

# 2008 Toll-Free Numbers for Health Information

These selected toll-free numbers for organizations provide health-related information, education, and support. These organizations DO NOT diagnose or recommend treatment for any disease. Some of the organizations use recorded messages; others provide personalized counseling and referrals. Most offer educational materials; some charge handling fees.

Organizations that provide crisis assistance are listed under the heading of Crisis Intervention. The Rare Disorders category includes diseases and disorders that affect less than 1 percent of the population at any given time. Groups in the Professional Organizations section offer consumer information.

Unless otherwise stated, numbers listed operate on eastern standard time and can be reached within the continental United States 24 hours a day, 7 days a week. Numbers that observe eastern daylight saving time (when in effect) are annotated as "(Eastern time)."

Inclusion of an information source in this publication does not imply endorsement by the U.S. Department of Health and Human Services.

This document is available from the Internet at <http://www.health.gov/NHIC/Pubs/>. To order printed copies of this publication, contact the Office of Disease Prevention and Health Promotion (ODPHP) Communication Support Center, P.O. Box 37366, Washington, DC 20013-7366; fax (301) 468-3028.

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Office of Disease Prevention  
and Health Promotion  
U.S. Department of Health  
and Human Services



# 2008 Toll-Free Numbers

for Health Information



## **ADOPTION**

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### **Bethany Christian Services**

(800) 238-4269 (Crisis Hotline)

### **National Adoption Center**

(800) TO-ADOPT (862-3678)

## **AGING**

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### **American Health Assistance Foundation**

(800) 437-2423

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Caring Connections**

(A program of the National Hospice and Palliative Care Organization)

(800) 658-8898 (Helpline)

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Eldercare Locator**

(800) 677-1116

9:00 a.m.–8:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

### **National Institute on Aging Information Center**

(800) 222-2225

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **AIDS/HIV**

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### **AIDS Info**

(800) 448-0440

(888) 480-3739 (TTY)

12:00 p.m.–5:00 p.m., Monday–Friday (Eastern time)

### **CDC INFO**

(800) CDC-INFO (232-4636) (English/Spanish)

(888) 232-6348 (TTY)

### **CDC National Prevention Information Network**

(800) 458-5231 (English/Spanish)

(800) 243-7012 (TTY)

(888) 282-7681 (Fax)

9:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

### **Project Inform HIV/AIDS Treatment Hotline**

(800) 822-7422

10:00 a.m.–4:00 p.m., Monday–Friday (Pacific time)

## **ALCOHOL ABUSE**

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See also *Drug Abuse*

### **AdCARE Hospital Helpline**

(800) 252-6465

### **Al-Anon Family Group Headquarters**

(888) 4AL-ANON (425-2666)

8:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

### **Alcohol and Drug Helpline**

(800) 821-4357

### **American Council on Alcoholism**

(800) 527-5344

10:00 a.m.–6:00 p.m., Monday–Friday; 12:00 p.m.–6:00 p.m., Saturday (Mountain time)

### **Calix Society**

(800) 398-0524

9:00 a.m.–4:00 p.m., Monday–Friday (Central time)

### **National Council on Alcoholism and Drug Dependence, Inc.**

(800) NCA-CALL (622-2255)

### **SAMHSA's National Clearinghouse for Alcohol and Drug Information**

(800) 729-6686

(877) 767-8432 (Spanish)

(800) 487-4889 (TDD)

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## **ALLERGY/ASTHMA**

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See *LUNG DISEASE/ASTHMA/ALLERGY*

### **Food Allergy and Anaphylaxis Network**

(800) 929-4040

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Jewish Medical and Research Center**

(800) 222-5864 (LUNG LINE)

8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

## **ALZHEIMER'S DISEASE**

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See also *AGING*

### **Alzheimer's Association Helpline**

(800) 272-3900

### **Alzheimer's Disease Education and Referral Center**

(800) 438-4380

8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **ARTHRITIS**

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### **Arthritis Foundation-Juvenile Arthritis Alliance**

(800) 283-7800

### **Arthritis National Research Foundation**

(800) 588-2873

8:00 a.m.–4:00 p.m., Monday–Friday (Pacific time)

### **Lyme Disease Foundation, Inc.**

(800) 886-5963

### **National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse**

(877) 226-4267

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **AUDIOVISUALS**

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See *LIBRARY SERVICES*

## **AUTISM**

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See *CHILD DEVELOPMENT/PARENTING*

## **AUTOIMMUNE DISEASES**

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### **American Autoimmune Related Diseases Association, Inc.**

(800) 598-4668

9:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse**

(877) 226-4267

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **BLINDNESS**

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See *VISION*

## **BONE MARROW**

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See also *CANCER*

### **Aplastic Anemia and MDS International Foundation, Inc.**

(800) 747-2820

8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

### **National Bone Marrow Transplant Link**

(800) LINK-BMT (546-5268)

8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

### **National Marrow Donor Program®**

(800) MARROW-2 (627-7692)

8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

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## **BONE DISEASE**

### **National Osteoporosis Foundation**

(800) 231-4222  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Osteoporosis and Related Bone Diseases~National Resource Center**

(800) 624-2663  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **BRAIN TUMORS**

### **American Brain Tumor Association**

(800) 886-2282  
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

### **Brain Tumor Society**

(800) 770-TBTS (770-8287)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Children's Brain Tumor Foundation**

(866) 228-HOPE (228-4673)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Brain Tumor Foundation**

(800) 934-CURE (934-2873)  
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

## **CANCER**

### **American Cancer Society**

(800) 227-2345 (Voice/TDD/TTY)

### **American Institute for Cancer Research**

(800) 843-8114  
8:00 a.m.–10:00 p.m., Monday–Thursday; 8:00 a.m.–6:00 p.m., Friday (Eastern time)

### **Cancer Hope Network**

(877) HOPENET (467-3638)  
8:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

### **Candlelighters Childhood Cancer Foundation**

(800) 366-2223  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Kidney Cancer Association**

(800) 850-9132  
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

### **National Bone Marrow Transplant Link**

(800) LINK-BMT (546-5268)  
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

### **National Cancer Institute's Cancer Information Service**

(800) 4-CANCER (422-6237)  
(800) 332-8615 (TTY)  
9:00 a.m.–4:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

### **National Marrow Donor Program®**

(800) MARROW-2 (627-7692)  
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

### **Susan G. Komen Breast Cancer Foundation**

(800) 462-9273  
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

### **Us TOO International Prostate Cancer Education and Support Network**

(800) 808-7866  
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

### **Y-ME National Breast Cancer Organization**

(800) 221-2141 (English)  
(800) 986-9505 (Spanish)

## **CEREBRAL PALSY**

See *RARE DISORDERS*

## **CHEMICAL PRODUCTS/PESTICIDES**

See also *HOUSING*

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## **National Pesticide Information Center**

(800) 858-7378 (TDD capability)  
6:30 a.m.–4:30 p.m., 7 days a week (Pacific time)

## ***CHILD ABUSE/MISSING CHILDREN/ CHILDREN'S MENTAL HEALTH***

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### **Child Find of America, Inc.**

(800) I-AM-LOST (426-5678)  
(800) A-WAY-OUT (292-9688) (Parental abduction)  
9:00 a.m.–4:00 p.m., Monday–Friday (Eastern time)

### **Childhelp USA®**

National Child Abuse Hotline  
(800) 4-A-CHILD (422-4453)

### **Child Welfare Information Gateway**

(800) 394-3366  
8:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

### **Covenant House Nineline**

(800) 999-9999

### **Girls & Boys Town National Hotline**

(800) 448-3000  
(800) 448-1833 (TDD)  
Spanish-speaking operators are available.

### **National Center for Missing & Exploited Children®**

(800) THE-LOST (843-5678)  
(877) 446-2632 (Voice Mail)

### **National Institute of Mental Health Information Center**

(866) 615-6464  
(866) 415-8051 (TTY)  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

### **National Runaway Switchboard**

(800) RUNAWAY (786-2929)  
(800) 621-0394 (TDD)  
Has access to AT&T Language Line

### **National Youth Crisis Hotline**

(800) 448-4663

## ***CHILD DEVELOPMENT/PARENTING***

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### **Back to Sleep SIDS Information Campaign**

National Institute of Child Health and Human Development  
(800) 505-CRIB (505-2742)  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

### **Human Growth Foundation**

(800) 451-6434  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **MAGIC Foundation for Children's Growth**

(800) 362-4423  
9:00 a.m.–4:00 p.m., Monday–Friday (Central time)

### **National Association for the Education of Young Children**

(800) 424-2460  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Lekotek Center**

(800) 366-7529  
(800) 573-4446 (Voice and TTY)  
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

### **National Organization on Fetal Alcohol Syndrome**

(800) 66-NOFAS (666-6327)  
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

### **National Institute of Child Health and Human Development Information Resource Center**

(800) 370-2943  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

### **Starlight Starbright Children's Foundation**

(800) 274-7827  
8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

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## **Zero to Three: National Center for Infants, Toddlers and Families**

(800) 899-4301

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **CHRONIC FATIGUE SYNDROME**

See *RARE DISORDERS*

## **CRISIS INTERVENTION**

All operate 24 hours/7 days a week.

### **A-WAY-OUT**

(800) 292-9688

Provides unique crisis mediation program for parents contemplating abduction of their children, or who have already abducted their children and want to use Child Find Volunteer Family Mediators to resolve their custody dispute.

### **Childhelp USA®**

National Child Abuse Hotline

(800) 4-A-CHILD (422-4453)

Provides multilingual crisis intervention on child abuse and domestic violence issues. Gives referrals to local agencies offering counseling and other services related to child abuse, adult survivor issues, and domestic violence. Provides literature on child abuse in English and Spanish. Calls are anonymous, toll-free, and counselors are paid, degreed professionals.

### **Covenant House Neline**

(800) 999-9999

Crisis line for youth, teens, and families. Locally based referrals throughout the United States. Help for youth and parents regarding drugs, abuse, homelessness, runaway children, and message relays.

## **Girls & Boys Town National Hotline**

(800) 448-3000

(800) 448-1833 (TDD)

Provides short-term intervention and counseling and refers callers to local community resources. Counsels on parent-child conflicts, family issues, suicide, pregnancy, runaway youth, physical and sexual abuse, and other issues that impact children and families. Spanish-speaking operators are available.

## **National Center for Missing & Exploited Children®**

(800) THE-LOST (843-5678)

(877) 446-2632 (Voice Mail)

The National Center for Missing & Exploited Children's® mission is to help prevent child abduction and sexual exploitation; help find missing children; and assist victims of child abduction and sexual exploitation, their families, and the professionals who serve them.

## **National Runaway Switchboard**

(800) RUNAWAY (786-2929)

(800) 621-0394 (TDD)

Provides crisis intervention and travel assistance information to runaways. Gives referrals to shelters nationwide. Also relays messages to, or sets up conference calls with, parents at the request of the child. Has access to AT&T Language Line.

## **National Suicide Prevention Lifeline**

(800) 273-TALK (273-8255)

(800) 799-4TTY (799-4889) (TTY)

(888) 628-9454 (Spanish)

The National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service that routes calls from anywhere in the country to the nearest available certified crisis center where trained crisis counselors talk to callers and can link them to local services.

## **National Youth Crisis Hotline**

(800) 448-4663

Provides counseling and referrals to local drug treatment centers, shelters, and counseling services. Responds to youth dealing with pregnancy, molestation, suicide, and child abuse.

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## **Rape, Abuse, and Incest National Network**

(800) 656-4673

Connects caller to the nearest counseling center that provides counseling for rape, abuse, and incest victims.

## **CYSTIC FIBROSIS**

See RARE DISORDERS

## **DIABETES/DIGESTIVE DISEASES**

### **American Association of Diabetes Educators**

(800) 338-3633

8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

### **American Diabetes Association**

(800) 342-2383

(800) ADA-ORDER (232-6733) (Fax, Order Fulfillment)

8:30 a.m.–8:00 p.m., Monday–Friday (Eastern time)

### **Crohn's and Colitis Foundation of America, Inc.**

(800) 932-2423

(800) 343-3637 (Warehouse)

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Juvenile Diabetes Research Foundation**

(800) 223-1138

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Diabetes Information Clearinghouse**

(800) 860-8747

8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Digestive Diseases Information Clearinghouse**

(800) 891-5389

8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **DISABLING CONDITIONS/DISABILITIES ACCESS**

### **Americans with Disabilities Act Information Line**

(800) 514-0301

(800) 514-0383 (TTY)

10:30 a.m.–4:30 p.m., Monday–Wednesday and Friday;

12:30 p.m.–4:30 p.m., Thursday.

Spanish-speaking operators are available.

### **Amputee Coalition of America**

National Limb Loss Information Center

(888) AMP-KNOW (267-5669)

8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Children's Craniofacial Association**

(800) 535-3643

9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

### **DBTAC: Mid-Atlantic Americans with Disabilities Act Center**

(800) 949-4232 (Voice/TTY)

8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

### **Easter Seal Society**

(800) 221-6827

8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

### **FACES: The National Craniofacial Association**

(800) 332-2373

9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Families of Spinal Muscular Atrophy**

(800) 886-1762

7:00 a.m.–3:00 p.m., Monday–Friday (Central time)

### **Job Accommodation Network**

(800) ADA-WORK (232-9675) (Voice/TTY)

(800) 526-7234 (Voice/TTY)

9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

Services available in English, Spanish, and French.



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## **National Dissemination Center for Children with Disabilities**

(800) 695-0285 (Voice/TTY)  
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **National Rehabilitation Information Center**

(800) 346-2742  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Scoliosis Association**

(800) 800-0669  
1:00 p.m.–5:30 p.m., Monday–Friday (Eastern time)

## **DOWN SYNDROME**

See *RARE DISORDERS*

## **DRINKING WATER SAFETY**

### **Safe Drinking Water Hotline**

(800) 426-4791 (English/Spanish)  
8:30 a.m.–5:45 p.m., Monday–Thursday, 8:30 a.m.–4:45 p.m., Friday.

## **DRUG ABUSE**

See also *ALCOHOL ABUSE* and *SUBSTANCE ABUSE*

### **Drug-Free Workplace Helpline**

(800) 967-5752  
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

### **Drug Help**

(800) 488-DRUG (488-3784)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Drug Policy Information Clearinghouse**

White House Office of National Drug Control Policy  
(800) 666-3332  
10:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

## **Housing and Urban Development Drug Information and Strategy Clearinghouse**

(800) 955-2232  
8:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

## **Pride Surveys**

(800) 279-6361  
8:30 a.m.–4:00 p.m., Monday–Friday (Central time)

## **PRIDE Youth Programs**

(800) 668-9277  
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

## **SAMHSA's National Clearinghouse for Alcohol and Drug Information**

(800) 729-6686  
(800) 662-4357 (Treatment Referral)  
(877) 767-8432 (Spanish)  
(800) 487-4889 (TDD)

## **DWARFISM**

### **Human Growth Foundation**

(800) 451-6434  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **DYSLEXIA**

See *LEARNING DISORDERS*

## **ENDOMETRIOSIS**

See *WOMEN*

## **ENVIRONMENT**

### **Environmental Justice Information Line**

U.S. Environmental Protection Agency  
(800) 962-6215 (English/Spanish)  
8:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

### **Indoor Air Quality Information Clearinghouse**

(800) 438-4318



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## ***EPILEPSY***

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See *RARE DISORDERS*

## ***ESSENTIAL TREMOR***

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### **International Essential Tremor Foundation**

(888) 387-3667  
8:00 a.m.–4:30 p.m., Monday–Friday (Central time)

## ***ETHICS***

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### **Joseph and Rose Kennedy Institute of Ethics**

National Reference Center for Bioethics Literature  
(800) 633-3849  
9:00 a.m.–5:00 p.m., Monday, Wednesday, Thursday, Friday (academic year only); 9:00 a.m.–9:00 p.m., Tuesday; 12:00 noon.–5:00 p.m., Saturday, except summers and holidays. 9:00 a.m.–5:00 p.m. during the summer.

## ***FIRE PREVENTION***

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### **National Fire Protection Association**

(800) 344-3555 (Customer Service)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## ***FITNESS***

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### **Aerobics and Fitness Foundation of America**

(800) 968-7263 (Consumer Hotline)  
(800) 446-2322 (For Professionals)  
6:30 a.m.–6:00 p.m., Monday–Friday (Pacific time)

### **American Council on Exercise**

(800) 825-3636  
6:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

### **American Running Association**

(800) 776-2732  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Shaping America's Youth®**

(800) SAY-9221 (729-9221)

### **TOPS (Taking Off Pounds Sensibly) Club, Inc.**

(800) 932-8677  
8:00 a.m.–4:30 p.m., Monday–Friday (Central time)

## **Weight Control Information Network**

National Institute of Diabetes and Digestive and Kidney Diseases  
(877) 946-4627  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **YMCA of the USA**

(800) 872-9622  
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

## ***FOOD SAFETY***

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### **Center for Food Safety and Applied Nutrition**

(888) SAFEFOOD (723-3366)  
10:00 a.m.–4:00 p.m., Monday–Friday; except Federal holidays (Eastern time)

### **U.S. Department of Agriculture Meat and Poultry Hotline**

(888) MPHHotline (674-6854)  
(800) 256-7072 (TTY)  
10:00 a.m.–4:00 p.m., Monday–Friday; 8:00 a.m.–2:00 p.m. on Thanksgiving (Eastern time)

### **U.S. Fish & Wildlife Service**

(800) 344-WILD (344-9453)  
8:00 a.m.–8:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

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## **GAY, LESBIAN, BISEXUAL, TRANSGENDER HEALTH**

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### **Gay, Lesbian, Bisexual, and Transgender Helpline**

(888) 340-4528  
6:00 p.m.–11:00 p.m., 7 days a week (Eastern time)

### **Gay, Lesbian, Bisexual, and Transgender National Help Center**

(888) 843-4564  
4:00 p.m.–12:00 a.m., Monday–Friday; 12:00 p.m.–  
5:00 p.m., Saturday (Eastern time)

### **Lambda Legal Defense and Education Fund**

(866) 542-8336 (Foster Care Helpline)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Center for Lesbian Rights**

(800) 528-6257 (Youth Legal Information Line)  
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

### **Peer Listening Line**

(800) 399-7337  
5:30 p.m.–10:00 p.m., 7 days a week (Eastern time)

### **Trevor Helpline**

(866) 4-U-TREVOR (488-7386)

## **GENERAL HEALTH**

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### **Agency for Healthcare Research and Quality Clearinghouse**

(800) 358-9295  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **American Chiropractic Association**

(800) 986-4636  
8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

### **American Osteopathic Association**

(800) 621-1773  
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

### **American Podiatric Medical Association, Inc.**

(800) ASK-APMA (275-2762)

### **Angel Flight Mid-Atlantic**

(800) 296-3797  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Health Resources and Services Administration Information Center**

(888) ASK-HRSA (275-4772)  
(877) 4TY-HRSA (489-4772) (TTY/TDD)  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **MediAlert Foundation International**

(800) ID ALERT (432-5378)

### **National Center for Complementary and Alternative Medicine Clearinghouse**

(888) 644-6226  
(866) 464-3615 (TTY)  
(866) 464-3616 (Fax)  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal  
holidays (Eastern time)

### **National Health Information Center**

(800) 336-4797  
9:00 a.m.–5:30 p.m., Monday–Friday, except Federal  
holidays (Eastern time)

### **National Health Service Corps**

(800) 221-9393 Scholarships/Loan Repayment & Job  
Opportunities in Underserved Areas  
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

### **National Hispanic Family Health Helpline**

(866) SU-FAMILIA (783-2645)  
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

### **National Patient Travel Helpline**

(800) 296-1217  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **U.S. Food and Drug Administration**

(800) 332-1088 (MedWatch)  
(888) 463-6332 (Consumer Inquiries)

# 2008 Toll-Free Numbers

for Health Information



## **Well Spouse Association**

(800) 838-0879  
10:00 a.m.–3:00 p.m., Monday–Friday (Eastern time)

## **GENETIC DISEASES**

### **Genetic Alliance**

(800) 336-4363  
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

### **Genetic and Rare Diseases Information Center**

(888) 205-2311  
(888) 205-3223 (TTY)  
12:00 p.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

### **March of Dimes Birth Defects Foundation**

(888) 663-4637  
(800) 925-1855 (Spanish)

## **HEADACHE/HEAD INJURY**

### **American Headache Society**

(800) 255-ACHE (255-2243)  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Brain Injury Information Center**

(800) 444-6443  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Headache Foundation**

(888) 643-5552  
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

## **HEALTHY WEIGHT/WEIGHT LOSS**

### **Shaping America's Youth®**

(800) SAY-9221 (729-9221)

### **TOPS (Taking Off Pounds Sensibly) Club, Inc.**

(800) 932-8677  
8:00 a.m.–4:30 p.m., Monday–Friday (Central time)

## **Weight Control Information Network**

National Institute of Diabetes and Digestive and Kidney Diseases  
(877) 946-4627  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **HEARING AND SPEECH**

### **American Society for Deaf Children**

(800) 942-ASDC (942-2732)

### **American Speech-Language-Hearing Association**

(800) 638-8255  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Dial A Hearing Screening Test (Occupational Hearing Services)**

(800) 222-3277 (Voice/TTY)  
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

### **Ear Foundation**

(800) 545-HEAR (545-4327)  
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

### **Hear Now**

(800) 648-4327 (Voice/TDD)  
8:00 a.m.–4:00 p.m., Monday–Friday (Mountain time)

### **International Hearing Society**

(800) 521-5247  
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **John Tracy Clinic**

(800) 522-4582 (Voice/TDD)  
8:00 a.m.–4:00 p.m., Monday–Friday (Pacific time)

### **National Consortium on Deaf-Blindness**

(800) 438-9376  
(800) 854-7013 (TTY)  
9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

# 2008 Toll-Free Numbers

for Health Information



## **National Family Association for Deaf-Blind**

(800) 255-0411 (Voice/TTY)  
8:45 a.m.–4:30 p.m., Monday–Friday (Eastern time)

## **National Institute on Deafness and Other Communication Disorders Information Clearinghouse**

(800) 241-1044  
(800) 241-1055 (TTY)  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **Vestibular Disorders Association**

(800) 837-8428  
8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

## **HEART DISEASE**

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### **American Heart Association**

(800) 242-8721

### **Heart Information Service**

(800) 292-2221 (English/Spanish)  
8:00 a.m.–4:00 p.m., Monday–Friday (Central time)

### **National Heart, Lung, and Blood Institute Health Information Line**

(800) 575-9355 (Recorded High Blood Pressure and Cholesterol Information)

## **HISTIOCYTOSIS**

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See *RARE DISORDERS*

## **HOMELESSNESS**

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### **National Resource and Training Center on Homelessness and Mental Illness**

(800) 444-7415  
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **HORMONAL DISORDERS**

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### **American Thyroid Association**

(800) 849-7643  
8:00 a.m.–4:00 p.m., Monday–Friday (Central time)

### **Hormone Foundation**

(800) HORMONE (467-6663)  
8:30 a.m.–5:00 p.m., Monday–Friday

### **Thyroid Foundation of America, Inc.**

(800) 832-8321  
8:30 a.m.–4:00 p.m., Monday–Friday (Eastern time)

## **HOSPITAL/HOSPICE CARE**

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### **Caring Connections**

(A program of the National Hospice and Palliative Care Organization)  
(800) 658-8898 Helpline  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Children's Hospice International**

(800) 242-4453  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Hill-Burton Free Medical Care Program**

(800) 638-0742  
(800) 492-0359 (in MD)

### **National Association of Hospital Hospitality Houses, Inc.**

(800) 542-9730  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Shriners Hospital for Children Referral Line**

(800) 237-5055  
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **HOUSING**

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See also *CHEMICAL PRODUCTS/PESTICIDES* and *LEAD*

# 2008 Toll-Free Numbers

for Health Information



## **HUD USER**

(800) 245-2691  
(800) 927-7589 (TDD)  
8:30 a.m.–5:15 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **Public and Indian Housing Information and Resource Center**

(800) 955-2232  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **HUNTINGTON'S DISEASE**

See *RARE DISORDERS*

## **IMMUNIZATION**

### **National Center for Immunization and Respiratory Diseases**

Centers for Disease Control and Prevention  
(800) CDC-INFO (232-4636) (English/Spanish)  
(800) 232-6348 (TTY)

## **IMPOTENCE**

### **American Urological Association Foundation, Inc.**

(866) RING-AUA (746-4282)  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **INSURANCE/MEDICARE/MEDICAID**

### **DHHS Inspector General's Hotline**

(800) 447-8477  
8:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

### **Insure Kids Now Hotline**

Health Resources and Services Administration  
(877) 543-7669  
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Medicare Issues Hotline**

(800) 633-4227  
(800) 820-1202 (TDD/TTY)  
7:30 a.m. – 11:00 p.m., Monday–Friday (Eastern time)

## **Pension Benefit Guaranty Corporation**

(800) 400-PBGC (400-7242)  
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Social Security Administration**

(800) 772-1213  
7:00 a.m.–7:00 p.m., Monday–Friday (Eastern time)

## **JUSTICE**

### **National Criminal Justice Reference Service**

(800) 851-3420  
(877) 712-9279 (TTY)  
10:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

## **KIDNEY DISEASE**

See *UROLOGICAL DISORDERS*

## **LEAD**

See also *HOUSING*

### **National Lead Information Center**

(800) 424-5323 (Clearinghouse)  
8:00 a.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **LEARNING DISORDERS**

### **Children and Adults with Attention Deficit/Hyperactivity Disorders**

(800) 233-4050 (English/Spanish)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **International Dyslexia Association**

(800) ABCD123 (222-3123)

# 2008 Toll-Free Numbers

for Health Information



## **LIBRARY SERVICES**

### **Captioned Media Program, The National Association for the Deaf**

(800) 237-6213  
(800) 237-6819 (TTY)  
(800) 538-5636 (Fax)  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Library of Medicine**

National Institutes of Health  
(888) 346-3656  
8:30 a.m.–5:00 p.m., Monday–Friday; 8:30 a.m.–2:00 p.m.,  
Saturday, except Federal holidays (Eastern time)

### **National Library Service for the Blind and Physically Handicapped**

(800) 424-8567  
8:00 a.m.–4:30 p.m., Monday–Friday, except Federal  
holidays (Eastern time)

### **Recording for the Blind and Dyslexic**

(800) 221-4792  
8:30 a.m.–4:45 p.m., Monday–Friday (Eastern time)

## **LIVER DISEASES**

### **American Liver Foundation**

(800) GO-LIVER (465-4837)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Hepatitis Foundation International**

(800) 891-0707  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **LUNG DISEASE/ASTHMA/ALLERGY**

### **American Lung Association**

(800) LUNG-USA (586-4872)  
7:00 a.m.–7:00 p.m., Monday–Friday (Central time)

### **Asthma and Allergy Foundation of America**

(800) 7-ASTHMA (727-8462)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Jewish Medical and Research Center**

(800) 222-5864 (LUNG LINE)  
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

## **MATERNAL AND CHILD HEALTH**

### **La Leche League International**

(800) La Leche (525-3243)  
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

### **National Hispanic Prenatal Helpline**

(800) 504-7081  
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

### **National Life Center/Pregnancy Hotline**

(800) 848-5683

### **National Institute of Child Health and Human Development Information Resource Center**

(800) 370-2943  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal  
holidays (Eastern time)

### **Zero to Three: National Center for Infants, Toddlers and Families**

(800) 899-4301  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **MEDICARE/MEDICAID**

See *INSURANCE/MEDICARE/MEDICAID*

## **MENTAL HEALTH**

See also *CHILD ABUSE/MISSING CHILDREN/CHILDREN'S MENTAL HEALTH*

### **Mental Health America Resource Center**

(800) 969-6642  
(800) 433-5959 (TTY)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

# 2008 Toll-Free Numbers

for Health Information



## **National Alliance for the Mentally Ill**

(800) 950-6264 Helpline  
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

## **National Council on Problem Gambling**

(800) 522-4700  
9:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

## **National Gaucher Foundation**

(800) 925-8885  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **National Hopeline Network**

(800) SUICIDE (784-2433)

## **National Institute of Mental Health Information Center**

(866) 615-6464  
(866) 415-8051 (TTY)  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **SAMHSA's National Mental Health Information Center**

(800) 789-2647  
(866) 889-2647 (TDD)  
8:00 a.m.–12:00 a.m., Monday–Friday, except Federal holidays (Eastern time)

## **The ARC of the United States**

(800) 433-5255  
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **MINORITY HEALTH**

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### **National Hispanic Family Health Helpline**

(866) SU-FAMILIA (783-2645)  
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

### **National Hispanic Prenatal Helpline**

(800) 504-7081  
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

## **Office of Minority Health Resource Center**

(800) 444-6472  
9:00 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **NUTRITION**

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### **American Institute for Cancer Research**

(800) 843-8114  
8:00 a.m.–10:00 p.m., Monday–Thursday; 8:00 a.m.–6:00 p.m., Friday (Eastern time)

### **National Dairy Council**

(800) 426-8271  
(800) 974-6455 (Fax)  
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

### **Shaping America's Youth®**

(800) SAY-9221 (729-9221)

## **ORAL HEALTH**

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### **American Dental Association**

(800) 947-4746 (Catalog Sales and Service)  
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

## **ORGAN DONATION**

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See also *VISION* and *UROLOGICAL DISORDERS*

### **Living Bank**

(800) 528-2971  
7:30 a.m.–4:30 p.m., Monday–Friday (Central time)

### **National Marrow Donor Program®**

(800) MARROW-2 (627-7692)  
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

### **United Network for Organ Sharing**

(888) TXINFO1 (894-6361)  
8:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)



# 2008 Toll-Free Numbers

for Health Information



## **ORPHAN PRODUCTS**

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### **Office of Orphan Products Development**

U.S. Food and Drug Administration  
(800) 300-7469  
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

## **PARALYSIS AND SPINAL CORD INJURY**

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See also *STROKE*

### **Christopher and Dana Reeve Foundation**

(800) 225-0292  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Rehabilitation Information Center**

(800) 346-2742  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Spinal Cord Injury Association**

(800) 962-9629  
8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

### **Paralyzed Veterans of America**

(800) 424-8200  
(800) 795-4327 (TTY)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **PARKINSON'S DISEASE**

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### **American Parkinson Disease Association**

(800) 223-2732  
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

### **National Parkinson Foundation, Inc.**

(800) 327-4545  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Parkinson's Disease Foundation**

(800) 457-6676  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **PESTICIDES**

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See *CHEMICAL PRODUCTS/PESTICIDES*

## **POISON CONTROL**

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### **Poison Help Hotline**

(800) 222-1222

## **PRACTITIONER REPORTING**

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### **U.S. Pharmacopeia Center for the Advancement of Patient Safety**

(800) 233-7767 (Medication Errors)  
Staff available 9:00 a.m.–4:30 p.m., Monday–Friday.  
Medication error telephone number records information  
24 hours a day.

## **PREGNANCY/MISCARRIAGE**

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### **Bradley Method of Natural Childbirth**

(800) 422-4784  
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

### **DES Action USA**

(800) DES-9288 (337-9288)  
9:00 a.m.–3:00 p.m., Monday–Friday (Pacific time)

### **International Childbirth Education Association**

(800) 624-4934 (Book Center orders)  
8:30 a.m.–4:00 p.m., Monday–Friday (Central time)

### **Lamaze International**

(800) 368-4404  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Liberty Godparent Home**

(800) 542-4453

### **National Abortion Federation**

(800) 772-9100  
8:00 a.m.–9:00 p.m., Monday–Friday; 9:00 a.m.–5:00 p.m.,  
Saturday–Sunday (Eastern time)

### **National Hispanic Prenatal Helpline**

(800) 504-7081  
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

# 2008 Toll-Free Numbers

for Health Information



## **PROFESSIONALS**

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### **Alliance for Aging Research**

(800) 639-2421  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **American Alliance for Health, Physical Education, Recreation and Dance**

(800) 213-7193  
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

### **American Association of Critical Care Nurses**

(800) 899-2226  
7:30 a.m.–4:30 p.m., Monday–Friday (Pacific time)

### **American Council for the Blind**

(800) 424-8666  
2:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **American Counseling Association**

(800) 347-6647  
8:00 a.m.–4:30 p.m., Monday–Friday (Eastern time)

### **American Nurses Association**

(800) 274-4ANA (274-4262)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **American Occupational Therapy Association**

(800) SAY-AOTA (729-2682)  
(800) 377-8555 (TDD)  
(800) 701-7735 (Fax-back)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **Arthritis National Research Foundation**

(800) 588-2873  
8:00 a.m.–4:00 p.m., Monday–Friday (Pacific time)

### **Association for Applied Psychophysiology and Biofeedback**

(800) 477-8892  
8:00 a.m.–5:00 p.m., Monday–Friday (Mountain time)

### **Association of periOperative Registered Nurses**

(800) 755-2676  
7:00 a.m.–6:00 p.m., Monday–Friday (Mountain time)

### **CDC National Prevention Information Network**

(800) 458-5231 (English/Spanish)  
(800) 243-7012 (TTY)  
(888) 282-7681 (Fax)  
9:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

### **College of American Pathologists**

(800) 323-4040  
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

### **DBTAC: Mid-Atlantic Americans with Disabilities Act Center**

(800) 949-4232 (Voice/TTY)  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

### **Dystonia Medical Research Foundation**

(800) 377-3978  
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

### **Federal Emergency Management Agency**

(800) 621-FEMA (621-3362) (Disaster Assistance)  
(800) 480-2520 (Publications)

### **Federal Information Center, GSA**

(800) 688-9889  
(800) 326-2996 (TTY)  
9:00 a.m.–9:00 p.m., Monday–Friday (Eastern time)

### **Glaucoma Research Foundation**

(800) 826-6693  
8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

### **Immune Deficiency Foundation**

(800) 296-4433  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **International Childbirth Education Association**

(800) 624-4934 (Book Center orders)  
8:30 a.m.–4:00 p.m., Monday–Friday (Central time)

### **International Chiropractors Association**

(800) 423-4690  
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

# 2008 Toll-Free Numbers

for Health Information



## **Leukemia & Lymphoma Society**

(800) 955-4572  
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

## **Medical Institute for Sexual Health**

(800) 892-9484 (publication orders only)  
8:15 a.m.–5:00 p.m., Monday–Friday (Central time)

## **National Child Care Information Center, ACF**

(800) 616-2242  
(800) 516-2242 (TTY)  
(800) 716-2242 (Fax)  
8:30 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **National Clearinghouse of Rehabilitation Training Materials**

(866) 821-5355  
8:00 a.m.–5:00 p.m., Monday–Friday (Mountain time)

## **National Institute for Occupational Safety and Health Information Inquiry Service**

(800) 356-4674  
9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **National Jewish Medical and Research Center**

(800) 222-5864 (LUNG LINE)  
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

## **National Resource Center on Domestic Violence**

(800) 537-2238  
(800) 553-2508 (TTY)  
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **National Technical Information Service**

(800) 553-6847  
8:00 a.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **Prevent Child Abuse America**

(800) 244-5373

## **Research to Prevent Blindness**

(800) 621-0026  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **School Nutrition Association**

(800) 877-8822  
8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

## **Vision Connection**

Lighthouse International  
(800) 829-0500  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **RADIATION**

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## **National Association of Radiation Survivors**

(800) 798-5102  
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

## **RARE DISEASES/DISORDERS\***

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*\*A rare disorder is defined as a disorder that affects less than 1 percent of the population at any given time.*

## **ALS Association (Amyotrophic Lateral Sclerosis, Lou Gehrig's Disease)**

(800) 782-4747  
7:30 a.m.–4:30 p.m., Monday–Friday (Pacific time)

## **American Behcet's Disease Association**

(800) 723-4238  
9:00 a.m.–9:00 p.m., 7 days a week (Pacific time)

## **American Cleft Palate-Craniofacial Association/Cleft Palate Foundation**

(800) 242-5338 (Parent Hotline Only)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **American Leprosy Missions (Hansen's Disease)**

(800) 543-3131  
8:00 a.m.–5:00 p.m., Monday–Thursday; 8:00 a.m.–12:00 p.m., Friday (Eastern time)

## **American SIDS Institute**

(800) 232-7437  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

# 2008 Toll-Free Numbers

for Health Information



## **Batten Disease Support and Research Association**

(800) 448-4570  
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Charcot-Marie-Tooth Association**

(800) 606-2682  
9:00 a.m.–5:00 p.m., Monday–Friday

## **Children's Tumor Foundation**

(800) 323-7938  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Cooley's Anemia Foundation**

(800) 522-7222  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Cornelia de Lange Syndrome Foundation, Inc.**

(800) 223-8355  
(800) 753-2357 (U.S.)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Cystic Fibrosis Foundation**

(800) 344-4823  
8:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

## **Epilepsy Foundation**

(800) 332-4050 (National Epilepsy Library)  
(800) 332-1000 (Publications)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Epilepsy Information Service**

(800) 642-0500 (voice mail after hours)  
8:00 a.m.–5:00 p.m.

## **Fibromyalgia Network**

(800) 853-2929  
9:00 a.m.–5:00 p.m., Monday–Thursday (Mountain time)

## **First Candle/SIDS Alliance**

(800) 221-7437

## **Genetic Alliance**

(800) 336-4363  
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

## **Genetic and Rare Diseases Information Center**

(888) 205-2311  
(888) 205-3223 (TTY)  
12:00 p.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **Histiocytosis Association of America**

(800) 548-2758  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Huntington's Disease Society of America, Inc.**

(800) 345-4372  
9:00 a.m.–9:00 p.m., Monday–Friday (Eastern time)

## **International Rett Syndrome Association**

(800) 818-7388  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Les Turner Amyotrophic Lateral Sclerosis Foundation, Ltd.**

(888) ALS-1107 (257-1107)  
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

## **Lupus Foundation of America**

(888) 385-8787  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **March of Dimes Birth Defects Foundation**

(888) 663-4637  
(800) 925-1855 (Spanish)

## **Multiple Sclerosis Association of America**

(800) 532-7667 (National Headquarters)  
8:30 a.m.–8:00 p.m., Monday–Thursday; 8:30 a.m.–5:00 p.m., Friday (Eastern time)

## **Multiple Sclerosis Foundation**

(888) 673-6287  
8:30 a.m.–7:00 p.m., Monday–Friday (Eastern time)

## **Muscular Dystrophy Association**

(800) 572-1717  
9:00 a.m.–5:00 p.m., Monday–Friday (Mountain time)

# 2008 Toll-Free Numbers

for Health Information



## **Myasthenia Gravis Foundation**

(800) 541-5454  
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

## **National Down Syndrome Congress**

(800) 232-6372  
9:00 a.m.–5:30 p.m., Monday–Friday (Eastern time)

## **National Down Syndrome Society Hotline**

(800) 221-4602  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **National Fragile X Foundation**

(800) 688-8765  
8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

## **National Hansen's Disease Programs**

(800) 642-2477  
8:00 a.m.–4:30 p.m., Monday–Friday (Central time)

## **National Hemophilia Foundation**

(800) 42-HANDI (424-2634)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)  
Summer: 9:00 a.m.–5:00 p.m., Monday–Thursday, 9:00 a.m.–3:00 p.m., Friday (Eastern time)

## **National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse**

(877) 226-4267  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **National Jewish Medical and Research Center**

(800) 222-5864 (LUNG LINE)  
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

## **National Lymphedema Network**

(800) 541-3259  
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

## **National Marfan Foundation**

(800) 8-MARFAN (862-7326)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **National Multiple Sclerosis Society**

(800) 344-4867  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **National Organization for Albinism and Hypopigmentation**

(800) 473-2310  
(800) 648-2310 (Fax)

## **National Organization for Rare Disorders**

(800) 999-6673  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **National Reye's Syndrome Foundation**

(800) 233-7393  
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **National Spasmodic Torticollis Association**

(800) 487-8385  
9:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

## **Neurofibromatosis, Inc.**

(800) 942-6825 (Hotline)

## **Osteogenesis Imperfecta Foundation, Inc.**

(800) 981-2663  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Paget Foundation for Paget's Disease of Bone and Related Disorders**

(800) 237-2438  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Prader-Willi Syndrome Association**

(800) 926-4797  
9:00 a.m.–7:00 p.m., Monday–Friday (Eastern time)

## **Restless Legs Syndrome Foundation**

(877) 463-6757  
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

## **Scleroderma Foundation**

(800) 722-4673  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

# 2008 Toll-Free Numbers

for Health Information



## **Sickle Cell Disease Association of America, Inc.**

(800) 421-8453  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **Sjögren's Syndrome Foundation, Inc.**

(800) 475-6473  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Spina Bifida Association**

(800) 621-3141  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Spondylitis Association of America**

(800) 777-8189  
8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

## **Sturge-Weber Foundation**

(800) 627-5482  
8:00 a.m.–3:00 p.m., Monday–Friday (Eastern time)

## **Support Organization for Trisomy 18, 13 and Related Disorders**

(800) 716-SOFT (716-7638)

## **Tourette Syndrome Association, Inc.**

(888) 486-8738  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Tuberous Sclerosis Alliance**

(800) 225-6872  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Turner Syndrome Society of the United States**

(800) 365-9944  
8:30 a.m.–4:30 p.m., Monday–Friday (Central time)

## **United Cerebral Palsy Association**

(800) 872-5827  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **United Leukodystrophy Foundation**

(800) 728-5483  
8:30 a.m.–8:00 p.m., 7 days a week (Central time)

## **Vasculitis Foundation**

(800) 277-9474  
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

## **Wilson's Disease Association**

(888) 264-1450 (voice mail)  
9:00 a.m. – 4:00 p.m., Monday–Friday (Eastern time)

## **REHABILITATION**

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See also *DISABLING CONDITIONS and PARALYSIS AND SPINAL CORD INJURY*

## **ABLEDATA**

(800) 227-0216  
8:30 a.m.–5:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **Amputee Coalition of America**

National Limb Loss Information Center  
(888) AMP-KNOW (267-5669)  
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **National Institute for Rehabilitation Engineering**

(800) 736-2216  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **National Rehabilitation Information Center**

(800) 346-2742  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Phoenix Society for Burn Survivors**

(800) 888-2876  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **RESTLESS LEGS SYNDROME**

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See *RARE DISORDERS*



# 2008 Toll-Free Numbers

for Health Information



## ***SAFETY***

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See also *CHEMICAL PRODUCTS/PESTICIDES*

### **National Institute for Occupational Safety and Health Information Inquiry Service**

(800) 356-4674  
9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

### **National Program for Playground Safety**

(800) 554-PLAY (554-7529)  
9:00 a.m.–4:00 p.m., Monday–Friday (Central time)

### **National Safety Council**

(800) 621-7619  
(800) 767-7236 (National Radon Hotline)  
8:30 a.m.–4:45 p.m., Monday–Friday (Central time)

### **Safe Sitter**

(800) 255-4089  
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

### **U.S. Consumer Product Safety Commission Hotline**

(800) 638-2772  
(800) 638-8270 (TDD)  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

### **Vehicle Safety Hotline**

National Highway Traffic Safety Administration  
(888) 327-4236  
(800) 424-9153 (TTY)  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## ***SEXUAL EDUCATION***

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### **Medical Institute for Sexual Health**

(800) 892-9484 (publication orders only)  
8:15 a.m.–5:00 p.m., Monday–Friday (Central time)

### **Planned Parenthood Federation of America, Inc.**

(800) 230-7526 (Recording)  
(800) 669-0156 (Order line)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## ***SEXUALLY TRANSMITTED DISEASES***

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See also *AIDS/HIV*

### **American Social Health Association**

(800) 227-8922  
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

### **CDC INFO**

(800) CDC-INFO (232-4636) (English/Spanish)  
(888) 232-6348 (TTY)

### **CDC National Prevention Information Network**

(800) 458-5231 (English/Spanish)  
(800) 243-7012 (TTY)  
(888) 282-7681 (Fax)  
9:00 a.m.–8:00 p.m., Monday–Friday (Eastern time)

## ***SKIN DISEASE***

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### **Foundation for Ichthyosis and Related Skin Types, Inc.**

(800) 545-3286  
9:00 a.m.–4:00 p.m., Monday–Friday (Eastern time)

### **National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse**

(877) 226-4267  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

### **National Psoriasis Foundation**

(800) 723-9166  
8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

## ***SPINAL CORD INJURY***

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See *PARALYSIS AND SPINAL CORD INJURY*



# 2008 Toll-Free Numbers

for Health Information



## **SMOKING**

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### **Smoking Quitline of the National Cancer Institute**

(877) 44U-QUIT (448-7848)  
(800) 332-8615 (TTY)  
9:00 a.m.–4:30 p.m., Monday–Friday, except Federal holidays (Eastern time)

### **Smoking, Tobacco and Health Information Line**

Office on Smoking and Health, CDC  
(800) 232-4636 (Recording)

## **STROKE**

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See also *PARALYSIS AND SPINAL CORD INJURY*

### **American Heart Association Stroke Connection**

(888) 478-7653  
6:00 a.m.–midnight, Monday–Friday; 8:00 a.m.–10:00 a.m., Saturday (Eastern time)

### **National Institute of Neurological Disorders and Stroke**

(800) 352-9424  
8:30 a.m.–5:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

### **National Stroke Association**

(800) STROKES (787-6537)  
8:00 a.m.–4:30 p.m., Monday–Thursday,  
8:00 a.m.–4:00 p.m., Friday (Eastern time)

## **STUTTERING**

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### **National Center for Stuttering**

(800) 221-2483  
10:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Stuttering Association**

(800) We Stutter (937-8888)

### **Stuttering Foundation of America**

(800) 992-9392  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **SUBSTANCE ABUSE**

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See also *ALCOHOL ABUSE* and *DRUG ABUSE*

### **National Inhalant Prevention Coalition**

(800) 269-4237 (Recording)  
8:00 a.m.–6:00 p.m., Monday–Friday (Central time)

### **SAMHSA's National Clearinghouse for Alcohol and Drug Information**

(800) 729-6686  
(800) 662-4357 (Treatment Referral)  
(877) 767-8432 (Spanish)  
(800) 487-4889 (TDD)

## **SUDDEN INFANT DEATH SYNDROME**

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See *RARE DISORDERS*

## **SURGERY/FACIAL PLASTIC SURGERY**

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### **American Academy of Facial Plastic and Reconstructive Surgery**

(800) 332-3223  
8:30 a.m.–5:30 p.m., Monday–Friday

### **American Society for Dermatologic Surgery, Inc.**

(800) 441-2737 (Consumer Hotline)

### **American Society of Plastic Surgeons, Inc.**

(888) 475-2784 (Referral Service)  
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

## **SUICIDE PREVENTION HOTLINES**

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### **National Hopeline Network**

(800) SUICIDE (784-2433)

# 2008 Toll-Free Numbers

for Health Information



## National Suicide Prevention Lifeline

(800) 273-TALK (273-8255)  
(800) 799-4TTY (779-4889) (TTY)  
(888) 628-9454 (Spanish)

The National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service that routes calls from anywhere in the country to the nearest available certified crisis center where trained crisis counselors talk to callers and can link them to local services.

## The Trevor Helpline

(866) 4-U-TREVOR (488-7386)

The Trevor Helpline is a national toll-free suicide prevention hotline aimed at gay and questioning youth. It's open 24 hours a day, 7 days a week, 365 days a year. Teens with nowhere to turn can call and talk confidentially to trained counselors and find local resources.

## **TRAUMA**

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### American Trauma Society

(800) 556-7890  
8:30 a.m.–4:00 p.m., Monday–Friday (Eastern time)

## **UROLOGICAL DISORDERS**

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### American Association of Kidney Patients

(800) 749-2257  
8:30 a.m.–4:30 p.m., Monday–Friday (Eastern time)

### American Kidney Fund

(800) 638-8299  
9:00 a.m.–5:00 p.m., Monday–Thursday; 9:00 a.m.–3:00 p.m., Friday (Eastern time)

### American Urological Association Foundation, Inc.

(866) RING-AUA (746-4282)  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### Health Care Services

National Kidney Foundation  
(800) 622-9010  
8:30 a.m.–5:30 p.m., Monday–Friday (Eastern time)

## National Association for Continenence

(800) 252-3337  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## National Kidney and Urologic Diseases Information Clearinghouse

(800) 891-5390  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## PKD Foundation

(800) 753-2873  
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

## Simon Foundation for Continenence

(800) 237-4666  
9:00 a.m.–5:00 p.m., Monday–Friday (Central time)

## **VENEREAL DISEASES**

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See SEXUALLY TRANSMITTED DISEASES

## **VETERANS**

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### National Veterans Services Fund, Inc.

(800) 521-0198  
9:00 a.m.–4:00 p.m., Monday–Friday (Eastern time)

### Paralyzed Veterans of America

(800) 424-8200  
(800) 795-4327 (TTY)  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### Veterans Affairs Health Benefits Service Center

(877) 222-8387  
6:00 a.m.–7:00 p.m., Monday–Friday (Central time)

### Veterans Special Issue Helpline

Department of Veterans Affairs  
(800) 749-8387 (Agent Orange/Persian Gulf War)  
8:00 a.m.–4:00 p.m., Monday–Friday (Central time)

## **VISION**

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See also LIBRARY SERVICES

# 2008 Toll-Free Numbers

for Health Information



## **American Council of the Blind**

(800) 424-8666  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Blind Childrens Center**

(800) 222-3566  
9:00 a.m.–4:00 p.m., Monday–Friday (Pacific time)

## **Braille Institute of America**

(800) BRAILLE (272-4553)  
8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

## **Foundation Fighting Blindness**

(800) 683-5555  
(800) 683-5551 (TDD)  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Glaucoma Research Foundation**

(800) 826-6693  
8:30 a.m.–5:00 p.m., Monday–Friday (Pacific time)

## **Guide Dog Foundation for the Blind, Inc.**

(800) 548-4337  
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Guide Dogs for the Blind**

(800) 295-4050  
8:00 a.m.–5:00 p.m., Monday–Friday (Pacific time)

## **Louisiana Center for the Blind**

(800) 234-4166  
8:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **National Association for Parents of Children with Visual Impairments**

(800) 562-6265  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **National Consortium on Deaf-Blindness**

(800) 438-9376  
(800) 854-7013 (TTY)  
9:00 a.m.–4:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

## **National Family Association for Deaf-Blind**

(800) 255-0411 (Voice/TTY)  
8:45 a.m.–4:30 p.m., Monday–Friday (Eastern time)

## **Prevent Blindness America**

(800) 331-2020  
8:30 a.m.–5:00 p.m., Monday–Friday (Central time)

## **Seniors EyeCare Program**

(800) 222-3937

## **Vision Connections Help Near You Information and Resource Service**

Lighthouse International  
(800) 829-0500  
9:00 a.m.–5:00 p.m., Monday–Friday (Eastern time)

## **Vision Council of America**

(800) 424-8422

## **VIOLENCE**

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### **National Domestic Violence Hotline**

(800) 799-SAFE (7233)  
(800) 787-3224 (TDD)

### **National Organization for Victim Assistance**

(800) TRY-NOVA (879-6682)  
9:00 a.m.–6:00 p.m., Monday–Friday (Eastern time)

### **Rape, Abuse, and Incest National Network**

(800) 656-4673

## **WOMEN**

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### **Endometriosis Association**

(800) 992-3636 (Recording)

### **National Osteoporosis Foundation**

(800) 231-4222  
8:30 a.m.–5:00 p.m., Monday–Friday (Eastern time)

### **National Women's Health Information Center**

(800) 994-9662  
(888) 220-5446 (TDD)  
9:00 a.m.–6:00 p.m., Monday–Friday, except Federal holidays (Eastern time)

# 2008 Toll-Free Numbers for Health Information



## **PMS Access**

(800) 222-4767 (Recording)  
8:00 a.m.–5:00 p.m., Monday–Friday (Central time)

## **Women’s Health America**

(800) 558-7046 (Recording)  
8:00 a.m.–5:30 p.m., Monday–Friday (Central time)

## **Women’s Sports Foundation**

(800) 227-3988  
9:00 a.m.–5:00 p.m., 9:00 a.m.–4:45 p.m., Monday–Friday  
(Eastern time)

## **For more health promotion and disease prevention information—**

Search online for thousands of free Federal health documents using healthfinder.gov at <http://www.healthfinder.gov>

## **For health promotion and disease prevention information in Spanish—**

Search online at <http://www.healthfinder.gov/espanol>.

# 2008 Toll-Free Numbers for Health Information



## TOLL-FREE NUMBERS FOR HEALTH INFORMATION • DIAL 1-800 (unless 866/877/888 is specified)

- ABLEDATA, 227-0216
- AdCARE Hospital Helpline, 252-6465
- Aerobics and Fitness Foundation of America, 968-7263  
(Consumers); 446-2322 (Professionals)
- Agency for Healthcare Research and Quality  
Clearinghouse, 358-9295
- AIDS Info, 448-0440; (888) 480-3739 (TTY)
- Al-Anon Family Group Headquarters, 425-2666
- Alcohol and Drug Helpline, 821-4357
- Alliance for Aging Research, 639-2421
- ALS Association, 782-4747
- Alzheimer's Association Helpline, 272-3900
- Alzheimer's Disease Education and Referral Center,  
438-4380
- American Academy of Facial Plastic and Reconstructive  
Surgery, 332-3223
- American Alliance for Health, Physical Education,  
Recreation and Dance, 213-7193
- American Association of Critical Care Nurses, 899-2226
- American Association of Diabetes Educators, 338-3633
- American Association of Kidney Patients, 749-2257
- American Autoimmune Related Diseases Association, Inc.,  
598-4668
- American Behcet's Disease Association, 723-4238
- American Brain Tumor Association, 886-2282
- American Cancer Society, 227-2345 (Voice/TDD/TT)
- American Chiropractic Association, 986-4636
- American Cleft Palate-Craniofacial Association/Cleft Palate  
Foundation, 242-5338
- American Council of the Blind, 424-8666
- American Council on Alcoholism, 527-5344
- American Council on Exercise, 825-3636
- American Counseling Association, 347-6647
- American Dental Association, 947-4746 (Catalog Sales  
and Service)
- American Diabetes Association, 342-2383; 232-6733  
(Fax Order Fulfillment)
- American Headache Society, 255-2243
- American Health Assistance Foundation, 437-2423
- American Heart Association, 242-8721
- American Heart Association Stroke Connection,  
(888) 478-7653
- American Institute for Cancer Research, 843-8114
- American Kidney Fund, 638-8299
- American Leprosy Missions (Hansen's Disease), 543-3131
- American Liver Foundation, 465-4837
- American Lung Association, 586-4872
- American Nurses Association, 274-4262
- American Occupational Therapy Association, 729-2682;  
377-8555 (TDD); 701-7735 (Fax-on-Request)
- American Osteopathic Association, 621-1773
- American Parkinson Disease Association, 223-2732
- American Podiatric Medical Association, Inc., 275-2762
- American Running Association, 776-2732
- American SIDS Institute, 232-7437
- American Social Health Association, 227-8922
- American Society for Deaf Children, 942-2732

# 2008 Toll-Free Numbers

for Health Information



- American Society for Dermatologic Surgery, Inc., 441-2737
- American Society of Plastic Surgeons, Inc. (888) 475-2784
- American Speech-Language-Hearing Association, 638-8255
- American Thyroid Association, 849-7643
- American Trauma Society, 556-7890
- American Urological Association Foundation, (866) 746-4282
- Americans with Disabilities Act Information Line, 514-0301 (English and Spanish); 514-0383 (TTY)
- Amputee Coalition of America, (888) 267-5669
- Angel Flight Mid-Atlantic, 296-3797
- Aplastic Anemia and MDS International Foundation, Inc., 747-2820
- Arthritis Foundation-Juvenile Arthritis Alliance, 283-7800
- Arthritis National Research Foundation, 588-2873
- Association for Applied Psychophysiology and Biofeedback, 477-8892
- Association of periOperative Registered Nurses, 755-2676
- Asthma and Allergy Foundation of America, 727-8462
- Back to Sleep SIDS Information Campaign, 505-2742
- Batten Disease Support and Research Association, 448-4570
- Bethany Christian Services, 238-4269
- Blind Childrens Center, 222-3566
- Bradley Method of Natural Childbirth, 422-4784
- Braille Institute of America, 272-4553
- Brain Tumor Society, 770-8287
- Calix Society, 398-0524
- Cancer Hope Network, (877) 467-3638
- Candlelighters Childhood Cancer Foundation, 366-2223
- Captioned Media Program, National Association for the Deaf, 237-6213; 237-6819 (TTY); 538-5636 (Fax)
- Caring Connections, 658-8898
- CDC INFO, 232-4636; (888) 232-6348 (TTY)
- CDC National Prevention Information Network, 458-5231; 243-7012 (TTY); (888) 282-7681 (Fax)
- Center for Food Safety and Applied Nutrition, (888) 723-3366
- Charcot-Marie-Tooth Association, 606-2682
- Child Find of America, Inc., 426-5678; 292-9688
- Childhelp USA® National Child Abuse Hotline, 422-4453
- Children and Adults with Attention Deficit/Hyperactivity Disorder, 233-4050
- Children's Brain Tumor Foundation, (866) 228-4673
- Children's Craniofacial Association, 535-3643
- Children's Hospice International, 242-4453
- Children's Tumor Foundation, 323-7938
- Christopher and Dana Reeve Foundation, 225-0292
- College of American Pathologists, 323-4040
- Cooley's Anemia Foundation, 522-7222
- Cornelia de Lange Syndrome Foundation, 223-8355; 753-2357
- Covenant House Ninline, 999-9999
- Crohn's and Colitis Foundation of America, Inc., 932-2423; 343-3637 (Warehouse)
- Cystic Fibrosis Foundation, 344-4823
- DBTAC: Mid-Atlantic Americans with Disabilities Act Center, 949-4232 (Voice/TTY)
- DES Action USA, 337-9288
- DHHS Inspector General's Hotline, 447-8477
- Dial A Hearing Screening Test, 222-3277 (Voice/TTY)
- Drug-Free Workplace Helpline, 967-5752
- Drug Help, 488-3784
- Drug Policy Information Clearinghouse, White House Office of National Drug Control Policy, 666-3332

# 2008 Toll-Free Numbers

for Health Information



- Dystonia Medical Research Foundation, 377-3978
- Ear Foundation, 545-4327
- Easter Seal Society, 221-6827
- Eldercare Locator, 677-1116
- Endometriosis Association, 992-3636
- Environmental Justice Information Line, 962-6215
- Epilepsy Foundation, 332-4050 (Library); 332-1000 (Publications)
- Epilepsy Information Service, 642-0500
- FACES: The National Craniofacial Association, 332-2373
- Families of Spinal Muscular Atrophy, 886-1762
- Federal Emergency Management Agency, 879-6076
- Federal Information Center, GSA, 688-9889; 326-2996 (TTY)
- Fibromyalgia Network, 853-2929
- First Candle/SIDS Alliance, 221-7437
- Food Allergy and Anaphylaxis Network, 929-4040
- Foundation Fighting Blindness, 683-5555; 683-5551 (TDD)
- Foundation for Ichthyosis and Related Skin Types, Inc., 545-3286
- Gay, Lesbian, Bisexual, and Transgender Helpline, (888) 340-4528
- Gay, Lesbian, Bisexual, and Transgender National Help Center, (888) 843-4564
- Genetic Alliance, 336-4363
- Genetic and Rare Diseases Information Center, (888) 205-2311; (888) 205-3223 (TTY)
- Girls & Boys Town National Hotline, 448-3000; 448-1833 (TDD)
- Glaucoma Research Foundation, 826-6693
- Guide Dog Foundation for the Blind, Inc., 548-4337
- Guide Dogs for the Blind, 295-4050
- Health Care Services, National Kidney Foundation, 622-9010
- Health Resources and Services Administration Information Center, (888) 275-4772; (877) 489-4772
- Hear Now, 648-4327 (Voice/TDD)
- Heart Information Service, 292-2221
- Hepatitis Foundation International, 891-0707
- Hill-Burton Free Medical Care Program, 638-0742; 492-0359 (in MD)
- Histiocytosis Association of America, 548-2758
- Hormone Foundation, 467-6663
- HUD USER, 245-2691; 927-7589 (TDD)
- Human Growth Foundation, 451-6434
- Huntington's Disease Society of America, 345-4372
- Immune Deficiency Foundation, 296-4433
- Indoor Air Quality Information Clearinghouse, 438-4318
- Insure Kids Now Hotline, (877) 543-7669
- International Childbirth Education Association, 624-4934 (orders only)
- International Chiropractors Association, 423-4690
- International Dyslexia Association, 222-3123
- International Essential Tremor Foundation, (888) 387-3667
- International Hearing Society, 521-5247
- International Rett Syndrome Association, 818-7388
- Job Accommodation Network, 232-9675 (Voice/TTY); 526-7234 (Voice/TTY)
- John Tracy Clinic, 522-4582 (Voice/TDD)
- Joseph and Rose Kennedy Institute of Ethics, 633-3849
- Juvenile Diabetes Research Foundation, 223-1138
- Kidney Cancer Association, 850-9132
- La Leche League International, 525-3243
- Lamaze International, 368-4404
- Lambda Legal Defense and Education Fund, (866) 542-8336 (Foster Care Helpline)



# 2008 Toll-Free Numbers

for Health Information



- Les Turner Amyotrophic Lateral Sclerosis Foundation, Ltd., (888) 257-1107
- Leukemia & Lymphoma Society, 955-4572
- Liberty Godparent Home, 542-4453
- Living Bank, 528-2971
- Louisiana Center for the Blind, 234-4166
- Lupus Foundation of America, (888) 385-8787
- Lyme Disease Foundation, Inc., 886-5963
- MAGIC Foundation for Children's Growth, 362-4423
- Medical Institute for Sexual Health, 892-9484
- MedicAlert Foundation International, 432-5378
- Medicare Issues Hotline, 633-4227; 820-1202 (TDD/TTY)
- Mental Health American Resource Center, 946-6642; 433-5959 (TTY)
- Multiple Sclerosis Association of America, 532-7667
- Multiple Sclerosis Foundation, (888) 673-6287
- Muscular Dystrophy Association, 572-1717
- Myasthenia Gravis Foundation, 541-5454
- National Abortion Federation, 772-9100
- National Adoption Center, 862-3678
- National Alliance for the Mentally Ill, 950-6264
- National Association for Continenence, 252-3337
- National Association for Parents of Children with Visual Impairments, 562-6265
- National Association for the Education of Young Children, 424-2460
- National Association of Hospital Hospitality Houses, Inc., 542-9730
- National Association of Radiation Survivors, 798-5102
- National Bone Marrow Transplant Link, 546-5268
- National Brain Injury Information Center, 444-6443
- National Brain Tumor Foundation, 934-2873
- National Cancer Institute's Cancer Information Service, 422-6237, 332-8615 (TTY)
- National Center for Complementary and Alternative Medicine Clearinghouse, (888) 644-6226; (866) 464-3615 (TTY); (866) 464-3616 (Fax)
- National Center for Lesbian Rights, 528-6257 (Youth Legal Information Line)
- National Center for Immunization and Respiratory Diseases, 232-4636; (888) 232-6348 (TTY)
- National Center for Missing & Exploited Children®, 843-5678; (877) 446-2632 (Voice Mail)
- National Center for Stuttering, 221-2483
- National Child Care Information Center, 616-2242; 516-2242 (TTY); 716-2242 (Fax)
- National Clearinghouse of Rehabilitation Training Materials, (866) 821-5355
- National Consortium on Deaf-Blindness, 438-9376; 854-7013 (TTY)
- National Council on Alcoholism and Drug Dependence, Inc., 622-2255
- National Council on Problem Gambling, 522-4700
- National Criminal Justice Reference Service, 851-3420 (877) 712-9279 (TTY)
- National Dairy Council, 426-8271; 974-6455 (Fax)
- National Diabetes Information Clearinghouse, 860-8747
- National Digestive Diseases Information Clearinghouse, 891-5389
- National Dissemination Center for Children with Disabilities, 695-0285 (Voice/TTY)
- National Domestic Violence Hotline, 799-7233; 787-3224 (TDD)
- National Down Syndrome Congress, 232-6372
- National Down Syndrome Society Hotline, 221-4602
- National Family Association for Deaf-Blind, 255-0411
- National Fire Protection Association, 344-3555
- National Fragile X Foundation, 688-8765

# 2008 Toll-Free Numbers for Health Information



- National Gaucher Foundation, 925-8885
- National Hansen's Disease Programs, 642-2477
- National Headache Foundation, (888) 643-5552
- National Health Information Center, 336-4797
- National Health Service Corps, 221-9393 (Scholarships/ Loan Repayment & Job Opportunities in underserved areas)
- National Heart, Lung, and Blood Institute Health Information Line, 575-9355 (High Blood Pressure and Cholesterol Information)
- National Hemophilia Foundation, 424-2634
- National Hispanic Family Health Helpline, (866) 783-2645
- National Hispanic Prenatal Helpline, 504-7081
- National Hopeline Network, 784-2433
- National Immunization Information Hotline, 232-4636; 232-6348 (TTY)
- National Information Clearinghouse on Children Who Are Deaf-Blind, 438-9376; 854-7013 (TTY)
- National Inhalant Prevention Coalition, 269-4237
- National Institute for Occupational Safety and Health Information Inquiry Service, 356-4674
- National Institute for Rehabilitation Engineering, 736-2216
- National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse, (877) 226-4267
- National Institute of Child Health and Human Development Information Resource Center, 370-2943
- National Institute of Mental Health Information Center, (866) 615-6464, (866) 415-8051 (TTY)
- National Institute of Neurological Disorders and Stroke, 352-9424
- National Institute on Aging Information Center, 222-2225
- National Institute on Deafness and Other Communication Disorders Information Clearinghouse, 241-1044; 241-1055 (TTY)
- National Jewish Medical and Research Center, 222-5864
- National Kidney and Urologic Diseases Information Clearinghouse, 891-5390
- National Lead Information Center, 424-5323 (Clearinghouse);
- National Lekotek Center, 366-7529; 573-4446 (Voice and TTY)
- National Library of Medicine, (888) 346-3656
- National Library Service for the Blind and Physically Handicapped, 424-8567
- National Life Center/Pregnancy Hotline, 848-5683
- National Lymphedema Network, 541-3259
- National Marfan Foundation, 862-7326
- National Marrow Donor Program®, 627-7692
- National Multiple Sclerosis Society, 344-4867
- National Organization for Albinism and Hypopigmentation; 473-2310, 648-2310 (Fax)
- National Organization for Rare Disorders, 999-6673
- National Organization for Victim Assistance, 879-6682
- National Organization on Fetal Alcohol Syndrome, 666-6327
- National Osteoporosis Foundation, 231-4222
- National Parkinson Foundation, Inc., 327-4545
- National Patient Travel Helpline, 296-1217
- National Pesticide Information Center, 858-7378
- National Program for Playground Safety, 554-7529
- National Psoriasis Foundation, 723-9166
- National Rehabilitation Information Center, 346-2742
- National Resource Center on Domestic Violence, 537-2238, 553-2508 (TTY)
- National Resource and Training Center on Homelessness and Mental Illness, 444-7415
- National Reye's Syndrome Foundation, 233-7393
- National Runaway Switchboard, 786-2929; 621-0394 (TDD)

# 2008 Toll-Free Numbers

for Health Information



- National Safety Council, 621-7619, 767-7236  
(Radon Hotline)
- National Spasmodic Torticollis Association, 487-8385
- National Spinal Cord Injury Association, 962-9629
- National Stroke Association, 787-6537
- National Suicide Prevention Lifeline, 273-8255; 779-4889  
(TTY); (888) 628-9454 (Spanish)
- National Stuttering Association, 937-8888
- National Technical Information Service, 553-6847
- National Veterans Services Fund, 521-0198
- National Women's Health Information Center, 994-9662
- National Youth Crisis Hotline, 448-4663
- Neurofibromatosis, Inc., 942-6825 (Hotline)
- Office of Minority Health Resource Center, 444-6472
- Office of Orphan Products Development, 300-7469
- Osteogenesis Imperfecta Foundation, 981-2663
- Osteoporosis and Related Bone Diseases~National  
Resource Center, 624-2663
- Paget Foundation for Paget's Disease of Bone and Related  
Disorders, 237-2438
- Paralyzed Veterans of America, 424-8200
- Parkinson's Disease Foundation, 457-6676
- PDK Foundation, 753-2873
- Peer Listening Line, 399-7337
- Pension Benefit Guaranty Corporation, 400-7242
- Phoenix Society for Burn Survivors, 888-2876
- Planned Parenthood Federation of America, 230-7526;  
669-0156 (Order line)
- PMS Access, 222-4767
- Poison Help Hotline, 222-1222
- Prader-Willi Syndrome Association, 926-4797
- Prevent Blindness America, 331-2020
- Prevent Child Abuse America, 244-5373
- Pride Surveys, 279-6361
- PRIDE Youth Programs, 668-9277
- Project Inform HIV/AIDS Treatment Hotline, 822-7422
- Public and Indian Housing Information and Resource  
Center, 955-2232
- Rape, Abuse, and Incest National Network, 656-4673
- Recording for the Blind and Dyslexic, 221-4792
- Research to Prevent Blindness, 621-0026
- Restless Legs Syndrome Foundation, (877) 463-6757
- Safe Drinking Water Hotline, 426-4791
- Safe Sitter, 255-4089
- SAMHSA's National Clearinghouse for Alcohol and  
Drug Information, 729-6686; 662-4357; (877) 767-8432  
(Spanish); 487-4889 (TDD)
- SAMHSA's National Mental Health Information Center,  
789-2647; (866) 889-2647 (TDD)
- School Nutrition Association, 877-8822
- Scleroderma Foundation, 722-4673
- Scoliosis Association, 800-0669
- Seniors EyeCare Program, 222-3937
- Shaping America's Youth®, 729-9221
- Shriners Hospital for Children Referral Line, 237-5055
- Sickle Cell Disease Association of America, Inc., 421-8453
- Simon Foundation for Continence, 237-4666
- Sjogren's Syndrome Foundation, Inc., 475-6473
- Smoking Quitline of the National Cancer Institute,  
(877) 448-7848; 332-8615 (TTY)
- Smoking, Tobacco and Health Information Line, Office on  
Smoking and Health, 232-4636
- Social Security Administration, 772-1213
- Spina Bifida Association, 621-3141
- Spondylitis Association of America, 777-8189
- Starlight Starbright Children's Foundation, 274-7827

# 2008 Toll-Free Numbers

for Health Information



- Sturge-Weber Foundation, 627-5482
- Stuttering Foundation of America, 992-9392
- Support Organization for Trisomy 18, 13 and Related Disorders, 716-7638
- Susan G. Komen Breast Cancer Foundation, 462-9273
- The ARC of the United States, 433-5255
- Thyroid Foundation of America, Inc., 832-8321
- TOPS (Taking Off Pounds Sensibly) Club, Inc., 932-8677
- Tourette Syndrome Association, Inc., (888) 486-8738
- Trevor Helpline, (866) 488-7386
- Tuberous Sclerosis Alliance, 225-6872
- Turner Syndrome Society of the United States, 365-9944
- United Cerebral Palsy Association, 872-5827
- United Leukodystrophy Foundation, 728-5483
- United Network for Organ Sharing, (888) 894-6361
- U.S. Consumer Product Safety Commission Hotline, 638-2772; 638-8270 (TDD)
- U.S. Department of Agriculture Meat and Poultry Hotline, (888) 674-6854
- U.S. Fish & Wildlife Service, 344-9453
- U.S. Food and Drug Administration, 332-1088 (Medwatch); (888) 463-6332 (Consumer Inquiries)
- U.S. Pharmacopeia Center for the Advancement of Patient Safety, 233-7767 (Medication Errors)
- Us TOO International Prostate Cancer Education and Support Network, 808-7866
- Vasculitis Foundation, 227-9474
- Vehicle Safety Hotline, National Highway Traffic Safety Administration, (888) 327-4236; 424-9153 (TTY)
- Vestibular Disorders Association, 837-8428
- Veterans Affairs Health Benefits Service Center, (877) 222-8387
- Veterans Special Issue Helpline, 749-8387
- Vision Connections Help Near You Information and Resource Service, 829-0500
- Vision Council of America, 424-8422
- Weight Control Information Network, (877) 946-4627
- Well Spouse Association, 838-0879
- Wilson's Disease Association, (888) 264-1450
- Women's Health America, 558-7046
- Women's Sports Foundation, 227-3988
- YMCA of the USA, 872-9622
- Y-ME National Organization for Breast Cancer Information Support Program, 221-2141 (English); 986-9505 (Spanish)
- Zero to Three: National Center for Infants, Toddlers and Families, 899-4301



Office of Disease Prevention and Health Promotion  
U.S. Department of Health and Human Services

