

Influenza Plans, Strategies for Discussing Avian Influenza and Health Guidelines

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USGS National Wildlife Health Center

PandemicFlu.gov

Get Informed. Be Prepared.

The official U.S. government Web site for information on pandemic flu and avian influenza. Information is organized by topic on the left sidebar.

Pandemic Flu Home

General Information

Planning & Response

Monitoring Outbreaks

Health & Safety

Vaccines & Medications

Bird & Animal Issues

Global Activities

Travel

Research Activities

What Can Be Done Now

Federal Government State & Local Governments Individuals & Families Business

Schools

Health Care Providers Community Organizations

Federal Planning & Response Activities

The National Strategy for Pandemic Influenza, issued by President Bush November 1, 2005, guides our nation's preparedness and response to an influenza pandemic, with the intent of (1) stopping, slowing or otherwise limiting the spread of a pandemic to the United States; (2) limiting the domestic spread of a pandemic, and mitigating disease, suffering and death; and (3) sustaining infrastructure and mitigating impact to the economy and the functioning of society. The Strategy charges the U.S. Department of Health & Human Services with leading the federal pandemic preparedness.

- Topics on this Page
- National Strategy
- U.S. Department of Health & Human Services Activities
- Other Federal Agency Activities

Meetings & Conferences

State Summits

- Jan. 13 Providence, RI
- Jan. 13 Atlanta, GA
- Jan. 20 Lexington, KY

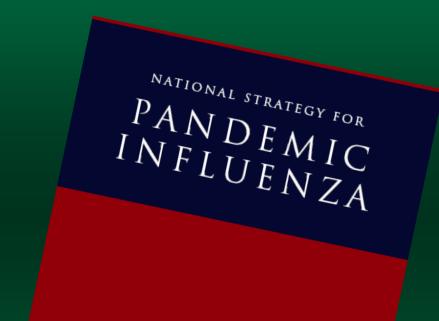
Resources

- Planning Checklists
- Planning Tools
- Risk Communication



- National Strategy for Pandemic Influenza
- An Influenza Pandemic may require activation of the National Response Plan (NRP)

http://www.pandemicflu.gov/



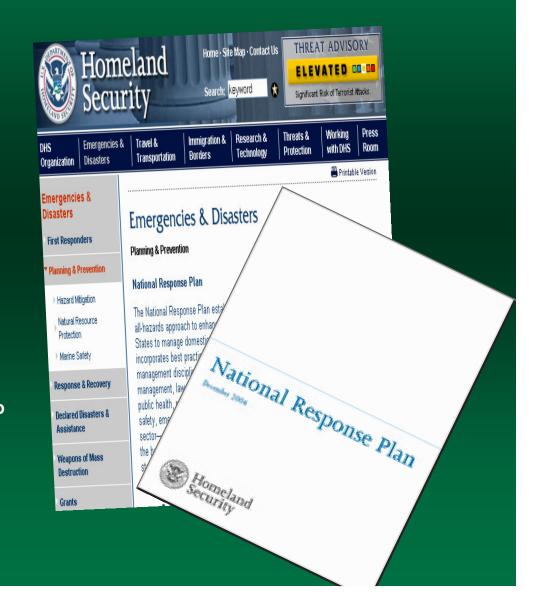




The National Response Plan

- Plan is designed to reduce America's vulnerability to terrorism, major disasters, and other emergencies....
- Emergencies and Disasters

http://www.dhs.gov/dhspublic/theme_home2.jsp





The National Response Plan

Principal NRP Organizational Elements

This section discusses the major organizational elements in the structure for Federal NRP coordinate lements in the st diagramed in Figures 3 through 5. Included in th components, to include White House-level entitie

Homeland Security Council/Nationa Security Council

As stated in HSPD-5, the Assistant to the Preside Homeland Security and the Assistant to the Pres for National Security Affairs are responsible for interagency policy coordination regarding don and international incident management, respedirected by the President. Following an initia \mathbf{Agency} assessment by the Secretary of Homeland Sec Department of the Interior interagency policy issues and courses of actic

Department of Agriculture

Primary Agencies:

Department of Agriculture Department of the Interior

Support Agencies:

Department of Agriculture

Department of Commerce Department of Defense Department of Energy Department of Health and Human Services Department of Homeland Security Department of the Interior Department of Justice Department of State Department of Labor Department of Transportation Environmental Protection Agency General Services Administration U.S. Postal Service

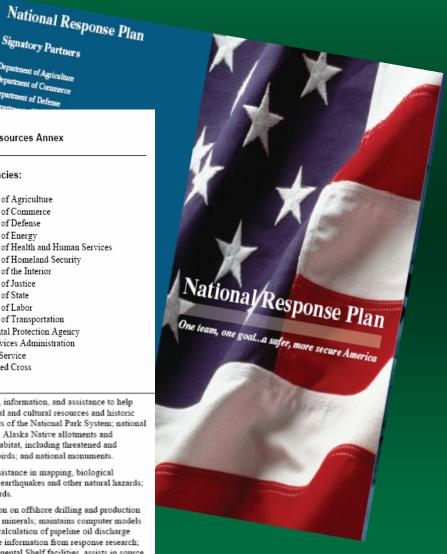
Signatory Partners

Responsibilities

Provides scientific/technical advice, information, and assistance to help prevent or minimize injury to natural and cultural resources and historic properties such as public lands; units of the National Park System; national wildlife refuges and fish hatcheries; Alaska Native allotments and townsites; wildlife and associated habitat, including threatened and endangered species and migratory birds; and national monuments.

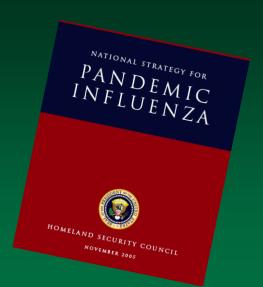
American Red Cross

- Provides scientific expertise and assistance in mapping, biological resources, geology, and hydrology; earthquakes and other natural hazards; minerals; and identification of hazards.
- Provides expertise in and information on offshore drilling and production practices and facilities and offshore minerals; maintains computer models for oil spill trajectory analysis and calculation of pipeline oil discharge volumes; funds and makes available information from response research; and for spills involving Outer Continental Shelf facilities, assists in source





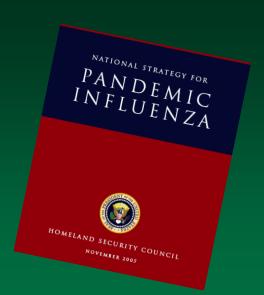
- Stopping, slowing or limiting the spread <u>TO</u> the United States;
- Limiting the spread <u>inside</u> the Unites States and mitigating disease, suffering and death;
- Sustaining infrastructure and mitigating impacts to Society and the economy.





Pillars of the Strategy for Pandemic Influenza

- Preparedness and Communication
- Surveillance and Detection
- Response and Containment





Preparedness and Communication



Bird & Animal Issues

- Animal Health
- Protecting Birds & Other Animals
- Protecting Workers
- Surveillance

Animal Health

- Questions and Answers: Avian Influenza (U.S. Department of Agriculture) Avian Influenza (PDF) (409KB) (U.S. Geological Survey)
- top of page

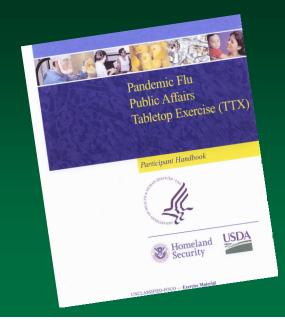
Protecting Workers

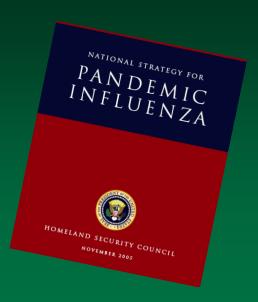
- Interim Guidance for Protection of Persons Involved in U.S. Avian Influenza Outbreak Disease Control and Eradication Activities (Centers for
- Avian Influenza: Protecting Poultry Workers at Risk (Occupational Safety)
- top of page
- Surveillance
 - Avian Influenza (USGS National Wildlife Health Center)
 - The WHO Animal Influenza Network (World Health Organization)



Preparedness and Communication

- Federal Agency Public Affairs Groups hold Pandemic Flu Exercises
- Department Heads hold Pandemic Flu Exercises at White House
- USDA/DOI/FDA media event on Avian Influenza

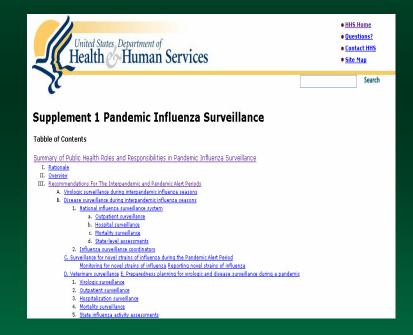






Surveillance and Detection

- Ensuring Rapid
 Reporting of Outbreaks
- Expand our domestic livestock and wildlife surveillance activities to ensure early warning of the spread of an outbreak to our shores.





Surveillance and Detection

FINAL DRAFT

12/30/05

An Early Detection System for Asian H5N1 Highly Pathogenic Avian Influenza in Wild Migratory Birds

U.S. Interagency Strategic Plan

Introduction

Avian influenza (AI) is a type A influenza virus that is naturally found in certain species of waterfowl and shorebirds. However, the occurrence of highly pathogenic avian influenza (HPAI) subtype Asian H5N1 has raised concern regarding the potential impact on wild birds, domestic poultry, and human health should it be introduced into the United States (U.S.). Numerous potential routes for introduction of the virus into the U.S. exist including illegal movement of domestic or wild birds, contaminated products, via an infected traveler, as a bioterrorism event, and the migration of infected wild birds. This plan focuses primarily on the detection of a potential introduction of Asian H5N1 virus by migratory birds.

Avian influenza viruses are classified on the basis of two proteins, hemagglutinin (H) and neuraminidase (N), found on the surface of the virus. Specific viral subtypes have one of 16 different H proteins and one of 9 different N proteins, resulting in 144 possible combinations or subtypes based on this classification scheme. Within each subtype, there are numerous combinations of genetic sequences that determine the pathogenicity of the subtype to an infected host.

Wild birds, in particular certain species of waterfowl and shorebirds, are considered to be the natural reservoirs for all 144 subtypes. These subtypes are adapted to survive in these wild species and usually cause little or no disease. However, gradual genetic drift (i.e., mutation) can occur and a particular subtype can become adapted to infect other species of wild birds and



Response and Containment

- Provide guidance to all levels of government on the range of options for infection-control and containment.....
- Provide guidance for states, localities and industry on best practices to prevent the spread of avian influenza in commercial, domestic and wild birds, and other animals.



- Information Products
- Talking Points can be very helpful
- Frequently Asked Questions
- Influenza is a Very Dynamic Disease
- WEB Materials
- Handling Guidelines



Information Products

What Hunters Should Know

As of August 2005, Highly Pathogenic HSN1 avian influenza has not been found in North As of August 2005, Highly Pathogenic Hose), avian inhuenza has not been found in North America—there are no records of positive tests in wild or domestic birds, and no known human



Numants.

Very contagious among birds and is deadly to poultry, such as chickens and domestic ducks. Sin virulent strain of H5N1—a Highly Pathogenic Avian Influenza (HPAI)—emerged and spread across stars in domestic poultry. Although large numbers of poultry were destroyed to stop the virus, it as a fast in domestic poultry. Although large numbers of poultry were destroyed to stop the virus, it as a fast in the property of the

Most HSM infections in humans resulted from close contact with infected poultry or contaminated surfaces. ASN1 infections in humans resulted from close contact with infected pounty or contaminated surfaces, wirnses do not move easily to humans, and there are no known cases of human infection from wild birds. December 2003, 112 human cases of HSN1 and S7 deaths have been reported from four countries in asst Asia.

ALASKA BIRDS

Because H5N1 has spread into northern Asia, the US Fish and Wildlife Service (USFWS), US Geological Survey (USGS), Alaska Department of Fish & Game (ADF&G), and public health agencies have formed a partnership to conduct surveillance for the occurrence of H5N1 in wild birds in Alaska. This work is in conjunction with ongoing research on avian influenza by ongoing research of Alaska. During the University of Alaska. During summer of 2005, several thousand waterfowl and shorebirds were tested tor avian influenza in Alaska, and more extensive monitoring is planned for 2005. Field sampling efforts will be integrated with surveillance programs throughout the U.S. and Canada.

If you find a group of dead birds.

Prospects of HSN1 in North America

There are increasing reports that HSN1 is infecting and causing death in Williams are increasing reports that HSN1 is infecting and causing death in Williams. timere are increasing reports that that it is sinecomp and datasing ceasi in will birds in Asia, including some migratory species. These events and the spri urrus in Asia, including some inigratory species, inese events and trie spr the HSN1 virus to new regions in Asia have created concerns that HSN1 v me HSN1 virus to new regions in Asia have created concerns that HSN1 virus to new regions in Asia have created concerns that his new regions to date, there is an evidence that migratory birds have been a major cause of the spread of evidence that migratory direct name of error a major source of the and it is not clear what role they could play on a larger scale.

Some migratory birds, particularly waterfowl and shorebirds, move bet some inigratory unus, particularly waterions and storeoirus, move bet Alaska and Asia, Some species breed in North America and cross the Alaska and Asia. Some species breed in Norin America and grobs the Strait to mot during summer or to winter along the Asian coast. Other pred of in Russia and migrate to wintering grounds in North America. In the light of Asian whether shape interasts will appoint the MEANY virus it. preed in Hussia and migrate to wintering grounds in routin restretion. Is still not clear whether these migrants will acquire the HSN1 VIVIST is still not clear whether these migrants will acquire the Hant Villar persistent HSN1 is in wild bird populations, or whether migratory by become long distance carriers. At present, the probability of HSN1 getting to Alaska is unknown.

Susceptibility of Other Animals to Avian Influenza Authorigh influenza strains are common in many groups of birds Authough timuenza avanna are outhing in marry groups is not complete. F environments and environment of votes and cats (wild and dolines demonstrates that H5N1 can infect pigs and cats (wild and dolines

Safe Preparation and Cooking of Game Animals
There are no known cases where HSN1 has been transmitted from wild birds to humans. However, even apparently healthy wild birds can be infected with other



ce for a changing world Wildlife Health Bulletin 05-03

Natural Resource/Conservation Managers

From: Leslie Dierauf, Director, USGS National Wildlife Health Center

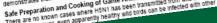
Interim Guidelines for the Protection of Persons Handling Wild Birds With Reference to Highly Date: August 29, 2005

These Guidelines have been developed in consultation with the Centers for Disease Control and Prevention. These Guacimes nave oeen aevelopea in consultanon with the Centers for Disease Control and Frevention. They are advisory in nature and intended to provide guidance for field biologists and others working with or aney are unvisory in manne and innerview to provine guarance for freid occordists and orners working what birds with specific reference to highly pathogenic avian influenza. The guidance reflects namung wun ouras wun specijic rejerence io nigniy pumogenic avian nymenca. Ine gunuance rejiecis information available as of August 2005 and may be updated as more information becomes available.

Highly Pathogenic Avian Influenza H5N1

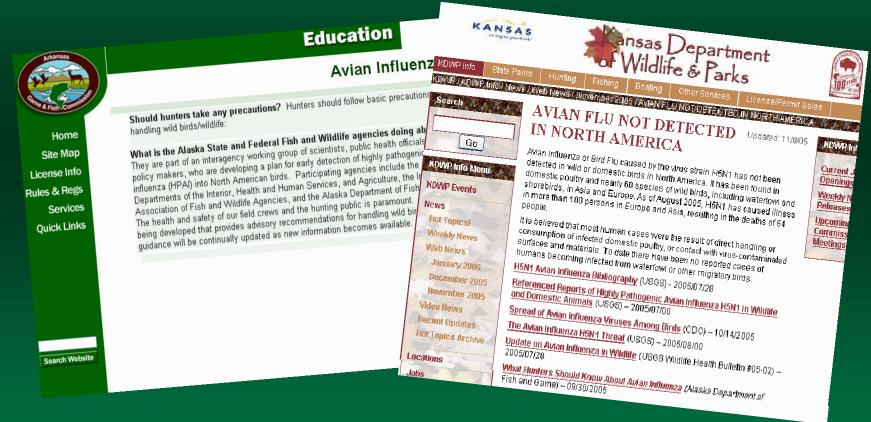
To date, Highly Pathogenic Avian Influenza A H5N1 has not been detected in humans, poultry or wild To trace, ringury ratinggenic Avian innuenza: A HNNA may not usen desected in numans, pountry or wind birds in North America and no data suggest that H5NI should be suspected of being in North America or in wild birds migrating from Asia to North America this fall (2005).

Avian influenza, or bird flu, is a virus typically found in wild birds, especially waterfowl and shorebirds. The virus is only found in a small number of birds in the wild, and generally does not cause clinical signs of disease. The virus is shed in fecal droppings, saliva and nasal discharges. Since 2003, a particularly virulent strain of The virus as succommeted in Asia—the highly pathogenic avian influenza (HPAI) HSN1 virus. The HPAI HSN1 uns virus nos curcigeu in 1918—une memby parnogenic avian introcuza (117-31) 112-31 virus. The 117-31 112-31 virus ring in poses a threat to domestic poultry, especially chickens; and 2) it has caused illness in 112 persons, including the deaths of at least 57 people as of August 2005. Most human cases are thought to have become infected with the virus through direct handling of infected poultry consumption of incooked poultry products or contact with virus-





Information Products





Information Products



October - November, 2005

AVIAN BIRD FLU

To date, the virulent form of Highly Pathogenic Avian Influenza referred to as H5N1, has not been detected in either wild or domestic birds or in humans, in North America. In fact, between 1998 and 2004 more than 12,000 wild bird samples from Alaska have been analyzed, and no evidence of this virus has been discovered. We know that birds migrating from Asia to Alaska could potentially carry the H5N1 virus. However, based upon recent and ongoing surveillance, knowledge of the scope of the disease in Asia, and the projected movement of birds from affected areas, it is unlikely that H5N1 will be carried by birds migrating from Asia to North America this fall or winter.

The Service, along with the U.S.Geological Survey (USGS), State and university partners, is continuing surveillance of wild birds in Alaska for the H5N1 virus, and we are working with an interagency group of scientists, public health and policy officials to design an intensified effort for surveillance and early detection of this virus in wild hieds. This offert will halo assure that we are is socition to



- Information Products
- Talking Points can be very helpful

Avian Influenza Public Affairs Communications Plan for the

Department of the Interior

Goals:

- Through a DOI Avian Influenza Leadership Team and a DOI Avian Influenza Communications Team provide information to help decisionmakers and wildlife resource managers to rapidly respond to the Highly Pathogenic Avian Influenza HSN1, a wildlife disease that threatens bird populations and could ultimately affect the U.S. economy, public health, Safeguard public health and personal health and well-being of DOI
 - employees, as well as users of DOI Federal Trust lands. Safeguard DOI wildlife trust resources by taking appropriate action including monitoring and surveillance for H5N1 in wild birds.
 - Maintain agency mission critical functions per the Continuity of O
 - Communicate messages on DOI activities and decisions related to wildlife resources, DOI H5N1 research and monitoring, and pub
 - Rapidly coordinate and communicate information on H5N1 ar
 - its bureaus through a DOI Avian Influenza Leadership Team Avian Influenza Communications Team.

- The Department of the Interior is responsible for managing wildlife, including migratory birds, under various laws and treaties, and for ensuring public health on more than 500 million acres of land that it manages across the country.
- To carry out these responsibilities, the Department and its partners are investigating highly pathogenic avian influenza (HPAI) in migratory birds and making plans to protect the health of its employees and the 450 million people that visit Department-managed lands each year.
- There are no reported cases of people becoming infected from migratory birds.
- The three Interior organizations with efforts related to HPAL
- The U.S. Geological Survey is the scientific arm of the Department and has a long history of responding to wildlife disease emergencies and conducting wildlife disease investigations. It is also supporting international HPAI research efforts by contributing information and world-class expertise about migratory birds and movements.
- The U.S. Fish and Wildlife Service is the federal wildlife management agency that administers the National Wildlife Refuge System, with many of its 545 refuges providing



- The Asian strain of avian influenza H5N1 has not been detected in North America.
- It is likely that it will eventually be detected in N.A.
- There are a number of ways that the virus could get to North America.
- Wild migratory birds are one possible pathway that the Departments of Agriculture and Interior are working together to address.



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- The Survey is also supporting international HPAI research efforts by contributing information and world-class expertise about migratory birds and bird movements.



- The U.S. Fish and Wildlife Service is the federal wildlife management agency within the Department.
- The Fish and Wildlife Service administers the National Wildlife Refuge System, with many of its 545 refuges providing critical nesting, migration, and wintering habitat for waterfowl and other migratory birds.
- The Fish and Wildlife Service also carries out permitting and enforcement responsibilities under federal laws governing trade in wildlife species and products, and works with USDA/APHIS to regulate the importation of wild birds for the pet trade, research, and other purposes.



The National Park Service.

With 384 areas in the National Park System, the National Park Service has a key role in protecting the health of its visitors. The National Park Service hosts 32 commissioned officers of the U.S. Public Health Service to meet this important responsibility.



- FWS and USGS, in conjunction with State of Alaska biologists, have been strategically sampling migratory birds for H5N1 in the Pacific Flyway for several months.
- USGS, FWS, and USDA/APHIS, along with state partners, are implementing a more extensive surveillance and detection program in 2006 to provide early warning to the agriculture, public health, and wildlife communities should migratory birds be found to carry the virus.



- Information Products
- Talking Points can be very helpful
- Frequently Asked Questions

USGS National Wildlife Health Center

Highly Pathogenic Avian Influenza H5N1 Frequently Asked Questions January 2006

What is avian influenza?

- Bird flu, the popular name for avian influenza (AI), is a disease primarily found in poultry and wild birds. Avian influenza can infect chickens, pheasants, quail, ducks, geese, and guinea fowl, as well as migratory waterfowl and shorebirds and, less commonly, mammals (pigs, horses, and marine mammals).
- The virus can be spread through contact with fecal droppings, saliva, and nasal
- When the virus "jumps" to a new species, such as from wild birds to domestic animals or to humans, the virus may change or mutate into a new virus that is more adapted to the new host and is no longer the same virus that was originally in the wild bird population.

What are the differences between low pathogenic and highly pathogenic avian influenza viruses and how are influenza viruses grouped?

The designation of low or highly pathogenic avian influenza refers to the potential for these viruses to kill domestic poultry. The designation of "low pathogenic" or



Are Wild Birds Transferring the Virus?

The role of migratory birds in the transfer of the Asian H5N1 strain is not clear.

- Wild birds have been suggested, but not confirmed to be the source of new outbreaks.
- The pattern and timing of several outbreaks have not coincided with bird movements or routes.
- There are reports of wild bird mortality that do coincide with outbreaks of HPAI H5N1 in poultry.
- It is not known if wild birds were the source of the virus or acquired the virus from poultry.



How Could a Pathogenic Strain of Avian (or Human) Influenza Get to North America?

- Bird migration is one possible route of introduction of HPAI H5N1 into North America.
- Illegal smuggling of birds and poultry products, travel by infected people or people traveling with virus-contaminated articles are more direct means of introducing the new pathogenic strains into the United States.
- Airways, Highways, Waterways & Flyways



Can People Catch H5N1 From Wild Birds?

- There are no documented cases of H5N1 human disease from contact with wild birds.
- The only documented cases of transmission to humans are from poultry.
- At the present time, close contact with infected poultry has been the primary way that people have become infected.



- Information Products
- Talking Points can be very helpful
- Frequently Asked Questions
- Influenza is a Very Dynamic Disease



Influenza Viruses are Very Dynamic

They change rapidly and are confusing

- There are 144 theoretical combinations of the different Hs and Ns that make up the subtypes;
- Subtypes of highly pathogenic H5N1 avian influenza virus may have multiple strains;
- Subtypes may be more or less pathogenic to domestic poultry, wild birds, and humans.



Low Pathogenic and Highly Pathogenic

- Highly pathogenic avian influenza refers to the potential to kill domestic poultry;
- With rare exceptions, the thousands of flu isolates found in wild birds have been low pathogenic;
- In poultry, low pathogenic strains can mutate into highly pathogenic strains;
- Highly pathogenic avian influenza viruses in poultry are usually H5 or H7 subtypes of Type A influenza.



Avian, Pandemic, and Seasonal Flu

Avian Flu

- Avian Flu is caused by avian influenza viruses, which occur naturally among birds.
- To date <200 people known to be infected and <100 have died from the Asian strain of H5N1.</p>
- So far the virus has not acquired the ability to easily spread from person to person.
- Once an avian influenza strain acquires the ability to easily spread from <u>person to person</u> it has become a <u>human influenza virus.</u>



Avian, Pandemic, and Seasonal Flu

Pandemic Flu

- Pandemic Flu is defined as a virus that causes a global outbreak, or pandemic, of serious illness that spreads easily from person to person. Currently there is no pandemic flu.
- An influenza pandemic is a global outbreak of disease that occurs when a new influenza A virus appears or "emerges" in the human population, worldwide.



Avian, Pandemic, and Seasonal Flu

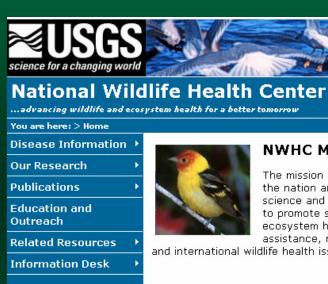
Seasonal Flu

- Seasonal Flu is a contagious respiratory illness caused by influenza viruses.
- Every year in the United States, on average:
 - 5% to 20% of the population gets the flu;
 - more than 200,000 people are hospitalized from flu complications;
 - about 36,000 people die from flu.



- Information Products
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- WEB Materials







NWHC Mission:

The mission of the National Wildlife Health Center is to serve the nation and its natural resources by providing sound science and technical support, and to disseminate information to promote science-based decisions affecting wildlife and ecosystem health. The NWHC provides information, technical assistance, research, education, and leadership on national

and international wildlife health issues.

Hot Topics

- Avian Influenza
- Chronic Wasting Disease

USGS Home Contact USGS Search USGS

Related Sites

- NBII Wildlife Disease Information Node
- Wildlife Disease Association
- The Consortium for Conservation Medicine
- · The International Wildlife Health Institute

Spotlight







Avian Influenza

The global spread of H5N1 increases the likelihood that it will eventually be detected in North America. There are

a number of pathways through which the virus could be brought to this continent; introduction by wild migratory birds is one



Chronic Wasting Disease

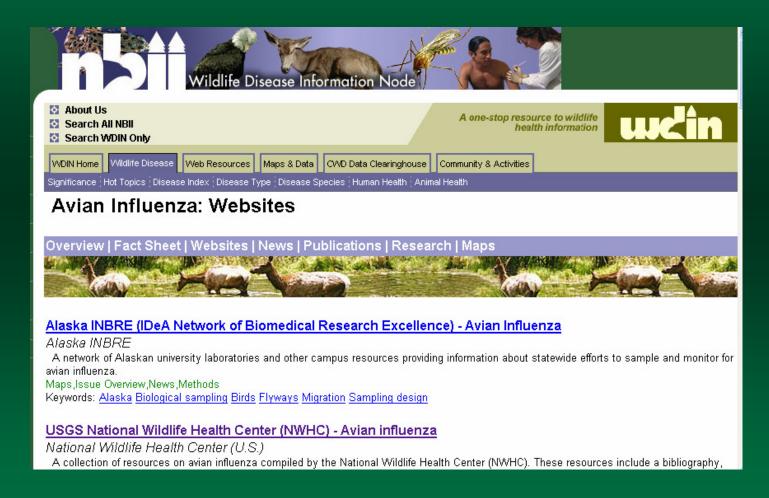
Chronic wasting disease (CWD) is a

disease of the nervous system in deer and elk that results in distinctive brain lesions. It continues to be a major issue for

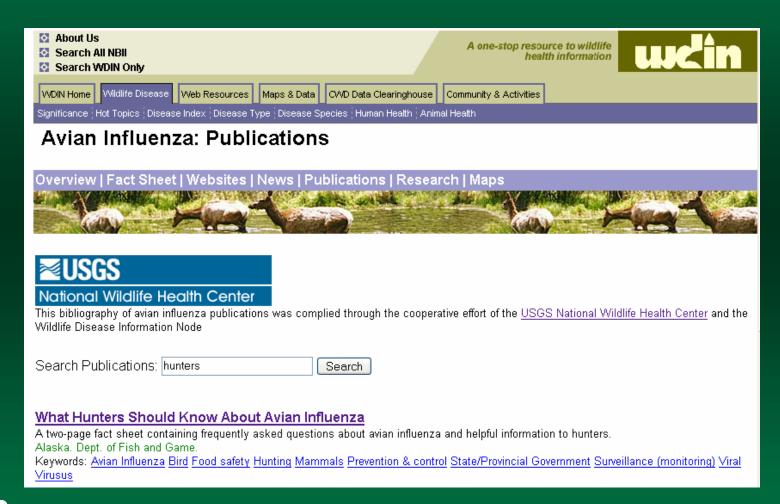
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- NWHC Job Opportunities













U.S. Fish & Wildlife Service

Division of Migratory Bird Management



Avian Influenza in Wild Birds—Sources of Information

John L. Trapp
U.S. Fish and Wildlife Service
Division of Migratory Bird Management
Arlington, Virginia
Prepared October 31, 2005
Last Revised November 14, 2005

The purpose of this document is to bring together in one location some of the more informative Web sites having information specific to avian influenza in wild birds. Avian influenzas of many different strains have long been known to occur naturally in wild birds, particularly waterfowl and shorebirds. These viruses normally circulate in wild bird populations, but rarely cause mortality. Long a focus of concern by the poultry industry as a source of influenza infections in domestic stock, the influenza strains that infect wild birds was not known to infect humans until recently. Since 1997, the highly pathogenic H5N1 avian influenza virus has emerged as a source of mortality in wild birds, domestic poultry, and humans in southeast Asia. The precise roles played by migratory birds in the spread of H5N1 and its transmittal to domestic poultry and humans remain uncertain and continue to be debated by experts.

If you reference only one of the links below, we suggest that you make it the National Wildlife Health Center's <u>Avian Influenza Home Page</u>, which we consider to be the premier online source for information on avian influenza in wild birds.

To make navigation of this site easier, links to avian influenza in wild birds are organized in six categories:

Information from Agencies of the U.S. Government Information from State Wildlife Agencies



AI Wild Bird Surveillance



David Swayne, David Suarez, Erica Spackman, Mary Pantin-Jackwood Southeast Poultry Research Laboratory USDA/ARS, Athens, GA



- Information Products
- Talking Points can be very helpful
- Frequently Asked Questions
- Influenza is a Very Dynamic Disease
- WEB Materials
- Handling Guidelines



General Recommendations

- Thoroughly washing hands with soap and water (or with alcohol-based hand products if the hands are not visibly soiled) is a very effective method for inactivating influenza viruses, including HPAI.
- These viruses are also inactivated with many common disinfectants such as detergents, 10% household bleach, alcohol or other commercial disinfectants.
- The virus is more difficult to inactivate in organic material such as feces or soil.



Recommendations: Apparently healthy wild birds

- To the extent practical, decrease the risk of inhaling aerosols such as dust, feathers, or dander.
- When possible, wear rubber or latex gloves and protective eyewear.
- Wash hands often as described above, and disinfect work surfaces and equipment between sites.
- Do not eat, drink, or smoke while handling animals.



Recommendations: Sick or dead birds

- Wear protective clothing: coveralls, rubber boots, latex or rubber gloves.
- Minimize exposure to mucosal membranes by wearing protective eyewear (goggles) and a protective mask (N95 NIOSH approved mask is recommended)
- Decontaminate work areas and properly dispose of potentially infectious material including carcasses.
- Do not eat, drink, or smoke while handling animals.



Recommendations: Where H5N1 has been detected, particularly during disease control operations

- Consult with a state or federal wildlife or public health agency about the basic guidelines for infection control, including how to put on and use, remove, disinfect or dispose of personal protective equipment and clothing.
- Wash hands frequently and disinfect exposed surfaces and field equipment.
- Wear coveralls, gloves, or boots that can be disinfected or discarded, a respirator and protective eyewear.



Recommendations: Where H5N1 has been detected particularly during disease control operations

- Consult a health care provider and follow the latest CDC/WHO guidelines for prophylactic medications and precautions.
- Monitor your health for clinical signs of influenza infection during and for one week after exposure.
- Contact your healthcare provider if you develop fever, flu-like symptoms or conjunctivitis (eye inflammation). Inform them prior to arrival that you have potentially been exposed to HPAI.

