

**IMACS FORM 04: Manual Muscle Testing Scoring Sheet**

Subject's IMACS number \_\_\_\_\_

Assessor \_\_\_\_\_

Date of assessment (mm/dd/yy) \_\_\_\_\_

Assessment number \_\_\_\_\_

<b>Muscle Groups</b>	<b>Right (0 – 10)</b>	<b>Left (0 – 10)</b>	<b>Axial (0 – 10)</b>
<b>Axial Muscles (0 – 20)</b>			
Neck Flexors**	-	-	
Neck Extensors	-	-	
<b>Proximal Muscles (0 – 160)</b>			
Trapezius			
Deltoid middle**			-
Biceps brachii**			-
Gluteus maximus**			-
Gluteus medius**			-
Iliopsoas			
Hamstrings			
Quadriceps**			
<b>Distal Muscles (0 – 80)</b>			
Wrist Extensors**			-
Wrist Flexors			-
Ankle dorsiflexors**			-
Ankle plantar flexors			-
<b>MMT8 score** (0 – 80)</b>			
<b>Total MMT24 score (0 – 260)</b>			

Muscle Groups are tested on 0 – 10 scale.

\*\***MMT8** is a set of 8 designated muscles tested unilaterally (potential score 0 – 80), generally on right side (unless cannot be tested on right, then use left side)

**Axial score:** 0 – 20 potential range; sum of neck flexors and extensors

**Proximal score:** 0 - 160 potential range; 8 muscle groups tested bilaterally

**Distal score:** 0 - 80 potential range; 4 muscle groups tested bilaterally

**Total score (MMT24):** 0 - 260 potential range; sum of axial, proximal and distal scores