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# COPD

If you experience shortness of breath, get a simple breathing test. Talk with your doctor about treatment options. COPD is a serious lung disease that makes it hard to breathe. In fact, COPD is the #4 cause of death. You can take steps to make breathing easier and live a longer and more active life. [www.LearnAboutCOPD.org](http://www.LearnAboutCOPD.org)

**COPD** Learn More  
Breathe Better

 **AMERICAN LUNG ASSOCIATION**



**U.S. Department of Health and Human Services**  
National Institutes of Health  
National Heart, Lung, and Blood Institute