

Specifications for Items of Protective Clothing:

This list describes the generic requirements for ordering or purchasing protective clothing from commercial vendors. Record the amounts needed on this list of specifications. The list can be photocopied and provided to donors to make sure that vendor specifications match the recommended specifications. Determine the quantities needed from the recommendations on the chart in Section 9.

Gowns	
Requirements	<p>Made from cotton cloth, cotton blend, or disposable fabric. The requirements are the same for both disposable <i>and</i> reusable gowns.</p> <p>Gowns should have the following requirements:</p> <ul style="list-style-type: none"> — Open at the back with ties at the neck, waist and middle of the back. — Ribbed or elasticized cuffs. — Be long enough to reach the knees. — If only large size is available, larger size can be cut and altered to fit smaller people. <p>If elasticized or ribbed cuffs are not available, attach thumb hooks to the end of the gown's sleeves. The thumb hooks can then be covered with the long wrist-sleeve of the gloves.</p>
Quantity needed	<p>Number of disposable gowns _____ Number of reusable gowns _____</p>

Apron	
Requirements	<p>Aprons are worn if there is risk of direct exposure to body fluids. The aprons are worn by physicians, nurses, corpse carriers, and cleaners. The requirements for the apron are the same for disposable or reusable models.</p> <p>Aprons should have the following requirements:</p> <ul style="list-style-type: none"> — Rubber or plastic apron with hooks or ties around the neck and with ties at the back. — Made from disposable plastic or heavy plastic which can be disinfected for reuse. — Able to fit over gown.
Quantity needed	<p>Number of disposable aprons _____ Number of reusable aprons _____</p>

Caps	
Requirements	To prevent contamination of hair and head from patient's vomit or blood: <ul style="list-style-type: none"> — Use disposable caps. — If disposable caps are not available, use cotton caps that can be laundered and reused.
Quantity needed	Number of disposable caps _____ Number of cotton caps _____

Masks	
Requirements	Worn to protect mouth and nose from splashes or droplets of patient's body fluids. Masks should offer appropriate protection. <ol style="list-style-type: none"> 1. 3M HEPA or N Series Mask: <ul style="list-style-type: none"> — Has preferable exhalation valve — Lightweight — Easy to use 2. Biosafety mask that limits 0.3-μm particles 3. Dust-mist masks 4. Surgical masks only protect from droplets splashed in the face. They are not HEPA rated.
Quantity needed	HEPA mask _____ Biosafety mask _____ Dust-mist mask _____

Thin gloves	
Requirements	Thin gloves to permit fine motor function. They can be surgical glove quality but do not need to be sterile. <ul style="list-style-type: none"> — Must reach well above the wrist, preferably 10 to 15 cm (4" to 6") long, measuring from the wrist up along the arm. — Should be tested for pinholes. — May be powdered or non-powdered.
Quantity needed	Number of pairs _____

Thick gloves	
Requirements	<p>Thick gloves for handling bodies, disinfection, and disposal of infectious waste.</p> <ul style="list-style-type: none"> — Should be made from neoprene or other thick rubber material. — Must reach well above the wrist, preferably about 30 cm (12"), measuring from wrist up along the arm.
Quantity needed	Number of pairs _____

Boots or overboots	
Requirements	<p>The requirements are the same for both latex overboots which can stretch over street shoes, and regular rubber boots</p> <ul style="list-style-type: none"> — Should be 30 cm (12") high and have textured soles. — Provide several sizes to meet size requirements of anyone who might use them (for example, obtain pairs of boots in sizes medium, and large). <p>Overboots are preferable to regular boots. They take up less space, fewer sizes are needed, and they are less expensive.</p>
Quantity needed	<p>Total number of pairs of overboots _____ (medium ____ large ____)</p> <p>Total number of pairs of rubber boots _____ (medium ____ large ____)</p>

Protective eyewear	
Requirements	<ol style="list-style-type: none"> 1. Use non-fogging goggles that are vented at the sides. 2. If non-fogging goggles are not available, purchase clear spectacles locally. <ul style="list-style-type: none"> — Should have ties extending from ear holders that can be tied around the back of the head so glasses will not fall off when health care worker leans over patient.
Quantity needed	<p>Number of pairs of non-fogging goggles _____</p> <p>Number of pairs of clear spectacles _____</p>

Annex 6

Other recommended equipment	Quantity needed
Sprayers: backpack style with hose to use for cleaning and disinfecting spills, rinsing boots, and other decontamination procedures.	
Plastic sheets for mattresses and barriers: can be purchased locally.	
Waterproof mattresses	
Front lamps: to fit over the physician's head to provide light when physician is examining patients.	
Kerosene lamps	
Body bags	