



MAIL ORDER FORM FOR REQUESTING EDUCATIONAL MATERIALS

Please fill in the information below so that we can mail you the materials that you requested.

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② Please check box if you would like to receive this item	<i>Office Use</i>
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- About the HCHP and Internet Resources.** 2 pages (HCHP) *HC1*
 A summary of the purpose and goals of the Hanford Community Health Project (HCHP). Also includes a short list of useful Internet resources. *June 2002*
- Request for Medical Evaluation for Past Exposure to I-131.** 2 pages (HCHP) *HC2*
 This fact sheet is designed for you to hand to your health care provider. It will help them understand the history of Hanford releases, health risks associated with exposure to I-131, the exposure pathway, and recommended thyroid screening procedures. *August 2002*
- Results of the HCHP survey.** 2 pages (HCHP) *HC3*
 Summary results from a survey (500 interviews) of the population that were exposed to Hanford releases of I-131 as young children. *January 2002*

<p>What is Cancer? 11 pages (ATSDR). Discusses benign and malignant tumors, causes of cancer, how cancer develops, cancer symptoms and detection, risk and lifestyle factors, and childhood cancers. <i>2001</i></p>	<input type="checkbox"/>	<i>AI</i>
<p>An Overview of Hanford and Radiation Health Effects. 9 pages (HHIN). Presents some basic information about Hanford, the radiation it released and how people were exposed to the radioactive contamination. It also provides an introduction to the possible health effects from radiation exposure, including a special section on thyroid disease. <i>Summer 1996</i></p>	<input type="checkbox"/>	<i>HH1</i>
<p>The Release of Radioactive Materials From Hanford: 1944-72. 8 pages (HHIN). Provides a brief historical sketch and describes Hanford's releases into the air, water and soil. It also discusses the uncertainties in the estimates of the amount of radioactive material released. <i>Spring 1997</i></p>	<input type="checkbox"/>	<i>HH2</i>
<p>HOT SPOTS: Weather and Hanford's Radioactive Releases to the Air. 5 pages (HHIN). Discusses how hot spots might have affected the amount of radiation a person received from Hanford. It explains how the effects of weather can create situations where people living farther from Hanford could have received higher exposures than people who lived closer to Hanford. <i>Spring 1994</i></p>	<input type="checkbox"/>	<i>HH3</i>
<p>Timeline of Major Events Related to the Release of Radioactive Materials from Hanford. 11 pages (HHIN). Provides a year-by-year overview of the major events related to the release of radioactive materials from Hanford, the public's awareness of these emissions and related studies. <i>June 1997</i></p>	<input type="checkbox"/>	<i>HH4</i>
<p>Glossary. 13 pages (HHIN). Brief definitions of the most commonly used terms for describing Hanford related radioactive releases and health effects. <i>January 1999</i></p>	<input type="checkbox"/>	<i>HH5</i>
<p>Coping with Uncertainty and Illness. 12 pages (HHIN). Focuses on coping with the physical and emotional concerns expressed by Hanford downwinders (those who lived in the areas "downwind" or "downriver" from the Hanford site). <i>Fall 1995</i></p>	<input type="checkbox"/>	<i>HH6</i>
<p>The Immune System and Radiation. 6 pages (HHIN). An introduction to the possible connections between radiation exposure and effects on the immune system. <i>Fall 1995</i></p>	<input type="checkbox"/>	<i>HH7</i>

- The Nervous System and Radiation.** 8 pages (HHIN). HH8
 Describes how the nervous system works, the types of diseases that can afflict the nervous system, the health effects to the nervous system connected with high-dose and low-dose radiation exposure, and provides several viewpoints on information needed to determine whether there is a relationship between Hanford's radiation releases and health effects of the nervous system. *Fall 1995*
- Genetic Effects and Birth Defects from Radiation Exposure.** 6 pages (HHIN). HH9
 Discusses genes, mutations and birth defects, and how radiation can harm a cell. It reviews studies on the effects of parental radiation exposure before pregnancy and the effects of radiation exposure before birth; presents results from new laboratory research; and discusses the information in relation to Hanford's releases. *Fall 1994*
- Radiation and Cancer.** 6 pages (HHIN). HH10
 Discusses the question of whether there is an increased risk for developing cancer among people who were exposed to radiation released from Hanford. It offers the opinions of three scientists. *Summer 1994*
- Radioactivity in the Body.** 4 pages (HHIN). HH11
 Discusses the way that exposure to radiation occurs, how the body handles internal radiation exposure, and which tissues and organs received most of the dose from the radioactive materials released from Hanford. *Spring 1994*
- Epidemiology: Understanding Health Studies.** 8 pages (HHIN). HH12
 Describes what epidemiology is and its importance, the challenges in doing epidemiologic studies, the significance of some of the key terms, and the epidemiologic studies that have been done around Hanford. *Fall 1995*
- Using Health Studies to Understand Your Risk from Radiation Exposure.** HH13
 11 pages (HHIN).
 Introduces you to the statistical concepts and terms scientists use to describe the health risks from radiation exposure. *January 1999*
- Tips for Understanding Health Studies.** 5 pages (HHIN). HH14
 Describes how science works, three ways scientists look for evidence about health questions, what epidemiologic (health) studies can and can't tell you, why you might not want to make a change in your lifestyle based on news reports of the latest health study, and six pointers for evaluating news reports about a new study or the study findings you read in a scientific journal. *April 1997*
- Working With a Healthcare Provider.** 4 pages (HHIN). HH15
 Offers suggestions that can help you in your search for a physician, naturopath or other type of health care provider. It also provides tips for building a more effective relationship with your provider. *Spring 1998*

<p>Finding Low or No-Cost Health Care. 1 page (HHIN). Provides information on how to obtain low-or no-cost health care, and lists some of the health programs available. <i>Spring 1995</i></p>	<input type="checkbox"/>	<i>HH16</i>
<p>What you need to know about Thyroid Cancer. 36 pages (NCI) Discusses possible causes, symptoms, diagnosis, treatment, and follow-up care for thyroid cancer. It also has information to help patients cope with thyroid cancer. <i>September 2001.</i></p>	<input type="checkbox"/>	<i>NCI1</i>
<p>Making Choices: Screening for Thyroid Disease. 16 pages (NCI) A decision aid for people exposed to I-131 from the Nevada atmospheric nuclear tests. This workbook focuses on the pros and cons of thyroid cancer screening. <i>September 2002.</i></p>	<input type="checkbox"/>	<i>NCI2</i>
<p>Get the facts about exposure to I-131 Radiation. 17 pages (NCI) Information about I-131 and its possible effects on the thyroid gland. <i>September 2002</i></p>	<input type="checkbox"/>	<i>NCI3</i>
<p>Summary of the Hanford Thyroid Disease Study - Final Report. 3 pages (CDC). A summary of the results of the Hanford Thyroid Disease Study (HTDS) that was conducted to answer the question: “Did exposure to iodine-131 from Hanford result in increased incidence of thyroid disease?” <i>June 2002</i></p>	<input type="checkbox"/>	<i>CDC1</i>
<p>Summary of the Hanford Thyroid Disease Study - Final Report (en Español). 3 pages (CDC). Resumen del Informe Final Sobre el Estudio de las Enfermedades de la Tiroides en Hanford. <i>Junio 2002</i></p>	<input type="checkbox"/>	<i>CDC2</i>
<p>A Guide to the Hanford Thyroid Disease Study - Final Report. 23 pages (CDC). A guide summarizing the history of Hanford, how the HTDS was conducted, its findings and interpretations, the study’s timeline and review process. It also includes information on thyroid disease and additional resources. <i>June 2002</i></p>	<input type="checkbox"/>	<i>CDC3</i>
<p>Hanford Thyroid Disease Study CD-ROM (CDC) This short 13 minute presentation on CD-ROM gives a brief overview of the Hanford Thyroid Disease Study. The presentation covers the background, design and findings of the study in easy to understand language to be viewed on a home computer.</p>	<input type="checkbox"/>	<i>CDC4</i>
<p>Screening for Non-Cancer Thyroid Disease. 12 pages (ASPE). Findings from a Department of Health and Human Services workshop which discussed the current policies regarding screening for non-cancer thyroid disease. <i>February 2001</i></p>	<input type="checkbox"/>	<i>ASPI</i>

Information for Health Care Providers

Thyroid Evaluation of Patients Who are Concerned About Hanford Iodine-131 Releases. 8 pages (ATSDR).



A4

A guide for healthcare providers to help them evaluate patients who are concerned about exposure to I-131. *December 2004*

The Case Studies in Environmental Medicine are a free series of self-instructional publications that qualify for Continuing Medical Education (CME) credit. They are designed to increase a primary care provider's knowledge of hazardous substances in the environment and to aid in evaluating potentially exposed patients. These courses are also available on the ATSDR web site: <http://www.atsdr.cdc.gov/HEC/CSEM/>

ATSDR Case Studies in Environmental Medicine: Taking an Exposure History. 63 pages (ATSDR). *March 2001*



A2

ATSDR Case Studies in Environmental Medicine: Radiation Exposure From Iodine I-131. 57 pages (ATSDR). *November 2002*



A3

③ We would like to ask you a few simple questions about yourself. We might use this information in the future to mail you information that would be of interest to those who were exposed to radioactive iodine.

During the 1940s and early 1950s those people living in the three counties -- **Adams, Benton, and Franklin**, Washington – had the highest exposure of radioactive iodine (I-131) released from Hanford.

Were you born in one of these counties between 1940 and 1951 ?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
When you were a child aged 5 or younger, did you live in one of these counties for more than 30 days between 1945 and 1951 ?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
Are you a Hanford 'downwinder'? That is someone who lived in the Hanford area and may have been exposed to I-131 released from Hanford.	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
What is your date of birth?	___ / ___ / ___ mm / dd / yyyy
Are you male or female?	<input type="checkbox"/> Male <input type="checkbox"/> Female
If you are a health care provider, do you treat patients who were exposed to Hanford releases?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know

④ Please return the completed Order Form to the address below:

**Hanford Community Health Project
 c/o National Opinion Research Center
 1 North State Street
 16th Floor
 Chicago, IL 60602**

Office Use

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Date materials mailed _____