National Health and Nutrition Examination Survey 2005-2006

# Documentation, Codebook, and Frequencies

## Social Support

### Questionnaire

**Survey Years:**
**2005 to 2006**

**SAS Transport File:**
**SSQ_D.XPT**

nhanes

December 2007

# NHANES 2005–2006 Data Documentation

## Questionnaire Section:  Social Support (SSQ_D)

**First Published:**  December 2007                                                  **Last Revised:**  NA

## Component Description

The social support section provides personal interview data on emotional, material, and network (the number of members in a network) support. The questions were selected from the Yale Health and Aging Study (MacArthur Studies of Successful Aging) and the Social Network Index – Alameda County Study.  Starting in 2005, an additional question about attendance at church or religious services was added to the social support section.

## Eligible Sample

All survey participants 40 or more years of age were eligible.  Before 2005, only participants 60 or more years of age were eligible.

## Interview Setting and Mode of Administration

The questions were asked in the home,  using the Computer-Assisted Personal Interviewing -CAPI (interviewer administered) system.

## Data Processing and Editing

Edits were made to ensure the completeness, consistency, and analytic usefulness of the data.  The number of times that a respondent reported attending church or religious services (SSD044) was originally reported as number of times per day, week, month, or year and converted to times per year.

## Analytic Notes

Since the questions were asked in the household interview, the interview sample weights may be used in their analysis.  However, if the data is joined with data from the Mobile Examination Center (MEC), the MEC sample weights should be used.

Please refer to the Analytic Guidelines for further details on the use of sample weights and other analytic issues.

## References

Berkman LF, Seeman TE, Albert M, Blazer D, Kahn R, Mohs R, Finch C, Schneider E, Cotman C, McClearn G, et al. High, usual and impaired functioning in community-dwelling older men and women: findings from the MacArthur Foundation Research Network on Successful Aging. J Clin Epidemiol. 1993 Oct;46(10):1129-40

## NCHS Locator Fields

**Title:** Social Support (SSQ_D)

**Contact Number:** 1-866-441-NCHS

**Years of Content:** 2005–2006

**First Published:** December 2007

**Revised:** NA

**Access Constraints:** None

**Use Constraints:** None

**Geographic Coverage:** National

**Subject:** This section provides personal interview data on emotional and material social support.

**Record Source:** NHANES 2003–2004

**Survey Methodology:** NHANES 2003–2004 is a stratified multistage probability sample of the civilian non-institutionalized population of the U.S.

**Medium:** NHANES Web site; SAS transport files.

# National Health and Nutrition Examination Survey
## Codebook for Data Production (2005-2006)

## Questionnaire Section:
## Social Support (SSQ_D)

December 2007

| SEQN | Target |
|---|---|
| | B(40 Yrs. to 150 Yrs.) |
| **Hard Edits** | **SAS Label** |
| | Respondent sequence number |

**English Text:** Respondent sequence number.

**English Instructions:**

| SSQ011 | Target |
|---|---|
| | B(40 Yrs. to 150 Yrs.) |
| **Hard Edits** | **SAS Label** |
| | Anyone to help with emotional support |

**English Text:** Now I would like to ask a few questions about {your/SP's} friends and family. Can {you/SP} count on anyone to provide {you/him/her} with emotional support such as talking over problems or helping {you/him/her} make a difficult decision?

**English Instructions:**

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 1 | Yes | 2786 | 2786 | |
| 2 | No | 229 | 3015 | SSD044 |
| 3 | SP doesn't need help | 30 | 3045 | SSD044 |
| 7 | Refused | 4 | 3049 | SSD044 |
| 9 | Don't know | 6 | 3055 | SSD044 |
| . | Missing | 1 | 3056 | |

| SSQ021A | Target |
|---|---|
| | B(40 Yrs. to 150 Yrs.) |
| **Hard Edits** | **SAS Label** |
| | Spouse gives most emotional support |
| **English Text:** In the last 12 months, who was most helpful in providing {you/SP} with emotional support? | |
| **English Instructions:** CODE ALL THAT APPLY | |

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 10 | Spouse | 1416 | 1416 | |
| 77 | Refused | 0 | 1416 | |
| 99 | Don't know | 4 | 1420 | |
| . | Missing | 1636 | 3056 | |

| SSQ021B | Target |
|---|---|
| | B(40 Yrs. to 150 Yrs.) |
| **Hard Edits** | **SAS Label** |
| | Daughter gives most emotional support |
| **English Text:** In the last 12 months, who was most helpful in providing {you/SP} with emotional support? | |
| **English Instructions:** CODE ALL THAT APPLY | |

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 11 | Daughter | 752 | 752 | |
| . | Missing | 2304 | 3056 | |

| SSQ021C | Target | | | |
|---|---|---|---|---|
| | B(40 Yrs. to 150 Yrs.) | | | |
| **Hard Edits** | **SAS Label** | | | |
| | Son gives most emotional support | | | |
| **English Text:** In the last 12 months, who was most helpful in providing {you/SP} with emotional support? | | | | |
| **English Instructions:** CODE ALL THAT APPLY | | | | |

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 12 | Son | 499 | 499 | |
| . | Missing | 2557 | 3056 | |

| SSQ021D | Target | | | |
|---|---|---|---|---|
| | B(40 Yrs. to 150 Yrs.) | | | |
| **Hard Edits** | **SAS Label** | | | |
| | Sibling gives most emotional support | | | |
| **English Text:** In the last 12 months, who was most helpful in providing {you/SP} with emotional support? | | | | |
| **English Instructions:** CODE ALL THAT APPLY | | | | |

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 13 | Sister/brother | 477 | 477 | |
| . | Missing | 2579 | 3056 | |

| SSQ021E | Target | | | |
|---|---|---|---|---|
| | B(40 Yrs. to 150 Yrs.) | | | |
| **Hard Edits** | **SAS Label** | | | |
| | Parent gives most emotional support | | | |
| **English Text:** In the last 12 months, who was most helpful in providing {you/SP} with emotional support? | | | | |
| **English Instructions:** CODE ALL THAT APPLY | | | | |

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 14 | Parent | 227 | 227 | |
| . | Missing | 2829 | 3056 | |

| SSQ021F | Target | | | |
|---|---|---|---|---|
| | B(40 Yrs. to 150 Yrs.) | | | |
| **Hard Edits** | **SAS Label** | | | |
| | Other relative gives emotional support | | | |
| **English Text:** In the last 12 months, who was most helpful in providing {you/SP} with emotional support? | | | | |
| **English Instructions:** CODE ALL THAT APPLY | | | | |

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 15 | Other relative | 224 | 224 | |
| . | Missing | 2832 | 3056 | |

| SSQ021G | Target |
|---|---|
| | B(40 Yrs. to 150 Yrs.) |
| **Hard Edits** | **SAS Label** |
| | Neighbors give most emotional support |
| **English Text:** In the last 12 months, who was most helpful in providing {you/SP} with emotional support? ||
| **English Instructions:** CODE ALL THAT APPLY ||

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 16 | Neighbors | 29 | 29 | |
| . | Missing | 3027 | 3056 | |

| SSQ021H | Target |
|---|---|
| | B(40 Yrs. to 150 Yrs.) |
| **Hard Edits** | **SAS Label** |
| | Co-workers give most emotional support |
| **English Text:** In the last 12 months, who was most helpful in providing {you/SP} with emotional support? ||
| **English Instructions:** CODE ALL THAT APPLY ||

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 17 | Co-workers | 37 | 37 | |
| . | Missing | 3019 | 3056 | |

| SSQ021I | Target |
|---|---|
| | B(40 Yrs. to 150 Yrs.) |
| **Hard Edits** | **SAS Label** |
| | Church members give emotional support |

**English Text:** In the last 12 months, who was most helpful in providing {you/SP} with emotional support?

**English Instructions:** CODE ALL THAT APPLY

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 18 | Church members | 155 | 155 | |
| . | Missing | 2901 | 3056 | |

| SSQ021J | Target |
|---|---|
| | B(40 Yrs. to 150 Yrs.) |
| **Hard Edits** | **SAS Label** |
| | Club members give most emotional support |

**English Text:** In the last 12 months, who was most helpful in providing {you/SP} with emotional support?

**English Instructions:** CODE ALL THAT APPLY

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 19 | Club members | 10 | 10 | |
| . | Missing | 3046 | 3056 | |

| SSQ021K | Target |
|---|---|
| | B(40 Yrs. to 150 Yrs.) |
| **Hard Edits** | **SAS Label** |
| | Professionls give most emotional support |

**English Text:** In the last 12 months, who was most helpful in providing {you/SP} with emotional support?

**English Instructions:** CODE ALL THAT APPLY

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 20 | Professionals | 27 | 27 | |
| . | Missing | 3029 | 3056 | |

| SSQ021L | Target |
|---|---|
| | B(40 Yrs. to 150 Yrs.) |
| **Hard Edits** | **SAS Label** |
| | Friends give most emotional support |

**English Text:** In the last 12 months, who was most helpful in providing {you/SP} with emotional support?

**English Instructions:** CODE ALL THAT APPLY

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 21 | Friends | 744 | 744 | |
| . | Missing | 2312 | 3056 | |

| SSQ021M | Target | | | |
|---|---|---|---|---|
| | B(40 Yrs. to 150 Yrs.) | | | |
| **Hard Edits** | **SAS Label** | | | |
| | Others give most emotional support | | | |
| **English Text:** In the last 12 months, who was most helpful in providing {you/SP} with emotional support? | | | | |
| **English Instructions:** CODE ALL THAT APPLY | | | | |

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 22 | Other | 67 | 67 | |
| . | Missing | 2989 | 3056 | |

| SSQ021N | Target | | | |
|---|---|---|---|---|
| | B(40 Yrs. to 150 Yrs.) | | | |
| **Hard Edits** | **SAS Label** | | | |
| | No one gives most emotional support | | | |
| **English Text:** In the last 12 months, who was most helpful in providing {you/SP} with emotional support? | | | | |
| **English Instructions:** CODE ALL THAT APPLY | | | | |

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 23 | No one | 20 | 20 | |
| . | Missing | 3036 | 3056 | |

| SSQ031 | Target |
|---|---|
| | B(40 Yrs. to 150 Yrs.) |
| **Hard Edits** | **SAS Label** |
| | Needed more support in past year |

**English Text:** [In the last 12 months], could {you/SP} have used more emotional support than {you/s/he} received?

**English Instructions:**

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 1 | Yes | 596 | 596 | |
| 2 | No | 2175 | 2771 | SSD044 |
| 7 | Refused | 0 | 2771 | SSD044 |
| 9 | Don't know | 15 | 2786 | SSD044 |
| . | Missing | 270 | 3056 | |

| SSQ041 | Target |
|---|---|
| | B(40 Yrs. to 150 Yrs.) |
| **Hard Edits** | **SAS Label** |
| | How much more support needed |

**English Text:** Would you say that {you/SP} could have used . . .

**English Instructions:**

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 1 | A lot more emotional support | 159 | 159 | |
| 2 | Some emotional support | 201 | 360 | |
| 3 | A little more emotional support | 235 | 595 | |
| 7 | Refused | 0 | 595 | |
| 9 | Don't know | 1 | 596 | |
| . | Missing | 2460 | 3056 | |

| SSD044 | Target | | | |
|---|---|---|---|---|
| | B(40 Yrs. to 150 Yrs.) | | | |
| **Hard Edits** | **SAS Label** | | | |
| | How often attend church per year | | | |
| **English Text:** How often {do you/does SP} attend church or religious services? | | | | |
| **English Instructions:** Enter number of days | | | | |

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 0 to 2557 | Range of Values | 3038 | 3038 | |
| 77777 | Refused | 7 | 3045 | |
| 99999 | Don't know | 10 | 3055 | |
| . | Missing | 1 | 3056 | |

| SSQ051 | Target | | | |
|---|---|---|---|---|
| | B(40 Yrs. to 150 Yrs.) | | | |
| **Hard Edits** | **SAS Label** | | | |
| | Anyone to help with financial support | | | |
| **English Text:** If {you/SP} need{s} some extra help financially, could {you/s/he} count on anyone to help {you/him/her}; for example, by paying any bills, housing costs, hospital visits, or providing {you/him/her} with food or clothes? | | | | |
| **English Instructions:** | | | | |

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 1 | Yes | 2250 | 2250 | |
| 2 | No | 709 | 2959 | |
| 3 | Offered help but wouldn't accept it | 60 | 3019 | |
| 7 | Refused | 6 | 3025 | |
| 9 | Don't know | 30 | 3055 | |
| . | Missing | 1 | 3056 | |

| | SSQ061 | Target | |
|---|---|---|---|
| | | B(40 Yrs. to 150 Yrs.) | |
| **Hard Edits** | | **SAS Label** | |
| 0 to 50 | | Number of close friends | |

**English Text:** In general, how many close friends {do you/does SP} have? PROBE: By "close friends" I mean relatives or non-relatives that {you s/he} feel{s} at ease with, can talk to about private matters, and can call on for help.

**English Instructions:** ENTER NUMBER OF CLOSE FRIENDS.

| Code or Value | Description | Count | Cumulative | Skip to Item |
|---|---|---|---|---|
| 0 to 50 | Range of Values | 3025 | 3025 | |
| 7777 | Refused | 6 | 3031 | |
| 9999 | Don't know | 23 | 3054 | |
| . | Missing | 2 | 3056 | |