

# Walk-to-School Programs

## Quick Start Resource

*This resource is intended to provide key references, tools, and components for the planning, implementation, evaluation, and promotion of walk-to-school programs. Nonfederal Web site addresses are provided for informational purposes only, and this listing does not imply CDC endorsement of these programs.*

### Who can I contact for information, assistance, or involvement with my program?

#### National/International resources:

- **CDC's Kidswalk:** [www.cdc.gov/kidswalk](http://www.cdc.gov/kidswalk)  
*Resources, such as a Walk to School Guide and PowerPoint presentations, are provided to help communities plan a Walk to School event.*
- **National Pedestrian and Bicycling Information Center:** [www.pedbikeinfo.org](http://www.pedbikeinfo.org) and [www.walktoschool.org/srts.cfm](http://www.walktoschool.org/srts.cfm)  
*Information is provided on health and safety, engineering, advocacy, education, enforcement, access, and mobility.*
- **International Walk to School:** [www.iwalktoschool.org](http://www.iwalktoschool.org)  
*The IWALK site provides a participant directory, registration, event feedback, resources, and flyers.*
- **Walk and Bike to School USA:** [www.walktoschool.org](http://www.walktoschool.org)  
*This is the USA Web site for International Walk to School events. It provides media facts, advisory information, and handouts on why walking and biking are important.*
- **Active and Safe Routes to School:** [www.saferoutestoschool.ca/](http://www.saferoutestoschool.ca/)  
*This is Canada's Web site for Walk to School and Green Communities.*



#### Local partners:

- Schools (teachers, administrators)
- Police department
- Public/elected officials
- YMCA/Recreational organizations
- Parents
- Health department
- Transportation department
- Businesses
- Neighborhood associations
- Health coalitions

### Where can I find data for Walk-to-School Programs?

- **Surface Transportation Policy Project- State-specific statistics:** [www.transact.org/states/default.asp](http://www.transact.org/states/default.asp)  
*STPP analyzes federal transportation data. Fact sheets and state-specific data are available.*
- **Pedestrian and Bicycle Data Collection in United States Communities Quantifying Use, Surveying Users, and Documenting Facility Extent:** [www.pedbikeinfo.org/pdf/casestudies/PBIC\\_Data\\_Collection\\_Case\\_Studies.pdf](http://www.pedbikeinfo.org/pdf/casestudies/PBIC_Data_Collection_Case_Studies.pdf)  
*Information is provided from this study, including data collection, results, and case studies.*

### How are others implementing Walk to School?

- **Walk to School—Who's Walking?:** [www.iwalk.org/whoswalking](http://www.iwalk.org/whoswalking)  
*An interactive map provides registered events and resource people in various states.*
- **Transportation Alternatives: Summary of Safe Routes to Schools Programs** [www.transact.org/PDFs/sr\\_2002.pdf](http://www.transact.org/PDFs/sr_2002.pdf)  
*A catalog is provided of different safe-routes-to-school programs across the country.*
- **Exemplary Pedestrian Plans 2005:** [www.walkinginfo.org/pp/exem2005.htm](http://www.walkinginfo.org/pp/exem2005.htm)  
*This list of exemplary pedestrian plans was compiled to provide easy access to numerous models of pedestrian planning.*

## Where can I find help with evaluating my Walk-to-School Program?

- **CDC Physical Activity Evaluation Handbook:** [www.cdc.gov/nccdphp/dnpa/physical/handbook/index.htm](http://www.cdc.gov/nccdphp/dnpa/physical/handbook/index.htm)  
*This resource outlines the six basic steps of program evaluation and illustrates each step with physical activity program examples.*
- **Department of Transportation: Safe Routes to School Practice and Promise:** [www.nhtsa.dot.gov/people/injury/pedbimot/bike/Safe-Routes2004/pages/section-3.htm](http://www.nhtsa.dot.gov/people/injury/pedbimot/bike/Safe-Routes2004/pages/section-3.htm)  
*Chapter three of this guidebook explains how to evaluate and measure outcomes.*

## How do I continue Walk to Schools in the community?

Expanding or continuing walk/bike to school: training, legislation/policy, and other resources.

### Training:

- **CDC's Kids Walk-to-School train the trainer program:** [www.cdc.gov/nccdphp/dnpa/kidswalk/resources.htm](http://www.cdc.gov/nccdphp/dnpa/kidswalk/resources.htm)  
*This slide presentation was developed to support state-level promotion of walk- and bicycle-to-school programs.*
- **Pedestrian Bike Information Center Safe Routes To School training:** [www.pedbikeinfo.org/sr2s](http://www.pedbikeinfo.org/sr2s)  
*CDC, in collaboration with the US Department of Transportation, supports Safe Routes to School training through the Pedestrian and Bicycling Information Centers' efforts.*

### Legislation:

- **US DOT/Federal Highway Administration- Safe, Accountable, Flexible, Efficient Transportation Equity Act: A Legacy for Users (SAFETEA-LU):** [www.fhwa.dot.gov/safetealu/index.htm](http://www.fhwa.dot.gov/safetealu/index.htm)  
*This federal law allocates 612 million dollars to state departments of transportation through fiscal year 2009. It provides funding for communities for roads, pathways, or trails near schools, and for enforcement and education programs. The bill also provides for the creation of Safe Routes to School coordinator positions at the state level and a national Safe Routes to School clearinghouse.*
- **CDC-DNPA's Nutrition and Physical Activity Legislative Database:** <http://apps.nccd.cdc.gov/DNPALeg>  
*Search legislation on nutrition and physical activity (including safe routes to school) from 2001 to present.*
- **Pedestrian and Bicycle Information (Legislation and Funding):** [www.saferoutesinfo.org/legislation\\_funding](http://www.saferoutesinfo.org/legislation_funding)  
*Background information is provided on legislation and funding at each level of government.*

### Environment & Policy:

- **The Pedestrian Safety Guide and Countermeasure Selection System:** [www.walkinginfo.org/pedsafe](http://www.walkinginfo.org/pedsafe)  
*Engineering, education, and enforcement measures to improve pedestrian safety and mobility are provided.*

## Other related resources:

- **Safe Routes to School:** [www.saferoutesinfo.org/publications.cfm](http://www.saferoutesinfo.org/publications.cfm)
- **CDC's National Center for Injury Prevention and Control:** [www.cdc.gov/ncipc/duip/spotlite/walk\\_to\\_school.htm](http://www.cdc.gov/ncipc/duip/spotlite/walk_to_school.htm)  
*Information and guidelines on pedestrian safety are provided.*
- **EPA Travel and Environmental Implications of School Siting (10/03):** [www.epa.gov/dced/school\\_travel.htm](http://www.epa.gov/dced/school_travel.htm)  
*Information is provided from a study that examines the relationship between school locations, the built environment round schools and how kids get to school, and the impact of those travel choices on air emissions.*
- **Historic Neighborhood Schools in the Age of Sprawl: Why Johnny Can't Walk to School:** [www.nationaltrust.org/issues/schoolsrpt.pdf](http://www.nationaltrust.org/issues/schoolsrpt.pdf)  
*A publication from the National Trust for Historic Preservation addresses schools and public policy.*
- **National Clearinghouse for Educational Facilities: Smart Growth and Schools Resource List:** [www.edfacilities.org/rl/smart\\_growth.cfm](http://www.edfacilities.org/rl/smart_growth.cfm)  
*A large resource provides a variety of information related to schools and smart growth.*