

## Official USDA Food Plans: Cost of Food at Home at Four Levels, U.S. Average, August 2001<sup>1</sup>

AGE-GENDER GROUPS	WEEKLY COST				MONTHLY COST			
	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan
<b>INDIVIDUALS<sup>2</sup></b>								
<b>CHILD:</b>								
1 year	16.40	20.10	23.60	28.60	71.10	87.10	102.30	123.90
2 years	16.40	20.10	23.60	28.60	71.10	87.10	102.30	123.90
3-5 years	17.80	22.10	27.30	32.70	77.10	95.80	118.30	141.70
6-8 years	22.10	29.40	36.60	42.60	95.80	127.40	158.60	184.60
9-11 years	26.20	33.30	42.70	49.30	113.50	144.30	185.00	213.60
<b>MALE:</b>								
12-14 years	27.10	37.70	46.80	55.00	117.40	163.40	202.80	238.30
15-19 years	27.90	38.90	48.50	55.90	120.90	168.60	210.20	242.20
20-50 years	29.80	38.70	48.20	58.30	129.10	167.70	208.90	252.60
51 years and over	26.90	36.70	45.20	54.30	116.60	159.00	195.90	235.30
<b>FEMALE:</b>								
12-19 years	27.20	32.50	39.40	47.60	117.90	140.80	170.70	206.30
20-50 years	27.10	33.70	41.10	52.60	117.40	146.00	178.10	227.90
51 years and over	26.50	32.80	40.70	48.60	114.80	142.10	176.40	210.60
<b>FAMILIES:</b>								
<b>FAMILY OF 2<sup>3</sup>:</b>								
20-50 years	62.60	79.60	98.20	122.00	271.20	345.10	425.70	528.60
51 years and over	58.70	76.50	94.50	113.20	254.50	331.20	409.50	490.50
<b>FAMILY OF 4:</b>								
Couple, 20-50 years and children—								
2 and 3-5 years	91.10	114.60	140.20	172.20	394.70	496.60	607.60	746.10
6-8 and 9-11 years	105.20	135.10	168.60	202.80	455.80	585.40	730.60	878.70

<sup>1</sup>Basis is that all meals and snacks are purchased at stores and prepared at home. For specific foods and quantities of foods in the Thrifty Food Plan, see *Thrifty Food Plan, 1999, Executive Summary*, CNPP-7A; for specific foods and quantities of foods in the Low-Cost, Moderate-Cost, and Liberal Plans, see *Family Economics Review*, No. 2 (1983). The Thrifty Food Plan is based on 1989-91 data and the other three food plans are based on 1977-78 data; all four plans are updated to current dollars using the Consumer Price Index for specific food items.

<sup>2</sup>The costs given are for individuals in 4-person families. For individuals in other size families, the following adjustments are suggested: 1-person—add 20 percent; 2-person—add 10 percent; 3-person—add 5 percent; 5- or 6-person—subtract 5 percent; 7- (or more) person—subtract 10 percent.

<sup>3</sup>Ten percent added for family size adjustment.