

## Tropical Morning Treat *Makes 2—1cup servings*

1 cup 100% orange juice  
2 apples  
2 oranges  
2 bananas

1. Place orange juice in bowl.
  2. Wash apples and dry. Remove the core and dice. Coat apple surfaces with orange juice to prevent browning.
  3. Peel oranges and break into sections. Cut sections into small pieces.
  4. Peel and slice bananas into 1/4 inch circles.
  5. Combine all fruit and orange juice lightly in a bowl and mix together. Chill or serve immediately.
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