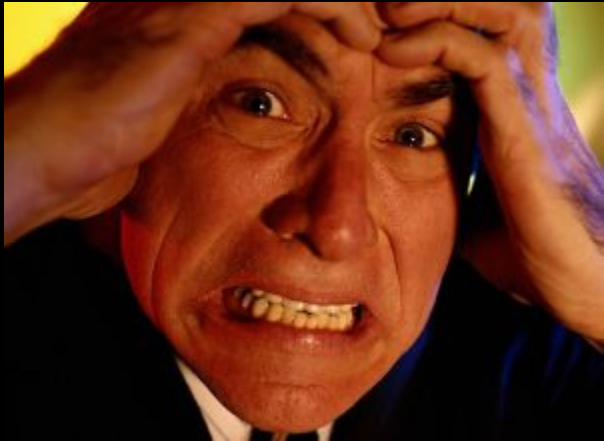
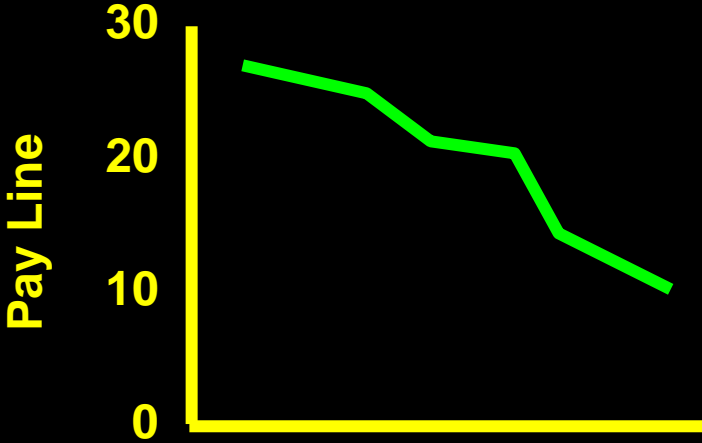


Social Stress, Stress Hormones and Neurotoxins

**James P. Herman, PhD
Stress Neurobiology Laboratory
Department of Psychiatry
University of Cincinnati**



NIH Funding

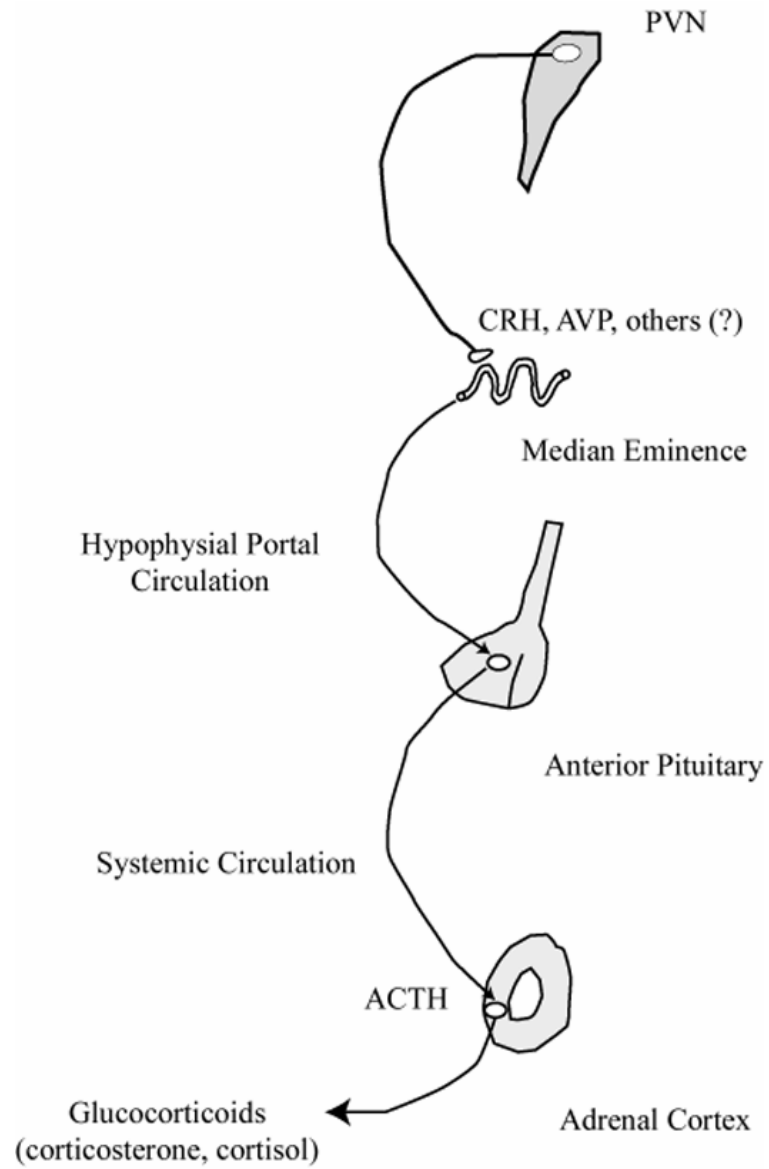


Stress Responses

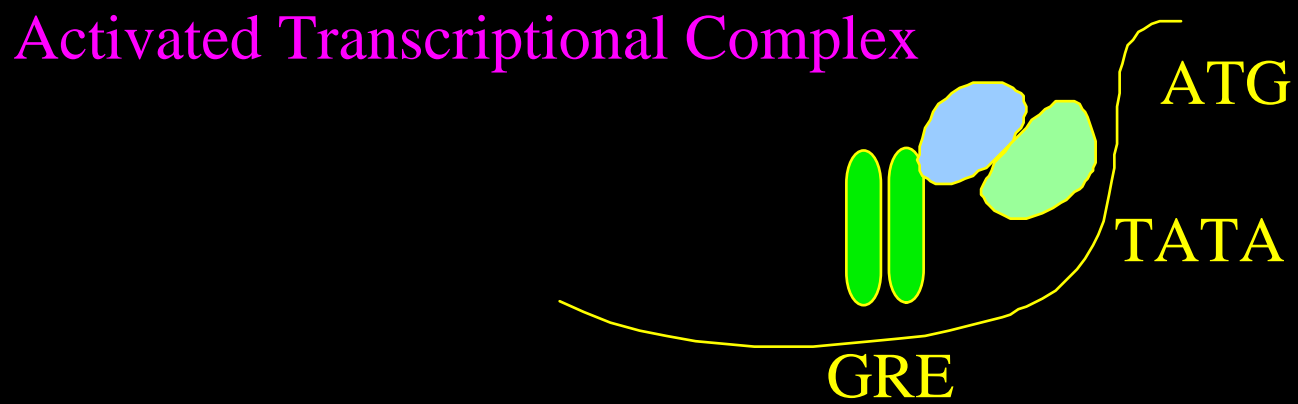
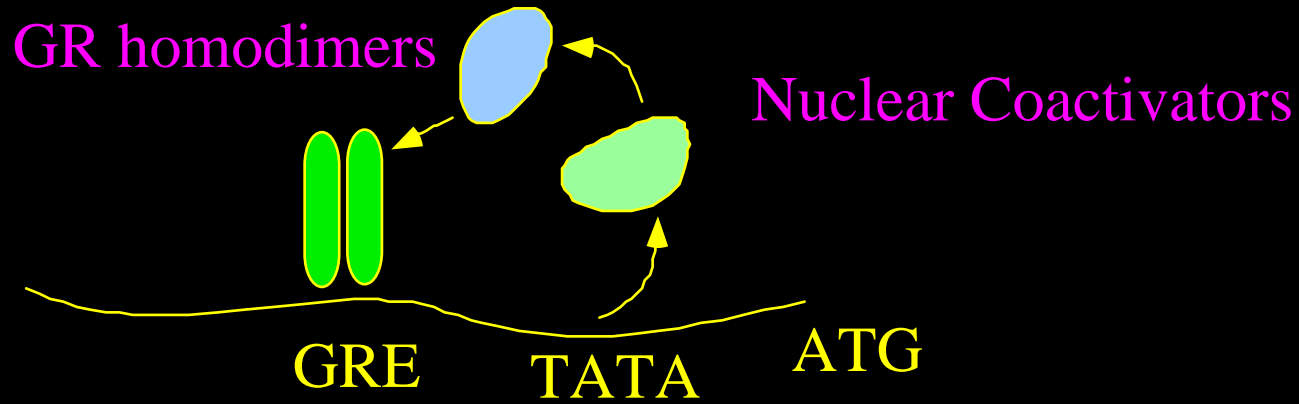
- ✓ **Anticipatory in nature:**
 - *Caused by possible threat to homeostasis
 - *Generated by stimulus comparison
 - innate programs
 - learning

Reactive in nature:

- *Caused by direct threat to homeostasis
- *Generated by reflexive pathways



Herman and Seroogy, Neurol. Clin. 24:641 (2006)



The HPA Stress Axis and Organismic Homeostasis: Redistribution of Resources

Short-term benefit:

- *Energy mobilization
- *Energy diversion
- *Limits immune responses
- *CNS Arousal

Long-term consequences:

- *Metabolic Disease, obesity
- *Musculoskeletal atrophy, HPG problems
- *Immune dysfunction
- *Depression, PTSD(?)

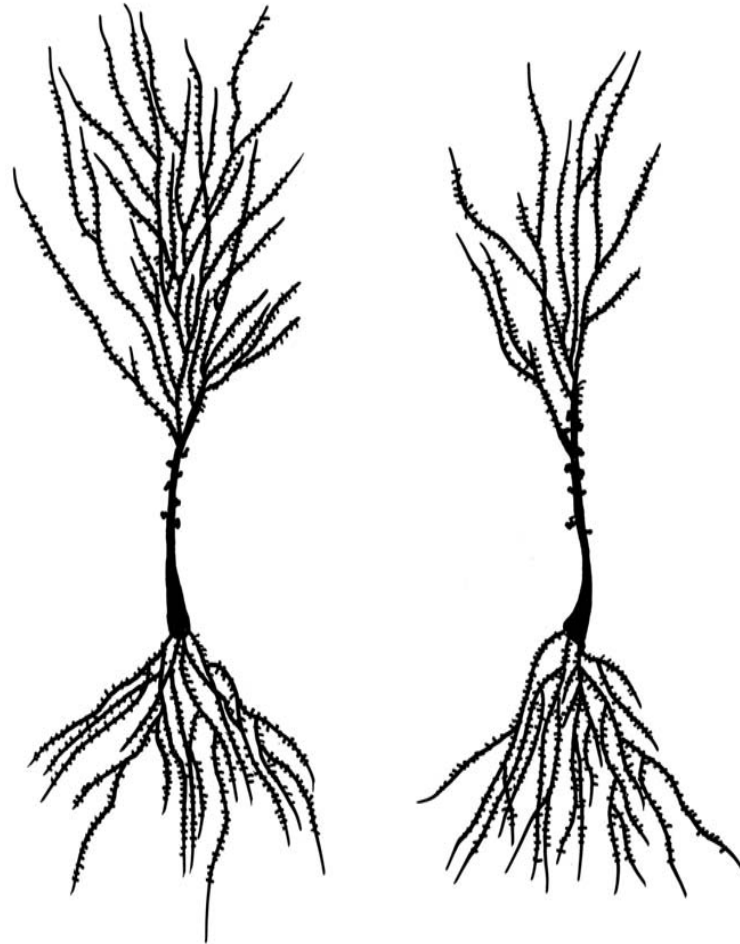
Neurobiological Consequences of Stress

- **Stress-related affective disease states (depression, PTSD) affects 10% of the population in any given year**
- **Stress exacerbates other affective disease states, such as schizophrenia and bipolar disease**
- **Stress exacerbates other organic disease processes**
- **Stress hormone secretion can contribute to cell loss/cognitive decline in aging and dementia**

Stress, Stress Hormones and (Neuro)toxicity

- **Stress and Neuronal Function**
- **Stress as a Predisposing Factor in Neurodegeneration**
 - **Stress as a Co-morbid Condition? Implications for Toxicology**

Social Stress Shrinks Dendrites in the Hippocampus

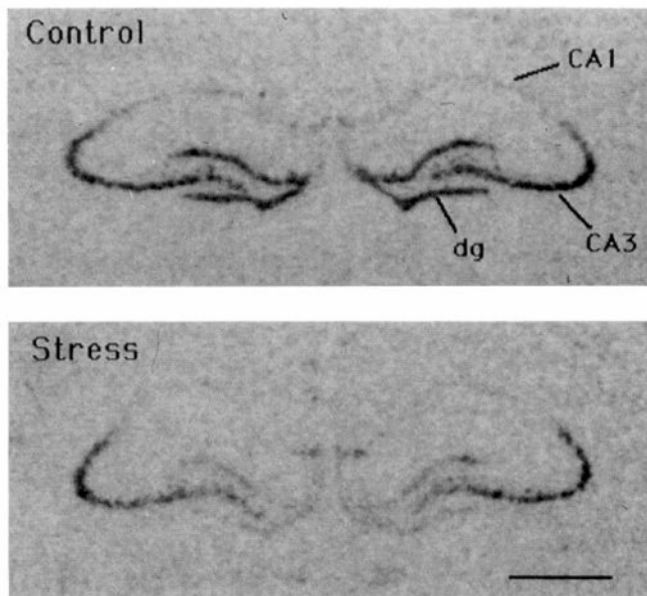


Control

Subordinate

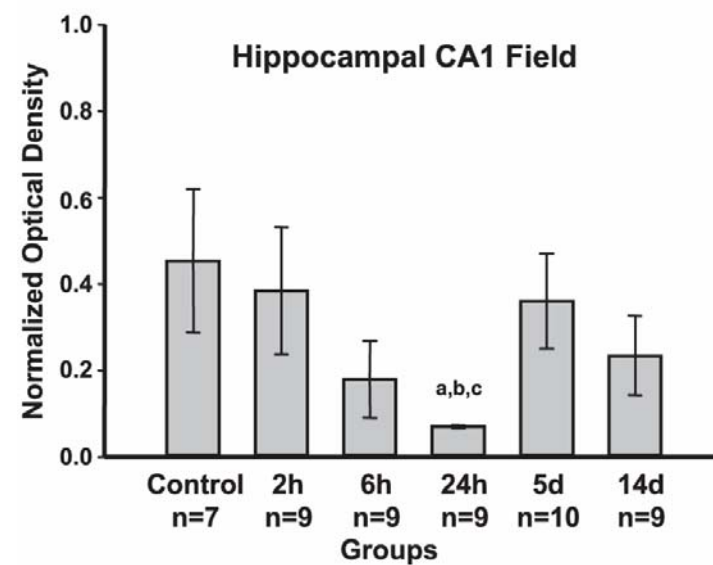
Stress Reduces Neurotrophic Factor Expression in Cortex and Hippocampus

Rats



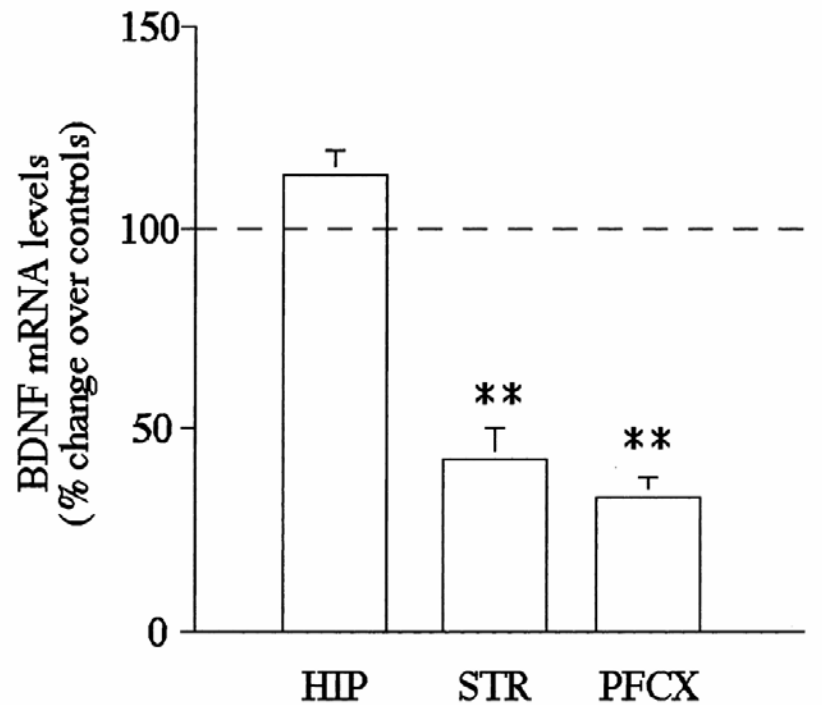
Smith et al, J. Neurosci. 15:1768 (1995)

Mice



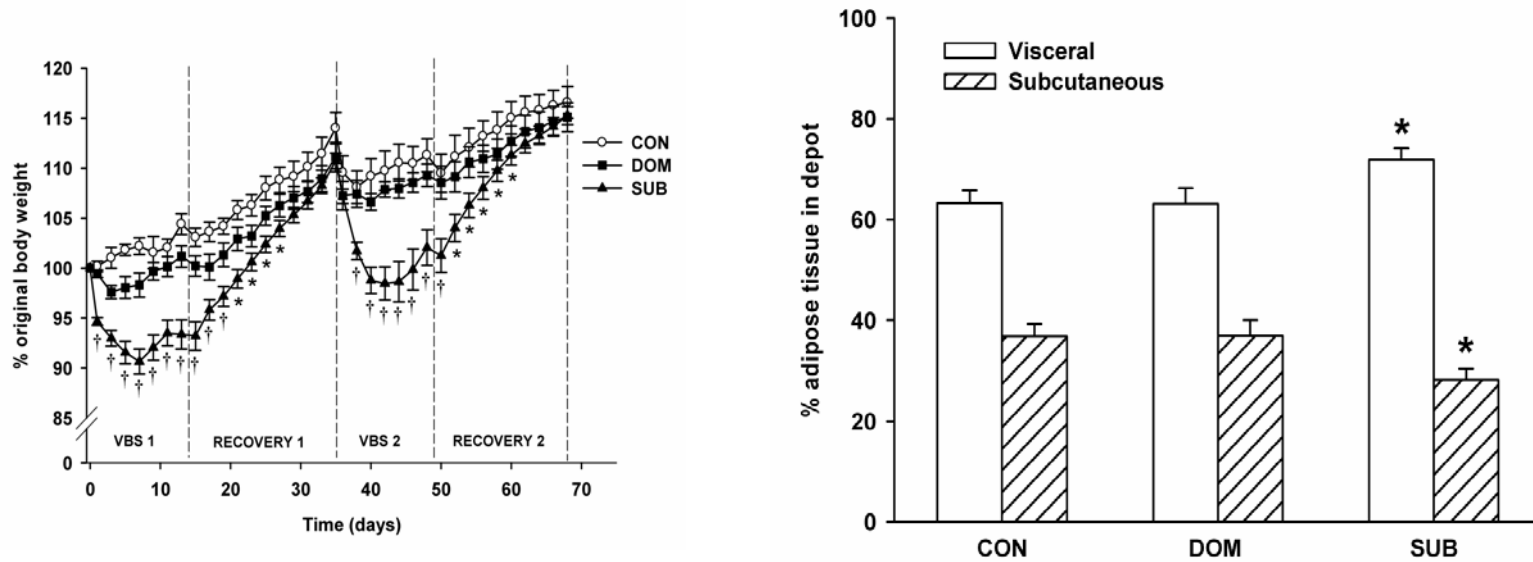
Pizarro et al, Brain Res. 1025:10 (2004)

Prenatal Stress Reduces Neurotrophic Factor Expression in Cortex and Striatum



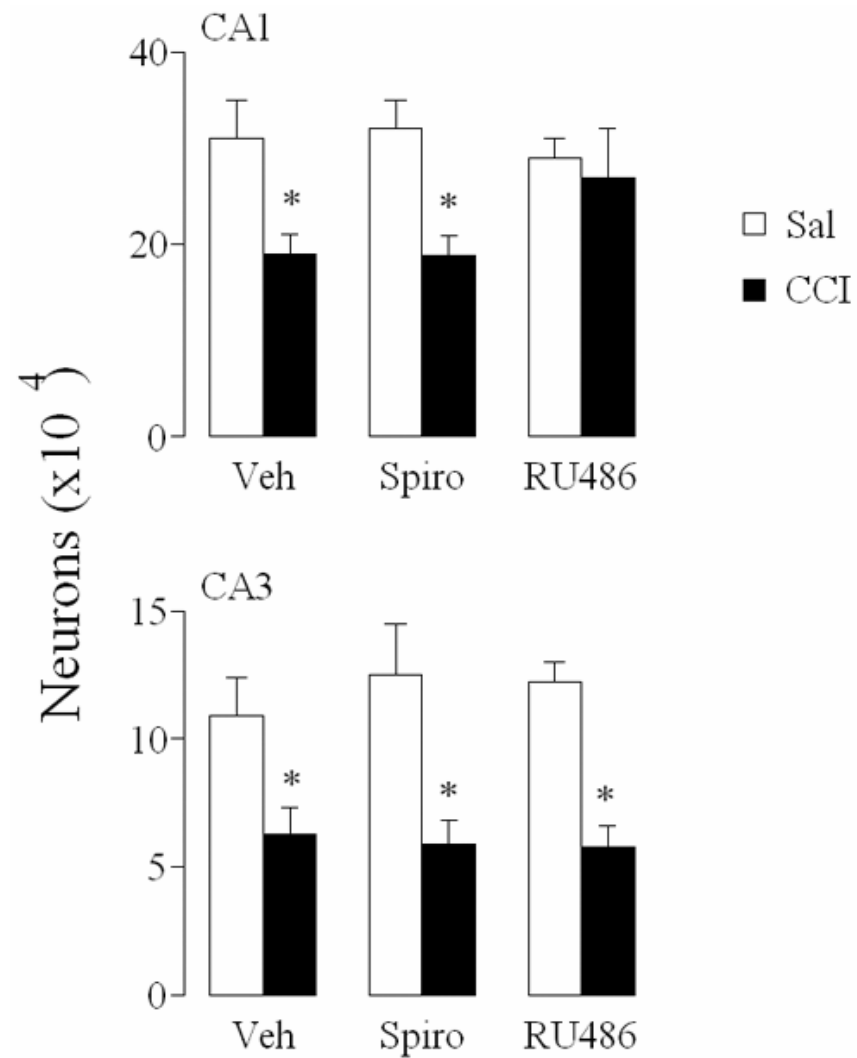
Fumagelli et al, Eur. J. Neurosci 20: 1384 (2004)

Social Stress Increases Abdominal Fat Accumulation (Obesity)



Tamashiro et al., Amer. J. Physiol. 293: R1864 (2007)

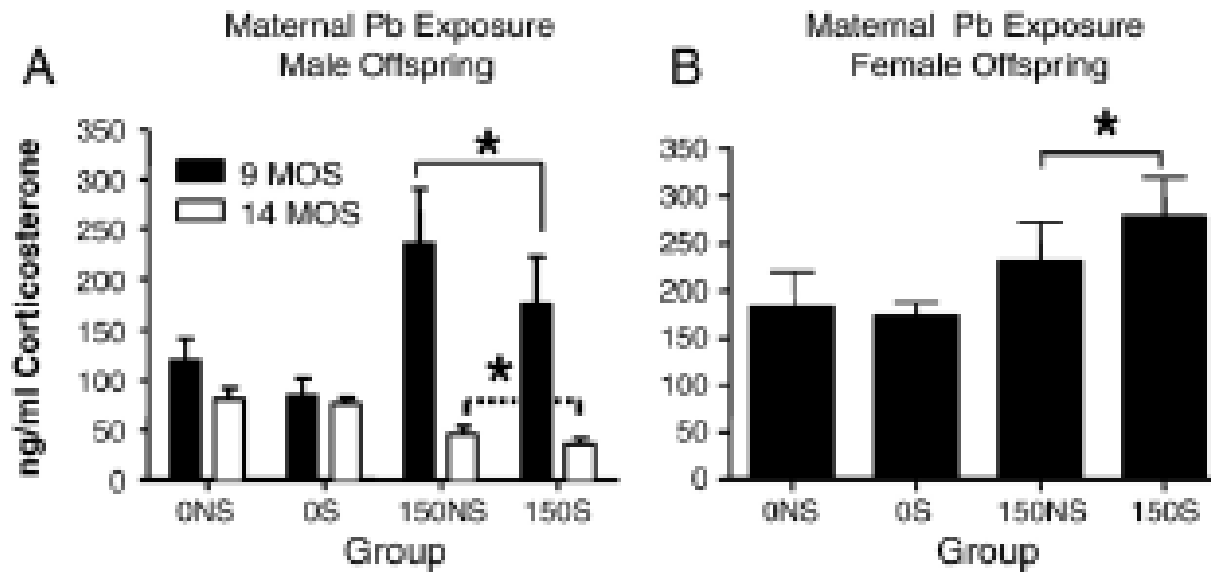
Glucocorticoids Mediate Hippocampal Damage Following Head Trauma



Stress as a Predisposing Factor in Neurodegeneration: Other models

- **Kainate neurotoxicity in hippocampus (epilepsy model)**
- **Infarct size and ischemic cell death (stroke model)**
- **Senescence-related cognitive deficits and neuron loss (aging and Alzheimer's Disease)**

Toxins Alter Stress Axis Function



White et al, Tox. App. Pharm., E-pub

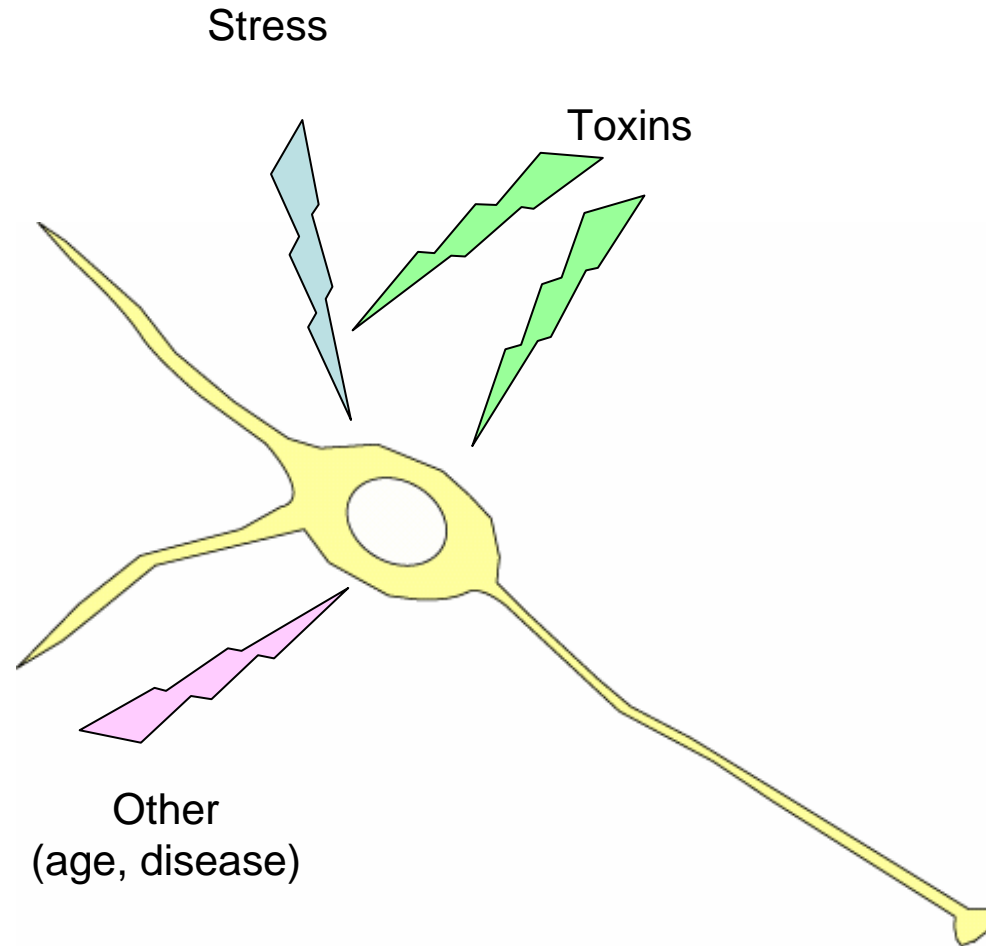
Stress as a Co-morbid Condition? Implications for Toxicology

- **Stress enhances relapse of addictive behaviors (smoking, alcohol, other drugs of abuse)**
- **Social stress promotes abdominal obesity**
- **Prenatal stress interacts with lead exposure to alter brain neurochemistry, behavior and HPA axis drive**
- **Stress: represents one of the 'hits' in the multi-hit hypothesis of toxicity**

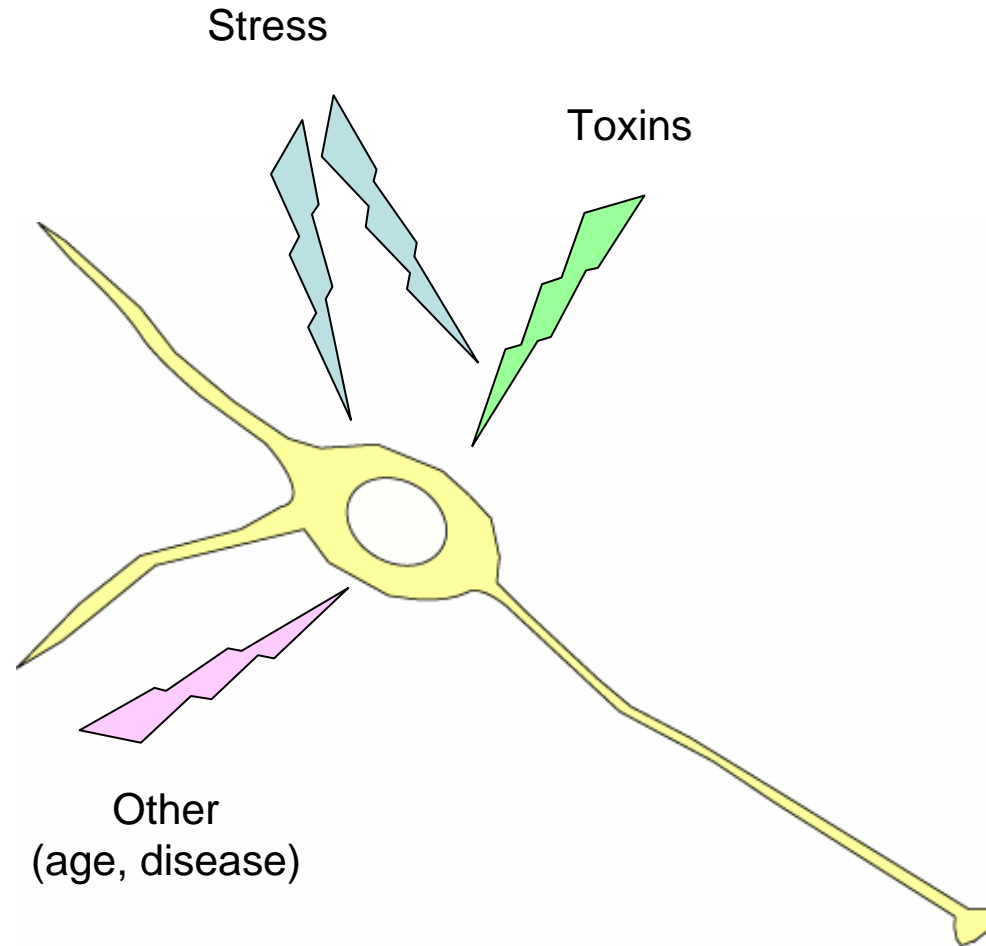
Stress as a Co-morbid Condition? Implications for Risk Assessment

- **Substance abuse and obesity are prevalent in lower SES populations**
- **Lower SES groups have disproportionate exposure to some environmental toxicants (e.g., lead)**
- **Environmental toxicants can modulate glucocorticoid secretion**
- **Glucocorticoids enhance neurotoxic processes**

Stress and Cellular Endangerment



Stress and Cellular Endangerment



Stress and Cellular Endangerment

