## **Table of Contents**

Introduction	on	1
Vira	l Haemorrhagic Fevers: An Overview	3
Hov	v VHF Is Transmitted in the Health Care Setting	4
Wh	at Is in This Manual	5
Who	o the Manual Is For	5
Obj	ectives	5
Hov	v to Use the Manual	6
Glo	ssary for Use with This Manual	8
Section 1	Use Standard Precautions with All Patients	9
1.1	Use Standard Precautions	11
1.2	Establish and Maintain a Minimum Level of Standard Precautions	12
1.3	Establish Routine Handwashing	12
1.4	Handle and Dispose of Sharp Instruments Safely	14
1.5	Disinfect Reusable Needles and Syringes Safely	15
1.6	Disinfect Disposable Needles and Syringes That Must Be Reused	15
1.7	Use VHF Isolation Precautions	16
1.8	Select a VHF Coordinator	18
Section 2	Identify Suspected Cases of VHF	19
2.1	Use Information from Previous Outbreaks to Suspect a VHF	22
2.2	Begin VHF Isolation Precautions	25
2.3	Alert Health Facility Staff about Specific Risk for VHF Transmission	25

	2.4	Report the Suspected Case to the Health Authorities	27
	2.5	Identify Patient's Contacts and Travel History	28
Section	n 3	Isolate the Patient	29
	3.1	Select Site for the Isolation Area	31
	3.2	Plan How to Arrange the Isolation Area	32
	3.3	Gather Recommended Supplies	34
		3.3.1 Plan Disinfection for VHF-Contaminated Items	34
		3.3.2 Gather Supplies for the Patient Area	35
		3.3.3 Gather Supplies for the Changing Room	36
		3.3.4 Arrange for Storing of Supplies Outside the Changing Room	36
	3.4	Set Up Changing Rooms	37
	3.5	Place Security Barrier Around Isolation Area	37
	3.6	Consult Family Members about Patient Care	39
	Check	List: Supplies for a Changing Room	41
	Check	List: Supplies for Patient Area	42
Sectio	n 4	Wear Protective Clothing	43
	4.1	Specify Who Should Wear Protective Clothing	45
	4.2	Gather a Supply of Protective Clothing	46
	4.3	Put On Protective Clothing	53
	4.4	Take Off Protective Clothing	57
Sectio	n 5	Disinfect Reusable Supplies and Equipment	65
	5.1	Prepare Bleach Solutions	68
	5.2	Prepare Supply of Soapy Water	72
	5.3	Disinfect Gloved Hands between Patients	73
	5.4	Disinfect Used Gloves before Reuse	74

5.	.5	Disinfect Reusable Medical Instruments	75
5.	.6	Disinfect Bedpan or Waste Bucket	76
5.	.7	Disinfect Patient's Utensils	76
5.	.8	Disinfect Spills of Infectious Body Fluids	77
5.	.9	Disinfect Infectious Waste and Non-Reusable Supplies for Burning	78
5.	.10	Clean and Disinfect Protective Clothing	79
5.	.11	Clean and Disinfect Boots	79
5.	.12	Clean and Disinfect Patient's Bedding	80
5.	.13	Give First Aid for Accidental Exposures	81
Section (	6	Dispose of Waste Safely	83
6.	.1	What Needs Disposal	85
6	.2	Select Staff to Supervise Waste Disposal and Burning	87
6	.3	Train and Supervise Staff to Carry Out Waste Disposal	87
6	.4	Select Site for Burning VHF-Contaminated Waste	89
6	.5	Use Incinerator to Burn VHF-Contaminated Waste	89
6.	.6	Use Pit to Burn VHF-Contaminated Waste	92
6	.7	Take Steps to Ensure Security of Burning Site	93
Section 2	7	Use Safe Burial Practices	95
7.	.1	Prepare the Body Safely	97
7.	.2	Transport the Body Safely	98
7.	.3	Prepare Burial Site	98
7.	.4	Disinfect the Vehicle after Transporting the Body	99

Section 8	Mobilize Community Resources and Conduct Community Education	101
8.1	Identify Key Community Resources	104
8.2	Meet with Community Leaders and Assess the Current Situation	1106
8.3	Describe the Target Population	108
8.4	Describe Problems Contributing to Transmission Risk	108
8.5	Identify Changes or Actions Required	108
8.6	Identify Barriers to Carrying Out Recommended Changes or Actions	109
8.7	Develop Specific Messages	109
8.8	Select Activities for Communicating Messages	110
8.9	Assign Tasks and Carry Out Activities	110
8.10	Evaluate Activities	111
8.11	Obtain Community Feedback	112
8.12	Meet Regularly with the Mobilization Committee	112
Section 9	Make Advance Preparations to Use VHF Isolation Precautions	113
9.1	Identify a VHF Coordinator to Oversee Preparations	115
9.2	Assess Current Readiness for VHF Isolation Precautions	116
	9.2.1 Monitor Routine Handwashing Practices	116
	9.2.2 Assess Readiness for Identifying Suspected VHF Cases	117
	9.2.3 Assess Readiness for Setting Up a VHF Isolation Area	117
	9.2.4 Assess Readiness for Medical, Laboratory, and Cleaning Staff	117
9.3	Train Health Facility Staff in VHF Isolation Precautions	118
9.4	Plan for Community Mobilization	121
9.5	Assess Current Supplies and Equipment	122
9.6	Periodically Reassess Supplies	122
VHF	Isolation Precautions Supplies	123

Annex 1	Standard Precautions for Hospital Infection Control	133
Annex 2	Specific Features of VHFs	135
Annex 3	Planning and Setting Up the Isolation Area	141
Annex 4	Adapting VHF Isolation Precautions for a Large Number of Patients	145
Annex 5	Making Protective Clothing	149
Annex 6	Requirements for Purchasing Protective Clothing	153
Annex 7	Disinfecting Water for Drinking, Cooking and Cleaning	157
Annex 8	Preparing Disinfectant Solutions by Using Other Chlorine Products	161
Annex 9	Making Supplies: Sharps Container, Incinerator, and Boot Remover	163
Annex 10	Sample Job-Aids and Posters for Use in the Health Facility	165
Annex 11	Laboratory Testing for VHFs	171
Annex 12	Skin Biopsy on Fatal Cases for Diagnosis of Ebola	173
Annex 13	Community Education Materials	181
Annex 14	Conducting In-Service Training for VHF Isolation Precautions	185
Annex 15	Local Resources for Community Mobilization and Education	187
Annex 16	International and Regional Contacts	189
References		193
Index		197