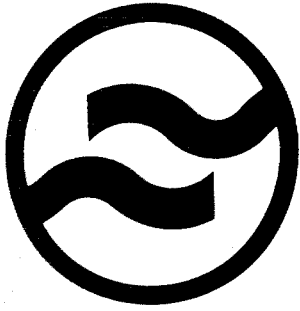




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Lakes Area Regional Medical Program

VOL. VII, NO. 1

JANUARY-FEBRUARY, 1975

President Signed Law 93-641 Jan. 4, 1975

New Law Replaces RMP, CHP, Hill-Burton, EHSDS; Continues Authorities for Agencies Through Establishment of HSA's

THE NATIONAL HEALTH PLANNING AND RESOURCES DEVELOPMENT ACT OF 1974, now Public Law 93-641, was one of the last bills to be passed by the 93rd Congress and was signed by the President on January 4, a few hours before the deadline for its approval. Public Law 93-641 calls for establishment of State health planning and development agencies and local Health Systems Agencies (HSA's), and includes new authorization for health facilities construction and modernization and for funds to allow HSA's to develop health resources as they implement their plans. **The law will replace Comprehensive Health Planning, Regional Medical Program, Hill-Burton and Experimental Health Service Delivery System authorities. It continues the authorization for these agencies until such time as the new HSA's can be established. The Act contains highly complex and formal procedures and a tight timetable for obtaining approval for HSA areas and operating agencies.**

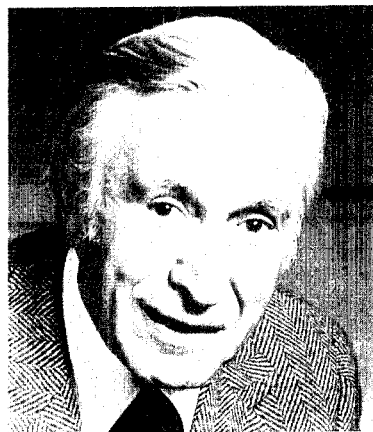
THE FIRST STEP IN THE CREATION OF AREA PLANNING AGENCIES will come in a call from the Secretary of the Department of Health, Education and Welfare to the Governor of every State for recommended health service area designations. Notification that the Governor is to draw up an area designation plan must be made by February 4. The Governor then has until May 7 to draw up his recommended plan. As he does so, he must solicit comments on the proposed HSA area boundaries from the CHP A agency, from all CHP B agencies, from RMP's and from every county and incorporated city in his State. He will also be instructed to solicit opinions of other "interested groups." All these opinions must accompany the Area Designation Plan he submits through his DHEW Regional Office to the Secretary. By the 210th day after the Law has taken effect, the Secretary must publish the designated areas in the Federal Register.

An additional 30 days will be allowed for comment.

WITH DESIGNATION OF APPROVED HEALTH PLANNING AREAS non-profit, corporations, public planning bodies and units of general local government can present applications to the Secretary to become the HSA for each area concerned. **The Law then requires comments from the Governor on each application, and agencies will be approved by the**

(Cont'd on Page 2)

Food Additives and the Hyperactive Child



Dr. Ben F. Feingold, chief emeritus, Department of Allergy, Kaiser Permanente Medical Center, San Francisco, California will speak over the Telephone Lecture Network on March 5 at 2 p.m. His topic will be "Food Additives and the Hyperactive Child." Interested persons can attend at any of the participating network locations located in many hospitals in the region. For further information, contact TLN, 2929 Main Street, Buffalo, New York 14214.

24 Hospitals Now Participating In Tumor Registry

The Lakes Area Regional Tumor Registry continues to enjoy a steady growth with the recent addition to its membership of two more participating hospitals. Dr. John Patterson, registry director, announces that the Lockport Memorial Hospital, Lockport, New York and the Newfane Intercommunity Hospital, Newfane, New York, are the 23rd and 24th hospitals respectively to join the registry. It is anticipated that participation by these two hospitals will represent an additional registration of 300 patients with neoplastic diseases.

To date, the registry's data base includes 13,500 cases. This data is being used to promote continuity of care for the cancer patient through regular patient follow-up and to provide a resource for evaluation and education within the Regional Cancer Control Program.

Recognizing the need to work together, the staff of the Lakes Area Regional Tumor Service Registry and the Tumor Registrars of area hospitals organized a Regional Association on July 11, 1974. The overall objective of this

(Continued on page 2)

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- New Radio Series on Health

EMT Refresher Course Set

The Lakes Area Emergency Medical Services Project will conduct the fourth in a continuing series of Emergency Medical Technician refresher courses over the Telephone Lecture Network. It will run from April 15 to May 27. The seven weeks course will be held on Tuesday evenings from 7-10 p.m. at each of the participating TLN locations. Those successfully completing the 21-hour course will be recertified as EMT's by the State of New York. During 1974, about 200 EMT's were recertified utilizing the TLN system.

A new format involving Behavioral Objectives was designed for the refresher course. This, hopefully, will help the student to recognize what he must be able to do and how well he must perform in order to successfully complete the course. It is hoped that this method will provide a more accurate measurement of the student's capabilities. For more information on the course, contact: EMT Training Coordinator, LAEMS, 2929 Main Street, Buffalo, New York 14214.

Other Activities

An Ad Hoc Committee of the Regional Educational Subcommittee is developing an Instructor's Training course which will aid present EMT instructors in the development of teaching techniques. As envisioned, the course which will begin in the Spring, will include lectures by educators, group discussions and role playing by students. Those who successfully complete the course will be certified as Senior Instructors for the LAEMS Region.

This past Fall, about 110 students participated in a Basic Rescue and Extrication Course co-sponsored by the LAEMS, Erie and Niagara Counties and the Fire Rescue Service of Hamburg, N.Y. The course involved entry into wrecked automobiles, patient removal from wrecked automobiles, cliff rescue, etc. Course officials agree that this has long been a neglected aspect of EMS education. New extrication courses are planned for the Spring.

Tumor Registry (Cont'd from Page 1)

group is to provide a forum for the exchange of information and ideas regarding tumor registry work and to provide continuing education for existing and newly employed personnel.

The Lakes Area Regional Tumor Registrars Association meets quarterly at the hospitals of its membership. The next meeting is scheduled for April 8, 1975. Inquiries on membership may be directed to Mrs. Delores Gamble, L.A.R.T.S.R., 651 Elm Street, Buffalo, New York 14203.

New Law (Cont'd from Page 1)

Secretary either on a two-year temporary or permanent basis. HSA approval by the Secretary must take place by January 4, 1976. Health systems agencies must conform to the dictates of the Law in their structure and function. Once they are selected, the existing CHP B, RMP, Hill-Burton and EHSD agencies will be phased out by June 30, 1976. HSA's will first be required to begin development of a short-term plan and a long-term plan for health care delivery, and while developing these plans will be precluded from conducting any other of their statutory responsibilities until they have an approved plan. It is estimated that in most cases it will take at least a year to go through the process of plan development and approval. Once these plans have been approved by the DHEW, the HSA can then apply for developmental funds and begin to carry out its other responsibilities: approving or disapproving applications for other funds to be made available through Public Health Service and other Acts, certification of need, periodic review of mostly-hospital-based services to determine if they should be continued, and so on. Authorization for Public Law 93-641 extends through June 20, 1977.

IN THE PROCESS OF DEVELOPING HIS AREA DESIGNATION PLAN, the Governor has to weigh many detailed requirements. Some of them:

— It is intended that each HSA area have a population of 500,000 to 3 million. It may be fewer than 500,000 if the area is a sparsely populated State, or more than 3 million if the area includes a standard metropolitan statistical area (SMSA) such as New York or Los Angeles. Under other "unusual circumstances," to be determined by the Secretary, the HSA area may dip below 500,000, and under "highly unusual circumstances" it may be fewer than 200,000. (Staff for each HSA will range from a minimum of five to a maximum of 30, with capacities in health planning, resource development and regulation.)

If a Governor seeks to divide an SMSA into more than one HSA area, or seeks HSA designation for unusual circumstances, he must seek a waiver from DHEW, and provided convincing documentation for the recommendation.

— The HSA area shall be a geographic region appropriate for the effective planning and development of health services.

— Boundaries must be established so that economic or geographic barriers to health services in non-urban areas are given fair consideration.

— "To the extent practicable" each area should have at least one center

for highly specialized care.

— "To the maximum extent feasible" HSA area boundaries must be coordinated with those of professional Standards Review Organizations (PSRO's), existing planning areas and State planning and administrative areas. Complete maps of all existing and proposed boundaries must be supplied by DHEW.

— The Governor must consult with and solicit the views of State and areawide CHP agencies, RMP's, and the chief executive officer or agency of each of his State's political subdivisions. These comments will be submitted to DHEW.

— The Act requires that existing CHP B boundaries are designated as HSA's, if they meet all requirements of the Law unless a governor determines "that other areas are more appropriate for the effective planning and development of health resources."

THE ACT ALSO REQUIRES THE SECRETARY to designate a State agency chosen by the Governor to be the State health planning and development agency. Designation requires approval of an administrative program for carrying out its work. The State Agency will be advised by a Statewide Health Coordinating Council which must have 60% of its members appointed by the Governor from the boards of directors from the State's HSA's, and the Council must also have a consumer majority.

Once functioning the Council will review and coordinate the HSA plans, with comments to the Secretary; prepare a State health plan incorporating the HSA plans; review for the Secretary HSA budgets and applications for assistance; advise the State Agency on its performance, and review with approval power State plans and applications for health formula grants to the State.

THE LAW CLEARLY PLACES A HEAVY BURDEN on the Governor of each State. He will be subject to massive pressure, first in considering what the boundaries for each proposed HSA area shall be, and later in weighing applications for establishment of the HSA's themselves. Even before the Bill was signed into Law, the National Association of County Officers informed the White House Domestic Council that in its view both Houses of Congress intended to allow full autonomy to counties if designated as HSA's, the association's chief of staff said that counties will fight any sign in DHEW that non-profit corporations will be designated as Health Systems Agencies if the resident counties want the designation. As Governors begin to move toward the development of Area boundary designation plans, they will surely hear from their constituents.

LARMP Produced Radio Series to be Carried by 12 Stations

A series of radio programs, designed to inform the general public on what the health resources are in the community and how a person can obtain these services has been produced by the Lakes Area Regional Medical Program. Entitled, "Health — Where It's At," the 30-minute interview programs with experts in the health care field are being broadcast over six Buffalo, New York radio stations and six others in the region.

Interviews include such topics as Heart Attacks, Acupuncture, Smoking and Lung Cancer, Death and Dying, Teenage Alcoholism, Venereal Disease, Baby Savers, and many others.

The programs can be heard on Buffalo stations — WEBR, WWOL, WUFO, WADV, WNIA and WBFO; and WMNS-Olean, N.Y., WDOE-Dunkirk, N.Y., WLSV-Wellsville, N.Y., WJTN-Jamestown, N.Y., WJLJ-Niagara Falls, N.Y., and WMDI/FM-McKean, Pennsylvania. Persons interested may contact the stations for the dates and times of the broadcasts. Program producer and moderator is Anthony Zerbo, Jr., L.A.R.M.P. Director of Communications.

FIRST PRIZE

A project team from the School of Architecture and Environmental Design, State University of New York at Buffalo, has been awarded first prize by the professional publication, *Progressive Architecture*, for their work in developing a computer model of Ambulatory Care Services. Entitled "Ambulatory Care Ser-

Educational Programs Prepared For Food Service Workers

The Western New York Chapter American Society for Hospital Food Service Administrators and the Telephone Lecture Network of the Lakes Area Regional Medical Program have developed a 19-program series of Inservice Education Programs designed for food service workers.

Included in the series are topics ranging from "Orientation to Food Service," "Receiving and Storage of Food," "Hot and Cold Food Production," "Patient Food Service," "Personal Hygiene," "Safety," and many more. One program, taped and photographed at the Coffee Brewing Center of America in New York City, stresses "Coffee Brewing." Each program consists of a cassette recording, 35 mm slides and some handout materials. The programs average about 20 minutes in length and are designed to keep the employees' attention without becoming too lengthy or boring.

To date over 450 tapes have been sold throughout the United States and Canada. The proceeds are shared by the Western New York Society for Hospital Food Service Administrators and the Telephone Lecture Network with a portion going to the Dorothy Killian Scholarship Fund. For more information concerning the taped lecture series, write:

Telephone Lecture Network, 2929 Main Street, Buffalo, New York 14214.

vices Model, Phase II," the project was funded by the Lakes Area Regional Medical Program, Inc.

Deadline For TLN Registration For 1975-76 Is July 2

For those institutions participating on the Telephone Lecture Network or those who plan to, the deadline for registration for the coming program year (October 1, 1975 - May 31, 1976) is July 2, 1975. Because of recent changes in the telephone tariff, under which the network is leased from AT&T, it will be necessary to dismantle the entire system at the conclusion of the current program scheduled (May 31, 1975). The system must then be reinstalled by October 1, 1975 when the new program year begins. The new tariff does not provide for temporary suspension of service for the four month period when the network is not in use. In order for the installation and testing of the network to be completed on time for the first program, an earlier deadline date is required. Every effort will be made to provide network participants with a complete schedule of lectures before the deadline. This early notice is made for budgetary considerations.

SUBMIT TLN PROGRAM SUGGESTIONS NOW

Sponsors of the various lectures series presented over the Telephone Lecture Network will soon begin planning and developing the 1975-1976 lecture schedule. Your assistance in identifying the continuing education needs of health care providers is essential in order for this service to be responsive to that need. Suggestions and comments are most welcome.

TLN: A RESOURCE LIBRARY

Looking for resource material to meet a specific continuing education need at your institution? The Telephone Lecture Network maintains an extensive audio tape/slide library of programs previously presented on the network. The library also includes lectures presented at conferences and seminars conducted by the departments of continuing education at the School of Medicine and the School of Nursing, State University of New York at Buffalo, the Lakes Area Regional Medical Program, and other leading institutions and organizations throughout the area. A wide range of subjects is covered. For assistance, call or write the:

Director, Telephone Lecture Network
2929 Main Street, Buffalo, New York,
14214 or call 716/835-0728.

Rural Externship

Plans are being studied to determine if the previously successful Rural Externship Program, sponsored by the Lakes Area Regional Medical Program, can be continued again this summer.

Announcements on the future of this project will be forthcoming shortly.

Continuing Education Programs Scheduled

The Lakes Area Regional Medical Program, Inc. is continuing its educational programs for health professionals. Some of the upcoming scheduled programs are listed. If interested in attending, contact the L.A.R.M.P. Office in Buffalo, New York (835-0728) for details or fill in the application on the forthcoming brochures that describe the educational programs.

DATE	TOPIC	LOCATION
February 27, 1975	"Present Status of Chemotherapy"	Sheraton East Buffalo
March 26	"Lymphomas and Hodgkins Disease"	Kenmore Mercy Hospital Kenmore, New York
March 13	Management of the Comotose Patient In the Emergency Department	Sheraton East Buffalo, New York
March 11	"The Role of Nutrition in Growth & Development (0-3 yrs.)"	Sheraton East Buffalo, New York
April 16	Cancer Teaching Day Rehabilitation of the Cancer Patient	Erie, Pennsylvania
April 24	Cardiac Rehabilitation Program	Bradford, Pennsylvania
May 1	Cancer Teaching Day Breast Cancer	Wellsville, New York
Spring, 1975 (tentative)	"Current Status of Cancer Therapy — 1975"	Columbus Hospital Buffalo, New York

TLN Schedule February 1975

February 3 — Monday

PODIATRY — 9:00 A.M.
NEWER ORTHOSES AND
ORTHOTIC TECHNIQS IN PODIATRY
Richard Schuster, D.P.M., FACFO

February 4 — Tuesday

MEDICINE & SURGERY — 11:30 A.M.
UNCOMMON MANIFESTATIONS OF
INTRACRANIAL TUMORS
K. Kalyanaraman, M.D.

NURSING — 1:30 P.M.

LONG TERM ILLNESS: THE
PROBLEM, THE CHALLENGE
Ruth G. Elder, M.S.N., Ph.D.

February 5 — Wednesday

**CLINICAL PASTORAL EDUCATION
— 10:00 A.M.**

IRRATIONAL/RATIONAL BELIEF
SYSTEMS
Rev. C. Charles Bachmann, Ph.D.

DIETETICS — 2:00 P.M.

UPDATE ON THE FOOD MARKET
John A. Birkland, B.S.

February 6 — Thursday

**CLINICAL SERVICES/
MULTIPLY HANDICAPPED —
11:00 A.M.**

ARE YOU LISTENING OR
DO YOU JUST HEAR ME?
Cheryl Ann Rogers, M.A., C.C.C.

MEDICAL TECHNOLOGY — 1:30 P.M.

CLINICAL ENZYMOLOGY AND
THE TECHNOLOGIST
Terry Shirey, Ph.D.

February 10 — Monday

FOOD SERVICE — 2:00 P.M.

Rx DIET
Patricia A. Sauter, R.D.

February 11 — Tuesday

MEDICINE & SURGERY — 11:30 A.M.

THE USE OF
ECHOENCEPHALOGRAPHY
Reinhold E. Schlagenhauff, M.D.

NURSING — 1:30 P.M.

NURSING DIAGNOSIS: AN ESSENTIAL
STEP IN PROFESSIONAL
PRACTICE
Sally A. Shimmel, R.N., M.S.

Lakes Area Regional Medical Program, Inc.

2929 Main Street

Buffalo, New York 14214



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Executive Director

Anthony Zerbo, Jr., Editor

Hugo Unger, Photography

February 12 — Wednesday

MEDICAL RECORDS — 2:00 P.M.
CONTINUING EDUCATION FOR THE
MEDICAL RECORD
PRACTITIONER
Elaine O. Patrikas, R.R.A., M.A.

February 13 — Thursday

PHARMACY JOURNAL CLUB — 9:00 A.M.
ULCER THERAPY
Monica Tonkovich, Pharm D. Candidate
SUNYAB

MEDICAL LIBRARIANSHIP — 11:30 A.M.

THE NURSING LIBRARY AND
THE LITERATURE
Jacqueline L. Picciano, M.S. in L.S.

February 18 — Tuesday

MEDICINE & SURGERY — 11:30 A.M.
ECHOCARDIOLOGY
Lawrence H. Golden, M.D.
Allen L. Goldfarb, M.D.

NURSING — 1:30 P.M.

THE HOSPITALIZED ADULT
Frances A. Wollner, R.N., M.N.

February 19 — Wednesday

**CANCER ONCOLOGY/PHYSICIANS —
11:30 A.M.**

TREATMENT OF ACUTE LEUKEMIA
Edward S. Henderson, M.D.

**CANCER ONCOLOGY/NURSING — 12:30
P.M.**

ACUTE LEUKEMIA — THE
NURSING APPROACH
Elizabeth Basti, R.N.

DIETETICS — 2:00 P.M.

THE COMPUTER IN THE
DEPARTMENT OF DIETETICS
Janet T. Andrews, R.D., M.S.

February 20 — Thursday

**RESPIRATORY THERAPY TECHNOLOGY —
11:30 A.M.**

RESPIRATORY THERAPY IN A RE-
HABILITATIVE CENTER (Journal Club)
Karl Lisnerski, CITT
Leonard Sicurella, ARIT

VOLUNTEER SERVICES — 1:30 P.M.

VOLUNTEER-CLIENT RELATIONSHIPS IN
THE INSTITUTION AND COMMUNITY
Marily Herrgesell
Drucilla Malavase

February 24 — Monday

FOOD SERVICE — 2:00 P.M.

KITCHEN ECONOMY THROUGH THE
CONSERVATION OF ENERGY
William W. Myers, B.S.

February 25 — 11:30 A.M.

MEDICINE & SURGERY — 11:30 A.M.
PRACTICAL PROBLEMS IN BACK PAIN,
FOOD DISORDERS
Eugene R. Mindell, M.D.

NURSING — 1:30 P.M.

TEACHING STRATEGIES
Barbara K. Redman, R.N., Ph.D.

February 27 — Thursday

ALLIED HEALTH — 1:00 P.M.
CURRENT ISSUES FACING THE
HEALTH RELATED PRO-
FESSIONS: MANPOWER NEEDS
Panel

Hypertension Project Trains Health Guides

A six week training program, designed to train 25 health guides and technicians to work with persons suffering from high blood pressure was recently completed in Buffalo, New York.

The program was sponsored by the Lakes Area Regional Medical Program, Inc. and the Upstate Medical Alliance, a group of black physicians, in cooperation with the Heart Association of Western New York and Erie County Health Department.

Intensified efforts are being made to assure that individuals suspected of having hypertension visit a physician for follow-up and treatment. The Hypertension Program's operation and the training of "hypertension technicians" to contact individuals requiring follow-up is funded by the Lakes Area Regional Medical Program.

The Niagara County Health Department is also supporting similar screening programs in that county under the sponsorship of the L.A.R.M.P. and the Niagara Ministerial Council.

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