

FIELD REPORTS 22 FEBRUARY 2002

TPAC FIELD REPORT- NORTHWEST AREA THERAPISTS

To: Cindy Melanson, Field Representative Coordinator and Bart Drinkard, Executive Secretary, TPAC.

From: Tina Bauer, Northwest Field Representative

Date: February 21, 2002

Congratulations: Darcy Jensen, now Darcy Warner, Northern Cheyenne Service Unit PT, was married to Cory Warner this past fall and is expecting their first born in July. Congratulations to Darcy!

Positions Open: None reported.

News from the Field:

Karen Kajiwara, Fort Peck Service Unit audiologist, along with Capt. Lois Steele, participated in the local Jr. High and High School Health Career Day. Karen was available to answer student's questions on the profession of audiology, as well as career opportunities with the Commissioned Corps. These officer's uniforms drew the attention of students and many asked questions about the Commissioned Corps.

CDR Nancy Balash is recovering from a December equestrian accident, in which her L2-4 transverse processes were fractured. Nancy is maintaining her role as sole provider at the Yakama Service Unit PT Department and rising to the challenge of working while injured.

Linda Simpson, Yakima Service Unit Audiologist, just returned from a Government Services Hearing Aid Training in Atlanta. The seminar was attended by IHS, Military and VA Audiologists, from around the country. Various hearing aid manufacturers host these seminars at no cost to the government. Linda encourages other IHS audiologists to take advantage of these seminars to obtain CEUs.

Linda Simpson will be hosting the 2002 IHS Audiology Meeting in Zillah, WA (20 miles south of Yakima) on June 4-6. The agenda will include presentations by several hearing aid manufacturers, a speaker on "Steady State Evoked Potentials," "Cerument Management," and "Vestibular Rehab." PHS Audiologist who have not received Linda's email regarding this meeting, may contact her at lsimpson@yak.portland.ihs.gov.

Welcome/Farewell to: n/a

Presentations: Tina Bauer and Darcy Jensen, Northern Cheyenne Service Unit physical therapists, continue to give bi-monthly presentations on "Spinal Disorders and their Prevention through Proper Posture", a didactic and kinesthetic class taught at varying

levels to the reservation's school students, as well as Service Unit and Tribal health care professionals.

Current Research: "Comparison of Unna boot ingredients for Beirsdorf/Jobst" by CDR Nancy Balash.

Future Agenda Items for TPAC to consider: none reported.

Changes to email, address and phone roster:

Darcy Jensen is now Darcy Warner, however her email will remain the same.

ACL Service Unit

- I. **Congratulations: N/A**
- II. **Positions Open: N/A**
- III. **News from the Field, (Current information on activities of therapists you represent):** Jeff and Tarri have remained busy coordinating with the Acoma Tribe on their Fit-4-Free Endeavors. Presently things are moving forward to have Fit-4-Free to potentially be set up this summer. Fit-4-Free, will be providing the gym equipment and training to tribal members to staff the gym. Additionally they (Fit-4-Free) are also going to conduct public education classes in the schools and businesses affiliated with the Acoma Tribe. Presently the tribe has stated that they support this program and currently working on the logistics of where they will make space available to run this endeavor. At the present time it looks as if space by the indoor basketball courts may be enclosed to house the fit-gym.

The PT Department has also been active with the ACL "Sweet Talk" dinners (a monthly diabetes education session and meal sponsored by the Diabetes Team. They recently met with the DM Team for a strategic planning session.

Also on a department note the third treatment room has been finished for the department and we have moved in!

- IV. **Welcome/Farewell: N/A**
- V. **Presentations: (What, Who, Where & When):** Jeff Lawrence to Senior Olympics in Albuquerque and Laguna Rainbow on Conditioning for Seniors, Acoma Tribe stretching session and co-presented with CDR Fultz at the most recent Ortho Special Interest Group on "Principles of Strength and Conditioning." Tarri recently spoke at the ACL "Sweet Talk" on Exercise and Diabetes and the PT office also teamed up to give inter-active health fair to Laguna Middle School Students on DM prevention/education with the rest of the DM team. Everyone had inter-active stations for the students and this was a received very well by the students. Plus the presenters all had a lot of fun!
- VI. **Current/Research: N/A**

Crownpoint Service Unit:

- I. **Congratulations: LT Mike Faz has been appointed the Chief of PT**
- II. **Positions Open: Staff PT to be advertised**
- III. **News from the Field, (Current information on activities of therapists you represent): Crownpoint just recently passed the CMS certification and they are the first (I.H.S.) facility to be accredited. The PT dept did very well.**
- IV. **Welcome/Farewell: N/A**
- V. **Presentations: (What, Who, Where & When): N/A**
- VI. **Current/Research: N/A**

GIMC Service Unit:

I. CONGRATULATIONS:

To Mike Huylebroeck (CAPT retired). Presented an award of recognition by Dr. Trujillo-Director, I.H.S. at the January, 2002 I.H.S. National Council of Clinical Chiefs Meeting in San Diego, Ca. This award was given in recognition of the work that Mike completed while appointed as the I.H.S. Chief Clinical Consultant in Physical Therapy. I.H.S. is very fortunate to have Mike working with us as Chief of Physical Therapy in WhiteRiver, Az in the civil service.

To CAPT John Hurley on his selection as the Navajo Area Rehab Director. CAPT Hurley also serves as the interim Physician Recruiter and Commission Corps Liaison for Navajo Area.

II. POSITIONS OPEN:

GIMC-(1) Occupational Therapist

III. NEWS FROM THE FIELD:

(UNDER CONGRATULATIONS)

IV. WELCOME/FAREWELL TO:

Welcome to LtJg JENNIFER BEBO,PT who joined the GIMC Staff 12/31/01 and received her commission 2/4/02. Jennifer recently graduated from the University of New Mexico PT program and had completed a student affiliation with us last year.

Farewell to CAPT DOMINICK ARETINEO, OTR Chief Rehab Services-GIMC who transferred to BOP Ft. Butner, NC November, 2001.

Farewell to LCDR Laura Grogan(OTR) who transferred to HHS Denver, CO February 2002.

Santa Fe Service Unit:

- I. Congratulations: N/A
- II. Positions Open: N/A
- III. News from the Field, (Current information on activities of therapists you represent): Continuing to stay busy.
- IV. Welcome/Farewell: N/A
- V. Presentations: (What, Who, Where & When): N/A
- VI. Current/Research: N/A

Shiprock Service Unit:

- I. Congratulations: N/A
- II. Positions Open: N/A
- III. News from the Field, (Current information on activities of therapists you represent):
- IV. Welcome/Farewell: Louise Andrews, PT. Louise is a contract PT who is filling in for CAPT John Hurley while he is on assignment as the Area Physician Recruitment & C/O Liaison.
- V. Presentations: (What, Who, Where & When): CAPT Charlotte Richards reminds everyone that the C.O.A. Annual Meeting is going to be held in April in Atlanta this year. She encourages everyone to try to attend.
- VI. Current/Research: N/A

News from the field from CDR Fultz Fitness/Wellness Coordinator:

CDR Fultz has continued work with his Employee Wellness Clinic at Northern Navajo Medical Center. He is consulting with several commissioned corps officers and civilians regarding their personal fitness programs. CDR Fultz completed a reference pamphlet; *Employee Fitness Resource Guide* to provide employees with information on available local resources for their fitness activities.

In January, CDR Fultz helped establish the *Dine' Wellness Alliance* to serve as a regular venue for representatives from all over the Navajo Nation. The purpose of this group is to problem-solve common challenges faced in developing and improving upon fitness/wellness programs. He serves as co-chair for this dynamic and eclectic association which includes; Health Promotion Coordinators, Recreation Specialists, Wellness Center Coordinators, Fitness Trainers, Rehab Staff, Tribal Program Coordinators, etc... Currently CDR Fultz is assisting with the development of a *Fitness Summit* for the Navajo Nation sometime in mid-March.

CDR Fultz has taken his presentation *Fundamentals of Fitness Training* on the road. This purpose of this program is to train local volunteers to serve as fitness trainers for their communities. This training includes a Powerpoint slide show overview of fitness training, followed by onsite exercise equipment demonstrations. These trainings have been very well received.

CDR Fultz has formally transferred into the very recently established Area/Regional Fitness Wellness Coordinator billet (for Navajo Area IHS).

Presentations:

CDR Fultz taught *Fundamentals of Fitness Training*, at the Newcomb Chapter House, (Newcomb, NM 2/07/02) and at the Rockpoint Community School, (Rockpoint, AZ 1/16/02).

CDR Fultz provided a training for the Navajo Area IHS Orthopedic Interest Group; *Behavior Change and Fitness Training: The Art of Compliance*, hosted by Chinle Comprehensive Health Care Facility, Chinle, AZ 1/30/02 (2 hrs)

CDR Fultz's abstract *Physical Therapist's Role in Health Promotion* was accepted for Therapist Paper Presentations at the upcoming COA meeting in Atlanta Tuesday, April 23rd.

Zuni Service Unit:

Report from Zuni PT
2/02

- I. Congratulations: LT Megan Horeis has been awarded an IHS National Director's Award for her work with Women's Health Issues at Zuni
- II. Positions Open: None
- III. News from the Field: None
- IV. Farewell to: Rosenda Othole, PT assistant who retired 12/01.
Welcome to: Karen Cheama, medical clerk, who will start her duties at Zuni in March.
- V. Presentations: None
- VI. Publications:
- VII. Current research: None
- VIII. Future Agenda Items for TPAC to Consider: None
- IX. Changes to email and mailing roster: None

TPAC Date: February 22, 2002

To: CDR Jeff Fultz, Chairperson, Therapist Professional Advisory Committee

Subject: TPAC Field Report- Arizona

From: LT Joe Rasor, Arizona Field Representative

I. Positions Open:

- Ft. Defiance - Occupational Therapist
- Ft. Defiance - Anticipated: PT (01), PTA (02), Speech Path (01) and Audiologist (01) over next FY or two.
- Hopi - Anticipated: One staff PT.

II. New From the Field:

- LT Jeff Richardson (Hopi) - New baby boy, Grant Jeffrey Richardson, born to Jeff and Gina on Jan 18th.
- LCDR Liza Figueroa – New baby girl, Sara Angeli Figueroa, born to Liza and Juan on Dec .

III. Welcome/Farewell:

- Hopi - Welcome to Bernita Lester, new staff PTA.
- Tuba City – Welcome to Carrie Schuessler, PT joined our staff in September of 2001 filling our permanent half time general PT position. She completed her PT schooling from Western Carolina University in August 2001.
- Tuba City – Welcome to Larry Cly, a local young man, joined our staff as a full-time Medical Clerk in January of this year under a Tribal work program. We hope to extend his time with us beyond the original allotment of 3+ months. Our overall clinic function has improved immensely with these staff additions.

IV. Presentations:

- Ft. Defiance - We presented a basic exercise /ROM class to the home providers via our Social Work and PHN Department.
- Ft. Defiance - We have a series of presentations scheduled to our providers (docs and pa's and np's) on musculoskeletal evaluation.
- IHS ERGONOMIC WORKSHOP
Dates: March 12-14, 2002 Time: 9:00AM-5:30PM daily Fee: \$60
Location: Northern Arizona University Health Sciences Building
Contact: K. Varvel by March 1, 2002 at kvarvell@tcimc.ihs.gov
Or Box 600, c/o PT Department, TCIMC, Tuba City, AZ 86045
- CAPT Mike Huylebroeck attended the wound care course at PIMC.
- LT Richardson - One day Diabetes training attended in Flagstaff on Jan 30th, provided by MED 2000.
- LT Rasor assisted with the coordination of the Wound Care conference via the Wound Care Committee.
- LCDR West, CAPT Dardis and LT Rasor attended the Wound Care conference.
- LCDR West presented Back Safety to the Dietary staff
- LT Rasor presented Functional Assessment and JCHAO to Phx Area Leadership Committee.

V. Publications:

VI. Current Research:

Future Agenda Items to Consider:

U.S. Department of Justice

Federal Bureau of Prisons

Federal Medical Center

Fort Worth, Texas 76119-5996

MEMORANDUM FOR

To: LCDR Bart Drinkard, Executive Secretary TPAC

From: LCDR Sue Newman

Date: February 19, 2002

Subject: BOP West Field Report (Jan –Feb 2002)

-FMC Carswell

-FMC Fort Worth

-FMC Rochester

I. Congratulations:

-LT Alicia Souvignier (Rochester) received the Bureau of Prisons' Special Act Award for her work with Spanish speaking inmates and the translation of various local policies into Spanish.

II. Positions Open/Anticipated Openings: None

III. News from the Field:

-LT Corey Dahl (Rochester), LT Jon Schultz (Fort Worth) and LCDR Sue Newman will be attending the American Physical Therapy Association's Combined Section Meeting in Boston, MA (Feb 20-24, 2002).

IV. Welcome/Farewell to: none

V. Presentations:

-LT Alicia Souvignier (Rochester) "Prevention of Falls" to FMC Rochester Medical Staff.

VI. Publications: None

VII. Current Research: None

VIII. Future Agenda Items: None

IX. Changes to e-mail and mailing roster: None

Date: 17 January, 2002
Reply To: LCDR Matt Taylor PT, CWS

Subject: TPAC News From The Field (BOP East)
To: TPAC Field Report Coordinator

1. Accomplishments

Congratulations to LCDR Scott Gaustad (MCFP Springfield, MO) for passing the OCS Boards. He, along with LT Corey Dahl (FMC Rochester, MN) will accept their certificates at the APTA Combined Sections Meeting in Boston this month. In addition, LCDR Gaustad has also passed his certification exam for Certified Correctional Healthcare Professional through the National Commission on Correctional Healthcare. LT Jenny Elton deployed with the MCFP Springfield Special Operations Response Team (SORT) to FMC Rochester for two weeks to assist with perimeter security in light of recent terrorist threats to the institution. LT Jim Cowher (FMC Devens) was recently awarded the PHS Citation for achieving "Honor Graduate" at the "Introduction to Correctional Techniques" in Glynco, GA. LT Fred Lief (FMC Lexington) was officially promoted to LCDR this month. LCDR Matt Taylor (FMC Devens) was transitioned into the "Regular Corps" of the PHS. FMC Butner FINALLY moved into it's new clinic facilities

2. Position Openings

MCFP Springfield, MO- 1 opening for a Staff Physical Therapist.

3. Activities

LCDR Scott Gaustad (MCFP Springfield) will chair a panel on "Therapist Category Response to Emergency Situations" at the upcoming COA conference in Atlanta, GA. LCDR Matt Taylor (FMC Devens) will serve on the panel, relating his experiences while deployed to "Ground Zero" in New York with the CCRF. LCDR Gaustad also participated in a TPAC / CCRF committee which completed and forwarded for approval "Handbook to the Therapist Category, Contributions and Capabilities During Disaster Response"

4. Hail and Farewell

FMC Butner, NC welcomes CAPT Dominick Aretino OT as the new Director of Rehabilitation. He is transferring into BOP from IHS. CDR Jesse and LCDR Fred Lief are awaiting the imminent arrival of their first child next month. Make sure to call late at night to congratulate them- they'll be up anyway....

5. Presentations

LT(jg) Scott Mitchell, along with other former classmates from Baylor, will be presenting a research paper during the APTA Combined Sections Meeting in Boston, MA.

LCDR Scott Gaustad presented a three hour course on Osteopathic Indirect Techniques to Physical Therapy Students at Southwest Missouri State University, as well as “Signs and Symptoms of Osteoarthritis” to the medical staff at MCFP Srpringfield.

6. Point of Contact Changes

With the move to their new facilities at FMC Butner, contact telephone numbers for CAPT Dominic Aretino, LCDR Henry McMillan, and LT John Dewey will change. New contact numbers were not available at the time of this report, but will be updated as soon as possible. E-mail addresses should remain the same.