EMPIRE KOSHER™

KEEP FROZEN

GLATT

Fully Cooked

BUFFALO STYLE WINGS

CHICKEN WINGS COATED IN SAUCE

NET WT. 48 OZ. (3 LB) 1.360 kg

INSPECTED BY U.S. DEPARTMENT OF AGRICULTURE P-7072

Empire Kosher Poultry, Inc., Mifflintown, PA 17059

PRODUCT OF U.S.A.

KEEP FROZEN

EMPIRE® KOSHER

Fully Cooked
BUFFALO STYLE WINGS

CHICKEN WINGS COATED IN SAUCE

Since 1938, Empire Kosher Poultry has been providing chicken and turkey to discriminating consumers who want to serve the very best. The unique Empire system uses only cold water as well as numerous inspections during processing to assure wholesomeness and superior quality. The uncompromising standards assure that friends and family enjoy the best tasting chicken and turkey possible.

HEATING INSTRUCTIONS

OVEN: Preheat oven to 400°F. Heat frozen wings on a baking sheet or shallow pan for 17 to 20 minutes. Turn occasionally to brown evenly.

CONVECTION OVEN: Preheat oven to 375°F. Heat frozen wings on a baking sheet or shallow pan for 14 to 17 minutes. Turn occasionally to brown evenly.

Nutrition Facts

Serving Size 3 Wings (87g)
Servings per Container About 16

Amount Per Serving	
Calories 250	Calories from Fat 140
	% Daily Value*
Total Fat 16g	24%
Saturated Fat 4g	20%
Cholesterol 65mg	21%
Sodium 880mg	35%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 21g	
Vitamin A 10% •	Vitamin C 8%
Calcium 0% •	Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: DISSOLVED DRUMETTES

...e, Citric Acid, ...etate Added.

Distributed By:
Empire Kosher Poultry, Inc.
Millsboro, PA 19966

To reach us write to the address listed or call toll free 1-800-367-4734
Monday - Thursday 8 am - 4:30 pm EST, Friday 8:00 am - 3:00 pm EST
or visit us on the Web at www.empirekosher.com

EMPIRE KOSHER

Ⓤ GLATT

FULLY COOKED • BREADED

FRIED CHICKEN

6 to 9 ASSORTED PIECES

KEEP FROZEN

NET WT. 28 OZ
(1 lb 12 oz) 795g

Suggested Serving

INSPECTED BY THE U.S. DEPARTMENT OF AGRICULTURE P-787

Yoshon • Bishul Yisroel

EMPIRE KOSHER
FULLY COOKED • BREADED
FRIED CHICKEN
6 to 9 ASSORTED PIECES
KEEP FROZEN

#300

FRIED CHICKEN

6 to 9 ASSORTED PIECES

EMPIRE KOSHER

U GLATT

FULLY COOKED • BREADED

FRIED CHICKEN

KEEP FROZEN

6 to 9 ASSORTED PIECES

Nutrition Facts

Serving Size 3 oz. (84g)
Servings Per Container about 7

Amount per serving	
Calories 330	Calories from Fat 170
	% Daily Value*
Total Fat 19g	**29%**
Saturated Fat 5g	**26%**
Cholesterol 45mg	**15%**
Sodium 590mg	**25%**
Total Carbohydrate 26g	**9%**
Dietary Fiber less than 1g	**4%**
Sugars 0g	
Protein 14g	
Vitamin A 4% • Vitamin C 2%	
Calcium 0% • Iron 6%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2000	2500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholest	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Chicken cut-up assorted pieces (water, modified food starch, sodium phosphate, hydrolyzed corn protein, dextrose, maltodextrin, spices, salt, corn flour, onion powder, natural flavoring, garlic powder). Batter: Water, wheat flour*, spices, carboxymethyl cellulose. Breading: Breadcrumbs (wheat flour*, water, salt, soybean oil, yeast, paprika, annatto). Sodium citrate, citric acid, sodium diacetate. Cooked In Vegetable Oil

* Made with Yoshon Flour.

Distributed By:
Empire Kosher Poultry, Inc.
Mifflintown, PA 17059 U.S.A.

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HEATING INSTRUCTIONS

SKILLET:
Heat a medium skillet to medium-low range with 3 to 4 tablespoons of oil. Brown chicken on both sides in a covered skillet for 16 to 18 minutes.

OVEN:
Preheat oven to 400°F. Bake chicken on a baking sheet or shallow pan for 30 minutes. Turn occasionally to brown evenly.

CONVECTION OVEN:
Preheat oven to 375°F. Bake chicken on baking sheet or shallow pan for 20 minutes. Turn occasionally to brown evenly.

MICROWAVE:
It is not recommended to use the microwave. Follow the owner's manual for specific instructions.

EMPIRE KOSHER

Visit us on the Web at www.empirekosher.com

PRODUCT OF U.S.A.

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PROOF OF PURCHASE ASSORTED FRIED CHICKEN