











Do Your Part Score Card

Score your actions from 0 to 4 and then click on Calculate Total. A perfect score is 116.

	Action	Energy and Cost Savings	Score
	Replace incandescent light bulbs with compact fluorescent or LED bulbs.	Reduce yearly CO ₂ emissions by 100 lbs for every bulb replaced.	2 X =
	Improve your car's mileage by properly maintaining it: keep your tires properly inflated and change your air and oil filters regularly.	Reduce yearly CO ₂ emissions by 1,700 lbs. Get up to 14% better fuel economy.	2 X =
	Unplug unused electronics and battery chargers: they use electricity even when off or in sleep mode.	Reduce yearly CO ₂ emissions by up to 1,000 lbs.	2 X =
	Insulate and turn down your water heater to 120°F: your water heater accounts for about 13% of home heating costs.	Reduce yearly CO ₂ emissions by 1,500 lbs.	2 X =
	Adjust your heater/AC thermostat down (in winter) and up (in summer) by 2°F and weatherize your home.	Reduce yearly CO ₂ emissions by 3,500 lbs. Poorly weatherized doors and windows are huge energy wasters.	4 X =
	Reduce, reuse, recycle and buy products with recycled content and less packaging: you can easily cut your household waste in half.	Reduce CO ₂ emissions by more than 2,500 lbs a year.	3 X =
	Conserve Water by installing low-flow showerheads and toilets and limiting yard watering: wasting water is wasting energy.	Reduce water consumption by 50% and up to 2,200 lbs of CO ₂ emissions per year.	3 X =
	Walk, bike, or take public transit: over half the vehicle trips we make are two miles or less.	Reduce CO ₂ emissions while saving money. Leave your car at home and get some exercise.	4 X =
	Choose local products and produce in season: many of the foods and products we use are shipped long distances.	Buy local products to support local producers and reduce CO ₂ emissions. Read labels and ask questions.	3 X =
	Choose energy efficient vehicles, appliances, and electronics next time they need replacing.	Save money and reduce CO ₂ emissions. Every gallon of gasoline burned emits 20 lbs of CO ₂ . Buy Energy Star products.	4 X =
		Calculate Total =	

Pledge your carbon reductions to your favorite park at: www.doyourpartparks.org