

4-H is a community of young people across Delaware who are learning leadership, citizenship and life skills.

Total Number of Different 4-H Youth Involved in 2005 = **63,686** (approaching 45% of DE 4-H age youth)

- Organized 4-H Clubs 143
- Camping – overnight and day camps
- School Enrichment – supplementing the in class curriculum
- School-aged Child Care - 4-H Afterschool at 9 sites
- 4-H Military Partnership – involving children of Delaware’s deployed service people at Dover Air Force Base and the National Guard and Reserves.

Grade in School

- K-Grade 3 63%
- Grades 4-6 24%
- Grades 7-9 6%
- Grades 10-12+ 7%

Residence

- Farm 3%
- Towns of 10,000 & Rural 50%
- Towns & cities – 10-50,000 20%
- Suburbs of Wilmington 15%
- Wilmington 12%

Race

- White 71.0%
- Black 26.0%
- Amer. Indian 0.5%
- Asian 1.1%
- More than one race 1.4%

Ethnicity

- Hispanic or Latino 7%
- Not Hispanic or Latino 93%

Volunteers

- Adult and Teen Volunteers 3379
- Total Value of Volunteer contribution exceeds \$1.6M

Top 10 4-H Activities

- Personal Safety
- Environmental Education/Earth Sciences
- Animal Science
- Plant Science
- Leadership and Personal Development
- Communications and Expressive Arts
- Foods and Nutrition
- Community/Volunteer Service
- Ag in the Classroom
- Health

Want to join 4-H with thousands of other Delaware members, volunteers, staff and supporters ... find your potential, meet awesome kids, and accomplish things you never thought possible? Check out the opportunities at: <http://ag.udel.edu/4h/> AND enjoy!

Cooperative Extension Programming in Agriculture

Agriculture - Profitability & Competitiveness

Production Research and Education

- Poultry
- Agronomic crops – row crops, forages
- Horticultural food & specialty crops – vegetables, fruits, specialty crops
- Commercial Ornamentals – nursery, greenhouse, turf, landscape
- Livestock production – dairy, beef, swine, equine, small ruminants,
- Other animals

Agricultural Business

- Risk management in agriculture
- Farm management
- Commodity marketing and purchasing, direct marketing
- Entrepreneurship and business development: diverse opportunities for producers

Technology Adoption

- Agricultural engineering
- Adapted technologies to crop and animal production
- Information systems, computer use on farms

Agricultural and Food Systems Programs

- Large scale commercial agriculture
- Small farms
- Sustainable agribusiness
- Food Production
- Economically viable food processing Industry, large scale and small scale value-added
- Marketing of farm products

Educational Programs in Natural Resources, the Environment, and Home Horticulture

- Best management practices for crop and livestock production
- Renewable resources, forestry, wildlife management, land management, conservation
- Nutrient management
- Integrated pest management, pesticide user education
- Home & garden environmental programs, plants for a livable Delaware
- Master Gardeners
- Sustainable agriculture

Community Development and Rural Communities Programs

- Agribusiness development and retention
- Rural entrepreneurship
- Land use
- Programs for farm and rural families – estate planning, financial decisions
- Safety programs – farm, home worker and traffic safety
- Emergency preparedness, agricultural security

*Extension reaches out to families to deliver information when they need it
– and where it will be most convenient.*

Financial Management

- Over 500 people annually participate in **Extension's Basic Money Management** worksite workshops. Families learned to communicate and resolve conflicts about money, set financial goals, develop workable spending plans, keep track of expenses, reduce debt, and start or increasing their savings.
- A six-day training in **financial management for state social workers and others who work with low-income families** equips them with the skills to provide budget and credit counseling.
- *Financial Champions* and *Consumer Savvy* help 4-H youth with financial literacy.

Food Safety and Nutrition

- **EFNEP (Expanded Foods and Nutrition Education Program** for limited resource families) helps low-income families with young children: improve nutrition practices, manage food dollars better, and handle food safely. About 500 adults graduate from EFNEP each year.
- **The Dining with Diabetes series** (three 2-hour sessions) helps families prepare healthy meals for everyone – including their diabetic member.
- Cooperative Extension will host an **August 18th conference** to highlight research and effective strategies in preventing childhood obesity.
- UD/DSU Extension is conducting and evaluating **obesity prevention programs for middle school youth and their parents.**
- **Extension childcare providers' training** on healthy snacks and activities addresses obesity prevention.
- **ServSafe™ training is provided for food preparers** in restaurants throughout the state: Last year, 142 commercial food preparers participated in the National Restaurant Association ServSafe™ course, offered by Extension's certified instructors. 87% of the participants became ServSafe™ certified.

Family Well-Being across the Lifespan

- About 3,000 families each month receiving *Just in Time* nuggets for parents – *Great Beginnings* (for new parents) and *Families Matter!* (for parents of school-age children). The monthly series reinforces behaviors researchers have identified for helping children develop optimally. Those who report the greatest changes in attitudes and behaviors – as a result of reading the monthly series – are youngest, poorest, and least educated.
- Childcare provider training sessions are a popular offering in each county.
- Managing work and family stress workshops are available for worksite seminars.
- At least 300 people each day get information at the extension Cord at <http://ag.udel.edu/extension/fam/>
- The Delaware Community Foundation is providing funding for the **Hickory Tree Family Program**, which helps parents reinforce the attitudes and behaviors that will reduce their child's chances of becoming involved in substance abuse and other risky behaviors.