

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

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FOOD AND DRUG ADMINISTRATION

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CENTER FOR DRUG EVALUATION AND RESEARCH

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PSYCHOPHARMACOLOGICAL DRUGS ADVISORY COMMITTEE

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ORIGINAL

CLOZARIL AND SUICIDALITY

IN SCHIZOPHRENIA OR SCHIZOAFFECTIVE DISORDER

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GRAND BALLROOM  
HOLIDAY INN  
2 MONTGOMERY VILLAGE AVENUE  
GAITHERSBURG, MARYLAND

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MONDAY, NOVEMBER 4, 2002

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**S A G CORP.**  
Washington, D.C.

ATTENDEES:ADVISORY COMMITTEE:

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THOMAS LAUGHREN, M.D.  
Team Leader  
Psychiatric Drug Products Group

NOVARTIS PHARMACEUTICALS CORPORATION:

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Executive Director  
Drug Regulatory Affairs

ROCCO ZANINELLI, M.D.  
Executive Director

Other Participants:

K. RANGA RAMA KRISHNAN, M.B., Ch.B.  
Professor, Psychiatry and Behavioral Sciences  
Duke University

ATTENDEES: (Continued)Other Participants:

HERBERT Y. MELTZER, M.D.  
Bixler Professor  
Psychiatry and Pharmacology  
Vanderbilt University

JOHN M. KANE, M.D.  
Chairman  
Department of Psychiatry  
Long Island Jewish Medical Center

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1 P-R-O-C-E-E-D-I-N-G-S

2 (8:10 a.m.)

3 DR. OREN: Good morning. I'd like to call  
4 to order the meeting of the Psychopharmacological  
5 Drugs Advisory Committee of the Food and Drug  
6 Administration. My name is Dan Oren, and I'd like to  
7 welcome all the members of the panel and our guests,  
8 and we'll ask everyone on the panel, starting with Dr.  
9 Katz, to please go around and introduce themselves.

10 DR. KATZ: Russ Katz, Director of  
11 Neuropharm Drugs at the FDA.

12 DR. LAUGHREN: Tom Laughren, Neuropharm  
13 Drugs, FDA.

14 DR. COOK: Ed Cook, University of Chicago.

15 DR. WANG: Phil Wang, Harvard Medical  
16 School.

17 DR. HAMER: Bob Hamer, University of North  
18 Carolina.

19 DR. WINOKUR: Andrew Winokur, University  
20 of Connecticut Health Center.

21 DR. TITUS: Sandy Titus, FDA. I'm the  
22 Executive Secretary for Psychopharm.

23 DR. RUDORFER: Mat Rudorfer, National  
24 Institute of Mental Health.

25 DR. RYAN: Neal Ryan, University of

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1 Pittsburgh.

2 MS. BRONSTEIN: Jean Bronstein, the public  
3 member.

4 DR. ORTIZ: Irene Ortiz, University of New  
5 Mexico.

6 DR. MALONE: Richard Malone, MCP Hahneman.

7 DR. MEHTA: Dilip Mehta, Industry  
8 Representative.

9 DR. TITUS: I'm going to read into the  
10 record the Conflict of Interest Statement for this  
11 meeting.

12 The following announcement addresses the  
13 issue of conflict of interest with respect to this  
14 meeting and is made a part of the record to preclude  
15 even the appearance of such at this meeting. All  
16 committee members and consultants have been screened  
17 for conflicts of interest with respect to the product  
18 at issue, competing product, and their sponsors. The  
19 reported financial interests have been evaluated and  
20 it has been determined that the interests reported by  
21 the participants present no potential for a conflict  
22 or the appearance of such at this meeting, with the  
23 following exceptions.

24 Richard Malone has been granted a limited  
25 waiver under 18 U.S.C. 208 (b) (3) for his participation

1 as an advisor for a competitor. He receives less than  
2 \$10,000. Under the provisions of the waiver, Dr.  
3 Malone will be allowed to participate in the  
4 discussions without voting.

5 Robert Hamer has been granted a waiver  
6 under 21 U.S.C. 355(n)(4) of the Food and Drug  
7 Administration Modernization Act for his ownership of  
8 stock in a competitor. The stock is valued from  
9 \$5,001 to \$25,000. Because 5 CFR 2640.202(a) de  
10 minimis exemption applies, Dr. Hamer does not require  
11 a waiver under 18 U.S.C. 208(b)(3).

12 A copy of the waiver statements may be  
13 obtained by submitting a written request to the  
14 Agency's Freedom of Information Office, Room 12A-30 of  
15 the Parklawn Building.

16 We would like to note that Dr. Dilip Mehta  
17 is participating in this meeting as the non-voting  
18 guest industry representative.

19 In the event that the discussions involve  
20 any other products or firms not already on the agenda  
21 for which FDA participants have a financial interest,  
22 the participants' involvement and their exclusion will  
23 be noted for the record.

24 With respect to all other participants, we  
25 ask in the interest of fairness that they address any



1 current or previous financial involvement with any  
2 firm whose product they may wish to comment upon.  
3 Thank you.

4 DR. OREN: To begin our presentation this  
5 morning, I'd like to call on Dr. Katz, Director of the  
6 Neuropharmacological Drug Products Division at the  
7 FDA.

8 DR. KATZ: Thanks, Dan. I just really  
9 want to say welcome, thanks for coming. I think we've  
10 brought to you yet again another atypical, if I can  
11 use the word, issue. We're going to be asking you, as  
12 you know, to address the fundamental soundness of one  
13 particular study and, in addition, whether or not that  
14 study and whatever other information is available in  
15 toto support approval for the novel claim that the  
16 sponsor has proposed. So, I really just want to thank  
17 you in advance for your work, and I hope it's  
18 interesting.

19 There's one other point I want to make.  
20 As you know, we have issued to the sponsor an  
21 approvable letter for this application, which  
22 typically implies that with a few minor adjustments  
23 the application can be approved.

24 I would just urge you to not interpret  
25 that to mean that the definitive decision ultimately

1 about approvability/not approvability of the  
2 application has been made. We really are very  
3 interested to hear what you think about the data and  
4 whether or not they support either the proposed  
5 indication or some reasonably related indication.

6 So, with that, I'll turn it over to Tom  
7 Laughren, who will give you an overview of the issues  
8 we'd like you to consider. Thanks.

9 DR. LAUGHREN: Good morning. I'd also  
10 like to welcome everyone here to the meeting. The  
11 only topic for today is the supplement for Clozaril in  
12 the treatment of suicidality and schizophrenia and  
13 schizoaffective disorder.

14 (Slide)

15 I'd like to begin with giving a little bit  
16 of background to how we got to the InterSePT Study.  
17 As you're aware, the lifetime prevalence of suicide in  
18 patients with schizophrenia is roughly 10 percent, so  
19 it's a very big problem in this population.

20 Recently, we and other have done meta-  
21 analyses of clinical trials databases for the atypical  
22 antipsychotics. The reason for doing this meta-  
23 analyses was to try and determine if there was an  
24 excess risk of mortality from suicide in patients  
25 assigned to placebo as opposed to active drug. And as

1 you are probably aware, our meta-analyses and those of  
2 others have shown that these drugs, the atypicals, for  
3 the most part, are neutral with regard to suicide,  
4 suggesting that while these drugs have an effect on  
5 positive symptoms, there's no evidence, at least from  
6 the meta-analyses, that they have an impact on  
7 suicide.

8 So, given that background and an  
9 additional study that was done about five or six years  
10 ago that you'll hear more about, the ERI Study, which  
11 was basically a retrospective cohort study based on  
12 the Clozaril registry, in that study clozapine was  
13 greatly favored over other treatments with a risk  
14 ratio of 0.17, which is a very impressive outcome  
15 favoring clozapine. That, of course, was not a  
16 randomized study. But that was the start of our  
17 negotiations with the company to try and see if a  
18 prospective trial could be accomplished. And during  
19 those negotiations, we did reach agreement with the  
20 company that one adequate and well-controlled trial  
21 should be sufficient to support this new claim.

22 We also reached agreement on a two-year  
23 study comparing clozapine and olanzapine on the  
24 suicidality outcome, that is the InterSePT Study.

25 (Slide)

1           So, the study was done. The supplement  
2           was submitted in February of this year. The original  
3           claim that was sought in that supplement was for the  
4           use in the treatment of suicidality in patients with  
5           schizophrenia or schizoaffective disorder. And as you  
6           know, we issued an approvable letter for the  
7           supplement in August of this year.

8           (Slide)

9           Now, there are six issues other than the  
10          general question that we always ask you that we would  
11          like to have committee feedback on sometime during the  
12          course of the day. One issue is the potential for  
13          bias in the referral of events to the Suicide  
14          Monitoring Board. A second issue is simply the issue  
15          of adding a new claim focusing on suicidality in  
16          schizophrenia or schizoaffective disorder.

17          A third issue was the expansion of the  
18          Clozaril claim beyond the treatment resistant  
19          population for which it is currently limited. A  
20          fourth issue is the interpretation of the InterSePT  
21          Study with regard to olanzapine. A fifth issue is the  
22          adequacy of a single randomized controlled trial to  
23          support a new claim. And, finally, the adequacy of  
24          the suicidality outcome in the InterSePT Study. So  
25          I'm going to get into a little bit more detail about

1 each of these.

2 (Slide)

3 First of all, the question of bias. As  
4 you'll hear more about, Type 1 events are a critical  
5 component of the primary outcome for the study. Now,  
6 these events were confirmed in a blinded manner as  
7 being Type 1 events by a Suicide Monitoring Board.  
8 However, events that were to be considered by the  
9 Board were referred in an unblinded manner by  
10 psychiatrists at the sites.

11 The rate of confirmation of events that  
12 were referred was very high and essentially identical  
13 for both clozapine and olanzapine, 83 percent and 84  
14 percent. So, there's a strong relationship between  
15 the number of events referred and the number  
16 confirmed. Therefore, it raises the question, since  
17 the events were referred in an unblinded manner,  
18 whether or not there might be bias in referring  
19 events.

20 (Slide)

21 So, we discussed this issue with the  
22 sponsor. They have some data that they think  
23 addresses it. FDA has also done its own independent  
24 audit to try and address this question, and Dr. Ni  
25 Khin, from the Division of Scientific Investigation,

1 is going to present her findings on their audit a  
2 little bit later in the morning. But, ultimately, we  
3 would like to have the committee's view on whether or  
4 not you think this issue of potential bias has been  
5 adequately addressed.

6 (Slide)

7 Next is the issue of a new claim that  
8 focuses on suicidality. Now, ordinarily, in the  
9 Psychopharm Group, we have not permitted sponsors to  
10 focus on what might be considered parts of a syndrome.  
11 For example, if a company wanted to get a claim for  
12 the treatment of hallucinations in schizophrenia, we  
13 would argue that that is pseudospecific, that of  
14 course the drug works for hallucinations, it also  
15 works for all the other positive symptoms.

16 So, one question that one might raise here  
17 is whether or not suicidality is just part of  
18 schizophrenia and shouldn't be teased out in some  
19 sense.

20 Now, obviously, we did issue an approvable  
21 letter, so the Division has taken a position on this  
22 that it is justifiable to separate this out, and our  
23 reasoning is that this is a serious event, and also  
24 there is a lack of evidence for effective treatments  
25 for this aspect of schizophrenia. But, again, this is

1 an issue that we need to have the committee's feedback  
2 on.

3 And in that regard, a major question for  
4 you is how should the claim be stated, if you feel  
5 that a claim is supported? Again, the company's  
6 initial proposal was to focus on the treatment of  
7 suicidality. This is the language that we proposed in  
8 the approvable letter: "Reducing the risk of emergent  
9 suicidal behavior in patients with schizophrenia or  
10 schizoaffective disorder who are judged to be at risk  
11 for emergent suicidal behavior, based on history and  
12 recent clinical state".

13 So, again, part of the challenge to you is  
14 to help us try and articulate a claim, if you think a  
15 claim is supported.

16 (Slide)

17 Another issue is that if a new claim  
18 focused on suicidality were to be approved, this would  
19 clearly expand the use of clozapine beyond the  
20 treatment resistant population for which it is  
21 currently limited. Only about a fourth of patients in  
22 the InterSePT Study could be considered treatment  
23 resistant.

24 So, the question is do these data support  
25 -- and, of course, clozapine is not approved at all

1 for schizoaffective disorder. So the question is do  
2 the data support an expansion of the claim into this  
3 larger population?

4 (Slide)

5 Another question has to do with how the  
6 study should be interpreted with regard to the  
7 comparative drug olanzapine? One possible  
8 interpretation would be that this is evidence that  
9 clozapine is superior to olanzapine with regard to  
10 suicidality. Another possible interpretation is that  
11 olanzapine could be considered in some sense a  
12 representative member of the atypicals, and this is  
13 evidence that clozapine is superior to all atypical  
14 antipsychotics. Or one might do what we have done  
15 here, which is basically to take this as evidence that  
16 clozapine is effective for this particular clinical  
17 target. But, again, this is an issue mostly for  
18 labeling in how to describe the study in labeling, and  
19 how to describe the claim.

20 (Slide)

21 Another issue, of course, is this issue of  
22 whether or not one adequate and well-controlled trial  
23 is sufficient to support a claim. This, of course, is  
24 not the usual standard. Ordinarily, two adequate and  
25 well-controlled trials are needed to support a new



1 claim. There is, however, an alternative.

2 A single adequate and well-controlled  
3 trial along with confirmatory evidence is a standard  
4 that may be applied in certain situations. Now, the  
5 usual circumstance for applying this standard is if  
6 there is a single trial focused on mortality or  
7 irreversible morbidity, and replication is difficult  
8 for that reason.

9 A second possibility is that the single  
10 trial in question is so strongly positive -- either  
11 very small p-values or replication within that trial,  
12 because of positive findings at different centers,  
13 that there's a perception that there's no need to  
14 replicate it further.

15 So, the question, again, for the committee  
16 is is this standard appropriate for this particular  
17 situation?

18 (Slide)

19 And, finally, there is a question of the  
20 primary outcome in the InterSePT Study. Suicidality,  
21 as you'll hear more as the morning goes on, there were  
22 four events that fell under this definition of Type 1  
23 events -- suicide, suicide attempt, hospitalization  
24 for suicidality, or need for increased surveillance  
25 for patients already hospitalized.

1           While clozapine was superior to olanzapine  
2           on this primary outcome, there was no actual effect  
3           demonstrated on completed suicides. The number was  
4           very small and it was roughly equal for both groups.

5           So, again, the question for the committee  
6           is in an absence of an actual finding on completed  
7           suicide, are these data sufficient to support a claim  
8           for suicidality.

9           (Slide)

10           The question that we need you to vote on  
11           is the usual one -- are the data sufficient to support  
12           a new claim? But, again, part of the challenge for  
13           you here this morning is to help us articulate the  
14           question, namely, if you think a claim should be  
15           supported, how should that claim be worded in  
16           labeling? And I'll stop there. Thank you.

17           DR. OREN:       These are exceptionally  
18           interesting questions. To help us begin answering  
19           them today, I'd like to call on the Novartis  
20           presentations, beginning with Roy Dodsworth, Executive  
21           Director of Drug Regulatory Affairs at Novartis.

22           MR. DODSWORTH: Dr. Katz, Dr. Laughren,  
23           Dr. Oren, members of the committee, FDA staff,  
24           colleagues, guests, good morning. I'm Roy Dodsworth,  
25           from Novartis, and this morning I would like to guide

1 you through a journey of some ten years in the making,  
2 which culminates in our presentation to you this  
3 morning.

4 The journey relates to a rather unique  
5 clinical study that Novartis conducted in a high-risk  
6 population to assess the impact of Clozaril on  
7 reducing the risk of suicidal behavior, an important  
8 public health concern, and of particular significance  
9 to the psychiatric community.

10 Approximately 20 to 40 percent of  
11 schizophrenic patients will attempt suicide at least  
12 once during the course of their illness, and  
13 approximately 10 percent will ultimately die by  
14 suicide. This rate is probably even higher for  
15 schizoaffective patients.

16 (Slide)

17 Clozaril, known generically as clozapine,  
18 is an agent first developed during the 1960s and  
19 1970s, and is generally considered to be the first  
20 atypical antipsychotic agent. It's a member of the  
21 dibenzo-diazopine class of drugs which work primarily  
22 on central dopaminergic and serotonergic receptors.

23 Clozaril was first approved in Austria in  
24 1969, and was approved in the U.S. on September 26,  
25 1989. It is currently approved in about 150 countries

1 around the globe, including Australia, Canada, and all  
2 members of the European Union.

3 The application that is subject of today's  
4 discussion was submitted to FDA on March 1st of this  
5 year, and was assigned a six-month priority review by  
6 the Division of Neuropharmacological Drug Products.  
7 It has since been submitted also in Australia and  
8 Canada, and will be submitted in the European Union  
9 later this month.

10 (Slide)

11 The current indication for Clozaril is for  
12 the treatment of severely ill schizophrenic patients  
13 who fail to respond adequately to other standard drug  
14 treatments for schizophrenia.

15 And the additional indication that we're  
16 seeking and which is the subject of your deliberations  
17 today is for reducing the risk of emergent suicidal  
18 behavior in patients with either schizophrenia or  
19 schizoaffective disorder who are judge to be at risk  
20 for suicide.

21 (Slide)

22 This morning, we will present to you  
23 amongst all the information the results of InterSePT,  
24 the International Suicide Prevention Trial, a  
25 prospective, randomized comparison of Clozaril and

1 Zyprexa on their respective abilities to reduce the  
2 risk of suicide in a high-risk population of patients  
3 with either schizophrenia or schizoaffective disorder.

4 The study recruited patients generally  
5 excluded from other clinical trials, and encouraged  
6 investigators to do whatever was necessary to prevent  
7 suicide, maintain patient safety, and keep patients in  
8 the study.

9 Now, at the risk of repeating some of what  
10 Dr. Laughren said, we have had numerous discussions  
11 with FDA over the years, and this led ultimately to  
12 the design and execution of InterSePT Study.

13 (Slide)

14 In 1993, FDA asked us to assess the  
15 possible effect of Clozaril on mortality. This is the  
16 study by Walker and others conducted by a group at  
17 Boston University, which will be presented in greater  
18 detail in a few minutes by Dr. Meltzer.

19 From this assessment, we detected a  
20 possible signal that current Clozaril users seemed to  
21 have a reduced incidence of suicide and suicidal  
22 behavior, when compared to past users, based primarily  
23 on data from the Clozaril National Registry.

24 Following this finding, a report entitled  
25 "Mortality of People Using Clozapine" was published,

1 and this report formed the basis of a supplemental new  
2 drug application which the company submitted in 1995.

3 FDA subsequently issued a Not Approvable  
4 letter for this application primarily because it was  
5 a retrospective epidemiological analysis, but they  
6 expressed considerable interest in the outcome.

7 Given the significant nature of the  
8 suicide issue, FDA agreed with Novartis that a single  
9 prospective study which confirmed the reported  
10 observations and epidemiological signals would be  
11 sufficient for registering a new claim. Consequently,  
12 we embarked on a series of discussions with them, and  
13 this led ultimately to the design of the prospective  
14 study which we will present to you today.

15 (Slide)

16 We've already submitted the final protocol  
17 for InterSePT Study to FDA in January of 1998, and  
18 initiated the study at some 67 centers in 11 different  
19 countries shortly thereafter. We completed it early  
20 last year, and along the path which led us here today,  
21 we participated in numerous discussions with FDA  
22 regarding the study, the statistical analyses, the  
23 results, and your review of our application. In fact,  
24 we submitted a draft report to FDA in December of last  
25 year, and filed a supplemental application requesting

1 a new indication on March 1st of this year.

2 Consistent with the industry goal for  
3 priority review drug, FDA rendered it approvable in a  
4 letter to us dated August 30, this year, but that  
5 letter also sought answers to several questions, many  
6 of which Dr. Laughren just outlined to you, and which  
7 have been provided to you in your briefing book.

8 We have since responded to all outstanding  
9 questions, and today FDA is seeking your guidance and  
10 counsel on several issues.

11 (Slide)

12 To that end, we have two objectives today.  
13 The first is to seek your agreement that reduction in  
14 risk for suicidal behavior in this population  
15 represents an important health issue that could  
16 clearly represent a new indication for a drug that is  
17 shown to possess such activity.

18 The second is to present the results of  
19 InterSePT, a prospective randomized controlled study  
20 designed to assess precisely that for Clozaril. It is  
21 our belief that the results of InterSePT, when taken  
22 together with the other published reports and  
23 available information, represents a significant body  
24 of evidence demonstrating that Clozaril does, in fact,  
25 reduce the risk of suicidal behavior in high-risk

1 populations, and that Clozaril should be so indicated.

2 (Slide)

3 Therefore, let me please introduce our  
4 program to you today. Dr. Herbert Meltzer, from  
5 Vanderbilt University, will present an overview of  
6 suicidal behavior as a public health issue, along with  
7 some of the background data which led up to the design  
8 and execution of InterSePT. This will include a  
9 review of the epidemiological study carried out by  
10 Walker and others that evaluated Clozaril and suicide.

11 Dr. Rocco Zaninelli, Executive Director of  
12 Clinical Research and Development for Neuroscience at  
13 Novartis, will then present the InterSePT results  
14 themselves.

15 Dr. Ranga Krishnan, Chairman and Professor  
16 of Psychiatry and Behavioral Science at the Duke  
17 University Medical Center and Chairman of the  
18 independent Suicide Monitoring Board, will speak to  
19 the role of that board in the conduct of the study.  
20 The SMB made all primary endpoint decisions in a  
21 blinded fashion independent of the Principal  
22 Investigators in the study.

23 Finally, Dr. John Ken, Chairman of the  
24 Department of Psychiatry at the Zucker Hillside  
25 Hospital and Professor of Psychiatry, Neurology and



1 Neuroscience at the Albert Einstein College of  
2 Medicine, will summarize the benefit/risk assessment  
3 for Clozaril as an agent to reduce the risk of  
4 suicidal behavior in high-risk populations.

5 Allow me then, please, to introduce next  
6 on the agenda, Dr. Herbert Meltzer. Dr. Meltzer is  
7 Bixler Professor of Psychiatry and Pharmacology at  
8 Vanderbilt University of Nashville, and he will speak  
9 to suicide behavior as a public health issue, as a  
10 domain separate from psychosis, and the data that  
11 preceded and gave rise to InterSePT. Dr. Meltzer.

12 DR. MELTZER: Thank you very much, Mr.  
13 Dodsworth, and I'd like to thank Novartis and members  
14 of the committee and the FDA staff for the opportunity  
15 to speak to you today about this issue. It is  
16 particularly a personal pleasure since my role in  
17 research on the possible effect of Clozaril on  
18 suicidality led to InterSePT.

19 (Slide)

20 The presentation that I will give will  
21 discuss suicidal behavior in schizophrenia and  
22 schizoaffective disorder. The evidence of suicidal  
23 behavior is a separate domain of behavior from  
24 psychosis because that's a key part of the story to  
25 determine whether or not suicidality could be the

1 object of a specific therapeutic intervention and  
2 whether it could be a separate indication for  
3 Clozaril.

4 And, finally, I'll present the evidence  
5 which existed prior to InterSePT, which suggested that  
6 Clozaril reduces the risk of suicidal behavior in  
7 patients with schizophrenia and schizoaffective  
8 disorder, and led Novartis to accept my suggestion for  
9 a study which eventually became InterSePT, with the  
10 help of the FDA.

11 (Slide)

12 From the beginning of awareness of the  
13 concept of schizophrenia as a syndrome, there was  
14 evidence that suicidality, suicidal behavior, was a  
15 serious problem. Emil Kraepelin, in the textbook from  
16 100 years ago which launched psychiatry, indicated his  
17 awareness of the potential for violence to self and  
18 others in what he called "dementia praecox" by the  
19 quote that you see there -- "Patients with dementia  
20 praecos often need hospitalization to prevent  
21 aggression against others and suicide".

22 Some 14 years later, Eugen Bleuler, who  
23 gave schizophrenia its current name, identified  
24 suicidal behavior as "the most serious of  
25 schizophrenic symptoms", reflecting that it must have

1        been very common in his era as it is now. And I think  
2        many of us remember that David Satcher, a few years  
3        ago, when he was Surgeon General, made the problem of  
4        suicide and mental illness in general one of the major  
5        focuses of his tenure.

6                                (Slide)

7                                Suicidal behavior should be thought of as  
8        a spectrum of behaviors. At one end of the spectrum  
9        are suicidal thoughts and suicidal plans which we must  
10       rely upon patients or their significant others to  
11       communicate and, unfortunately, they often do not do  
12       that.

13                              At the other end of the spectrum are  
14        suicide attempts and completed behaviors, which are  
15        usually, but not always, apparent to observers. I  
16        think we are all aware that many suicide attempts and  
17        even completed suicides go unnoticed and unreported,  
18        in part because of the stigma associated with suicide.

19                              There are numerous studies from all over  
20        the world, some of which are cited below, which report  
21        that 20 to 40 percent of patients with schizophrenia  
22        and schizoaffective disorder attempt suicide, and  
23        recent studies from Scandinavia indicate the rate is  
24        increasing in direct proportion to the decrease in the  
25        availability of hospitalization for schizophrenia, and

1 declining days per hospitalization.

2 As Dr. Laughren mentioned, approximately  
3 10 percent -- the range in various studies is 4 to 13  
4 percent -- of people with schizophrenia and  
5 schizoaffective disorder complete suicide. It remains  
6 the leading cause of death in schizophrenia up to age  
7 35, and it persists thereafter even into later life.

8 According to Surgeon General Satcher's  
9 report in 2001, the annual number of suicides in the  
10 United States is 3600, and that's quite probably an  
11 underestimate because of the reluctance of medical  
12 examiners to identify suicide as the cause of death.

13 (Slide)

14 I will now discuss some of the evidence  
15 that suicidal behavior is a separate domain of  
16 psychopathology and does not follow strictly from  
17 psychosis.

18 (Slide)

19 There is considerable evidence that the  
20 control of positive symptoms alone does not provide  
21 optimal control of the risk for suicide. Dr. Laughren  
22 mentioned from the meta-analyses that Kahn, (phonetic)  
23 et. al. published, that even though the other atypical  
24 antipsychotics were very effective to control positive  
25 symptoms, they did not differ from placebo or typical

1 neuroleptics in the rate of suicide. And, indeed,  
2 every major review of the effect of typical  
3 neuroleptic drugs on the rate of suicide following  
4 introduction in the 1950s not only did not find any  
5 sign of a decrease in the rate of suicide, but there  
6 were a number of early indications that the rate  
7 actually increased and this was attributed to the more  
8 suicidal patients being specifically treated with  
9 typical neuroleptics.

10 In the study that I will review, the  
11 Meltzer Okayli study, that foresaw a similar but  
12 causally reduced suicide, we studied a large number of  
13 neuroleptic-resistant patients with persistent  
14 positive symptoms, and a smaller but still significant  
15 number of neuroleptic responsive who differed  
16 dramatically in the incidence or persistence of  
17 psychotic symptoms, and both the lifetime and current  
18 rates of suicidality in those two groups were  
19 indistinguishable.

20 (Slide)

21 I'd like to speak to the issue of suicidal  
22 behavior in schizoaffective disorder versus  
23 schizophrenia. These data from our Mental Health  
24 Clinical Research Center were patients who were  
25 diagnosed on the basis of structured interviews, and

1 I think it's fairly reliable, and they are very  
2 consistent with the rest of the literature comparing  
3 these two groups.

4 And you can see, looking at a lifetime  
5 never reporting suicidal -- part of the suicidal  
6 spectrum here, we had 40 percent of the group in  
7 schizophrenia, 10 percent of the schizoaffective --  
8 very small number -- no difference in suicidal plans,  
9 but the attempt rate was, as would be expected, are  
10 consistent with most of the literature on  
11 schizophrenia are 40 percent, and up to 70 percent in  
12 the schizoaffective. And the literature again is very  
13 consistent that the means by which people with  
14 schizoaffective disorder attempt suicide is much more  
15 often violent and more likely to be lethal.

16 (Slide)

17 This slide provides additional data,  
18 looking now at psychopathology, on the relationship  
19 between lifetime suicidal behaviors and various types  
20 of psychopathology. The data are very similar when  
21 you look at current, and what we see here is that a  
22 very high correlation between a Hamilton-Depression  
23 Total score at the time of assessment, or the BPRS-  
24 Anxiety/Depression subscale, and the suicidal history  
25 of these individuals.

1                   When we look at the current positive or  
2 negative symptoms and the more global measures of  
3 quality of life, this is the Heimler (phonetic)  
4 Carpenter scale, or the Global Assessment of Function  
5 Scale, you can see negligible correlations.

6                   (Slide)

7                   Now, the burden of suicidal behavior  
8 probably -- it's so important it needs to be  
9 mentioned, but I'm sure all of us are aware of it. It  
10 falls not only on individual patients, but also on  
11 their family and society.

12                   Unsuccessful suicide attempts may lead to  
13 permanent physical impairment, as from a gunshot wound  
14 or an overdose which produces organ damage. It may  
15 also leave long-lasting psychological scars not only  
16 on the patient, but their families. Serious suicide  
17 attempts will undoubtedly disrupt the daily lives of  
18 patients and their families.

19                   Obviously, this has big financial  
20 implications for the individual, for society which  
21 bears the burden of paying for the problems with  
22 schizophrenia. Palmer, et. al. estimated the average  
23 cost of a suicide attempt at \$33,000 a year, mainly  
24 due to the cost of hospitalization. Indeed, today,  
25 hospitalization for suicide attempts or to prevent it

1 may be among the very most common reasons for  
2 hospitalization of schizophrenia.

3 (Slide)

4 I'd now like to briefly review the  
5 evidence that Clozaril reduces the risk of suicidal  
6 behavior.

7 (Slide)

8 I'm going to start with the mirror image  
9 study which Dr. Okayli, who was then a psychiatric  
10 resident, and I did at Case Western Reserve  
11 University. The impetus for that was my clinical  
12 observation that the number of times I was dealing  
13 with a problem of suicidal behavior in the patients I  
14 was treating with Clozaril was dramatically less than  
15 what I had come to expect in the same setting over a  
16 dozen years with similar types of patients.

17 The led us to do a very careful  
18 retrospective study of 88 consecutive patients,  
19 interviewing the patients again, their family members,  
20 and obtaining all available medical records as to the  
21 history of suicide in the two years before we began  
22 treating them with Clozaril. And we had prospective  
23 data. We had monthly ratings of suicidal behavior  
24 during the entire course of this study.

25 Patients were mainly treated



1 with Clozaril monotherapy. During this time,  
2 everybody was seen weekly. We did offer a  
3 psychosocial treatment program which would impact, of  
4 course, on the interpretation of the results.

5 (Slide)

6 This is the major result of that study.  
7 What we found was that the group as a whole -- 53  
8 percent of them reported no suicidal behavior from  
9 that whole spectrum that I talked about in the two  
10 years before Clozaril, and that increased to 88  
11 percent in the follow-up period.

12 Suicidal ideation, again, collected  
13 prospectively, did not change. Accident or unintended  
14 self-harm which were mainly due to command  
15 hallucination decreased dramatically. And the major  
16 finding was the number of low and high probability  
17 suicide attempts decreased dramatically. There were  
18 only 3 low probability attempts, all within the first  
19 few months of treatment with Clozaril, which you'll  
20 see an echo of that when you look at the Clozaril-  
21 Zyprexa comparison. It apparently takes some time  
22 before the optimal benefits of Clozaril are manifest.

23 And we published these data in the  
24 American Journal of Psychiatry along with some others  
25 which I'll mention in a moment, and it stimulated a

1 number of followups.

2 (Slide)

3 At the time we looked at the Clozaril  
4 National Registry which did have a report on completed  
5 suicides, and as of '94 -- the annual expected rate in  
6 the United States would be about 0.2, it was about  
7 0.05 percent in '94, looking at the Clozaril National  
8 Registry. William Reid, the Commission on Mental  
9 Health in Texas, did a similar review in 1998, and  
10 found even a greater discrepancy from the expected  
11 rate.

12 Dr. Reid also compared the rate in all of  
13 Texas, from their records, for all mental health  
14 patients treated with Clozaril versus the ones not  
15 treated with Clozaril, and found almost an identical  
16 decrease in that subsample in terms of lower rates of  
17 completed suicide on Clozaril, and Rob Kulan's  
18 (phonetic) group at the Madsley (phonetic) looked at  
19 the U.K. Clozaril Registry, comparing it with a series  
20 of papers published in the 1990s from the United  
21 Kingdom on completed suicide and schizophrenia, and  
22 found again virtually the same reduction that  
23 everybody who has looked at this has found, and there  
24 have been a number of other subsequent replications of  
25 that.

1 (Slide)

2 Now I'd like to go into some detail which  
3 I know the committee was requested about this Walker  
4 study. The Walker study was an epidemiologic study  
5 connected by the Rothman (phonetic) group, a very  
6 respected group of epidemiologists, from Boston  
7 University.

8 (Slide)

9 The purpose of the study was actually to  
10 determine the mortality from all causes associated  
11 with the use of Clozaril, something that the FDA was  
12 very keen on because of the possible increased rate of  
13 pulmonary embolism of Clozaril.

14 The study examined mortality in all  
15 patients who had received Clozaril in the United  
16 States from its approval in 1989 until the end of '93.  
17 The main analysis in the paper and the data that I'll  
18 share with you was on the subgroup who were between  
19 the ages of 10 to 54, leaving out the group with  
20 Parkinson's Disease who were treated with Clozaril  
21 because of aldopapsychois (phonetic) and who had a  
22 very separate mortality experience.

23 There were 67,072 current and former  
24 Clozaril users who constituted the sample, and they  
25 had a total exposure of 85,399 years.

1 (Slide)

2 The group was divided into three groups.  
3 The first group were people who were currently still  
4 taking Clozaril, as indicated by the fact they had had  
5 a white count reported to the Registry within the last  
6 two weeks by the end of 1993.

7 Recent users had recently discontinued  
8 sometime between 15 and 106 days, and the third group  
9 were those that had discontinued even a longer period  
10 of time. So, everyone in the sample had received  
11 Clozaril at some time.

12 Of course, the mortality data that had  
13 been reported to Novartis during this period, but  
14 there were other data which could be obtained from the  
15 National Death Index and the Social Security  
16 Administration Death Master Files by cross-linking  
17 Social Security Numbers, initials, age, sex, race, et  
18 cetera.

19 (Slide)

20 This is the key summary slide of that.  
21 The death due to suicide in the currently still taking  
22 Clozaril group was a rate of 39 per 100,000 person-  
23 years. The mortality due to suicide in the recent and  
24 past groups were 246 and 221 per 100,000. These are  
25 well within the range reported for the population of

1 people with schizophrenia as a whole. There is no  
2 signal in these data that having recently been on  
3 Clozaril, that the rate increased in relationship to  
4 the discontinuation. In fact, they did a special  
5 analysis, a very important part of that paper, in  
6 which they looked at the people who had been  
7 discontinued due to agranulocytosis, and they compared  
8 the rate in that group -- which wouldn't be biased by  
9 any possible stop in the medication because they were  
10 suicidal -- and that group did not differ from the  
11 rest of the group, indicating that the rest of the  
12 group was not particularly biased due to suicidal  
13 behavior as a reason for discontinuation.

14 (Slide)

15 And when they looked -- again, the primary  
16 purpose was all causes of death -- there was a strong  
17 signal that Clozaril reduced the overall mortality,  
18 and that that overall mortality decrease was due to  
19 the lower rate of suicide. So, the current Clozaril  
20 users had a 54 percent lower risk of death from any  
21 cause than the past Clozaril users -- this is the 95  
22 percent confidence limit -- does not overlap one,  
23 whereas the recent users were slightly elevated  
24 compared to the past users.

25 The suicide, as Dr. Laughren mentioned,

1 showed a hazard ratio of .17, a reduction of 83  
2 percent, which is the exact same range that all the  
3 other studies that I've mentioned have always come up  
4 with. And we saw a slight increase, again, in the  
5 recent users.

6 Suicide accounted for 19 percent of all  
7 the deaths in the sample, mainly in the recent and the  
8 past users.

9 (Slide)

10 So, these are the conclusions from Walker,  
11 et. al. m that Clozaril reduced the risk of completed  
12 suicide, that their findings were consistent with the  
13 previous finding, that the reduced suicide rate was  
14 the largest contributor to the lower overall mortality  
15 rate in the Clozaril current user group, and that the  
16 beneficial effects of Clozaril on suicide did not  
17 persist after it was discontinued.

18 (Slide)

19 So, let me summarize with the key points  
20 that I hope I have made during this talk: that  
21 attempted suicide is a very important public health  
22 issue, occurring in at least 20 to 40 percent of  
23 patients with schizophrenia and schizoaffective  
24 disorder; attempted suicide is a major burden on  
25 patients, families, and society; that suicidal

1 behavior is a separate domain from psychosis --  
2 antipsychotic drug does not necessarily mean  
3 antisuicide drug; extensive previous research  
4 suggests, but does not prove -- clearly, there are  
5 many problems with Okayli and others in terms of  
6 evidence-based medicine -- but they did suggest that  
7 Clozaril reduces suicidal behavior.

8 (Slide)

9 And so the stage was set for InterSePT,  
10 which was designed by a number of people to provide a  
11 controlled, prospective test of the hypothesis that  
12 Clozaril reduces the risk of suicidal behavior, and  
13 Dr. Rocco Zaninelli, who is the Executive Director for  
14 Clinical Research and Development at Novartis, is  
15 going to present it. We think you'll see that it's an  
16 innovative design directed toward an extremely  
17 important public health problem in a very high-risk  
18 population. Thank you very much.

19 DR. ZANINELLI: Thank you, Dr. Meltzer.  
20 Good morning. Dr. Meltzer has discussed the  
21 scientific findings which led to the development of  
22 InterSePT. I will now present the detail of the  
23 design and the results of the study.

24 (Slide)

25 My presentation today include a statement

1 of the objective of InterSePT, a discussion of the  
2 study design, a component of which is the independent  
3 Suicide Monitoring Board. Within that presentation,  
4 Dr. Krishnan will elaborate on the role of the Suicide  
5 Monitoring Board. I will then address the statistical  
6 methods and the efficacy and safety results of  
7 InterSePT. In response to a request from the FDA, I  
8 will also present a review of the process of referring  
9 cases to the SMB. Finally, I will draw some  
10 conclusions from the InterSePT results.

11 (Slide)

12 The study title, which you have seen a  
13 couple of times already, is also a statement of the  
14 objective of InterSePT. InterSePT was a prospective,  
15 randomized, international, parallel-group study for  
16 comparison of Clozaril/Zyprexa in the reduction of  
17 suicidality in patients with schizophrenia or  
18 schizoaffective disorder who are at risk for suicide.

19 InterSePT was an open-label study,  
20 however, specific assessments were carried out by  
21 clinicians blinded to patient identifiers, patient  
22 treatment specifically.

23 (Slide)

24 I will now describe the study design.

25 (Slide)



1           The schematic you are about to see  
2 illustrates the study design of InterSePT. Patients  
3 were randomized to either Clozaril/Zyprexa for a  
4 duration of two years. The initial four weeks were  
5 the transition phase, during which patients  
6 discontinued their previous antipsychotic medications  
7 while beginning the assigned study medication.

8           Patients randomized to Clozaril started at  
9 12 mg BID, patients randomized to Zyprexa at 5 mg once  
10 a day. The recommended dosage ranges were 200 to 900  
11 mg per day for Clozaril, and 5 to 20 mg per day for  
12 Zyprexa. These ranges correspond to the dosage ranges  
13 for each of the medications in the 11 countries  
14 participating in InterSePT. There was no fixed dose  
15 for any length of time during the study.

16           For the first 26 weeks of the study, the  
17 patients received weekly intervals. This schedule  
18 corresponds to the necessity to monitor the white cell  
19 counts in the Clozaril patients. The visit frequency  
20 was the same in the Zyprexa group. So the frequency  
21 and duration of contacts in both groups with site  
22 staff was the same. Whereas the Clozaril patients  
23 blood drawn for the WBC counts at the contacts, the  
24 Zyprexa patients had vital signs taken.

25           After 26 weeks, the visit frequency for

1 both treatment groups became biweekly, again,  
2 corresponding to the required monitoring frequency for  
3 Clozaril patients.

4 (Slide)

5 InterSePT included patients with  
6 schizophrenia or schizoaffective disorder recording  
7 the DSM4 criteria who were at high risk for suicide.  
8 Patients needed to satisfy at least one of the  
9 following criteria: A suicide attempt within the last  
10 three years; had hospitalization to prevent suicide in  
11 the last three years; moderate to severe suicidal  
12 ideation and depression within one week of the  
13 baseline assessment; or moderate to severe suicidal  
14 ideation and self-harm command hallucinations within  
15 one week of baseline assessment.

16 Many patients included in InterSePT met  
17 two or more of this criteria, thus confirming this was  
18 an at-risk population. The inclusion of a population  
19 at risk for suicide influenced other inclusion and  
20 exclusion criteria. For example, patients with a  
21 prior history of substance abuse or drug abuse were  
22 not excluded from the study. More importantly, in  
23 keeping with the medical mandate to prevent suicide  
24 and maintain patient safety, there were no constraints  
25 regarding the use of concomitant medication use during

1 the study.

2 (Slide)

3 The choice of the comparison medication  
4 was deliberate. Preliminary to the design phase of  
5 InterSePT, the use of placebo in this patient  
6 population was considered unethical and medically  
7 inappropriate. Zyprexa was chosen because it is an  
8 atypical antipsychotic that is pharmacologically  
9 similar to Clozaril. A previous study by Tran, et.  
10 al. had demonstrated a lower rate of adverse events  
11 related to suicidal behavior among patients treated  
12 with Zyprexa compared to patients treated with  
13 Risperdal.

14 Zyprexa is effective in treating  
15 psychosis. It is generally well tolerated. Finally,  
16 it was available in all of the countries wanting to  
17 participate in InterSePT.

18 (Slide)

19 The rationale for the open-label design was  
20 based on the assumption that any attempt to blind the  
21 study would be compromised by at least two factors,  
22 one factor being the need to monitor white blood cell  
23 counts in the Clozaril patients, the other the  
24 clinical fact that Clozaril and Zyprexa have fairly  
25 distinct adverse event profiles, that it would be

1 difficult to blind the medications from experienced  
2 clinicians.

3 (Slide)

4 The primary efficacy endpoint for  
5 InterSePT was a Type 1 or Type 2 event. I will define  
6 these types of events before describing the  
7 statistical methodology which was used to analyze the  
8 results.

9 (Slide)

10 A Type 1 event was defined as a  
11 significant suicide attempt or hospitalization due to  
12 imminent suicide risk, including a increased level of  
13 surveillance in patients already hospitalized. The  
14 data concerning such events were assessed by the  
15 Principal Investigator at the site, and confirmed by  
16 the Suicide Monitoring Board.

17 (Slide)

18 A suicide attempt itself was defined as  
19 actions committed by a patient either with willful  
20 intent or as a response to internal compulsions or  
21 disordered thinking that put him or herself at risk  
22 for death.

23 (Slide)

24 A Type 2 event was defined as a worsening  
25 of suicidality as measured by a score of 6 or 7 on the

1 Clinical Global Impression of the Severity of  
2 Suicidality related by a Blinded Psychiatrist, or CGI-  
3 SS-BP. However, a level of 6 or 7 indicates a score of  
4 much worse or very much worse. This scale is a  
5 modified version of a Global Improvement Scale of  
6 Clinical Global Impression, which is a standard  
7 assessment in psychiatric research. The blinded  
8 psychiatrist performing the reading was at the site,  
9 but was not otherwise involved in the conduct of the  
10 study.

11 Type 2 events also included an implicit  
12 worsening of the severity of suicidality as indicated  
13 by the occurrence of a suicide attempt or  
14 hospitalization to prevent suicide. That is, every  
15 Type 1 event was also a Type 2 event. Every Type 1  
16 event was therefore considered in two dimensions, the  
17 behavioral aspect -- the suicide attempt or  
18 hospitalization to prevent suicide, which was the Type  
19 1 event -- but also in the implicit worsening which is  
20 associated with suicidal behavior.

21 (Slide)

22 There are also a number of secondary  
23 efficacy assessments, the CGI-SS-BP, besides  
24 comprising a component of a primary endpoint, overall  
25 changes from baseline in a CGI-SS-BP were also

1 recorded as a measure of the clinician's impression of  
2 changes in the patient suicidality status.

3 The InterSePT Scale for Suicidal Thinking  
4 as rated by the Blinded Psychiatrist is a new scale  
5 which was especially developed for InterSePT. It is  
6 based on an adaptation of Scale for Suicidal Ideation.  
7 It has been validated for the InterSePT population.

8 Three scales were used to assess syndromal  
9 psychopathology, depression, and anxiety,  
10 respectively: The Positive and Negative Syndrome  
11 Scale, the PANSS, the standard measure in studies of  
12 schizophrenia and schizoaffective disorder; the  
13 Calgary Depression Scale, which was specifically  
14 developed to measure depression syndrome in  
15 schizophrenia; and the Covi Anxiety Scale, which is a  
16 standard measure of anxiety.

17 (Slide)

18 A crucial aspect of InterSePT was the  
19 determination of Type 1 events for the independent  
20 Suicide Monitoring Board, concerning which Dr.  
21 Krishnan will speak to you in a few moments. I wish  
22 to describe in this schematic the overall process by  
23 which data flowed to the Monitoring Board.

24 Patients in this study were cared for at  
25 the site where all unblinded clinical assessments were

1       made. The blinded psychiatrist, as mentioned already,  
2       was also at the site. Information collected from the  
3       site during the study was forwarded to the Medical  
4       Monitor at the Inginex Pharmaceutical Services, the  
5       research organization responsible for conducting  
6       InterSePT. The Medical Monitor was a trained  
7       psychiatrist, whose main functions were to oversee the  
8       quality of data flowing to a database but, more  
9       particularly, to blind all information pertaining to  
10      suicide attempts, suicides, and hospitalizations to  
11      prevent suicides -- that is, potential Type 1 events.

12               The case information was then passed on to  
13      an Independent Suicide Monitoring Board which  
14      deliberated the case and made a determination of  
15      whether the data actually constituted a Type 1 event  
16      or not. The results of the SMB's deliberations were  
17      passed back to Medical Monitor. The data concerning  
18      these events were entered into the database.

19               Dr. Krishnan, who is Chairman of the  
20      Suicide Monitoring Board, will now present the details  
21      regarding the work of the SMB. Dr. Krishnan?

22               DR. KRISHNAN: Thank you, Doctor. It's  
23      nice to discuss the role of the SMB with the members  
24      of the Advisory Group.

25               (Slide)

1                   Let me very briefly tell you who we were  
2                   and what we did.    The SMB consisted of three  
3                   individuals -- myself, Isaac Sakinofsky. He is  
4                   Professor Emeritus at University of Toronto. His  
5                   clinical work is on suicide in schizophrenia, and his  
6                   clinical research is also focused in this area.

7                   The third individual is Hannele Heila.  
8                   Hannele Heila is an individual who conducted on of the  
9                   largest psychological autopsy studies of suicide in  
10                  the context of schizophrenia.

11                  The three of us were not affiliated to any  
12                  of the investigative sites. The membership remained  
13                  constant throughout the trial, and each member  
14                  participated in all the meetings and in all the  
15                  decisionmaking for all the individual events.

16                  (Slide)

17                  The primary role of the SMB was to  
18                  evaluate all the relevant data to determine whether a  
19                  Type 1 event occurred. So, we evaluated all deaths  
20                  and determined if the cause was suicide; potential  
21                  suicide attempts we evaluated to determine their  
22                  potential lethality; and hospitalizations related to  
23                  suicidal behavior were assessed to see if the  
24                  hospitalization was due to imminent risk of suicide  
25                  and not due to other reasons such as increased



1 psychosis, worsening of psychosis, et cetera.

2 Let me briefly give you an idea of the  
3 thought process that went into making some of these  
4 decisions. If you review the literature in the  
5 context of assessing suicide, it is clear that while  
6 it is possible to delineate historical and current  
7 risk factors for suicide in samples of patients, when  
8 you try extrapolating it to the individual, these data  
9 are suggestive but are not definitive. So,  
10 essentially they yield either too many false-positives  
11 or they fail to identify many of those who later turn  
12 out to be at risk for suicide.

13 The Suicide Monitoring Board, therefore,  
14 fell back on careful considered clinical judgment  
15 tested and tempered by teleconferences that had any  
16 conflicting opinions and drew reasoned consensus from  
17 the group, sometimes with the aid of additional  
18 information requested about the event and about the  
19 patient.

20 The key to evaluating the important  
21 behavioral phenomenon turned on assessing the  
22 seriousness of the suicidal intent and the driving  
23 force behind it. In this context, it is useful to  
24 distinguish between intent that is subjective -- in  
25 other words, not always that which is explicitly

1 stated by the individual, or objective intent which is  
2 implicit in the circumstances of the event. Objective  
3 intent is evaluated by evidence of preparation, choice  
4 of the method of attempting suicide, and by any steps  
5 taken to prevent the act being plotted by this.

6 The clinician and, in this case, the  
7 Suicide Monitoring Board, had to estimate the degree  
8 of trust that can be placed in a patient's statement  
9 of intent in both directions, i.e., that the patient  
10 will or will not kill him or herself. Patients are  
11 well known, for example, to threaten self-harm for the  
12 sake of some gain, such as admission to the hospital.  
13 On the other end, the seriously suicidal person is  
14 likely to deny or conceal intent, but suicide will not  
15 be prevented.

16 And, further, where an individual is in  
17 the midst of a psychotic episode, they do not always  
18 follow logical process. For instance, lethality of an  
19 attempt may not follow the degree of intent in either  
20 direction. This can account for the fact and the  
21 frequent finding that suicide victims were not  
22 perceived as at risk for suicide at their last  
23 clinical appointment. At the same time, buffering and  
24 mitigating factors also have to be considered, namely,  
25 where do they live? What is their willingness to

1 live? What is the circumstances in their life that at  
2 that point makes them either more likely or less  
3 likely to attempt suicide.

4 So, we had to consider all these factors  
5 and try to arrive at reasoned judgment as far as  
6 possible in making a decision whether they met  
7 criteria for one of those events by events that we  
8 discussed.

9 (Slide)

10 What were the material that we utilized?  
11 There was a bunch of case report forms which is a  
12 suicide attempt form, the rescue intervention form,  
13 the Calgary Depression Scale, the InterSePT Scale, and  
14 we also looked at all the clinical reports from the  
15 charts and history of suicidal behavior. Remember,  
16 all these charts were carefully evaluated prior to our  
17 seeing them, to take out any information that is there  
18 about diverse experiences, any clue about what the  
19 drug was, et cetera, so everything which was connected  
20 to that was blacked out and sent to us. So, the  
21 information that we had was essentially anonymized as  
22 to which compound or which drug the individual was  
23 receiving.

24 (Slide)

25 We reviewed 577 events, and we determined

1 483 to be Type 1 events, of which 111 were suicide  
2 attempts and 372 were hospitalizations to prevent  
3 suicide.

4 (Slide)

5 In conclusion, I just wanted to emphasize  
6 a couple of things: Members were independent of any  
7 of the sites, that the review was blinded, and the  
8 classification of each event was on a pre-determined  
9 and pre-defined process, and the determination of Type  
10 1 events were unanimous.

11 Let me just also briefly say one word.  
12 When we evaluated in the context of the Suicide  
13 Monitoring Board, what we actually got was stories of  
14 patients, and these stories were compelling. Here you  
15 are talking about a group of individuals who are  
16 generally excluded from most clinical trials. They  
17 were very, very ill. And the stories were striking.  
18 The number of attempts, the degree of co-morbidity  
19 with other problems, the lack of support systems very  
20 often in this group of patients, and the level and the  
21 chronicity of their illness during the time frame when  
22 they participated in the study and the time frame  
23 before they entered the study, and you can see to some  
24 extent from the type of events that occurred during  
25 the study and prior from the study, everything from

1 jumping off bridges, trying to hang themselves,  
2 overdoses, et cetera. And so one has to think of this  
3 in the numeric sense, in the statistical sense, I  
4 think it is also important to keep in mind the nature  
5 of this patient population that was evaluated and  
6 studied. Thank you.

7 DR. ZANINELLI: Thank you, Dr. Krishnan.  
8 I will now continue my presentation by turning to the  
9 statistical methods which were used to analyze the  
10 data from InterSePT.

11 (Slide)

12 The primary efficacy analysis of InterSePT  
13 was a time-to-event analysis based on the approach of  
14 Wel, Lin and Weissfeld, the WLW method. This method  
15 is used to analyze time-to-multiple-event data. It  
16 allows the combination of different types of events  
17 into a single dataset, which was the case in InterSePT  
18 with the combination of Type 1 and Type 2 events. The  
19 WLW method provides an overall test of the difference  
20 between treatments. In the case of InterSePT, the  
21 difference between Clozaril and Zyprexa, with regard  
22 to the risk of experiencing a Type 1 or Type 2 event.

23 The WLW method was established as the  
24 primary efficacy analysis by protocol amendment. The  
25 regional InterSePT design designated only the Type 1

1 event as the primary endpoint, however, there was a  
2 concern there may be too few events of suicidal  
3 behavior in the course of a study in which the  
4 emphasis was on patient safety and the prevention of  
5 suicide. Therefore, the Type 2 event, which was  
6 reported to reflect more implicit suicidal behavior  
7 was introduced into the design.

8 The use of the WLW method was agreed to by  
9 the FDA during deliberations on the design of  
10 InterSePT.

11 (Slide)

12 A number of supportive analyses were also  
13 conducted. The Cox proportional hazards analysis,  
14 which included in the model the factors of drug  
15 treatment, number of suicide attempts, current  
16 substance or alcohol abuse, country grouping, gender,  
17 and age.

18 Kaplan-Meier estimates of cumulative  
19 probabilities were also conducted. And, finally,  
20 analysis of clinical variables were carried out based  
21 on analysis of the last-observation-carried-forward  
22 dataset.

23 (Slide)

24 The statistical assumptions behind the  
25 sample size calculation were as follows: the

1 randomization was set at 1-to-1; the log-rank test  
2 established alpha at 5 percent, with power at 80  
3 percent. It was estimated that 45 percent of Clozaril  
4 patients of 55 percent of Zyprexa patients would have  
5 at least one Type 1 event during the two-year  
6 observation period. Therefore, a total 381 events  
7 would be necessary to distinguish a difference. With  
8 a frequency of 50 percent, at least 762 patients were  
9 needed for the study. And allowing for a 15 percent  
10 dropout rate, about 900 patients needed to be  
11 randomized to study medication.

12 (Slide)

13 Finally, getting to the results of the  
14 study, I'll start off with the characteristics and  
15 disposition of the study population.

16 (Slide)

17 InterSePT was conducted at 67 centers in  
18 11 countries. The first patient was enrolled in March  
19 1998, last patient visit took place in February 2001,  
20 the database was locked in June 2001.

21 (Slide)

22 In total, 1,065 patients were screened,  
23 and most of those patients were actually randomized  
24 and started medication. The intend-to-treat  
25 population consisted of all randomized patients, 490

1 in each group. Approximately 98 percent of these  
2 patients actually received medication and, of these,  
3 about 61 percent completed the two-year observation  
4 period.

5 Of the 40 percent who discontinued the  
6 two-year observation period, 15 percent in the  
7 Clozaril group and 18 percent in the Zyprexa group,  
8 still contributed complete data to analysis at the  
9 primary endpoint, either by having a Type 1 or Type 2  
10 event before or after discontinuation.

11 The study design included the stipulation  
12 that patients who dropped out would be, as much as  
13 possible, followed to their individual two-year  
14 endpoint to determine whether a Type 1 or Type 2 event  
15 occurred after discontinuation. These were so-called  
16 "retrieved dropouts".

17 The number of true dropouts -- that is,  
18 patients who had no event prior to discontinuation and  
19 were ultimately lost to followup -- was, therefore, 24  
20 percent in the Clozaril group and 80 percent in the  
21 Zyprexa group. One of the conclusions of this is that  
22 about 80 percent of the patients in each group  
23 contributed complete data for the analysis of the  
24 primary endpoint.

25 (Slide)



1           The distribution of age was similar across  
2           the two treatment groups. The mean age of onset of  
3           the disorder was about 24 years; median duration of  
4           illness, ten years. The percentage of males and  
5           females was similar across treatment groups. You can  
6           also see that the distribution of race was even in  
7           both groups.

8                           (Slide)

9           Looking now at diagnosis at baseline.  
10          This is about 60 percent of the patients were  
11          diagnosed with schizophrenia and 40 percent of the  
12          patients in each treatment group were schizoaffective  
13          disorder. Around 27 percent of the patients in both  
14          groups were classified as being treatment-resistant by  
15          history. This percentage was based on historical  
16          information from the patient's files, and not on the  
17          strict application of criteria for treatment  
18          resistance.

19                           (Slide)

20          Turning now to the psychometric scores.  
21          At baseline, we see that the severity of suicidal  
22          behavior at baseline as measured by the CGI-SS-BP was  
23          2.2 in both groups. This corresponds to a rating of  
24          mild to moderate severity of suicidality. The mean  
25          number of lifetime suicide attempts, the mean number

1 of lifetime hospitalizations to prevent suicide was  
2 greater than 3 in both groups. These numbers  
3 underscore the fact that it is a high-risk population.

4 For both groups, the mean total score on  
5 the PANSS was above 80, indicating that although most  
6 of these patients were receiving antipsychotic  
7 medication before the trial, there was still a  
8 substantial degree of psychopathology present at  
9 baseline.

10 On the Calgary Depression Scale, a score  
11 of around 10 indicates mild to moderate levels of  
12 depressive symptomatology and, finally, Covi Anxiety  
13 score of around 4 indicates rather low level of  
14 anxiety.

15 (Slide)

16 For those patients who discontinued the  
17 study, the most frequent reason for discontinuation  
18 was withdrawn consent, followed by discontinuation due  
19 to adverse events. For most of the reasons we see  
20 here, the proportion of patients that discontinued  
21 treatment was similar across the two groups. There  
22 were a few differences. Three patients in the  
23 Clozaril group, none in the Zyprexa group,  
24 discontinued because of abnormal lab values or  
25 procedure results, while 6 patients in the Zyprexa

1 group and none in the Clozaril group discontinued due  
2 to unsatisfactory effect on the suicide risk.

3 (Slide)

4 With regards to study medication, the mean  
5 dosage for Clozaril during was 274 mg, if it was  
6 Zyprexa, 17 mg, so overall during the study. For  
7 Clozaril, the mean dosage beginning in month 4, that  
8 is following the titration period that's customary for  
9 Clozaril, the mean dosage is about 225 mg per day.

10 The dosage for Clozaril patients ranged  
11 from 13 to 725 mg per day, from which we can deduce  
12 that no Clozaril was dosed at the ceiling of the  
13 recommended range. For Zyprexa, the actual dosing  
14 range was 3 to 41 mg, with about 18 percent of the  
15 patients receiving doses in excess of 20 mg per day.

16 (Slide)

17 I will now present the results of the  
18 analysis at the primary endpoint, which was again the  
19 time to first Type 1 or Type 2 event.

20 (Slide)

21 These bar-graphs represent the  
22 distribution of Type 1 events -- that is, suicide  
23 attempts and hospitalizations to prevent suicide in  
24 the two treatment groups.

25 Overall, 102 patients in the Clozaril and

1 141 patients in the Zyprexa group had a Type 1 event.  
2 The suicide attempts and hospitalizations to prevent  
3 suicide, you see there are 34 suicide attempts in the  
4 Clozaril group, 55 in the Zyprexa group;  
5 hospitalizations, 82 in the Clozaril group, 107 in the  
6 Zyprexa group. These numbers, 34 of each, don't add  
7 up to 102 because there were patients who had a  
8 suicide attempt and a hospitalization in both groups.

9 (Slide)

10 This slide shows the distribution of  
11 patients in the treatment groups and the number of  
12 Type 1 events they had. You see that most patients in  
13 each of the treatment groups had only one event --  
14 this is the number of patients. But there were not a  
15 few patients who had more than one Type 1 event during  
16 the course of the study. In each of these cases,  
17 there were more patients in the Zyprexa group than in  
18 the Clozaril group.

19 (Slide)

20 This slide shows the distribution of Type  
21 2 events across the treatment groups. We'll review  
22 the definition of Type 2 again. Type 2 events  
23 encompass a worsening of suicidality on the CGI-SS-BP  
24 as well as a worsening implied by the occurrence of  
25 Type 1 events, suicide attempts or hospitalizations to

1 prevent suicide.

2 So, with that in mind, look at this. The  
3 Clozaril group, there were 120 patients who had a Type  
4 2 event, in contrast to 161 in the Zyprexa group.  
5 However, 102 of these events were actually the Type 2  
6 events we saw two slides previously in the Clozaril  
7 group. These 141 we also saw two slides previously,  
8 that is, the preponderance of the material making up  
9 the Type 2 event was actually the Type 1 event. This  
10 result needs to be kept in mind when you consider the  
11 further results in the analyses I'm about to present.

12 (Slide)

13 The results of the primary efficacy  
14 analysis using the WLW method indicates a significant  
15 difference between the groups in favor of Clozaril,  
16 the p-value being .031. The results of the supporting  
17 Cox Proportional Hazard analysis show ratios of .74  
18 and .76 for Type 1 and Type 2 events, respectively, a  
19 ratio of greater than 1 would be in favor of Zyprexa  
20 or a ratio of less than 1 in favor of Clozaril. The  
21 differences for both types of events were  
22 statistically significant. You see here the p-values,  
23 .021 and .026 for Type 1 and Type 2 events,  
24 respectively. The mean result here that for the  
25 Clozaril group relative to the Zyprexa group there was

1 a reduction of risk of 26 percent in the Clozaril  
2 group relative to the Zyprexa group, reduction of risk  
3 for suicide attempt or hospitalization to prevent  
4 suicide.

5 (Slide)

6 Look now at the Kaplan-Meier plots, you  
7 can observe the cumulative probabilities of a Type 1  
8 event were 24 percent in the Clozaril group and 32  
9 percent in the Zyprexa group. The probability  
10 estimate is fairly constant for Clozaril of about 22  
11 to 24 percent from about month 12. Confirming results  
12 of the Cox analysis, this represents for the Clozaril  
13 group a 25 percent reduction in the probability to  
14 have a Type 1 event.

15 What this means clinically can perhaps  
16 best be shown from the time point at which the  
17 Clozaril patients have a 24 percent probability, which  
18 is around 12 months or so. This indicates that the  
19 acuity benefit accruing to the Clozaril patients is  
20 amplified during the second year of the study.

21 The Kaplan-Meier plot for Type 2 events is  
22 very similar, which is not surprising considering that  
23 the data involved in this analysis are driven by the  
24 preponderance of the Type 1 events, as I mentioned  
25 before.

1 (Slide)

2 To assist the robustness of the Clozaril  
3 treatment effect, a Cox Proportional Hazard Analysis  
4 was carried out for each of several diagnostic and  
5 demographic subgroups, so that's for the schizophrenia  
6 and schizoaffective diagnostic subgroups, treatment-  
7 resistant and treatment-nonresistant, look at  
8 geographic distinctions for North America and the rest  
9 of the world -- gender, race and age grouping.

10 For the subgroup, the hazard ratio was  
11 less than 1, confirming the reduction in risk in the  
12 Clozaril group relative to the Zyprexa group for a  
13 suicide attempt or hospitalization to prevent suicide.  
14 Remember, less than 1 is in favor of Clozaril.

15 Also note that the hazard ratio of the  
16 individual subgroups are very close together, thus  
17 demonstrating a high degree of internal consistency.

18 (Slide)

19 Now I'd like to review the changes in the  
20 secondary clinical assessments which were carried out  
21 during InterSePT.

22 (Slide)

23 Looking first at the change from baseline  
24 in the severity of suicidality as rated by the blinded  
25 psychiatrists on the CGI-SS-BP, you see that they were

1 equal or very similar proportions of patients form the  
2 treatment groups, each change category at the end of  
3 study, that explains a bit -- these are the change  
4 categories, so the CGI-SS-BP is a change from baseline  
5 scale. So, relative to baseline, in this case, about  
6 25 percent of the patients in each group were rated  
7 very much improved; about 30 percent of the patients  
8 in each group had no change relative to baseline;  
9 about 5 percent of the patients overall in each group  
10 had some degree of worsening in suicidal status, as  
11 rated by the blinded psychiatrist at the site.

12 (Slide)

13 Here are the other secondary measures.  
14 You see for the ISST-BP, much the same result as for  
15 the CGI-SS-BP. Relative to baseline in both treatment  
16 groups, there's a reduction in the score from the  
17 baseline of 7.4 by about 5 points at the end of the  
18 study. This considerable reduction is essentially the  
19 same in both treatment groups. This pattern of  
20 response also holds true for the psychopathology  
21 variables. On the PANSS-T, CDS and Covi, there are  
22 very similar reductions in the groups relative to  
23 baseline, and these are mostly indistinguishable.

24 Here are some of the results we've seen  
25 so far. For Clozaril patients relative to Zyprexa



1 patients, there was a significant reduction in the  
2 risk of experiencing suicidal behavior, Type 1 or Type  
3 2 event. However, from the results we see here this  
4 difference appears not to be related to differential  
5 improvement in measures of psychopathology or measures  
6 of suicidality as rated by the blinded psychiatrist.

7 There are perhaps a number of reasons for  
8 this finding. One might be the fact that the  
9 assessments of psychopathology, especially the CGI-SS-  
10 BP and the ISST-BP, occurred at only a few discrete  
11 time points separated by intervals of eight weeks,  
12 while the patient's suicidal behavior is obviously not  
13 tied to these time points. Thus, these assessments  
14 ultimately may not contribute to the assessment of  
15 drug effects.

16 (Slide)

17 There was an intrinsic of Clozaril on  
18 suicidal behavior. I don't want to speculate on this  
19 now, but if that is the case, it would be important to  
20 address the possibility that such a drug effect may be  
21 confounded by the greater use of concomitant  
22 psychotropic medication in the Clozaril group.  
23 Remember, there was no constraint on the use of  
24 psychotropic medications.

25 To look at this possibility, or to examine

1 this possibility, we looked at the use of concomitant  
2 psychotropic medication in the two groups during the  
3 study. Specifically, the concomitant psychotropic  
4 medications in the four classes -- antipsychotics,  
5 antidepressants, sedatives/anxiolytics, and mood  
6 stabilizers, we used equivalents to get these drugs  
7 into a common denominator -- Haloperidol equivalents  
8 for antipsychotics; fluoxetine equivalents for  
9 antidepressants; diazepam equivalents for  
10 sedatives/anxiolytics; and carbamazepine equivalents  
11 for mood stabilizers. For each of the four classes,  
12 as we see here, there's a significant difference  
13 between the groups with respect to the mean dose of  
14 these classes of medication. In each case, the mean  
15 dose of each of these medication classes is  
16 significantly greater in the Zyprexa group. This  
17 result would appear to discount the possibility that  
18 the effect of Clozaril on the risk of suicidal  
19 behavior is due to a greater use of adjunct  
20 psychotropic medication.

21 (Slide)

22 To move on to discuss the safety aspects  
23 of the study.

24 (Slide)

25 As could be expected in a two-year study,

1 90 percent of the patients in each group had at least  
2 one adverse event report. About half of the patients  
3 in each group also had at least one report serious  
4 adverse event. However, there were no cases of  
5 agranulocytosis, myocarditis or cardiomyopathy in the  
6 Clozaril group. There was 1 case of cardiomyopathy in  
7 the Zyprexa group.

8 On the following slides, I will present  
9 the adverse events of interest for Clozaril adverse  
10 events separately, then consider the psychiatric and  
11 neurologic adverse events and deaths for the two  
12 groups together.

13 (Slide)

14 Looking at the Clozaril adverse events of  
15 interest, we see that the incidence of salivary  
16 hypersecretion, white blood cell decrease,  
17 constipation, weakness, postural hypertension, and  
18 convulsions is greater in the Clozaril than the  
19 Zyprexa group.

20 (Slide)

21 On the other hand, looking at the Zyprexa  
22 adverse events of interest -- weight increase, dry  
23 mouth, asthma, laceration, epistaxis -- are greater in  
24 the Zyprexa group. The incidence of diabetes mellitus  
25 NOS, not otherwise specified, is about the same in the

1 two groups. The reports of laceration we see here  
2 were not related to suicidal intent.

3 (Slide)

4 This slide summarizes the frequencies of  
5 psychiatric and neurologic adverse events in the two  
6 groups. The blue field are those events where the  
7 occurrence or the frequencies of events are higher in  
8 the Zyprexa group -- that's depression, suicide  
9 ideation, suicide attempt -- again, as adverse event  
10 reports -- drug abuse, tension, mood disorder,  
11 insomnia, akathisia are greater in the Zyprexa. In  
12 the yellow text area, we see that somnolence,  
13 dizziness, dysarthria and syncope are greater in the  
14 Clozaril group.

15 (Slide)

16 There were 22 deaths during the study, of  
17 which 10 were suicides. During the two-year  
18 observation period, there were 5 suicides in the  
19 Clozaril and 3 in the Zyprexa group. In each group  
20 there was 1 suicide -- that's the number in  
21 parentheses -- that occurred after the two-year  
22 observation period, but within the 30-day safety  
23 followup period. Considering the high-risk population  
24 of InterSePT, the number of suicides was very low.  
25 The difference in the number of suicides attributed to

1 the groups is not statistically significant.

2 The other deaths that occurred during the  
3 study were associated mostly with cardiovascular or  
4 oncologic events. With regard to the single fatal  
5 motor vehicle accident we see, there was no evidence  
6 to indicate that this was the result of suicidal  
7 intent.

8 (Slide)

9 In the final part of my presentation, I'll  
10 address one of the questions raised by the FDA during  
11 their review of InterSePT results. This question  
12 concerns the process of referring case material from  
13 the unblinded Principal Investigator to the blinded  
14 Suicide Monitoring Board.

15 (Slide)

16 Now, the situation involved in this  
17 question is perhaps best explained if we take another  
18 look at the flow chart describing the movement of  
19 unblinded data to the blinded Suicide Monitoring  
20 Board, as I mentioned before. The information was  
21 collected at the site by the Principal Investigator,  
22 information concerning potential Type 1 events,  
23 potential suicide events or hospitalization to prevent  
24 suicide. This information was collected in a  
25 nonblinded fashion. The Principal Investigator was

1 aware of all the assessments going on, was in many  
2 cases the actual treating physician for the patient.  
3 This information was passed on to the Medical Monitor  
4 who blinded it and passed it on to the SMB.

5 Because the PI is aware of the patient's  
6 treatment, there is obvious potential bias here.  
7 During the study itself there were a number of checks  
8 in place to identify potential Type 1 events that may  
9 have been missed by the PI. In particular, the  
10 Medical Monitor reviewed adverse event and serious  
11 adverse event reports; all hospitalizations, medical  
12 and psychiatric; and reports of self-harm, and  
13 actually anything vaguely associated with self-harm.

14 If there was any evidence in this body of  
15 data to indicate that the PI may have missed a  
16 potential Type 1 event, the Medical Monitor contacted  
17 the site and queried the investigator. At the same  
18 time this was going on, on a regular basis the field  
19 monitors reviewed the source documents for all  
20 unreported cases of suicidal events, and in those  
21 cases where there was no referral to the SMB, they  
22 made sure that there was no evidence there for  
23 potential Type 1 event.

24 In response to the FDA's recent request,  
25 Novartis conducted a retrospective review of the

1 referral process, which I will now describe.

2 In our review of the process of referring  
3 Type 1 events from the Principal Investigator to the  
4 SMB -- potential Type 1 events, excuse me -- we made  
5 the assumption to refer the bias when we ruled the  
6 case not referred to the SMB. Nonreferral of  
7 potential Type 1 information occurred in 701 of the  
8 980 patients who were enrolled in InterSePT. The  
9 search term dictionary or glossary, to use the  
10 technical term, were then developed, which was based  
11 on terms from the reports clearly corresponds between  
12 the investigative sites, the Medical Monitor and the  
13 Monitors, in comments from the site staff entered into  
14 the case report forms which comprise the documentation  
15 for each case.

16 There were more than 300 terms in the  
17 search dictionary, covering not only explicit suicidal  
18 behavior, but also events not necessarily related to  
19 suicidal behavior, such as drunkenness or abrasion.

20 The next step in the search term  
21 dictionary was applying to each of the 701 cases,  
22 looking for matches -- the search dictionary was  
23 programmed to look for matches in each of the 701  
24 cases. The search program was blinded to patient  
25 treatment.

1           The case report forms from those cases  
2       where terms were matched were then reviewed by  
3       Novartis. For example, if the term "abrasion" which  
4       was in the search dictionary, popped anywhere in a  
5       patient's case report form, the entire documentation  
6       from that patient was then reviewed by Novartis  
7       clinical staff. The review covered several -- well,  
8       three questions were asked: Whether the term was  
9       potentially related to suicidal behavior or was  
10      related to potential suicidal behavior? If so, were  
11      the PI queried regarding occurrence of suicidal  
12      behavior? And if the PI was queried, what was his or  
13      her response? We then graded this review to establish  
14      whether potential cases of suicidal behavior were not  
15      referred to the SMB for a blinded and independent  
16      assessment.

17                   (Slide)

18           Now, the results of our review, so  
19      summarized here. There were matches of at least one  
20      dictionary in 279 out of the 701 cases -- that is,  
21      again, the 701 cases represent those patients for whom  
22      no there was no potential Type 1 event which had been  
23      referred prior to the SMB. In 279 of the 701 cases,  
24      there was at least one search-term match -- again,





1 these cases were we able to determine that there was  
2 evidence indicating that there may have been a Type 1  
3 event, evidence for potential Type 1 events here.

4 We feel that the results of this review  
5 that, although the Investigators were unblinded to  
6 patient data, they acted without bias in referring  
7 case material to the SMB.

8 (Slide)

9 To move now on to conclusions from  
10 InterSePT. During InterSePT, treatment with Clozaril  
11 compared with Zyprexa was associated with a 26 percent  
12 reduction of risk for a suicide attempt or a  
13 hospitalization to prevent suicide.

14 For all subgroups examined, there was a  
15 high degree of consistency in the reduction of risk  
16 for suicidal behavior in the Clozaril group compared  
17 to the Zyprexa group.

18 (Slide)

19 The reduction in risk in the Clozaril  
20 group appears not to be attributable to a greater  
21 effect on psychotic or depressive symptoms, or to a  
22 greater use of concomitant psychotropic medications.  
23 Adverse event profiles for both study drugs were  
24 generally consistent with previous experience and  
25 current product labeling. Finally, the open-label

1 design was not associated with biased assessments by  
2 the Principal Investigators.

3 (Slide)

4 The overall conclusion, the results of  
5 InterSePT show that Clozaril is effective and safe in  
6 reducing the risk of emergent suicidal behavior in  
7 patients with schizophrenia or schizoaffective  
8 disorder who are at risk for suicide.

9 I'd like to introduce Dr. Kane, who will  
10 present the risk/benefit assessment for Clozaril in  
11 the treatment for reducing the risk for suicidal  
12 behavior.

13 DR. KANE: Thanks very much. I'm very  
14 pleased to have been part of this project which I  
15 think is important not only because of the  
16 significance of the results, but also because it  
17 demonstrates that studies can be conducted in high-  
18 risk populations in a way that is both safe and  
19 scientifically informative, as well as clinically  
20 meaningful.

21 (Slide)

22 As clinicians, we need to assess the  
23 benefit and risks of treatment interventions. When  
24 considering the benefits and risks regarding the use  
25 of Clozaril in the treatment of suicidal behavior, one

1 needs to consider both the risks of treatment  
2 intervention and the benefits of reducing suicidal  
3 behavior. But in this assessment, one must also  
4 consider the risk of not treating these patients.

5 (Slide)

6 As you know, Clozaril was first approved  
7 in 1969 for the treatment of schizophrenia. After 33  
8 years of use, it is recognized as the most effective  
9 agent in the management of treatment-resistant and  
10 partially-responsive patients. Despite numerous  
11 efforts, no other second-generation drug has been able  
12 to match Clozaril's consistent efficacy in this  
13 population.

14 In addition, over the years, other  
15 properties and clinical uses of Clozaril have drawn  
16 increasing interest and attention. Some of these  
17 include reduction in substance abuse, smoking,  
18 movement disorders, aggression and violence and,  
19 importantly, suicidal behavior.

20 Many of these observations came from  
21 uncontrolled or small trials or epidemiologic studies.  
22 The pivotal study that we're discussing today  
23 obviously represents an extremely well-designed and  
24 well-controlled trial attempting to look at the issue  
25 of suicidal behavior.

1 (Slide)

2 The burden of suicidal behavior is very  
3 clear. Left untreated, it's associated with increases  
4 in morbidity and mortality; hospitalizations both  
5 psychiatric and medical; emergency room visits;  
6 interventions to prevent suicide attempts such as the  
7 use of concomitant medications and increased  
8 surveillance. The family burden is enormous, and  
9 anyone who has worked with families in this context  
10 can appreciate the tremendous strain and sense of  
11 anxiety that this creates. The societal costs, as you  
12 heard earlier today, are also substantial.

13 (Slide)

14 Well, the InterSePT study clearly provides  
15 a new basis for understanding potential benefits and  
16 potential risks of Clozaril utilization. It was a  
17 well-designed study that was consistent, with very  
18 valuable input from the Food and Drug Administration.  
19 It utilized prospectively defined and objectively  
20 rated endpoints that were assessed by, as you've  
21 heard, a blinded Suicide Monitoring Board.

22 The study compared two atypical  
23 antipsychotics over a period of two years, which  
24 allowed for a long-term perspective on the efficacy  
25 and safety outcomes. Very importantly, procedures

1 were designed to maximize patient safety and, as we've  
2 seen, the overall rate of completed suicides in this  
3 study was remarkably low.

4 (Slide)

5 Now, as you've seen in Dr. Zaninelli's  
6 presentation, there were a number of statistical  
7 methods brought to bear in the analyses. Clearly,  
8 from my perspective, the most impressive thing is that  
9 there was consistency across a variety of ways of  
10 looking at this, demonstrating the superiority of  
11 Clozaril in this high-risk population.

12 Now, these two analyses demonstrate the  
13 statistical superiority of Clozaril over Zyprexa in  
14 reducing suicide attempts or hospitalizations to  
15 prevent suicide.

16 (Slide)

17 Here, we're looking at the Kaplan-Meier  
18 estimates of the cumulative probabilities of suicide  
19 attempts or hospitalizations to prevent suicides.  
20 Again, this analysis demonstrates significant  
21 superiority for Clozaril over Zyprexa.

22 (Slide)

23 Now, the previous slides involve the key  
24 statistical comparisons. From a clinical standpoint,  
25 it's also very impressive to see the consistency of

1 clinically meaningful differences across measures of  
2 suicide attempts and hospitalizations, and we see that  
3 on the left-hand side of the slide.

4 It's also important to note, these are  
5 items you saw in Dr. Zaninelli's presentation from the  
6 adverse events reports, and I think from a clinical  
7 perspective it's very valuable to look at the adverse  
8 event reports as another source of information. When  
9 clinicians are treating patients, they are not usually  
10 filling out rating scales, but they are responding to  
11 reports from the patient of what might be considered  
12 adverse events.

13 Here we see that depression as an adverse  
14 event occurred significantly more frequently in the  
15 Zyprexa-treated patients. Suicidal ideation reported  
16 as an adverse event also significantly more frequent  
17 in the Zyprexa-treated patients. So, this, I think,  
18 just is another way of getting a sort of clinical  
19 sense of how these differences emerged and how many  
20 different ways.

21 (Slide)

22 In addition, these differences were  
23 apparent despite the fact that as you saw previously,  
24 Clozaril-treated patients received significantly less  
25 concomitant medication in ever psychotropic drug

1 category. Dr. Zaninelli had presented the mean daily  
2 dose of concomitant psychotropic medication, and shown  
3 significant differences in each drug category. Here,  
4 we're looking at mean daily dose displayed over time  
5 for each category of adjunctive medication --  
6 antipsychotic, sedative/anxiolytic, antidepressant,  
7 and mood stabilizer.

8 So, the superiority of Clozaril in the  
9 array of measures that have been discussed was  
10 apparent despite the fact that the Zyprexa-treated  
11 patients received consistently more adjunctive  
12 medication.

13 (Slide)

14 Well, to place the current use of Clozaril  
15 in the context of the benefit-to-risk ratio, it's  
16 important to consider where we are in our  
17 understanding and management of some of the serious  
18 adverse effects that can occur with Clozaril, the  
19 first being agranulocytosis. The current estimated  
20 incidence in the U.S. is 0.3 percent during the first  
21 year of treatment, and then it goes down considerably  
22 after that. There is clearly a well-established risk  
23 management system which has contributed to the very  
24 low levels of morbidity and mortality currently  
25 associated with agranulocytosis.



1 More recent concern has arisen around the  
2 risk of myocarditis. The current incidence in the  
3 U.S. is estimated to be 5 per 100,000 patient-years.

4 Seizures or convulsions are another  
5 adverse effect that is associated with Clozaril, and  
6 the current incidence estimates in the U.S. package  
7 insert is 3 percent.

8 Weight gain and disturbances in glucose  
9 regulation are also adverse effects associated with  
10 Clozaril and some other second-generation  
11 antipsychotic drugs.

12 (Slide)

13 The adverse events associated with Clozaril  
14 in InterSePT were generally consistent with previous  
15 clinical experience. There were, in fact, no cases of  
16 agranulocytosis, myocarditis, or cardiomyopathy in the  
17 patients treated with Clozaril. Convulsions occurred  
18 in 2.5 percent of patients, that's 12 individuals out  
19 of 479 patients, and that's very consistent with prior  
20 experience as well as the package labeling.

21 (Slide)

22 So, Clozaril proved to be superior to  
23 Zyprexa in reducing both the overall number of suicide  
24 attempts and the overall number of hospitalizations to  
25 prevent suicide. What we see, in fact, is a very

1       impressive 26 percent reduction in the risk of suicide  
2       attempts or hospitalizations to prevent suicide for  
3       Clozaril relative to Zyprexa. And, of course, this  
4       has tremendous implications. This clearly leads to  
5       the potential for lower health care costs through a  
6       reduction in hospitalizations and less frequent use of  
7       concomitant psychotropic medication, as well as  
8       decreased surveillance necessary to attempt to prevent  
9       suicide.

10                   (Slide)

11               Well, to really put this in perspective,  
12       let's translate the InterSePT data into the so-called  
13       number needed to treat analysis. So, when we do this,  
14       Clozaril has a two-year number needed to treat of 13  
15       patients. Now, what does this mean?

16               If 13 at-risk patients were treated with  
17       Clozaril instead of Zyprexa, we would prevent 1  
18       suicide attempt or 1 hospitalization to prevent  
19       suicide.

20                   (Slide)

21               Now, fundamentally, as clinicians, we need  
22       to assess the benefits and risks of treating patients,  
23       as well as the risks of not treating patients. When  
24       assessing the benefits and risks of using Clozaril to  
25       treat suicidal behavior, we need to look at the most

1 significant risks, agranulocytosis and myocarditis,  
2 versus the benefits, and that is the reduction in  
3 suicide attempts or hospitalizations to prevent  
4 suicide.

5 Here, we see that based on our current  
6 estimates for agranulocytosis and myocarditis, that  
7 for every 1,000 patients treated for two years,  
8 approximately 3.5 would experience agranulocytosis,  
9 fewer than 1 would experience myocarditis. This  
10 compares with a dramatic reduction in suicidal  
11 behavior with Clozaril treatment because we find that  
12 for the same 1,000 patients treated for two years, 77  
13 would be prevented from a suicide attempt or  
14 hospitalization to prevent suicide.

15 (Slide)

16 As we've heard, suicidal behavior in  
17 patients with schizophrenia or schizoaffective  
18 disorder is a serious public health problem and  
19 represents an important unmet medical need. The  
20 analysis of the safety and efficacy results from  
21 InterSePT taken together with the published literature  
22 demonstrate that the beneficial effect of Clozaril in  
23 reducing suicidal behavior clearly outweighs the  
24 associated risks.

25 These data are very impressive and

1 clinically valuable. I believe that they should serve  
2 as the basis to extend the indication for Clozaril.  
3 As always clinical judgment is critical in deciding  
4 for which patients to recommend this treatment, but I  
5 would emphasize how important it is to give our  
6 patients and their physicians this option. Thanks  
7 very much.

8 DR. OREN: At this point, I'd like to  
9 invite members of the committee with questions for the  
10 Novartis to offer them.

11 DR. ZANINELLI: I will be the moderator  
12 for Q and A here.

13 DR. OREN: Dr. Winoker.

14 DR. WINOKER: I've got a few questions,  
15 should I just run through those?

16 DR. OREN: Sure.

17 DR. WINOKER: The first is, with respect  
18 to the dosing guidelines that you've mentioned, you  
19 also mentioned that 18 percent of the patients on  
20 olanzapine were at doses above the recommended upper  
21 dose. So, I was just interested in whether the  
22 recommendations were just recommendations but  
23 Investigators were perfectly free to use their  
24 judgment, or they were really expected to stay within  
25 the 5 to 20 -- and this actually represented people

1 going outside of what you had intended with the study  
2 design.

3 DR. ZANINELLI: Right. As I tried to make  
4 clear, the dose recommendations were in line with the  
5 prescribing information occurring at that time, 1997.  
6 Most of the clinicians in the audience will know the  
7 Zyprexa tends to be dosed outside, above that  
8 recommended range. But as the sponsor of the study,  
9 we were not able to go outside the labeling, so to  
10 speak. But it was to be expected that for both  
11 groups, actually, there would be dosing outside the  
12 range. It just happened more in the Zyprexa group.

13 DR. WINOKER: As it turned out, the dosing  
14 range for olanzapine actually conformed to current  
15 practice and that's very nice, but I guess what I'm  
16 trying to clarify is this would not have been  
17 considered a violation of the expectations of the  
18 study in terms of Investigators not following specific  
19 instructions.

20 DR. ZANINELLI: Not at all, it was not a  
21 protocol violation.

22 DR. WINOKER: And I had a second question  
23 about the use of adjunctive medications, particularly  
24 the antipsychotics. You did a very nice job of  
25 summarizing how that broke out across the different

1 categories.

2 We saw in one of the information packets  
3 that we got that there were a few instances of  
4 patients assigned in the protocol to Clozaril, who  
5 ended up receiving olanzapine as well, and conversely.  
6 That appeared to be a limited number, but I just  
7 wanted to understand how that might have affected data  
8 analysis and if you did any further assessments to  
9 make sure that there weren't -- that clearly could  
10 have represented -- confounded interpretations.

11 DR. ZANINELLI: Right, that's true.  
12 Because, as I tried to explain, in the study design  
13 there were no constraints on the use of concomitant  
14 psychotropic medications, including using the other  
15 study drug to treat patients who were assigned to  
16 Clozaril or Zyprexa.

17 (Slide)

18 And as you see here in this summary, 69  
19 patients who were assigned to Clozaril received  
20 olanzapine at some point during the study. This could  
21 have been during the transition phase where they're  
22 coming off olanzapine and coming on to Zyprexa, but  
23 there was possibly a period in individual cases where  
24 they were getting both drugs. And 17 Zyprexa patients  
25 also had clozapine as a concomitant medication.

1 Again, it could part of the function of the transition  
2 phase.

3 If we exclude these patients from the  
4 analysis, the results of the WLW analysis actually are  
5 a little bit more robust, at .021.

6 DR. WINOKER: Thank you. The next  
7 question I had is, there were four initial inclusion  
8 criteria for identifying high-risk individuals, and I  
9 wondered if you conducted any type of analysis -- I'm  
10 sure you did, so if you could share a little bit of  
11 that with us in terms of how subjects distributed  
12 across the two treatment groups in terms of  
13 representation for one or more than one of the  
14 criteria. I'm asking that because two of them  
15 represented historical information that could have  
16 gone back up to three years, and the other two were  
17 more -- you know, very current -- within the past  
18 week.

19 DR. ZANINELLI: Right. We do have the one  
20 slide showing the number of events across the two  
21 groups. So, we showed you the mean, but we could  
22 actually break that down to 1 to more than 5 events.  
23 Could we get that information? Maybe John Kane could  
24 answer to that as well.

25 While we're pulling up some relevant data,

1 I think it would be important to point out that about  
2 80 percent of the patients participating had at least  
3 1 hospitalization or 1 suicide attempt, as a  
4 qualification for the study. So, the overwhelming  
5 majority met those two criteria.

6 (Slide)

7 DR. ZANINELLI: No, this is not what I  
8 meant. At baseline, the distribution of suicide  
9 attempt and hospitalization to prevent suicides by the  
10 categories 1, 2, 3, greater than 3 -- I don't know if  
11 you have that or not.

12 In any case, we look at the past history  
13 of suicide behavior, drilling down into the numbers,  
14 they are essentially the same for both treatment  
15 groups. So, although the mean of greater than 3 in  
16 each group, there were no more patients having greater  
17 than 5 in the Zyprexa or Clozaril groups than the  
18 other group. Here, this is the one.

19 (Slide)

20 So, just looking at lifetime attempts,  
21 again, the number of patients who had no attempts was  
22 relatively low, and then we broke it down to 1, 2 to  
23 3, 4 to 5, and greater than 5. And, again, we see  
24 that regarding the past history, there were similar  
25 numbers of patients in both groups having 1 or



1 specific numbers of events. This is also true for  
2 hospitalizations.

3 DR. WINOKER: Thank you. And the last  
4 question I had, in discussing the issue of referrals  
5 of the Type 1 events to the Suicide Monitoring Board,  
6 what type of training or instruction were provided to  
7 the Investigators at the different sites in terms of  
8 how to approach identifying what rose to a level of  
9 the case that should be brought forth?

10 DR. ZANINELLI: Okay. In general, the  
11 information had to be collected in a potential  
12 endpoint package, which consisted of a series of  
13 forms. I think Dr. Kevin Cox is here, he could  
14 perhaps prescribe the -- he was the Medical Monitor  
15 for the U.S. -- perhaps describe what sort of  
16 information, or how the PIs were prepped, and what  
17 sort of information was in the potential endpoint  
18 package.

19 DR. COX: I'm Kevin Cox, from Inginex  
20 Pharmaceutical Services. I was the Medical Monitor  
21 for North America. At the Investigator meeting,  
22 Investigators were told that we wanted to look at any  
23 event that was related to suicide, that included a  
24 hospitalization or a potential attempt.

25 The packet that was included -- I think

1 Dr. Krishnan pointed out -- there was a suicide  
2 attempt form for any patient who had a potential  
3 attempt. There was an imminent risk of suicide  
4 requiring hospitalization form, which included all the  
5 reasons why they felt that hospitalization was related  
6 to suicide. There was some of the scales, the  
7 InterSePT scale for suicidal thinking, the Calgary  
8 scale, and then there was the hospital reports.

9 DR. ZANINELLI: I hope that answers the  
10 question.

11 DR. WINOKER: Thank you.

12 DR. OREN: Dr. Rudorfer.

13 DR. RUDORFER: We were told about the  
14 visit schedule in terms of the weekly for six months  
15 and then biweekly. Were those the clinical visits as  
16 well as the --

17 DR. ZANINELLI: Not necessarily, no. For  
18 instance, you mean the assessment visits for CGI-SS-BP  
19 and ISST?

20 DR. RUDORFER: Yes.

21 DR. ZANINELLI: No, they were not. Those  
22 were at eight-week intervals, actually. There was a  
23 baseline, I think, at week 4, and after that at eight-  
24 week intervals. So those did not correspond with the  
25 clinical assessments. However, they did correspond

1 with assessments of adverse events, or if an adverse  
2 event report came in during that one-week interval or  
3 two-week intervals, they went into the database. Dr.  
4 Kane spoke to that. So, actually, there were more  
5 assessments than adverse events regarding suicidality  
6 than there were assessments of suicidality status.

7 DR. RUDORFER: If I could return to the  
8 concomitant medication issue for a moment, Dr.  
9 Meltzer, before, presented his 1995 study with  
10 clozapine monotherapy, and I wonder if there are data  
11 in the InterSePT study in terms of clozapine  
12 monotherapy versus olanzapine monotherapy, at least in  
13 terms of antipsychotic monotherapy.

14 DR. ZANINELLI: So the question is were  
15 there patients who had only Clozaril or only Zyprexa  
16 alone?

17 DR. RUDORFER: Yes.

18 DR. ZANINELLI: To my knowledge, during  
19 the whole course of the study, there was no patient  
20 who was on either study drug for any length of time,  
21 solely on that study drug without a concomitant  
22 medication.

23 DR. RUDORFER: Okay. How about where the  
24 concomitant medication were only non-antipsychotics?

25 DR. ZANINELLI: Do we have the

1 availability of information due to patients taking  
2 study drug plus just one class of medication with --  
3 I don't think we have that analysis up to now, no. It  
4 was actually very few patients who would not take --  
5 the mean number of drugs was about three for the  
6 Zyprexa group and 2.5 on the Clozaril group. So there  
7 were very few patients who were not taking at least  
8 one or two concomitant medications at any point in the  
9 study.

10 DR. RUDORFER: I still have the floor.  
11 Can I ask another question?

12 DR. OREN: Yes.

13 DR. RUDORFER: I want to go back to the  
14 issue of diagnosis. We've heard DSM4. How were the  
15 data gathered? Was there a structured interview, or  
16 how was the diagnosis made?

17 DR. ZANINELLI: The SCHED (phonetic) or  
18 mini-SCHED (phonetic) were not carried out, so there  
19 was no documented structured interview, but the  
20 protocol did stipulate the application of DSM4  
21 criteria for these two diagnoses.

22 DR. RUDORFER: Now, DSM4 indicates that a  
23 type of schizoaffective disorder should be specified,  
24 either bipolar or depressive. And I wonder if that  
25 information was gathered?

1 DR. ZANINELLI: I don't think -- that was  
2 not gathered, no. That was not gathered. That was  
3 only schizoaffective disorder, present or not.

4 DR. RUDORFER: Okay. May I refer to a  
5 case in our material? A patient report that I noted,  
6 a patient in the Zyprexa group received a diagnosis  
7 called "schizomanic relapse" -- I can refer to the  
8 exact case, but I wondered what that --

9 DR. ZANINELLI: I assume that's a European  
10 case. Dr. Krishnan perhaps can give the details on  
11 that.

12 DR. KRISHNAN: Just to briefly address  
13 this, I think it's very clear that a diagnosis of  
14 schizoaffective probably depends on which country we  
15 were getting the patients from, and it probably again  
16 reflects the fact that that diagnosis is a hard one to  
17 make even under the best of circumstances. So while we  
18 use the term "schizophrenia/schizoaffective", it's  
19 more important to think of this as people who have  
20 psychotic behavior looking like schizophrenia, which  
21 is consistent, in addition to some degree of affective  
22 disorder. And if you look at the case, it's not the  
23 CRFs but the way people write notes, and you get  
24 translations of the notes which was done, you would  
25 find people with all sorts of different additional

1 labels, probably reflecting the country of origin.

2 DR. RUDORFER: My concern is that -- and  
3 my understanding the reason why DSM4 calls for the  
4 subtype differentiation is that there may be  
5 differences in the clinical course of the subtypes,  
6 that the bipolar subtype may look more like mood  
7 disorder as opposed to more like schizophrenia. So I  
8 was concerned that a patient called "schizomania"  
9 might be closer to a mood disorder patient.

10 DR. KRISHNAN: you read the notes, most of  
11 them are schizophrenia with or without significant  
12 affective disorder, and having had a chance to look  
13 through the history of at least the people who came  
14 into this, these are not bipolar patients, these were  
15 patients you would -- when you try to label them,  
16 schizophrenia remains like the core context, and then  
17 on top of it you have drug abuse, alcohol abuse,  
18 everything you name. This is the patients you can use  
19 a lot of labels, that's important to keep in mind.  
20 You see them in the emergency rooms. This is the kind  
21 of patient, you do an interview, and if you go through  
22 a checklist, you can add on additional labels with the  
23 core construct of schizophrenia.

24 DR. RUDORFER: Thank you.

25 DR. MELTZER: I think there are some data

1       which speak to having more confidence in the  
2       differentiation between the two groups, namely, that  
3       if you look on the history of number of  
4       hospitalizations for suicide and number of suicide  
5       attempts, the group diagnosed as schizoaffective had  
6       significantly more than the group diagnosed as  
7       schizophrenia. Then during the study, the group  
8       diagnosis schizoaffective disorder went on to have  
9       more Type 1 and 2 events of more severity, and that is  
10      consistent with the literature for schizoaffective  
11      disorder. Had it been just sort of a random term  
12      applied, I don't think you would have seen that.

13               DR. OREN: Just to follow up on that  
14      specific point, there was one bit of data presented,  
15      I think in your Slide 39, showing the relative  
16      efficacy of Clozaril versus olanzapine for  
17      schizoaffective disorder. That particular subgroup  
18      was perhaps the least impressive of all the different  
19      subgroups on that slide. Do you have any additional  
20      data teasing out the difference between responses  
21      between the schizoaffective and schizophrenic groups?

22               DR. ZANINELLI: Do we have --

23                       (Slide)

24               Following from that last slide -- the  
25      number of percent of Type 1 and Type 2 events by the

1 diagnosis subgroup -- so, schizophrenia,  
2 schizoaffective disorder for Clozaril and Zyprexa --  
3 we see here the ends for the respective diagnoses and  
4 the Kaplan-Meier estimates. So, for both diagnoses,  
5 in the Clozaril group, the probability of having a  
6 Type 1 or Type 2 event is less than it is in the  
7 Zyprexa group. It's somewhat higher in the  
8 schizoaffective group, but it's still comparable.

9 DR. OREN: Dr. Ortiz?

10 DR. ORTIZ: I would be interested in  
11 hearing a little bit more and some elaboration on why  
12 a structured interview was not used.

13 DR. ZANINELLI: Dr. Meltzer will probably  
14 be best because he was one of the designers of the  
15 study.

16 DR. MELTZER: There was considerable  
17 discussion and desire to do that. It was felt that  
18 the three hours or so that it would take to do it,  
19 given the context of the study, was not something that  
20 various of the sites were prepared to do.

21 DR. OREN: Dr. Katz.

22 DR. KATZ: I have a few questions -- four,  
23 actually. The visits, as you say, were between four  
24 and eight weeks apart, although I know they were seen  
25 more frequently for blood draws or vital signs. What





1 was the procedure for ensuring that all events of  
2 interest were actually captured? For example, it  
3 might have been possible the patient would have been  
4 hospitalized for a suicide attempt at some distant  
5 hospital not related to the study site. What exactly  
6 were the PIs instructed to look for or ask for in that  
7 sense?

8 DR. ZANINELLI: That -- and, again, it's  
9 accurate to say that many of these hospitalizations  
10 occurred in the interval and not necessarily at the  
11 site where the patient was being treated during the  
12 study, but the information did flow into the adverse  
13 event and serious adverse event forms, and that was  
14 the main source of information.

15 DR. KATZ: What I'm asking is what was the  
16 process by which you ensured that that happened? How  
17 was that that information from a distant site flowed,  
18 as you say, to the adverse event forms?

19 DR. ZANINELLI: Perhaps Kevin again, the  
20 Medical Monitor for the study.

21 DR. COX: At each visit, patients were  
22 asked how they were doing, has anything happened since  
23 their last visit. So, it was pretty much reliant on  
24 patient report. In addition, sites were instructed to  
25 gather information from collaborative sources wherever

1 they could.

2 DR. KATZ: Maybe just one other question,  
3 and I have several I could ask later. There were a  
4 number of, as you call them, "retrieved dropouts".  
5 Could you possibly present some data on the events,  
6 Type 1 and Type 2 events, that occurred during that  
7 period of time after the patients were discontinued  
8 from study group?

9 DR. ZANINELLI: Okay. We have a number of  
10 analyses looking at retrieved dropouts.

11 (Slide)

12 Okay. Again, the definition of "retrieved  
13 dropout". Again, a stipulation of the study protocol  
14 was that if a patient discontinued the study before  
15 the end of their personal two-year observation period,  
16 every attempt should have been made to follow-up that  
17 patient at least with respect to the occurrence of a  
18 Type 1 or Type 2 event.

19 So, how many patients were there that were  
20 retrieved dropouts? There were about 60 in each  
21 group. And this looks at of those patients, about  
22 two-thirds of them, 60 percent, had no Type 1 event  
23 after dropout, and about 30 to 40 percent had a Type  
24 1 event. So, this was a useful method of accruing  
25 data to the analysis of the primary endpoint. Again,

1 it was not possible in all cases to get this  
2 information. Patients were lost to followup or changed  
3 clinics or whatever.

4 DR. OREN: Dr. Hamer.

5 DR. HAMER: I have a possibly related  
6 question. For the survival analyses, for a Type 1  
7 event, did you actually capture data to the actual day  
8 that it occurred, or was it rounded to the week of the  
9 nearest visit or something like that?

10 DR. ZANINELLI: It was actual date.

11 DR. HAMER: What about Type 2 events?

12 DR. ZANINELLI: Also --

13 DR. HAMER: I mean, I understand that most  
14 of the Type 2 events were actually Type 1 events, but  
15 some of them were reports of increased suicidal  
16 ideation, and I wonder how you would capture those to  
17 the days on which they actually occurred.

18 DR. ZANINELLI: Okay. Dr. Zahur Islam is  
19 the Chief Statistician for the project, and probably  
20 can give the best information on that.

21 DR. ISLAM: A Type 2 event is a  
22 combination of Type 1 and worsening of CGI-SS-BP to a  
23 scale of 5 and 6. CGI-SS is measured at the scheduled  
24 visit, so part of the Type 2 events were from the  
25 scheduled visit, and it affected, as you have seen, on