

**Following list is the available Mental Health Resources from the Addictions and Mental Health Divisions Resource center. If you would like copies of these materials, please contact the Resource Center at 503-945-7814.**

- A STORY OF BIPOLAR DISORDER (Manic-depressive illness)
- ANXIETY DISORDERS
- ATTENTION DEFICIT HYPERACTIVITY DISORDER
- AUTISM SPECTRUM DISORDERS PERVASIVE DEVELOPMENT DISORDERS
- BIPOLAR DISORDER
- DEPRESSION AND CANCER
- DEPRESSION AND DIABETES
- DEPRESSION AND HEART DISEASE
- DEPRESSION AND HIV/AIDS
- DEPRESSION AND PAKINSON'S DISEASE
- DEPRESSION AND STROKE
- DEPRESSION AND SUICIDE FACTS FOR OLDER ADULTS
- DEPRESSION WHAT EVERY WOMAN SHOULD KNOW
- DO YOU FEEL AFRAID & UNCOMFORTABLE AROUND OTHER PEOPLE?
- FACES OF CHANGE
- FACTS ABOUT ANXIETY DISORDERS
- GOOD MENTAL HEALTH IS AGELESS
- MEDICATIONS FOR MENTAL ILLNESS
- MEN AND DEPRESSION
- OBSESSIVE-COMPULSIVE DISORDER

- REAL MEN, REAL DEPRESSION COURAGE TO ASK FOR HELP
- STORIES OF DEPRESSION
- THE SEARCH FOR THE REAL SELF
- REAL MEN REAL DEPRESSION-(Estos hombres son reales la depression tambien)
- A LOOK AT ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)
- WHAT TO DO WHEN A FRIEND IS DEPRESSED
- REAL MEN REAL DEPRESSION A TREATABLE ILLNESS
- GERIATRIC DEPRESSION SCALE (GDS)SHORT FORM
- CHILD AND ADOLESCENT BIPOLAR DISORDER
- HELPING CHILDREN AND ADOLESCENTS COPE WITH VIOLENCE & DISASTERS
- WHAT DO THESE STUDENTS HAVE IN COMMON?
- YOUR CHILD AND MEDICATION
- POST TRAUMATIC STRESS DISORDER
- SCREENING FOR MOOD DISORDER
- RURAL MENTAL HEALTH RESEARCH
- MENTAL ILLNESS DEAFENING SILENCE
- CONSUMER CARE PARTNERSHIPS
- YOU AND YOUR MENTAL HEALTH
- LEARN ABOUTMENTAL ILLNESS FROM PEOPLE WHO HAVE BEEN THERE
- TAKING CARE OF YOURSELF
- HELPING YOURSELF HEAL: A RECOVERING MAN'S GUIDE TO COPING WITH THE EFFECTS OF CHILDHOOD ABUSE
- HELPING YOURSELF HEAL: A RECOVERING WOMAN'S GUIDE TO COPING WITH CHILDHOOD ABUSE ISSUES