

Adam Drewnowski, Ph.D., MA

Dr. Adam Drewnowski is the Director of the Center for Public Health Nutrition at the University of Washington. He is Professor of Epidemiology in the School of Public Health and Community Medicine; Adjunct Professor of Medicine in the Medical School and Member of the Fred Hutchinson Cancer Research Center in Seattle. His studies on obesity and social disparities have addressed some of the dietary and environmental reasons why highest rates of obesity and type 2 diabetes are observed among minorities and the working poor. His research deals with unequal access to healthy foods and with the impact of taste, cost, and convenience on food preferences and eating habits. Dr. Drewnowski has received an NIH P20 award to develop an Exploratory Obesity Research Center at the University of Washington, with a focus on economic and policy issues. His current research on identifying nutritious foods based on a nutrients-to-energy ratio has implications for regulatory agencies, health educators, and the consumer. He is the author of over 100 research papers and numerous reviews and book chapters. His studies on access to healthy diets have appeared in the American Journal of Clinical Nutrition, the American Journal of Public Health and in Nutrition Today.