



# AT LAST!

## A WEBSITE DESIGNED FOR GROWN-UPS.

For senior-friendly health and wellness information, check out [www.NIHSeniorHealth.gov](http://www.NIHSeniorHealth.gov)

This premier government website is easy to use:

- You can make the text **bigger**
- You can make the **contrast** better
- You can even make it “talk”

[www.NIHSeniorHealth.gov](http://www.NIHSeniorHealth.gov)



**NIHSeniorHealth.gov**  
Built with you in mind

**NIHSeniorHealth**  
was developed by  
the National Institutes  
of Health – *the Nation's*  
*Medical Research Agency.*

