
Appendix D: Suggested Readings on Treatment

Following are comprehensive textbooks, clinician manuals, and practice guidelines that describe various approaches to treating cocaine addiction and other substance-related disorders. Many of these are based on findings from research studies and offer state-of-the-art approaches to treatment.

A.W. Graham, and T.K. Schultz, eds. *Principles of Addiction Medicine*, 2nd ed. Washington, DC: American Society of Addiction Medicine, Inc., 1998.

Beck, A.T.; Wright, F.D.; Newman, C.F.; and Liese, B.S. *Cognitive Therapy of Substance Abuse*. New York, NY: The Guilford Press, 1993.

Budney, A.J. , and Higgins, S.T. *A Community Reinforcement Plus Vouchers Approach: Treating Cocaine Addiction*. Therapy Manuals for Drug Addiction. Rockville, MD: National Institute on Drug Abuse, 1998.

Carroll, K.M. *A Cognitive-Behavioral Approach: Treatment of Cocaine Addiction*. Therapy Manuals for Drug Addiction. Rockville, MD: National Institute on Drug Abuse, 1998.

Daley, D.C., and Marlatt, G.A. *Therapist's Guide for Managing Your Alcohol or Drug Problem*. San Antonio, TX: Psychological Corporation, 1997.

Daley, D.C., and Raskin, M. *Treating the Chemically Dependent and Their Family*. Newbury Park, CA: Sage, 1991.

Earley, P.H. *The Cocaine Recovery Book*. Newbury Park, CA: Sage, 1991.

Galanter, M., and Kleber, H.D., eds. *Textbook of Substance Abuse Treatment*, 2nd ed. Washington, DC: American Psychiatric Press, Inc., 1999.

Higgins, S.T., and Silverman, K. *Motivating Behavior Change Among Illicit Drug Abusers*. Washington, DC: American Psychological Association, 1999.

Kosten, T.R., and Kleber, H.D., eds. *Clinician's Guide to Cocaine Addiction: Theory, Research, and Treatment*. New York: The Guilford Press, 1992.

Lowinson, J.H.; Ruiz, P.; Millman, R.B.; and Langrod, J.G., eds. *Substance Abuse: A Comprehensive Textbook*, 3rd ed. Baltimore, MD: Williams & Wilkins, 1997.

Marlatt, G.A., and Gordon, J.R., eds. *Relapse Prevention*. New York: The Guilford Press, 1985.

Appendix D Suggested Readings on Treatment

McAuliffe, W.E., and Albert, J. *Clean Start: An Outpatient Program for Initiating Cocaine Recovery*. New York: The Guilford Press, 1992.

McCrady, B.S., and Epstein, E.E., eds. *Addictions: A Comprehensive Guidebook*. New York: Oxford University Press, 1999.

Mercer, D., and Woody, G. *An Individual Drug Counseling Approach to Treat Cocaine Addiction*. Therapy Manuals for Drug Addiction. Rockville, MD: National Institute on Drug Abuse, 2000.

Miller, W., and Rollnick, N. *Motivational Interviewing: Preparing People to Change*. New York: The Guilford Press, 1991.

Ott, P.J.; Tarter, R.E.; and Ammerman, R.T., eds. *Sourcebook on Substance Abuse: Etiology, Epidemiology, Assessment, and Treatment*. Boston, MA: Allyn and Bacon, 1999.

Practice Guideline for the Treatment of Patients With Substance Use Disorders: Alcohol, Cocaine, Opioids. Supplement to *Am J of Psychiatry* 152(11):1-59, 1995.

Rawson, R. *The Neurobehavioral Treatment Model*. Beverly Hills, CA: Matrix Center, 1989.

The Neurobehavioral Treatment Model, Volume II: Group Sessions. Beverly Hills, CA: Matrix Center, 1989.

Wallace, B.C. *Crack Cocaine: A Practical Treatment Approach for the Chemically Dependent*. New York: Brunner/Mazel, 1991.

Washton, A. *Cocaine Addiction: Treatment, Recovery, and Relapse Prevention*. New York: W.W. Norton and Company, 1989.

Washton, A.M., ed. *Psychotherapy and Substance Abuse: A Practitioner's Handbook*. New York: The Guilford Press, 1995.

Weiss, R.D., and Mirin, S.M. *Cocaine: The Human Danger, The Social Costs, The Treatment Alternative*, 2nd ed. New York: Ballantine Books, 1995.

Zackon, F.; McAuliffe, W.; and Ch'ien, J. *Addict Aftercare: Recovery Training and Self-Help*, 2nd ed. Rockville, MD: National Institute on Drug Abuse, 1994.