



Free Shuttle to Limantour Beach

Point Reyes Further Reduces Greenhouse Gases

The National Park Service will be providing a free trial shuttle bus service during the month of July, 2008 in cooperation with the U.S. Department of Transportation to evaluate the potential for expanding and improving public transportation within Point Reyes National Seashore to reduce greenhouse gas (GHG) emissions.



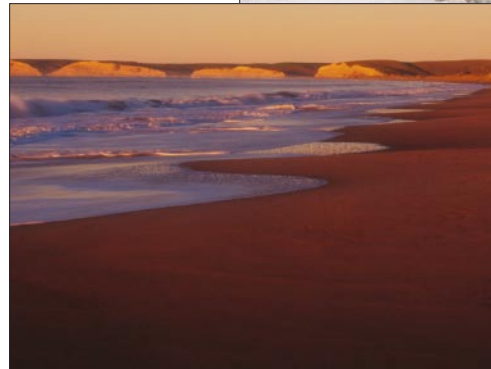
The free shuttle, scheduled to run on weekends during the month of July, 2008, will provide some additional

opportunities for park visitors that would not be convenient if traveling by private automobile. The long roundtrip distances or the need to have two cars to make the outing easier may have deterred visitors wanting to take some of the more scenic hikes within the seashore.

Point Reyes National Seashore is a Climate Friendly Park due to the efforts of reducing waste, implementing sustainable practices and reducing GHG emissions. The park has an



Bear Valley Visitor Center (above) and Limantour Beach



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action plan to further reduce GHG emissions with a goal of 15% reduction over 2005 levels by 2012. Public transportation is one way to help achieve that goal. In the 2005 baseline year, visitor automobiles contributed 1,320 metric tons of emissions or 17% of the park's total emissions.

www.nps.gov/climatefriendlyparks/

Suggested Hikes (all one-way mileage)

Ambitious:

- Limantour Beach to Bear Valley via Coast and Bear Valley Trails - 8.5 miles
- Limantour Beach to Bear Valley via Fire Lane and Horse Trails - 7.7 miles

Moderate:

- Bayview to Bear Valley via Bayview, Sky & Wittenberg Trails - 5.4 miles
- Bayview to Bear Valley via Bayview, Sky & Horse Trails - 5.4 miles
- Bayview to Limantour via Bayview & Muddy Hollow Trails - 3.9 miles
- Bayview to Limantour via Laguna & Coast Trails - 4.0 miles

**Schedule on
reverse side**

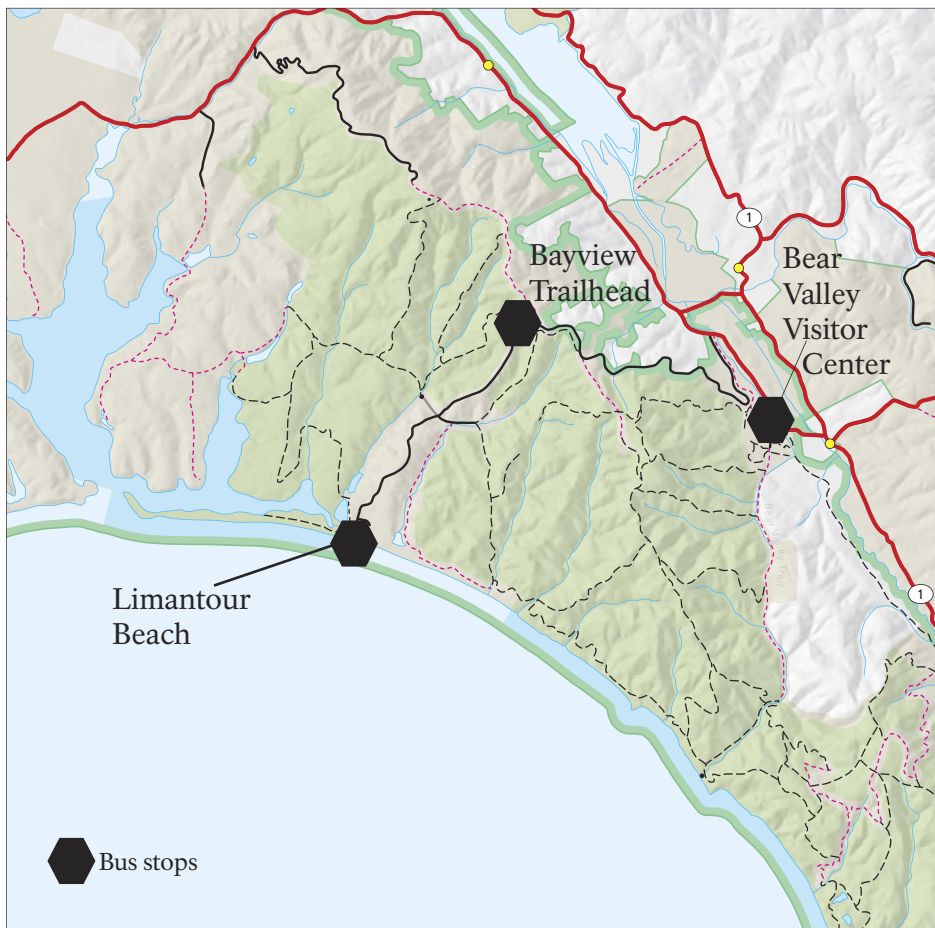
Limantour Beach Pilot Shuttle Schedule

Weekends during the month of July, 2008

Bus	Leave Olema Ranch	Arrive Bear Valley VC	Leave Bear Valley VC	Bayview Trail-head	Arrive Limantour Beach	Leave Limantour Beach	Bayview Trail-head	Arrive Bear Valley VC	Leave Bear Valley VC	Arrive Olema Ranch
1	9:49	9:52	10:00	10:15	10:25	10:28	10:38	10:53	10:55	10:58
2	10:24	10:27	10:35	10:50	11:00	11:03	11:13	11:28	11:30	11:33
1	10:59	11:02	11:10	11:25	11:35	11:38	11:48	12:03	12:05	12:08
2	11:34	11:37	11:45	12:00	12:10	12:13	12:23	12:38	12:40	12:43
1	12:09	12:12	12:20	12:35	12:45	12:48	12:58	1:13	1:15	1:18
2	12:44	12:47	12:55	1:10	1:20	1:23	1:33	1:48	1:50	1:53
1	1:59	2:02	2:10	2:25	2:35	2:38	2:48	3:03	3:05	3:08
2	2:34	2:37	2:45	3:00	3:10	3:13	3:23	3:38	3:40	3:43
1	3:09	3:12	3:20	3:35	3:45	3:48	3:58	4:13	4:15 *	4:18
2						4:23	4:33	4:48	4:50 **	4:53
1						4:58	5:08	5:23	5:25	5:28
2						5:33	5:43	5:58	6:00	6:03

* Last connection to westbound West Marin Stagecoach (to Inverness) at 4:18 PM

** Last connection to eastbound West Marin Stagecoach (to San Rafael) at 5:08 PM



Make a car-free trip to Point Reyes National Seashore!

North Route 68 of the West Marin Stage from San Rafael arrives at the Bear Valley Visitor Center at 9:09 AM.

Explore the Visitor Center and then board the Limantour Beach Shuttle at 9:52 AM.

Spend the day at Limantour Beach, and catch the Shuttle back to the Visitor Center at 4:23 PM. You'll arrive in time to catch the 5:08 West Marin Stage back towards San Rafael.

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