

NORTHLANDS REGIONAL MEDICAL PROGRAM

District 2 is situated within the Northlands Regional Medical Program, which comprises the State of Minnesota. Under a \$529,250 planning grant, the Program is moving ahead rapidly, having already recruited a staff of 17 which will increase to over forty by the end of the year. In addition to the 33-member Advisory Group, over 20 people are serving on five planning committees, and nine feasibility studies are investigating such areas as coronary care units, rural health needs, continuing education, and health manpower.

The Minnesota State Medical Association Foundation is the Coordinating Headequarters for the Northlands Regional Medical Program, and Dr. J. Minott Stickney, a past President of the Minnesota State Medical Association, is the Program Coordinator. Coordinators for the Mayo Clinic Foundation, University of Minnesota College of Medicine and the Minnesota Heart Association have also been named.

More specific details on the Northlands Regional Medical Program follows.

NORTHLANDS REGIONAL MEDICAL PROGRAM

REGION: State of Minnesota

COORDINATING HEADQUARTERS: Minnesota State Medical Association Foundation

STARTING DATE: January 1, 1967

FUNDING:

Current Award: \$529,250 Current Request: \$100,000

Projected Next Year: \$1,000,000

OPERATIONAL STATUS: Expected to begin in Fiscal Year 1969.

PROGRAM COORDINATOR: J. Minott Stickney, M.D.

Past President

Minnesota State Medical Association

PROGRAM DIRECTOR: Winston R. Miller, M.D.

Former Director, St. Paul Medical Center

St. Paul, Minnesota

ADVISORY GROUP: 1. Chairman: O.L.N. Nelson, M.D.

2. Membership: 33

Medical Center 5, Practicing Physicians 13,

Hospital Administrators 4, Voluntary

Health Agencies 2, Public Health Officials 1, Other Health Workers 3, Public 3, Other 2

In 1966 the Minnesota State Medical Society initiated a regional medical program by appointing a Coordinating Committee consisting of representatives of medical institutions, official and voluntary agencies, medical societies, and hospital organizations. This Coordinating Committee had the responsibility for engendering local and state cooperation for the Regional Medical Program. This effort has been most successful because a creative working relationship among the providers of health services has been developed.

Organization and Staffing

As of January 1, 1967 the professional staff of the Northlands Regional Medical Program consisted of 17 persons; 10 part-time and 7 full-time. It is projected that during the calendar year of 1968 the professional staff will increase to 44. On the professional staff are physicians, hospital administrators, statisticians, medical sociologists, and lab technicians. A coordinatorand associate coordinator have been appointed. Subregional coordinators at the Mayo Clinic Foundation, the University of Minnesota College of Medicine and the Minnesota Heart Association have been pamed.

Organization

Five working committees composed of 24 members have been appointed in the areas of planning, project review, personnel, inter-regional activities, and intra-regional activities. Each committee has an input in the review process, but the Project Review Committee has the expressed responsibility for the technical merit of each operational project that is developed. Before a project can be submitted for funding it must be cleared first by the Executive Committee which is made up of a member from each of the participating agencies. The Regional Advisory Group then becomes the last body that must review and approve proposals.

Regional Advisory Group

The Chairman of the Advisory Group sits with the Executive Committee and 24 of the 34 members of the Advisory Group participate actively in the deliberations of the working committees. Aside from the approval of the original grant application, no formal action of the Advisory Group has as yet been required.

The Regional Advisory Group arranged three sub-regional meetings in the spring of 1967. Representatives from the Boards of Directors, the Administration and the Medical Staffs of all hospitals in the state were invited to the meetings. The Regional Advisory Group used this opportunity to inform the members of the health community of the goals and objectives of the regional medical program.

Subregionalization

Subregionalization is one of the major issues being focused upon by the core staff. The initial data indicates that from 7 to 9 subregional patterns are in existence.

Planning Activities

The planning process began on January 1, 1967. The planning program was initially centered around the recruitment of staff, the specification of goals and objectives, the involvement of the health community in regional medical program activities and the delineation of administrative guidelines and procedures. After these objectives were accomplished, it was decided to begin several planning projects including the following:

- (1) Plan for State-Wide Program for Intensive Coronary Care Units,
- (2) Rural Health Care Study,
- (3) Study in Postgraduate Education in Pediatric Cardiology,

Planning Activities cont'd.

- (4) A Study to Determine Feasibility for Collecting Data and Integrating Care of Pediatric Solid Tumor Patients in the Northlands Medical Region,
- (5) A Survey of Existing and Potential Resources Relating to the Care of Patients with Stroke in Minnesota,
- (6) Development of Background Data Papers to Clarify the Medical Care Picture in the Upper Midwest,
- (7) Development of a Minnesota Health Personnel Databook,
- (8) Survey of the Continuing Medical Education of Physicians in the Minnesota Region,
- (9) Evaluation of TV Program, "Monday for Medicine."

Feasibility Studies

Several feasibility studies have been or will be initiated within the next several months. They include: (1) Developing Programs of Continuing Education for Practicing Physicians, (2) Investigating the Use of Medical Records for Assessing the Quality of Medical Care, (3) Feasibility of Telephone Transmission and Computer Analysis of Multi-Channel ECG, and (4) Computer Analysis of the Care of Coronary Artery Disease.

ADVISORY COMMITTEE FOR PLANNING FOR REGIONAL MEDICAL PROGRAMS

IN MINNESOTA

Chairman

O.L.N. Nelson, M.D. Minnesota State Medical Association Minneapolis, Minnesota

Dr. David Anderson Austin Clinic Austin, Minnesota

Mr. Harry Atwood Northwestern National Life Insurance Company Minneapolis, Minnesota

Dr. Robert N. Barr Minnesota State Department of Health Minneapolis, Minnesota

Mr. Harold W. Brunn Minnesota State Medical Association Saint Paul, Minnesota

Dr. Lee Christopherson Neuropsychiatric Institute Fargo, North Dakota

Dr. Charles F. Code Mayo Foundation Rochester, Minnesota

Mr. Donald Dunn Minnesota Hospital Association Minneapolis, Minnesota

Dr. Paul Ellwood American Rehabilitation Foundation Minneapolis, Minnesota

Dr. Ivan Frantz University of Minnesota Minneapolis, Minnesota

Dr. Joseph Gibilisco Minnesota State Dental Association Rochester, Minnesota Dr. Robert J. Goldish Duluth, Minnesota

Dr. Robert C. Hardin University of Iowa School of Medicine Iowa City, Iowa

Dr. T. H. Harwood University of North Dakota School of Medicine Grand Forks, North Dakota

Mr. Paul Hofstad Lake Region Hospital Forgus Falls, Minnesota

Dr. Robert B. Howard University of Minnesota College of Medical Sciences Minneapolis, Minnesota

Dr. Arnold J. Kremen American College of Surgeons Minneapolis, Minnesota

Mrs. Sally Luther Administrative Assistant to Governor Rolvaag Saint Paul, Minnesota

Dr. A. B. Magnusson Minnesota Veterinary Medical Association

Dr. W. F. Mazzitello Minnesota Heart Association Saint Paul, Minnesota

Dr. J. P. Medelman Minnesota State Medical Association Saint Paul, Minnesota

Miss Minna Moehring Minnesota Nurses Association Saint Paul, Minnesota

Dr. George Murphy Gunderson Clinic LaCrosse, Wisconsin

Mr. John M. Musser Weyerhauser Corporation Saint Paul, Minnesota

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Mr. Jack Rivall Minnesota Hospital Association Minneapolis, Minnesota

Dr. J. B. Rutledge Minnesota State Medical Association Detroit Lakes, Minnesota

Dr. Donald Stewart Minnesota Cancer Society Crookston, Minnesota

Dr. J. M. Stickney Minnesota State Medical Association Rochester, Minnesota

Dr. H. M. Swanson Mason City, Iowa

Dr. Bernard H. Trygstad Minnesota State Pharmaceutical Association Grand Rapids, Minnesota

Dr. J. P. Whisnant Mayo Clinic Rochester, Minnesota

Mr. Stephen Maxwell Municipal Judge Saint Paul, Minnesota