

# Monitoring the Nation's Health

Upcoming releases from CDC's National Center for Health Statistics

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## [Selected estimates from NHIS and updated health insurance coverage now available](#)

Selected data from the National Health Interview Survey (NHIS) from January-September 2008 showed that the number of uninsured people remained steady at 43.3 million, similar to previous estimates. The new release also showed a slight increase in the proportion of people who smoke. The new release also includes updates on flu vaccinations, obesity, leisure-time physical activity, alcohol consumption, HIV testing, diabetes, asthma, and serious psychological distress.



### Featured State:

#### [NEW YORK](#)

- New York has the lowest rate of death in all 50 states for three leading causes of death: stroke, accidents, and Alzheimer's disease.
- New York has the fourth highest rate of death for influenza and pneumonia.
- In New York, 12.3% of persons under age 65 do not have health insurance, compared with 16.6% nationally.
- For more, visit [www.cdc.gov/nchs/pressroom](http://www.cdc.gov/nchs/pressroom).

## Report on teen substance abuse to be released in April



NCHS will be releasing a new report (**April 29—tentative**) examining health risk behaviors among adolescents 12 to 17 years of age. Topics include smoking, alcohol use, and illicit drug use and incorporates data from the 1999-2004 National Health and Nutrition Examination Survey.

## Report on metabolic syndrome shows more adults at risk of heart disease

Metabolic syndrome has been identified as a set of risk factors that increase a person's chances of developing heart disease. Metabolic syndrome includes abdominal obesity, elevated blood pressure, insulin resistance, and high cholesterol.



This upcoming report (**April 22—tentative**) from NCHS shows that a large percentage of the U.S. population meets the criteria for metabolic syndrome. The data covers metabolic syndrome according to age, weight, body mass index, sex, and race.

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## Latest National Nursing Home Data to be released in May

This new report based on 2004 data will present estimates on U.S. nursing homes, their current residents, and staff in 2004. The data are summarized by facility characteristics as well as new data items, such as special care units and programs, end-of-life care programs, and electronic information systems. Current residents are presented by demographic characteristics and health status, and new data items include advance directives, falls, emergent care, and pain management. Look for more information in our next newsletter, and check out the report itself at the beginning of May.



## Keep up to date!

Check out the NCHS website and NCHS Press Room for the latest news releases!

*NCHS recent releases of note:*

**[Wireless Substitution: State-level Estimates from the National Health Interview Survey, January-December 2007](#)**—This report shows that the percentage of wireless-only households varied greatly across the states. Oklahoma had the largest percentage of wireless-only households as well as the greatest percentage of adults using only a wireless phone.

**[Births: Preliminary Data for 2007](#)**—New birth statistics reveal that the U.S. teen birth rate increased slightly in 2007 for the second straight year. The report also found births to unmarried mothers increased to historic levels.

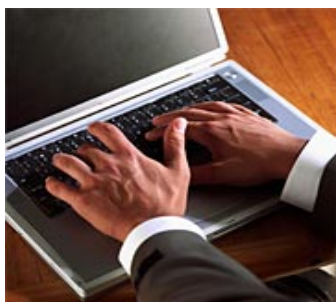
**[Consumer-Directed Health Care for Persons Under 65 Years of Age with Private Health Insurance: United States, 2007](#)**—Report examines enrollees in high deductible health plans.

## The NCHS homepage

Members of the media can find newly released data and reports under the “What’s New!” section on the NCHS homepage. The link to the NCHS [Press Room](#) can be found under “News & Events” on the far right. For the latest information on the status of upcoming releases, visit the NCHS Press Room homepage and click on [Embargoed/Upcoming Releases](#). You can also access news and data through the NCHS Press Room blog at [www.nchspressroom.wordpress.com](http://www.nchspressroom.wordpress.com).



## Inside the NCHS Pressroom—Reporter resources



[www.cdc.gov/nchs/pressroom](http://www.cdc.gov/nchs/pressroom)

### ◆ [NCHS Press Room](#)

Reporters’ link to information from NCHS.

### ◆ [Fast Stats A to Z](#)

The Fast Stats site provides quick access to statistics on public health topics organized alphabetically.

### ◆ [CDC Wonder](#)

WONDER provides a single point of access to a wide variety of public health reports and data systems categorized by topic.

### ◆ [News Release Archives](#)

News releases from NCHS organized by subject matter and date.