

**The risks for kidney disease run in my family.
Good thing awareness does, too.**



If you have diabetes, high blood pressure or a family history of kidney failure, you're at high risk for developing kidney disease. There may be no early symptoms, so talk to your family about their medical history and to your doctor about getting tested. It could save your life. For a free brochure, call toll-free 1-866-4-KIDNEY (1-866-454-3639), or visit www.nkdep.nih.gov today.

You Have The Power To Prevent Kidney Disease



U.S. Department of
Health & Human Services



National Institutes
of Health



National Institute of Diabetes
& Digestive & Kidney Diseases



National Kidney Disease
Education Program

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The National Kidney Disease Education Program is an initiative of the National Institutes of Health, U.S. Department of Health and Human Services.