

4. Talk to Parents

Share your emergency plans with parents. They need to know what you plan to do in an earthquake or any other type of emergency. Ask them to make an earthquake plan for their homes and to talk to their children about earthquake safety.

5. Prepare an Emergency Kit

You may be on your own for two or three days after an earthquake, so it's a good idea to store medical supplies: flashlights, batteries, and a portable radio; food and water; diapers, waterproof plastic bags, and a shovel; and other necessities.

