

# Beaver Log

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The official newspaper of Acadia National Park

June 2009

Photo by NPS/Sheridan Steele

# Paths into the Past

If all the maintained trails in Acadia National Park were placed end to end, they would stretch from Bar Harbor to Bangor and back again, with 20+ miles of trail left over. These trails connect the park to neighboring towns, travel along grassy meadows and scenic shorelines, skirt rocky cliffs, and climb granite mountains. With a long history and exceptional craftsmanship, Acadia's trail system is one of the finest in the National Park System. Today we're working to maintain the trails for future generations.

Many trails on Mount Desert Island predate the establishment of the park in 1916. Prior to European settlement, the Wabanaki transported their canoes along carry paths connecting ponds and streams with the ocean. In the late 18th and 19th centuries, European settlers created trails for subsistence activities like hunting, logging, and fishing and, later, for early tourism. These trails provided a framework for village improvement associations, whose path committees built and maintained 250 miles of hiking trails in the late 19th and early 20th centuries.

To help finance some of these trails, wealthy summer residents funded memorial paths that honored—and were named for—individuals. One of these paths was built in memory of Waldron Bates, a skilled pathmaker who used stone steps, retaining walls, and other features to create "easy passage through the wonderful rock scenery that had offered in the past almost insurmountable obstacles to ordinary walkers" (Bar Harbor VIA Twentieth Annual Report, 1909). Bates

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The park's first superintendent, George B. Dorr, on the Beachcroft Path. He was a strong supporter of memorial paths.

also standardized the design of rock cairns to mark trails to summits; Bates cairns still line the Gorham Mountain Trail and other east-side trails.

Another skilled pathmaker, Rudolph Ernest Brunnow, focused his path-building efforts on some of the island's most rugged terrain. He designed the park's iconic Precipice Trail, as well as the Beehive Trail, using iron rungs and ladders to lead hikers up steep cliffs otherwise passable only by climbers. Brunnow's trails aren't for the faint-of-heart; with exposed routes and vertical climbs, the trails challenge even experienced hikers.

This high-quality trail work was continued in the 1930s by the Civilian Conservation Corps (CCC). Based in two island camps, CCC workers maintained existing trails, built new trails, and removed trees and shrubs to improve views. You can see their exceptional work along the Ocean Path, Beech Cliff Trail, and Perpendicular Trail.

Today the park works hard to maintain the legacy of yesterday's pathbuilders. In the late 1990s, Friends of Acadia established the Acadia Trails Forever program, making Acadia the first national park with an endowed trail system. With funding from this program and the assistance of many volunteers, Acadia's trail crew ensures that you can follow in the footsteps of the Wabanaki, early settlers, and outdoor enthusiasts of another era as you explore Acadia National Park for yourself.

#### What's in a name?

Acadia's trail crew is replacing some of the signs along the trail system to return to the historic names of trails. Many original names reflect a trail's history, either honoring the person in whose memory the trail was created or reflecting its unique construction. Therefore, Dorr Mountain East Face Trail becomes Emery Path and Schiff Path; Gorge Trail becomes Gorge Path

("path" refers to a highly constructed trail, usually on the east side of the island).

Until maps catch up with this effort, trail names on your maps may be different from the names posted on trail signs. If you have any doubts, ask a park ranger for assistance.

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#### Welcome to Acadia!

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Superintendent Sheridan Steele. Photo by

Hello, and welcome to Acadia National Park. You've chosen a great time to be here. We have lots of exciting things happening in 2009:

- Special events with Friends of Acadia include the First-Time Hiker program on National Trails Day in June and Family Fun Day in July.
- The International Year of Astronomy features programs all summer long and the Acadia Night Sky Festival in September.
- The National Parks: America's Best Idea, a new public television series that prominently features Acadia, will air in the fall.

You'll also notice a flurry of activity as we work to improve park facilities to make your visit safer and more enjoyable.

But there is more to Acadia than these activities. With its scenic location and opportunities for solitude and recreation, Acadia helps us escape. Spending time in the park's natural surroundings is good for us—physically, mentally, and emotionally. We hope you enjoy your experience at Acadia.

-Superintendent Sheridan Steele

### Pages 2-3 Happenings

Find out what's going on this month. See pages 2-3 for details about park closures, fee information, and facilities and services that will help you plan your trip. Learn more about things to do and important tips that will help you have a safe visit.

## Pages 4-6 Programs

Whether you are feeling adventurous and want to explore the park on foot or would rather sit back and relax while you learn, you can find a ranger-led program to suit your interests. Park rangers offer walks, talks, hikes, boat tours, amphitheater programs, and more. Join us on a program today!

### Page 8 Tips

Wondering what's the best time to explore the intertidal zone or watch sunset from Cadillac Mountain? Looking for ideas to help protect the park's plants and animals as you explore? Check out the tide chart, sunrise/ sunset times, and tidepooling tips on page 8.

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# Closures

#### **Road Construction**

Many projects are underway this year to improve the park.

- Through late June, you may encounter delays on the Park Loop Road and Cadillac Mountain Road, and at Blackwoods Campground.
- Large vehicles will be unable to drive up Cadillac Mountain during the day from June 1 to 11, but it will be open to all vehicles for sunset.

#### **Nightly Closures**

To protect park resources, the following areas are closed at dark.

- Bass Harbor Head Lighthouse is closed to visitors and vehicles.
- Carroll Homestead, Lake Wood, and Thompson Island Picnic Area are closed to vehicles.

#### Wildlife Closures

The following closures are in place to protect nesting birds.

- The Precipice, East Face, and Valley Cove Trails are closed until the peregrine chicks leave the nest (usually late summer). Check with rangers for more closures.
- During eagle or seabird nesting season, Schoodic, Sheep Porcupine, Long Porcupine, Bald Porcupine, Rolling, Bar (Somes Sound), Heron, and Thrumcap Islands are closed. Please respect posted closures.

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Acadia National Park protects more than 47,000 acres of granite-domed mountains, woodlands, lakes and ponds, and ocean shoreline, creating striking scenery and diverse habitats. This varied environment combines with a rich cultural history to create unparalleled scientific, educational, and recreational opportunities in a spectacular setting.

#### **Acadia National Park**

P.O. Box 177 Bar Harbor, ME 04609-0177

#### Phone

207-288-3338 - Voice 207-288-8800 - TTY

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acadia\_information@nps.gov

#### Internet

www.nps.gov/acad

EXPERIENCE YOUR AMERICA™

# June Explorations in Acadia

#### Activities

#### Hiking

More than 120 miles of hiking trails offer something for everyone. Pick up a guide to the most popular trails, rated by difficulty, at the visitor center or campgrounds. Always carry a detailed hiking map, available for purchase at the visitor center, for longer hikes.

#### **Junior and Senior Ranger Programs**

Learn about the park while you complete the Junior Ranger Program activities and earn a certificate and patch. A Senior Ranger Program is available for ages 18 and over. Purchase these activity books at park information centers.

#### Ranger-Led Programs

Join us for boat cruises, evening programs, mountain hikes, short talks, and nature walks. For a schedule, see pages 4–6.

#### **Scenic Drives**

Drive 27 miles on the Park Loop Road and Cadillac Mountain Road to view the spectacular scenery of Acadia. Stop to stroll down a path or read a wayside exhibit. A self-guided audio tour of Acadia and the surrounding area, covering 56 miles, is available for purchase at the visitor center.

#### **Swimming**

Ocean temperatures at Sand Beach rarely rise above 55° F (13° C). For warmer water, try Echo Lake on Route 102. Many other ponds and lakes on the island are public water supplies where swimming, wading, and pets are prohibited. Please respect posted regulations.

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Always carry a map on longer hikes. Photo by NPS/Todd M. Edgar.

#### Walking and Biking

More than 45 miles of historic carriage roads are available for exploration by foot, bike, or horseback. Maps and guidebooks are available. Motorized vehicles, except motorized wheelchairs, are prohibited on carriage roads. Horses are not permitted on some sections. Bicycles are not permitted on hiking trails or private carriage roads. Bicycle rentals are available in nearby communities.

Self-guided walks include Carroll Homestead (easy ½ mile), Jordan Pond Nature Trail (easy 1-mile loop), and Sieur de Monts Spring (easy ½-mile loop). An accessible trail atop Cadillac Mountain offers access to a portion of the park's highest summit.

#### **Facilities**

#### **Hulls Cove Visitor Center**

Watch the 15-minute orientation film and plan your visit with a three-dimensional map of the island. Books, maps, and information are available. Open daily 8 a.m. to 4:30 p.m. (Open 8 a.m. to 6 p.m. starting June 21.)

#### Campgrounds

Blackwoods and Seawall Campgrounds are located on Mount Desert Island. Reservations are recommended at Blackwoods from May 1 to October 31 (877-444-6777). Seawall is first-come, first-served. Neither campground has hook-ups. There is no backcountry camping in the park.

#### Museums and More

Islesford Historical Museum: Explore the Cranberry Isles and their people. Accessible by boat from Northeast Harbor or Southwest Harbor. Open daily 9 a.m. to noon and 12:30 to 3:30 p.m. (Open at 10:45 a.m. on Sundays.) Opens June 15.

# Information

Call 911 for all emergencies.

#### Accessibility

The Access Guide, available at the visitor center, lists accessible facilities in the park. Accessible programs are listed on pages 4–6.

#### Island Explorer Shuttles

Fare-free Island Explorer buses operate throughout Mount Desert Island, linking the park to neighboring village centers. By parking your car and riding these propane-powered buses, you help reduce traffic congestion, parking, and air pollution problems on the island. Pick up a copy of the bus schedule at the visitor center. You can also flag down the bus anywhere it is safe to stop along its route. When planning your trip, remember that the Island Explorer does not service Cadillac Mountain. Service begins June 23.

#### Parking

During the summer, the park can be quite congested. Please drive carefully and observe posted signage. Better yet, ride the bus and relax! Parking is only permitted in designated (posted) areas, parking lots, and established roadside pullouts.

Nature Center: Discover Acadia's natural resources and learn how they are protected. Located at Sieur de Monts Spring. Open 9 a.m. to 5 p.m. with a brief closure for lunch. Abbe Museum: Explore the story of Maine's earliest people, from 12,000 years ago to today. The museum is privately operated and charges a nominal fee. Located at Sieur de Monts Spring. Open daily 9 a.m. to 4 p.m. Wild Gardens of Acadia: Investigate native flora in typical habitats. Located at Sieur de Monts Spring.

#### Picnic Areas

Picnic areas are located throughout the park. Charcoal fires are permitted in park-owned or private grills in these areas.

### Parlez-Vous Français?

Une traduction française d'information de parc est disponible au centre d'accueil à Hulls Cove sur la route 3 ou au *park* headquarters sur la route 233. Merci de visiter le parc national d'Acadia

## Sprechen Sie Deutsch?

Parkinformation auf Deutsch finden Sie im Besuchercenter in Hulls Cove an der Strasse #3. Vielen Dank für Ihren Besuch.

#### Pets

Pets must be kept on a six-foot or shorter leash. Except service animals, pets are not permitted on Sand Beach or Echo Lake Beach from May 15 to September 15, in public buildings, or on ladder trails. Kennels are available in nearby towns.

#### Religious Services in the Park

On Sundays Christian Ministry in the National Parks holds services in the park. All are welcome. The schedule is:

8:00 a.m. - Blackwoods Campground

10:00 a.m. - Seawall Campground

 $^1\!\!/_{\!2}$  hour before sunset - Blue Hill Overlook (weather permitting)

#### Size Restrictions

Vehicles taller than 11'8" cannot drive the entire Park Loop Road system. See the park map for bridge heights. Vehicles longer than 20' and trailers are not permitted on Bass Harbor Head Road or the southern end of Schooner Head Road. There is a 35' limit for trailers and vehicles in campgrounds.

# Be Careful Out There!

No one ever plans to get hurt on vacation, but it does happen. Most accidents at Acadia occur while visitors are hiking, biking, exploring the shoreline, and driving. Keep these tips in mind to help ensure a safe visit to the park.

Image removed for faster download. Watch your step. Be prepared: wear sturdy shoes and carry water, a map, first aid kit, and flashlight. Tell someone your plans before you go.

Image removed for faster download. Keep your speed down and be prepared to stop. Road gravel can be loose, especially on curves and hills. Bicycling on the carriage roads is a major cause of visitor injuries.

Image removed for faster download. Be careful while walking near cliff edges and along the shore. Loose gravel and wet rocks create dangerous footing, which can result in serious falls. Stay away from the edge.

Image removed for faster download. Drive safely and wear your seatbelt. The speed limit is 35mph in the park unless otherwise noted. It's easy to get distracted by scenery—pay attention. Do not drink and drive.

Remember that your actions can make the difference between a happy memory and an unpleasant experience!

#### Where Am I?

This marker and two others like it sit approximately 1,530 feet above sea level. Do know where in the park you can find them?

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# Set Sail on an Ocean Adventure!

Check the program schedule on pages 4–6 for ranger-led boat cruises. These three diverse tours provide a whole new way to see the park while hearing the stories of the Maine coast. Once you get back home, visit the eCruise on the park website (www.nps.gov/acad) to recapture the spirit of your journey.

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Participants on the Baker Island Cruise board a skiff for the island. Photo by NPS/Todd M. Edgar.

# Keep Wildlife Wild

Acadia offers many opportunities for observing wildlife. During your visit you may find deer feeding in meadows, songbirds darting through forests of peeling birch trees, and raptors circling high overhead. Because of Acadia's small size and proximity to towns and residential areas, these animals often come in close contact with people. Each of us must do our part to make this contact easier, helping ensure the safety and health of wild animals. When you encounter wildlife, remember these steps:

- Never feed wild animals: This means gulls, too, no matter how persistent they are. Human food can make wildlife ill and create beggar animals that no longer retain a healthy respect of humans.
- Keep your distance: Do not approach wild animals. If you find yourself too close, back away and give them room to escape. Use binoculars to get a close-up view.
- Be careful along roads: Animals often gather near roadsides, especially at dusk and dawn. Pay close attention and lower your speed, allowing them and you a better chance to see each other and avoid an accident.
- Leash your pet: Keep your pet on a six-foot or shorter leash at all times and stay on designated trails or roads. This is for your pet's safety too!
- Store food securely: When camping, store all food, garbage, and cooking equipment in an enclosed vehicle or hard-sided locker whenever you are not present. This precaution helps prevent wild animals from being attracted to your campsite or tent.
- Respect wildlife closures: These closures protect wildlife like nesting peregrines, loons, seabirds, and eagles, which are especially sensitive to disturbance. Intrusion by humans can cause nesting attempts to fail.
- Follow the law: Remember that protecting wildlife in our national parks not only makes good sense, but also it is the law. All national parks have strict regulations concerning the protection of wildlife. When in doubt, ask a park ranger first.

Wild animals live in Acadia National Park. This is their home. Help us do what we can to make it a safer place for them to

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Protect wildlife: Don't feed wild animals, use binoculars for close-up views of wildlife, and keep your dog on a six-foot or shorter leash at all times. Photos by NPS/Todd M. Edgar.

# Where Do Your Fees Go?

The majority of fees paid in Acadia stay right here. The Recreational Fee Demonstration Program, first authorized by Congress in 1996, mandates that 80 percent of fees paid in Acadia stay in the park to be used for projects that *directly* benefit park visitors and resources. Your fees are used for a variety of projects that improve the condition of natural and cultural resources and make the park a safer place for you to visit. Some of these recent and upcoming projects include:

- Island Explorer seasonal public transportation system
- Update Nature Center exhibits
- Construct Schooner Head Path and install signs with historic trail names

Please support these and other projects by buying a park pass at the following locations:

- Sand Beach Entrance Station
- Hulls Cove Visitor Center
- Thompson Island Visitor Center
- Park Headquarters
- Bar Harbor Village Green
- Blackwoods Campground
- Seawall Campground

All visitors who enter the park, regardless of how they enter, must pay an entrance fee. We thank you for your support!

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#### **2009 Fees**

#### Entrance Fees/Passes

- \$10 (off season) / \$20 (in season) entry permit allows for a 7-day visit
- \$40 annual Acadia National Park Pass allows unlimited visits to Acadia for one year from date of purchase

#### National Park Passes

- \$80 Interagency Annual Pass gets you into any federal fee area for one year from date of purchase
- \$10 Interagency Senior Pass allows lifetime access for U.S. citizens who are 62 years or older
- Free Interagency Access Pass allows lifetime access for U.S. citizens with a permanent disability

#### Camping Fees

- Blackwoods Campground:
   Reservations are recommended May
   1 through October 31. The cost is
   \$20 per night per site (in season).
   Call 877-444-6777 or visit
   www.recreation.gov.
- Seawall Campground: First come, first served. Open May 20 to September 30. Drive-up sites \$20 per night. Walk-in sites \$14.

# Ranger-Led Program Descriptions

### Walks, Talks, and Hikes

#### Acadia's Birds (3 hours, easy walk)

Find, identify, and discuss some of Acadia's most fascinating residents. Bring binoculars. Expect motor travel to various points in the park. Make reservations no more than three days in advance at Hulls Cove Visitor Center or by calling 207-288-8832. Ask about accessibility.

#### Animals of Acadia (½–¾ hour, talk)

Find out more about our furred, feathered, and finned friends that call Acadia home. Sieur de Monts Nature Center.



#### At the Summit (1 hour, easy ½-mile walk)

Enjoy the views from atop Cadillac Mountain and gain a new perspective on Acadia's beauty. Cadillac Summit parking area.

#### Beech Cliff Walk (1½ hours, moderate 1-mile walk)

Uncover the wilds of the island's west side as we ramble through lush forests to rocky outcrops and back again. Beech Mountain parking area.

#### Gorham Mountain Hike (2½ hours, moderate 2-mile hike)

Reward yourself with views of Acadia's coastline from the top of a granite mountain. Be prepared for rocky trail conditions. Gorham Mountain parking area.

#### **Green Kingdom** (1½–2 hours, easy 1- to 2-mile walk)

Explore Acadia's wildflowers, trees, and other plant life along a historic carriage road. Eagle Lake parking area (north lot—not boat ramp).



#### Headland Hike (2½ hours, moderate 1½-mile hike)

Hike to a spectacular headland while learning about Acadia's cultural and natural history. Great Head parking area (not Sand Beach parking area).

#### Life Between the Tides (3 hours, moderate 1½-mile walk)

Roll up your sleeves and investigate the fascinating world where ocean meets land. Ship Harbor parking area.

#### Mr. Rockefeller's Bridges (2½ hours, moderate 1½-mile hike)

Follow tree-lined carriage roads to beautiful stone bridges. Parkman Mountain parking area.

#### Otter Point Walk (2 hours, easy to moderate 2-mile hike)

Discover stories of history and nature as you view some of the most striking scenery in the park. Gorham Mountain parking area.

#### Peregrine Watch (variable, talk)

Most days (weather permitting) a ranger or a volunteer will be available with viewing scopes for watching a family of peregrine falcons raising their young for the 19<sup>th</sup> year on Champlain Mountain. Stop by anytime between 9 a.m. and noon. Precipice Trail parking area.

#### Stars Over Sand Beach (1 to 1½ hours, talk)

Discover the wonders of Acadia's night sky. Dress warmly and bring a flashlight and binoculars. On cloudy nights, rangers present a short program on stargazing. Meet on Sand Beach.

#### Written in the Rocks (3 hours, moderate 2-mile hike)

Hike to a dramatic headland for a look at the geologic processes that created Acadia's scenery. Sand Beach parking area.

### Programmes en français

#### Découvrez Acadia! (1½ heures, facile, 1 kilomètre)

Faisons une randonnée guidée au sommet du Mont Cadillac. Apprenez pourquoi les voyageurs du monde entier sont attirés depuis des siècles par cette région. Rendez-vous au stationnement du sommet du Mont Cadillac.

#### Sur la côte rocheuse (1½ heures, facile, 3 kilomètres)

Faisons une promenade sur la partie de la côte la plus pittoresque du parc. On suit le chemin jusqu'à la Pointe Otter, traversant la vieille forêt coniférienne. Rendez-vous au stationnement du Mont Gorham.

### **Evening Amphitheater Programs**

These 1-hour programs take place some evenings at Blackwoods and Seawall Campground amphitheaters. Topics include plants and animals, history, and natural resource issues. Parking areas near the amphitheaters accommodate non-campers. Check campground bulletin boards for a complete listing.

### **Children's Programs**

Children must be accompanied by at least one adult. Reservations are required for all children's programs. Please call 207-288-8832 or stop by Hulls Cove Visitor Center.



#### Acadia Rocks! (1 hour, interactive talk)

What are rocks and minerals made of? How do they form? What kinds of rocks and minerals can you find at Acadia? All ages.



#### Acadia's Amazing Beavers (1 hour, interactive talk)

Learn about cool adaptations of the park's well-known engineer and scuba diver. Get tips on where, when, and how to watch for beavers in Acadia. Ages 12 and under.



#### Fire and Ice (1½ hours, moderate walk)

Read the landscape and discover Acadia's geologic story as we look for clues of the rock cycle, giant rivers of ice, and volcanoes. For children 7 and older.

#### Island's Edge (2 hours, easy ¾-mile walk)

Find out what lives in Acadia's coastal forest and tidepools. For children 5–12.

#### Mountain Mysteries (2 hours, moderate 1-mile hike)

Hike to the top of one of Acadia's mountains and unearth its geologic secrets along the way. Wear closed-toe, non-skid shoes. For children 7–14.

#### Nature's Way (1½ hours, easy walk)

Awaken your senses. Explore one of Acadia's trails and connect with nature through fun activities. For children 4–10.



#### Owl Moon (1 hour, easy)

Learn how owls are designed to survive and hunt in the dark. Enjoy the moon's magic. We will end with a short expedition in search of barred owls. All ages.



### **Boat Cruises**

Park rangers interpret the park from three of the many commercial boats in the area. Make reservations with boat owners. Wear warm clothing. Arrive 15 minutes before departure. Some boat operators run several trips daily. Please ask boat operators about accessibility and trips not listed below.

#### Baker Island Cruise (4½ hours)

Explore a remote, ocean-sculpted island seen by few visitors. Hop aboard a motorized launch for landing and discover the island's unique natural and cultural history on a moderate hike with a park ranger. Harbor Place, 1 West Street, Bar Harbor. Fee: \$43 adults, \$20 children 6-14, \$5 children 5 and under. Reservations: 207-288-2386.

#### Frenchman Bay Cruise (2 hours)

Climb aboard a majestic 151-foot, four-masted schooner in search of wildlife and history. Fee: \$32 adults, \$30 seniors 65 and older, \$22 children under 12. Group rates (15 or more) are \$28 per person. Bar Harbor Inn Pier. Reservations: 207-288-4585.

#### Islesford Historical Cruise (2½ hours)

Discover the enduring connections between people and the sea. Search for wildlife as you cruise to Little Cranberry Island for a stop at the Islesford Historical Museum and explore the scenic fjord of Somes Sound. Municipal Pier, Northeast Harbor. Fee: \$25 adults, \$23 seniors 65 and older, \$15 children under 12, \$5 children under 5. Reservations: 207-276-5352.

# June Ranger-Led Program Schedule

Continued on page 6  $\rightarrow$ 

\* Denotes children's program

Monday, June 1

9 – noon Peregrine Watch 10:00 a.m. Frenchman Bay Cruise 2:00 p.m. Otter Point Walk

Tuesday, June 2

7:00 a.m. Acadia's Birds 9 – noon Peregrine Watch 10:00 a.m. Frenchman Bay Cruise 10:00 a.m. Islesford Historical Cruise 1:00 p.m. Life Between the Tides

Wednesday, June 3

9 – noon Peregrine Watch 9:30 a.m. At the Summit 10:00 a.m. Frenchman Bay Cruise 10:00 a.m. Islesford Historical Cruise 10:30 a.m. Green Kingdom 1:30 p.m. Life Between the Tides

Thursday, June 4

7:00 a.m. Acadia's Birds 9:00 a.m. Animals of Acadia 9 – noon Peregrine Watch 10:00 a.m. Islesford Historical Cruise 10:30 a.m. At the Summit

Friday, June 5

9:00 a.m. Otter Point Walk 9 – noon Peregrine Watch 10:00 a.m. Frenchman Bay Cruise 1:00 p.m. Green Kingdom 2:00 p.m. Headland Hike 3:00 p.m. Animals of Acadia

Saturday, June 6

8:00 a.m. First Time Hiker Program (call 207-288-3338 ext. 0 for details)

9 – noon Peregrine Watch 10:00 a.m. Islesford Historical Cruise 3:00 p.m. Beech Cliff Walk

Sunday, June 7

9 – noon Peregrine Watch 10:00 a.m. Frenchman Bay Cruise 2:00 p.m. Otter Point Walk 3:00 p.m. At the Summit

Monday, June 8

8:45 a.m. Mr. Rockefeller's Bridges 9 – noon Peregrine Watch 9:00 a.m. Written in the Rocks 10:00 a.m. Frenchman Bay Cruise 10:00 a.m. Islesford Historical Cruise 10:30 a.m. At the Summit 8:30 p.m. Owl Moon\*

Tuesday, June 9

9 – noon Peregrine Watch 9:30 a.m. At the Summit 10:00 a.m. Frenchman Bay Cruise 10:00 a.m. Islesford Historical Cruise 2:00 p.m. Animals of Acadia 2:00 p.m. Gorham Mountain Hike

Wednesday, June 10

9 – noon Peregrine Watch 10:00 a.m. Frenchman Bay Cruise 10:00 a.m. Islesford Historical Cruise 2:00 p.m. Otter Point Walk 3:00 p.m. Green Kingdom 3:30 p.m. Animals of Acadia 4:00 p.m. At the Summit

Thursday, June 11

8:45 a.m. Mr. Rockefeller's Bridges 9 – noon Peregrine Watch 10:00 a.m. Islesford Historical Cruise 11:00 a.m. At the Summit 2:00 p.m. Gorham Mountain Hike 3:00 p.m. Green Kingdom

Friday, June 12

9 – noon Peregrine Watch 9:30 a.m. Written in the Rocks 10:00 a.m. Frenchman Bay Cruise 1:00 p.m. Green Kingdom 3:00 p.m. Beech Cliff Walk 3:30 p.m. Animals of Acadia

Saturday, June 13

9 – noon Peregrine Watch 10:00 a.m. Frenchman Bay Cruise 10:00 a.m. Islesford Historical Cruise 2:00 p.m. Animals of Acadia 3:00 p.m. Otter Point Walk

Sunday, June 14

9 – noon Peregrine Watch 10:00 a.m. Frenchman Bay Cruise 11:00 a.m. Green Kingdom 2:30 p.m. Beech Cliff Walk 3:00 p.m. At the Summit

Monday, June 15

9:00 a.m. Island's Edge\* 9 – noon Peregrine Watch 9:30 a.m. Life Between the Tides 10:00 a.m. Frenchman Bay Cruise 10:00 a.m. Islesford Historical Cruise 10:30 a.m. Otter Point Walk 1:30 p.m. Acadia's Amazing Beavers\* 2:00 p.m. Green Kingdom 3:30 p.m. Animals of Acadia

Tuesday, June 16

8:45 a.m. Baker Island Cruise 9 – noon Peregrine Watch 9:30 a.m. Island's Edge\* 9:30 a.m. Written in the Rocks 10:00 a.m. Frenchman Bay Cruise 10:00 a.m. Islesford Historical Cruise 10:30 a.m. Animals of Acadia 1:00 p.m. Green Kingdom 1:30 p.m. Acadia's Amazing Beavers\*

2:00 p.m. Gorham Mountain Hike 4:00 p.m. Otter Point Walk 9:30 p.m. Stars Over Sand Beach

Wednesday, June 17 7:00 a.m. Acadia's Birds

8:45 a.m. Baker Island Cruise 9 – noon Peregrine Watch 9:30 a.m. Headland Hike 10:00 a.m. Fire and Ice\* 10:00 a.m. Frenchman Bay Cruise 10:00 a.m. Islesford Historical Cruise 10:30 a.m. Island's Edge\*

11:00 a.m. At the Summit 4:00 p.m. At the Summit

Thursday, June 18

8:45 a.m. Mr. Rockefeller's Bridges 9 – noon Peregrine Watch 9:30 a.m. Nature's Way\* 10:00 a.m. Islesford Historical Cruise 10:30 a.m. Animals of Acadia 11:30 a.m. Island's Edge\* 1:00 p.m. Green Kingdom 2:00 p.m. Otter Point Walk 2:30 p.m. Beech Cliff Walk 5:00 p.m. At the Summit 9:30 p.m. Stars Over Sand Beach

Friday, June 19

8:45 a.m. Baker Island Cruise 9:00 a.m. Mountain Mysteries\* 9 – noon Peregrine Watch 9:30 a.m. Written in the Rocks 10:00 a.m. Green Kingdom 10:00 a.m. Islesford Historical Cruise Friday, June 19 (continued)

12 noon Island's Edge\* 1:00 p.m. Life Between the Tides 2:00 p.m. Gorham Mountain Hike 3:00 p.m. Animals of Acadia

Saturday, June 20

No programs today due to ranger training

Sunday, June 21

9 – noon Peregrine Watch 10:00 a.m. Acadia Rocks!\* 10:00 a.m. Frenchman Bay Cruise 10:00 a.m. Islesford Historical Cruise 1:00 p.m. Green Kingdom 2:00 p.m. Acadia Rocks!\* 2:30 p.m. Life Between the Tides 3:00 p.m. Beech Cliff Walk 4:00 p.m. At the Summit

9:00 p.m. Evening Program-Blackwoods Campground

Monday, June 22

9:00 a.m. Gorham Mountain Hike 9 – noon Peregrine Watch 9:30 a.m. Nature's Way\* 10:00 a.m. Fire and Ice\* 10:00 a.m. Frenchman Bay Cruise 10:00 a.m. Islesford Historical Cruise 10:30 a.m. Otter Point Walk 2:00 p.m. Green Kingdom 4:00 p.m. At the Summit

9:00 p.m. Evening Program-Blackwoods Campground

Tuesday, June 23

8:45 a.m. Baker Island Cruise 9 – noon Peregrine Watch 9:30 a.m. Headland Hike 10:00 a.m. Fire and Ice\* 10:00 a.m. Frenchman Bay Cruise 10:00 a.m. Islesford Historical Cruise 11:00 a.m. Green Kingdom 1:30 p.m. Acadia's Amazing Beavers\*

2:00 p.m. At the Summit 3:00 p.m. Animals of Acadia 3:00 p.m. Beech Cliff Walk 4:00 p.m. Otter Point Walk

9:00 p.m. Evening Program-Blackwoods Campground

9:30 p.m. Stars Over Sand Beach

Wednesday, June 24 8:45 a.m. Baker Island Cruise

8:45 a.m. Mr. Rockefeller's Bridges 9:00 a.m. Mountain Mysteries\* 9 – noon Peregrine Watch 10:00 a.m. Frenchman Bay Cruise 10:00 a.m. Islesford Historical Cruise 10:30 a.m. At the Summit 1:30 p.m. Acadia's Amazing Beavers\* 3:00 p.m. At the Summit 3:00 p.m. Gorham Mountain Hike

9:00 p.m. Evening Program-Blackwoods Campground

Thursday, June 25

7:00 a.m. Acadia's Birds 8:45 a.m. Mr. Rockefeller's Bridges 9 – noon Peregrine Watch 9:30 a.m. Headland Hike 9:30 a.m. Nature's Way\* 10:00 a.m. Fire and Ice\* 10:00 a.m. Frenchman Bay Cruise 10:00 a.m. Islesford Historical Cruise 11:00 a.m. Green Kingdom

2:00 p.m. Animals of Acadia 2:00 p.m. Otter Point Hike 3:00 p.m. Découvrez Acadia!

9:00 p.m. Evening Program-Blackwoods Campground

9:30 p.m. Stars Over Sand Beach

Schedule continues on page 6 →

#### **Program Locations**

Beech Mountain parking area – Southern end of Beech Hill Road off Route 102 **Blackwoods Campground** – Route 3 south of Otter Creek Cadillac Summit parking area – Top of Cadillac Mountain **Eagle Lake parking area** – Route 233 west of Bar Harbor (north lot—not boat ramp) **Gorham Mountain parking area** – Park Loop Road south of Sand Beach

**Great Head parking area** – Southern end of Schooner Head Road

Parkman Mountain parking area – Route 3/198 north of Northeast Harbor Precipice Trail parking area – Park Loop Road south of Sieur de Monts Spring **Sand Beach parking area** – Park Loop Road south of Entrance Station **Seawall Campground** – Route 102A south of Southwest Harbor Ship Harbor parking area - Route 102A east of Bass Harbor Sieur de Monts Nature Center – Route 3 at Sieur de Monts entrance to Park Loop Road

# June Ranger-Led Program Schedule

**Continued from page 5** 

\* Denotes children's program

#### Friday, June 26

8:45 a.m. Baker Island Cruise
9:00 a.m. Mountain Mysteries\*
9 – noon Peregrine Watch
10:00 a.m. Frenchman Bay Cruise
10:30 a.m. Islesford Historical Cruise
10:30 a.m. At the Summit
10:30 a.m. Sur la côte rocheuse
1:30 p.m. Acadia's Amazing Beavers\*
2:30 p.m. Green Kingdom

3:00 p.m. Animals of Acadia

4:00 p.m. Beech Cliff Walk9:00 p.m. Evening Program-Blackwoods Campground9:00 p.m. Evening Program-Seawall Campground

#### Saturday, June 27

7:00 a.m. Acadia's Birds
8:45 a.m. Baker Island Cruise
9:00 a.m. Mountain Mysteries\*
9 – noon Peregrine Watch
9:30 a.m. Written in the Rocks
10:00 a.m. Frenchman Bay Cruise
10:00 a.m. Islesford Historical Cruise
2:00 p.m. Animals of Acadia
3:00 p.m. Otter Point Walk

9:00 p.m. Evening Program-Blackwoods Campground 9:00 p.m. Evening Program-Seawall Campground

#### Sunday, June 28

9 – noon Peregrine Watch
10:00 a.m. Acadia Rocks!\*
10:00 a.m. Frenchman Bay Cruise
10:00 a.m. Islesford Historical Cruise
1:00 p.m. Green Kingdom
2:00 p.m. Acadia Rocks!\*
2:30 p.m. Otter Point Walk

4:00 p.m. At the Summit 9:00 p.m. Evening Program-Blackwoods Campground 9:00 p.m. Evening Program-Seawall Campground

#### Monday, June 29

7:00 a.m. Acadia's Birds
9:00 a.m. Island's Edge\*
9 – noon Peregrine Watch
9:30 a.m. Headland Hike
10:00 a.m. Fire and Ice\*
10:00 a.m. Frenchman Bay Cruise
10:00 a.m. Islesford Historical Cruise
11:00 a.m. Beech Cliff Walk
3:00 p.m. Green Kingdom

4:00 p.m. At the Summit9:00 p.m. Evening Program-Blackwoods Campground9:00 p.m. Evening Program-Seawall Campground

#### Tuesday, June 30

8:45 a.m. Baker Island Cruise
9 – noon Peregrine Watch
9:30 a.m. Gorham Mountain Hike
9:30 a.m. Nature's Way\*
10:00 a.m. Frenchman Bay Cruise
10:00 a.m. Island's Edge\*
10:00 a.m. Islesford Historical Cruise
11:00 a.m. Beech Cliff Walk
2:00 p.m. At the Summit
2:30 p.m. Animals of Acadia
3:00 p.m. Découvrez Acadia!

4:00 p.m. Otter Point Walk9:00 p.m. Evening Program-Blackwoods Campground9:00 p.m. Evening Program-Seawall Campground

9:30 p.m. Stars Over Sand Beach

#### **Program Reminders**

- Contact park staff regarding accessible facilities, services, and programs. Assistive listening devices for park programs are available by reservation (dial 207-288-3338 and press "0").
- Allow ample time to arrive safely at ranger-led programs.
- Do not bring pets on ranger-led programs or to amphitheaters.
- Carry water and wear appropriate clothing and footwear on hikes.
- Please escort your children on organized walks and hikes. Parents are responsible for the safety and behavior of their children. If you have young children, consider participating in children's programs, marked with an "\*" in the program schedule.
- Reservations are required for most children's programs. Make reservations at Hulls Cove Visitor Center by calling 207-288-8832 or stopping by between 8 a.m and 4:30 p.m. (Open 8 a.m. to 6 p.m. starting June 21.)

#### **Peregrine Watch**

Since 1991, Acadia has been the home of several pairs of nesting peregrine falcons, which have produced almost 90 chicks. These majestic birds are a symbol of survival and triumph in Acadia and elsewhere, and an Endangered Species Act success story.

The cliffs of Champlain Mountain are home to one of Acadia's nesting pairs. Join a ranger or volunteer for Peregrine Watch, offered most days in June, weather permitting, from 9 a.m. to noon at the Precipice Trail parking area. Use viewing scopes to check out activity on the cliff, learn about field-identifying marks and behavior, and hear how you can promote the conservation of peregrine falcons.

Please be aware that the Precipice Wall, Valley Cove Wall, and Beech Cliffs areas are closed until the peregrine chicks mature and leave the nest (usually in late summer). Other areas may be closed; check with rangers for details. Also, see *Park Closures* (page 2) for specific trail and other closures during your visit.

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Peregrine chick. Photo by NPS/Todd M. Edgar

# More to See and Do in Maine

While Acadia National Park might be the best-known National Park Service site in Maine, it's not the only one. Can you name the others? Five other areas have ties to the National Park Service—Saint Croix International Historic Site, Maine Acadian Culture Preservation Project, Appalachian National Scenic Trail, Roosevelt Campobello International Park, and Allagash Wilderness Waterway. Both Saint Croix Island and Maine Acadian Culture are closely linked to Acadia National Park and offer great opportunities for exploring history and culture in Maine.

Saint Croix Island International Historic Site, located along the St. Croix River near Calais, Maine, commemorates one of the earliest European settlements in North America. In 1604, members of a French expedition led by Pierre Dugua, Sieur de Mons, settled Saint Croix Island. Seventy-nine members of the expedition, including Samuel Champlain, passed the severe winter of 1604–1605 on the island. Despite the assistance of the Passamaquoddy people, who traded game for bread, thirty-five settlers died of scurvy, malnutrition, and exposure. In summer 1605, the survivors left the island and founded the settlement of Port Royal, Nova Scotia. From Saint Croix Island—and the hard lessons learned—grew an enduring French presence on this continent.

Today you can visit Saint Croix Island International Historic Site, a 3½-hour drive from Acadia on U.S. 1. On the mainland, you will find an interpretive trail with exhibits and bronze figures that tell the story of the French colonists and Passamaquoddy who lived in the area at the time. From mid-June through mid-September, park rangers offer short talks about the history of the settlement; kids can complete the site's new Junior Ranger program. Restrooms and a picnic area are also available. Visits to the island are not encouraged due to its fragile nature. www.nps.gov/sacr

The Maine Acadian Culture Preservation Project is an effort by the National Park Service to assist in conserving the Acadian culture in northern Maine's St. John Valley. Maine Acadians trace their heritage back to descendents of early settlers of the St. John Valley in the 1780s; they are bound by ties to family, religion, land, and the French language.

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(Top) Visitors enjoy the interpretive trail at Saint Croix International Historic Site. Photo by NPS/Meg Scheid. (Bottom) Evangeline is a heroine of the French Acadians. Photo by NPS/Todd M. Edgar.

The National Park Service supports the Maine Acadian Heritage Council, a non-profit organization composed of historical societies, cultural clubs, towns, and museums working together to preserve Maine Acadian culture. These organizations operate a number of different cultural attractions, which are open to visitors from mid-June to early September. At these sites you can explore Maine Acadian Culture for yourself. The St. John Valley is approximately five hours north of Bar Harbor along the St. John River, which forms the northern border between Maine and New Brunswick. www.nps.gov/maac

# Learn More

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The visitor center bookstore offers the largest collection of sales items in the park. Photo by NPS/Todd M. Edgar.

Looking for a guide to plants? Trying to find something to keep your kids occupied on a rainy day? Eastern National bookstores carry a wide variety of educational items, including books, maps, videos, notecards, and more. Bookstores are located at Hulls Cove Visitor Center, Sieur de Monts Nature Center, Park Headquarters Information Center, Blackwoods and Seawall Campgrounds, and the Islesford Historical Museum.

Eastern National is a nonprofit agency that provides quality educational products and services to America's national parks and other public trusts. Eastern National's contributions have benefited parks and visitors by supporting research, educational, and interpretive projects. Joining Eastern National supports your parks and gives you 15% off merchandise in any Eastern National store. Pick up an application at the visitor center or for more information, visit www.easternnational.org. Teachers also receive a 15% discount with proof of occupation.

# Support the Park

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Friends of Acadia is a private, nonprofit organization dedicated to ensuring the long-term protection of the natural and cultural resources of Acadia National Park and its region. To meet this mission, Friends of Acadia channels private donations to conservation and historic preservation projects in the park, monitors planning and legislative activities affecting Acadia, and sponsors volunteer groups in Acadia.

For more information about Friends of Acadia, please contact:

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Friends of Acadia P.O. Box 45 Bar Harbor, ME 04609 800-625-0321 / 207-288-3340 www.friendsofacadia.org

Friends of Acadia provides support for programs like Peregrine Watch. Photo by NPS/Todd M. Edgar.

# Enhance Your Visit

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Enjoy two Acadia traditions: popovers at the Jordan Pond House and horse-drawn carriage rides. Photos by NPS/Todd M. Edgar and NPS/Lauren Labrie. Park concessions provide a variety of services to visitors throughout the National Park System. Four concessioners operate here in Acadia.

The Acadia Corporation operates shops at Cadillac Mountain, Thunder Hole, and Jordan Pond. Visit the Jordan Pond House (207-276-3316) for tea and popovers on the lawn, a tradition since the late 19th century, or a full lunch or dinner.

Carriages of Acadia, Inc. (877-276-3622), the new concessioner at Wildwood Stables, offers narrated tours of the park's historic carriage roads on horse-drawn carriages. New features this year include a longer operating season (June 6–October 18), pre-tour demonstrations with draft horses, and smaller carriages. Private tours and stabling for your personal horse are also available.

Two companies offer narrated bus tours of the park—perfect if you wish to sit back and relax as you learn. Both tours begin and end in Bar Harbor and include a stop on Cadillac Mountain, and other popular sights. Reservations recommended.

- National Park Tours (207-288-0300) offers 2½-hour tours.
- Oli's Trolley (207-288-9899) offers both 1-hour and 2½-hour tours.

# Lend a Hand: Volunteer!

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Volunteers make valuable contributions to communities, organizations, and individuals throughout the country. National Park Service (NPS) volunteers come from all over to help preserve and protect America's natural and cultural heritage for the enjoyment of this and future generations. They contribute the time and expertise that help Acadia achieve the NPS mission.

Volunteers at Acadia meet each Tuesday, Thursday, and Saturday through mid-October, weather permitting, from 8:30 a.m. until 12:30 p.m. During that time, they perform much-needed tasks that help park staff maintain trails and carriage roads. If you are willing to cut back some vegetation or help clear a drain, call 207-288-3934 or 207-288-3340 for more information.

Annual volunteer events at Acadia include:

- National Trails Day on the first Saturday in June (06/06/09)
- Take Pride in Acadia Day on the first Saturday in November (11/07/09)
- Earth Day Roadside Cleanup on the last Saturday in April (04/24/10)

For more information about these events, visit www.friendsofacadia.org. For volunteer opportunities at other NPS sites, visit www.nps.gov/volunteer.

# The Local's Perspective

Get an insider's view of the park through the works of writers, photographers, and artists who call Mount Desert Island home. You can pick up a copy of these books at the visitor center and park headquarters.

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Explore images of Acadia through the eyes of painter Phyllis Rees in her book, *Intimate Views*. The book includes more than twenty of her extraordinary paintings designed to be, in her words, "not literal representations of the locations, but visual poems about them."

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*Discovering Acadia* takes the reader on a journey through the park. Explore the area's geology, wildlife, history, and more through stories and beautiful photographs.

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These pocket-sized books offer a glimpse into the natural history of the park. Explore popular and hidden park trails, and learn about the native species that make their homes in Acadia.

Volunteers work on the Schooner Head Path. Photo by NPS/Karen Lanier.

### **Help Us Revegetate!**

Park staff have finished replanting areas affected by recent construction at Blackwoods Campground. You have an important role to play in making this revegetation project a success.

- Areas where native plants
   are planted will be roped off
   and signed to indicate what's
   happening there. Small trees and
   shrubs will be mulched with wood
   chips. Please don't walk through
   these areas or damage new or
   existing plants or trees.
- Stay on designated paths at Blackwoods Campground. Taking shortcuts kills plants.

# Remember: Plants grow by the inch and die by the foot!

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# Protect Your Park: Leave No Trace

You are the park's biggest ally in protecting Acadia's vulnerable natural and cultural resources. Leave No Trace (LNT) principles can guide you down the path to protection. Leave No Trace is about attitude and ethics. It's about taking personal responsibility to respect and care for our limited wildland resources and the experiences of other outdoor enthusiasts. Once you commit to following these LNT principles, you will know you are doing your best to become a good steward of our park lands.

Plan Ahead and Prepare: Once you make a plan, learn the local regulations and be prepared for your adventure. Bring a map, food and water, and anything else you'll need. Ride the propane-powered Island Explorer shuttle bus to your destination (service begins June 23).

**Travel and Camp on Durable Surfaces**: Stay on trails and durable surfaces like bare granite to protect fragile plant life. Camp in designated campgrounds only. Do not swim in bodies of water marked as water supplies.

**Dispose of Waste Properly**: Pack it in; pack it out. Carry out anything you brought into the park. Better yet, carry out any litter you find, too!

Leave What You Find: Removing natural and historic objects like beach cobbles, flowers, marine life, and antlers not only destroys natural resources, but also is illegal. Cairns, or trail markers, are carefully maintained by the park; please do not add to or remove them.

**Minimize Fire Impacts**: Fires are permitted only in designated locations, such as campgrounds and picnic areas.

**Respect Wildlife**: Don't approach or feed wild animals; our food makes them sick. Learn more on page 3.

Be Considerate: Pay attention to others. Keep your dog on a leash, let natural sounds prevail, and limit your group size.

You can learn more about these Leave No Trace principles on the park website at www.nps.gov/acad/supportyourpark/leavenotrace.htm. Remember, we can't do it without you!

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#### Waste in the Environment

If you leave litter behind, how long does it take to break down? You might be surprised.

Source: U.S. National Park Service; Mote Marine Lab, Sarasota, FL

#### June 2009 Tide/Sunrise/Sunset Chart Low Tide High Tide **Date AM PM** AM PM Sunrise Sunset Moon 1 6:10 6:45 12:01 4:52 8:10 Mon. 12:27 7:42 1:05 Tue. 7:14 1:25 4:51 8:11 3 8:14 8:37 2:05 4:51 Wed. 2:21 8:12 Thu. 9:11 9:27 3:01 3:13 4:50 8:13 5 Fri. 10:03 10:13 3:53 4:02 4:50 8:13 6 Sat. 10:50 10:56 4:40 4:47 4:49 8:14 7 11:33 11:37 5:23 5:29 4:49 8:15 Full Sun. Mon. 12:13 6:04 6:09 4:49 8:15 12:16 12:52 6:43 6:48 4:49 8:16 Tue. 10 Wed 12:54 1:30 7:21 7:27 4:48 8:17 2:09 7:59 11 Thu. 1:33 8:07 4:48 8:17 2:48 12 Fri. 2:12 8:37 8:48 4:48 8:18 13 Sat. 2:54 3:28 9:17 9:32 4:48 8:18 Sun. 3:37 4:11 9:57 10:18 4:48 8:19 15 Mon. 4:23 4:55 10:40 11:08 4:48 8:19 3rd Otr. 16 5:42 11:26 4:48 8:19 Tue. 5:12 6:06 6:32 12:01 12:15 4:48 8:20 7:02 18 7:25 12:56 1:08 4:48 8:20 Thu. 8:01 8:19 1:53 4:48 19 Fri. 2:02 8:20 20 8:59 Sat. 9:14 2:50 2:58 4:48 8:21 21 Sun. 9:55 10:08 3:45 3:54 4:49 8:21 22 Mon. 10:50 11:03 4:40 4:49 4:49 8:21 New 23 4:49 Tue. 11:45 11:57 5:34 5:44 8:21 24 Wed 12:39 6:40 4:49 8:21 6:27 25 Thu. 12:52 1:33 7:20 7:37 4:50 8:21 26 Fri. 1:48 2:28 8:14 8:35 4:50 8:21 2:46 3:24 9:09 9:35 4:51 27 Sat. 8:21 28 Sun. 3:44 4:21 10:04 10:36 4:51 8:21 29 Mon. 4:44 5:18 11:01 11:38 4:51 8:21 1st Qtr. 30 5:46 6:16 11:58 4:52 8:21 Tue.

Sources: National Oceanic and Atmospheric Administration (tides) and U.S. Naval Observatory (sunrise/sunset). Both tide and sunrise/sunset times are for Bar Harbor. Adjustments for other locations or elevations may be necessary.

# Tidepool Tips

The zone where ocean meets land—the intertidal zone—is one of the most fascinating areas in Acadia. Here you can see creatures with amazing survival skills that allow them to stay alive when, twice each day, the tide leaves them exposed. These marine organisms are not indestructible, however. Our careless handling and footsteps can do damage that the changing tides cannot. As you explore the intertidal zone, keep in mind these tips for your safety and for the protection of marine life:

- Do not wade or sit in tidepools.
- Rocks and algae are slippery. Watch your step. Use your arms to brace yourself.
- Never turn your back on the ocean: rogue waves can occur at any time.
- Wear suitable clothing and closed-toe shoes.
- Be patient. Take time to be still and watch; you'll be surprised at the activity you see.
- $\bullet$  Sea creatures live everywhere. Be careful where you place your feet.
- If you move animals or rocks, return them to the same spot.
- Do not pry animals from rocks; you may injure them in the process.
- Recover animals you find under rocks or seaweed so they won't dry out.
- All living creatures are protected in the park. Take only pictures.

#### Answer to Where Am I? (page 3)

At 1,530 feet, Cadillac Mountain is the tallest mountain on the eastern coast of the United States. These survey markers were placed by the U.S. Geologic Survey and its predecessors to mark the summit of Cadillac Mountain. The earliest was placed in 1856; the most recent in 1975. Only one marker is at the true summit, found behind the Cadillac Summit Center.

If you explore off the trail, make sure you stay on durable bedrock surfaces to protect fragile summit plants.

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