



# FREE!

## Online Health Information Resources from the National Library of Medicine

Where can I find good health information for students, faculty, and school health professionals?

**MEDLINEplus** <http://medlineplus.gov>

The **National Library of Medicine's** web site for **free consumer health information**.

Includes:

- ◆ **Health News** - past 30 days of news from trusted sources
- ◆ **Health Topics** - information on over 500 conditions, diseases, and wellness topics
- ◆ **adam Health Illustrated Encyclopedia** - includes over 4,000 articles, and hundreds of illustrations and photographs
- ◆ **Interactive Health tutorials** - learn more about selected topics with sound and pictures
- ◆ **Clinical Trials** - information about clinical research studies on NIH's *ClinicalTrials.gov* site
- ◆ **Drug Information** - On over 9,000 generic and brand name, prescription and over-the-counter drugs
- ◆ **Dictionaries** - Spellings and definitions of medical terms
- ◆ **Directories** - Locations and credentials of doctors, dentists and hospitals
- ◆ **Other Resources** - Access to organizations, consumer health libraries, international sites, publications, MEDLINE, and more
- ◆ **MEDLINEplus Tour** - Online introduction to key features
- ◆ **MEDLINEplus Email Announcement Lists** - to receive weekly consumer health information updates
- ◆ **Español/Spanish** - links to Spanish language resources on many health topic pages
- ◆ Check out over 40 **Child and Teen Health** topic pages, including the **Children's Page**, **Teen's Page**, and **Health Occupations** page in MEDLINEplus.

Where can I find biomedical research information for science students?

**MEDLINE/PubMed** <http://pubmed.gov>

A user-friendly version of **MEDLINE**, the **National Library of Medicine's** free database of references to more than 11 million **articles** published in 4500 **biomedical journals**. Searching by topic provides a list of article citations. Many of these include abstracts, and sometimes a link to the full article. Users may sign up for document delivery services (through Loansome Doc), which may not be free. The **PubMed® Tutorial**, a Web-based learning program, will show you how to search **PubMed®**.

## How can I tell if I've found good information on the Internet?

Ask yourself if a Web site meets the following guidelines:

- ◆ Information content is from a respected source, is accurate and current.
- ◆ Information provided is readable, well organized and easy to use.
- ◆ Information supports existing doctor/patient relationships.
- ◆ The purpose of the site is to inform, and not to sell a product or service.
- ◆ The organization's biases are clearly stated.
- ◆ Confidentiality of site visitor data, including identity, is respected.

## What is the NN/LM?

The **National Network of Libraries of Medicine** (NN/LM), coordinated by the National Library of Medicine, is a nationwide network of over 4,600 health science libraries and information centers. NN/LM libraries provide a variety of services to health professionals and to the public.

## Where is the Pacific Southwest Region?

This region of the NN/LM includes the states of Arizona, **California**, Hawaii, Nevada, and the U.S.- Associated Pacific Basin. The Pacific Southwest Regional Medical Library (PSRML), located at the UCLA Louise M. Darling Biomedical Library, is the regional office for the NN/LM Pacific Southwest Region.

## Where can I go to find a consumer health library located in my area?

Visit our online **Consumer Health Library Directory** at <http://nnlm.gov/psr/chld.html>

Visit our web site or contact us to find out more about our consumer health information services!

The Pacific Southwest Regional Medical Library (PSRML)  
Phone: (800) 338-7657 Email: [psr-nnlm@library.ucla.edu](mailto:psr-nnlm@library.ucla.edu)  
Web address: <http://nnlm.gov/psr/>

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