Predicting knowledge about health: Print, broadcast and online media as sources of health information

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## Background

- Health knowledge is important for behaviors
- Knowledge can be obtained from health information in the media
- Print, broadcast and online media are thee major sources of health information
- RQ1: What media combinations do people use to obtain health information?
- RQ2: How are the media combinations related to health knowledge?


## Methods

- Health Information National Trends Survey ( $N=5586$ )


## - Measures

- Exposure to health information
- Print (HC 04 \& 05): Newspaper \& magazines
- TV (HC 08 \& 09): TV news
- The Internet (HC 10 \& 11)

Exercise knowledge: Days \& How long - HPV knowledge: Cervical cancer, PAP SMEAR

Percent of Respondents by Media Combination

$\square \%$ of Respondents

## Predicting Exercise Knowledge

| Variable | Step 1 |  |  | Step 2 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | B | SE B | B | B | SE B | B |
| Demographic |  |  |  |  |  |  |
| Age | -. 004 | . 001 | -. 07 *** |  |  |  |
| Female | . 21 | . 03 | . 12 *** |  |  |  |
| Education | . 15 | . 02 | . 18 *** |  |  |  |
| Income | . 07 | . 01 | . 13 *** |  |  |  |
| Whites | . 14 | . 03 | . 07 *********) |  |  |  |
| Media Use |  |  |  |  |  |  |
| Print only |  |  |  | . 16 | . 07 | .04* |
| TV only |  |  |  | . 12 | . 07 | .04* |
| Internet only |  |  |  | . 23 | . 06 | . 05 ** |
| P\&T |  |  |  | . 26 | . 08 | . 15 **********) |
| P\&l |  |  |  | . 28 | . 05 | . 07 *** |
| T\& |  |  |  | . 18 | . 07 | .04* |
| P, T, \& l |  |  |  | . 39 | . 05 | . 20 *** |
| $\mathrm{R}^{2}$ |  |  | 10.1\% |  |  | 12.0\% |

Predicting HPV Knowledge

| Variable | Step 1 |  |  | Step 2 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | B | SEB | B | B | SE B | B |
| Demographic |  |  |  |  |  |  |
| Age | -. 01 | . 001 | -. 17 *** |  |  |  |
| Female | . 81 | . 03 | . $37 \times * *$ |  |  |  |
| Education | . 16 | . 02 | .15*** |  |  |  |
| Income | .. 02 | . 01 | . 03 |  |  |  |
| Whites | . 07 | . 04 | . 03 |  |  |  |
| Media Use |  |  |  |  |  |  |
| Print only |  |  |  |  |  |  |
| TV only |  |  |  |  |  |  |
| Internet only |  |  |  |  |  |  |
| P\&T |  |  |  | . 13 | . 07 | . 06 ** |
| P\&1 |  |  |  | . 26 | . 09 | . 06 ** |
| T\& |  |  |  |  |  |  |
| P, T, \& । |  |  |  | . 34 | . 07 | . 15 *** |
| $\mathrm{R}^{2}$ |  |  | 18.9\% |  |  | 20.0\% |

## Discussion

- Sources of health information
- Print \& TV

Print, TV \& online

- Health knowledge best predicted by use of

Print, TV \& Internet

- Print \& Internet
- Print \& TV
- Less by
- TV \& Internet


## Future Research

- Content analysis
- Type of information delivered in print, broadcast, and online media
- Experimental research
- Effects of types of media combinations on health information gain

