

**Beliefs About Causes of Cancer**

I.D.# \_\_\_\_\_

Date: \_\_\_\_\_

The statements below reflect the different opinions that people have about the causes of cancer. Please circle the number to the right of each statement to indicate how strongly you agree or disagree.

	Strongly Agree	Somewhat Agree	Somewhat Agree	Strongly Agree
1. Cancer is God's will.	1	2	3	4
2. Cancer is due to bad luck.	1	2	3	4
3. The way stress is handled has a lot to do with whether someone will get cancer.	1	2	3	4
4. Cancer can be explained by family heredity.	1	2	3	4



This survey contains more in-depth statements about feelings. Some of these statements may apply to you and others may not. There are 21 groups of statements. After reading each group of statements, circle the number (0, 1, 2, or 3) next to the one statement in each group which BEST describes the way you have been feeling during the past 7 days, including today. Be sure to read all the statements in each group before making your choice.

1. 0 I do not feel sad.  
1 I feel sad.  
2 I am sad all the time and I can't snap out of it.  
3 I am so sad or unhappy that I can't stand it.
2. 0 I am not particularly discouraged about the future.  
1 I feel discouraged about the future.  
2 I feel I have nothing to look forward to.  
3 I feel that the future is hopeless and that things cannot improve.
3. 0 I do not feel like a failure.  
1 I feel I have failed more than the average person.  
2 As I look back on my life, all I can see is a lot of failures.  
3 I feel I am a complete failure as a person.
4. 0 I get as much satisfaction out of things as I used to.  
1 I don't enjoy things the way I used to.  
2 I don't get real satisfaction out of anything anymore.  
3 I am dissatisfied or bored with everything.
5. 0 I don't feel particularly guilty.  
1 I feel guilty a good part of the time.  
2 I feel quite guilty most of the time.  
3 I feel guilty all of the time.
6. 0 I don't feel I am being punished.  
1 I feel I may be punished.  
2 I expect to be punished.  
3 I feel I am being punished.
7. 0 I don't feel disappointed in myself.  
1 I am disappointed in myself.  
2 I am disgusted with myself.  
3 I hate myself.
8. 0 I don't feel I am any worse than anybody else.  
1 I am critical of myself for my weaknesses or mistakes.  
2 I blame myself all the time for my faults.  
3 I blame myself for everything bad that happens.
9. 0 I don't have any thoughts of killing myself.  
1 I have thoughts of killing myself, but I would not carry them out.  
2 I would like to kill myself.  
3 I would kill myself if I had the chance.
10. 0 I don't cry any more than usual.  
1 I cry more now than I used to.  
2 I cry all the time now.  
3 I used to be able to cry, but now I can't cry even though I want to.
11. 0 I am no more irritated now than I ever am.  
1 I get annoyed or irritated more easily than I used to.  
2 I feel irritated all the time now.  
3 I don't get irritated at all by the things that used to irritate me.
12. 0 I have not lost interest in other people.  
1 I am less interested in other people than I used to be.  
2 I have lost most of my interest in other people.  
3 I have lost all of my interest in other people.

In our next session, we will be discussing the role of genetics in the development of cancer. We would like to find out how much you may already know about a gene for cancer called BRCA1. Please indicate whether you think each item is True or False or if you Don't Know.

	<u>True</u>	<u>False</u>	<u>Don't Know</u>
1. A father can pass down the BRCA1 gene to his daughter.	1	2	9
2. All women who have an altered BRCA1 gene will get breast cancer.	1	2	9
3. A woman who has an altered BRCA1 gene has a higher risk of ovarian cancer.	1	2	9
4. Early onset breast cancer is less likely to be associated with an altered gene than is late onset breast cancer.	1	2	9
5. A woman who has a sister with an altered BRCA1 gene has a 50% chance (1 in 2) of also having an altered BRCA1 gene.	1	2	9
6. A woman who doesn't have an altered BRCA1 gene still can get cancer.	1	2	9

Genetic T \_\_\_\_\_

I.D. # \_\_\_\_\_

Date: \_\_\_\_\_

We are interested in knowing how much you have read or heard about genetic testing. Genetic testing is a blood test that might be able to tell whether a person has inherited a gene that could increase their risk for cancer. Please circle the number to the right of each statement to indicate how much you have heard or read.

	<u>Almost Nothing</u>	<u>Relatively Little</u>	<u>A Fair Amount</u>	<u>A lot</u>
1. How much have you read or heard about genetic testing for inherited disease?	1	2	3	4
2. How much have you read or heard about genetic testing for cancer?	1	2	3	4
3. How much have you read or heard about genetic testing for breast cancer?	1	2	3	4
4. How much have you read or heard about genetic testing for colon cancer?	1	2	3	4

People have different opinions about what it means to have genes that may or may not cause them to get a disease. Please circle the number to the right of each statement to indicate how much you agree or disagree.

	<u>Strongly Disagree</u>	<u>Somewhat Disagree</u>	<u>Somewhat Agree</u>	<u>Strongly Agree</u>
1. If I had genetic testing for breast or ovarian cancer, I would worry that the results may not stay confidential.	1	2	3	4
2. If I were a carrier of a gene that predisposes me to breast or ovarian cancer, I would feel less healthy than other people.	1	2	3	4
3. If I were a carrier of a gene that predisposes me to breast or ovarian cancer, I would feel singled out.	1	2	3	4

LOT  
 I.D. # \_\_\_\_\_  
 Date: \_\_\_\_\_

For each of these statements, please indicate the extent to which you agree or disagree by circling the appropriate number to the right. Try to be as accurate and as honest as you can, and try not to let your answer to one question influence your answers to other questions. There are no right or wrong answers, but your opinions are important to us.

	<u>Strongly disagree</u>		<u>Neutral</u>		<u>Strongly agree</u>
1. In uncertain times, I usually expect the best	1	2	3	4	5
2. It's easy for me to relax	1	2	3	4	5
3. If something can go wrong for me, it will	1	2	3	4	5
4. I always look on the bright side of things	1	2	3	4	5
5. I'm always optimistic about my future	1	2	3	4	5
6. I enjoy my friends a lot	1	2	3	4	5
7. It's important for me to keep busy	1	2	3	4	5
8. I hardly ever expect things to go my way	1	2	3	4	5
9. Things never work out the way I want them to	1	2	3	4	5
10. I don't get upset too easily	1	2	3	4	5
11. I'm a believer in the idea that "every cloud has a silver lining"	1	2	3	4	5
12. I rarely count on good things happening to me	1	2	3	4	5

ID# \_\_\_\_\_

DATE \_\_\_\_\_

Below is a list of comments made by women who are undergoing genetic testing regarding discussing their genetic test results with their family. Please indicate how often these comments were true for you **during the past 7 days**. Circle the number to indicate the frequency of this occurrence. If an item did not occur during the past week, please circle the “not at all” column. \*\* The term “it” refers to “**discussing test results with your family**.”

	<u>Not at all</u>	<u>Rarely</u>	<u>Some- times</u>	<u>Often</u>
1. I thought about it when I didn't mean to.	0	1	2	3
2. I avoided letting myself get upset when I thought about it or was reminded of it.	0	1	2	3
3. I tried to remove it from memory.	0	1	2	3
4. I had trouble falling asleep or staying asleep, because of pictures or thoughts about it that came into my mind.	0	1	2	3
5. I had waves of strong feelings about it.	0	1	2	3
6. I had dreams about it.	0	1	2	3
7. I stayed away from reminders of it.	0	1	2	3
8. I felt as if it hadn't happened or it wasn't real.	0	1	2	3
9. I tried not to talk about it.	0	1	2	3
10. Pictures about it popped into my mind.	0	1	2	3
11. Other things kept making me think about it.	0	1	2	3
12. I was aware that I still had a lot of feelings about it, but I didn't deal with them.	0	1	2	3
13. I tried not to think about it.	0	1	2	3
14. Any reminder brought back feelings about it.	0	1	2	3
15. My feelings about it were kind of numb.	0	1	2	3



**STAI**

I.D. # \_\_\_\_\_

Date: \_\_\_\_\_

**A number of statements which people have used to describe themselves are given below. Read each statement and then circle the appropriate number to the right of the statement to indicate how you generally feel. Do not spend too much time on any one statement, but give the answer which seems to describe how you generally feel.**

	<u>Almost never</u>	<u>Some- times</u>	<u>Often</u>	<u>Almost always</u>
1. I feel pleasant	1	2	3	4
2. I tire quickly	1	2	3	4
3. I feel like crying	1	2	3	4
4. I wish I could be as happy as others seem to be	1	2	3	4
5. I am losing out on things because I can't make up my mind soon enough	1	2	3	4
6. I feel rested	1	2	3	4
7. I am "calm, cool, and collected"	1	2	3	4
8. I feel that difficulties are piling up so that I cannot overcome them	1	2	3	4
9. I worry too much over something that really doesn't matter	1	2	3	4
10. I am happy	1	2	3	4
11. I am inclined to take things hard	1	2	3	4
12. I lack self-confidence	1	2	3	4
13. I feel secure	1	2	3	4
14. I try to avoid facing a crises or difficulty	1	2	3	4
15. I feel blue	1	2	3	4
16. I feel content	1	2	3	4

17. Some unimportant thought runs through my mind and bothers me	1	2	3	4
18. I am a steady person	1	2	3	4
19. I get in a state of tension or turmoil as I think over my recent concerns and interests	1	2	3	4
20. I take disappointments so keenly that I can't put them out of my mind	1	2	3	4

**STAI**

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Testing Intentions

I.D. # \_\_\_\_\_

Date: \_\_\_\_\_

We would like to know under what circumstances you would be interested in having genetic tests for cancer when they become available. Please circle the number to the right of each statement that indicates the level of your interest.

	Definitely <u>Not</u>	Probably <u>Not</u>	Probably <u>Yes</u>	Definitely <u>Yes</u>
1. I plan to have a genetic test for <u>cancer</u> when it is available.	1	2	3	4
2. I plan to have a genetic test for <u>colon cancer</u> when it is available.	1	2	3	4
3. I plan to have genetic tests for <u>breast and ovarian cancer</u> when they are available.	1	2	3	4
4. I plan to have a genetic test for breast and ovarian cancer, only if my health insurance covers the cost.	1	2	3	4
5. I plan to have a genetic test for breast and ovarian cancer, even if I have to pay for it myself.	1	2	3	4

*(If Yes, please answer the next question. Check the box indicating the most you would pay).*

6. For a genetic test for breast and ovarian cancer, I would be willing to pay: (Check one box)

- 1  \$25
- 2  \$50
- 3  \$100
- 4  \$200
- 5  \$500
- 6  \$1,000
- 7  \$2,000