

## FEBRUARY 2009 FIELD REPORT

LCDR Jodi A. Tanzillo, Field Representative Coordinator

### A. Congratulations To:

#### **BOP East**

##### **FMC Butner, Butner, NC**

Congratulations to LCDR Artesiah Rogers, PT who received the PHS Achievement Medal for her Outstanding Service as Clinical Coordinator of Clinical Education, Clinical Instructor, and Clinic Officer in Charge.

##### **FMC Devens, Ayer MA**

Congratulations to LT Kit Burnham, PT who received the Achievement Medal for his creating a Cardiac Rehabilitation Program & delivering exceptional patient care in the management of outstanding consultations since his arrival.

##### **FMC Lexington, Lexington, KY**

Congratulations to CAPT Jessie Lief, PT who received the Achievement Medal for her work as the Interim Therapy Chief at Lexington.

Congratulations to LT Alex Brenner, PT who graduated from the t-DPT program through Baylor University in December 08.

Congratulations to CDR Fred Lief, PT who recently received the Crisis Response Service Award for his deployment to Hurricane Ike in 2008.

Congratulations to CAPT Jessie Lief, PT and CDR Fred Lief, PT who both received the Unit Commendation for their work with the COF Symposium, Cincinnati, June 2007.

Congratulations to CAPT Jessie Lief, PT who has been selected to the COA Board of Directors. She will represent the Therapist Category and is replacing CAPT Susanne Pickering, OT who recently retired.

#### **IHS Arizona**

##### **Parker**

Congratulations to LCDR Joe Golding, PT who has earned the Field Readiness Medical Badge (FMRB).

##### **Pinon**

Congratulations to LCDR Ron Kelderhouse, PT for successful completion of the Basic Officer Training Course held in Landstown, VA in January 2009.

**Tuba City**

Congratulations are extended to LCDR James Cowher, PT who was assimilated into the Regular Corps.

**IHS Multi-Site****Choctaw Nation Health Care Center, Idabell, OK**

Congratulations to LT Jennifer Bebo who was awarded a PHS Citation for sustained excellence in providing therapy services to a remote and underserved Native American population.

**Koweta Indian Health Facility, Coweta, OK**

Congratulations to LCDR Delana Westman-Berry who was awarded an Achievement Medal for ongoing quality patient care and exemplary communication and leadership in clinical pathways.

**IHS New Mexico****Gallup**

A belated congratulation is being extended to Lori Platero, PTA for her 20 years of dedicated federal service reached in June 2008.

**B. News From the Field:****BOP East****FMC Butner, Butner, NC**

Special thanks to the following therapists who volunteered their expertise during the Inmate Diabetic Health Fair on Saturday November 8, 2008 at Butner, NC. This event impacted over 800 inmates who received information regarding diabetes control, exercise prescriptions, improving diet, and improving foot care. LT Gwen Hall, PT, LT TaNesha Nobles, PT, LT Alice Priest, PT, LT Stan Bennett, PT and LTJG Darren Hearn, PT all participated.

LCDR Damien Avery, PT has been serving as an Orthopedic Specialist (O-5 Billet) within the Butner Orthopedic Clinic and has done a superior job at integrating the Rehabilitation Services Department with the Orthopedic Clinic. Additionally LCDR Avery is being trained to provide support and assistance to the orthopedic surgeon during surgeries and Damien is really enjoying his OR time.

LCDR Douglas Henry, PT is starting his transition to that of Wound Care Specialist (O-5 Billet) at FMC Butner. He has provided outstanding consultation services for our more complex chronic wound patients. By mid- April 2009 LCDR Henry will be serving in this capacity full time due to the increased prevalence of chronic wounds amongst our more ill patient population.

### **FMC Lexington, Lexington, KY**

The Therapy Department at Lexington, KY is in the process of establishing a sanctioned Inmate Aide Program to assist other inmates who are not fully independent.

Starting in January an EMG program was initiated by LT Alex Brenner, PT who is currently credentialed to perform EMG studies. As of 6 Feb, LT Brenner has completed 13 EMG's resulting in substantial cost savings to the facility by not having to send these patients to the medical centers for these diagnostic tests.

CDR Fred Lief, PT and LT Alex Brenner, PT submitted a proposal to Lexington Warden Stephen Dewalt regarding the revamping of our wheelchair program. The proposal was well received and resulted in moving the wheelchair shop to a new and larger location within the facility. We will be implementing a new wheelchair preventive maintenance program with aims to prolong the life of the current wheelchairs by replacing the commonly worn out parts rather than replacing entire wheelchairs. This proposal should result in substantial cost savings to the Bureau.

## **IHS Arizona**

### **Chinle**

A portion of the Chinle Service Unit COs will be receiving additional FEMA training (modules 300 & 400) on-site in Chinle (course 300 is 2/17-18/09 for two 12 hr training days). The goal is to have the COs run/manage the Hospital Incident Command System (HICS) by mid-summer.

### **Four Corner Regional Health Center, Teec Nos Pos**

A word of congratulations is extended to CDR Jeff Fultz, PT who completed the Tucson Marathon 07DEC08 in 3hours 26minutes 49seconds. This is a qualifying time for the Boston Marathon which he plans to run on April 20<sup>th</sup>.

The Four Corners Wellness Center has been completed and is being managed by Rehab Services. Both the Rehab Services Department and the Wellness Center have a complete circuit of nine Cybex Strength Training machines, Precor Bikes, Elliptical Trainers and Treadmills; both programs are well equipped.

### **Phoenix**

CAPT Mark Dardis, PT and CDR Ron West, PT attended the APTA Combined Sections Meeting.

### **Pinon**

Chinle Rehab Dept and the Pinon PT Dept continue to investigate a possible 50:50 split of SLP services to initiate provision at the Pinon Health Center.

**Sells**

The Sells PT department is pursuing direct access to improve access to services.

**Winslow**

An acknowledged congratulations is extended to the Physical Rehabilitation staff of the Winslow Indian Health Care Center for continuing to improve and evolve their Rehab/Wellness program, which has filled a significant void in the traditional care continuum.

**IHS New Mexico**

**Laguna-Acoma**

Lori Howeya, PT recently attended 2 CME courses: 1) UNM Orthopedics Conference on Lower Extremity; 2) Current Wound Care Issues.

**C. Welcome/ Farewell To:**

**BOP East**

**FMC Butner, Butner, NC**

Welcome to LTJG Stephen Berry, PT who has joined the FMC Butner, NC team as of January 2009. He is a recent graduate of Mercy College in Dobbs Ferry, NY and has participated in the senior CO-STEP program for the past year.

**IHS Arizona**

**Chinle**

Chinle will be bidding a sad farewell to Lyle Bogart, PT in late May/early June and to Natasha Nicolai, PT in early July.

**Sells**

Welcome to LT Mike Rinaldi, PT, Deputy Chief, inter-service transfer from the US Navy.

**Winslow**

Welcome to Jenny Kast PT, a new staff therapist who will also be commissioned as an officer.

**D. Presentations:**

**BOP East**

**FMC Butner, Butner, NC**

Congratulations and special thanks to LTJG Darren Hearn, PT who gave a web-based presentation to the BOP Therapists on “Medical Exercise Therapy.” This outstanding in-service received CEU funding as the winner of the 2008 BOP Therapist Professional Scholarship. LTJG Hearn’s in-service was presented in the BOP CENTRA format in September 2008.

**FMC Lexington, Lexington, KY**

CDR Fred Lief, PT and LT Alex Brenner, PT have submitted abstracts to the upcoming COF in Atlanta for poster presentation consideration.

CDR Fred Lief, PT and LT Alex Brenner, PT will also be conducting an upcoming CENTRA presentation on thoracic spinal manipulation for the treatment of mechanical neck pain along with the McKenzie approach to cervical pathology. This is scheduled for March, dates TBD.

**IHS Arizona**

**Pinon**

The PT Department continues to present DM educational classes as part of the DM education team. LCDR Jeff Lawrence, PT is working on a new CME (1 hour) for the Pinon Med staff on “The Preservation and Development of Muscle Mass & Strength and its Importance with Helping Maintaining Functional Health.”

**IHS Multi-Site**

**Choctaw Nation Health Care Center, Talihina, OK**

February 12, 2009 Hastings Indian Medical Center hosted the 1<sup>st</sup> meeting of the Oklahoma Orthopedic Interest Group. The group was initiated by LCDR Matthew Armentano, PT. He presented and provided didactic instruction in manual therapy techniques for treatment of the thoracic and lumbar spine. Attendees were: Bryson Harris, PT; Kevin Perry, PT; LCDR Delana Westman-Berry, PT; John Brown, PTA; Lisa Hazlewood, PTA; LT Jennifer Bebo, PT; CDR Cindy Carter, PT

**E. Publications:**

**BOP East**

**FMC Lexington, Lexington, KY**

LT Alex Brenner’s (PT) research entitled, “Physical fitness readiness of male Army recruits prior to initial entry training at Fort Knox as measured by a modified Army Physical fitness test administered during reception” has been accepted for publication within the non-peer reviewed venue Armor Magazine. It is scheduled for print later this year.

## F. Deployments:

### BOP East

#### **FMC Butner, Butner, NC**

LCDR Phil Chorosevic, OT deployed from 31 Aug-13 Sept in support of Hurricane Gustav Recovery as part of RDF-3. During the deployment LCDR Chorosevic served in numerous roles. Initially upon arrival at FMS Jackson, MS, Phil was the Deputy Chief of Ancillary Services comprised of 14 individuals in various disciplines including Psychology, Dentistry, Engineering, Laboratory and Veterinary Medicine. During the deactivation stage of FMS Jackson, he served as the Deputy Team Leader. When the full component of RDF-3 reintegrated at FMS Baton Rouge, his last position was as the Discharge Planner, and working in collaboration with local resources, accomplished finding appropriate discharge environments for over 70 individuals.

#### **FMC Lexington, Lexington, KY**

CDR Fred Lief, PT was deployed for 6 days in late September to College Station, TX. He worked in Ancillary Services and assisted the discharge process of loading patients and their copious belongings onto buses, ambulances, and private vehicles. CDR Lief also assisted with patient care and in the demobilization process of preparing and loading equipment onto skids and trucks.

### Multi-Agency

CDR Mercedes Benitez-McCrary, SLP was deployed to the Inaugural of the 44<sup>th</sup> President, Barack Obama, as a member of RDF#1 Rapid Deployment Force One. The team was activated for 3 days to set up a FMS, POD (immunization for rapid distribution) and Health Tents on the Mall. CDR Benitez-McCrary functioned as a Speech Pathologist/ Trauma /head injury Therapist and served in Administration for triage patients.

## G. Current Research:

### BOP East

#### **FMC Lexington, Lexington, KY**

A research proposal entitled "Measure of physical activity among various inmate populations at FMC-Lexington utilizing a pedometer" has been initiated through the local FMC-Lexington IRB and is pending approval by the Warden. LT Brenner, PT is the lead investigator and CDR Fred Lief, PT and CAPT Jessie Lief, PT will be co-investigators if the research is approved.

LT Alex Brenner's research entitled "The immediate effects of the lumbosacral region manipulation on hip passive range of motion in patients with low back pain. A case series" is currently in review with the Journal of Manual and Manipulative Therapy.

**H. Future Agenda Items for TPAC to Consider:**

None