

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

**Paul M. Arstein , Ph.D., R.N.**

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Dr. Arnstein is an Assistant Professor of Nursing at Boston College and a Nurse Practitioner at Dartmouth-Hitchcock Clinic in Manchester, New Hampshire. He has 20 years of varied nursing experience and is dual certified as a Family Nurse Practitioner and a Clinical Nurse Specialist. He founded a Home Health and Hospice program, was a founding member and the first President of the New Hampshire Cancer Pain Initiative, is the Immediate Past-President of New England Pain Association and is a Director of the American Society of Pain Management Nurses. Dr. Arnstein earned his PhD in Nursing, focusing on Pain Management, from Boston College in 1997. His dissertation examined the role of self-efficacy beliefs as a mediator of depression and disability in chronic pain sufferers. Since that time his research evaluates the effects of a cognitive behavioral pain management program in the enhancement of self-efficacy beliefs and reductions in pain, disability and depression. Currently, he is conducting an internally funded randomized clinical trial examining the effects of peer volunteers on those outcomes and attrition rates. Previous research has included topics such as: Relieving pediatric postoperative pain with Parent-coached relaxation; Patient Controlled Analgesia versus intramuscular injections for children's pain; the effect of aging on the experience and relief of postoperative pain following joint replacement surgery; and the effect of peer advisors on morbidity and mortality among unpartnered, elder MI patients. Dr. Arnstein is sought as a speaker on pain-related topics, and has published on a number of clinical and research topics.

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**Fellows**

**Audie Atienza , Ph.D.**

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Dr. Atienza is a Post-Doctoral Research Fellow at the Stanford University School of Medicine. He received a B.A. in Psychology (with a minor in Philosophy) from the University of California at San Diego in 1991. In 1998, he received a Ph.D. in Clinical Psychology from Kent State University. He completed a Pre-Doctoral Clinical Psychology Internship at the Palo Alto VA Health Care System, as a Behavioral Medicine Intern (with clinical rotations in Neuropsychology and Family Therapy). In 1999, Dr. Atienza was selected a Fellow to the American Heart Association Seminar on the Epidemiology and Prevention of Cardiovascular Disease. His research has examined psychological and social determinants of health (e.g., cardiovascular disease, depression, quality of life) and health behaviors (e.g., physical activity). He is especially interested in finding ways to improve the health of chronically stressed groups (e.g., family caregivers) and underserved populations (e.g., ethnic minorities, individuals from low SES backgrounds) who may be particularly vulnerable to chronic illnesses. He has served as a reviewer for several scientific journals including *Journals of Gerontology: Social Sciences*, *Journal of Consulting and Clinical Psychology*, *Exercise and Sports Science Reviews*, and *Journal of Behavioral Medicine*. In his spare time, Dr. Atienza teaches dance (ballet, modern, jazz) at a pre-professional ballet studio in Northern California.

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**Fellows**

**Stephanie Berns , PhD**

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Dr. Berns is the Assistant Director of the Center for Neuropsychiatric Outcome and Rehabilitation Research (CENORR) at Hillside Hospital-North Shore Long Island Jewish Health System. She received her doctoral degree in clinical neuropsychology from the City University of New York/Queens College and completed her internship at Mount Sinai in Rehabilitation Neuropsychology. The research she's been involved with at CENORR, including her dissertation, has focused on exploring the precise relationships between particular kinds of neuropsychological deficits and particular areas of disability in life functioning among patients having psychiatric illnesses. This theoretical work (which continues) has begun to lay the groundwork for a systematic approach to developing novel interventions. She is now beginning to take the findings from these studies of specific relationships between particular neuropsychological impairments and particular domains of independent functioning and integrating them with proven remediation techniques used in neurological populations to design new treatments for use with psychiatric populations. She is currently co-investigator of the "Disability, Outcome and Costs" Unit of Hillside Hospital's NIMH funded Intervention Research Center for the Study of Schizophrenia (PI: Dr. John Kane), co-investigator of two NIMH funded studies "Neuropsychology of Psychiatric Disability and Service Needs" and "Targeting Disabilities for Rehab in Bipolar Disorder (PI: Dr. Judith Jaeger) and principal investigator of a National Alliance for Research on Schizophrenia and Depression (NARSAD) Young Investigator Award to evaluate the efficacy of an electronic assistive device for improving treatment adherence in individuals with schizophrenia, schizoaffective disorder and bipolar disorder.

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**Fellows**

**Barbara Ann Shelton Broome , PhD, MSN, BSN, RN**

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Dr. Broome is the Chair for Community/Mental Health Nursing at the University of South Alabama College of Nursing. From May 1989 to May 1999, she was faculty at Kent State University College of Nursing. She has been the developer of two continence clinics: one in Ohio for the treatment of incontinence in men and women, and later one in Alabama for women. In 1998, Dr Broome received the Outstanding Faculty Service Award from Kent State University and in 2000, she received the Kent State University-College of Nursing Distinguished Alumni Award. Most recently, she received Sigma Theta Tau-Zeta Gamma Chapter's Mentorship (Academics) Award. Dr. Broome has reviewed grants for American Federation on Aging Research and the State of Alabama Department of Public Health. She is the editor for the Journal of Cultural Diversity. Dr. Broome's doctoral degree is from the University of Pittsburgh College of Nursing and focused on incontinence, aging, psychometrics of scale development and women's health. She has received several grants on her research on incontinence. She has numerous presentations on incontinence and The Broome Pelvic Muscle Self-efficacy Scale at state, national and international conferences. The scale has been published online in M Tamburini and M. Pierre Emery Quality of Life Instruments Data Base. <http://www.mapi-research-inst.com/>. Dr. Broome's research interest is incontinence treatment and instrument development.

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**Fellows**

**Todd C. Buckley , PhD.**

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Dr. Buckley is a clinical research psychologist at the Behavioral Science Division of the National Center for PTSD located in the VA Boston Healthcare System. He is also an Assistant Professor in the Department of Psychiatry at Boston University School of Medicine. He received his Ph.D. in Clinical Psychology (1999) from the University at Albany-SUNY under the mentorship of Edward B. Blanchard, Ph.D. He attended his internship at University of Mississippi Medical Center in Jackson Mississippi. Throughout the course of his graduate training, he was involved in descriptive psychopathology work and treatment outcome research, with a particular focus on PTSD populations. He has authored or co-authored over 20 articles and organized symposia on such topics at major national meetings. He most recently authored two major review articles, one on Information Processing and PTSD which appeared in *Clinical Psychology Review* and the other on Basal Cardiovascular Activity in PTSD Populations, which will be appearing in *Psychosomatic Medicine*.

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**Fellows**

**Janet C' de Baca , Ph.D.**

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Dr. C'de Baca is a research scientist with Behavioral Health Research Center of the Southwest, contributing to the development of study ideas, writing grant proposals in the areas of prevention and treatment, data collection and analysis, and preparation of manuscripts for publication. Dr. C'de Baca received a doctoral degree in clinical psychology with a minor in addictive behaviors from the University of New Mexico in December, 1999. She has worked as a research assistant on different federal grants and has co-authored several papers. Her clinical experience includes outpatient and inpatient individual, group, and family therapy. Patient populations have been comprised of both adults and adolescents with a variety of psychiatric disorders. Current research-related projects include developing an internet-based screening instrument for adolescents; a project piloting a peer-group intervention for substance abusing teens involved with the juvenile justice system; and an evaluation of the closure of drive-up liquor windows in New Mexico on neighborhoods. Current clinical work consists of individual and group therapy with incarcerated adolescents, and individual therapy with adults.

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**Fellows**

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Catherine Carr is an assistant professor at the University of Washington, where she teaches in the midwifery and nurse practitioner programs. She was the founding director of the University of Washington nurse-midwifery program in 1993. She directed the midwifery education program at Education Programs Associates/San Jose State University in San Jose, California from 1995-1998. She received her doctorate in Public Health from the University of Michigan (1993). She is active in the American College of Nurse-Midwives and is a member of the governing board of the Division of Research. A nurse-midwife, she has been in clinical practice since 1980 in a variety of settings. The necessity of combining teaching, practice and research lead her to focus on clinical topics in her research. Her research focuses on the effects of provider practice on perinatal outcomes. Current research in progress includes a pilot study examining the effect of interventions for pregnancy-related back pain, a multi-site study of midwifery care for women choosing vaginal birth after cesarean, and an examination of variation in care provided by midwives. She is also planning an investigation of care provided by indigenous midwives (comadronas) in rural Guatemala.

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**Fellows**

**Michele Cooley-Quille , Ph.D.**

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Since 1996, Dr. Cooley-Quille has been a clinical child psychologist and Assistant Professor in the Department of Mental Hygiene, School of Public Health, Johns Hopkins University. Between 1987-1992, she earned her B.A., M.Ed., and Ph.D. from the University of Virginia. She completed her internship at WPIC, University of Pittsburgh, followed by a post-doctoral fellowship at the Medical University of South Carolina. Dr. Cooley-Quille was an Assistant Professor at George Mason University from 1994-1996 until she joined the Hopkins faculty. Thus far, Dr. Cooley-Quille has nearly 20 journal publications, and co-authored book chapters and treatment manuals. She has also given approximately 40 presentations. Dr. Cooley-Quille has served on several committees, panels, and task forces for professional organizations such as the Society for Prevention Research, Anxiety Disorders Association of America, the Association for the Advancement of Behavior Therapy, and the American Psychological Association. She is also an Ad Hoc Reviewer for NIH grants and an editorial board member of the *Journal of Clinical Child and Family Psychology Review* and the *Journal of Clinical Child Psychology*. Her primary research focus is on the prevention of anxiety disorders in child and adolescent populations, particularly among African American children exposed to community violence. She has an NIMH R21 grant application under review on this topic and is the PI of a NIMH K01 Award whose objective is to expand her research focus from a child clinical to a public mental health perspective to become an independent mental health prevention intervention researcher.



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July 29-August 10, 2001

**Fellows**

**David W. Coon , Ph.D.**

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David W. Coon, Ph.D., is a licensed psychologist and Project Director/Research Scientist at the Goldman Research Center of the Goldman Institute on Aging in San Francisco, where he serves as an investigator of the National Chronic Care Consortium/Alzheimer's Association Chronic Care Networks for Dementia project. He also serves as the Associate Director of the Older Adult & Family Center of the VA Palo Alto Health Care System and Stanford University where he is an Investigator and Project Manager of the California Site of the NIH (NIA and NINR) sponsored cooperative agreement entitled REACH (Resources for Enhancing Alzheimer's Caregiver Health). He has been instrumental in the development and implementation of successful community-based and university based programs for over 15 years and is actively involved in the training and supervision of mental health professionals and trainees providing psychosocial interventions to family caregivers and distressed elders. Dr. Coon's professional interests and publications have focused on the experience of caregivers to frail elders and the development of effective psychosocial interventions for elders themselves.

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July 29-August 10, 2001

**Fellows**

**Diane Downs , R.N. B.S.N**

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Diane L. Downs is the Project Director of the Heart Failure Adherence and Retention Trial (HART), an NHLBI-sponsored behavioral clinical trial aimed at testing the efficacy of a self-management intervention on mortality and hospitalization in patients with heart failure. From 1999 to June of 2001, she served as the Assistant Project Director at the Chicago site for the Enhancing Recovery in Coronary Heart Disease Trial (ENRICHD). Previously she was a case coordinator for the ENRICHD Trial (1998-1999). From 1995-1998 she was the Nurse Manager of the Medical Intensive Coronary Care Unit at Illinois Masonic Medical Center in Chicago. During this time she chaired the task force that developed the critical pathway for Congestive Heart Failure at Illinois Masonic Medical Center. In 1998 she presented the Clinical Pathway for Congestive Heart Failure in a poster presentation at the 24th Annual Midwest Conference of American Association of Critical Care Nurses. In September of 2001 she will complete her Master's of Science in Nursing degree with a specialty in Altered Immunocompetence: Oncology, at Rush University School of Nursing, Rush-Presbyterian-St. Luke's Medical Center in Chicago. Her clinical experience includes medical, hematology, and oncology patient populations. She has 18 years of experience with double blind drug trials with oncology patients. She has developed educational programs for staff orientation to the critical care of bone marrow transplant patients and developed practice guidelines for patient care. She received a grant to develop the video *Care of Your Central Venous Catheter* and a related patient educational booklet.

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Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

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My career interests are (1) the early developmental predictors for youthful drug initiation and the malleability of these factors; (2) the developmental pathways of youthful drug initiators; and (3) the protective factors from initial drug experiences to later drug problems and the malleability of these protective factors for high-risk populations. My immediate research objectives are to expand my experience in and knowledge of substance abuse prevention. Central to this goal is building base-knowledge in the rigors of designing and implementing randomized control trials. The populations I will be working with primarily are school-aged children and adolescents and many of the programs implemented in these populations are school- or community-based randomized trials. Successful execution of these trials involves many steps from various aspects of community base-building to sample selection and randomization procedures. Latter stages include proper statistical protocols to analyze data gathered from such programs. My training to date has been in drug dependence epidemiology and psychiatric comorbidity of mental and substance use disorders. I have extensive training in biostatistics and am moving more into areas of prevention science and the application of appropriate methodological procedures for designing, implementing, and analyzing randomized preventive intervention trials.

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**Fellows**

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Dr. Greenwald is an Assistant Clinical Professor in the Department of Psychiatry at the Mount Sinai School of Medicine, where he serves as Program Director for the Children After Trauma Care and Health (CATCH) Program. From 1997 to 1999 he served as Senior Psychologist for the Mokihana Project in Kauai, HI, where he participated in a successful demonstration project to provide mental health services within the public school system. He earned a post-Master's 2-year Certificate in Couple and Family Therapy in 1991 from the Kantor Family Institute in Cambridge, MA, and a doctoral degree in Clinical Psychology in 1994 from the Forest Institute of Professional Psychology in Honolulu. He completed a post-doctoral fellowship in Child and Adolescent Trauma in 1996 from the Community Services Institute in Springfield, MA. His clinical and research interests focus on the identification and treatment of traumatized children with a range of presenting problems (not just PTSD). He has developed several measures of trauma exposure and post-traumatic stress for children and adolescents, and has conducted outcome research on trauma-informed treatment for youth with disruptive behavior disorders. He is the author of *Using EMDR With Children* (EMDR Institute, 1993), *Eye Movement Desensitization and Reprocessing (EMDR) in Child and Adolescent Psychotherapy* (Jason Aronson, 1999), and the editor of *Trauma and Juvenile Delinquency: Theory, Research, and Interventions* (Haworth, in press).

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
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**Fellows**

**Gregory L. Greenwood , PhD, MPH**

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Dr. Greenwood is a Research Specialist in the UCSF Department of Medicine, Center for AIDS Prevention Studies (CAPS). He holds degrees in clinical psychology from Loyola University Chicago, and in epidemiology from the University of California, Berkeley. After he completed his predoctoral clinical internship at the Veterans Administration Medical Center in San Francisco, he participated in a 3-year postdoctoral fellowship (the Traineeship for AIDS Prevention Studies) at UCSF-CAPS. At CAPS, he is Principal Investigator (PI) of three grants. First, he was appointed by UCSF-CAPS to lead an existing 3-year epidemiological study of tobacco use among gay/bisexual men. Second, he received funds from the California Foundation in AIDS Research (CFAR) to begin with Dr. Robert Grants (a virologist at the Gladstone Institute of Immunology and Virology) a collaborative pilot cohort study of HIV superinfection. Third, he is PI of a 1-year community-academic collaborative project to design culturally-specific tobacco intervention services for the Lesbian, Gay, Bisexual and Transgender communities living in the San Francisco Bay Area. His work includes publications on the prevalence and correlates of alcohol, tobacco and other drug use (ATOD) and intimate partner abuse among men who have sex with men (MSM). His research interests are broadly within the behavioral and social epidemiology of ATOD, the role of non-injection drug use in recent HIV infection and the implications for community-based intervention and prevention. Specific areas of expertise include ATOD epidemiology, survey research and epidemiological research methods, HIV behavioral risk assessment and data analysis.

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Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

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Dr. Harris a Research Assistant Professor in the Department of Preventive Medicine at the University of Kansas School of Medicine. In 1998 Dr. Harris received her PhD in Psychology with an emphasis in community development, applied behavioral analysis, and public health. Dr. Harris joined the Tobacco Control Project, an interdisciplinary team of researchers at the University of Kansas Medical Center, in 1998. Currently she serves as Co-Investigator on three grants (RO1s) from NCI to increase smoking cessation among African Americans. Dr. Harris recently received a career development grant from the NCI (KO7 CA87714-01) to explore smoking among college students, especially occasional smoking and preventing transition from occasional to regular smoking. Dr. Harris has presented at more than 50 national and international meetings and authored or co-authored 28 manuscripts. Her major interests include tobacco use and its treatment and prevention, harm reduction, intervention research, community-based interventions, college students, and underserved populations. Dr. Harris and her partner, Dr. Terry Weidner, reside in Columbia, Missouri with their daughter (who was recently adopted from China) and two cats.

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Involving Behavioral Interventions

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**Fellows**

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Stacey Hart, Ph.D. received her doctorate in clinical psychology from the University of Southern California (1997) and was a NIMH Postdoctoral Research Fellow in the Behavioral Medicine Program in the Department of Psychiatry, Stanford University School of Medicine (1997-2000). Currently, she is a Visiting Scholar at the Center for Lesbian Health Research (CLHR) at the Institute for Health and Aging at the University of California, San Francisco (UCSF). She also serves as the Project Evaluator at the National HIV/AIDS Clinicians' Consultation Center in the Department of Family and Community Medicine, UCSF. In 2000, she was invited by the Department of Health and Human Services' Office on Women's Issues to participate in the Scientific Workshop on Lesbian Health, which was held to plan implementation of the recommendations from the recent Institute of Medicine report on lesbian health. Her research in Health Psychology focuses on the psychological factors associated with adjustment to illness in both chronically-ill (e.g., diagnosis of cancer, HIV/AIDS) and primary care populations. She investigates the impact of attitudes and coping on quality of life among patients diagnosed with cancer. She is also examining the psychosocial factors that influence health-related behaviors, especially those related to cancer screening and medical utilization, and how lesbians and heterosexual women differ in their healthcare behaviors and experiences.

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

**Mollie W. Howerton , PhD, MPH**

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Mollie Howerton is a Cancer Prevention Fellow at the National Cancer Institute. She received her doctoral degree in Health Behavior, with a minor in Instructional Systems Technology, from Indiana University at Bloomington in 1999. She is doing her postdoctoral training in the Health Promotion Research Branch, DCCPS, which focuses its activities on research related to the non-tobacco behavioral prevention of cancer (i.e. diet, energy balance, sun exposure, and physical activity). She is currently conducting a meta-analysis on school-based nutrition interventions that focus on increasing consumption of vegetables and fruits among children in grades K-12. The purpose of this analysis is eventually develop a school-based nutrition "kit," comprised of evidence based "best practices," for dissemination to schools and communities across the US.

Her research interests involve determining and incorporating motivational elements in the design of cancer prevention materials for youth. This interest began as an undergraduate at Virginia Tech, and continued throughout her doctoral program, where she developed a school-based smoking prevention "kit," containing lesson plans and an award winning CD-ROM. After her fellowship is completed, she plans on expanding the smoking prevention unit that she has already developed to include booster lessons, and then conduct a five-year evaluation of the curriculum through an RCT. In addition, she would like to develop similar units targeting youth on nutrition (focusing on the 5 A Day message), exercise, and sun safety.



NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

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Dr. Ingersoll is an Assistant Professor in the Department of Psychiatry at VCU. Her research foci are in Health Psychology and substance abuse, and include prevention and treatment of perinatal substance use problems, improving outcomes of HIV treatment, and improving adherence to treatment in chronic illness. She is the P.I. on an NIMH K award investigating adherence to HIV treatment, and the co-P.I. on a CDC multi-site randomized clinical trial of the efficacy of a motivational intervention on reducing the risk of alcohol exposed pregnancy. Her primary teaching interest is in effective communication, negotiation, and therapeutic strategies to improve the health of those with chronic illness. She is a frequent presenter at meetings such as the American Society of Addiction Medicine, the National FAS Conference, the Mid-Atlantic Addiction Educators= Conference, the College on Problems of Drug Dependence, and the American Psychological Association. Her clinical specialties include motivational interviewing and couples therapy. Her publications are in the area of women=s substance abuse treatment and motivational interviewing. She is a reviewer for Drug and Alcohol Dependence, Health Psychology, and the Journal of Women's Health and Gender-Based Medicine. Previously, she has worked as a project evaluator on demonstration projects that provided perinatal substance abuse treatment and integrated mental health and medical treatment to people with HIV. She was the training director for an AIDS mental health training program, and is a HOPE regional trainer for the American Psychological Association. Her 1992 doctoral degree in Clinical Psychology is from the University of Virginia.

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

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I am currently an assistant professor of the Department of Psychosocial & Community Health, University of Washington. My areas of teaching include clinical courses on therapeutics in mental health/psychiatry, and interpersonal theories from behavioral aspects through all levels. Recently, I submitted several pilot testing research proposals regarding medication adherence behaviors among individuals with schizophrenia, focusing on accurate measures of adherence by using an electronic monitoring method. I am also developing nurse practitioner initiative multiple-layer intervention strategies to increase adherence to medications among schizophrenics. To include cultural competencies in the interventions, I also plan to duplicate this work in Thailand and Japan, utilizing heavily qualitative research methods. I completed my Ph.D. in nursing in 1999 at the University of California, San Francisco following completion of the Psychiatric/Mental Health Nurse Practitioner Program at Columbia University in New York City. I maintain faculty practice as a psychiatric nurse practitioner with prescriptive authority in Washington State. My post-doctoral training at the University of California, San Francisco included serving as a project manager (post-doctoral researcher) for a NIH-funded RCT on smoking cessation for women with cardiovascular diseases and another NIH-funded RCT for fatigue among cancer patients undergoing chemotherapy. During the training period, I began learning about RCTs, including how to manage large data sets and how to maintain rigorous research protocols over longitudinal study periods. My publications (chapters and journal articles) reflect these activities.

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

**Michelle Y. Martin , Ph.D.**

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Dr. Martin is an Assistant Professor of Medicine in the Division of Preventive Medicine at the University of Alabama at Birmingham (UAB). She has been a faculty member in the Recruitment and Retention Shared Facility, located within the Division of Preventive Medicine, since June 1999. Prior to her appointment in Preventive Medicine, Dr. Martin was a visiting Professor in the UAB Department of Psychology. In 1997 she was awarded the Dean's Award for outstanding accomplishments in research. She received her doctoral degree in Clinical Psychology (with an emphasis in medical psychology) from the UAB Department of Psychology in 1998. During graduate school she developed an interest in women's health and has participated in projects relevant to the health of women. These include studies of women with Fibromyalgia, studies of breast and cervical cancer prevention in women residing in medically underserved communities, and physical activity interventions designed to increase exercise behavior in sedentary females. Recently, she has been nominated to be an Interdisciplinary Women's Health Research Scholar for a project that will aim to increase physical activity in hypertensive women. Recent NIH grant submissions include a project that will increase adherence to breast cancer treatment in low income and medically underserved women, a project to teach physicians how to communicate cancer prevention messages effectively with lower literacy women, and a study that will enhance parenting skills in HIV+ mothers. She has authored or co-authored health psychology publications and as a co-author, contributed a chapter to a three volume Health Psychology Textbook.

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

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Dr. Myers is a second-year post-doctoral fellow in behavioral dental sciences at the University of Florida College of Dentistry in Gainesville, Florida. She completed her psychology internship at the Medical University of South Carolina and the Veterans Administration Medical Center in Charleston, South Carolina in 1999. Dr. Myers received a doctoral degree in psychology with a concentration in medical psychology from the Department of Clinical and Health Psychology at the University of Florida, and completed a doctoral concentration in women's studies from the University of Florida Institute for Women's Studies and Gender Research in 1999. Additionally, Dr. Myers is a licensed massage therapist, having graduated from the Boulder School of Massage Therapy in 1982. Her fascination with the individual variability in health beliefs, health behaviors, stress responses, pain coping, and the relationship between these factors and health outcomes prompted her to pursue doctoral training in psychology. She has been involved in research on psychosocial and gender role factors in clinical and experimental pain since 1994. She was co-investigator on a pilot study of the effects of massage therapy and relaxation training on chronic pain associated with sickle cell disease. She has authored or co-authored original reports, review papers, and a book chapter. Her career goals center on conducting multidisciplinary clinical research on the effects of cognitive-behavioral and mind-body interventions for chronic pain and chronic illness, and investigating the integration of these interventions with standard medical care. She is particularly interested in sickle cell disease, temporomandibular disorder, and fibromyalgia.

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

**Justin M. Nash , Ph.D.**

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Dr. Justin M. Nash is Assistant Professor in the Department of Psychiatry and Human Behavior at Brown University. He received his Ph.D. in Clinical Psychology from Ohio University. He interned at the VA Medical Center in West Haven and completed his postdoctoral work at the Pain Evaluation and Treatment Institute at the University of Pittsburgh Medical Center. He is currently Assistant Professor in the Department of Psychiatry and Human Behavior at the Brown Medical School and The Miriam Hospital. He is the Training Director of the Brown Centers for Behavioral and Preventive Medicine, coordinator of the Health Psychology/Behavioral Medicine Track in the Brown Clinical Psychology Training Consortium, and co-investigator on the NIH-funded R25 Transdisciplinary Cancer Control Research Training Grant. In these training roles he oversees predoctoral internship and postdoctoral fellowship behavioral medicine training at Brown Medical School. His research program focuses on developing and evaluating cost-effective interventions for recurrent headache sufferers. He has conducted studies evaluating combined and separate drug and behavioral treatments for headache. He is currently in the process of developing and testing worksite-based brief interventions for headache sufferers using tailored communication strategies. He has received funding for his research from Brown Medical School and the National Headache Foundation. He trains both predoctoral interns and postdoctoral fellows in conducting headache treatment outcome studies. He will be Chair of the symposium on combined drug and behavioral treatments for medical disorders to be presented at the APA meeting in August, 2001.

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

**Steven C. Palmer , Ph.D.**

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Dr. Palmer is the Chief Postdoctoral Fellow of the Behavioral Sciences and Health Services Program of the University of Pennsylvania Comprehensive Cancer Center under the mentorship of Dr. James Coyne. Dr. Palmer initially trained in Research Psychology at the California State University, Long Beach, where he was honored as "Outstanding Senior in Psychology," and completed his PhD at the University of Utah in the area of Clinical Health Psychology under Dr. Deborah Wiebe. During his PhD training he served on the Clinical Training Committee and received awards for teaching excellence in Research Methodology and Statistics. He completed his clinical internship at the Veterans' Affairs Medical Center, Long Beach, CA in 1996, with a focus on behavioral medicine. His research interests center around the development of strategies for the prevention, early detection, and treatment of distress and depression in cancer patients, including the development of psychosocial interventions that are not only efficacious, but demonstrate effectiveness in terms of acceptability and integration into the competing demands of cancer care. He currently holds a Department of Defense Breast Cancer Concept Award for the study of brief problem-solving interventions for women with breast cancer at the end of acute treatment. Dr. Palmer has served as an ad hoc reviewer on a number of journals, and his work has included a co-authored publication in the Journal of Consulting and Clinical Psychology and a co-authored paper that received a "Citation Award" from the Society of Behavioral Medicine in 1995.

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

**Linda Patrick-Miller , Ph.D.**

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Dr. Patrick-Miller, Ph.D. is an Assistant Professor in the Department of Psychiatry at the University of Medicine & Dentistry of New Jersey/Robert Wood Johnson Medical School, and the Director of the Division of Behavioral Sciences at The Cancer Institute of New Jersey. Her background in transplantation immunology spawned her clinical interests in behavioral interventions to facilitate adaptation to chronic and life threatening illness and its treatments, and has informed much of her research, as well. Dr. Patrick-Miller's graduate work involving a longitudinal study of the predictors of medical health and psycho-social well being in community dwelling elderly included a series of psychoneuroimmunology studies examining the bi-directional relationships among stress, distress, immune stimulation and immune response. She was awarded a doctorate in clinical and health psychology from Rutgers University, completed a clinical internship in Behavioral Medicine at the Dartmouth Medical School, and a Post-doctoral Research Fellowship at the NIMH Center for Mental Health Services Research at the Institute for Health, Health Care Policy & Aging Research, Rutgers University. Two current foci of her research are: 1) Examination of the biopsychosocial factors that mediate adherence to cancer screening behaviors, follow-up care, and long-term chemoprevention, and the development of interventions to optimize these behaviors among high risk individuals; and 2) Identification of risk factors for the experience of psychological and somatic sequelae during cancer treatment and survivorship, and the development of prophylactic and therapeutic interventions.

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

**Brian E. Saelens , Ph.D.**

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Dr. Saelens is an Assistant Professor of Pediatrics in the Division of Psychology at the Children's Hospital Medical Center (CHMC) in Cincinnati. He joined the faculty at CHMC upon completing a post-doctoral fellowship at San Diego State University in August 2000. He obtained his doctoral degree in clinical psychology from the State University of New York at Buffalo, and completed his pediatric psychology internship at Brown University in 1998. He received his undergraduate training at Cornell University. Stemming from a primary focus in child behavioral health, his research and clinical interest areas include childhood obesity treatment and physical activity, with an additional focus on eating disorder psychopathology. He has published empirical and review articles in these areas, as well as co-authored book chapters on childhood obesity and physical activity. Through a young investigator award from the North American Association for the Study of Obesity, he recently completed a pilot randomized trial examining the feasibility and efficacy of providing adolescent behavioral weight control treatment via computer, phone, and mail. Other ongoing projects include the exploration into the environmental determinants of physical activity and the treatment of Type 2 diabetes among youth. Overall, Dr. Saelens is dedicated to the identification of the environments, factors, and interventions that make healthful eating and physical activity more likely from individuals to populations.



NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

**Anna Napoles Springer , Ph.D.**

Medical Effectiveness Research Center in Diverse Populations

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Dr. Nápoles-Springer is Assistant Director of the Medical Effectiveness Research Center in Diverse Populations at the University of California San Francisco (UCSF). She is Co-Investigator on an Agency for Healthcare Research & Quality (AHRQ) funded project examining the quality of interpersonal processes of care in diverse populations, a National Institute on Aging (NIA) funded Resource Center on Minority Aging Research at UCSF, a Special Populations Network, REDES: En Acción funded by the National Cancer Institute, and a study of biomarkers of lung cancer susceptibility in Latinos and African Americans, funded by the National Institute of Environmental Health Sciences. Her 1998 doctoral degree in Epidemiology is from the School of Public Health at the University of California at Berkeley. Her areas of emphasis include the interpersonal processes of care in the medical encounters of diverse populations, cancer screening and risk reduction in Latino populations, and methodological issues related to recruitment and measurement in ethnically and socioeconomically diverse groups. She has published articles on measurement of health-related quality-of-life in ethnically diverse groups, risk factors for cervical cancer in Latina women, smoking acquisition among Latina adolescents, culturally appropriate community-based cancer risk reduction interventions in Latinos, and recruitment of older Latinos and African Americans. She has also organized symposia on measurement and recruitment issues in older, ethnically diverse groups, and recently co-organized a conference sponsored by NIA and AHRQ on measurement issues in health disparities research. She is a bilingual-bicultural Latina of Mexican descent.

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

**Joseph B. Stanford , MD, MSPH**

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Joseph B. Stanford, MD, MSPH, is Assistant Professor in the Department of Family and Preventive Medicine at the University of Utah School of Medicine in Salt Lake City. He serves as faculty for the University of Utah Public Health Program in the Department, and maintains a part-time clinical practice with emphasis on fertility and maternal and child health. Dr. Stanford's research activities are in fertility awareness (including achieving pregnancy, avoiding pregnancy, and reproductive health), and understanding and preventing unwanted pregnancy. He has conducted research involving the development of behavioral models, observational cohort studies, meta-analyses, questionnaire-based surveys, and qualitative research methods. He is a frequent presenter to national meetings, giving both clinical and research presentations. He served as President of the American Academy of Natural Family Planning in 1998-1999. He has published in *Obstetrics and Gynecology*, *Family Planning Perspectives*, *Contraception*, *Archives of Family Medicine*, and the *Journal of Family Practice*. In 1996, Dr. Stanford received the Generalist Physician Faculty Scholars Award from the Robert Wood Johnson Foundation. He is a member of the Society for Pediatric and Perinatal Epidemiologic Research and the North American Primary Care Research Group. Dr. Stanford obtained his M.D. degree from the University of Minnesota, and completed his family practice specialty training at the University of Missouri-Columbia. He is Board Certified by the American Board of Family Practice. He also completed a research fellowship and received a Master of Science in Public Health from the University of Missouri-Columbia.

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

**Kenneth P. Tercyak , Ph.D.**

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Dr. Tercyak is an Assistant Professor of Oncology at the Georgetown University School of Medicine and a member of the Cancer Control research program at the Lombardi Cancer Center. Upon graduating from the University of Florida in 1998 with a doctoral degree in clinical psychology, Dr. Tercyak received a National Research Service Award from National Cancer Institute to complete postdoctoral training in Cancer Prevention and Control at Georgetown. His experiences studying psychosocial and behavioral aspects of genetic testing for hereditary cancer risk led him to research in related areas of family health, including tobacco control. In 1999, Dr. Tercyak began directing a four year study of the natural history of adolescent cigarette smoking. His primary research interests focus on the prevention and treatment of smoking among youth, and behavioral interventions to promote youth health. Dr. Tercyak's publications are in the areas of child health behavior, pediatric cancer and tobacco control, and psychosocial oncology. Dr. Tercyak currently holds grant funding in these areas as well.

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

**Cynthia Turk , Ph.D.**

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Dr. Turk is the Director of the Generalized Anxiety Program at the Adult Anxiety Clinic of Temple (AACT) University. Dr. Turk joined the AACT upon completion of her internship at the University of Mississippi/Department of Veterans Affairs Medical Centers Psychology Residency Consortium in Jackson, Mississippi in 1996. Her 1996 doctoral degree in clinical psychology is from Oklahoma State University. Her research and clinical interests are in the nature and treatment of generalized anxiety disorder and social anxiety disorder. She has presented research in these areas at the annual meetings of professional societies, in chapters, and in empirical articles. She is a co-author on *Managing Social Anxiety: A Cognitive-Behavioral Therapy Approach (Client Workbook)* (The Psychological Corporation, 2000). She is co-editor of *Generalized Anxiety Disorder: Advances in Research and Practice* (Guilford, in press).

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

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Dr. Vera is a professor at the School of Public Health, University of Puerto Rico. She is a clinical psychologist with more than 15 years of experience in basic and applied research in health related issues of Latinos. Her main areas of interest center on mental health services research and issues of HIV prevention for women involved in sex work and drug abuse. She participated as co-investigator in a study of mental health care of low income Puerto Ricans. Three waves of data of an island-wide sample of 3,500 adults have been collected, allowing to study problem recognition, use of services, and the impact of managed care on the patterns of care of poor Puerto Ricans. Dr. Vera also has a strong interest in racial ethnic minority research. She has participated in several collaborative research projects. She is a co-investigator of the National Latino and Asian American Study. This study will provide national information on the similarities and differences in mental health and services use of Latinos and Asian Americans, as compared to non-Latino whites and African Americans. Her current mental health services research project is focused on developing culturally targeted mental health interventions for Latinos. Presently she is implementing a pilot depression intervention in a primary care clinic serving a predominantly low-income population. The main objective is to examine the feasibility, acceptability, and cultural relevance of established depression interventions. The overall goal is to set the groundwork for conducting effectiveness trials of socio-culturally relevant depression treatments among Latino populations.

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

**Carolyn B. Yucha , RN, PhD**

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Dr. Carolyn Yucha is an Associate Professor and Associate Dean for Research at the University of Florida College of Nursing. She earned her BS in Nursing from the State University of New York at Albany, her MS in Adult Health Nursing from SUNY Buffalo and her PhD in Physiology from SUNY Health Sciences Center in Syracuse. Her dissertation work focused on renal transport mechanisms using an amphibian model. After that Dr. Yucha worked as nurse administrator on an NIH-funded General Clinical Research Center, where she gained some experience in clinical research. From 1990 - 1998 she worked at the University of Colorado teaching anatomy, physiology and pathophysiology in the School of Nursing. During this time, she completed a number of studies on the resolution and treatment of intravenous infiltrations and began to focus her efforts on the treatment of hypertension. Dr. Yucha has received several grants from the National Institutes of Health. She is currently funded for a study entitled Hypertension: Prediction of Biofeedback Success (NIH NCCAM R01 AT00310). This research proposes to test three different means of predicting whether a hypertensive subject will or will not be successful in lowering his/her blood pressure using biofeedback. Finally, she is the PI for an NINR Exploratory Center for Biobehavioral Research (NIH NINR P20 NR07791) with funding anticipated in July 2001. Dr. Yucha serves on the Board of Directors of the Association for Applied Psychophysiology and Biofeedback and on the Editorial Board of Applied Psychophysiology and Biofeedback.

NIH Summer Training Institute on the Design and Conduct of Randomized Clinical Trials  
Involving Behavioral Interventions

July 29-August 10, 2001

**Fellows**

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Dr. Zayfert is an Assistant Professor of Psychiatry at Dartmouth Medical School and Adjunct Assistant Professor of Psychology at Dartmouth College. She is currently Director of the Anxiety Disorders Service and the Posttraumatic Stress Disorder Treatment Program in the Department of Psychiatry at Dartmouth Hitchcock Medical Center. Previously, she was a Research Associate at the National Center for PTSD (1993 - 1997) where she was involved in a randomized clinical trial of cognitive behavioral therapy for posttraumatic stress disorder (PTSD) in childhood sexual abuse survivors and was the recipient of an NIH BSTART award. She received her doctorate degree in Adult Clinical Psychology with a specialization in Behavioral Medicine from West Virginia University in 1993. Her experiences in clinical behavioral medicine and chronic pain management led to her interest in PTSD. Her current research interests are in the enhancing the effectiveness of cognitive behavioral therapy (CBT) for PTSD in civilian populations. She has organized several symposia and conducted workshops at the annual meetings of professional societies and published and presented numerous papers on issues related to implementation of CBT for PTSD. Her upcoming symposium at the World Congress of Behavioral and Cognitive Therapies, Problems Implementing Exposure Therapy For PTSD, identifies treatment obstacles and predictors of drop-out. Her current focus has been on developing strategies to increase adherence to exposure-based treatment for PTSD. She is author of a forthcoming chapter, Facilitating Exposure Therapy for PTSD in Clinical Practice, in *Innovations in Clinical Practice: A Source Book* (Volume 20) (Professional Resources Press).