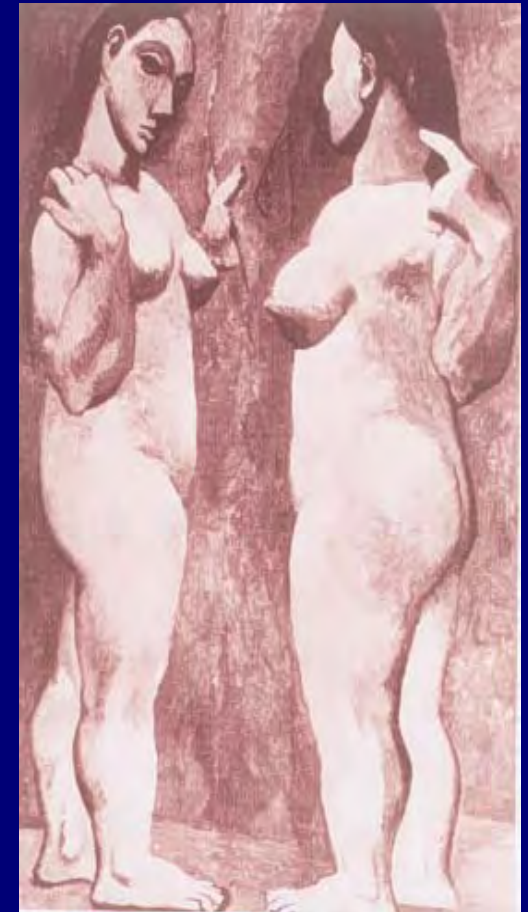


# PREOPERATIVE THERAPY IN INVASIVE BREAST CANCER

Reviewing the State of the Science and Exploring New Research Directions

## Reconstruction After Preoperative Therapy

Michael J. Miller, M.D.  
The Ohio State University  
Comprehensive Cancer Center  
Arthur G. James Cancer Hospital  
Solove Research Institute



# Breast Reconstruction

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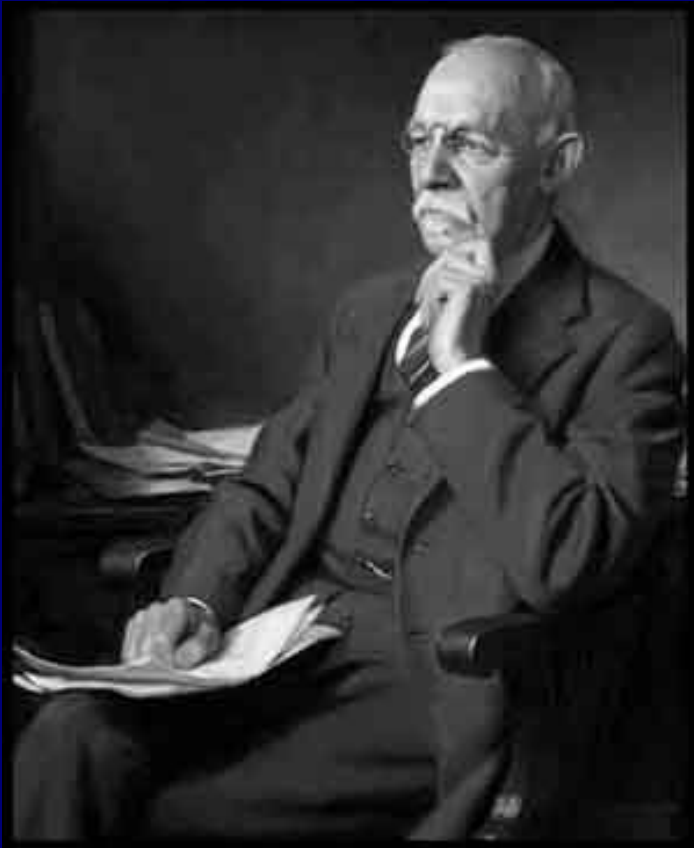
First report: 1906 Louis Ombredanne  
(France)



[www.urofrance.org](http://www.urofrance.org)

# Breast Reconstruction

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William Halsted (1852-1922)

- Father of American Surgery
- Vigorously opposed breast reconstruction

# Halsted Mastectomy

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- Breast Skin
- *Pectoralis Major*
- Axillary contents



# Initial Reports- 1980's

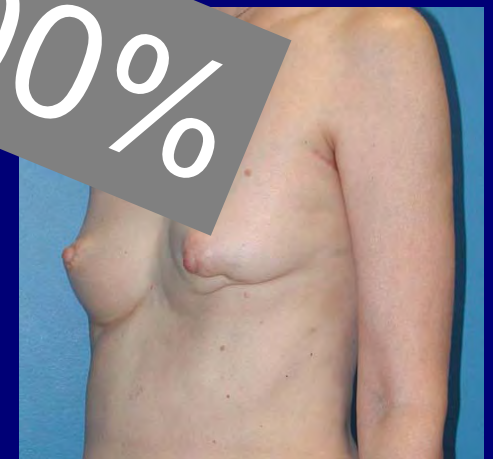
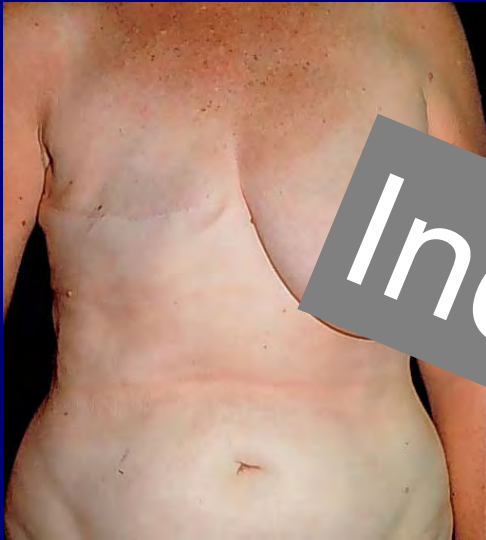
---

- Albo RJ. *Amer J Surg* 140:131-6, 1980.
- Georgiade G. *Ann Plast Surg* 8:20-8, 1982.
  - 62 patients
  - 42% > 2yr F/U
- Georgiade G. *Plast Reconstr Surg* 76:415, 1985.
  - Recon. (n=101) vs. non-recon (n=377) cohorts
  - Median F/U 36 months (92% > 1yr)
- Noone RB. *Plast Reconstr Surg* 76: 258, 1985.
  - 185 patients
  - Mean F/U 26 months (range 2-82)

No adverse affect on disease outcomes

# Breast Deformity

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Incidence: 100%

# Physical Deformity

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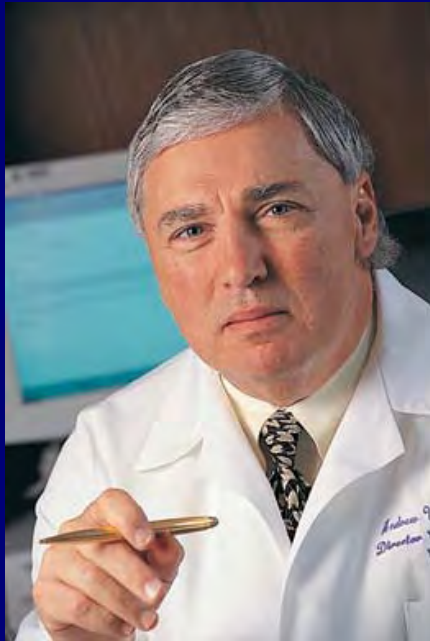
*Consequences:*

- Aesthetic
- Functional
- Emotional
- Social

= *Suffering*

# NCI Challenge Goal Initiative

---



*Year 2015*

*... eliminate suffering ...  
from cancer.*

Andrew von Eschenbach, M.D.  
Director, National Cancer Institute  
Jan. 2002 - Dec. 2006



# Paradigm Shift

---

~~Suffering~~  
Eliminate Cancer



Mission  
accomplished.

# Paradigm Shift

---

~~Suffering~~  
Eliminate Cancer



Mission  
accomplished?

At least one step closer...

# Consequences

---

Therapeutic Goal: Restore Wholeness

Therefore:

- Multidisciplinary care team including reconstructive surgeons.
- More difficult to study.
- Quality of life outcome changes therapeutic risk/benefit calculation

# Multidisciplinary Care

---

Not universally adopted...

- Low overall rate of reconstruction
- Extreme geographic variation
- Knowledge deficit
  - Limited awareness of contemporary methods
  - Skepticism of clinical value

Paulson, 1994; Thompson, 2000; Wanzel, 2002;  
Morrow, 2001; Polednak, 2000.

# Knowledge Deficit: Practitioners

- Wanzel et. al. Reconstructive breast surgery: referring physician knowledge and learning needs. *Plast Reconstr Surg* 110(6): 1441, 2002.

TABLE II

Summary of the Level of Agreement with Statements Concerning Attitudes toward Breast Reconstruction, by Physician Specialty and Gender

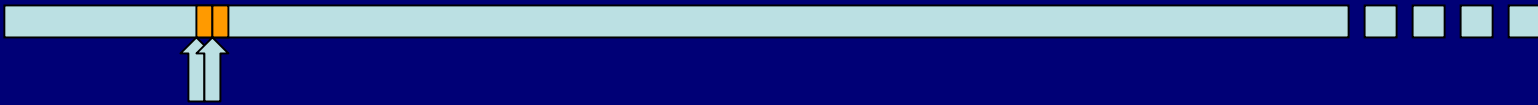
Survey Statement: Breast Reconstruction. . .	Physician Specialty (%)*						Physician Gender		p Value
	Oncologists		General Surgeons		Primary Care Physicians		Male (%)	Female (%)	
	Yes	No	Yes	No	Yes	No			
Adversely delays detection of local cancer recurrence	36.7	31.1	39.8	51.1	31.5	43.8	37.1	35.2	0.63
Adversely interferes with adjuvant oncologic therapy	38.9	48.9	22.7	59.1	9.7	75.0	24.9	28.0	0.90
Should be offered only to long-term cancer-free survivors	27.8	43.3	11.4	71.6	20.5	60.3	23.6	20.6	0.96
May have a positive effect on quality of life	95.6	1.1	95.5	2.3	94.6	0.0	96.9	92.3	0.39
Is an appropriate use of health-care resources	81.1	3.3	85.2	9.1	71.2	8.2	76.0	84.1	<0.05

\* In each case, the remainder of the respondents were "unsure" of their opinion regarding the statement.

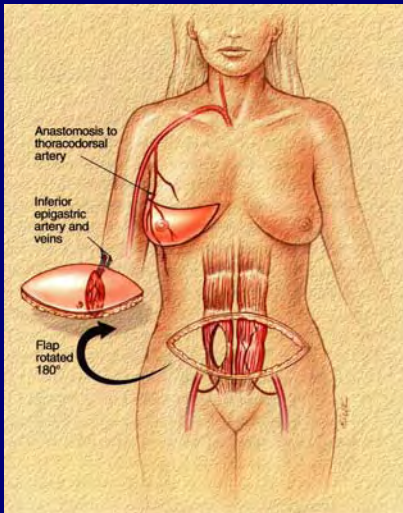
# Reconstruction Process

---

time →



- Deformity
- Op #1  
(Immediate)

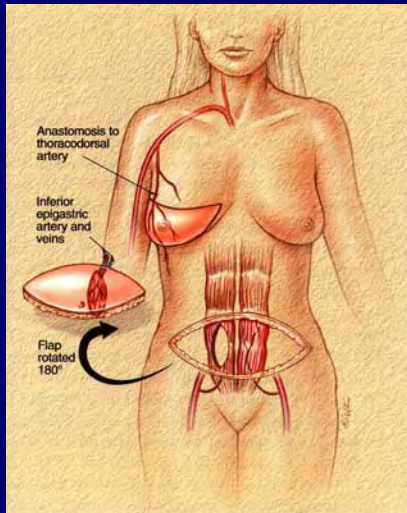


# Reconstruction Process

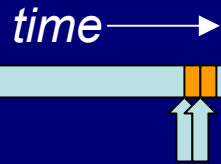
time →



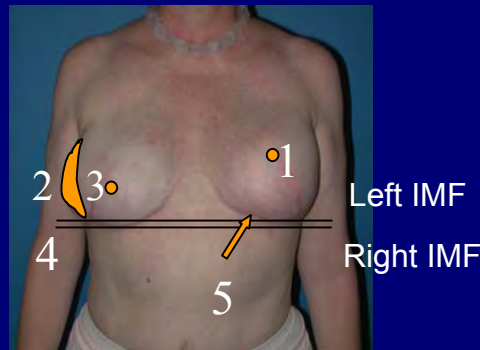
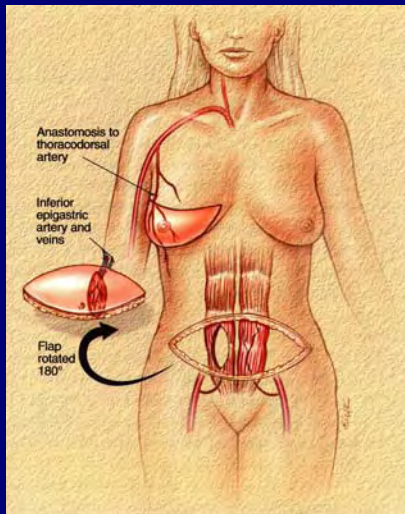
- Deformity
- Op #1  
(Immediate)



# Reconstruction Process

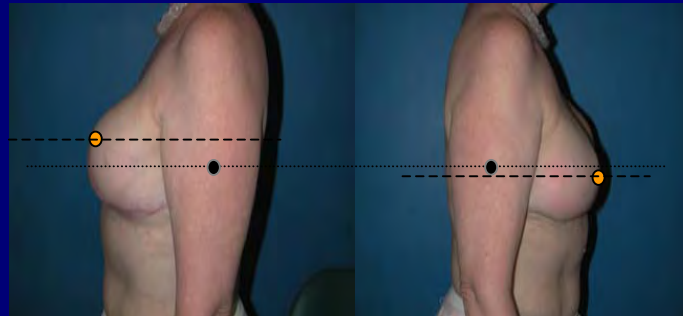


- Deformity
- Op #1  
(Immediate)



Problem list:

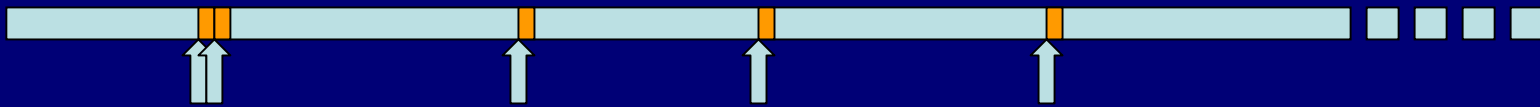
- 1) Point of maximum projection (anterior)
- 2) Point of maximum projection (lateral)
- 3) Breast width
- 4) IMF position
- 5) Irregular left IMF





# Reconstruction Process

time →

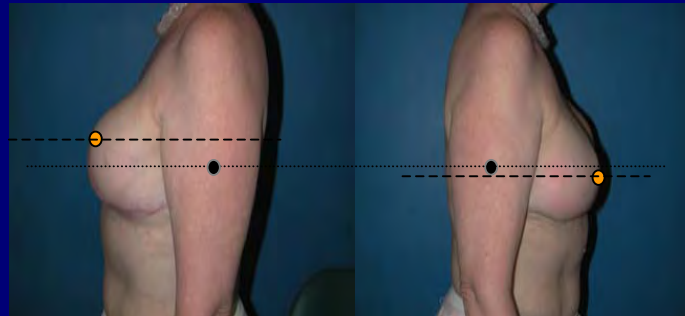
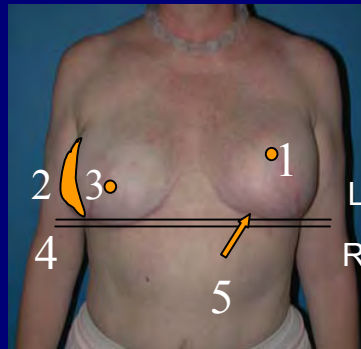
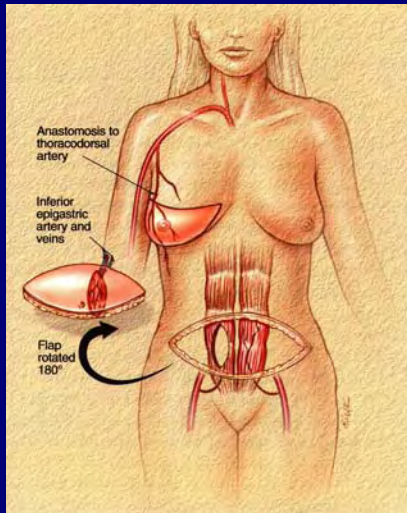


- Deformity
- Op #1 (Immediate)

Op. #2

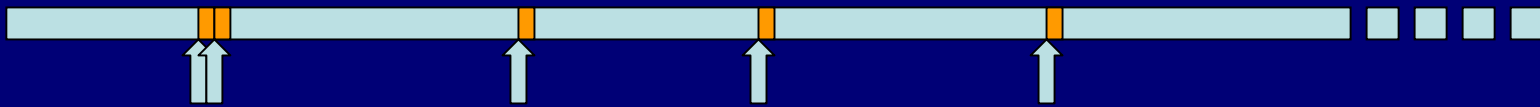
Op. #3

Op. #4



# Reconstruction Process

time →

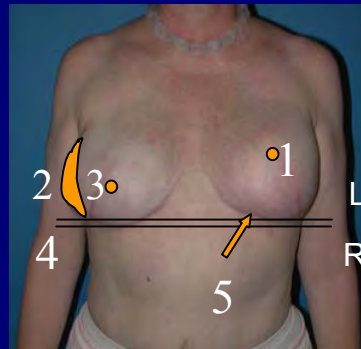


- Deformity
- Op #1 (Immediate)

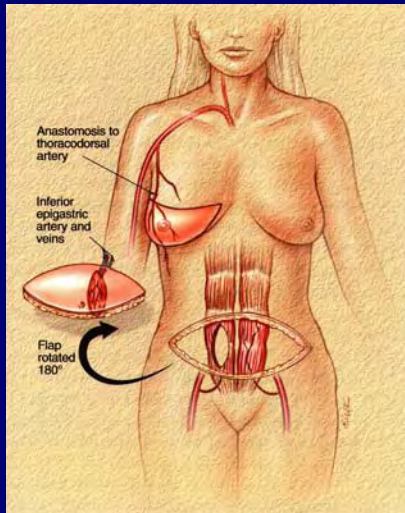
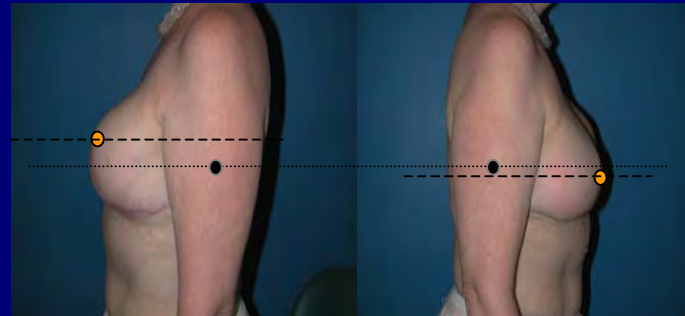
Op. #2

Op. #3

Op. #4



Left IMF  
Right IMF



# Reconstructive Techniques

---

## Post-mastectomy reconstruction

- Tissue expander/breast implant
- Tissue flap/implant combination
- Autologous tissue flaps
  - Pedicled transfers
  - Free tissue transfers
- Skin-sparing

# Reconstructive Techniques

---



Pre-operative



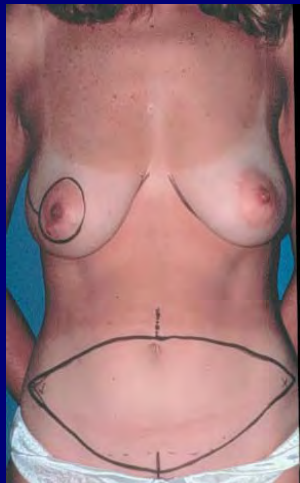
Post-operative



Implant reconstruction



Latissimus Dorsi flap +  
Implant reconstruction



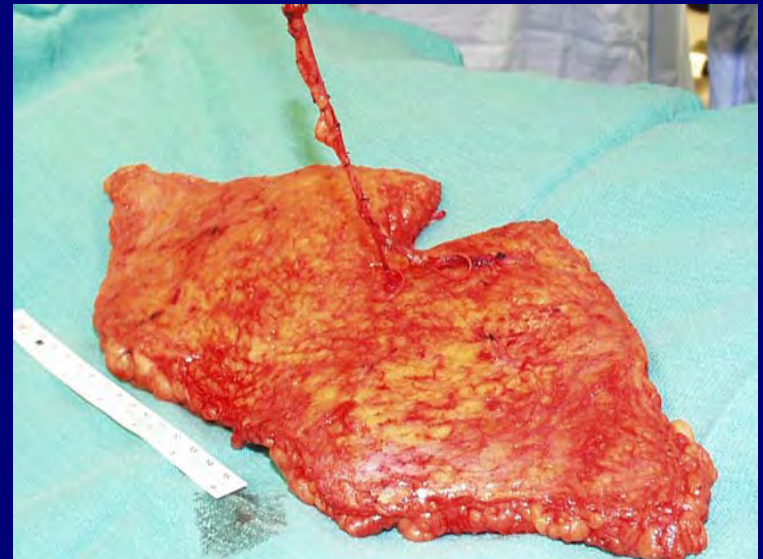
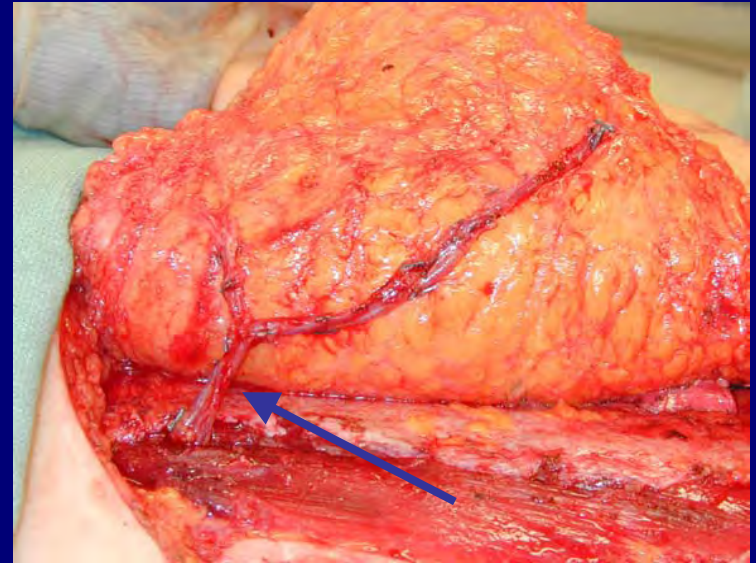
Autologous tissue  
reconstruction

# Perforator Flaps

---

## DIEP flap

- Advantages
  - Spares Muscle
  - Minimizes Pain
  - Less functional morbidity
- Disadvantages
  - Technical challenge
  - Increased operative time
  - Variations in anatomy
  - Less blood supply

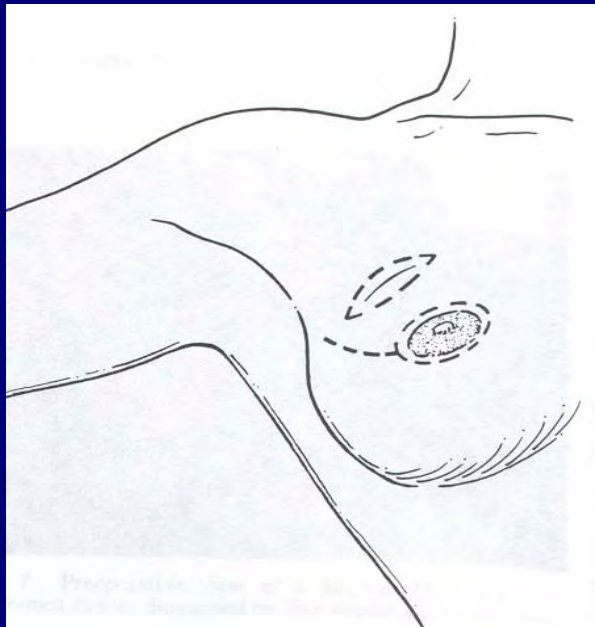


# Skin-Sparing Mastectomy

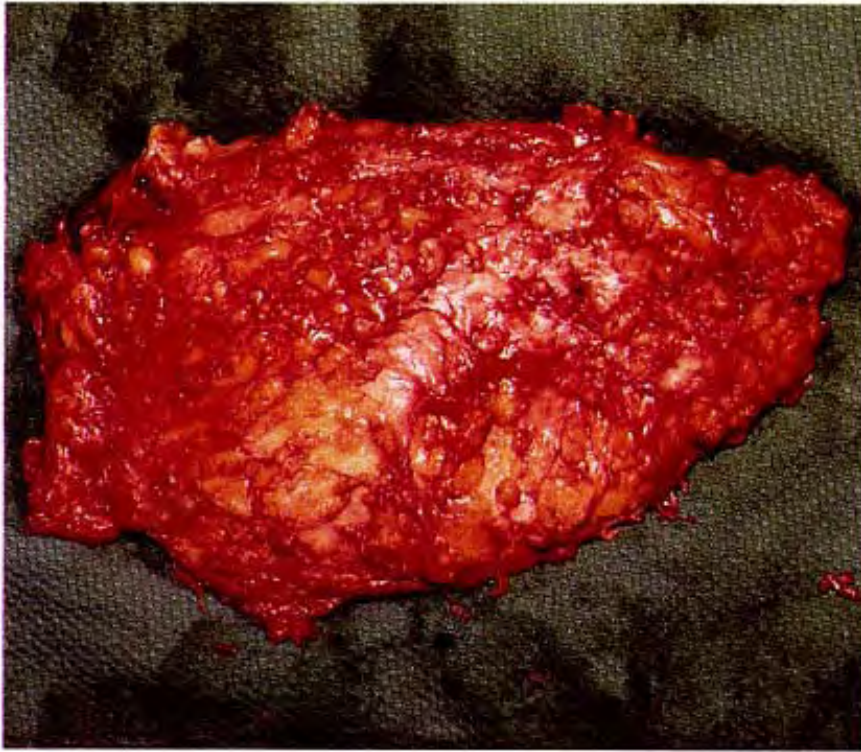
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Incisions for:

- Nipple and Areola
- Access to the axilla
- Biopsy scars
- Skin areas “at risk”



# Skin-Sparing Mastectomy



The *ablative surgeon* begins the reconstruction!



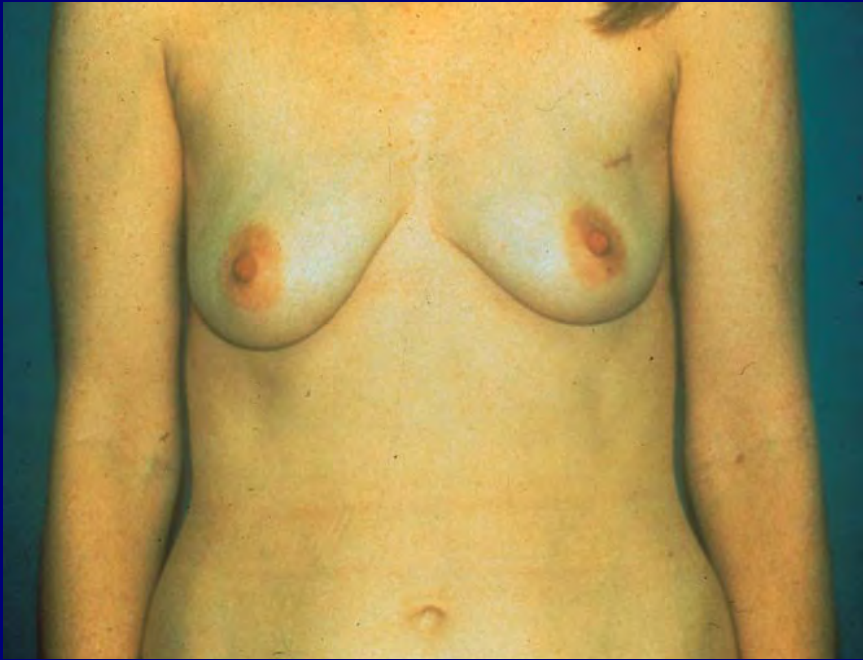
# Skin-Sparing Mastectomy

---

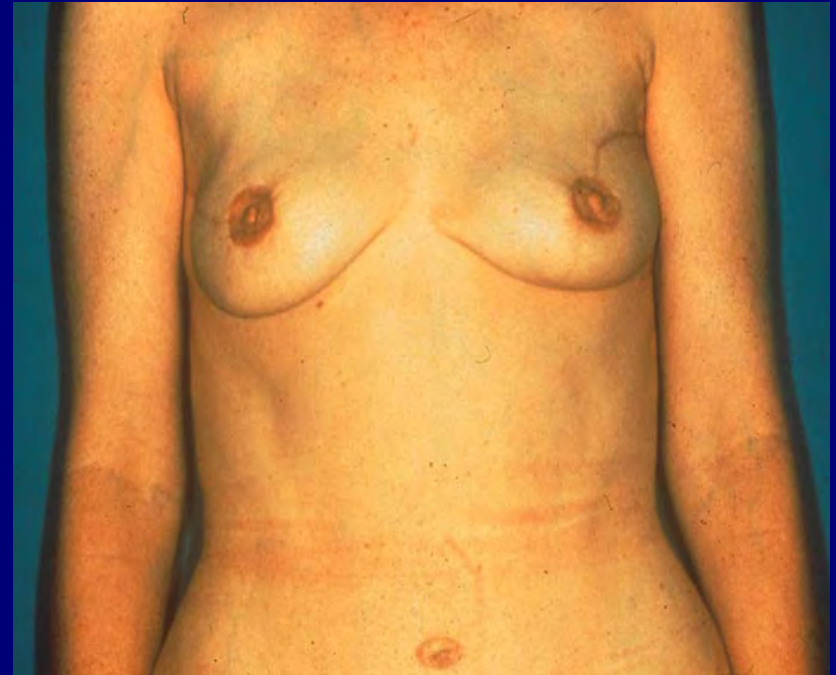


# Skin-Sparing Mastectomy

---



Pre-operative appearance



Post-operative appearance

# Nipple/Areolar Reconstruction

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Nipple  
Reconstruction



Areolar  
Micropigmentation



# Overview

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- Background
  - Reconstruction and multidisciplinary care
  - Techniques
- Preoperative therapies
  - Chemotherapy
  - Radiotherapy
  - Recurrent disease
- Research opportunities

# Pre-operative Chemotherapy

---

Deutsch MF. *Ann Plast Surg.* 42(3):240-4, 1999.

- 31 TRAM patients
- Increased minor complications
- No effect on resumption of therapy

Selber JC. *Annals of Plastic Surgery.* 56(5):492-7, 2006.

- 500 TRAM patients
- No effect on complications

Mehrara BJ. *Plast Reconstr Surg.* 118(5):1100-9; 2006.

- 1195 TRAM patients
- Increased risk minor complications
- No effect on resumption of therapy

Cordeiro PG. *Plast Reconstr Surg.* 118(4):825-31, 2006.

- 1221 tissue expander/implant patients
- Safe to continue CTx during expansion

# Radiotherapy and Reconstruction

---

<u>Author</u>	<u>RTx Patients</u>	<u>Conclusions</u>
1997 Williams	19	increased “fibrosis”
1998 Zimmerman	21	“cosmetically acceptable”
2000 Hanks	25	“well-tolerated”
2001 Lin	98	increases risk
2002 Proulx	15	“acceptable”
2002 Rogers	30 (matched pairs)	delay reconstruction
2005 McCarthy	12 (bilateral recon unilateral RTx)	↑ capsule, delay RTx
2005 Spear	80	↓ aesthetics, symmetry
2006 Behranwala	44	↑ capsule, ↑ pain, ↓ aesth.
2006 Cordiero	136	↑ complications

## Radiation Effects on Irradiated versus Untreated Sides in 14 Bilateral TRAM Patients

	Untreated Side ( <i>n</i> = 14)		Irradiated Side ( <i>n</i> = 14)	
	<i>n</i>	%	<i>n</i>	%
Flap loss	0	0	0	0
Normal breast mound	13	93	2	14
Firm flap	0	0	6	43
Hyperpigmentation	0	0	6	43
Fat necrosis	2	14	6	43
Skin contracture	0	0	13	93
Entire flap contracture†	0	0	3	21

\* All except one patient received reconstruction with transverse rectus abdominis muscle flap (TRAM).

† Entire flap contracture would need an additional flap to create the breast mound.

# Radiotherapy and Reconstruction

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Oct. 2000



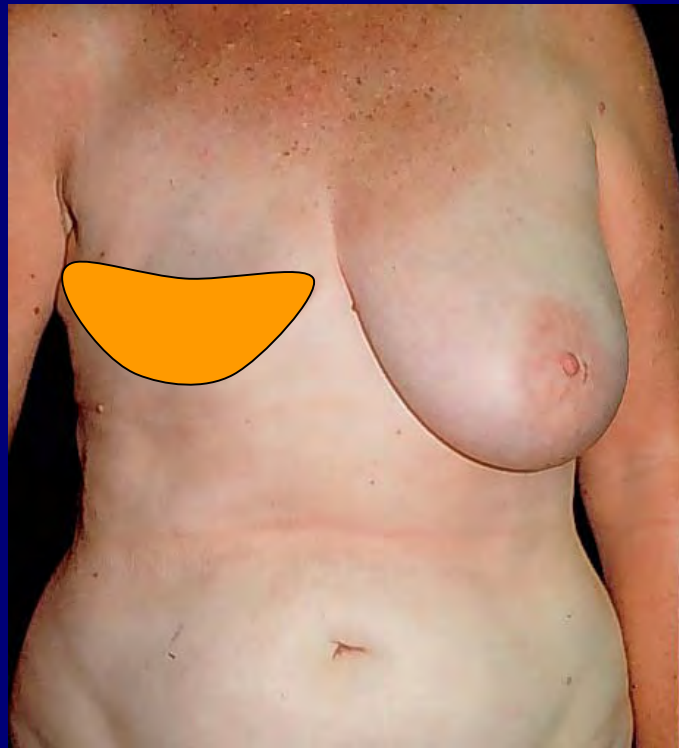
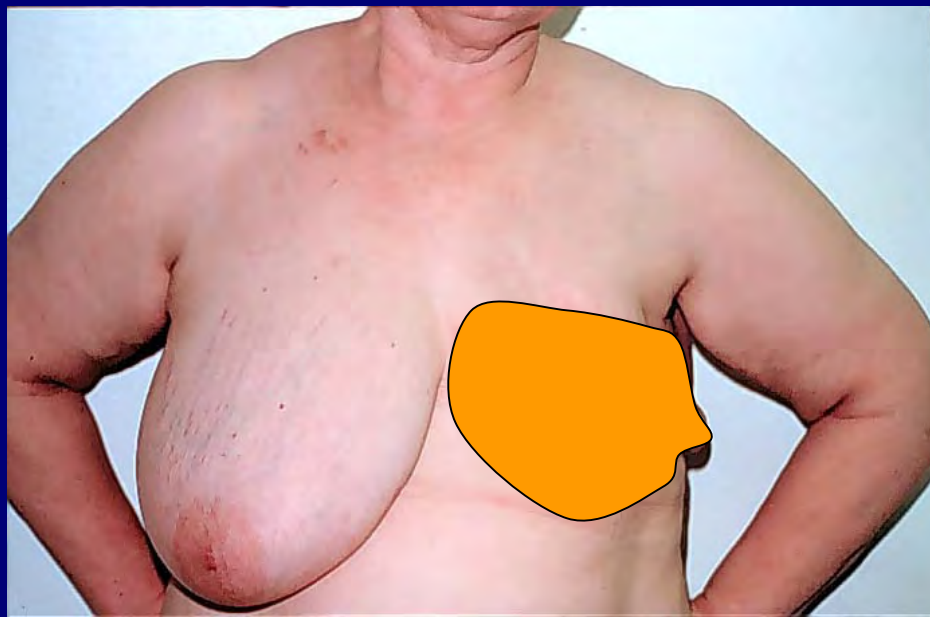
64 Gy  
Jan. 2001



Jan. 2002







# Radiotherapy and Reconstruction

---

## Timing

- Immediate
- Delayed
- “Delayed Immediate”

# Overview

---

- Background
  - Reconstruction and multidisciplinary care
  - Techniques
- Preoperative therapies
  - Chemotherapy
  - Radiotherapy
  - Recurrent disease
- Research opportunities

# Research Opportunities

---

1. Characterize deformity-related morbidity.
  - Focused Quality of Life studies

Pre-operative



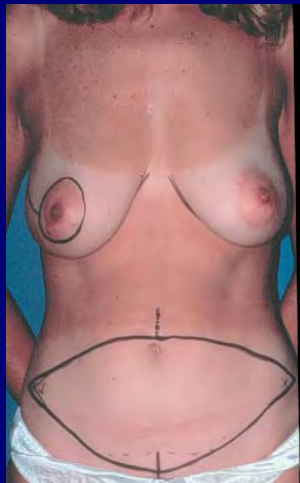
Post-operative



Implant reconstruction



Latissimus Dorsi flap +  
Implant reconstruction



Autologous tissue  
reconstruction

Pre-operative

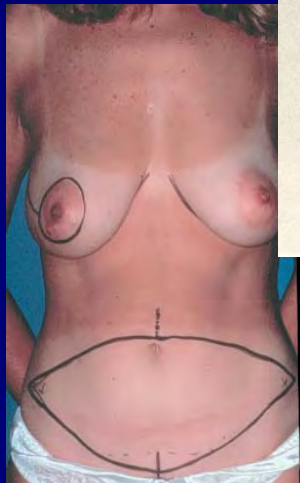
Post-operative



Implant reconstruction



us Dorsi flap +  
reconstruction



ous tissue  
reconstruction

# Quality of Life

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- Results equivocal
- Selection bias
  - Patients generally successful self-selecting treatment options.
- Patients of interest are on the margins.



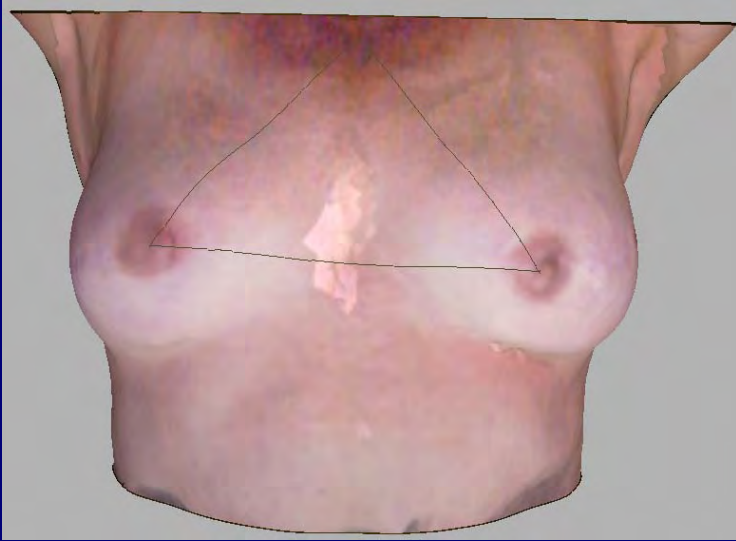
# Research Opportunities

---

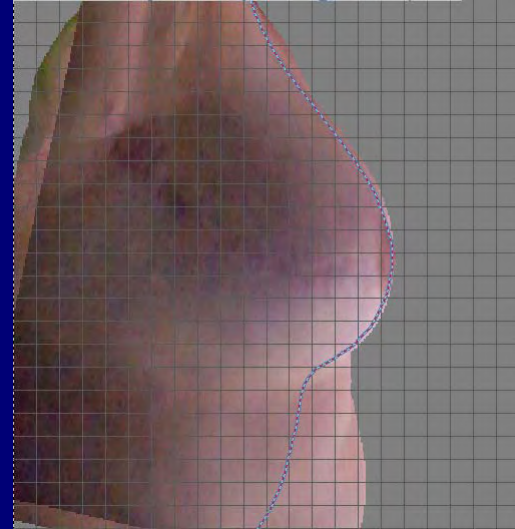
1. Characterize deformity-related morbidity.
  - Focused Quality of Life studies
  - Quantitative outcomes
    - Objective assessment of deformity
    - Individualized assessment of morbidity

# Breast Shape Analysis

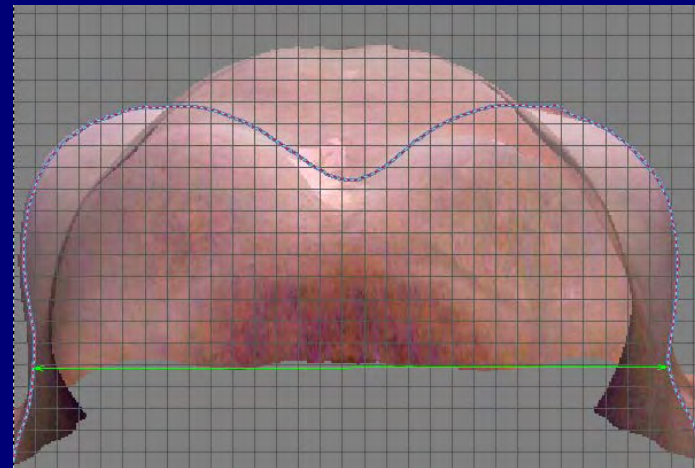
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Conventional  
anthropomorphic  
measurements



Contours and cross sections



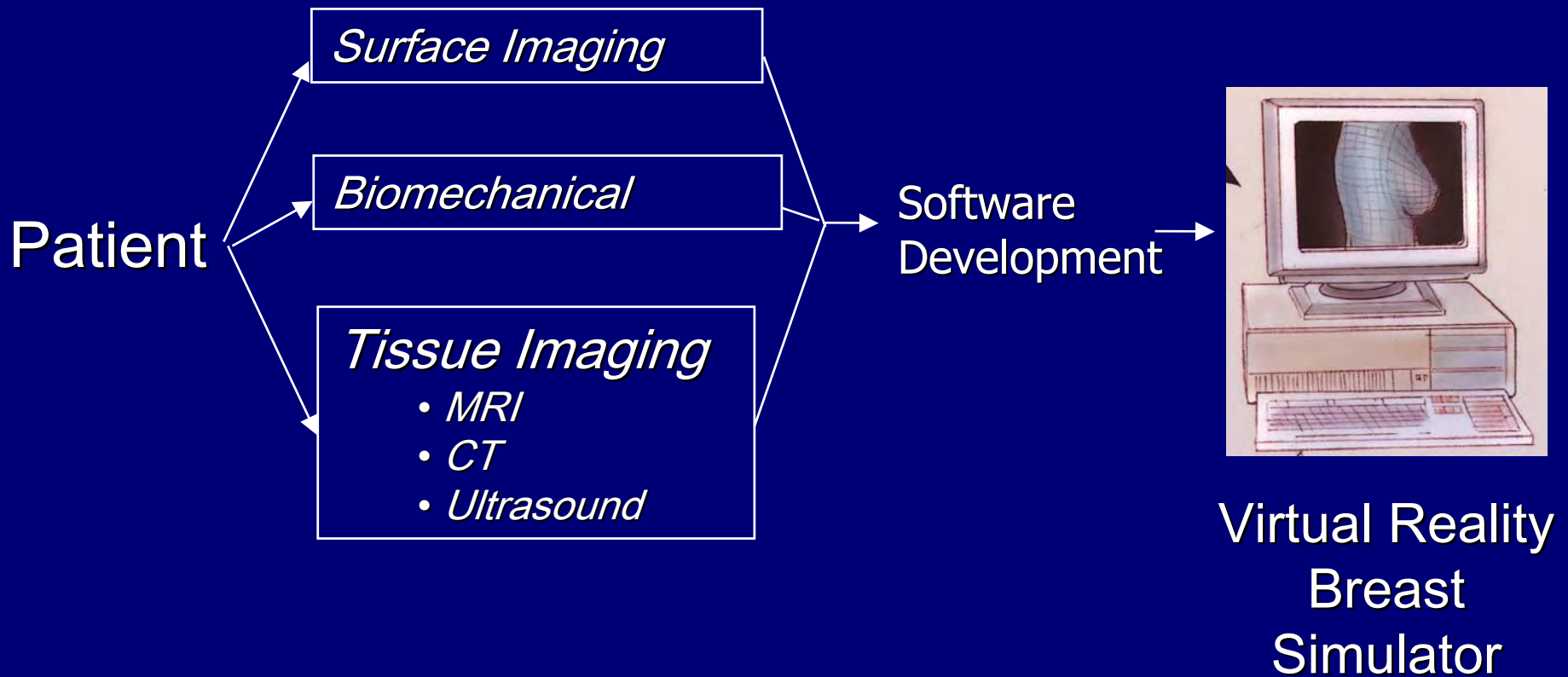
# Research Opportunities

---

1. Characterize deformity-related morbidity.
  - Focused Quality of Life studies
  - Quantitative outcomes
    - Objective assessment of deformity
    - Individualized assessment of morbidity
  - Patient specific, predictive

# Digital Breast Simulation

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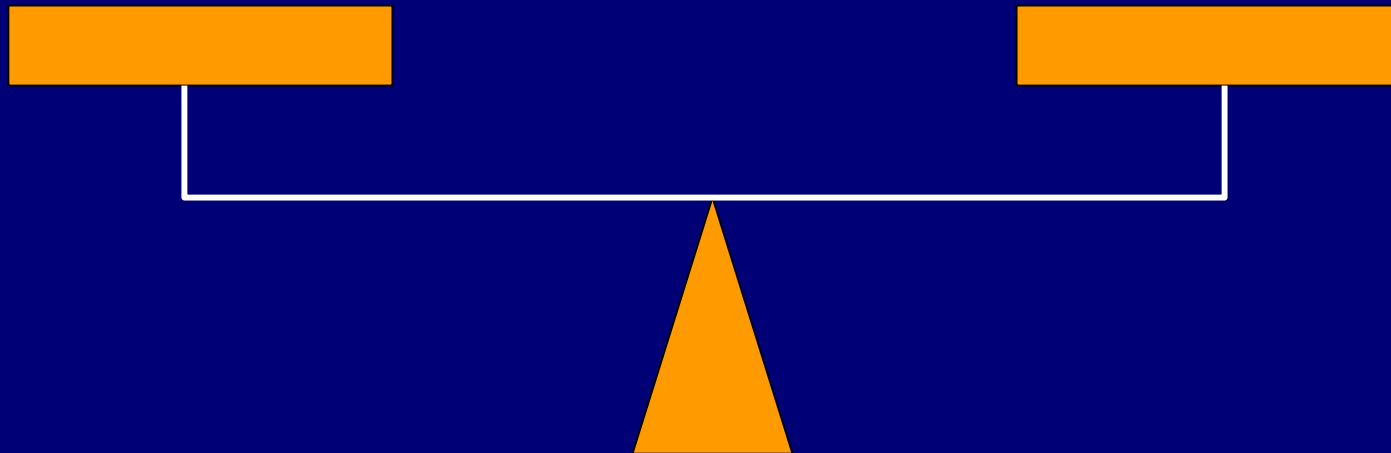


# Therapeutic Risk/Benefit

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Undesirable outcomes

Cancer-free Survival  
+  
Freedom from Suffering



# Patient Treatment Options

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# Short-term Opportunities

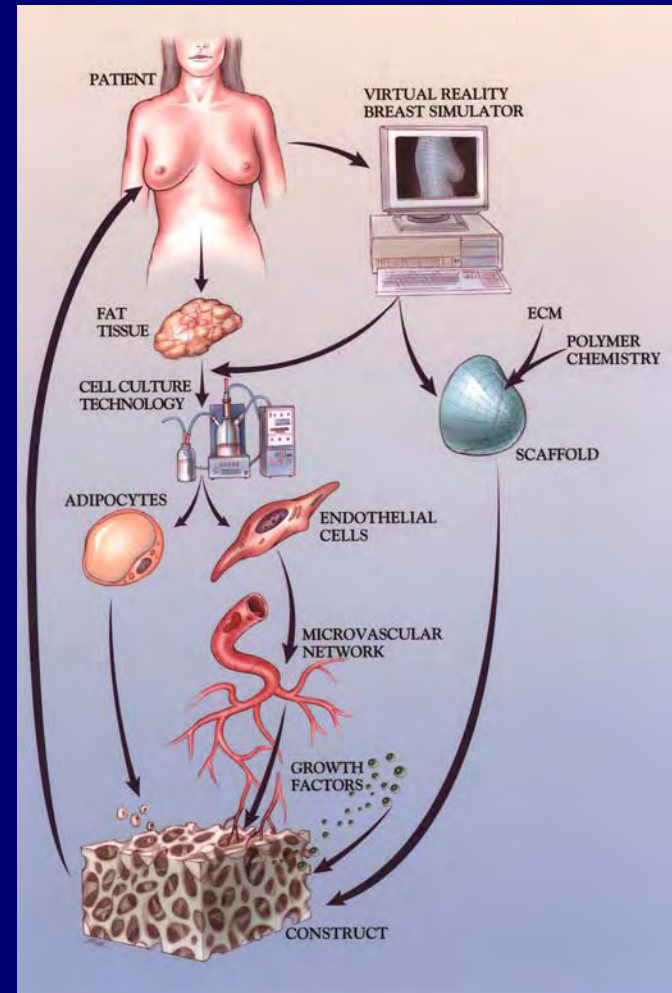
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1. Characterize deformity-related morbidity.
  - Focused Quality of Life studies
  - Quantitative outcomes
    - Objective assessment of deformity
    - Individualized assessment of morbidity
  - Patient specific, predictive
2. Educational and decision-making aids

Research in these areas translates immediately into benefits for 100% of patients!

# Long-term Opportunities

- Regenerative medicine
- Tissue Engineering





**Thank you**