

RESOURCES ON ALCOHOL-RELATED BIRTH DEFECTS

A number of important associations and organizations have been developed to educate, inform, and assist clinicians and the public about the consequences of prenatal alcohol exposure. The following list, though not exhaustive, is designed to give readers an idea of some of the resources that exist on the topic of alcohol-related birth defects.

THE ARC OF THE UNITED STATES

National Headquarters Office
1010 Wayne Avenue
Suite 650
Silver Spring, MD 20910
Phone: (301) 565-3842
Fax: (301) 565-5342
Info@TheArc.org
<http://www.thearc.org>

The Arc is the national organization of and for people with mental retardation and related developmental disabilities and their families. Through education, research, and advocacy, The Arc works to improve the quality of life for children and adults with mental retardation and related developmental disabilities and their families and works to prevent both the causes and the effects of mental retardation. The Arc's FAS Resource and Materials Guide and a comprehensive list of FAS information and related links can be found at the website listed above.

CONSORTIUM FOR CITIZENS WITH DISABILITIES

1730 K Street, N.W., Suite 1212
Washington, DC 20006
Phone: (202) 785-3388
Fax: (202) 467-4179
Info@c-c-d.org
<http://www.c-c-d.org/index.htm>

The Consortium for Citizens with Disabilities is a coalition of national disability organizations working together to advocate for national public policy that ensures the self-determination, independence, empowerment, integration and inclusion of children and adults with disabilities in all aspects of society.

FAMILY EMPOWERMENT NETWORK: SUPPORTING FAMILIES AFFECTED BY FAS/FAE (FEN)

Department of Professional Development
and Applied Studies
University of Wisconsin-Madison
610 Langdon Street
Room 519
Madison, WI 53703-1195
Phone: (800) 462-5254
Fax: (608) 265-3352
fen@dcs.wisc.edu
<http://www.dcs.wisc.edu/pda/hhi/fen>

FEN is a national resource, referral, and support organization serving families affected by FAS and FAE and the providers who work with them. FEN is a project of the University of Wisconsin-Madison, Division of Continuing Studies, Department of Professional Development and Applied Studies. In addition to providing information and support, FEN also helps families by organizing family retreats, educational and training programs, a national conference, and by publishing a newsletter and providing other information and materials.

FAS WORLD

FAS World Toronto
250 Scarborough Golf Club Road
Toronto, Ontario
Canada
M1J 3G8
Phone: (416) 264-8000
Fax: (416) 264-8222
fasworldcanada@home.com

The mission of FAS World is to raise awareness about the effects of prenatal alcohol exposure. The organization aims to educate leaders, lawmakers, and other policymakers around the world so that they can better make decisions and formulate laws and policies that will ensure a healthier society by reducing the incidence of FAS and other alcohol-related disabilities and by providing needed intervention services to those already affected.

FAS/FAE INFORMATION SERVICE

Canadian Centre on Substance Abuse
75 Albert Street, Suite 300
Ottawa, Ontario
Canada
K1P 5E7
Phone: (800) 559-4514, (613) 235-4048
Fax: (613) 235-8101
fas@ccsa.ca
<http://www.ccsa.ca/fasgen.htm>

This information service, operated by the Canadian Centre on Substance Abuse, provides links to support groups, prevention projects, resource centers, and experts on FAS/FAE. It also provides information on FAS/FAE to a variety of clients, including caregivers, educators, social workers, health care and treatment professionals, members of the legal community, policymakers and planners, researchers, and the general public.

FETAL ALCOHOL AND DRUG UNIT

Department of Psychiatry and Behavioral Sciences
University of Washington School of Medicine
180 Nickerson Street, Suite 309
Seattle, WA 98109-9112
Phone: (206) 543-7155
Fax: (206) 685-2903
<http://depts.washington.edu/fadu>

The Fetal Alcohol and Drug Unit conducts research relating to the prevention, intervention, and treatment of FAS and FAE. The unit also disseminates information on fetal alcohol and drug effects and provides consultation for those affected by prenatal exposure to alcohol.

FETAL ALCOHOL EDUCATION PROGRAM

1975 Main Street
Concord, MA 01742
Phone: (978) 369-7713
Fax: (978) 287-4993

The Fetal Alcohol Education Program (FAEP) is dedicated to research and education for the prevention, identification, and treatment of alcohol-related neurodevelopmental disorders. The program has a number of educational materials available for sale, including two teaching packages, one for professional education and one for parents and community groups. They also have developed a handbook for parents. In addition, FAEP staff offers brief consultations and referrals and maintains a list of families interested in participating in research studies.

FETAL ALCOHOL SYNDROME CONSULTATION, EDUCATION AND TRAINING SERVICES, INC (FASCETS): PROVIDING ALTERNATIVE PARADIGMS FOR UNDERSTANDING FACETS OF BEHAVIOR

P.O. Box 83175
Portland, OR 97283
Phone/fax: (503) 621-1271
dmalbin@fascets.org
<http://www.fascets.org>

FASCETS is a private, nonprofit organization for parents and professionals that offers services designed to increase understanding, build on strengths, expand options for developing effective parenting and professional techniques, enhance existing programs, and support the development of new programs. FASCETS offers community education through conferences, workshops, and professional seminars and provides professional development and consultation services.

FETAL ALCOHOL SYNDROME FAMILY RESOURCE INSTITUTE (FASFRI)

P.O. Box 2525
Lynnwood, WA 98036
Phone: (253) 531-2878
vicfas@hotmail.com
<http://www.fetalalcoholsyndrome.org>

FASFRI is a nonprofit organization that provides a variety of resources and services to families affected by FAS and ARBD. The Institute's services include referrals and support in finding help, parent support and advocacy groups, information for parents and professionals, a newsletter and brochures, prevention programs, as well as training sessions and workshops.

HEALTHY START HOTLINE

Phone: (800) 311-BABY (English)
Phone: (800) 504-7081 (Spanish)

By calling this hotline, women can reach either their own State's maternal and child health program or a local Healthy Start site, whichever is closer. The National Hispanic Prenatal Hotline provides answers to questions about prenatal issues in English and Spanish, mails out culturally appropriate information, and acts as a resource to providers who work with Hispanic families on prenatal care issues. Callers are told which prenatal care services are located nearest to where they live. Hotlines also put people in touch with other services; organizations; and agencies, including assistance programs, prenatal clinical care, home visiting services, translation services, parenting classes, and substance abuse treatment.

ICEBERG

Fetal Alcohol Syndrome Information Services (FASIS)
P.O. Box 95597
Seattle, WA 98145-2597
Phone: (425) 827-1773
iceberg_fas@yahoo.com

Iceberg is an educational newsletter for people concerned about FAS and FAE.

MARCH OF DIMES BIRTH DEFECTS FOUNDATION RESOURCE CENTER

1275 Mamaroneck Avenue
White Plains, NY 10605
Phone: (888) 663-4637
Fax: (914) 997-4763
resourcecenter@modimes.org
<http://www.modimes.org>

The March of Dimes is a national research and education foundation dedicated to the prevention of birth defects. The Resource Center staff of trained professionals provides information and referral services to the public. Staff members help people address personal and complex problems relating to numerous topics, including specific birth defects or infant health problems, pre-pregnancy, pregnancy, teen pregnancy, newborn care, drugs and environmental hazards during pregnancy, support groups, and genetics.

MARCUS DEVELOPMENTAL INSTITUTE

Division of Psychological Services
1605 Chantilly Drive
Atlanta, GA 30324
Phone: (404) 727-9450
Fax: (404) 727-9598
ccoles@emory.edu
<http://www.marcus.org/>

The Marcus Institute provides diagnostic and evaluation services and support programs to people with developmental disabilities, their families, and those who live and work with them.

MOTHERISK

The Hospital for Sick Children
555 University Avenue
Toronto, Ontario
Canada
M5G 1X8
Phone: (877) FAS-INFO ([877] 327-4636)
<http://www.motherisk.org>

The Motherisk Program at The Hospital for Sick Children in Toronto is a clinical, research, and educational program dedicated to antenatal drug, chemical, and disease risk counseling. It is affiliated with the University of Toronto. Motherisk provides information and guidance about the safety or risk to the developing fetus or infant of maternal exposure to drugs, chemicals, diseases, radiation, and environmental agents. Motherisk counseling and research gives women who are pregnant, planning to become pregnant, or breast feeding, rational treatment and the means for making well-informed choices to ensure a healthy start for their children. The Alcohol and Substance Use Helpline offers information and counseling to pregnant and breast feeding women, their families, and health care providers.

NATIONAL CENTER ON BIRTH DEFECTS AND DEVELOPMENTAL DISABILITIES (NCBDDD)

Fetal Alcohol Syndrome Prevention Section
Centers for Disease Control and Prevention
4770 Buford Highway N.E., MS F-49
Atlanta, GA 30341-3724
Phone: (770) 488-7370
Fax: (770) 488-7361
<http://www.cdc.gov/ncbddd/fas>

The NCBDDD at the Centers for Disease Control and Prevention (CDC) seeks to promote optimal fetal, infant, and child development; prevent birth defects and childhood developmental disabilities; and enhance the quality of life and prevent secondary conditions among children, adolescents, and adults who are living with a disability. The fetal alcohol syndrome prevention office of the NCBDDD conducts FAS surveillance and prevention research.

NATIONAL CLEARINGHOUSE FOR ALCOHOL AND DRUG INFORMATION (NCADI)

P. O. Box 2345
 Rockville, MD 20847-2345
 Phone: (800) 729-6686
<http://www.health.org>

NCADI is the information service of the Center for Substance Abuse Prevention of the Substance Abuse and Mental Health Services Administration in the U.S. Department of Health and Human Services. NCADI distributes information and materials concerning alcohol, tobacco, and other drug abuse prevention and treatment.

NATIONAL COUNCIL ON ALCOHOLISM AND DRUG DEPENDENCE, INC. (NCADD)

20 Exchange Place
 Suite 2902
 New York, NY 10005
 Phone: (800) NCA-CALL
national@ncadd.org
<http://www.ncadd.org>

NCADD provides education and information regarding substance abuse and dependence. It advocates prevention, intervention, and treatment through offices in New York and Washington, and includes a nationwide network of affiliates that provide information on local treatment resources.

NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTH WITH DISABILITIES (NICHCY)

P.O. Box 1492
 Washington, DC 20013-1492
 Phone: (800) 695-0285, (202) 884-8200
 Fax: (202) 884-8441
<http://www.nichcy.org>
nichcy@aetd.org

NICHCY is a national information and referral center that provides information on disabilities and disability-related issues for families, educators, and other professionals. The center focuses on children and youth (birth to age 22). NICHCY's services include personal responses to specific questions; NICHCY publications, including fact sheets on specific disabilities, state resource sheets, parent guides, bibliographies, and issue papers; referrals to other organizations and sources of help; and information searches of NICHCY's databases and library.

NATIONAL INSTITUTE ON ALCOHOL ABUSE AND ALCOHOLISM (NIAAA)

6000 Executive Boulevard, Suite 409
 Bethesda, MD 20892-7003
 Phone: (301) 443-3860
<http://www.niaaa.nih.gov>

NIAAA supports and conducts biomedical and behavioral research on the causes, consequences, treatment, and prevention of alcoholism and alcohol-related problems and disseminates information on all aspects of alcoholism. NIAAA hosts the Interagency Coordinating Committee on Fetal Alcohol Syndrome (ICCFAS). Members of the ICCFAS include representatives from multiple national agencies and organizations. The Committee's objectives are to exchange information and to coordinate Federal strategies and programs in an effort to more effectively address alcohol-related birth defects on a national level.

NATIONAL ORGANIZATION ON FETAL ALCOHOL SYNDROME (NOFAS)

216 G Street N.E.
 Washington, DC 20002
 Phone: (202) 785-4585
 Fax: (202) 466-6456
information@nofas.org
<http://www.nofas.org>

NOFAS is a nonprofit organization dedicated to eliminating birth defects caused by alcohol consumption during pregnancy and improving the quality of life for those individuals and families affected. NOFAS piloted many of its programs in Native American communities and takes a multicultural approach to prevention and healing. NOFAS includes the following program areas: national and community-based public awareness campaigns; a curriculum for medical and allied health students; training workshops and seminars for professional and lay audiences; youth outreach and peer education initiatives; and the NOFAS information, resource and referral clearinghouse.

**NATIONAL RESOURCE CENTER FOR
SPECIAL NEEDS ADOPTIONS**

16250 Northland Drive, Suite 120
Southfield, MI 48075
Phone: (248) 443-7080
Fax: (248) 443-7099
sfc@Spaulding.org
<http://www.spaulding.org>

This organization provides training, consultation, and informational materials on special-needs adoptions for professionals, organizations, and parents.

**NATIVE AMERICAN WOMEN'S HEALTH
EDUCATION RESOURCE CENTER**

P.O. Box 572
Lake Andes, SD 57356
Phone: (605) 487-7072
nativewoman@jgc.apc.org
<http://www.nativeshop.org/nawherc.html>

The Resource Center was the first such center located on a reservation in the United States. It operates a fetal alcohol syndrome awareness program, along with many other programs to help people locally, nationally, and internationally. Other programs focus on domestic violence, AIDS prevention, and youth services.

**SUBSTANCE ABUSE AND MENTAL HEALTH
SERVICES ADMINISTRATION (SAMHSA)**

5600 Fishers Lane
Rockville, MD 20857
Phone: (301) 443-8956
Fax: (301) 443-9050
info@samhsa.gov
<http://www.samhsa.gov>

SAMHSA is the Federal agency charged with improving the quality and availability of prevention, treatment, and rehabilitative services in order to reduce illness, death, disability, and cost to society resulting from substance abuse and mental illnesses.

OTHER FAS INTERNET LINKS:

FAS/FAE USA National Directory
<http://www.mofas.org/fasdirect>

Fetal Alcohol Syndrome Community Resource Center
<http://www.come-over.to/FASCRC>

Arium: a nonprofit organization for the prevention of fetal alcohol syndrome.
<http://arium.org>

FASlink: an on-line support/information source.
<http://www.acbr.com/fas/faslink.htm>

Fasstar.com: Fetal Alcohol Syndrome Support, Training Advocacy and Resources.