Stressed? Sad? You are not alone.

Call 1-800-749-COPE

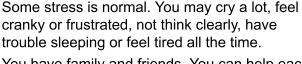
(1-800-749-2673)

1-800-273-TALK (1-800-273-8255)

1-866-326-9393

Find missing friends and family





You have family and friends. You can help each other through this. Watch for friends and family who seem very sad. Let them know you care. Ask them to get help.







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