**No Leisure-Time Physical Activity Prevalence Statistics by Metropolitan Area —
United States, SMART BRFSS 2006**

Metropolitan Area[a]	No Leisure-Time Physical Activity[b]	
	%[c]	95% CI[d]
Northeast		
Allentown-Bethlehem-Easton, PA-NJ Metropolitan Statistical Area	22.0	(17.2 - 27.7)
Atlantic City, NJ Metropolitan Statistical Area	26.8	(22.4 - 31.7)
Barre, VT Micropolitan Statistical Area	17.8	(14.8 - 21.3)
Boston-Quincy, MA Metropolitan Division	21.4	(19.2 - 23.7)
Bridgeport-Stamford-Norwalk, CT Metropolitan Statistical Area	19.0	(17.0 - 21.3)
Burlington-South Burlington, VT Metropolitan Statistical Area	15.6	(13.9 - 17.5)
Cambridge-Newton-Framingham, MA Metropolitan Division	19.0	(16.7 - 21.4)
Camden, NJ Metropolitan Division	27.4	(24.6 - 30.3)
Concord, NH Micropolitan Statistical Area	18.2	(14.9 - 22.0)
Edison, NJ Metropolitan Division	24.3	(22.3 - 26.4)
Essex County, MA Metropolitan Division	23.5	(20.3 - 27.1)
Hartford-West Hartford-East Hartford, CT Metropolitan Statistical Area	18.3	(16.6 - 20.1)
Keene, NH Micropolitan Statistical Area	21.2	(17.1 - 26.0)
Lebanon, NH-VT Micropolitan Statistical Area	18.5	(16.2 - 21.0)
Manchester-Nashua, NH Metropolitan Statistical Area	19.4	(17.1 - 21.9)
Nassau-Suffolk, NY Metropolitan Division	21.9	(18.2 - 26.0)
Newark-Union, NJ-PA Metropolitan Division	27.9	(25.5 - 30.5)
New Haven-Milford, CT Metropolitan Statistical Area	22.5	(20.3 - 24.9)
New York-White Plains-Wayne, NY-NJ Metropolitan Division	29.3	(27.2 - 31.5)
Norwich-New London, CT Metropolitan Statistical Area	17.3	(14.0 - 21.0)
Ocean City, NJ Metropolitan Statistical Area	22.1	(17.9 - 26.9)
Philadelphia, PA Metropolitan Division	25.7	(22.2 - 29.6)
Pittsburgh, PA Metropolitan Statistical Area	23.2	(20.5 - 26.2)
Portland-South Portland-Biddeford, ME Metropolitan Statistical Area	18.7	(16.3 - 21.4)
Providence-New Bedford-Fall River, RI-MA Metropolitan Statistical Area	24.9	(23.4 - 26.4)
Rockingham County-Strafford County, NH Metropolitan Division	19.6	(17.4 - 21.9)
Rutland, VT Micropolitan Statistical Area	18.6	(15.6 - 22.1)
Scranton--Wilkes-Barre, PA Metropolitan Statistical Area	24.4	(20.6 - 28.6)
Springfield, MA Metropolitan Statistical Area	23.9	(20.7 - 27.5)
Trenton-Ewing, NJ Metropolitan Statistical Area	21.4	(17.4 - 26.0)
Worcester, MA Metropolitan Statistical Area	20.7	(18.2 - 23.4)
South		
Asheville, NC Metropolitan Statistical Area	24.0	(19.5 - 29.2)
Atlanta-Sandy Springs-Marietta, GA Metropolitan Statistical Area	21.0	(19.1 - 23.1)
Augusta-Richmond County, GA-SC Metropolitan Statistical Area	26.9	(23.2 - 30.8)
Austin-Round Rock, TX Metropolitan Statistical Area	21.6	(17.1 - 26.8)
Baltimore-Towson, MD Metropolitan Statistical Area	23.5	(21.7 - 25.4)
Baton Rouge, LA Metropolitan Statistical Area	30.1	(26.9 - 33.5)
Bethesda-Gaithersburg-Frederick, MD Metropolitan Division	18.6	(16.1 - 21.4)
Birmingham-Hoover, AL Metropolitan Statistical Area	26.0	(22.7 - 29.5)
Charleston, WV Metropolitan Statistical Area	23.1	(19.7 - 26.8)
Charleston-North Charleston, SC Metropolitan Statistical Area	18.8	(16.1 - 21.8)
Charlotte-Gastonia-Concord, NC-SC Metropolitan Statistical Area	21.2	(19.2 - 23.5)
Columbia, SC Metropolitan Statistical Area	21.3	(18.5 - 24.4)
Dallas-Plano-Irving, TX Metropolitan Division	22.7	(18.1 - 28.1)

Metropolitan Area[a]	No Leisure-Time Physical Activity[b] %[c]	95% CI[d]
Dover, DE Metropolitan Statistical Area	25.3	(22.5 - 28.2)
Durham, NC Metropolitan Statistical Area	20.6	(17.5 - 24.1)
El Paso, TX Metropolitan Statistical Area	31.4	(26.8 - 36.5)
Fayetteville, NC Metropolitan Statistical Area	21.4	(17.7 - 25.8)
Fayetteville-Springdale-Rogers, AR-MO Metropolitan Statistical Area	22.5	(18.5 - 27.1)
Fort Worth-Arlington, TX Metropolitan Division	26.7	(20.9 - 33.4)
Greensboro-High Point, NC Metropolitan Statistical Area	20.9	(17.9 - 24.3)
Greenville, SC Metropolitan Statistical Area	22.1	(18.7 - 25.9)
Hagerstown-Martinsburg, MD-WV Metropolitan Statistical Area	26.4	(21.4 - 32.1)
Hickory-Lenoir-Morganton, NC Metropolitan Statistical Area	26.9	(22.4 - 32.0)
Hilton Head Island-Beaufort, SC Micropolitan Statistical Area	19.9	(15.7 - 25.0)
Houston-Sugar Land-Baytown, TX Metropolitan Statistical Area	30.9	(24.3 - 38.3)
Jackson, MS Metropolitan Statistical Area	29.4	(26.1 - 33.0)
Jacksonville, FL Metropolitan Statistical Area	25.1	(20.7 - 30.0)
Little Rock-North Little Rock, AR Metropolitan Statistical Area	26.9	(24.0 - 30.1)
Lubbock, TX Metropolitan Statistical Area	26.9	(22.6 - 31.7)
Memphis, TN-MS-AR Metropolitan Statistical Area	30.3	(25.4 - 35.6)
Miami-Fort Lauderdale-Miami Beach, FL Metropolitan Statistical Area	24.7	(22.5 - 27.0)
Myrtle Beach-Conway-North Myrtle Beach, SC Metropolitan Statistical Area	24.7	(20.7 - 29.1)
Nashville-Davidson--Murfreesboro, TN Metropolitan Statistical Area	22.5	(18.9 - 26.4)
New Orleans-Metairie-Kenner, LA Metropolitan Statistical Area	30.6	(27.3 - 34.0)
Oklahoma City, OK Metropolitan Statistical Area	28.3	(26.0 - 30.6)
Orlando-Kissimmee, FL Metropolitan Statistical Area	19.6	(16.8 - 22.7)
Raleigh-Cary, NC Metropolitan Statistical Area	16.7	(14.0 - 19.7)
Richmond, VA Metropolitan Statistical Area	18.9	(15.9 - 22.4)
San Antonio, TX Metropolitan Statistical Area	24.8	(20.7 - 29.5)
Seaford, DE Micropolitan Statistical Area	24.0	(21.4 - 26.8)
Shreveport-Bossier City, LA Metropolitan Statistical Area	23.6	(19.9 - 27.8)
Tampa-St. Petersburg-Clearwater, FL Metropolitan Statistical Area	26.1	(23.0 - 29.4)
Tulsa, OK Metropolitan Statistical Area	27.6	(25.0 - 30.3)
Virginia Beach-Norfolk-Newport News, VA-NC Metropolitan Statistical Area	20.7	(17.3 - 24.5)
Washington-Arlington-Alexandria, DC-VA-MD-WV Metropolitan Division	18.7	(15.8 - 22.1)
Wilmington, DE-MD-NJ Metropolitan Division	21.9	(19.7 - 24.3)
Wilmington, NC Metropolitan Statistical Area	20.1	(16.0 - 25.0)
Winston-Salem, NC Metropolitan Statistical Area	22.9	(19.3 - 27.0)
Youngstown-Warren-Boardman, OH-PA Metropolitan Statistical Area	22.3	(17.1 - 28.6)
Midwest		
Akron, OH Metropolitan Statistical Area	18.1	(13.9 - 23.3)
Bismarck, ND Metropolitan Statistical Area	19.1	(15.7 - 23.0)
Boise City-Nampa, ID Metropolitan Statistical Area	18.9	(16.5 - 21.5)
Chicago-Naperville-Joliet, IL-IN-WI Metropolitan Statistical Area	22.6	(20.8 - 24.5)
Cincinnati-Middletown, OH-KY-IN Metropolitan Statistical Area	24.0	(18.9 - 30.1)
Cleveland-Elyria-Mentor, OH Metropolitan Statistical Area	22.4	(17.9 - 27.5)
Dayton, OH Metropolitan Statistical Area	26.1	(21.2 - 31.6)
Des Moines, IA Metropolitan Statistical Area	20.8	(18.0 - 24.0)
Detroit-Livonia-Dearborn, MI Metropolitan Division	29.3	(25.3 - 33.5)
Fargo, ND-MN Metropolitan Statistical Area	23.9	(18.4 - 30.3)
Huntington-Ashland, WV-KY-OH Metropolitan Statistical Area	31.4	(24.4 - 39.5)

Metropolitan Area[a]	No Leisure-Time Physical Activity[b]	
	%[c]	95% CI[d]
Indianapolis, IN Metropolitan Statistical Area	25.1	(22.9 - 27.4)
Kansas City, MO-KS Metropolitan Statistical Area	20.8	(19.0 - 22.8)
Lincoln, NE Metropolitan Statistical Area	16.5	(13.4 - 20.1)
Louisville, KY-IN Metropolitan Statistical Area	27.1	(23.7 - 30.8)
Milwaukee-Waukesha-West Allis, WI Metropolitan Statistical Area	19.1	(15.8 - 22.9)
Minneapolis-St. Paul-Bloomington, MN-WI Metropolitan Statistical Area	12.9	(11.2 - 14.7)
Omaha-Council Bluffs, NE-IA Metropolitan Statistical Area	20.8	(18.6 - 23.1)
Rapid City, SD Metropolitan Statistical Area	22.1	(19.3 - 25.3)
St. Louis, MO-IL Metropolitan Statistical Area	20.6	(17.7 - 23.9)
Scottsbluff, NE Micropolitan Statistical Area	26.5	(21.8 - 31.9)
Sioux Falls, SD Metropolitan Statistical Area	19.8	(17.0 - 23.0)
Toledo, OH Metropolitan Statistical Area	21.6	(16.7 - 27.4)
Topeka, KS Metropolitan Statistical Area	23.2	(20.1 - 26.8)
Warren-Farmington Hills-Troy, MI Metropolitan Division	19.0	(16.6 - 21.6)
Wichita, KS Metropolitan Statistical Area	23.2	(20.9 - 25.8)
West		
Albuquerque, NM Metropolitan Statistical Area	19.2	(17.0 - 21.6)
Billings, MT Metropolitan Statistical Area	16.8	(13.5 - 20.8)
Bremerton-Silverdale, WA Metropolitan Statistical Area	16.4	(13.6 - 19.6)
Casper, WY Metropolitan Statistical Area	24.7	(21.1 - 28.7)
Cheyenne, WY Metropolitan Statistical Area	19.4	(16.3 - 22.8)
Colorado Springs, CO Metropolitan Statistical Area	15.1	(12.4 - 18.2)
Denver-Aurora, CO Metropolitan Statistical Area	16.8	(15.2 - 18.5)
Eugene-Springfield, OR Metropolitan Statistical Area	16.3	(13.2 - 20.1)
Farmington, NM Metropolitan Statistical Area	21.9	(17.8 - 26.7)
Great Falls, MT Metropolitan Statistical Area	17.4	(14.2 - 21.2)
Hilo, HI Micropolitan Statistical Area	19.4	(17.0 - 22.0)
Honolulu, HI Metropolitan Statistical Area	19.5	(17.8 - 21.3)
Kahului-Wailuku, HI Micropolitan Statistical Area	18.1	(15.4 - 21.1)
Kalispell, MT Micropolitan Statistical Area	17.6	(13.9 - 22.0)
Kapaa, HI Micropolitan Statistical Area	17.7	(14.3 - 21.8)
Kennewick-Richland-Pasco, WA Metropolitan Statistical Area	21.6	(17.8 - 26.0)
Las Cruces, NM Metropolitan Statistical Area	27.1	(22.7 - 32.1)
Las Vegas-Paradise, NV Metropolitan Statistical Area	28.4	(25.4 - 31.6)
Lewiston, ID-WA Metropolitan Statistical Area	19.2	(15.8 - 23.2)
Los Angeles-Long Beach-Glendale, CA Metropolitan Division	24.7	(21.1 - 28.7)
Missoula, MT Metropolitan Statistical Area	14.2	(11.1 - 18.1)
Ogden-Clearfield, UT Metropolitan Statistical Area	17.9	(14.7 - 21.5)
Olympia, WA Metropolitan Statistical Area	14.6	(12.7 - 16.8)
Phoenix-Mesa-Scottsdale, AZ Metropolitan Statistical Area	21.8	(18.7 - 25.3)
Portland-Vancouver-Beaverton, OR-WA Metropolitan Statistical Area	14.6	(13.0 - 16.3)
Provo-Orem, UT Metropolitan Statistical Area	17.3	(13.7 - 21.7)
Reno-Sparks, NV Metropolitan Statistical Area	21.4	(18.8 - 24.4)
Riverside-San Bernardino-Ontario, CA Metropolitan Statistical Area	29.8	(25.8 - 34.1)
Salt Lake City, UT Metropolitan Statistical Area	20.0	(17.7 - 22.4)
San Diego-Carlsbad-San Marcos, CA Metropolitan Statistical Area	25.3	(20.8 - 30.4)
San Francisco-Oakland-Fremont, CA Metropolitan Statistical Area	15.6	(12.2 - 19.8)
Santa Fe, NM Metropolitan Statistical Area	20.5	(16.4 - 25.2)

Metropolitan Area[a]	No Leisure-Time Physical Activity[b]	
	%[c]	95% CI[d]
Seattle-Bellevue-Everett, WA Metropolitan Division	15.0	(13.7 - 16.4)
Spokane, WA Metropolitan Statistical Area	18.1	(15.5 - 21.0)
Tacoma, WA Metropolitan Division	19.6	(17.4 - 22.1)
Tucson, AZ Metropolitan Statistical Area	22.5	(18.0 - 27.7)
Wenatchee, WA Metropolitan Statistical Area	22.8	(19.5 - 26.4)
Yakima, WA Metropolitan Statistical Area	24.6	(20.9 - 28.6)
Yuma, AZ Metropolitan Statistical Area	29.5	(24.8 - 34.5)

Note: Data were adjusted for non-responses and weighted to the population of the geographic area.

[a] Metropolitan areas with at least 500 survey respondents are shown. Areas were defined by OMB Bulletin 05-02, June 6, 2003.

[a] Metropolitan division is a metropolitan statistical area containing a single urbanized area with a population of 2.5 million that has been subdivided into metropolitan divisions, which function as distinct social and economic areas within the larger metropolitan statistical area.

[b] No leisure-time physical activity = no reported leisure-time physical activities (i.e., any physical activities or exercises such as running, calisthenics, golf, gardening, or walking) in the past month.

[c] % = estimated proportion of the population.

[d] 95% CI = confidence interval.