-				
Active duty military	-	-	-	1	0	0	1
Reserve status military	-	-	-	4	0	0	4
Retired from military	-	-	-	6	3	2	1
<b>Boyfriend or Girlfriend</b>	-	-	-				
Active duty military	-	-	-	1	1	0	0



**Table 19: How helpful was the help you sought before coming to Al-Anon or Alateen?**

<b>Seeking help</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Comb.	Alateen >3yr member	Alateen 1-3 yr member	Alateen < 1 yr member
<b>% who sought help before joining</b>	60%	47%	58%	36%	33%	39%	34%
Rating how helpful treatment was (1-5)	3.9	4.3	3.9	-	-	-	-
Extremely unimportant	7%	5%	6%	7%	11%	0%	11%
Unimportant	6%	0%	6%	5%	11%	0%	6%
Neither	13%	5%	12%	33%	44%	43%	22%
Important	42%	45%	43%	37%	22%	43%	44%
Extremely important	31%	45%	33%	19%	11%	14%	17%
Sought Medical( Physical) help	-	-	-	16%	33%	14%	6%
Sought Psychological help	-	-	-	77%	100%	86%	61%
Sought Spiritual(Religious)help	-	-	-	9%	11%	14%	6%
Sought Other help	-	-	-	19%	0%	14%	33%

**Table 20: How helpful was the help you sought after coming to Al-Anon or Alateen?**

<b>Seeking help</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Comb.	Alateen >3yr member	Alateen 1-3 yr member	Alateen < 1 yr member
<b>% who sought help since joining</b>	58%	59%	58%	71%	70%	64%	74%
Rating how helpful treatment was (1-5)	4.0	4.1	4.0	-	-	-	-
<b>% continuing treatment since joining</b>	-	-	-	77%	71%	44%	100%
Extremely unimportant	7%	4%	7%	10%	14%	0%	14%
Unimportant	3%	2%	3%	0%	0%	0%	0%
Neither	10%	9%	10%	32%	29%	38%	36%
Important	45%	49%	46%	39%	57%	38%	36%
Extremely important	35%	36%	35%	19%	0%	25%	14%
Sought Medical( Physical) help	-	-	-	17%	43%	14%	7%
Sought Psychological help	-	-	-	77%	86%	86%	64%
Sought Spiritual(Religious)help	-	-	-	13%	14%	29%	7%
Sought Other help	-	-	-	23%	29%	0%	36%

**Table 21: How have alcoholics affected your life and how has Al-Anon helped?**

<b>Affected health</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Comb. Or >3yr	Alateen 1-3 yr member	Alateen < 1 yr member	
<b>Affected overall Health Status</b> Rating 1(Extremely Affected) -5 (Completely unaffected)	4	4.3	4.0	3.7	2.8	2.7	
Completely unaffected	4%	3%	4%	0%	20%	33%	
Somewhat unaffected	6%	3%	6%	14%	20%	20%	
Neither	9%	2%	8%	29%	30%	7%	
Somewhat affected	51%	40%	49%	29%	20%	27%	
Extremely affected	30%	51%	33%	29%	10%	13%	
Rating of improvement	4.4	4.6	4.4	3.9	4.1	3.7	
Meeting made it much worse	0%	1%	0%	0%	0%	0%	
Meeting made it somewhat worse	0%	3%	1%	0%	0%	0%	
Meeting didn't do anything	12%	4%	11%	29%	22%	40%	
Meeting made it somewhat improved	31%	21%	30%	57%	44%	47%	
Meeting made it much improved	56%	70%	58%	74%	33%	13%	
<b>Affected Mental Health and Well-being</b> Rating 1(Extremely Affected) -5 (Completely unaffected)	4.5	4.7	4.5	4.6	3.7	3.6	
Completely unaffected	1%	0%	1%	0%	10%	14%	
Somewhat unaffected	4%	2%	4%	0%	20%	14%	
Neither	2%	1%	2%	0%	10%	0%	
Somewhat affected	30%	23%	29%	43%	10%	43%	
Extremely affected	64%	73%	65%	57%	50%	29%	
Rating of improvement	4.8	4.8	4.8	4.3	4.2	4.0	
Meeting made it much worse	0%	1%	0%	0%	0%	0%	
Meeting made it somewhat worse	0%	1%	0%	0%	0%	0%	
Meeting didn't do anything	1%	0%	1%	0%	22%	27%	
Meeting made it somewhat improved	17%	17%	17%	71%	33%	47%	
Meeting made it much improved	82%	81%	82%	29%	44%	27%	
<b>Affected Daily Function work/school/home</b> Rating 1(Extremely Affected) -5 (Completely unaffected)	4.2	4.4	4.2	4.3	3.4	3.5	
Completely unaffected	2%	1%	2%	0%	10%	20%	
Somewhat unaffected	4%	3%	4%	0%	10%	0%	
Neither	6%	2%	6%	14%	20%	7%	
Somewhat affected	50%	40%	48%	43%	50%	53%	
Extremely affected	38%	53%	40%	43%	10%	20%	
Rating of improvement	4.7	4.8	4.7	4.0	4.1	3.7	
Meeting made it much worse	0%	0%	0%	0%	0%	7%	
Meeting made it somewhat worse	1%	0%	1%	0%	0%	0%	
Meeting didn't do anything	4%	1%	4%	29%	38%	33%	
Meeting made it somewhat improved	24%	16%	23%	43%	13%	40%	
Meeting made it much improved	72%	83%	73%	29%	50%	20%	

**Table 22: Al-Anon members' perceptions of Al-Anon's primary purpose**

<b>Perception of Al-Anon's purpose</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Group Sponsor	Alateen Comb. Or >3yr	Alateen 1-3 yr member	Alateen < 1 yr member
Help family and friends of alcoholics	87%	77%	85%	91%	-	-	-
Improve my self esteem	12%	21%	14%	9%	-	-	-
To support the alcoholic	0%	1%	1%	-	-	-	-

**Table 23: How can we keep newcomers coming back?**

<b>Retaining newcomers</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Group Sponsor	Alateen Comb. Or >3yr	Alateen 1-3 yr member	Alateen < 1 yr member
Beginners meetings	46%	43%	46%	-	-	-	-
Encourage sponsorship	46%	47%	46%	-	-	-	-
Stress anonymity	29%	46%	32%	-	-	-	-
Al-Anon and Alateen meetings together	38%	27%	37%	-	-	-	-
Childcare	32%	17%	30%	-	-	-	-
More newcomer material	14%	23%	16%	-	-	-	-
Daytime groups	14%	21%	15%	-	-	-	-
Need more interactive group materials	11%	9%	10%	-	-	-	-
Other	21%	16%	20%	-	-	-	-

**Table 24: How can we keep members coming back?**

<b>Retaining members</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Group Sponsor	Alateen Comb. Or >3yr	Alateen 1-3 yr member	Alateen < 1 yr member
Practice principles over personalities	54%	51%	53%	60%	-	-	-
More steps and traditions meetings	35%	36%	35%	32%	-	-	-
Rotation of officers	19%	27%	21%	34%	-	-	-
Change or add literature	20%	13%	19%	17%	-	-	-
Other	31%	19%	29%	28%	-	-	-

**Table 25: What do you own and how do you use it?**

<b>Technology</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Group Sponsor	Alateen Comb. Or >3yr	Alateen 1-3 yr member	Alateen < 1 yr member
<b>Own or have access to a computer</b>	90%	76%	88%	-	-	-	-
Daily computer use	65%	48%	62%	-	-	-	-
Weekly computer use	8%	2%	7%	-	-	-	-
Occasional computer use	9%	15%	10%	-	-	-	-
<b>Personal Digital Assistant (PDA)</b>	12%	14%	12%	-	-	-	-
Daily PDA use	49%	6%	3%	-	-	-	-
Weekly PDA use	7%	0%	4%	-	-	-	-
Occasional PDA use	16%	6%	11%	-	-	-	-

<b>Technology (cont'd.)</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Group Sponsor	Alateen Comb. Or >3yr	Alateen 1-3 yr member	Alateen < 1 yr member
<b>Own hand held PC</b>	5%	5%	5%	-	-	-	-
Daily hand held PC use	58%	9%	35%	-	-	-	-
Weekly hand held PC use	0%	0%	0%	-	-	-	-
Occasional hand held PC use	12%	0%	6%	-	-	-	-
<b>Cell phone with internet</b>	35%	14%	33%	-	-	-	-
Daily phone internet use	25%	3%	24%	-	-	-	-
Weekly phone internet use	3%	0%	1%	-	-	-	-
Occasional phone internet use	10%	1%	5%	-	-	-	-

**Table 26: What are your online habits?**

<b>Online Habits</b>	Al-Anon US	Al-Anon Canada	Al-Anon comb.	Alateen Group Sponsor	Alateen Comb. Or >3yr	Alateen 1-3 yr member	Alateen < 1 yr member
Check e-mail daily	56%	46%	55%	-	-	-	-
Check e-mail a few times a week	26%	30%	26%	-	-	-	-
Check e-mail a few times a month	7%	19%	8%	-	-	-	-
Check e-mail once a month	4%	5%	4%	-	-	-	-
Never check e-mail	7%	0%	7%	-	-	-	-
Use PC to receive newsletters	2%	0%	2%	-	-	-	-
Use PC to receive books	22%	42%	24%	-	-	-	-
Use PC to receive magazines	4%	0%	4%	-	-	-	-
Use PC to receive none of the above	38%	64%	40%	-	-	-	-
Have made online purchases at home	65%	32%	61%	-	-	-	-
Have purchased literature online from WSO website	11%	4%	10%	-	-	-	-