

# Diabetes Information



**one call**  
**1-888-693-NDEP**



**NDEP**

National Diabetes  
Education Program



**one click**  
**[www.YourDiabetesInfo.org](http://www.YourDiabetesInfo.org)**

## **Your Source for Free Diabetes Information**



*A message from the U.S. Department of Health and Human Services' National Diabetes Education Program, a joint program of the National Institutes of Health and the Centers for Disease Control and Prevention.*