



E000710

PROFILE: CENTRAL NEW YORK REGIONAL MEDICAL PROGRAM

**Grantee: The Research Foundation of State
University of New York, Albany, N. Y.**

**Current Chief Executive: Richard H. Lyons, M.D.
Program Coordinator**

Profile Originally prepared by: Frank S. Nash

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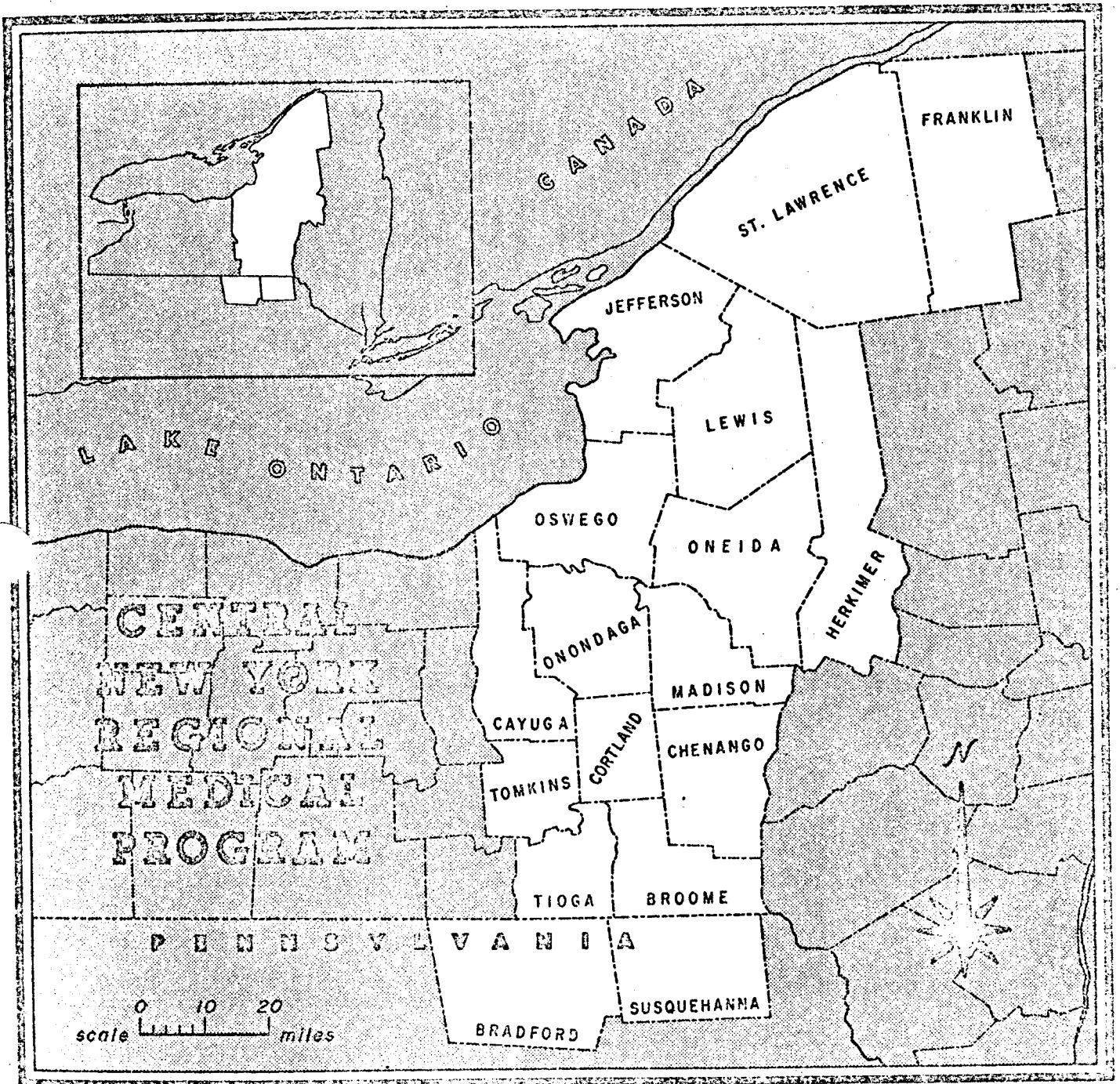
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I. GEOGRAPHY

The Central New York Regional Medical Program is comprised of 15 counties in Central New York, plus two counties in adjacent northern Pennsylvania. The boundaries were determined by Medical Trade Areas, Medical Education and post graduate educational patterns and to conform with the boundaries of the State Health Department regional efforts.

(See map of Region next page)

GEOGRAPHIC DESCRIPTION OF THE REGION



II. DEMOGRAPHY

A) Population: Approximately 2,300,000

- 1) Approximately 50% urban
- 2) Approximately 98.3% white
- 3) Median age approximately 30

B) Land Area: Approximately 26,016 square miles

C) Health Statistics:

- 1) Mortality rate for heart disease *449/100,000 (high)
- 2) Mortality rate for cancer *184/100,000 (high)
- 3) Mortality rate for CNS Vascular lesions *89/100,000 (low)

(*Rates for New York State - 1964)

D) Facilities Statistics:

- 1) State University of New York, Upstate Medical Center, 4 year, medical school, enrollment approximately 380.
- 2) There are 19 schools of nursing, 6 of these collegiate affiliated.
- 3) There are five college and institute based schools of Medical Technology.
- 4) There are 48 (short-term) hospitals, (1 federal) with 7,654 beds (488 federal).

E) Personnel Statistics:

- 1) There are approximately 2,700 M.D.s (133/100,000) and approximately 55 D.O.s
- 2) There are approximately 15,000 registered nurses of which only about 9,000 are active.

III. POLITICS

A) Governor: Nelson Rockefeller (R) 1971

B) Senators: Charles E. Goodell (R) 1968-1971

Jacob K. Javits (R) 1957-1975; Labor & public Welfare,
Select Committee on Nutrition & Human Needs, Joint
Economic Committee

C) Representatives:

District 31 - Franklin
St. Lawrence
Jefferson
Oswego
Lewis

Robert Cameron McEwen (R) 1964

District 32 - Oneida
Herkimer
Madison

Alexander Pirne (R) 1958

District 33 - Tompkins
Tioga
Broome

Howard Winfield Robison (R) 1958;
Appropriations

District 34 - Onondaga

James M. Hanley (D) 1964 Banking &
Currency

District 35 - Cayuga
Cortland
Chenango

Samuel S. Stratton (D) 1958

District 10 - Bradford
(Penna). Susquehanna

Joseph M. McDaide (R) 1962;
Appropriations

IV. HISTORICAL REVIEW

- February 1966 - Mr. Yordy, DRMP, meets with groups from Upstate Medical Center, State University of New York, Syracuse, New York, reviews objectives of program, methods of application, etc.
- March 1966 - Upstate Medical Center Council, appointed by Governor of New York, appoints 15 member Regional Advisory Group and approves the Research Foundation of the State University of New York as the Fiscal agent for the applicant institution. Dr. Lyons appointed as acting Program Coordinator.
- October 1966 - Planning grant application submitted requesting two years support. \$192,408 for period 1/1/67-12/31/67 and \$211,206 for period 1/1/68-12/31/68.
- December 1966 - Planning grant application approved for the time in amount requested.
- November 1967 (1) - Continuation application submitted requesting \$302,157 (DC) support for 02 year of planning.
- November 1967 (2) - Supplement to Planning grant submitted requesting additional funds to expand Core & Planning activities.
- November 1967 (3) - Operational Grant Application submitted requesting 3 years support for 4 projects: Continuing Education in Nursing, Rehabilitation Consultation Service, Oneida County Tumor Conference, Family Practice Program. \$285,569 1st year, \$391,393 2nd year, \$389,662 3rd year for a total of \$1,066,584 D.C.
- January 1968 - Continuation application approved per revised budget. \$211,000 (D.C.) awarded including carryover of \$144,000 plus new funding of \$124,634.
- June 1968 - Supplement to planning grant awarded - \$138,268 D.C. for period 6/68-12/31/68.
- June 1968 - Operational Status approved and award granted (\$372,355) to support 4 projects for period 7/1/68 - 6/30/69. 02 year commitment - \$370,633; 03 year commitment - \$304,001.

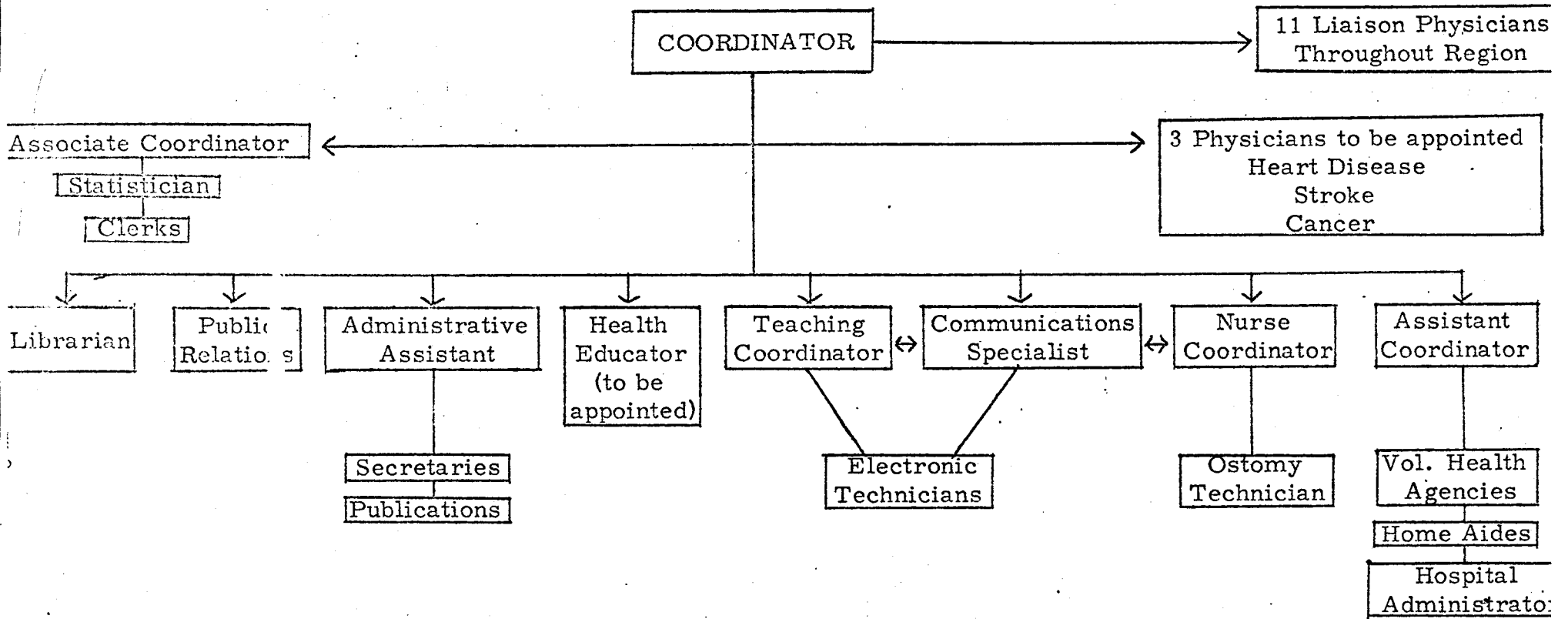
- August 1968 - Supplement to operational grant submitted requesting support for 7 new projects. Total of \$443,536 for 3 years support for period 4/1/69-3/31/72.
- August 1968 - Renewal Planning grant application submitted requesting Core & Planning support for 5 years; 1st year request \$457,171 D.C. - Total request for 5 year period - \$2,291,800 (D.C.)
- June 1969 - Award granted combining Planning and Operational grants. Support for Core \$462,500 and support for 8 projects. 1st year award - \$1,069,762; committed for 2nd and 3rd years - \$674,000, \$370,000, period - October 1, 1970 - September 30, 1972.
- May 1969 - Operational supplement application submitted requesting support for two additional projects.
- August 1969 - Operational supplement approved for support of one project, the other was disapproved. Region was informed no new RMP funds were available at this time due to continued deliberations over the HEW budget for Fiscal Year 1970.

V. CORE STAFF

- A) Core Staff headquarters at State University of New York, Upstate Medical Center, Syracuse, New York.
- B) Richard H. Lyons, M.D. is Program Coordinator.
- C) As of 12/30/69, 26 of 35 budgeted Core staff positions are filled.
- D) See Organization Chart of Core next page.
- E) Eleven liaison physicians (distributed throughout the Region) serve as "area representatives" for Central New York Regional Medical Program and are reimbursed on a part-time basis.
- F) See list of Core Staff positions; filled and vacant plus % of time.

CENTRAL NEW YORK REGIONAL MEDICAL PROGRAM CORE STAFF

<u>NAME</u>	<u>TITLE OF POSITION</u>	<u>% OF TIME</u>
Richard H. Lyons, M.D.	Coordinator	90
Thomas More, M.D.	Associate Coordinator	--
John J. Murray	Assistant Director	100
Walter Curry	Teaching Coordinator	100
Margaret Stovie, R.N.	Nurse Coordinator	50
Marjorie Jordahl	Adm. Assistant Secretary	100
Joyce Miller, Jr.	Stenographer	100
Maria Bernardi	Jr. Stenographer	100
Jo Ann Griffin	Jr. Stenographer	100
Janet Seymour	Senior Stenographer	60
arry Stevens	Res. Worker	100
James Martin	Res. Assistant	100
Wilma Rothstein	Ostomy Tech.	100
John Dunham	Statistics Clerk	40
Suzanne Murray	Librarian (Medical)	100
To be appointed:		
4 Jr. Stenographers		100
Assistant Nurse Coordinator		50
Communications Specialist		100
Health Educator		100
3 Physicians		80



ORGANIZATION CHART - CORE STAFF
CENTRAL NEW YORK REGIONAL MEDICAL PROGRAM

VI. ORGANIZATION

A) Regional Advisory Group

- 1) Composed of 35 members and includes 19 physicians, 1 Registered Nurse, 5 Hospital Administrators, 1 dentist, 3 social Scientists, 2 managerial and 4 other professionals.
- 2) Original RAG was appointed by the Council of the Upstate Medical Center State University of New York.
- 3) Meets - on call at least six times per year or more often if necessary.
- 4) New members are selected by the RAG nominating Committee, approved by the RAG and confirmed by the Council: Appointments are for 1, 2 or 3 years in accordance with the By-Laws of the RAG.
- 5) Officers of the RAG are elected by majority vote of RAG membership and serve for one year or until their successors are elected.
- 6) Functions:
 - a) Advises and participates in the implementation of Central New York Regional Medical Programs.
 - b) Has full authority to approve all programs and activities of Central New York RMP.
 - c) Determines policy and establishes program priorities.
 - d) Reviews and approves all Central New York RMP grant proposals.
 - e) Clark T. Case, M.D., practicing physician surgeon is current RAG Chairman.

B) Executive Committee

- 1) First established May, 1969
- 2) Consists of a chairman and 4 members of RAG
- 3) Nominated by committee of RAG and elected by majority vote of membership.
- 4) Is responsible to RAG and its actions are subject to RAG approval.
- 5) Functions:

Assists in formulating agenda for RAG meetings, recommends policy needs or changes to RAG, has assisted in resolving some personnel problems for Core etc.

C) Categorical or other Committees

A reorganization in September, 1969, reduced from 8 to 6 the number of existing committees: Community Health Education, Evaluation of Services, Health Manpower, Hospital, Nominating, and Continuing Medical Education and Special Programs.

These committees assist in identifying needs, recommend priorities, assist in project development, technical review, evaluation etc. Committees are appointed by and are responsible to the RAG.

D) Program development

Eligible individuals or institutions may apply to Central New York Regional Medical Program for project grant support. Core Staff are available to assist in development of applications. Applications are reviewed by Core and the appropriate categorical committee prior to submission to the RAG. The RAG retains authority for approval or disapproval of project proposals and determines priority of proposals to be submitted to Division of Regional Medical Programs.

FUNDED OPERATIONAL PROJECTS

#1 -- CONTINUING NURSING EDUCATION

Objectives: To update local nursing skills. Programs will be offered in several ways: in-center programs and remote presentations via telecommunications, both followed by on-site visits; programs at sub-regional centers; and programs designed to train additional teachers in the region. There will be continuous planning and monitoring to identify needs, resources, and the like.

#2 -- REHABILITATION CONSULTATION SERVICE

Objectives: This project would focus on stroke using a mobile team which would provide consultation, service, and educational programs in peripheral hospitals and other health care facilities in the region. The proposed team would be under the direction of a physician and be composed of physical and occupational therapists, speech pathologists, and orthotists. Additional consultative services would be available from other Departments of the Upstate Medical Center which has an established rehabilitation program and is designated as a primary rehabilitation facility by the state.

#3 -- ONEIDA COUNTY TUMOR CONFERENCE

Objectives: The proposed series of teaching conferences would build upon a previously conducted cancer clinic program. It would initially involve seven cooperating hospitals in Oneida County, each of which already has appointed a Cancer Committee. The purpose of this project is physician and nurse education. Ten monthly conferences would be presented under the direction of the participating hospitals on a rotating basis. Outside consultant-lecturers would be used and the conferences would be open to the entire medical community. It is anticipated that the conference program might be extended to four additional counties in the future.

#4 -- FAMILY PRACTICE PROGRAM - ST. JOSEPH'S HOSPITAL

Objectives: To provide consultants and lecture services in the areas of heart disease, cancer, stroke, and related diseases.

#5 -- NURSING CORONARY CARE TRAINING PROGRAM AT ST. LUKE'S AND ST. ELIZABETH'S HOSPITALS, UTICA, NEW YORK

Objectives: 20 nurses in Utica area will each receive 20 days of clinical and didactic training in coronary care each year. Because both hospitals are presently supporting their own coronary care units, this request is primarily for the additional efforts the nursing supervisors and physicians will spend in this training program.

* #6 -- HOME DIALYSIS TRAINING PROGRAM

Objectives: Establishment of home care dialysis training program at the Upstate Medical Center in Syracuse for training patients in home dialysis and serving as functional unit in care of patients for training of public health nurses, other nurses, physicians and medical students.

* #7 -- RENOVATION OF TEACHING SPACE IN GOOD SAMARITAN HOSPITAL

Objectives: Remodeling ward in Good Samaritan Hospital for administration and educational purposes.

#8 -- THE NEW YORK STATE SIGMOIDOSCOPIC DEMONSTRATION TEACHING PROGRAM

Objectives: To acquaint physicians with incidence, symptoms and recognition of common tumors of the rectum; to teach correct methods for the performance of proctosigmoidoscopic examinations; to keep adequate records of utilization and value of the course to the physician; and, to assist previous physician-students in their offices if help is desired. Has been planned by advisory group of physicians and pilot program has been funded through the Division of Chronic Diseases.

#9 -- MEDICAL BRIEFS BY TELEPHONE AT ROBERT PACKER HOSPITAL, SAYRE, PENNSYLVANIA

Objectives: Provide local physician specific and up-to-date information on tape recordings available by toll-free telephone. Current information on heart disease, cancer and stroke will be supplied twenty-four hours a day.

* #10 -- EQUIPMENT GRANT REQUEST FOR COMMUNITY-GENERAL HOSPITAL, SYRACUSE, N.Y.

Objectives: Purchase of equipment to be used in educational activities at the Community-General Hospital in Syracuse.

#11 -- REGIONAL LEARNING RESOURCES CENTER FOR NURSING CONTINUING
EDUCATION

Objectives: Provide teaching guides, reprints, outlines, and other materials including moving pictures and videotapes to augment nursing training, particularly in the smaller hospitals which cannot afford nursing educators.

#12 -- PREVENTION OF AND EFFECTIVE RECOVERY FROM CARDIOVASCULAR ILLNESSES
THROUGH KNOWLEDGEABLE NURSING INTERVENTION

Objectives: The School of Nursing at Syracuse University will sponsor a 16-weeks course for the graduate nurse to increase her knowledge and understanding of CV nursing and to improve her ability to deliver quality care to patients with heart disease.

* Approved but no RMP funds provided.