

KANSAS DEPARTMENT OF EDUCATION

Project:

School Health Program to Prevent Serious Health Problems and Improve Educational Outcomes through the Youth Media Campaign

Type:

- School physical education
- School/community health education
- Professional development

Setting:

- School-based
- Community-based

Partners:

- State health department
- State AAHPERD association
- Colleges/universities

Goal:

- To implement professional training to support improved physical education and physical activity for youth.

Description:

Training for teachers, school nurses, and directors of after-school activity programs was conducted in the following areas: three workshops for teachers on the Physical Essentials and Physical Focus physical education curriculum, three workshops for teachers and school nurses on coordinated school health education, a workshop on technology and physical activity, a workshop on enhancing physical activity for students with disabilities, and three workshops across the state for directors of after-school activity programs. Process and impact evaluations of each workshop were conducted by the Jones Institute for Educational Excellence at Emporia State University.

Successes:

- At least 420 teachers received training through workshops in school curriculum; the School Health Index; Fit, Healthy and Ready to Learn; technology and physical activity
- Enhanced physical activities of students with disabilities.

Strategies for sustainability:

- Training provided to teachers and other professionals will positively affect physical education in future years.
- This project's accomplishments will become a foundation for fundraising from state foundations to support future work.



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