## **ADR LUNCHTIME SERIES**

## **Listening Without Ego**

This presentation will enable participants who work in the ADR field to transform listening into a real opportunity instead of just another part of their job description. The speaker will explore the filters we apply to what we hear and how these filters affect our ability to listen. Awareness of the filters can help us overcome their effects. When we recognize and neutralize our filters we can be fully present as listeners. This raised awareness can hone our listening skills and help us move through life more gracefully.

<u>Barbara Hulburt</u> -- Director of Facilitation, Training and Consulting, The McCammon Group

Presented by: The Interagency ADR Working Group, Workplace Conflict Management Section

Date: Thursday, March 12, 2009

Time: Noon - 1:30 PM

Please allow extra time for security procedures

**Location:** U.S. Department of Energy

1000 Independence Ave., SW, Room 6A 092

Washington, D.C. 20585

## **Directions:**

Orange/Blue Line-Smithsonian/Holocaust Museum/Bureau of Engraving and Printing Exit; Yellow Line-L'Enfant Plaza/Maryland Ave. Exit

<u>Please RSVP</u> by March 6, 2009, with <u>name</u>, <u>citizenship</u>, and <u>agency/employer</u> to Stephanie Fell, ADR Attorney, FEMA, at <u>Stephanie.Fell@dhs.gov</u>. Questions? Call Stephanie at (202) 646-4141. If you would like to listen via teleconference, please contact Pamela Pontillo at <u>Pamela.Pontillo@hq.doe.gov</u>.