

National Cancer Institute

# Radiation Epidemiology Course

## Nuclear accidents (dose assessment)

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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
National Institutes of Health

## Outline

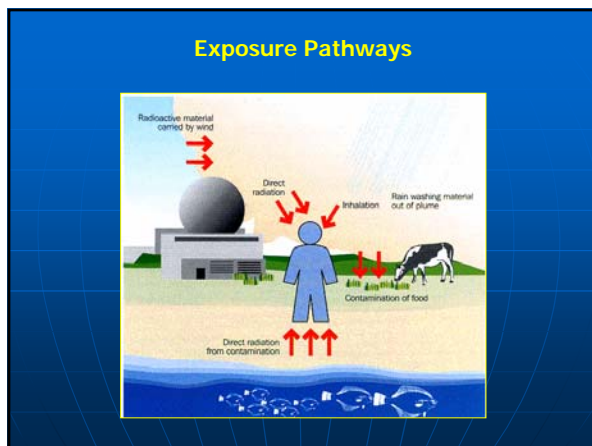
- List of accidents
- Pathways of exposure
- Importance of  $^{131}\text{I}$
- Dosimetry methods and dose estimates:
  - Chernobyl (thyroid)
  - Kazakhstan
  - Marshall Islands
  - Goiania
  - Chernobyl workers (leukemia)

## Nuclear “accidents”

- Reactor accidents:
  - Windscale
  - Three-Mile Island
  - Chernobyl (or Chornobyl)
- Nuclear weapons tests:
  - Nevada
  - Semipalatinsk
  - Marshall Islands
  - Japan
- Large environmental releases:
  - Hanford
  - Mayak (air and water)

## Other nuclear “accidents”

- Orphan sources:
  - Goiania ( $^{137}\text{Cs}$ )
  - Taiwan ( $^{60}\text{Co}$ )
  - London ( $^{210}\text{Po}$ )
- Transportation:
  - Palomares (Pu)
  - Thule (Pu)
- Potential:
  - Dirty bombs ( $^{137}\text{Cs}$ ?)



## Pathways of exposure

- External irradiation:
  - passage of the cloud;
  - ground deposition.
- Internal irradiation:
  - inhalation;
  - ingestion.

## Major environmental releases of $^{131}\text{I}$ , PBq

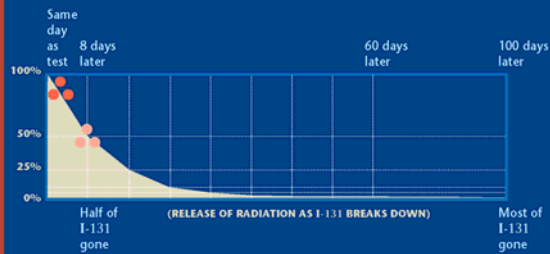
Hanford (1940s)	15
Mayak (1950s)	15
Global tests (1960s)	650 000
NTS tests (1950s)	5 500
Windscale (1957)	1
TMI (1979)	0.001
Chernobyl (1986)	1 800
Reactors worldwide	0.04

## How were Americans exposed to I-131?



I-131 released in bomb test fallout	Traveled away on wind	Fell with rain, landing on grasses and pastures	Grazing animals (cows or goats) ate the grass	I-131 collected in the animals' milk	Humans (often children) drank the milk	Some I-131 in milk collected in thyroid gland
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## I-131 exposure decreased steadily after tests.



## Modes of intake of $^{131}\text{I}$

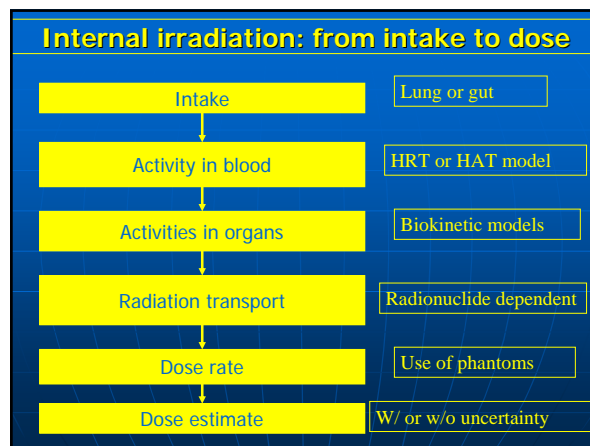
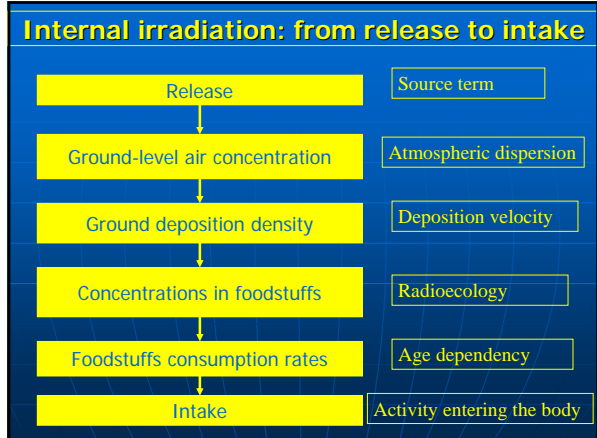
- Consumption of fresh cow's milk.
- Consumption of leafy vegetables.
- Inhalation.

## Variation of the thyroid dose from $^{131}\text{I}$ as a function of age

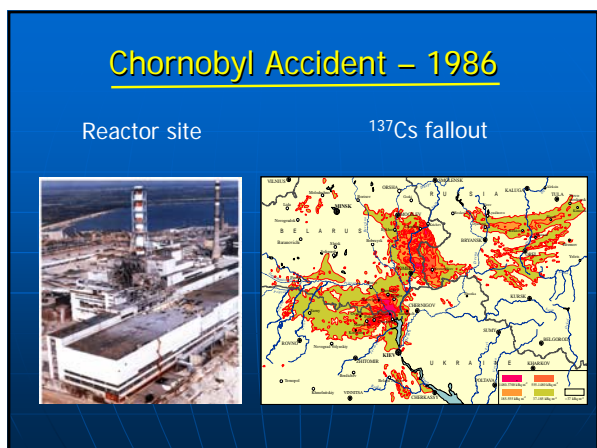
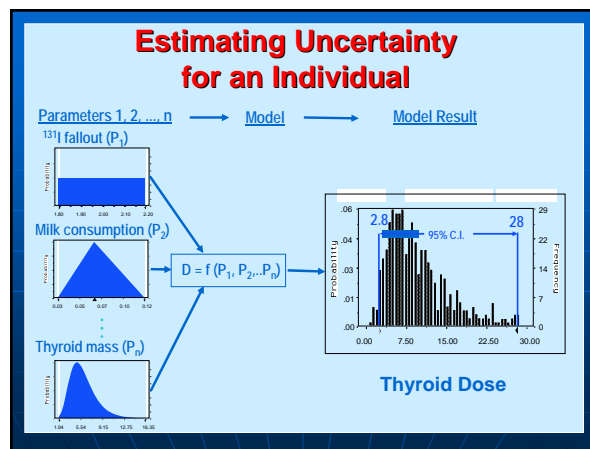
- As a first approximation, the thyroid dose from  $^{131}\text{I}$  is proportional to the consumption of milk and inversely proportional to the thyroid mass.
- Because the thyroid mass increases with age, from 1-2 g in infants to about 20 g in adults, the average thyroid dose decreases with increasing age.

## Fallout study: estimates of internal and external doses in St. George, UT from event Harry (19 May 1953)

Organ/tissue	Infant dose (mGy)	Adult dose
Internal irradiation		
Thyroid	840	51
Lower large intestine	25	5.0
Upper large intestine	8.8	2.0
Bone surfaces	7.6	1.3
Total body	1.1	0.5
External irradiation		
Total body	~10	~10



- ## Types of dose
- For a specified individual (use of personal interview).
  - For an unspecified individual, representative of a group (use of generic values).

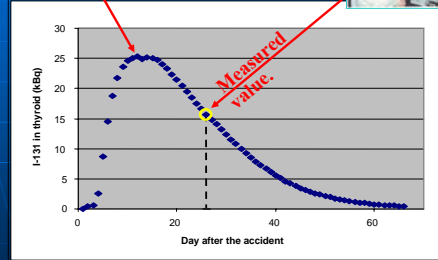


- ### Chornobyl thyroid study
- About 25,000 individuals exposed as children: 12,000 in Belarus and 13,000 in Ukraine.
  - Lived in contaminated areas and underwent thyroid activity measurements.
  - Exposed mainly to internal irradiation: consumption of fresh milk contaminated with  $^{131}\text{I}$ .

## Chornobyl: crude estimates of thyroid and whole-body doses (mGy)

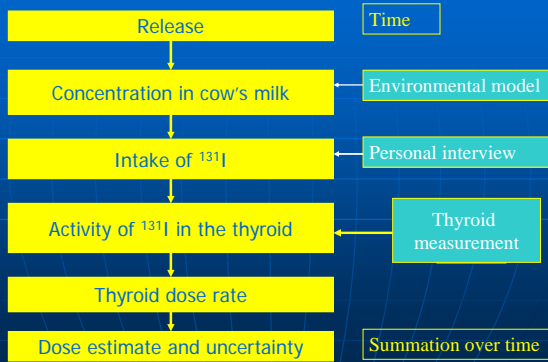
Source	Thyroid	Whole-body
$^{131}\text{I}$	590 (70 – 3000)	1
$^{133}\text{I}$ + $^{132}\text{Te}$	20	0.1
Other (internal)	4	4
External exposure	8	8
All	620	13

Curve derived from  $^{131}\text{I}$  models plus data from questionnaire.



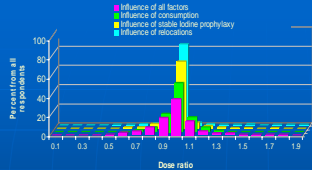
Thyroid dose is proportional to area beneath curve.

## Doses from $^{131}\text{I}$ (Chernobyl; cohort study)

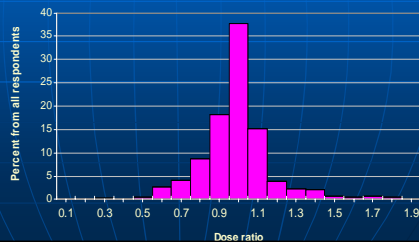


## Personal data

- Residence history during the first two months following the accident.
- Origin of milk, milk products, and leafy vegetables that were consumed.
- Consumption rates of milk, milk products, and leafy vegetables.
- Iodine prophylaxis (if conducted).



(all factors, all subjects)



## Countermeasures

- Evacuation.
- Distribution of stable iodine for thyroid blockade.
- Relocation.
- Ban on milk consumption.
- Distribution of uncontaminated foodstuffs.

## Effect of countermeasures on the I-131 thyroid doses (mGy)

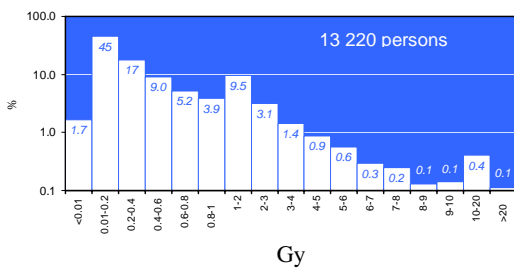
KI pills	Mainly indoors	Often outdoors
Yes	45 (40)	115 (9)
No	96 (7)	301 (15)

## Thyroid dose estimates (medians; Gy)

Dose (Gy)	Belarus		Ukraine	
	Number	%	Number	%
0 – 0.3	5,039	43	7,589	57
0.3 – 1	3,438	29	3,404	26
>1	3,273	28	2,227	17
<b>Total</b>	<b>11,750</b>	<b>100</b>	<b>13,220</b>	<b>100</b>

Likhtarev et al., Radiat. Prot. Dosim, 105: 593-599 (2003)

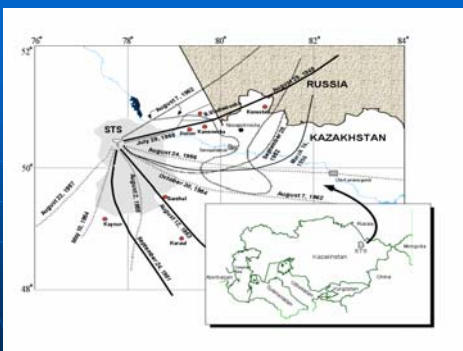
Distribution of cohort subjects in Ukraine according to individual thyroid dose



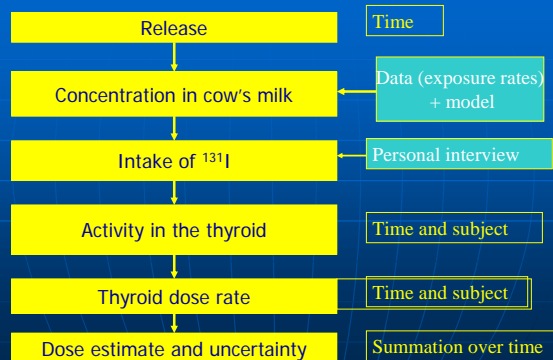
## Fallout from atmospheric nuclear weapons testing in Kazakhstan

- More than 100 atmospheric nuclear weapons tests conducted between 1949 and 1963.
- Cohort study of about 3,000 residents.
- Estimation of individual thyroid doses.

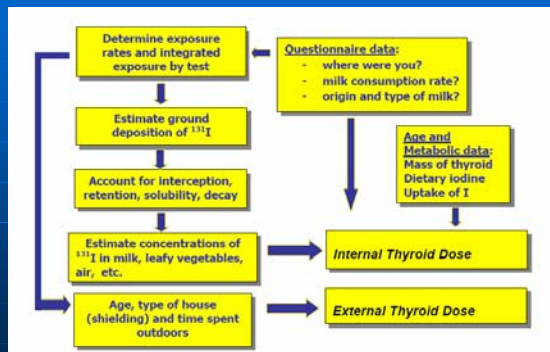
Map, fallout tracks, villages



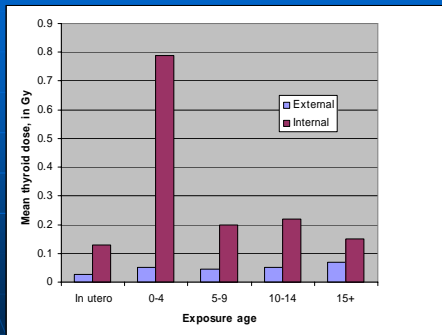
## Doses from <sup>131</sup>I (Kazakhstan)



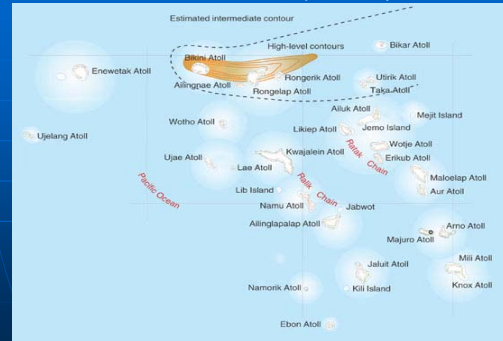
## Estimation of thyroid doses (Kazakhstan)



Mean estimated external and internal thyroid dose (Gy) in Kazakhstan study cohort, by age at exposure



## Fallout from nuclear weapons testing in the Marshall Islands (BRAVO)



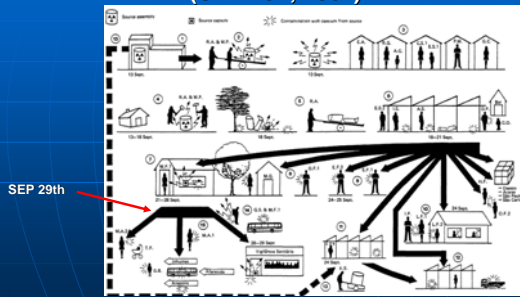
## Marshall Islands: lifestyle and dietary habits



## Marshall Islands: age-weighted doses (Gy)

	North: high	North: medium	North: low	South: low	South: very low
Bone marrow	2.7	0.32	0.13	0.015	0.0043
Thyroid	88	13	2.9	0.27	0.075
Stomach	12	1	0.21	0.019	0.01
Colon	79	8.9	1.2	0.11	0.022

## DESCRIPTION OF THE GOIANIA INCIDENT (SEP 13<sup>th</sup>, 1987)



## FIRST SCREENING OF THE POPULATION

● 112,000 monitored persons:

➤ 249 contaminated people:

- 120 people had their clothes and shoes contaminated;
- 129 people had external and internal contamination.

## INDIVIDUAL MONITORING

● Cytogenetic Dosimetry:

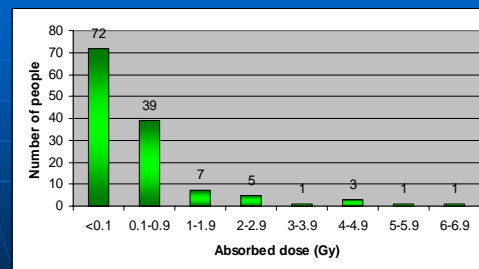
- Chromosome aberration analysis.

● Internal Dosimetry:

- Excreta analysis (urine and feces);
- Whole body measurements (after the first 2 months).

## DOSE DISTRIBUTION

PATIENTS AND THEIR FAMILIES: 129 PEOPLE



## Chornobyl Accident – 26 April 1986

The most severe accident that ever occurred in the nuclear power industry.



## Clean-up workers (Ukrainian cohort)

- About 100,000 workers (1986-1990).
- Exposed mainly to external irradiation.
- Assigned to a variety of tasks.
- Were sent by various military and civilian organizations.

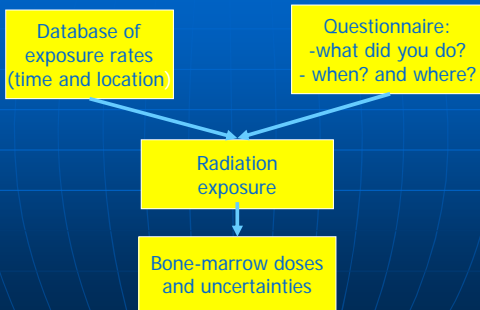
### Information on recorded doses in the Registry

Dose (mGy)	1986	1987	1988-1990
<150	3,488	12,068	12,376
150-550	12,949	2,853	99
>550	115	23	13
<b># with doses</b>	<b>16,552</b>	<b>14,944</b>	<b>12,488</b>
<b>Total #</b>	<b>61,105</b>	<b>21,640</b>	<b>16,886</b>
<b>% missing</b>	<b>72</b>	<b>31</b>	<b>26</b>

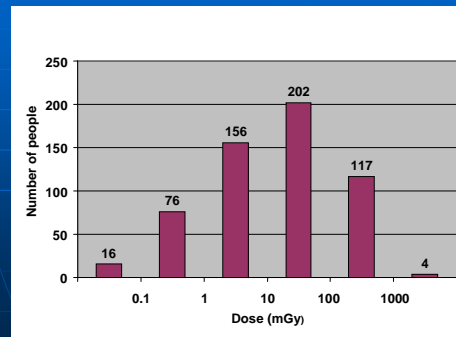
### Strategy of bone-marrow dose reconstruction

- Time-and-motion analysis (RADRUE)
- Electron paramagnetic resonance (EPR)
- Fluorescence in-situ hybridization (FISH)
- Official dose records (ODR)

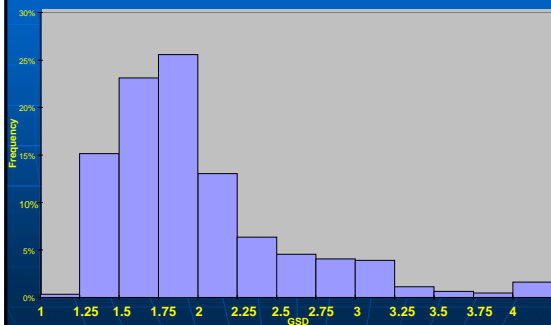
### Time-and-motion analysis (RADRUE)



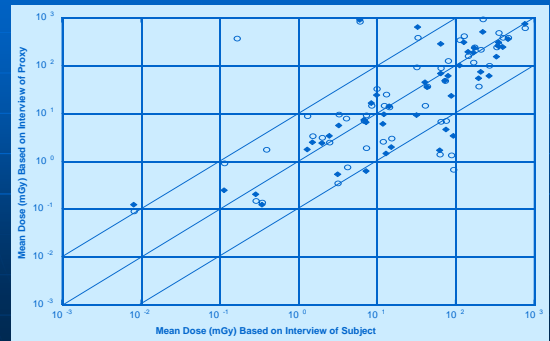
### Distribution of the average bone-marrow doses for the 571 study subjects



### Distribution of uncertainties (GSDs)



### Results of proxy vs. subject comparison





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## Radiation Research

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Application of Dosimetry in  
Radiation Epidemiology

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- Summary

**Thank you for your  
attention**