

**No Leisure-Time Physical Activity Prevalence Statistics by Metropolitan Area—
United States, SMART BRFSS 2002**

Metropolitan Area^a	No Leisure-Time Physical Activity^b	
	%^c	95% CI^d
<i>Northeast</i>		
Boston-Quincy, MA, Metropolitan Division	21.0	18.7 - 23.3
Bridgeport-Stamford-Norwalk, CT, Metropolitan Statistical Area	19.7	16.9 - 22.5
Burlington-South Burlington, VT, Metropolitan Statistical Area	16.4	14.2 - 18.7
Cambridge-Newton-Framingham, MA, Metropolitan Division	17.9	15.6 - 20.3
Chambersburg, PA, Micropolitan Statistical Area	23.5	20.1 - 26.9
Concord, NH, Micropolitan Statistical Area	22.3	18.4 - 26.3
Edison, NJ, Metropolitan Division	23.3	20.0 - 26.6
Essex County, MA, Metropolitan Division	22.0	18.4 - 25.6
Hartford-West Hartford-East Hartford, CT, Metropolitan Statistical Area	21.4	18.9 - 23.9
Lancaster, PA, Metropolitan Statistical Area	24.6	21.8 - 27.4
Lebanon, NH-VT, Micropolitan Statistical Area	16.3	13.8 - 18.8
Manchester-Nashua, NH, Metropolitan Statistical Area	21.4	19.0 - 23.8
New Haven-Milford, CT, Metropolitan Statistical Area	26.8	23.5 - 30.2
New York-Wayne-White Plains, NY-NJ, Metropolitan Division	28.6	26.2 - 30.9
Newark-Union, NJ-PA, Metropolitan Division	23.4	19.0 - 27.9
Norwich-New London, CT, Metropolitan Statistical Area	19.2	15.0 - 23.4
Philadelphia, PA, Metropolitan Division	24.3	22.2 - 26.4
Pittsburgh, PA, Metropolitan Statistical Area	24.4	22.2 - 26.5
Portland-South Portland, ME, Metropolitan Statistical Area	22.2	18.9 - 25.4
Providence-New Bedford-Fall River, RI-MA, Metropolitan Statistical Area	24.5	23.0 - 26.1
Rockingham County-Strafford County, NH, Metropolitan Division	17.7	15.4 - 19.9
Springfield, MA, Metropolitan Statistical Area	23.6	20.2 - 27.0
Suffolk County-Nassau County, NY, Metropolitan Division	21.1	17.3 - 24.8
Willimantic, CT, Micropolitan Statistical Area	20.5	16.6 - 24.3
Worcester, MA, Metropolitan Statistical Area	22.2	19.1 - 25.4
<i>Midwest</i>		
Akron, OH, Metropolitan Statistical Area	21.4	17.3 - 25.4
Chicago-Naperville-Joliet, IL, Metropolitan Division	28.3	26.2 - 30.3
Cincinnati-Middletown, OH-KY-IN, Metropolitan Statistical Area	21.5	17.6 - 25.5
Dayton, OH, Metropolitan Statistical Area	21.3	17.0 - 25.6
Des Moines, IA, Metropolitan Statistical Area	22.2	18.3 - 26.0
Detroit-Livonia-Dearborn, MI, Metropolitan Division	28.4	24.4 - 32.4
Fargo, ND-MN, Metropolitan Statistical Area	20.8	15.8 - 25.8
Indianapolis, IN, Metropolitan Statistical Area	24.5	21.8 - 27.2
Kansas City, MO-KS, Metropolitan Statistical Area	24.3	21.8 - 26.9
Lincoln, NE, Metropolitan Statistical Area	16.1	12.2 - 19.9
Milwaukee-Waukesha-West Allis, WI, Metropolitan Statistical Area	21.5	18.8 - 24.2
Minneapolis-St. Paul-Bloomington, MN-WI, Metropolitan Statistical Area	14.1	12.5 - 15.6
Omaha-Council Bluffs, NE-IA, Metropolitan Statistical Area	22.7	20.2 - 25.1
Rapid City, SD, Metropolitan Statistical Area	19.9	15.9 - 23.8
Sioux Falls, SD, Metropolitan Statistical Area	23.0	20.0 - 26.1
St. Louis, MO-IL, Metropolitan Statistical Area	25.6	22.6 - 28.6
Toledo, OH, Metropolitan Statistical Area	27.3	21.4 - 33.2
Topeka, KS, Metropolitan Statistical Area	26.9	22.6 - 31.3
Warren-Farmington Hills-Troy, MI, Metropolitan Division	21.4	18.4 - 24.3
Wichita, KS, Metropolitan Statistical Area	22.2	19.0 - 25.4
Youngstown-Warren-Boardman, OH-PA, Metropolitan Statistical Area	26.4	20.1 - 32.8
<i>South</i>		
Asheville, NC, Metropolitan Statistical Area	28.7	24.6 - 32.9
Atlanta-Sandy Springs-Marietta, GA, Metropolitan Statistical Area	21.3	18.8 - 23.8
Baltimore-Towson, MD, Metropolitan Statistical Area	23.1	20.6 - 25.5

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Baton Rouge, LA, Metropolitan Statistical Area	30.4	26.5 - 34.4
Bethesda-Frederick-Gaithersburg, MD, Metropolitan Division	19.8	16.4 - 23.3
Birmingham-Hoover, AL, Metropolitan Statistical Area	28.6	24.9 - 32.3
Charleston, WV, Metropolitan Statistical Area	27.7	23.5 - 31.8
Columbia, SC, Metropolitan Statistical Area	22.6	18.3 - 26.9
Dallas-Plano-Irving, TX, Metropolitan Division	27.1	23.3 - 30.9
Dover, DE, Metropolitan Statistical Area	29.2	26.1 - 32.2
Durham, NC, Metropolitan Statistical Area	25.9	18.0 - 33.8
Florence, SC, Metropolitan Statistical Area	27.1	23.0 - 31.1
Greensboro-High Point, NC, Metropolitan Statistical Area	28.0	23.6 - 32.5
Houston-Baytown-Sugar Land, TX, Metropolitan Statistical Area	27.8	24.8 - 30.9
Huntington-Ashland, WV-KY-OH, Metropolitan Statistical Area	29.9	23.8 - 36.1
Jackson, MS, Metropolitan Statistical Area	30.3	26.3 - 34.3
Jacksonville, FL, Metropolitan Statistical Area	23.7	19.8 - 27.7
Little Rock-North Little Rock, AR, Metropolitan Statistical Area	22.0	18.9 - 25.0
Louisville, KY-IN, Metropolitan Statistical Area	19.8	16.5 - 23.1
Memphis, TN-MS-AR, Metropolitan Statistical Area	31.8	27.6 - 36.0
Miami-Miami Beach-Kendall, FL, Metropolitan Division	36.7	32.3 - 41.2
Nashville-Davidson--Murfreesboro, TN, Metropolitan Statistical Area	29.5	25.7 - 33.4
New Orleans-Metairie-Kenner, LA, Metropolitan Statistical Area	29.5	26.7 - 32.4
Oklahoma City, OK, Metropolitan Statistical Area	29.0	26.6 - 31.5
Orlando, FL, Metropolitan Statistical Area	23.3	19.4 - 27.3
Richmond, VA, Metropolitan Statistical Area	24.1	20.4 - 27.9
Seaford, DE, Micropolitan Statistical Area	31.0	28.1 - 33.8
Tampa-St. Petersburg-Clearwater, FL, Metropolitan Statistical Area	26.5	22.9 - 30.1
Tulsa, OK, Metropolitan Statistical Area	28.6	25.8 - 31.3
Virginia Beach-Norfolk-Newport News, VA-NC, Metropolitan Statistical Area	23.7	20.4 - 27.0
Washington-Arlington-Alexandria, DC-VA-MD-WV, Metropolitan Division	19.8	17.3 - 22.3
Wilmington, DE-MD-NJ, Metropolitan Division	28.4	25.2 - 31.7
Winston-Salem, NC, Metropolitan Statistical Area	26.3	20.9 - 31.6
West		
Albuquerque, NM, Metropolitan Statistical Area	19.3	16.8 - 21.9
Anchorage, AK, Metropolitan Statistical Area	24.0	19.3 - 28.7
Boise City-Nampa, ID, Metropolitan Statistical Area	17.5	15.1 - 19.9
Cheyenne, WY, Metropolitan Statistical Area	18.4	14.7 - 22.0
Denver-Aurora, CO, Metropolitan Statistical Area	20.1	17.7 - 22.4
Hilo, HI, Micropolitan Statistical Area	17.8	15.3 - 20.2
Honolulu, HI, Metropolitan Statistical Area	15.3	13.8 - 16.9
Kahului-Wailuku, HI, Micropolitan Statistical Area	19.0	16.2 - 21.7
Kapaa, HI, Micropolitan Statistical Area	17.2	13.5 - 21.0
Las Vegas-Paradise, NV, Metropolitan Statistical Area	26.9	23.5 - 30.3
Los Angeles-Long Beach-Glendale, CA, Metropolitan Division	28.0	24.4 - 31.6
Ogden-Clearfield, UT, Metropolitan Statistical Area	22.2	18.1 - 26.3
Phoenix-Mesa-Scottsdale, AZ, Metropolitan Statistical Area	23.1	19.7 - 26.4
Portland-Vancouver-Beaverton, OR-WA, Metropolitan Statistical Area	15.7	13.6 - 17.9
Reno-Sparks, NV, Metropolitan Statistical Area	17.6	15.0 - 20.1
Salt Lake City, UT, Metropolitan Statistical Area	18.2	15.6 - 20.8
Seattle-Bellevue-Everett, WA, Metropolitan Division	13.7	11.8 - 15.6
Tacoma, WA, Metropolitan Division	15.4	11.4 - 19.5
Tucson, AZ, Metropolitan Statistical Area	18.0	14.9 - 21.1

Note: Data were adjusted for non-responses and weighted to the population of the geographic area.

^aMetropolitan areas with at least 500 survey respondents are shown. Areas were defined by OMB Bulletin 03-04, June 2003, available at http://www.whitehouse.gov/omb/bulletins/b03-04_attach.pdf.

Metropolitan Statistical Area = group of counties that contain at least one urbanized area of 50,000 or more inhabitants.

Micropolitan Statistical Area = group of counties that contain at least one urban cluster of at least 10,000 but less than 50,000 inhabitants.

Metropolitan Division = smaller group of counties within a metropolitan statistical area which contains 2.5 million or more inhabitants.

^bNo leisure-time physical activity = no reported leisure-time physical activities (i.e., any physical activities or exercises such as running, calisthenics, golf, gardening, or walking) in the previous month.

^c% = estimated proportion of the population.

^d95% CI = confidence interval.