

if you are among the one in three adults with diabetes or pre-diabetes, understanding the disease can be a challenge. Free information from the federal government's National Diabetes Education Program can be a big help. Just call 1-888-693-NDEP or click www.YourDiabetesInfo.org. One call. One click. 1-888-693-NDEP or www.YourDiabetesInfo.org. A message from the U.S. Department of Health and Human Services.