U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

SECRETARY'S ADVISORY COMMITTEE ON GENETICS, HEALTH, AND SOCIETY

Sixth Meeting

Tuesday, March 1, 2005

Grand Ballroom Salons A-B Marriott Bethesda North Hotel and Montgomery County Conference Center 5701 Marinelli Road North Bethesda, Maryland

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- 1 PROCEEDINGS (8:39 a.m.)
- DR. TUCKSON: I think we're getting close to
- 3 having our slides ready for the presentation, so can I call
- 4 the committee to order? I thank everyone for being here on
- 5 Day 2.
- 6 Webcast, are we okay? All right. We'll go
- 7 ahead without webcast for the moment and you'll catch up
- 8 with us as we go.
- 9 Let me thank everybody for a very intense day
- 10 yesterday, very hard work, and there are a couple of things
- 11 we want to let you know that are germane. The discussion
- 12 on coverage and reimbursement, there has been some
- 13 subcommittee work last night and this morning, and at lunch
- 14 time we will have a working lunch and we will present to
- 15 you a schemata for, we hope, an organized and very precise
- 16 discussion that will get us to some conclusion at the end
- 17 of the lunch session. It will take everybody really paying
- 18 attention and working hard to get there, but we believe
- 19 that we can accomplish what we need to accomplish during
- 20 the lunch hour.
- To facilitate a working lunch, you have at your
- 22 desk the Meritage lunch menu. You need to fill that out
- and we'll pick them up at the break, because by 10 o'clock,
- 24 we have to have all the food ordered so you can get your
- 25 food and be able to come back in here and work. This is a

- 1 critical, small ingredient that we want you to attend to.
- With that, let me also let you know that at the
- 3 break, by the way, we were shooing away people from the
- 4 little food cart there, and it turns out that we don't need
- 5 to shoo you away. Now, you're not supposed to bring bags
- 6 with you, but that's actually available for everybody at
- 7 the little food area out there. It's okay. People in the
- 8 audience, you can get coffee out there and so forth and so
- 9 on, and we're not going to be shooing you out. Just, as I
- 10 said, don't bring your lunch pail.
- Today from 8:30 to 2:45, we're going to talk
- 12 about "Large Population Studies: The Opportunities and
- 13 Challenges." Now that the human genome has been sequenced,
- 14 scientists, clinicians, and society are all faced with the
- 15 challenge of translating the wealth of information into
- 16 improved health. This will involve deciphering
- 17 environmental and genetic components of common complex
- 18 diseases, large population studies focused on genetic and
- 19 environmental factors in common diseases, as well as the
- 20 interplay of those factors. These studies have been
- 21 proposed as an important and perhaps necessary way to
- 22 translate the human genome sequence into useful clinical
- 23 and public health strategies. While many different
- 24 approaches can be taken to such studies, all intend to
- 25 build on the information provided by the sequencing of the

- 1 genome.
- 2 These studies are complex and they raise a
- 3 number of scientific, logistical, and ethical and legal and
- 4 social concerns. We decided, during our priority process,
- 5 that it was important to understand the opportunities and
- 6 the challenges posed by these large population studies and
- 7 that these questions required in-depth study. NIH has also
- 8 asked us to provide our feedback on the need for such a
- 9 study.
- 10 As such, the Large Population Studies Task
- 11 Force was appointed in June of '04 to begin work on this
- 12 issue, and I'd like to thank the task force members for
- 13 their efforts in organizing this session. Hunt Willard,
- 14 who chaired it, Chris Hook, Debra Leonard, Ed McCabe, Joan
- 15 Reede, Ellen Fox, Alan Guttmacher, and Muin Khoury all were
- 16 members of that committee, and we want to thank you.
- We also want to thank staff, particularly
- 18 Amanda, as well as Holly Campbell-Rosen, for their work in
- 19 organizing this session and developing the backgrounder
- 20 that we have been supplied.
- 21 By the end of this session, we hope to have
- 22 gained a deeper understanding of what large population
- 23 studies are and why they are under consideration at this
- 24 time. The goals of the first three presentations are to
- 25 inform us about different approaches to large population

- 1 studies and provide us with a broad introduction to this
- 2 topic.
- We are very pleased that David Goldstein will
- 4 discuss the conceptual basis for these studies, that
- 5 Gilbert Omenn will present the public health perspective,
- 6 and Teri Manolio will present an overview of national and
- 7 international large population studies.
- 8 I would urge you to turn to Tab 1 of your
- 9 briefing book and you will see the biographies of each of
- 10 these three distinguished people, and so I'm not going to
- 11 go through those right now.
- To begin, let me just thank David for coming,
- 13 and we are very interested in the next half an hour to hear
- 14 you talk to us about the conceptual basis for large
- 15 population studies of human genetic variation and common
- 16 disease. David, thank you and welcome.
- By the way, folks, I think what we'll do,
- 18 depending on how long the presentations take, I think if
- 19 they stick to their half-hour allotment, what we may do is
- 20 if you have an urgent, burning question that you want to
- 21 ask the individual speaker, we can probably take one or two
- 22 of those right after, but then we'll also try to query the
- 23 panel later.
- DR. GOLDSTEIN: Well, thank you very much for
- 25 the invitation to come here and talk about the conceptual

- 1 basis for large population studies.
- What I'd like to do in half an hour is try to
- 3 cover two things. One is why we might want to undertake
- 4 such an enterprise, and secondly, how we might go about it
- 5 in terms of what the technical requirements would be. I'm
- 6 going to kind of bounce back and forth between those two
- 7 things.
- 8 But kicking it right off, why we would want to
- 9 set up a powerful framework for studying the genetics of
- 10 common diseases, the basic motivations are indicated there.
- 11 We would like to be able to predict risk, but importantly,
- 12 and I'm going to come back to this a few times, we would
- 13 like to be able to not only predict risk, but do something
- 14 about it. It's not really good enough just to predict
- 15 risk. This is not for insurance companies. It's not good
- 16 enough just to predict. We have to be able to intervene.
- 17 So that's something that's going to up, I think, in a few
- 18 places.
- 19 The other motivation is not about prediction
- 20 and intervention, but it's about identifying genes and
- 21 pathways that might help us in the drug development
- 22 process.
- 23 Finally, the aim would be to identify genetic
- 24 determinants of treatment response, and that's
- 25 traditionally thought of in terms of pharmacogenetics,

- 1 which I will talk a bit about, the genetic determinants of
- 2 what drugs are safest and work best for a given patient,
- 3 but you can also think about the genetic determinants of
- 4 other kinds of treatment responses, such as when there
- 5 options for surgical procedures and non-surgical procedures
- 6 and so on. So in general, in the genetics of treatment
- 7 response.
- 8 So the first thing that we need to be clear
- 9 about is what kind of genetic variation we're talking
- 10 about, and the first thing that needs to be said is we're
- 11 not talking about the kind of genetic differences indicated
- on the slide here, where you've got a mutation that is
- 13 segregated in a family that causes a disease. So in that
- 14 simple Mendelian case, there is a 1:1 correspondence often
- 15 between a genetic difference and the disease that we're
- 16 interested, and that's actually quite straightforward to
- 17 work with genetically and the community is now extremely
- 18 good at finding those kinds of causes of disease.
- 19 Now, unfortunately, common diseases aren't like
- 20 that. The genetic contributors to common disease don't
- 21 have that kind of 1:1 correspondence.
- 22 So the kind of genetic variation that we're
- 23 talking about here is illustrated with this cartoon. The
- 24 idea is that our genome is a big place. There are many
- 25 places in that genome where individuals tend to differ one

- 1 to the next, and in fact there are now estimated to be more
- 2 than 10 million common polymorphisms, and that is to say a
- 3 site where the rare form has a frequency of more than 1
- 4 percent. There are more than 10 million of those different
- 5 places in the human genome, and if you allow for rarer
- 6 variants, then of course there are many more than that.
- 7 These variants, the different forms of many of
- 8 these sites, we know often have very subtle effects. So
- 9 they change physiology in some subtle way. That's very
- 10 difficult to measure.
- 11 Then these variants influence the phenotypes
- 12 that we're interested in -- that is, the kind of diseases
- 13 that people get -- in some kind of complicated interaction,
- 14 both with other genetic differences in our genetic makeup
- 15 and with the environment. That's what really creates the
- 16 challenge. There are a large number of variable sites in
- 17 our genetic makeup. They interact with one another, they
- 18 interact with the environment, and then ultimately they
- 19 have some kind of influence on what we're interested in
- 20 looking at, and that is the health of the individual.
- I really just want, in walking through this, to
- 22 emphasize that at the end of the day what we're talking
- 23 about is the probability of certain conditions being
- 24 influenced by these variants. The variants do not
- 25 determine the conditions, and for that reason I think it

- 1 isn't really appropriate to talk about genes for diseases.
- We're not doing the same thing as we did with Mendelian
- 3 disease. We're finding the gene for diabetes and the gene
- 4 for asthma and so on. We are understanding on how genetic
- 5 differences influence these conditions. So its a different
- 6 kind of thing.
- 7 So that's what our aim is, is to understand how
- 8 all those genetic differences that we have influence our
- 9 health. That's the aim. It looks like it's going to be
- 10 difficult. There is now really no question about that.
- 11 But what I'll now turn to is some of the
- 12 technical requirements that we're going to need in order to
- 13 be able to make progress. I'll spend the most time talking
- 14 about the requirements to efficiently represent genetic
- 15 variation.
- 16 There are two reasons for that. One is that I
- 17 was explicitly asked to do that, but the other reason is
- 18 that's where we're farthest along. When you actually hear
- 19 people talking about the genetics of common disease, nine
- 20 times out of 10, people are talking about how good we're
- 21 getting at sequencing and genotyping and how much we know
- 22 about genetic variation. We actually have gotten quite
- 23 good at that side of it.
- 24 That's the easiest side of it by far. The
- 25 difficult side is things that we actually haven't made much

- 1 progress on, which is knowing exactly how to measure in
- 2 patients what we need to measure and knowing how to relate
- 3 that to the genetic variation. That's the harder bit. So
- 4 I'll spend more time talking about what we're better yet,
- 5 and then just sort of telegraph what we're not so good at
- 6 and some ideas about how we might improve on that.
- 7 So first, kicking off, the genome is a big
- 8 place and it's got a lot of genetic variation and, as good
- 9 as we are now at sequencing and genotyping, we can't simply
- 10 get very, very large numbers of individuals that suffer
- 11 from a certain condition and individuals that don't and
- 12 exhaustively compare them genetically. We're not capable
- 13 of doing that right now. We might at some point, but that
- 14 kind of capacity has always been promised to be right
- 15 around the corner and it never quite arrives. So what
- 16 people have been thinking a lot about is more efficient
- 17 ways to make these comparisons and more economical ways.
- 18 Something that's getting a lot of attention
- 19 right now is called "haplotype tagging," which I'll now
- 20 spend a few minutes talking about. The basic idea here is
- 21 to find a framework for efficiently representing the
- 22 genetic variation either in a region of our genetic makeup
- 23 that you're interested in or in the entire genome.
- I don't know how well you can see this, but
- 25 what's shown here is a cartoon representing a stretch of

- 1 the genome. You could consider that a gene, and indicated
- 2 are each of the sites in that stretch of the genome that
- differ, where there's a polymorphism.
- 4 So there are 12 sites indicated there, and I'd
- 5 just point here to this green group. Those are four
- 6 polymorphisms that are indicated in the gene, and so you
- 7 the first row is one chromosome you might sample from the
- 8 population, and in that chromosome, that find site has a T
- 9 allele and then the fifth chromosome you might sample from
- 10 the population has an A allele there. Then you've got the
- 11 next polymorphic site which has the alleles that it has and
- 12 so on.
- The point here is that members of the green
- 14 group are all associated with one another. So in this
- 15 case, if you know the allele that's present at the first
- 16 sites, it tells you the allele that's present at the second
- 17 site in the green group, and the third, and the fourth.
- Now, those associations among variable sites in
- 19 our genome are due to a whole raft of population genetic
- 20 forces which I won't go into, but they do exist. There are
- 21 these associations. They're usually not perfect. I'll say
- 22 something about that in a minute.
- 23 But they do exist, and because of that, if you
- 24 were interested in looking to see if any of those sites
- 25 associated with a trait you were interested in, you would

- 1 not have to directly assay all of them. You could assay
- 2 one member of the green group and it would tell you about
- 3 the others. You could assay one member of the pink group
- 4 or whatever color it is and it would tell you about the
- 5 others and so on.
- 6 These associations are called "linkage"
- 7 disequilibrium, " and so another name for this is linkage
- 8 disequilibrium mapping, but the point is these associations
- 9 do exist and if you understand the nature of these
- 10 associations, then you know how to select out a subset of
- 11 the variable sites that tell you about the others.
- 12 In this particular case, obviously the subset
- 13 that you can use is one member of each color group, and
- 14 there is no loss of information at all because each member
- 15 is telling you about the others. So if one of the ones
- 16 that you did not assay was influencing the phenotype, you
- 17 would still see it through the one that you did look at.
- 18 So that is, at its conceptual core, the
- 19 entirety of haplotype mapping or linkage disequilibrium
- 20 mapping, and it is in fact the primary motivation, I think
- 21 as far as I'm concerned and most people are concerned, for
- 22 the HapMap Project, which is an effort to characterize
- 23 these patterns of association among variable sites, so that
- 24 you can select out a subset that efficiently represents the
- 25 variation in our genetic makeup. So that is an extremely

- 1 important tool currently because we can't look at variation
- 2 comprehensively, and that's the conceptual core.
- Now, in fact the association, because we're
- 4 doing biology here and this is not physics, these
- 5 associations, of course, are never perfect. So you
- 6 actually have to use a whole bunch of messy statistics to
- 7 go through this step of choosing one member of each color
- 8 group, but that really is a technical detail. This is the
- 9 basic aim.
- 10 What I'd now like to do is just take a couple
- 11 of minutes addressing the issue of how well we expect this
- 12 work. So can we feel comfortable that we really do have a
- 13 good framework in hand for efficiently representing
- 14 variation? I'm going to try to give a yes or no answer to
- 15 that question.
- I'll illustrate that with some work that we did
- 17 on a data set that we collected together with
- 18 GlaxoSmithKline, where we looked at these patterns of
- 19 association among 55 genes that encode major drug
- 20 metabolizing enzymes. There were a bunch of these variable
- 21 sites or polymorphisms that were assayed in a number of
- 22 individuals, both of European ancestry and Japanese
- 23 ancestry, throughout all of these genes. So that's the
- 24 data set.
- 25 This just indicates the way that this sort of

- 1 analysis is carried out. This is the stretch of sequence
- 2 indicated and there are genes indicates, and there are all
- 3 the polymorphisms indicated that we looked at as thin
- 4 lines. Those are about 60-plus of them spread through four
- 5 genes that are contiguous.
- 6 What you do is do a statistical version of
- 7 selecting one member of each color group and you identify
- 8 nine out of those 60-plus polymorphisms that you assess are
- 9 able to represent the other variation that's there. Then
- 10 the question that you want to answer is, well, how well is
- 11 that really going to work in representing variation that,
- 12 A, you don't yet know about, and B, variation that's in a
- 13 somewhat different population from the one that you looked
- 14 at originally?
- 15 That's important because you have to remember
- 16 that the way this works -- for example, the way that we're
- 17 all going to use the HapMap data, is the HapMap looks at a
- 18 number of individuals, for example, from the SETH
- 19 repository -- so these are individuals of North European
- 20 ancestry -- selects these special tagging SNPs, and then
- 21 goes and applies them in a different group. For example,
- 22 our case, patients with epilepsy and so on. So you have to
- 23 ask the question how well will they represent variants that
- 24 you may not know about initially and in a somewhat
- 25 different population? So you need an answer to that.

- 1 So in this case, we find these nine SNPs to
- 2 represent all these others, but what you want to know about
- 3 is how well they represent SNPs that you actually don't yet
- 4 know about and in a somewhat different population. So you
- 5 think of statistical ways to do that, which I'm not going
- 6 to talk about, and evaluate how well they do.
- We went through a few of those exercises,
- 8 which, as I said, I'll skip, but what I'll do instead is
- 9 show a direct evaluation of whether or not they work, and
- 10 that is taking these SNPs that you identify out to a brand
- 11 new population sample and assessing whether or not they
- 12 predict variable sites that we know are functional. So
- 13 there are in these particular genes lots of sites that we
- 14 know change the activities of the enzymes, for example.
- 15 Those are exactly the kind of differences that we're
- 16 looking for and we can ask do these tagging SNPs work?
- 17 This shows the result. Shown here is the minor
- 18 allele frequency of the SNPs that we're trying to predict,
- 19 that we're proposing not to type, and here is a measure of
- 20 how well we can predict them. It doesn't really matter how
- 21 that measure works, but what does matter is that if you're
- 22 up here at the top in this performance measure, that is
- 23 exactly the situation, and you can show this formally, of
- 24 the cartoon. If you're up here at 1 in this performance
- 25 measure, it's exactly like taking one member of each color

- 1 group that exactly predicts the others with no loss of
- 2 power whatsoever.
- If you're in this range, you do very well, and
- 4 if you're down here you do very badly, which is to say that
- 5 if there was a SNP down here that you did not type and it
- 6 was influencing the condition, you wouldn't see it.
- 7 So how do you? Here's the minor allele
- 8 frequency of what you're trying to predict, here's the
- 9 performance, and once you're above about 5 percent, you do
- 10 great. So it's fair to say the short, non-technical
- 11 version is that out here, if any of this stuff was
- 12 influencing the phenotype and we only typed our tagging
- 13 SNPs, not these things directly, we would still see it. So
- 14 that is really encouraging.
- 15 This is the very discouraging note. It's a
- 16 small sample size so far, but the very discouraging note
- 17 that these rare things may not be predicted at all.
- 18 Sometimes you predict them and sometimes you don't.
- 19 Now, we've gone on and done a bit more of that
- 20 kind of thing, and our impression is that this is a fairly
- 21 general outcome, that in this framework you just can't
- 22 reliably pick up the variants that are rare in the
- 23 population, where rare is something between 3 and 5 percent
- 24 as a cutoff. More work needs to be done, but that's how it
- 25 looks to us at the moment.

- 1 So what's the conclusion from that? What I'd
- 2 like to emphasize is that we are talking about a truly
- 3 dramatic economy. In the 55 genes that we looked at, we
- 4 estimated that there 4,000 common polymorphisms, and what
- 5 we show is that about 200 of these specially selected SNPs
- 6 can represent the other 4,000.
- 7 Now, you can select these in different ways and
- 8 some people would use methods that would result in a number
- 9 slightly larger than 200, but it is really dramatic economy
- 10 that you can achieve this way, and I would assert that it
- 11 is now not controversial whether or not you can represent
- 12 common variation in this framework. It's still discussed a
- 13 little bit in the literature, but I think that debate
- 14 really now has gone out of date. I think it should be
- 15 viewed as demonstrated that this framework can officially
- 16 represent common variation.
- I should say that I have no association with
- 18 the HapMap Project, so I don't feel any need to support the
- 19 necessity of the HapMap Project. It's just a technical
- 20 evaluation. That framework really does seem -- not seem.
- 21 Has been demonstrated to work well in representing common
- 22 variations. So I think that's really encouraging, and of
- 23 course, these data that we have are by no means the only
- 24 data that make this case.
- 25 So common variation can be efficiently

- 1 represented. We should view that as non-controversial.
- 2 It seems unlikely that rare variation can
- 3 efficiently represented. So for that, we don't have an
- 4 economical approach. If we want to also identify the rare
- 5 variants that influence both common diseases and responses
- 6 to treatment, we're going to have to do more difficult,
- 7 more expensive things, and we should because, without a
- 8 doubt, rare variants will also contribute -- I'm not going
- 9 to go into that whole debate, but I think it's quite clear
- 10 to most people that both common variants and rare variants
- 11 contribute to common disease. The relative importance of
- 12 those two things, we don't know, but they're both going to
- 13 make some contribution.
- 14 So we have a very economical method for
- 15 representing common variation. We don't for representing
- 16 rarer variation. I don't expect that tagging will actually
- 17 serve the purpose, but you may find more clever methods to
- 18 do it perhaps, and we probably need to think about
- 19 alternatives.
- 20 So I think in terms of representing common
- 21 variation, the genetic side, we really are now in pretty
- 22 good shape. Even though we've got a challenge for rarer
- 23 variation, it's terrific that we can now start asking
- 24 questions about those 10 million genetic differences among
- 25 us all. That's terrific. That's a real tool that will no

- 1 doubt lead to advances.
- 2 But what is much, much more complicated is
- 3 deciding about how to look at individuals that are being
- 4 studied genetically, both individuals that have diseases
- 5 and individuals that don't have diseases.
- 6 So for example, if you're thinking about
- 7 prospective studies, and many people have been making
- 8 arguments for the advantages of prospective studies, and
- 9 that is where you enroll people that are random samples
- 10 from the population, for example, in one design and monitor
- 11 them over time, and as they become affected by different
- 12 common diseases, you can then carry out genetic studies
- 13 knowing about the background of the individual because
- 14 they've been in your study for awhile.
- 15 So as we move to carrying out those kinds of
- 16 studies, which do have a lot of advantages, we need to
- 17 think about exactly what information we need about
- 18 individuals at the time of enrollment, and I don't have
- 19 time to go into details here, but I would say that that's
- 20 something that we really don't have a very good idea about.
- 21 For example, if you're interested in
- 22 cardiovascular disease, exactly how much information do you
- 23 need at the time of enrollment for a large population
- 24 sample in order to understand the state of the person when
- 25 they're 50 well enough that it really tells you extra

- 1 things about why they had a heart attack when they were 66?
- 2 And we don't know exactly what we should be looking at
- 3 when we enroll individuals for cardiovascular disease or
- 4 for other things. We really don't know.
- 5 So if we move towards very large prospective
- 6 population studies, that's something that we're going to
- 7 have to figure out. Obviously, lots of people have ideas
- 8 about it, but it's not like the genetic side where we
- 9 really know what we're doing. It's definitely an area of
- 10 active work.
- 11 The other thing I'd like to raise as an issue
- 12 is the question of what types of information are the most
- 13 important. For example, we've been carrying out a variety
- 14 of studies in epilepsy, and a common way that people have
- 15 been thinking about doing epilepsy work is the sort of
- 16 thing that people usually do, which is you get a lot of
- 17 individuals that have epilepsy and you compare them to a
- 18 lot of individuals that don't have epilepsy.
- 19 Yet epilepsy has quite a striking potential, in
- 20 that in cases where patients don't respond to
- 21 pharmacological treatment, surgery is carried out and the
- 22 actual affected tissue is then available for study, so that
- 23 you can look at the seizure-focus tissue in those patients
- 24 that have to undergo surgery.
- 25 That is basically not being done in epilepsy

- 1 research, and you can actually write out a long list of
- 2 striking opportunities like that if we look at the right
- 3 place and interface correctly with the actual care,
- 4 clinical care, of patients where we might really figure new
- 5 things out if we actually look at the right kind of
- 6 information, and sometimes that right kind of information
- 7 doesn't come from simply enrolling a million people in a
- 8 study.
- 9 I'm not disparaging that. I'm saying there are
- 10 other kinds of data that are available that emerge from
- 11 clinical care that we are not making systematic use of. In
- 12 the area that I'm familiar with, it's certainly the case,
- 13 and in a variety of other areas. So I think we have to
- 14 think very carefully about how we interface genetics work
- 15 with health care to make sure that we really do capitalize
- on the most important types of information as, for example,
- 17 we most certainly are not doing in epilepsy, although, of
- 18 course, we're trying to change that now.
- 19 Another point that I would like to raise in
- 20 that context is the overwhelming importance of having
- 21 detailed information about how patients respond to
- 22 treatment. I'm not going to have a lot of time to talk
- 23 about this, though I'm going to talk a little bit about it,
- 24 but I think that it is now very, very clear that genetics
- 25 plays a major role in influencing treatment response -- in

- 1 particular, responses to medicines -- but in order to make
- 2 progress in identifying the genetic differences among
- 3 patients that influence how they respond to medicines, it
- 4 is essential to have very detailed information about what
- 5 medicines they were given, in what doses, in what
- 6 combinations, and exactly how they responded. So we're not
- 7 going to be able to make progress unless we have that
- 8 available and that's very, very difficult to get.
- 9 In that context, I'd like to mention that one
- 10 opportunity for getting that kind of information may in
- 11 fact be through managed health care providers. Where the
- 12 patient records have been electronic, that may be a
- 13 framework for getting exactly the kind of information about
- 14 drug response that you need. But in thinking about very
- 15 large population studies, I would say that it is absolutely
- 16 essential to make sure that you do the best job that you
- 17 can do in representing how patients respond to medicines.
- 18 So I'd like to just end in the last four or
- 19 five minutes with a couple of thoughts, A, about what we're
- 20 trying to do, and then B, about the case for more serious
- 21 attention to pharmacogenetics.
- 22 First, on the point of what we're trying to do,
- 23 I would like to just raise the issue that in academic
- 24 genetics research there's been a real focus on a final and
- 25 accurate determination of whether a given polymorphism

- 1 really is a risk factor for a given disease. In some
- 2 contexts, that's something that you would like to know.
- 3 For example, in prediction, you would like to know whether
- 4 a polymorphism really is a risk factor, but one thing I
- 5 think that's not so well appreciated is that there are
- 6 contexts where you don't need to know with certainty
- 7 whether a polymorphism really is a risk factor. It's good
- 8 enough to have an educated guess.
- Now, I'd like to make that point by a reference
- 10 to a project that GlaxoSmithKline has carried out, which I
- 11 have not been involved in, but I report this with
- 12 permission, and what they've done is done a genetic study
- 13 comparing individuals with and without Type 2 diabetes, and
- 14 they've tried to identify polymorphisms that are associated
- 15 with diabetes. What they did is they looked at 400
- 16 individuals with diabetes first and 400 individuals
- 17 without, and then they had a follow-up.
- 18 The size of those studies, and we know this
- 19 already from calculations you can do in advance, are not
- 20 sufficiently powered to reach a final determination with
- 21 any degree of statistical confidence that a given
- 22 polymorphism really is a risk factor for diabetes. In
- 23 fact, reaching that final point of confidence is hugely
- 24 expensive in diabetes because we know that the effect sizes
- 25 are small.

- 1 However, what they did come up with is a set,
- 2 when they went through that exercise, of 21 gene variants,
- 3 genetic differences, that appear to be associated. None of
- 4 those 21 clearly, with statistical confidence, is in fact a
- 5 risk factor, but you can ask the question in a somewhat
- 6 different way. You can say I don't care about any single
- 7 one of those. I care about the set of 21. What is the
- 8 probability that at least five or six out of the 21, even
- 9 though I don't know which one it is, really are disease-
- 10 associated? That's a completely different calculation, and
- in fact, in this case, what you find is that probably, with
- 12 fairly good confidence, five out of the 21 are real, but
- 13 you don't know which.
- 14 Now, that's actually still very useful, because
- in the context of drug development, that means you can take
- 16 all 21 and start working on them. You don't have to know
- 17 exactly which one it is, and you could ask the question if
- 18 it's going to cost you another \$250 million to get really
- 19 precise assessments for each of those 21, maybe it's
- 20 actually better to spend \$100 million and start screening
- 21 some of them.
- 22 So what I'd like to point out is that when
- 23 we're thinking about drug development, it is not
- 24 necessarily always just a matter of reaching a final
- 25 conclusion, no matter what the cost is, of whether a given

- 1 polymorphism is in fact a risk factor.
- 2 And the ending, two minutes, is the case for
- 3 pharmacogenetics. I think that in academic research, as
- 4 far as I'm concerned, there is a slightly inappropriate
- 5 overemphasis of studying predisposition directly as opposed
- 6 to treatment response. It's starting to change, but I
- 7 think it hasn't changed enough, and I just want to make the
- 8 case that variable responses to medicines is, A, hugely
- 9 important, and B, easier to do than directly studying
- 10 disease predisposition.
- 11 So these numbers, the study that they're based
- on has many methodological issues and they are highly
- 13 debated, but nonetheless, however you look it, it's quite
- 14 clear that variable responses to medicines is hugely
- 15 important. It has been estimated that adverse reactions to
- 16 medicines cause over 100,000 deaths in the U.S. alone,
- 17 ranking as the fourth or fifth leading cause of death.
- 18 In terms of variable efficacy, as in fact a
- 19 senior vice president for GlaxoSmithKline pointed out,
- 20 medicines typically don't work. So the average rate at
- 21 which a given medicine does what it's supposed to do is
- 22 about 50 percent. It varies across therapeutic areas, and
- 23 a lot of this variation is genetic. We know that, but we
- 24 haven't found it.
- So I'd just close by saying that when you

- 1 actually start looking in detail at the genetic
- 2 determinants of drug response, what you find out is that
- 3 it's usually quite a bit simpler than the genetic basis of
- 4 common disease.
- 5 That has two components. One is that you often
- 6 know where in the genome to look for possible genetic
- 7 determinants of drug response, and two, the genetic
- 8 determinants of variable drug response often are common.
- 9 So they are not the rare things that are hard to find.
- The final point is that when you find a genetic
- 11 determinant of variable drug response, there is often the
- 12 possibility of doing something about it clinically. The
- 13 possibility. It's not immediate, but you often, for
- 14 example, have the possibility of suggesting that you use
- 15 Drug A instead of Drug B or that you change the dose.
- 16 That, as a final point, is in sharp contrast to
- 17 predisposition studies of common disease, where sometimes
- 18 you find things that really are risk factors and there's
- 19 nothing whatsoever that you can do about it. For example,
- 20 ApoE4 is the classic example of that. Certainly, that
- 21 doesn't mean we shouldn't do common disease predisposition,
- 22 but it does certainly mean that in thinking about these
- 23 large population-based studies, we've got to take the drug
- 24 response side and treatment response side more generally
- 25 very, very seriously.

- I'd like to end there, and I should mention the
- 2 people that worked on some of the stuff that talked about.
- 3 Thanks.
- 4 DR. TUCKSON: Thank you very much. Very well
- 5 done.
- 6 Is there one hot, burning question? If not,
- 7 we'll come back and do it at the panel.
- 8 (No response.)
- 9 DR. TUCKSON: David, thank you very much.
- 10 Gil Omenn, terrific to have you with us, and
- 11 we're looking forward to your perspectives on the public
- 12 health point of view on large population studies of human
- 13 genetic variation, the environment, and common disease.
- 14 For our speakers, by the way, just so you'll
- 15 know, there is a little timer that's sitting right beside
- 16 Sarah, and if you want to gauge where you are, it's there
- 17 with the usual yellow light.
- DR. OMENN: Thank you very much, Reed.
- 19 It's a great pleasure to join you. This is a
- 20 scenario in which I've been intensely interested for
- 21 decades, at least 35 years in pharmacogenetics and
- 22 ecogenetics. So the chance to at least share with you how
- 23 I think about think this and how I think many people in the
- 24 public health sciences and public health practice think
- 25 about the opportunities to really make a difference as we

- 1 expand our knowledge base from genetics and other fields is
- 2 especially welcoming. Thank you for having me.
- 3 So here is a visual image which actually is a
- 4 short-term vision, but we'll carry on for decades of work.
- 5 As you've just heard from Dr. Goldstein, we already have
- 6 the beginnings of an avalanche of genomic and genetic
- 7 information, validated SNPs, the beginnings of a haplotype
- 8 map for applications, candidate genes and alleles, and
- 9 especially many candidate genes and alleles for particular
- 10 disease risks.
- 11 The second bullet has been very much less
- 12 addressed, and this is the improvement of our environmental
- 13 and behavioral data sets and, most importantly, their
- 14 linkage with genetic information. In fact, we have many
- 15 proposed statutes and regulations that would make this
- 16 impossible. I'll come back to that at the end.
- 17 The third is, of course, to carry out both of
- 18 the first two items with well-established and, in the
- 19 public mind and the legal mind, creditable privacy and
- 20 confidentiality protections, both for genetic and non-
- 21 genetic information. I'll come back to that also.
- 22 Finally, I think we can be quite confident that
- 23 the technologies we have in hand and the concepts that are
- 24 being developed will yield breakthrough tests, vaccines,
- 25 drugs, behavior change schemes, and regulatory actions, all

- 1 of which would be aimed at reducing health risks and
- 2 treating patients cost-effectively in this country and
- 3 globally.
- 4 You know, in medicine, we say we save one life
- 5 at a time. The School of Public Health at Johns Hopkins
- 6 has adopted this wonderful logo: "We save lives millions
- 7 at a time." That's the public health perspective.
- 8 The world in which we live is well known to all
- 9 of you here. We're very excited about the new biology.
- 10 Most of us recognize that many of the developments in the
- 11 biology have been made feasible, even conceivable, by new
- 12 technologies.
- 13 You know, there's this notion you go from
- 14 science to technology to application. Well, there's a huge
- 15 feedback loop from technologies. This is reflected in gene
- 16 expression microarray, comparative genomics, proteomics, in
- 17 which I'm working intensively these days, bioinformatics
- 18 and computational biology, and on the medical side, and
- 19 increasingly the community health service and public health
- 20 preventive service's side, we talk about evidence-based
- 21 medicine.
- How many of you have heard that phrase,
- 23 "evidence-based medicine"?
- 24 (Show of hands.)
- DR. OMENN: Well, when we use it at a Rotary

- 1 Club talk or someplace else, you can see the mouths open,
- 2 the jaws drop, and finally somebody articulates the
- 3 question if this is exciting and new, what have you folks
- 4 been doing up until now? It's a little embarrassing. But
- 5 we're doing better. We're trying hard and, of course,
- 6 sometimes the hardest sell is with our own clinical
- 7 colleagues.
- 8 The vision from all this is a kind of health
- 9 care and community-based services that would be personal,
- 10 predictive, and heavily preventive.
- 11 This takes people prepared to carry out such
- 12 programs. The Institute of Medicine two or three years ago
- issued this report, in which they stated "With the arrival
- 14 in which we will have the ability to understand
- 15 gene/environmental interactions comes not only the era of
- 16 genomic medicine, but of genomics-based public health.
- 17 Understanding genomics, therefore, is essential for an
- 18 effective public health workforce."
- The CDC is particularly well represented here
- 20 today, appropriately so. Here are our centers that CDC
- 21 established several years ago already, including one we're
- 22 proud to have at the University of Michigan, another which
- 23 I was pleased to help get started at the University of
- 24 Washington, and the third in North Carolina. They
- 25 collaborate effectively. They have a website you can

- 1 check. The mission is exactly the mission of this
- 2 discussion.
- Now, just so we're on the same wavelength and
- 4 especially those who are likely to be aware of this
- 5 meeting, and I'm not actually integrally involved,
- 6 definitions do matter. There's something of a struggle
- 7 over which is the broader term, "genetics" or "genomics."
- 8 In quarters where I live and in some recent reports, we've
- 9 tried to help the public and help ourselves understand
- 10 genetics as the broader historical, broader scientific term
- 11 of approaching genes and their roles in health and disease,
- 12 physiology, and evolution, and genomics being the set of
- 13 powerful new tools for molecular biology, biotechnology,
- 14 and computational sciences that permit us, when we choose,
- 15 to examine the entire complement of genes and their gene
- 16 products altogether, although, as you've just heard,
- 17 generalizing across all genes is a formidable task and we
- 18 end up focusing pretty quickly.
- 19 These global analyses do permit us -- in fact,
- 20 require us -- very usefully to go beyond what we sometimes
- 21 speak of as "looking under the lamp-post," where we already
- 22 know about a gene or a phenotype that we're most interested
- 23 in or a desired effect from a drug and ignore the off-
- 24 target actions of the same drug which lead to nasty
- 25 complications and cost of the drug.

- 1 The same thing on the protein side. We car
- 2 talk about individual proteins or proteins as a class. We
- 3 can talk about proteomics, corresponding to genomics,
- 4 looking globally at as many as possible of the very much
- 5 larger number of proteins and protein forms that are coded
- 6 for by those genes.
- 7 So we already had a good introduction to this
- 8 subject about genomic information from the global analyses,
- 9 the International HapMap Consortium, the direct
- 10 associations of individual SNP alleles with various disease
- 11 phenotypes, the very substantial database -- we heard it's
- 12 now over 10 million -- and the haplotype structure work,
- 13 which is really still emerging with a lot of clever efforts
- 14 to use tagging SNPs and variable linkage disequilibrium,
- 15 recombinant hot spots, and other details of haplotype
- 16 structure.
- Where can we get information about
- 18 environmental variables to put together with the genetic
- 19 information? Well, I'll give you a few examples, and
- 20 you'll more from Dr. Manolio and others this morning.
- 21 The Centers for Disease Control National for
- 22 Health Statistics has conducted for 40 years surveys of the
- 23 American population and increasing numbers of laboratory
- 24 analyses. Now, we're going to hear later and I will come
- 25 to a slide about what is the set of categories called

- 1 "environmental" or "non-genetic" in the U.K. Biobank, but
- 2 here I want to focus particularly on chemical, microbial,
- and, say, environmental exposures complementary to
- 4 behavioral traits, reproductive history, and others which
- 5 you will hear more about from others.
- 6 The NHANES, as it's now called, is proud of
- 7 major impacts. It's a major contributing factor in the
- 8 removal of lead from gasoline, one of the public health
- 9 triumphs of the last century, elaboration of pediatric
- 10 growth charts, prevalence estimates for cholesterol, blood
- 11 pressure, hepatitis C, and other important variables.
- 12 These are the environmental exposures that are
- 13 actually assayed currently in the NHANES, and this is
- 14 ongoing. So lead in a lead biomarker in sites, cadmium,
- 15 mercury, arsenic, organic chemicals, acrylamide, which is a
- 16 reproductive and neurotoxin, phthalates, metals, IgE
- 17 antibody showing latex allergy, aromatic hydrocarbons,
- 18 phytoestrogens, dioxins, and a whole bunch of usually
- 19 serological markers of microbial exposures. Also, cotinine
- 20 for smoking history or, if a non-smoker, environmental
- 21 tobacco smoke exposure, and a whole lot of other phenotypes
- 22 measured in the laboratory.
- 23 So this is a rich data resource. Over the
- 24 years, the NHANES II, which concluded in the '80s and had
- 25 14,000 people. NHANES III, 34,000 people. I actually

- 1 couldn't find in the very extensive website of NCHS the
- 2 number for the current ongoing NHANES study. Muin Khoury
- 3 told me that there will be about 6,000 or 7,000 so far who
- 4 have DNA samples taken. I think that might be about a 10
- 5 percent sample of the total.
- 6 NIEHS is interested in environmental and
- 7 genetic interactions. I recently have served on an
- 8 Advisory Committee on Personalized Exposure Assessment.
- 9 The approaches that we highlighted in our report, which
- 10 will be out shortly in Environmental Health Perspectives,
- 11 were the use of geographic information systems, and the
- 12 example there is the NIEHS set of children's health
- 13 studies, where they combined GIS and wireless devices to
- 14 track exposures to pesticides to validate diary entries.
- 15 These are diary entries not just of diet, but of activities
- 16 and potential activities that would be tied to those
- 17 exposures, including children who might be exposed as
- 18 migrant worker families or children who would be exposed
- 19 with concomitant information about pesticides in the house
- 20 and garden, and they are developing spatial models for
- 21 households at risk for lead poisoning and a variety of
- 22 other exposures.
- 23 The second comes from the technology side of
- 24 biosensors and nanoscale devices which will permit feasible
- 25 measurement in the individual of exposures and relate then

- 1 to actual bioburden measures of the sorts that NHANES does.
- 2 The third category is molecular signatures of
- 3 exposure, early effect, and variation to susceptibility,
- 4 which we call toxicogenomics. The conceptual strategy here
- 5 of really building a program which would fit very nicely
- 6 with what was just described and what's going to be
- 7 described in the Biobank and some other large prospective
- 8 studies may be applied in proper settings to retrospective
- 9 or nested case-control studies as well, of course.
- 10 You have to be able to identify what your
- 11 priority diseases are and the plausible or hypothesized
- 12 environmental factors. This is non-trivial. In fact, we
- 13 basically punted in this study for later work to be done on
- 14 this.
- 15 Identify potential genetic determinants,
- 16 pathways, and model systems for exploring the
- 17 genetic/environmental interactions. Identify target study
- 18 populations for feasible measurement. Define the genetic
- 19 determinants of susceptibility. Conduct targeted exposure
- 20 assessments. Identify and validate biomarkers. Then try
- 21 to bring this all together with genetic/environmental
- 22 interactions.
- One thing that should be emphasized is that the
- 24 era of fighting between whether things are nature or
- 25 nurture, genetic or environmental, is behind us. We're now

- 1 all thinking about contribution of genetic and non-genetic
- 2 factors and specific ways they interact and even, I would
- 3 say -- I cringed a little at the comment in the last talk
- 4 that for Mendelian disorders, of course, we know exactly
- 5 what the genotype/phenotype pattern is. It's a lot more
- 6 direct than for multifactorial diseases, but it is also
- 7 true that the variation can be quite stunning for single
- 8 gene disorders, the most dramatic being reports over the
- 9 last decade from Saudi Arabia and Jamaica of people with
- 10 hemoglobin beta S homozygote status with no apparent
- 11 phenotype, clinical phenotype, full biochemical phenotype,
- 12 and many other examples.
- Technologies and approaches. Some are listed
- 14 here. I think I've already basically mentioned them.
- 15 This is natural process language to try to
- 16 search the vast literature. There are some very good tools
- 17 now becoming available for doing this in an automated way
- 18 to us limited humans.
- 19 GIS I've mentioned.
- 20 Mapping and systems, and one of the questions I
- 21 asked Muin was the extent to which the NHANES findings that
- 22 sample all through the American population are actually
- 23 being mapped as the EPA tries to do for other purposes to
- 24 states, localities, neighborhoods, and maybe impute it all
- 25 the way to individuals, and so forth.

- 1 This is one of the most important things for
- 2 laboratory scientists, which is to link perspective sensors
- 3 and molecular biomarkers in animals and in humans with in
- 4 vitro and in vivo studies to try to make that between
- 5 toxicology and epidemiology which has been needed for so
- 6 long.
- 7 EPA. EPA, of course, regulates air, water,
- 8 soil and, together with FDA, foods, food contaminants. The
- 9 EPA has many measurement and modeling programs, of which
- 10 this may be the most relevant for our purposes today. It's
- 11 called the Multimedia Integrated Modeling System, MIMS.
- 12 The primary application is to simulate ambient airborne
- 13 substances in urban settings, and the spatial scales they
- 14 are looking at range from 10 kilometers down to less than 1
- 15 kilometer, which gets to be interesting for imputation of
- 16 individual exposures.
- 17 They are working on prototypes and successive
- 18 generations of exposure modeling support tools, and this is
- 19 both for air pollution and for homeland security. You can
- 20 easily imagine that.
- These tools bridge modeling gaps between two
- 22 previously quite different approaches. One is the Eulerian
- 23 chemical grid modeling and the other is the Gaussian plume
- 24 dispersion models, which are prominent for water as well as
- 25 air pollution. These models will capture temporal and

- 1 spatial variability at ground-level concentrations of air
- 2 toxics. Also, hazardous releases from stationary sites,
- 3 and may reveal enough hot spots to be quite interesting in
- 4 terms of human studies.
- 5 There is a sort of progression to make ambient
- 6 measurements in the air wherever there's a monitoring
- 7 station, and where those stations are placed, of course, is
- 8 highly irregular and never been systematized around the
- 9 country.
- There are personal monitors. We're familiar
- 11 with these in the workplace, of course, in industrial
- 12 hygiene, but they're available for community sampling
- 13 studies.
- 14 There is biomonitoring, as shown here for
- 15 several examples. Of course, with biomonitoring in
- 16 isolation, as with NHANES, or with maybe the studies that
- 17 are going to be done under these genetic population
- 18 studies, there's usually very little information about the
- 19 source of the agent that's measured, and that needs to be
- 20 thought about in advance.
- 21 Finally, there's the National Scale, sort of
- 22 the summation of all this, and the CDC in 2003 already did
- 23 have 116 environmental chemicals, including the ones I
- 24 listed for you a moment ago.
- 25 Here, John, is my take from the Web and from a

- 1 meeting I was at, a planning meeting in Dublin four years
- 2 ago. I wasn't aware when I prepared my slides that we were
- 3 going to have an expert talk about this from the people who
- 4 are actually doing it, so I'll be very quick, but maybe it
- 5 would be interesting to see the perspective of someone
- 6 across the ocean about what we know about what's going on.
- 7 So this is a genetic databank to be developed
- 8 from blood samples from half a million people. I
- 9 understand that the studies will be based on proposals from
- 10 researchers. The recruitment will be through general
- 11 practices, many of them, in regional combines with a 10-
- 12 year follow-up. The age at recruitment, 45 to 69, and
- 13 there are expected to be substantial number of deaths over
- 14 that period of time from common diseases, some of which
- 15 would be of great interest here.
- 16 There will be a questionnaire for risks,
- 17 lifestyle, diet, and there will be a blood sample taken.
- 18 There's not been too much said yet about what the blood
- 19 sample will be used for. Maybe we'll hear today.
- 20 Statistical power estimates. It's very
- 21 important in planning studies, of course. They expect over
- 22 5,000 cases per year for diabetes mellitus, ischemic heart
- 23 disease, myocardial infarction, colorectal cancer and
- 24 breast cancer, and you can see here the projected relative
- 25 risks and interaction ratios that they would be able to

- 1 detect with these numbers and that power. I'm sure that
- 2 should be .01. So 1 percent significance. Then at a lower
- 3 incidence, there would rheumatoid arthritis, Parkinson's
- 4 disease, hip fracture, ovarian cancer, bladder cancer, and
- 5 others, with, again, power estimates.
- 6 They have a very high expectation that 40 to 50
- 7 percent of the patients in each practice would actually
- 8 enroll. This would be astonishing in America. Maybe they
- 9 can do it in the U.K.
- Now, they've chosen for the blood sample EDTA
- 11 plasma. It's a very interesting question always of what
- 12 form of serum or anticoagulant to be used. In a separate
- 13 big international collaboration I lead about proteomics of
- 14 plasma and serum, we have similarly given high grades to
- 15 EDTA, but even higher to citrate plasma.
- There will be nested case-control and cross-
- 17 sectional studies, including a variety of family-based
- 18 studies.
- 19 There have been some criticisms of the design,
- 20 naturally. One is that even at half a million people, the
- 21 cohort is much too small to analyze complex multifactorial
- 22 diseases.
- 23 Heterogeneity within these disease diagnostic
- 24 categories is extreme. When I was in Ireland, there was a
- 25 big discussion about a proposal to actually enroll sib

- 1 pairs, which would be particularly informative for genetic
- 2 studies. I'm curious what the status of that is. I
- 3 couldn't find any mention in the website.
- 4 The cohort age of 45 to 69, of course, is a
- 5 late time to be gathering information about the crucial
- 6 determinants of early stages of latent diseases, long-
- 7 gestating diseases.
- 8 Of course, relying on medical records, while
- 9 maybe they are better than here, is still a limitation.
- 10 There is some comment that there might be an overemphasis
- 11 on genetic factors because of the reliance on the medical
- 12 record and because of the lack of much collection about
- 13 other kinds of environmental factors, and there have been
- 14 vigilant consumer and patients looking out for
- 15 confidentiality and opposing any kind of genetic behavior
- 16 studies, and some other concerns.
- 17 These are the exposure categories, as I
- 18 understand it. You can see them all listed here, and no
- 19 specific mention of environmental chemicals, which in this
- 20 country would be top of the public's list.
- 21 Examples of the kinds of studies that can be
- 22 undertaken you see here. All of them are interesting, yet
- 23 they're of a subset of the variety that I've been
- 24 indicating would be a broader environmental/genetic
- 25 interaction.

- 1 Now, other large-scale studies are underway in
- 2 various places, and in the Biobank site they mention the
- 3 much-publicized studies in Iceland and less publicized in
- 4 Estonia and under development in Canada. There's a big
- 5 European collaborative study called EPIC, and there are
- 6 others which Teri Manolio I guess has provided those of you
- 7 who received the materials for this meeting.
- Now, in this country, the most remarkable study
- 9 of the last decade has been the Women's Health Initiative,
- 10 with 160,000 women participating in both observational and
- 11 randomized studies, and as you know, the outcomes have been
- 12 front-page news most months.
- Now, let me bring this into a little broader
- 14 perspective from the public health view. This is about
- 15 genetics and environment and how we share a lot of
- 16 interests. We both aim to bring together the digital code
- 17 of inherited information with the environmental cues, some
- 18 people call them, from nutrition, metabolism, lifestyle
- 19 behaviors, pharmaceuticals and nutriceuticals -- don't
- 20 forget the nutriceuticals -- and these chemical, physical,
- 21 and infectious exposures.
- 22 The broad way to think about this is a systems
- 23 biology approach that looks at the inputs, the
- 24 perturbations, and then genomic, epigenomic,
- 25 transcriptomic, proteomic, metabolomic levels of

- 1 integrating the molecular information.
- 2 Ecogenetics has been the focus of my talk here
- 3 and I'm going to carry on for a few more minutes about
- 4 environmental and occupational exposures and variations to
- 5 susceptibility, but it can be looked at from the point of
- 6 view of infectious diseases, chronic diseases, nutrition,
- 7 unhealthful behaviors, and it means that we should include
- 8 genetics prominently in protocols for health promotion and
- 9 disease prevention, and these would include host/pathogen
- 10 interactions as well as drug and vaccine development. I've
- 11 already mentioned the training need.
- 12 Put all that together and there should be, in
- 13 the next decade or two, really a golden age for public
- 14 health sciences. We need these kinds of population-based
- 15 disciplines in order to make sense of genetic variation.
- 16 It would be a tragedy, in my view, if we had extensive
- 17 genetic variation and really could not make the
- 18 relationship to phenotypes or answer people's questions
- 19 about what you could do with this information to reduce
- 20 your health risks.
- 21 With regard to the chemical exposures
- 22 specifically, there is a discipline of risk assessment,
- 23 risk management, risk perception, and risk communication
- 24 which has developed over the last 25 years. It's really
- 25 all addressed at this question or this observation:

- 1 scientists disagree.
- 2 This is extremely bewildering and disconcerting
- 3 to a lot of people. In fact, in this current debate about
- 4 faith-based ways of thinking and scientific ways of
- 5 thinking, the characterization of scientific ways of
- 6 thinking as all based on fact and certainty is a huge
- 7 failure of our communication because we are typically most
- 8 interested in what we don't know and what is uncertain and
- 9 how we could learn more and make it useful.
- 10 There's a framework for this kind of thing with
- 11 regard to regulatory decisionmaking in chemicals, and other
- 12 factors, too, but especially for chemicals to identify
- 13 whether there's potential for hazard with all of these
- 14 methods, especially the ones I've been talking about, to
- 15 characterize the risk -- very important word, characterize,
- 16 not just to quantify, but to describe, have a useful
- 17 narrative about the nature of the health effects observed,
- 18 the phenotypes and how reversible they are, how serious
- 19 they are -- related to potency, exposure analysis, which
- 20 until recently was very underexplored, and our point here,
- 21 of course, variation susceptibility, and then to do
- 22 something about it. Very often information, long before
- 23 there's a regulatory action, has a powerful effect.
- 24 Toxicogenomics I mentioned. This is the
- 25 signature program at the NIEHS, the National Toxicology

- 1 Program. There's a framework which says we need to put any
- 2 environmental scare or scientific finding into broader
- 3 public health and maybe even ecological context, and then
- 4 have an orderly process of developing an assessment of the
- 5 risk, reasonable options, make decisions, actually make
- 6 decisions and carry them out, and evaluate what we've
- 7 accomplish if we do. All of this, from the very beginning,
- 8 with active engagement, proactive engagement, of
- 9 stakeholders -- very important -- as the genetics community
- 10 has been doing around our issues.
- 11 Context means, in the environmental world,
- 12 going beyond the statutory scheme we have of one chemical,
- one environmental medium, one health effect at a time.
- 14 Think about the total public health status of children or
- 15 of any other group.
- 16 Intense requires multiple molecular markers and
- 17 especially a public health comprehensive view.
- 18 Context means medical source of the same agent,
- 19 number of pathways of exposure, multiple risks from one
- 20 agent or multiple agents causing the same effect, data,
- 21 surveillance, interaction with the environment, and crucial
- 22 issues about health disparities, environmental justice,
- 23 social and cultural traditions, and differences in
- 24 perception about risks and what should be done about them.
- 25 Finally, I want to point out some good work

- 1 from an organization called Partnership for Prevention
- 2 engaging with the states. Of course, CDC is very active
- 3 with the states and other agencies. There's a lot of
- 4 action at the state level. In fact, pending federal
- 5 legislation on protecting people from insurance or
- 6 employment discrimination for genetic diagnoses, some 38
- 7 states at least have passed their own patchwork of
- 8 legislation.
- 9 Well, the aim for states is shown here.
- 10 Monitor what's happening and to ensure that we have
- 11 applications not just for treatment of people with specific
- 12 diseases, but for health promotion and disease prevention.
- These are the two key findings. The first
- 14 we've already covered, that there's a lot of opportunity in
- 15 this genomic era.
- 16 The second is a hot policy debate and it was
- 17 the position of the Partnership for Prevention that
- 18 genetics and genomics should be integrated into existing
- 19 health, social, and environmental policies, rather than
- 20 establishing stand-alone genetics programs. Maybe you
- 21 don't all agree with this, but let me tell you why.
- 22 This is quotation from that report citing a
- 23 very highly regarded report which I was not personally
- 24 involved in at the State of Michigan from the Governor's
- 25 Commission on Genetic Policy and Progress. "At a time when

- 1 many state policies were based on exceptionalism" -- that
- 2 means taking genetics out from the mainstream of medicine
- 3 and public health -- "Michigan adopted an integration
- 4 perspective and recommended that genetic issues be dealt
- 5 with in the context of overall medical care values and
- 6 principles."
- 7 "All health conditions have some degree of
- 8 genetic basis. It's very hard to draw a line between what
- 9 is genetic and what is not. Most common diseases that
- 10 we're emphasizing here result from gene/environment
- 11 interactions. So genetic advances are likely to extend and
- 12 expand, certainly not supplant, current practices in
- 13 medicine, public health, and environmental protection.
- 14 "Some genetic variations are associated with
- 15 greater health risk than others. Covering this huge range
- 16 with a one-size-fits-all policy is inappropriate.
- 17 "Decisions about genetic policy involve complex
- 18 issues about ethics, costs, benefits, individual and
- 19 societal interests. Medical care decisions should be
- 20 linked with research, insurance, and broader public health
- 21 policies.
- 22 "The intersection between genetics and public
- 23 policy is both immediate and long-term, warranting close
- 24 monitoring."
- I added this line on the bottom, which is that

- 1 in this era where in the clinic, where I will be all day
- 2 tomorrow, we have to tell patients that it would be wise to
- 3 make sure your insurance is complete and adequate before
- 4 you have any tests done, and that prohibiting
- 5 discrimination based on test results or genetic diagnosis
- 6 is necessary.
- 7 The kinds of research we want to stimulate in
- 8 populations and communities requires certain principles.
- 9 Albert Johnson, a prominent bioethicist, observed in one of
- 10 our seminars years ago in Seattle that while we had
- 11 developed very widely accepted concepts and tools for
- 12 ethics in medicine -- namely, the informed consent
- 13 principle and the principle of autonomy of the individual
- 14 participant -- that we had no corresponding highlighted
- 15 principles for public health or community-based research.
- 16 So Jim Ledrefow and I and others developed and
- 17 we published this scheme about engaging community partners
- 18 early in the planning process, keeping them posted, seeking
- 19 their input in the analysis and interpretation, building
- 20 productive partnerships that last, and empowering people to
- 21 propose studies.
- There are sources of information shown here,
- 23 and a final comment six years ago from Francis Collins that
- 24 what we're engaged in collectively, mapping the human
- 25 genetic terrain, may rank with the great expeditions.

- 1 It's clear that to get maximum value and meet
- 2 our public responsibilities that we need to understand the
- 3 progression from genes through proteins and some molecular
- 4 and laboratory interests, and of course, clinical
- 5 translation and, more broadly, to address the issue of this
- 6 meeting, which is to link genetic variation with the many
- 7 kinds of non-genetic variables.
- 8 Thank you very much.
- 9 DR. TUCKSON: Terrific. Thank you very much,
- 10 Gil.
- 11 Again, any one particular question?
- 12 (No response.)
- DR. TUCKSON: Thank you, Gil. We'll come back
- 14 to you in just a bit.
- 15 Now Teri Manolio will give us a sense of the
- 16 overview of this issue from the international and national
- 17 perspective. Thank you so much, Teri.
- DR. MANOLIO: Great. Thank you very much.
- 19 I appreciate being invited to comment on
- 20 international and national cohort studies. There are a
- 21 large number of them and we won't be able to do them all
- 22 justice. Luckily, several will be discussed in more detail
- 23 here.
- 24 So what I was asked to do was to review these
- 25 studies and then talk somewhat more about design as well,

- 1 design of prospective studies versus case-control studies,
- 2 design of phenotypic definition, and I probably won't have
- 3 a chance to get to this last one, use of existing cohorts
- 4 versus new cohorts, but if we time we'll do that as well.
- 5 There are, as I said, a large number of these.
- 6 There are new ones sort of cropping up every day. Very
- 7 few of them had actually gotten into the field and gotten
- 8 going.
- 9 The Public Population Project and U.K. Biobank
- 10 you'll hear about a little more from subsequent speakers,
- 11 so I won't focus as much on them. Biobank Japan and
- 12 Estonia I can talk about a bit, and this one I can go into
- 13 a little bit more detail because it's actually the one
- 14 that's furthest along and is generating results. I'll also
- 15 comment on the Marshfield Project, you'll hear about the
- 16 National Children's Study, and there are a variety of other
- 17 clinical samples that I won't go into.
- 18 Just a broad overview of several of the
- 19 international ones, the Biobank Japan, obviously in Japan,
- 20 is anticipated to be 300,000 people ages 20 and above. The
- 21 focus at present is on 47 common complex diseases, which,
- 22 as we've heard before, were diseases that do not seem to
- 23 have Mendelian patterns of inheritance that are related to
- 24 a single gene, but probably to multiple genes. Access to
- 25 those data and samples at present is limited to Japan and

- 1 Japanese researchers.
- Decode Genetics was mentioned earlier. It's in
- 3 Iceland. They anticipate having most likely the entire
- 4 population if they keep going, at least all of those that
- 5 consent, which would be at least 200,000 of all ages, 50
- 6 common diseases, and access is possible with collaboration.
- 7 The Estonian Genome Project in Estonia has
- 8 varying estimates of the size. The total size of the
- 9 country is about 1.3 million and they had initially talked
- 10 about trying to get a million of those. Now they're
- 11 scaling back a bit more to closer to 100,000. The age I'm
- 12 not quite sure of. I assume it's all the adults, but I
- 13 don't know. Common diseases, and again with collaboration.
- 14 Then you've heard much about U.K. Biobank and
- 15 we'll hear much more about that.
- 16 CARTaGENE is a Canadian study in Quebec. It's
- 17 anticipated to be about 50,000 people aged 25 to 74.
- 18 Again, focusing on common diseases, and Mylene, who will be
- 19 filling in for Bartha Knoppers, whose flight was canceled,
- 20 will tell you more about that perhaps.
- 21 GenomeEUtwin, similarly, is part of that
- 22 collaboration. It has seven European countries with 800,00
- 23 twin pairs. Twin pairs are a very interesting genetic
- 24 model. They have great strengths, as well as some
- 25 weaknesses, and I'm sure you'll hear about that. It's

- 1 focusing on seven key outcomes at present, and they are
- 2 available with collaboration.
- 3 The Marshfield Personalized Medicine Project is
- 4 in Marshfield, Wisconsin, relying on the Marshfield Clinic.
- 5 It anticipates 40,000 people 18 and above with a very large
- 6 focus on adverse drug reactions. David Goldstein spoke to
- 7 you earlier about the importance of adverse drug reactions,
- 8 and I think that would be a place, David, where you could
- 9 find some really exciting information about this.
- 10 The National Children's Study Dr. Brenner will
- 11 be talking about a little bit later. It's to include
- 12 100,000 infants and their mothers and to follow them for 21
- 13 years.
- 14 Just briefly to comment on Biobank Japan, the
- 15 goal of the study is to clarify on a large basis the causes
- 16 of diseases and medication side effects in relation to
- 17 genetic variations and ultimately to develop new drugs and
- 18 diagnostics.
- 19 The goal of many of these large biobanks is
- 20 focusing towards drugs and diagnostics as a way not only to
- 21 contribute to the field, but also to help support the
- 22 biobank itself.
- 23 Samples and data will be collected and are
- 24 being collected by a network of collaborating organizations
- 25 and private universities. Public universities are not

- 1 involved in this one, and that has raised some eyebrows, as
- 2 it were, outside of Japan, but the Japanese seem quite
- 3 happy with it and it's their study.
- 4 These are some of the universities that are
- 5 involved. The Tokushukai group bills itself as the "third
- 6 largest hospital group in the world," and it does have a
- 7 very large catchment area.
- 8 They hope that their project will stimulate the
- 9 development of legislation in Japan to protect personal
- 10 research information. Not only genetic information, but
- 11 research information in general, which is an interesting
- 12 sidelight to the biobank.
- 13 It was begun in 2003. Ninety-thousand samples
- 14 have been collected to date, and that actually is 120,000
- 15 disease cases because each person that they've collected
- 16 has more than one disease. This is unlikely to be a random
- 17 population sample. It's more patient-based because it's
- 18 working with hospitals, and so its relevance to a general
- 19 population is a little more questionable.
- 20 Distribution of DNA and serum to Japanese
- 21 researchers has already begun.
- The Estonian project has a similar goal to find
- 23 links between genes, environmental factors, and common
- 24 diseases, and apply that to improved health care. There
- 25 may be as many as a million persons, but now scaling down

- 1 perhaps to 100,000, and it was begun in October of 2002
- 2 with about 10,000 recruited in an initial pilot as of 2004
- 3 in three Estonian counties.
- 4 There is written informed consent, a 60 to 90-
- 5 minute questionnaire that includes genealogic information
- 6 at least back two or three generations, simple measures --
- 7 height, weight, blood pressure, heart rate -- and a 50-
- 8 milliliter blood sample.
- 9 Personalized information is intended to be
- 10 provided back to participants with their consent and with
- 11 their interest, and to their physicians, again with their
- 12 consent. The people who participant in this are called
- 13 "gene donors," and actually participants can go on to their
- 14 website in Estonia and ask a series of questions about
- 15 their involvement and what it means for them.
- 16 There is a non-profit Estonian Genome Project
- 17 Foundation which is in public/private partnership with
- 18 eGene, Inc., which was a private arm. Actually, they have
- 19 just recently dissolved their arrangement with eGene in
- 20 2004 and they're now looking for other sources of funding.
- The Marshfield Project, as I mentioned, is
- 22 based out of the Marshfield Clinic in Wisconsin, which is a
- 23 very large private set of clinics. It's intended also to
- 24 translate genetic data into knowledge that will enhance
- 25 patient care.

- 1 It utilizes the Marshfield Epidemiologic Study
- 2 Area in Central Wisconsin, which has a longstanding
- 3 electronic medical record program, and so utilizes the
- 4 strength of having ongoing electronic records. I would
- 5 comment, though, that clinicians are still clinicians, even
- 6 in Wisconsin, and they don't always record things in a
- 7 standardized way. So just because it's electronic doesn't
- 8 mean that it's reliable.
- 9 There are active programs in Marshfield in
- 10 genomics and clinical research. They intend to recruit up
- 11 to 40,000 people aged 18 and older. This was begun in
- 12 September of 2002 and 17,000 recruited so far. Response
- 13 rate is actually fairly respectable for a study of this
- 14 size and scope, 45 percent. In epidemiological studies, we
- 15 like it to be much higher, but for a variety of reasons,
- 16 this is quite good.
- 17 There is written informed consent, a 30-minute
- 18 visit with questionnaires, DNA extraction, blood. The data
- 19 are encrypted, which means that there is no one with access
- 20 to the identifiable clinic information has also access to
- 21 the genetic information, and there's a link there that can
- 22 be broken by a third party.
- 23 DeCODE Genetics is the Icelandic group. They
- 24 are a biopharmaceutical company that are applying
- 25 discoveries in genetics to develop of drugs for common

- 1 diseases.
- 2 They utilize the unique resources of Iceland,
- 3 which is that, first, it's relatively isolated. It's an
- 4 island in the middle of the North Atlantic. There are
- 5 founder effects there, which means that they were settled
- 6 by a relatively small number of people -- probably in the
- 7 tens of thousands, though, still -- in the early 10th
- 8 Century, and it remained isolated since then. They've also
- 9 gone through a series of population bottlenecks, famine,
- 10 disease, and volcano eruptions and things.
- 11 They also have an extensive genealogic database
- 12 extending back to the settlement of the island in 900 A.D.
- 13 They have a very small number of high quality referral
- 14 hospitals and very good records.
- 15 DeCODE currently has DNA and data on 110,000
- 16 consenting Icelanders and about 25,000 non-Icelanders from
- 17 various parts of Europe that they have collaborations with.
- 18 It was begun in 1998.
- 19 There was tremendous controversy generated by
- 20 this project, primarily because of their proposal for an
- 21 opt-out consent for access to medical records. There was a
- 22 proposal to have what was called a health sector database
- 23 that would be accessed in everyone, and this opt-out
- 24 consent did cause a big problem. That eventually was
- 25 abandoned. The plans for that, whether they'll be

- 1 revisited or not in Iceland is not clear, but there has
- 2 been written informed consent for all of the genetic
- 3 studies, and there's third-party encryption as well.
- 4 I should, in the interest of full disclosure,
- 5 mention that I am collaborating with this group. So that's
- 6 partly how I know a little bit more about it, but you may
- 7 want to take my comments in that context.
- 8 The uniqueness of this population, as I
- 9 mentioned, they were founded by settlers of mixed Northern
- 10 European descent from Norway and Sweden. They stopped off
- in the British Isles and picked up some passengers,
- 12 sometimes willing and sometimes not, and went to Iceland
- 13 from there.
- 14 The current population is about 285,000, which
- 15 is almost exactly one one-thousandth of the U.S. It's
- 16 about the size of the town of Framingham, which you may
- 17 have heard of, and another tremendous resource is their
- 18 careful genealogic records. Genealogy in this country is
- 19 more than a national hobby. It's almost an obsession. I
- 20 mean, they all know who they're related to. When two
- 21 Icelanders meet, they'll say, "Oh, you're so and so's
- 22 grandson. My cousin went to school with your aunt, " and
- 23 they can all relate each other to various and sundry
- 24 relatives, and without any enmity or anything. It's not
- 25 like there are feuds between clans and that sort of thing,

- 1 but it's clearly something that they're very interested in
- 2 and have kept very good records.
- 3 So given the relatively small founder
- 4 population, there is relatively similar genetic background,
- 5 and their isolation following that means that there are
- 6 fewer variants to study.
- 7 What has been done with these genealogic
- 8 records -- which any family, if you visit an Icelandic
- 9 home, they have books in their family and after dinner
- 10 they'll take them out and show you how they relate back to
- 11 various groups -- is these have been computerized, and
- 12 every Icelander has a password to this.
- 13 This is actually the genealogy of Kar
- 14 Steffenson, who is the founder of deCODE, and he can go
- 15 into this, as can any Icelander, and trace his genealogy
- 16 back one, two, three, four, five, six generations to this
- 17 person. Then click on this next button, and she was born
- 18 in 1776, and trace her back another six generations. Ther
- 19 the next one, born in the 16th Century, and in the 14th
- 20 Century, and in the 12th Century, and finally back into the
- 21 10th Century. So back to their original Norwegian
- 22 founders. Most of them can do this. It's really quite
- 23 remarkable.
- 24 What they also can do is when they meet
- 25 someone, they can go home and look them up in this

- 1 database --
- 2 (Laughter.)
- 3 DR. MANOLIO: -- and found out who they're
- 4 related to and find out how closely they're related to each
- 5 other. So married couples, it was very interesting when
- 6 this came out. They were saying, "Oh, we're actually
- 7 related back five or six generations. Maybe that's why our
- 8 son Charlie is so strange."
- 9 (Laughter.)
- DR. MANOLIO: More often, it's just an
- interesting hobby that they have. They're very interested
- 12 in it. They'll say, "Oh, I can go home and check and see
- 13 who I'm related to," and this is a big deal for them, so
- 14 that's fine.
- 15 It's also a big deal for science because what
- 16 one can do then is take two people that happen to have the
- 17 same disease and see how they're related to each other and
- 18 pull out groups of cases that actually are related in very
- 19 large pedigrees.
- 20 That was done in our atrial fibrillation
- 21 project. This is a pedigree with 69 patients. It's not
- 22 the largest one that they had. There was one that was 700,
- 23 but this one fit on the page.
- 24 What this shows you is that all these people
- 25 with atrial fibrillation in these little black boxes and

- 1 circles, which are a tremendous resource then for finding
- 2 genes, and the purpose of this kind of study is to actually
- 3 identify genes related to common diseases.
- 4 What we did with this then, recognizing that
- 5 common diseases don't show Mendelian inheritance patterns
- 6 and very often you don't just have affected sibs, which is
- 7 the model that's most often used in this country looking at
- 8 sib pairs, but you often have people with more distant
- 9 relatives. So you can look at the degree of relatives.
- 10 If you have a person with atrial fibrillation,
- 11 his or her first-degree relatives are 77 percent more
- 12 likely to have atrial fibrillation than people without a
- 13 relative with atrial fibrillation. If you exclude the
- 14 first-degree relatives, which are mothers, fathers,
- 15 sisters, brothers, daughters, and sons, the relative risk
- 16 is still 36 percent higher, 18 percent higher if you look
- 17 at third-degree relatives, 10 percent, and 5 percent if you
- 18 look at fifth degree.
- 19 Very few populations can go to this level of
- 20 detail in relationships, and what's interesting about this
- 21 particular example is that this decline by halves basically
- 22 in degree of relative risk parallels the decline in sharing
- 23 of genetic variants through generations. So it's a very
- 24 strong suggestion that there's something genetic here that
- 25 is related to this disease.

- 1 So deCODE has used this approach to map
- 2 diseases, which means finding areas of chromosomes that are
- 3 likely to be related to disease for all of these diseases
- 4 shown in white here. For those shown in blue, they've
- 5 actually identified what likes to be a causative variant.
- 6 So within a gene, they've found the gene and the
- 7 possibility of a variant related to it. Then these purple
- 8 ones are things that they've actually developed drugs for
- 9 and are in clinical trials to try to reduce. So again, a
- 10 very powerful way for finding genetic variants.
- Now, one of the challenges in identifying genes
- 12 is to actually understand, as Gil was alluding to earlier,
- 13 the population impact of these, and I guess I would quibble
- 14 a bit with Dr. Goldstein's comment that just because you
- 15 know a gene, you can't do anything about it.
- ApoE4, for example, we actually know interacts
- 17 with a variety of other risk factors in relationship to
- 18 cognitive decline, and it may be that one would want to
- 19 really reduce those other risk factors as a way of perhaps
- 20 reducing the risk in someone with ApoE4. That's a
- 21 reasonable research question that needs to be pursued.
- 22 But if you consider genes just to be risk
- 23 factors passed from parents to children, epidemiologists
- 24 know what to do with risk factors. Then you want to
- 25 determine the prevalence of them. You want to look at

- 1 associations that are identified in family studies or other
- 2 studies, and assess their magnitude and independence,
- 3 recognizing that common risk factors are generally not
- 4 strong ones and strong risk factors are generally not
- 5 common. If they were, we'd all have them and we'd all be
- 6 sick. So basically, those get weeded out and we end with
- 7 the smaller effect, but that are much more common.
- 8 One can define associations with a variety of
- 9 phenotypes. Not just atrial fibrillation, but perhaps as
- 10 it's related to other diseases as well, and identify
- 11 factors, particularly environmental factors, because these
- 12 are the things that we can change. These are the things
- 13 that have changed in the past 30 years to give us this
- 14 incredible epidemic of obesity that we're facing. That
- 15 hasn't been the genome that changed. If we can identify
- 16 those things and have some impact on them, we may
- 17 particularly want to do that within genetically susceptible
- 18 individuals.
- 19 This shows just three of the variants that
- 20 deCODE has identified. There is a little bit known on the
- 21 allele frequency and the risk associated with these in the
- 22 Icelandic population. The Icelandic population, for a
- 23 variety of reasons, is very different from the U.S.
- 24 population, and one would want to know not only the allele
- 25 frequency and the risk, but other phenotypes and

- 1 associations are there with these particular variants? And
- 2 particularly, what modifies them? Very little of that work
- 3 has been done and that's what needs to be done in these
- 4 larger biobanks.
- 5 Francis Collins published a paper earlier this
- 6 year talking about the need for large cohort studies, and
- 7 Dr. Guttmacher will comment on this a little bit later.
- 8 Identifying and reducing disease risk depends
- 9 on an unbiased determination of a variety of things. The
- 10 actual quantitative contribution of both the environment
- 11 and the genetic factors, the interactions among them, and
- 12 the interplay among other disorders that may share common
- 13 risk factors. So if you get heart disease, does that
- 14 affect your risk for asthma or cancer or other things? It
- 15 probably does.
- 16 He recognized and pointed out that replication
- 17 of associations and estimating their magnitude,
- 18 consistency, and their time relationships is best done
- 19 through prospective cohort studies.
- 20 Just briefly, cohort studies are prospective --
- 21 that is, from before the time a disease develops out into
- 22 the future -- investigations of a representative sample,
- 23 representative meaning that you can relate that back to the
- 24 population from which it was drawn. So you're not just
- 25 studying truck drivers who may be different from the rest

- 1 of the population. You're not just studying Air Force
- 2 pilots. You're taking a sample that's representative of
- 3 the entire group.
- 4 You follow them for development of specified
- 5 endpoints. So you want to identify things and look for
- 6 them actively, so that they don't just happen to be picked
- 7 up, but actually are surveyed and picked up systematically.
- 8 The purpose, as mentioned before, is to
- 9 identify risk factors predisposing to development of the
- 10 disease in general populations. Particularly, you want
- 11 this design when you're looking for risk factors that are
- 12 affected by disease. So you can't measure them after the
- 13 disease has occurred, the things that are affected by
- 14 treatment or by lifestyle changes. When people feel sick,
- 15 they might think I need to do something about it to prevent
- 16 myself from getting disease, and so those things can then
- 17 have an impact on the associations you measure.
- 18 You particularly want to look at those that are
- 19 difficult to recall or in which there is biased recall once
- 20 somebody develops a disease, and we'll talk about that in a
- 21 minute, or with hypothesized early pathogenic effect. So
- 22 something that has an impact early on and then later on may
- 23 not have much an effect at all, you're likely only to pick
- 24 those up in prospective studies, rather than waiting until
- 25 the disease occurs.

- 1 And they complement a variety of other
- 2 epidemiologic designs which I'll talk about, particularly
- 3 case-control studies.
- 4 Again, in the interest of full disclosure, I
- 5 should mention that I'm responsible for the group at the
- 6 Heart, Lung, and Blood Institute that runs major cohort
- 7 studies, such as Framingham, Honolulu, and a variety of
- 8 others. The sample sizes are shown here and the ages, and
- 9 fortunately we're doing a little bit better in including
- 10 minorities, but that has been a challenge.
- 11 Pros and cons of these kinds of studies. They
- 12 are very expensive, they take a very long time, you need
- 13 large numbers of people, and they're very broad-based, and
- 14 so there tends to be a lot of criticism of them as being
- 15 fishing expeditions, et cetera, et cetera.
- They, however, provide risk information that
- 17 really you can't get any other way. Healthy people don't
- 18 typically go to the doctor, and they don't get screened and
- 19 they don't get their risk factors measured, and if you want
- 20 to understand why healthy people get sick, rather than why
- 21 sick people get sicker, what you need to do is a
- 22 prospective study.
- 23 In general, the public is better able to
- 24 understand these than often with clinical studies because
- 25 you can relate to the people. "Gee, that's somebody just

- 1 like me. That isn't somebody that was exposed to
- 2 beryllium, " or whatever it might be. "It's somebody just
- 3 me living in a community. I can understand that."
- 4 They identify modifiable risk factors that
- 5 might be intervened upon, which is what we're in this
- 6 business for anyway.
- 7 If you wanted to look at the characteristics of
- 8 ideal cohort studies, size is very important. The larger,
- 9 the better, up to some degree, obviously, because when they
- 10 get to be too big you may not be able to actually measure
- 11 enough on them to make them worthwhile.
- 12 They should be representative. They should be
- 13 diverse in geography, in this country, at least,
- 14 socioeconomic status, and race/ethnicity.
- 15 There should be standardized and reproducible
- 16 characterization of exposures and risk factors. Ideally,
- 17 there should be repeated interim measures to check
- 18 differences or changes in risk factors and exposures over
- 19 time, and comprehensive standardized assessments of
- 20 outcomes.
- 21 If one doesn't do this, particularly the
- 22 standardized aspects of it, you're prone to a variety of
- 23 biases that can affect your study results and lead to
- 24 basically erroneous conclusions. I've mentioned a number
- 25 of them here. Several of these are particular problems in

- 1 the case-control study design, and case-control studies
- 2 have gotten a bad name mainly because I think people
- 3 haven't followed appropriate design strategies for them.
- 4 These are three assumptions that one has to
- 5 basically meet in order to have a well-done case-control
- 6 study. The cases are representative of everybody who
- 7 developed the disease. Not just the people who go to
- 8 Hopkins, not just the people who drop dead, but everybody.
- 9 Controls are representative of the general
- 10 population that don't develop the disease.
- 11 Most importantly, collection of risk factor and
- 12 exposure information is the same for cases and controls.
- 13 This can be a real problem because once somebody is sick,
- 14 it affects the way they recall things and the way they
- 15 report them.
- The advantages of this are it may be the only
- 17 way to study rare diseases.
- 18 Existing records can often be used if the risk
- 19 factor data are collected independent of disease status,
- 20 and that often doesn't happen. Once somebody has lung
- 21 cancer, you ask them 1,000 times if they smoked and were
- 22 exposed to asbestos and that sort of thing.
- 23 You can study lots of etiologic factors, and
- 24 they may be less time consuming and expensive.
- Disadvantages are that they rely on recall or

- 1 records for information, and validation of these past
- 2 records can be very, very difficult. Selecting an
- 3 appropriate comparison group can be tough, multiple biases,
- 4 as we talked about before, can get spurious evidence of
- 5 associations, it's difficult to study rare exposures, and
- 6 it's difficult to study temporal relationships.
- 7 Now, it's usually at about this point in a
- 8 conversation with geneticists that they say me, "Now, wait
- 9 a minute. This is genetics, you dumb epidemiologist. This
- 10 is different. Genes are measured the same way in cases and
- 11 controls. No bias there." Information on your key
- 12 exposure of the genes, then, is very easy to validate.
- 13 There's no recall or reporting and temporal relationships
- 14 are very clear.
- But in response, I would say that bias-free
- 16 ascertainment of cases and controls is still a major
- 17 concern. Cases in most clinical series are very unlikely
- 18 to be representative and assessment of risk modifiers or
- 19 gene/environment interactions is very likely incomplete or
- 20 flawed unless you have done it in a prospective way.
- 21 But this is a very, very powerful design. If
- 22 you look at a disease with an incidence of 8 per 1,000
- 23 among the unexposed, which is a relatively rare disease, a
- 24 cohort study would require 4,000 exposed and 4,000
- 25 unexposed people to detect a two-fold increase in risk. A

- 1 case-control study would require only 200 cases and 200
- 2 controls with a 30 percent exposure. If you then look at
- disease that's a quarter as common, 2 cases per 1,000, you
- 4 need 16,000 exposed and 16,000 unexposed to detect that
- 5 same degree of risk, but a case-control study still
- 6 requires only 200 cases and 200 controls.
- 7 So this is a very powerful design, and what to
- 8 do, and I'll finish up in just a moment, is to nest this
- 9 kind of study within a prospective study, so that you
- 10 identify cases as they develop and them measure on them
- 11 things that would otherwise be very expensive to measure in
- 12 an entire cohort, because a large proportion of the cohort
- 13 members never get sick and they don't contribute very much
- 14 incremental information. So if you can collect information
- 15 and store it, as in blood, as in DNA, et cetera, you're
- 16 able then to apply this design, and you can expand it to
- 17 other types of study concepts.
- 18 I think I'll stop here at this point and see if
- 19 there are questions and go from there.
- 20 DR. TUCKSON: Well, thank you very much. Very,
- 21 very good.
- 22 Any hot questions right now? If not, we'll
- 23 come back.
- 24 (No response.)
- DR. TUCKSON: Well, thank you for that.

- There is a 10-minute break. It is now 10:10.
- 2 We are going to reassemble at 10:20.
- 3 The committee members need to go immediately,
- 4 and if you have not now gone right out the door, there is a
- 5 lovely woman there who is taking your food order. If you
- 6 don't get it in right now, you don't eat, and then you'll
- 7 be oh so sad.
- 8 See you at 10:20.
- 9 (Recess.)
- 10 DR. TUCKSON: I want to thank everybody for
- 11 coming back. Thank you all very much.
- Our next three presentations will explore the
- 13 logistical, ethical, legal, and social aspects of large
- 14 population studies. We are very pleased that Mylene
- 15 Deschenes has been able to join us on very short notice.
- 16 It turns out that Bartha Knoppers is in Canada. There is
- 17 something called a snowstorm up that way. She couldn't get
- 18 in. So Mylene was very, very kind to come in and help out
- 19 here.
- 20 She will present an overview of the ELSI
- 21 issues, followed by Charles Rotimi, who will explore the
- 22 issue of the dichotomy between social identity and ancestry
- 23 and the ELSI issues raised by this dichotomy. Finally, we
- 24 will hear from John Newton about the effort to develop the
- 25 U.K. Biobank.

- 1 So with that, let us turn to Mylene to see the
- 2 ethical, legal, and social issues of large population
- 3 studies. Thank you so much. As we mentioned, and I don't
- 4 know if you were here earlier, but there is a little timer
- 5 there in case you need to time yourself.
- DR. DESCHENES: Good morning. Thank you for
- 7 the opportunity to talk to you about biobanks. As you
- 8 mentioned, I learned yesterday afternoon that I would be
- 9 giving this presentation because Bartha's plane was
- 10 canceled. So I hope that I will be able to convey her
- 11 ideas, because this is her presentation.
- The presentation is divided into three parts.
- 13 I will first talk about the legal and ethical framework. I
- 14 think we're still in search of an adequate one, so I will
- 15 comment on these. I will kind of skip the second part,
- 16 because I think Teri Manolio earlier on talked a lot about
- 17 these existing projects. I will focus right around the
- 18 third part, which are the challenges and issues with
- 19 respect to population biobanks. I will also talk to you,
- 20 lastly, about P3G, Public Population Projects in Genomics,
- 21 at the end of my presentation.
- 22 So let's start with a small, brief
- 23 introduction. I think it is clear now that the way we do
- 24 research has changed in recent years. We first looked into
- 25 more single gene disorders, and now we're into more complex

- 1 diseases. We are really now focused on national and
- 2 international collaboration. In fact, they are pivotal to
- 3 researching complex diseases.
- 4 We went from what we call research on
- 5 traditional biobanks, the small fridge in the researcher's
- 6 lab, towards human genetic research databases per se.
- 7 Finally, it's interesting to notice that some issues were
- 8 at some point considered almost waste. Now they are kind
- 9 of sacralized to the level of becoming almost equivalent to
- 10 the person from whom they came.
- 11 We should also note that there has been some
- 12 recent bureaucratization of the ethics review. I don't
- 13 think the IRB process was initially intended to be maybe as
- 14 complex and bureaucratized as it is right now, but it is
- 15 certainly an element we need to take into account.
- 16 Human genetic research database. What are we
- 17 talking about? What is it? For the purpose of this
- 18 presentation, we'll certainly focus on collection of
- 19 information that is organized and searchable. It is not
- 20 just a large bulk of samples. You really need to have a
- 21 way to search through it.
- It is interesting to note that in the legal and
- 23 ethical literature, oftentimes biobanks, collection, and
- 24 cohorts are words that are used as if they were all
- 25 synonyms. We ought to make sure that we use the

- 1 appropriate wording.
- 2 Also I will focus in this presentation on
- 3 really the new reality of human genetic research databases,
- 4 meaning large-scale population databases including at least
- 5 10,000 individuals.
- 6 So the first section of the presentation, what
- 7 is the legal and ethical framework, and what struggles do
- 8 we have in those? I can see two things. First, there is
- 9 really the trend towards the proliferation and
- 10 specialization of national and international policies. I
- 11 will tell you a little bit more about this in a minute.
- 12 I think through this we see that this
- 13 demonstrates the need for harmonization of some of the
- 14 principle, but most importantly, of the terminology. I
- 15 will tell you more about this too in a second.
- 16 So talking about the proliferation and
- 17 specialization of law and policy, here you see at the
- 18 international level within the past three years some of the
- 19 international guideline legislation or declarations, I
- 20 should say, that has been adopted by various organizations
- 21 like HUGO, or the World Health Organization. If you look
- 22 now at the national level, the title says it all. It is a
- 23 very uneven playing field. You can see a great disparity
- 24 between all jurisdictions.
- 25 Here you have a few countries that have

- 1 implemented legislation that specifically regulates human
- 2 genetic research databases, and this is very specific
- 3 legislation. Interestingly enough, the examples we have
- 4 here all come from the northern part of Europe.
- If you look at other jurisdictions, some of
- 6 them just rely on the current data legislation, public
- 7 health, and traditional legislation. This really creates
- 8 some confusion and conflicts, and has overlapped. Some
- 9 areas are sometimes left even unregulated.
- 10 I think this quote from France really says it
- 11 all. It says, "Several systems co-exist so that the
- 12 problems are approached from different angles which ignore
- 13 each other." That's really what can happen. I mean, you
- 14 try to regulate it by pieces that are maybe not well
- 15 adapted to the need of human genetic research databases.
- 16 However, you can see an increased interest
- 17 surrounding human genetic research databases. These are
- 18 just, again, examples of very recent documents that were
- 19 issued by advisory committees or law reform commissions in
- 20 various countries. The Canadian Biotechnology Advisory
- 21 Committee being the most recent one that we have here.
- 22 So we see that there's an interest and some discomfort at
- 23 least in the countries with respect to the current
- 24 situation.
- Now, if we go to the second part, the challenge

- 1 of our harmonization, I think that at the international
- 2 level, it is very clear that there is an increased need for
- 3 harmonization. I think the lack of internationally agreed
- 4 upon rules, but most importantly, common taxonomy, is
- 5 really detrimental to research collaboration. It is really
- 6 an impediment to be able to exchange your sample with other
- 7 countries, or even just to transfer information. So we
- 8 need to acknowledge this problem. It is already being
- 9 acknowledged by various organizations, such as the WHO.
- 10 Here you have the Babel tower. Really I think
- 11 that's how researchers out there feel right now. The
- 12 Secretary General U.N. quote really says it all. It says,
- 13 "Despite the existence of numerous declarations, guiding
- 14 principles, and codes dealing with the issue of genetic
- 15 data, the changing conditions of genetic research call for
- 16 the establishment of an international instrument that would
- 17 enable states to agree on ethical principles, which they
- 18 would then have to transpose into their legislation." This
- 19 is really a wish, but I think it is a tool that we really
- 20 need right now for the type of genetic research that we
- 21 want to do.
- 22 At the national level now, there is a need
- 23 really to recognize the specificity of human genetic
- 24 research databases. These are no longer just research
- 25 projects that you're trying to regulate. These are really

- 1 research resources that will be used for multiple future
- 2 uses. So it's quite the different thing.
- 3 There are limits to the traditional consent and
- 4 personal data privacy legislation. These legislation
- 5 oftentimes were created again in the context of research
- 6 for genes for Mendelian diseases, and are not really
- 7 appropriate in the case of databases like the one that
- 8 we're talking about here.
- 9 There is also a need in personal data and
- 10 privacy legislation to have a more common language. We
- 11 know that there is a huge problem with the vocabulary
- 12 that's being used right now for coded, deanonymized,
- 13 delinked, and deidentified. And in one country and another
- 14 country, the same word will mean something different.
- So when you want to respect participants and
- 16 make sure that the consent that follows the sample will
- 17 really show your partners how they should use the sample,
- 18 it's a problem. We're not even sure how it is understood
- 19 between each partner. So there is also a call for the
- 20 implementation of a more comprehensive regulatory framework
- 21 so that it will be more easy, I would say, to conduct these
- 22 types of research.
- 23 Well, at least there is some consensus on what
- 24 we should be working on. The first thing is certainly to
- 25 work on the tailoring of traditional consent mechanisms to

- 1 the specificity of human genetic research databases.
- 2 Again, we can no longer use the traditional consent models.
- 3 I don't think it's appropriate, neither for participants,
- 4 nor for the researchers.
- 5 We need to have a better correlation between
- 6 the degree of data identifiability and all the obligations
- 7 that comes with it. It is more interesting, of course, to
- 8 have data that are coded and that we can link to a
- 9 participant, but it comes with obligation. What are we
- 10 going to do 20 years from now? Will we have the obligation
- 11 to bring results to these participants? That's something
- 12 that we need to clarify.
- The need for adequate ethical oversight from
- 14 the inception of a database, as well as monitoring
- 15 mechanisms, that is certainly something we need to work on
- 16 as fast as we can. Initiating, promoting, and
- 17 strengthening the professional and public dialogue. This
- 18 is fundamental to the type of enterprise we're talking
- 19 about. We certainly need to work on it.
- 20 It is kind of related to the last point also,
- 21 the need to develop a benefit sharing policy. We need to
- 22 do, I think, a better job at really being able to identify
- 23 the benefits. It's difficult, because we know the benefits
- 24 are long term. But for the participants, for the funders
- 25 to be able to justify such an important investment, we need

- 1 to be able to have better communication with the public
- 2 about this.
- 3 Some controversial issues. Funding. This is a
- 4 very sensitive issue. If we want these human genetics
- 5 research databases to stay in the public domain, the way
- 6 they will be funded has a tremendous impact. This issue
- 7 about original consent form and secondary use of sample is
- 8 also one that is controversial. Are we going to go into
- 9 this blanket consent? We have very big doubts that that is
- 10 something that is going to be accepted in the legal system,
- 11 but it could be possible.
- 12 There are suggestions about the authorization
- 13 model. Maybe it is a new way we should explore. But
- 14 certainly what is the appropriate type of consent we need
- 15 here is something we need to further discuss. It is really
- 16 something that's a sensitive issue, because it will have an
- impact not only in genetic research, but any other types of
- 18 research that we're doing out there.
- 19 Protecting privacy. Again, the choice of words
- 20 is very important. Personal feedback. As I said, what are
- 21 we going to do in large-scale settings. Is it appropriate
- 22 to think that we're going to be able to bring back
- 23 individual results? Is this something that is reasonable
- 24 and feasible?
- The status of genetic material. Ownership.

- 1 Who owns these databases, the tissue? In certain
- 2 jurisdictions, the mere fact that you would own tissue is
- 3 counterintuitive, I would say, and against most basic
- 4 fundamental principles.
- 5 Government structure. Looking into checks and
- 6 balance is also something I will talk a little bit more
- 7 about in a second. Ethical review for multi-centered
- 8 research projects is also guite challenging these days.
- 9 I will skip this part and go right through now
- 10 to the challenges. So if you were to establish a human
- 11 genetic research database right now, what would you
- 12 consider? What are the fundamental elements you need to
- 13 think about?
- 14 We think there are at least three elements
- 15 you'd like to go through. The first one is ensuring
- 16 legitimacy of your human genetics research database. You'd
- 17 like to look into the adequate protection, building trust,
- 18 making sure that it's well protected, and you like to make
- 19 sure that there are appropriate checks and balances. Let
- 20 me go into more detail into these three elements.
- 21 So if we are looking into legitimacy, as I
- 22 mentioned earlier, you need to justify putting so much
- 23 research, money, and resources into these huge human
- 24 genetics research databases. What are the benefits? How
- 25 do we need to explain these benefits? So this is key into

- 1 the funding and support of the community. We need to work
- 2 on this, I think.
- 3 Legitimacy can come in different ways. In some
- 4 countries, they have chosen the democratic forum through
- 5 Parliament and legislation to start these types of human
- 6 genetic research databases. So here, for example, you have
- 7 Estonia and Iceland where in these countries, they have
- 8 adopted the legislation to really create their human
- 9 genetics research database.
- Now, is Parliament the most appropriate way?
- 11 Or is it the appropriate democratic forum by which you
- 12 could engage the public and make sure that there is
- 13 legitimacy there? The question that we had is if there is
- 14 not enough public consultation, public communication prior
- 15 to this Parliament enactment of the legislation, we might
- 16 have questions with respect to the process. But
- 17 nevertheless, in many countries, at least it is very clear.
- 18 Whenever there is a legislation, you know the rules, and
- 19 you know what is being done.
- 20 Another project like CARTaGENE, U.K. Biobank,
- 21 HapMap, and others, the initiative, instead of going
- 22 through Parliament, is a project that was started by
- 23 scientists themselves. They are adapting the science to
- the community's needs and the population's desires through
- 25 discussion. Again, in this case, it is more, I would say,

- 1 self-regulated, but the participants have really again here
- 2 discussed the regulatory framework that is being built.
- 3 So these are two different ways in which you
- 4 could approach it. Now, for a transnational enterprise, it
- 5 is a little bit more complex, like GenomeEUtwin, P3G, or
- 6 HapMap. These are transnational international
- 7 collaborations. Here, the success really depends on trust
- 8 and communication between members, and based on common
- 9 understanding of the issues and agreements on the
- 10 scientific, ethical, legal, social issues and common
- 11 philosophy. So this is quite challenging, but at the same
- 12 time, the benefits are I think incredible.
- Now, the second part is about building trust.
- 14 Building trust at different levels. First, ensuring public
- 15 representation, and ideally, inclusion of all the groups
- 16 that could be representing the sample population. But we
- 17 know that there are financial constraints, and it's not
- 18 always possible.
- 19 Building trust with the community really
- 20 depends on your communication strategy. We cannot
- 21 emphasize enough how important it is to really create a
- 22 communications strategy that will really include the
- 23 community from the start, and that will really enable
- 24 bilateral communication, if I should say so.
- 25 Ensure data collector's participation and

- 1 expertise, making sure that the people that will collect
- 2 the data are properly trained, and that the researchers
- 3 also are sensitive to all these ethical, legal, and social
- 4 issues. That's something you'll want to think about.
- 5 Privacy consent issues. Again, privacy is
- oftentimes the thing that worries I would say, communities.
- 7 That's the first thing that will come. In a way, it's
- 8 legitimate, because you are in these human genetic research
- 9 databases, you're putting in all of this sensitive
- 10 information, and really concentrating in one spot. So it
- 11 is legitimate that they have questions, but I think we have
- 12 to just be able to answer with appropriate tools, choosing
- 13 an appropriate consent process, looking into our security
- 14 mechanism, and looking into the types of identifiability of
- 15 the samples that you are going to look into.
- 16 Individual feedback and general results.
- 17 Again, that is something that the research team will have
- 18 to make a decision about. You see here different options.
- 19 In Estonia, they chose to really respect the right to know
- 20 in a way, and in other projects, there will be no research
- 21 results except for the medical examination from the start.
- 22 So that's another element you'll need to consider.
- Is it possible? That's the question that we're
- 24 wondering. Is it even possible in such large-scale
- 25 projects to get the appropriate genetic counseling to

- 1 really make sure that you don't fall into the potential
- 2 problems in genetic discrimination or misinterpretation of
- 3 results.
- 4 Finally, stigmatization and discrimination are
- 5 really issues you want to consider in the commercial
- 6 aspect. This is a very tough one, making sure that you get
- 7 free public access, yet at the same time, we need to
- 8 respect all these intellectual property rights that are
- 9 involved.
- 10 The involvement of the industry, I think there
- 11 is the financial resource needed for these types of
- 12 projects. Often we will for sure need the involvement of
- 13 the industry, but how to do it, at what level, and how to
- 14 appropriately make it, that's the question.
- 15 Finally, checks and balance. Thinking about
- 16 checks and balance, you need to think about it from the
- 17 start to get approval of not only the protocols that will
- 18 use your huge human genetic research database, but you need
- 19 to look into the framework itself. You need to get a stamp
- 20 of approval.
- 21 We learned from the authorities it could be
- 22 anybody from the ethics community to other types of
- 23 authorities, making sure that the public is recognized,
- 24 again, as a true partner, and will have its say in the
- 25 establishment and creation of the framework itself, and

- 1 need to build a mechanism for the review procedure. It
- 2 needs to be there from the start.
- If you look into the research project review
- 4 and monitoring, this is really I think a quite challenging
- 5 area. We want to set mechanisms to really make sure that
- 6 there will be appropriate ongoing monitoring not only of
- 7 the research project, but again, of these public resources,
- 8 and how it will be set.
- 9 The U.K. Biobank did something very
- 10 interesting. I think there are very innovative solutions
- 11 out there, but we need to still work on those.
- 12 Finally, the management structures. In each of
- 13 these projects, they have built interesting charts on how
- 14 the project would be managed and appropriately balanced.
- 15 So we need to ensure transparency, independence, and
- 16 integrity. But to create, conceive, and conceptualize
- 17 these management structures is quite challenging for
- 18 researchers as well.
- I will go through just before I say it, and
- 20 talk about the conclusion. I want to talk to you a little
- 21 bit about the P3G project. I thought through the
- 22 presentation I have been talking about some of the
- 23 challenges, the problem of organization, and the problem of
- 24 having different taxonomy to designate similar things.
- 25 Public Population Project in Genomics is a non

- 1 for profit organization that is currently building an
- 2 international consortium to really promote the type of
- 3 discussion and collaboration that we need in the field of
- 4 population genetics research. We want to foster this
- 5 international organization and discussion at all levels.
- 6 At the scientific level first to be able, for
- 7 instance, to have common words to designate the type of
- 8 research, common ways to collect data, and also at the
- 9 ethical/legal/social level to make sure that people are
- 10 provided with the types of tools, and that we can benefit
- 11 from the experience also of other population genetic
- 12 research databases that are already out there.
- We want ultimately to create a body of
- 14 knowledge that will be publicly available so that all the
- 15 human genetic research databases that are out there will
- 16 have an opportunity to really be able to communicate with
- 17 each other, to be able to compare data if it is
- 18 interesting, and to be able to exchange data, because they
- 19 will have had an advance talk about this organization of
- 20 taxonomy, and dealt with some of these issues of making
- 21 sure that we have a common approach and common vocabulary.
- 22 The current partners in the P3G project, and
- 23 I'll just go back in the slides to show you the website if
- 24 you're interested to know more, the current partners are
- 25 GenomeEUtwin, the Estonian Genome Project, CARTaGENE, and

- 1 CIMGR, which is a Manchester project. We have other
- 2 partners that are coming up in the project right now. The
- 3 Chair of the board for this project is Bartha Knoppers. So
- 4 if you'd like to know a little bit more about P3G, I invite
- 5 you basically to go see our website.
- 6 So just in conclusion, I think we're building
- 7 really unprecedented, very interesting research tools that
- 8 will be used for generations to come. But I think the
- 9 legal and ethical tools right now might not really deal
- 10 appropriately with all the issues that are raised. I think
- 11 oftentimes they were created, as I mentioned earlier, for
- 12 drug research, or Mendelian research. I think if we want
- 13 these biobanks to really span the test of time, we need to
- 14 look at three things.
- 15 We need to probably revisit the current
- 16 ethical/legal framework. We certainly need to make sure
- 17 that participants are on board, and communities are on
- 18 board very early on in these types of projects. I think
- 19 ultimately the success of these types of human genetic
- 20 research databases will rely on their trust in these types
- 21 of tools.
- 22 We have a common goal here. It is really to
- 23 benefit the health of everybody. I think we then should
- 24 have common vocabulary, and we still don't have this yet.
- 25 So we need to work on this.

- 1 Thank you very much.
- DR. TUCKSON: Thank you very much, Mylene.
- 3 That was terrific on its own merit, but even more terrific
- 4 for having stepped in at the last second.
- 5 I'm looking forward to Hunt's opportunity to
- 6 lead the roundtable with all of our participants and the
- 7 opportunity to query each of you at that time. Let's turn
- 8 now to Charles Rotimi, who will share his thoughts on the
- 9 dichotomy between social identity and ancestry in large
- 10 population studies.
- 11 Charles, thank you. Again, Charles is Acting
- 12 Director of the National Human Genome Center at Howard
- 13 University.
- 14 DR. ROTIMI: Thank you. Thanks for inviting
- 15 me.
- 16 What I thought I would do today is share with
- 17 you some of my thoughts, some of my biases, and how I think
- 18 about some of these issues in relation to how we do large
- 19 population studies, and how we try to represent different
- 20 groups, or not represent different groups for various
- 21 reasons.
- 22 One of the first comments I wanted to make is
- 23 that depending on what we are doing, we desire different
- 24 levels of resolutions. For example, if we are trying to
- 25 identify how common alleles, at least 5 percent or higher,

- 1 impact on disease, we will define our study in such a way
- 2 that we have a level of resolution to get at that. For
- 3 example, HapMap.
- If we want to identify people who eat beef,
- 5 that is one level of resolution. If we want to identify
- 6 people who not only eat beef, but eat it in a certain way,
- 7 cook it in a certain way, that's another level of
- 8 resolution, and you may have to go to some parts of the
- 9 world, and not other parts of the world.
- 10 So again, depending on how we are defining
- 11 ourselves and our identity, we do stop at different parts
- 12 of this. If you really look in terms of our own history,
- one can say that we are indeed Africans, and that we
- 14 started somewhere in terms of the roots and trunk of human
- 15 evolutionary history from somewhere in Africa.
- But of course time did not stop, and we are
- 17 migrating to different parts of the world. Depending on
- 18 your socialization, and depending on what you are willing
- 19 to accept, how you want to define yourself, and indeed
- 20 sometimes it is the question of survival, the identity you
- 21 want to put forward. Your level of resolutions do differ,
- 22 and we have to always bring that to bear.
- 23 That is why it is extremely important when we
- 24 are defining large-scale studies like what we are planning
- 25 here, that is capable of impacting on health for a very

- 1 long time, we need to be extremely careful as to who is at
- 2 the table, and who is making decisions.
- Not just in terms of science, but in terms of
- 4 how is this representing the people. Especially if you are
- 5 using taxpayer's money. So again, it is extremely
- 6 important for us to appreciate all of that. And indeed
- 7 scientists were socialized before they became scientists.
- 8 We bring all of our baggage to these issues.
- 9 Also I want to again, make some distinction
- 10 here. That is in terms of when we are talking about
- 11 understanding etiology, and when we are talking about
- 12 eliminating her disparity. Sometimes we say these things
- 13 and say they are the same, and sometimes there is overlap.
- 14 I actually wanted to make this overlap a little bigger,
- 15 but I couldn't figure it out in the PowerPoint.
- 16 It is indeed a little bigger than that, but
- 17 there is not a complete overlap. For example, if you are
- 18 interested in eliminating her disparity, you may be
- 19 interested in how people get access to care. That may have
- 20 nothing to do in terms of etiology. So again, we need to
- 21 be clear as to what is it that we want to do.
- 22 Looking at her disparity may have more
- 23 involvement in strategy at a social level. Again,
- 24 typically we look at a diagram like this, and we usually
- 25 use this to represent her disparity, and sometimes to point

- 1 out etiology.
- One of the things I wanted to point out here is
- 3 when you look at a 50 percent prevalence of Type 2 diabetes
- 4 among Pima Indians, one has to wonder within the same
- 5 United States as to what is going on. The gene hasn't
- 6 changed that much. It doesn't mean genetics is not
- 7 involved, but it hasn't changed that much over the years.
- 8 One of the things that we do know is that
- 9 characteristics have changed. So again, looking at this,
- 10 you can be looking at etiology, you can be looking at her
- 11 disparity, and at the same time, you may be addressing
- 12 both.
- Now, this is on account of her disparity. This
- 14 is looking at populations of the African diaspora. Again,
- 15 this is where I used to stay when I was working at Loyola
- 16 Medical Center in Chicago. It is 84 percent African
- 17 American. This whole cohort here is over 10,000 people
- 18 from different parts of the diaspora.
- 19 What you do see, again, is that this is clearly
- 20 her disparity issue among people who have African ancestry.
- 21 About 14 percent here, about 34 percent here. You do see
- 22 a dramatic increase in body mass index. So clearly how
- 23 heavy you are and the environment where you find yourself
- 24 has serious implications for hypertension.
- 25 This is a new study that is extremely important

- 1 in terms of how we address some of these issues, what we
- 2 are calling disparity, and how it plays out in different
- 3 ethnic groups in different parts of this continuum in terms
- 4 of human experience with the problem of hypertension. This
- 5 was done with Richard Cooper and his colleagues recently.
- 6 What did you see? Again, clearly depending on
- 7 where you are, you do have very different rates. What I
- 8 want to point out here, when you look at whites, the group
- 9 we called whites within the United States in relation to
- 10 other ethnic groups, typically we see it as a huge
- 11 disparity.
- 12 Yes, there is a huge disparity, but if you
- 13 place all of these populations and you look at it together,
- 14 you see that it is truly a human experience. When you are
- 15 in Germany, your rate of hypertension is really, really
- 16 high. The U.S. whites tend to be quite healthy in relation
- 17 to other European populations.
- 18 Therefore, it exaggerates, to a large extent,
- 19 how we think about the issue of who is getting
- 20 hypertension, and who is not. So again, this slide here is
- 21 really important when we are doing a large-scale cohorts
- 22 like this, that we have to bring to bear cross-culturalized
- 23 and international experiences, so that when we are defining
- 24 our variables and strategy, that we take those into
- 25 consideration.

- 1 This is the same sort of study. Now, if you
- 2 group all of your opinions, the populations and all African
- 3 populations, you do see that the Europeans have a much
- 4 higher level of diastolic blood pressure. But you don't
- 5 hear this when you hear people talking about experiences of
- 6 high blood pressure and hypertension. So again,
- 7 cross-cultural comparisons are extremely important, and
- 8 international experience is extremely important in doing
- 9 these large-scale studies.
- 10 Also, in what we want these large-scale studies
- 11 to answer, we also have to define this study. Do we want
- 12 it to just stop at a level of who gets diabetes, yes/no?
- 13 Who is reacting to drugs, yes/no? Or are we also wanting
- 14 to tell some stories about who we are, where we are from,
- 15 and are we related. It may be useful. If indeed it is,
- 16 then we need to bring to bear a design strategy that will
- 17 help us to see those things in the way that we are not
- 18 reinforcing old notions about who we are. So in that
- 19 regard, ancestry, in my opinion, becomes a very critical
- 20 thing for us to consider.
- I like these slides a lot, because every time
- 22 people talk about the issue of race/ethnicity, I am getting
- 23 so tired of the whole issue, but I always ask myself, where
- 24 do we draw boundaries, and how do we draw boundaries?
- 25 Again, it really just depends on where you grew up, how you

- 1 were socialized, the things that you are afraid of, and the
- 2 things that you like.
- 3 So who is black? This is a whole spectrum of
- 4 who is black. This spectrum is indeed also limited. You
- 5 can expand this. There is no limit to it.
- One of the best pictures I have seen so far is
- 7 on the PBS website where they actually show that you can
- 8 see all the variations of human complexion right there in
- 9 Africa. All of it. I'll show you some of my experiences
- 10 when I was in Brazil. I'll tell you a story in a minute.
- 11 But you do see that these all would be considered black.
- 12 But again, they have a radically different ancestral
- 13 history from the Aborigines, to Ethiopia, and different
- 14 parts of the world.
- 15 I put this slide here to tell a story about
- 16 what we are doing in terms of Type 2 diabetes in the
- 17 African diaspora. This is a study we are doing in Nigeria
- 18 and Ghana, but the real intention here, what we are trying
- 19 to get at, is why the high rate of Type 2 diabetes in
- 20 African Americans.
- 21 We felt compelled to really get at that. We
- 22 need to go back to the source population of African
- 23 Americans. We all know the ugly history of the Middle
- 24 Passage, and that most African Americans, again, came from
- 25 this part of West Africa, and again, Mozambique.

- 1 The story here I really want to point out is
- 2 when we started writing the manuscript reporting the
- 3 results of this study, one of the things that reviewers
- 4 took us to task on is how you are sure that you can combine
- 5 all of these groups together, because these are an affected
- 6 pair design.
- We analyzed the cohort. There were about 400
- 8 affected pairs with Type 2 diabetes. We analyzed this
- 9 cohort as a uniform group, as one group. But repeatedly
- 10 the reviewers gave us trouble and said, why do you think
- 11 you can combine all of these groups together?
- But the point here is that I have done similar
- 13 work in African Americans, and no reviewer has taken me to
- 14 task that why do I think African Americans are a uniform
- 15 group? You see the way we are socialized impacts even on
- 16 the way we review the work and what we fund, because
- 17 indeed, this kind of work, if you are writing a grant, it
- 18 can be killed based on that reason only, that reasoning,
- 19 but you know that even the ancestral history of African
- 20 Americans is even broader than what we have here. But
- 21 nobody takes us to task on it, because the assumption is we
- 22 are dealing with a uniform, homogeneous group.
- 23 So we need to be very conscious about what
- 24 we're talking about. The problem I see is that group
- 25 identity is confused with ancestry, and self-identification

- 1 is confused with more complex ancestry.
- Now, when I prepared the slides for this talk,
- 3 I wondered about this issue. But if you think the issue of
- 4 African Americans is confusing, not to talk about the
- 5 history of the Hispanic population, or what we would call
- 6 Hispanic, that is completely mindblowing when you look at
- 7 it where we classify who we put under that umbrella. How
- 8 we approach it, with some notion of uniformity, to me
- 9 really begs the question of what are we doing.
- 10 It may indicate why we are not getting some
- 11 consistent results in some of the work that we've been
- 12 doing, because we lump people together based on some very
- 13 interesting groupings.
- 14 For example, when we look at the Census, the
- 15 Census is pretty clear. I think this is one of the issues
- 16 that confuses it. We say we're not doing anything that
- 17 deals with biology, we are just looking at it where society
- 18 has designed itself, and we are collecting information on
- 19 that. But what we do as scientists, we impose biology on
- 20 that, or want to impose biology on that. Sometimes it
- 21 works, sometimes it doesn't work. So I say Hispanic, but
- 22 you can be of any race.
- 23 So this is just to point out some of the groups
- 24 we call Hispanic. Mexican, South America, Cuba, Puerto
- 25 Rico. This is a whole list of people who have radically

- 1 different ancestry if you really go into the history.
- I put a slide here. I took this picture on my
- 3 last and only visit so far to Rio. It was friendly and
- 4 informative for me, and I enjoyed myself quite a bit.
- I was flabbergasted when I drove on a major
- 6 road going to the university in Rio, and I saw this
- 7 junction. It took me back to my young elementary school
- 8 days when I was in Nigeria going to school. We used to put
- 9 our school bag -- ours was made out of a metal box, and we
- 10 put them in on our heads. We were so good, we could play
- 11 soccer on the way to school.
- 12 But what it turns out is that this is a
- 13 sacrifice made to the Gods in Rio, and it followed the
- 14 tradition. I was extremely surprised by that. What you
- 15 have is these are the feathers of a chicken, pots, oil, and
- 16 wine, making offerings to the God for protection.
- 17 This is three years ago in Rio. Now, talk
- 18 about gene/environment interaction. If you are studying
- 19 this group, then you had better take into consideration the
- 20 African ancestry and history, and why this group has kept
- 21 this experience over the years. What does it mean,
- 22 therefore, to have Cuba, Mexico, and Brazil as Hispanic in
- 23 studying the group?
- This is, again, to show you again how we lump
- 25 people and sometimes lose quite a bit of information. If

- 1 you look at people who are under 18 and 65 plus, you do see
- 2 that depending on which population, the Hispanic population
- 3 that we are sampling, you could be doing yourself a service
- 4 or a disservice.
- 5 The same thing also here in terms of education.
- 6 There are radically different education experiences.
- 7 I think the same story is true when we look at
- 8 Asians. We do group all of these groups, and we call it
- 9 Asian. Now, for example, HapMap is looking at Japanese and
- 10 Chinese. Now, how does that represent the experiences of
- 11 these people and the ancestral history of these people.
- 12 And if indeed there is something that has been selected
- 13 over the years and these are the only experiences, it may
- 14 indeed not be well captured. I don't know. But again, for
- 15 us to just be conscious of who we are calling Asians.
- 16 One of the other extremes in this experience in
- 17 working, and actually I live in the United States, is that
- 18 depending on how you see yourself and how you relate to
- 19 your environment, you tend to lose some of the social
- 20 identity that you have. It's not important anymore to be
- 21 German American. It doesn't offer you any extra advantage,
- 22 okay? Whereas it may be extremely important for you to
- 23 identify yourself as Native American, or Hispanic, or
- 24 however it is you want to do it.
- 25 But again, this shows that depending on the

- 1 group, who is sitting at the table, they might see the
- 2 relevance of setting things and not the relevance of all
- 3 this. So we need to begin to be very careful as to why we
- 4 are using this and how this came about, and what is their
- 5 present relevance.
- 6 Now, to sort of wrap up here, looking at
- 7 ethnicity identity in terms of Africa. One of the things
- 8 that has happened over the years, and this is just one of
- 9 the issues I take with cultural anthropologists, and I tend
- 10 to single them out, but they are not the only guilty one.
- It is this whole notion of things which end up
- in part of the world, or in a remote environment, sort of
- 13 static and that they don't change, or that we don't want
- 14 them to change. So if people are cooking in one particular
- 15 way, we want them to continue to cook, whereas in our
- 16 environment, we are creating jets that can carry 800 people
- 17 now and things like that. We are lots of society to
- 18 evolve, and one part is to stay static.
- 19 I don't know the rationale behind that, but the
- 20 point is that just like anywhere in the world, identity
- 21 changes. How we look at ourselves changes. Those things
- 22 have been based on economic, political, and whatever else
- 23 ways for us, especially the issue of survival.
- I would say that we are extremely efficient in
- 25 the way we identify differences, because I do believe

- 1 somewhere down the road that we need it to be so. We need
- 2 it to be known who is family, who is friend, and who is
- 3 outside of that cycle. So we are very, very good at seeing
- 4 differences that may not actually be the reality.
- 5 So the message here really is that things have
- 6 not remained static, that identity changes. It is
- 7 multi-layered. Depending on where you are looking,
- 8 genetics may be important, and they may not be. Making the
- 9 sacrifice at the junction on the road may be more relevant
- 10 in terms of the issue.
- So I'd like to end by just again bringing us to
- 12 some areas in terms of who is telling the story. Depending
- on who is telling the story, depending on who is designing
- 14 the study, depending on who is present, who is funding this
- 15 study, you can tell stories and history in a very, very
- 16 different way.
- 17 For example, during the earlier interactions
- 18 between Europeans and Africans, there were some various
- 19 surprises that were not anticipated, and because of the
- 20 biases that came or preconceived notions, certain things
- 21 were very difficult to assert.
- 22 By the way, this is where I grew up. So I know
- 23 this history quite well, and some of the issues that we
- 24 have, again, we are still trying to get some of the artwork
- 25 that went away a long time ago.

- 1 But the take-home message here for this
- 2 particular slide is that we need to think more
- 3 comprehensively if we are going to design very large
- 4 studies, especially if we are going after gene/environment
- 5 interactions.
- 6 Again, this is the same set of points. I'm
- 7 just going to skip these.
- But where do we sample? Again, it becomes
- 9 very, very relevant. Very interestingly, only European
- 10 Americans, again, that's a very broad term, no question who
- 11 is under that umbrella. You can sample anywhere in the
- 12 United States for that group.
- But if you are interested in American Indians,
- 14 Eskimos, Asians, blacks, or Hispanics, you have to go to
- 15 different parts of the United States. For example, you do
- 16 see most African Americans here. The people we would call
- 17 Hispanics are here.
- So again, it is very, very important if you
- 19 want to emphasize efficiency that you go, and depending on
- 20 also who you are putting under that umbrella of Hispanic,
- 21 it may do you better to be in Florida and to be in
- 22 California. Again, just for us to be conscious of that.
- 23 This is something that we did recently at
- 24 Howard University with Nature Genetics and some of the
- 25 people that are here who actually contributed to that

- 1 effort.
- 2 It is really to try to get at how do we explain
- 3 the fact that, yes, there is variation at the genome level,
- 4 and that variation needs to be studied. How do we do it in
- 5 such a way that we don't bring our whole notions on it?
- 6 Let it tell its own story so we can really know how we are
- 7 related.
- 8 But the point I also want to make with this
- 9 slide is depending on where you draw circles here, here, or
- 10 here, the genetic variation will tell you a story. If you
- 11 move, it will tell you a story. There will be overlap.
- 12 There might be some differential frequency. But usually
- 13 what happens is you don't have uniqueness. It is just a
- 14 gradation.
- 15 So in terms of large scale, I look at large
- 16 scale as this big umbrella, and that we are trying to fit a
- 17 lot of things under this big umbrella. Depending on how
- 18 many things we want to fit under this umbrella, it would
- 19 determine the level of compromise that we are going to have
- 20 to make. This could be prostate cancer, heart disease, or
- 21 something within heart disease. Again, this could be
- 22 infectious diseases, HIV, whatever.
- 23 So depending on what are the things that we
- 24 want to put under this umbrella, we are going to
- 25 compromise. We are going to have to make some compromises.

- 1 I want to say at this point that the really critical thing
- 2 here is the cost of phenotyping that is going to drive all
- 3 of this effort.
- 4 At some point in the very near future, five
- 5 years or so down the road, we are probably going to have
- 6 all of our genetic variants on a chip and put it on our
- 7 neck like an I.D. card.
- 8 But the environment is interesting, because it
- 9 is everchanging on us, and it would depend on how we feel
- 10 today. My blood pressure can be high or it can be low.
- 11 Just looking at you, I can be smiling, and things are
- 12 happening to my physiology. How do we capture that in a
- 13 way that we can relate it to genes that are supposed to be
- 14 under the influence of this environment? I think we need
- 15 to think carefully how many things we want to put under
- 16 this umbrella, and what we want it to answer.
- So as the final note here, the whole point I'm
- 18 trying to make in my presentation, or tried to make, was
- 19 this point here. "The historical, anthropological, and
- 20 linguistic definition of populations, within which genetic
- 21 finders are correlated to represent superficial
- 22 understanding of the dynamic history of presenting ethnic
- 23 populations or high-risk populations were developed."
- 24 The future use of drug therapy will not depend
- on the (inaudible) race/ethnicity, but on the individual

- 1 patient. I think David Goldstein made this point earlier.
- 2 The idea then is not to eradicate or ignore differences,
- 3 but to redefine or move beyond social group labels such as
- 4 (inaudible) to more precise categories of differences with
- 5 justification for establishing such differences.
- 6 Thank you very much.
- 7 DR. TUCKSON: Thank you very much as well. We
- 8 very much appreciated that. Thank you.
- 9 Now let me invite John Newton from the U.K.
- 10 Biobank to share his perspectives. You've come a long way,
- 11 so thank you.
- DR. NEWTON: Thank you very much, Mr. Chairman,
- 13 for inviting me. It has been very interesting listening to
- 14 the previous speakers, and it is a pleasure to be here to
- 15 tell you more about the U.K. Biobank.
- 16 The first thing to say is actually what a
- 17 superb job the previous speakers have done of giving you a
- 18 background to these issues. They saved me a great deal of
- 19 trouble, and I think they've educated you a lot.
- 20 I think what I'd like to do is make a few
- 21 general points, and then move on to really tell you more
- 22 about the U.K. Biobank and the project itself, so you have
- 23 a clear idea of what we're doing, how far we've gotten, and
- 24 what it all might mean for things that you're considering
- 25 as well.

- 1 So as Gil has already told you very well, U.K.
- 2 Biobank is a project, it is not a single study. It is
- 3 infrastructure. The aim is to support a whole range of
- 4 studies, a range which we cannot really define now, in
- 5 which we cannot define partly because they will be
- 6 answering sheets of questions which we haven't yet phrased.
- 7 So it is a project to support a large number of
- 8 studies with the overall objective of a better
- 9 understanding of the way genes and environment work
- 10 separately and together to influence health and illness.
- 11 We are choosing to look at a large group. In our case, we
- 12 define large as 500,000 participants.
- I think what we've all agreed on is that the
- 14 last decade of the last century saw biomedical science
- 15 transformed by the Human Genome Project.
- 16 This is John Solstum from Cambridge. He had a
- 17 role alongside many international colleagues in the Human
- 18 Genome Project.
- 19 The Human Genome Project is truly staggering.
- 20 But there is a danger that the project will become the
- 21 museum exhibit of the 21st Century. I think it presents
- 22 two challenges. There is a technical challenge. How do we
- 23 take the human genome and work with that to produce science
- 24 which is broader than simply sequencing the genome?
- 25 But there is also I think a moral and political

- 1 challenge. How do we capitalize on that enormous
- 2 breakthrough in science in terms of wider benefits to
- 3 society and to public health in particular?
- 4 You could talk about going from the hype to the
- 5 history. I think people will look back at this decade and
- 6 say well, what did they do? They had the Human Genome
- 7 Project, what did they do with it? The sort of things that
- 8 they will look at are things like the HapMap, which I agree
- 9 is an excellent project. We have to think, what else is
- 10 there? We should be asking big questions now about what
- 11 people will want in 10, 20, 30 years time.
- 12 Someone else said this is rather like planting
- 13 the shade trees for the future. You have to think forward,
- 14 particularly if you're talking about prospective studies.
- 15 They take 10 to 20 years for the real fruit to be borne.
- 16 Because they have a long lead time, it in fact makes them
- 17 very urgent. It means we must start them urgently.
- 18 Otherwise, we'll have to wait even longer for the results.
- 19 But I also agree with David that there is a
- 20 very important job to be done now. It is urgent, but we
- 21 mustn't rush it. The detail work that we do now will
- 22 determine the quality, the value, the comprehensiveness,
- 23 and the scope of the results that people have in the
- 24 future.
- 25 So what we have to do in the challenges to make

- 1 sense of the data, we need to turn the data into
- 2 information, and into knowledge. People like Sydney
- 3 Brenner have come to epidemiology perhaps slightly late in
- 4 his life, and has made this point very well. We need to
- 5 start thinking not just about a genome, but about the
- 6 distribution of genomes, distribution of genetic factors in
- 7 the population, and what it really means for us all.
- 8 So to summarize, maybe in the 20th Century we
- 9 had some discrete questions which we have answered I think
- 10 very effectively. Things like the classic epidemiological
- 11 questions of smoking, lung cancer, and other issues that
- 12 perhaps we haven't tackled quite so clearly, and we have
- 13 the genome sequences. We have very clear results from some
- 14 of the biomedical sciences.
- 15 But we have to try and compile those together
- 16 into meaningful 21st Century questions. I have just had a
- 17 go, but one of them might be which HRT users will develop
- 18 breast cancer and why, and you will have many others. I
- 19 mean, as I said before, the questions are not known now,
- 20 but they will arise.
- I agree also with Gil, that many of these will
- 22 relate to environment. Clearly nowadays we are much more
- 23 interested in packs of smoking rather than individual
- 24 smoking. We need to think. We need to be innovative. If
- 25 we are merely contemporary now, then these prospective

- 1 studies will be out of date. We have to think innovatively
- 2 now in order to be contemporary in the future.
- Now, one of the things that you quickly get to
- 4 when you start thinking about these questions is that the
- 5 ideas of the size of current studies are too small, that
- 6 you need very large studies. As Henry Ford said, "Quantity
- 7 has a quality all of its own" in epidemiology, as in
- 8 manufacturing.
- 9 This is part of a general trend in epidemiology
- 10 and clinical trials. These are just some of the studies in
- 11 the U.K. showing how many people were recruited, from
- 12 20,000 up to 120,000. So there is a general trend to
- 13 recruit more and more people at baseline. In the U.K., we
- 14 have the million women study which successfully recruited
- in fact, at one point, 2 million people. They overshot,
- 16 they tried to stop at about 900,000, and ended up with 1.2
- 17 million.
- 18 So there are a number of things to learn from
- 19 this. Firstly, there is nothing that we are trying to do
- 20 with the U.K. Biobank that hasn't been done before by
- 21 people in different studies, albeit on a smaller scale.
- 22 But the second thing is that these very big
- 23 studies are feasible. They are difficult, they present
- 24 challenges, but they are feasible. The public responds
- 25 very well to them. I agree, again, with the previous

- 1 speaker, that the public can identify with these problems,
- 2 and the solutions to those problems. They know that we
- 3 don't know all the answers, and they would like to help us
- 4 to get the answer.
- 5 So what is Biobank? You've heard a quick
- 6 sketch, and I'll try to just fill in a bit more detail, but
- 7 perhaps take questions on further elements of detail later.
- 8 We are starting with 500,000 people. We have
- 9 changed our age range. We have gone down to age 40 to 69
- 10 for reasons which I could explain. The essential idea is
- 11 relatively simple. We identified volunteers at baseline.
- 12 We collect information on environmental exposures, we take
- 13 certain measurements from them, they fill in a
- 14 questionnaire, and then we take biological samples, blood
- 15 and urine. We've considered various other samples, and we
- 16 settled on blood and urine.
- We then tracked those participants, taking
- 18 advantage of the benefits of the U.K.'s National Health
- 19 Service, corporation registration, and universal health
- 20 care coverage, which gives us a very good start, but not
- 21 all the data that we need. By no means all the data will
- 22 come from these routine sources, but they are an extremely
- 23 good screen from which to undertake additional validation
- 24 exercises, including perhaps questionnaires in the future
- 25 and recontact for validation.

- I should perhaps say at this point by the way
- 2 that we have taken the issue of environmental exposures
- 3 very seriously. There is a subgroup set up on our Science
- 4 Committee which is considering these. We have taken advice
- 5 from the Health Protection Agency in the U.K., and
- 6 environmental epidemiologists such as David Coggin are
- 7 advising us on that.
- 8 The general point is that there is a lot of
- 9 detail work going on on exactly how to measure exposures at
- 10 baseline, which is being brought together by a number of
- 11 subgroups advising our Science Committee. We plan to
- 12 publish the results of that we hope by April of this year
- 13 and invite comment, as we have done for all the other
- 14 pieces of work that we've done. For example, the ethics
- 15 and governments framework. So I hope that people in the
- 16 United States will contribute to the process.
- So here is the U.K. population in 2001. That's
- 18 the U.K. Biobank corporation. You can see that the reason
- 19 for choosing this age group is that there are broadly the
- 20 same number of people in each age group here. This is the
- 21 beginning of the slippery slope, I'm afraid, for most of us
- 22 who were just in there. The major causes of death and
- 23 morbidity start to kick in. I'm afraid from here on in, it
- 24 is incidents of major disease outcomes. Of course, that's
- 25 the point at which these studies start to be interesting.

- 1 There is an issue of how far back can you
- 2 ascertain exposures. Some people argue, well, you really
- 3 should be starting down here. You start with the children,
- 4 because that's where the seeds of illness are sewn. We can
- 5 debate the pros and cons of these. There is no answer to
- 6 this. We need studies of children, and people are starting
- 7 studies of children. We need studies of adults. We
- 8 probably need studies of the elderly as well.
- 9 So it is important not to oversell these
- 10 projects. Biobank is a big project, but it is only one
- 11 part of a strategy to answer these questions.
- 12 It is a big study. There are lots of people in
- 13 there who will develop lots of conditions, unfortunately.
- 14 This is just to give you a flavor of the numbers. At
- 15 baseline, within five years, we will have people with these
- 16 sorts of numbers of conditions. So 8,000 people will have
- 17 coronary heart disease. At the time, 7,000 will be
- 18 diabetic, and 1.6 will have Parkinson's, and this is
- 19 rheumatoid arthritis.
- 20 Now, these assumptions take advantage of what
- 21 we know about volunteer bias. So quite a lot of work has
- 22 gone into these estimates. We feel they are quite
- 23 reliable. Importantly, there will be large numbers of
- 24 people at baseline who suffer from various risk factors for
- 25 disease as well. Therefore, we study the effect they have

- 1 on people's health as they get older.
- 2 There are similar numbers for the numbers of
- 3 people who would develop instant illness in the future.
- 4 Gil talked about ten years. In fact, we plan to study
- 5 people indefinitely. So we are talking now about 10, 20,
- 6 30 years. At 20 years, we will have 86,000 people who have
- 7 developed coronary heart disease who didn't have it at
- 8 baseline. These are the sorts of numbers that you need if
- 9 you're really going to get to grips with the interesting
- 10 questions.
- 11 Scientific objectives. Very broad categories,
- 12 but starting off with the public health aim which is to
- 13 determine these separate and combined effects of genes and
- 14 environment, and the nested case-control studies which you
- 15 have heard about is really the selling point to the
- 16 Biobank.
- 17 That was the one that really convinced the
- 18 scientific peer reviewers that Biobank was worth doing.
- 19 But nevertheless, you can also do cross-sectional
- 20 prevalence studies, because there will be large numbers of
- 21 people with diseases. If you choose the right diseases,
- 22 for example, things like cirrhosis, you can do really
- 23 rather nice studies on the cross-sectional studies on the
- 24 prevalent cases, whereas with other conditions, you require
- 25 instant cases.

- 1 We can also do cohort studies, the classic
- 2 cohort studies looking at the particular exposure. Maybe
- 3 an environmental exposure, or perhaps exposure to
- 4 pesticides or some other condition, passive smoking, social
- 5 class, or some occupational factor, and follow them up as a
- 6 group.
- 7 An interesting variant on the exposure-based
- 8 studies is genotype driven clinical investigation. We are
- 9 recruiting a half million people, and there is every
- 10 expectation that perhaps within five years it will be
- 11 possible to genotype the whole cohort for at least a
- 12 limited number of SNPs. It will then be possible to
- 13 identify people with certain SNPs and invite them so they
- 14 could volunteer in an appropriate fashion to take part in
- 15 studies looking at the effect of those genotypes in the
- 16 representative group of people, as opposed to people who
- 17 you have identified because they are ill.
- 18 It is potentially very powerful. It raises a
- 19 whole new set of ethical and legal problems even on top of
- 20 the ones that Mylene described, I think. But nevertheless,
- 21 we have had some quite interesting discussions with the
- 22 relevant groups in the U.K. suggesting that this is likely
- 23 to be feasible, provided it is done carefully.
- 24 The third big area of interest of course is in
- 25 identifying biomarkers as early risk factors. Not just as

- 1 a potential diagnostic tool, but it is something which
- 2 helps us to explain the model, the fact that the substance
- 3 is raised before someone has developed the disease may give
- 4 clues to the disease mechanism.
- 5 In general, I think the point about this is
- 6 that studies like Biobank and all the other studies we've
- 7 talked about, and indeed comprehensive studies, will help
- 8 us to understand disease models in a way that we never have
- 9 done before. That of course is really the Holy grail of
- 10 biomedical research. What we do with it is a separate
- 11 question.
- 12 Particular scientific justification for
- 13 prospective studies. Again, you've heard this before.
- 14 Just perhaps one or two things. Having genetic information
- on people, regardless of severity, is important. If you
- 16 take coronary heart disease, many of the people who develop
- 17 coronary heart disease, it arises as sudden death. Not
- 18 having samples beforehand can be a problem, or indeed risk
- 19 factors beforehand.
- 20 Again, ascertaining blood samples, generally
- 21 particularly for proteomics, not just for genetics, is very
- 22 important. A general point about genetic studies is that
- 23 if you take genes as just another risk factor, it is very
- 24 important that, perhaps as Charles pointed out, you have to
- 25 have no preconceptions about what the disease risk factor

- 1 relationships might be.
- 2 If you start with case-control studies, you
- 3 will very rarely detect relationships with diseases that
- 4 you hadn't thought of. So if a particular gene causes
- 5 Parkinson's rather than breast cancer, if you are doing a
- 6 case-control study of breast cancer, you won't detect that
- 7 relationship. So it's important to be able to pick up
- 8 things which you weren't expecting.
- 9 It is important, finally, to be able to study
- 10 health, as well as disease. I would argue that you can
- 11 only really do that by taking samples of the whole
- 12 population, not just a group of apparently representative
- 13 cases and controls.
- 14 So to recap, the general benefits of U.K.
- 15 Biobank lie in public health and looking at how these
- 16 factors work together in populations, clinical medicine,
- 17 understanding disease groups better, particularly looking
- 18 at heterogeneity, 21st Century diagnosis, 21st Century
- 19 prognosis as the essence of good clinical medicine, and
- 20 bioscience. Particularly the biomarker disease
- 21 associations.
- The process of doing Biobank raises a whole lot
- 23 of issues that we have had to work through. We think that
- 24 will have some benefits for others, particularly our work
- on ethics and governments. The whole approach tends to

- 1 provide better access to resources for scientists, and it
- 2 promotes international collaboration. In some senses, it
- 3 is efficient and economically beneficial as well.
- 4 Moving really onto the detail of Biobank
- 5 itself. How is the U.K. Biobank funded? Well, these four
- 6 research funders came together. The total cost of Biobank
- 7 is 61 million pounds, about \$110 million, of which the
- 8 lion's share comes in the Medical Research Council and the
- 9 Wellcome Trust, the Wellcome Trust being a large biomedical
- 10 research charity, as well as the government, Department of
- 11 Health, and Scottish Executive.
- 12 Is that a lot of money? It is approximately
- 13 the cost of a Hollywood film. "Terminator 3" cost the same
- 14 as Biobank. Some would argue that "Terminator 3" made a
- 15 profit. Biobank may make a profit, too.
- 16 (Laughter.)
- DR. NEWTON: Of course, the point there is that
- 18 the value statement for Biobank is that the value of the
- 19 resources is worth a lot more than the cost of collecting
- 20 it. That becomes increasingly true as time goes on.
- 21 Another statistic, the health service in the
- 22 U.K. spends the same amount in eight hours. So if we can
- 23 have some benefit on health care, it will seem a small
- 24 amount of money. Again, another comparative cost. The
- 25 cost of Biobank is about 1 percent of that spent on

- 1 biomedical research in the U.K. So funding a project like
- 2 Biobank isn't really distorting funding priorities in the
- 3 U.K. That's my bit on the funding.
- 4 How have we established Biobank? Well, it is
- 5 important to do this properly. It seems like very hard
- 6 work, but I'm sure it has been worthwhile. We have a
- 7 board, Biobank itself is a company, a charity with
- 8 charitable aims, but an independent company.
- 9 There is a separate Science Committee which
- 10 advises Biobank on all matters scientific. There is on the
- 11 other side, a separate Ethics and Governance Council which
- 12 is independent, chaired by a Professor of Bioethics which
- 13 advises Biobank on ethics and governance, particularly in
- 14 relation to the interested participants. We'll continue to
- 15 advise Biobank, and we'll speak publicly about whether
- 16 Biobank is conforming to its ethics and governance
- 17 policies.
- 18 In terms of implementation, we have six
- 19 regional collaborating centers which represent scientific
- 20 groups around the country, comprising 22 universities in
- 21 all.
- 22 The general approach is to try to be as
- 23 efficient as possible. This is a very large-scale process.
- 24 If we're not efficient, we will fail. It is very easy to
- 25 spend 61 million pounds and not deliver Biobank. I think

- 1 it is possible to spend 61 million pounds and deliver
- 2 Biobank.
- It is an industrial scale process. I would
- 4 emphasize the need for process and project planning early
- 5 on. We've done a lot of that.
- A distributed scientific collaboration is, I
- 7 think, the only way to do this. But you do have to have
- 8 strong central coordination. There is a potential to build
- 9 a Tower of Babel in producing these big projects. There is
- 10 a fine line to be cut between having masses and masses of
- 11 talk and no action, and enough talk to make sure that
- 12 you've covered all the bases you need to cover.
- We particularly value the international
- 14 collaborations. We've had a number of meetings with people
- 15 in the United States which have all helped a lot. We do
- 16 send out our material for comment quite widely. Again, we
- 17 very much appreciate the comments that we receive.
- 18 So we will recruit participants. We recruit in
- 19 the skill set from primary care, although in fact we are
- 20 probably not going to use practices themselves that much.
- 21 Essentially recruiting to the Biobank is rather like
- 22 launching a new mobile phone. You've got to try to with
- 23 direct mailing attract half a million people to in essence
- 24 buy into your idea. So after considerable thought and
- 25 planning, we are probably going to take more of that sort

- 1 of line.
- 2 So we are going to start off relatively small
- 3 and try and get the procedures absolutely right in the
- 4 first year, and then roll it out in a mass way, taking into
- 5 account this experience that you tend to overshoot in the
- 6 end if you don't stop early.
- 7 How will participants enter Biobank? Well,
- 8 they will attend the clinic. We have set up a dedicated
- 9 clinic to do the data collection. Again, the efficiency of
- 10 this process is so important that we think dedicated
- 11 clinics are the only way to do it.
- 12 Samples are transported to a central resource,
- 13 along with the data. The questions we hope will be on tox
- 14 screen entry so that the data will instantly be amalgamated
- 15 into the central resource as soon as the participants enter
- 16 it. There's a big emphasis on archiving and curating the
- 17 samples and the data for long-term use.
- 18 Of course, box number five is very important.
- 19 It is always easy to forget this. In the end, the resource
- 20 is only as good as the extent to which you can distribute
- 21 and make available the data and the samples for future use.
- 22 It is important to put resources into that now as well.
- 23 Data management is a big challenge. I'll just
- 24 flip through this relatively quickly. We've got a lot of
- 25 data acquired at recruitment to deal with the

- 1 questionnaire, the samples, how the samples are stored, and
- 2 the quality assurance data. At the end, we have
- 3 information coming in from the NHS particularly, but also
- 4 research input as well from dedicated follow-up procedures.
- 5 The whole lot has to be amalgamated in a secure database.
- There is also a lot of IT around the booking,
- 7 scheduling, the managing of the process. All of this is
- 8 new, and it has got to be developed. There is a lot of
- 9 interest from the commercial suppliers, and we are working
- 10 with some of them to develop these systems. Although
- 11 mostly it is the experience of researchers that really
- 12 tells you what is going to happen.
- We also have a big investment in the U.K. in
- 14 the National Program for IT. Many billions of pounds are
- 15 being spent on drawing together these data sources, which
- 16 may or may not be useful for us. We're not dependent upon
- 17 them, but they would help.
- 18 Samples. Samples I mentioned earlier. We have
- 19 done a lot of work on this. It was an expert group that
- 20 pondered this, reviewed the literature, and produced a
- 21 report which is available on the Web. We sent it out for
- 22 peer review. In the end, we decided this is what we're
- 23 going to do. We will get things rolling, but we think the
- 24 mistakes we've made will be pardonable in the future
- 25 because of the way we approached it.

- In essence, we are collecting blood in various
- 2 different ways so that they can be made available for the
- 3 things that scientists want to do. Say there is going to
- 4 be plasma and serum. We can do baseline hematology and
- 5 baseline biochemistry. But the key to it is storing blood
- 6 in such a way that people can do genetic, proteomic, and
- 7 metabolic studies, as well as urine, particularly for
- 8 metabolic studies. We also store blood, whole blood, so
- 9 that we can immortalize white cells in the future, if
- 10 necessary.
- I just want to emphasize the volume of work
- 12 involved, at peak we will be recruiting 750 people a day.
- 13 That's some 3,750 bottles arriving in the lab every day.
- 14 The storage will generate 24 million tubes, each of which
- 15 are identified with two additional markers. This is a
- 16 huge, huge resource, and it is quite a challenge to manage
- 17 it.
- 18 The tubes we have stored in two ways.
- 19 Traditional liquid nitrogen. You probably need that for
- 20 whole blood in order to be able to immortalize white cells
- 21 at that very low temperature. Putting blood into these
- 22 things is fine. Getting them out is a lot more difficult.
- 23 Traditionally, people have used liquid nitrogen storage
- 24 facilities, and they are secure, so we will do that. But
- 25 we also use an automated -80 storage.

- This is a system where the tubes, you'll see in
- 2 a moment, are stored in racks in here. These are held at
- 3 -80 degrees. The robot operates at -20 degrees. This is a
- 4 mock working factory, but it is very similar to the one
- 5 that will be built in our storage facility.
- The robot then essentially processes all the
- 7 samples according to protocols, which are computerized. It
- 8 uses a laser to recognize the tube markers. It knows
- 9 exactly which tube it is handling all the time. They are
- 10 extremely efficient. They are used quite widely in the
- 11 pharmaceutical industry. They are used everywhere really,
- 12 including restaurants who apparently have them for picking
- 13 bottles of wine from their cellars. So if it is good
- 14 enough for them, it is good enough for us.
- 15 Of course, the huge advantage is that you can
- 16 set the thing running, according to the protocol that the
- 17 scientist has defined. It can issue up to 4,000 samples a
- 18 day, which can then be made available to research
- 19 laboratories for analysis. Whereas to extract tubes by
- 20 hand from liquid nitrogen, it can take up to two months to
- 21 get 4,000 to 6,000 samples out. That's one person working
- 22 for two months. It is extremely unpleasant work, if anyone
- 23 has ever had the experience of doing it. There are health
- 24 and safety issues.
- 25 So this is the way to go, this is the way to do

- 1 things in the future. It is cost-effective on the sort of
- 2 scale that we're doing. The cost of the -80 storage is
- 3 about the same as the cost of the liquid nitrogen storage.
- 4 Ethics and governance. There is a huge amount
- 5 that I could say about this. To summarize very briefly,
- 6 Biobank is based on the fact that people are volunteers,
- 7 and most important, that they can withdraw at any time.
- 8 They give broad consent to future use, and this is a huge
- 9 issue. I think I'd be more optimistic. I think broad
- 10 consent has been quite widely accepted, particularly in
- 11 Europe, as an essential approach to prospective research.
- Now, the question of what broad consent means,
- 13 and what safeguards you have to put in place to allow broad
- 14 consent to be reasonable is a big issue, and needs careful
- 15 consideration.
- 16 Data security and confidentiality have to be
- 17 assured. There is a lot of work that has to be done on
- 18 this. We have chosen to retain control of the samples. We
- 19 think people are wary of their DNA being widely
- 20 distributed, and therefore, we have tight control over the
- 21 samples. But on the other hand, we have full access to
- 22 evaluations and tests of the samples and the data for
- 23 appropriate purposes.
- Now, the word "appropriate" needs to be
- 25 defined, so we have internal and external reviews of the

- 1 science and ethics of potential uses at Biobank. One of
- 2 the safeguards that covers a lot of this is our Independent
- 3 Ethics and Governance Council, which volunteers -- we
- 4 undertook a lot of public consultation before we started
- 5 and drew this up. That was one of the issues that came out
- of that public consultation that people felt an independent
- 7 group who could speak on their behalf was important.
- 8 We have also had a lot of support from
- 9 Parliamentarians. We have done a lot of public affairs
- 10 work with the Science and Technology Advisory Committees
- 11 for the House of Lords, and for the House of Commons. In
- 12 fact, there is a very big report from the House of Lords on
- 13 genetic databases which was done I think as early as 2001,
- 14 actually.
- Biobank is a big study, 500,000, but it's not
- 16 big enough, by no means. You quickly run out of
- 17 individuals for a lot of studies. It is essential that we
- 18 can collaborate. Collaboration means two things. It means
- 19 encouraging people to set up similar studies and working
- 20 with them, but it also means harmonization. It is no good
- 21 if we all did studies which don't talk to each other, which
- 22 is why the work at P3G is so important, and indeed the work
- 23 of Muin Khoury's group from CDC, which looks at the other
- 24 end of looking at the outcome of the research studies.
- 25 So there we are in the U.K. These population

- 1 studies lend themselves to countries where you have
- 2 population registration and universal health care coverage.
- 3 So there is a natural tendency for countries like Canada,
- 4 U.K., and the Scandinavian countries to think of setting up
- 5 these studies.
- 6 But as we've heard today, there is work going
- 7 on in Japan, and there is work going on in Singapore. I
- 8 was at a meeting in Sweden last week with a number of
- 9 delegates from Singapore. We are very much hoping that the
- 10 U.S. will make a contribution. Already there are studies
- 11 such as the Marshfield study, which clearly will make a
- 12 contribution. I would be astonished if the U.S. doesn't
- 13 really make an important contribution to this worldwide
- 14 collaboration.
- 15 Of course, you are very welcome to use our
- 16 data. It would be great if we could swap.
- 17 How far have we gotten? Well, here is the
- 18 timeline. We are starting pilot studies, we are doing some
- 19 molecular pilot studies testing the sample handling
- 20 procedures, and testing the clinical procedures. We'll
- 21 start integrated pilot studies which will look very much
- 22 like the real study in September of this year. We start
- 23 the main study in January, 2006. From then on, it is one
- 24 person every five minutes for five years.
- What are we doing at the moment? While we are

- 1 looking so tired, it is very hard work. I have to say, it
- 2 is very hard work setting up these big studies. There is a
- 3 lot to do.
- We are doing the piloting, we are setting up
- 5 the IT infrastructure, and trying to design the clinical
- 6 applications. The tox screen questionnaires are quite
- 7 innovative. Very importantly, we are planning how we
- 8 approach the general public, and developing a
- 9 communications strategy to support recruitment.
- 10 The participants are fundamental to the
- 11 studies. If you don't have the trust of the participants,
- 12 if you don't convey the fact that we think that they are
- 13 participants, not subjects, then people will walk away from
- 14 us. So we take this very seriously.
- 15 We are developing this under the protocol. The
- 16 protocol, which was published about two years ago, was
- 17 really a proposal. There is a huge amount of detail work
- 18 to be put into the protocol. For example, we mentioned
- 19 environmental exposure measures. That in itself has
- 20 produced a wonderful draft report, and there will be a
- 21 second report. So there is a lot of scientific detail work
- 22 to be done.
- 23 The Ethics and Governance framework will
- 24 probably remain in draft throughout the project, because it
- 25 needs to be brought up to date continually. We are

- 1 thinking we will produce a new version quite soon. We put
- 2 it out for public consultation. We are implementing the
- 3 laboratory processes. We have commissioned our robots, and
- 4 the people in Cambridge are building the robots. We are
- 5 building the building.
- 6 This is where the automated storage facility is
- 7 going to be. This is the new headquarters of Greater
- 8 Manchester Police. This is in Manchester, U.K. So we
- 9 thought this might be quite good in terms of putting
- 10 burglars off, to be quite so close to them. These
- 11 buildings will go up quite quickly. So we hope to have
- 12 that ready by September of this year.
- So what are the challenges? A number of
- 14 challenges. Delivery against the timelines. It is a big
- 15 super tanker of projects. It has got many, many people
- 16 involved, some of whom have vested interests. It's
- important to try and draw these together behind a common
- 18 goal.
- 19 The ethical approvals. We think we feel
- 20 secure. We've had a lot of discussions. We think we have
- 21 a lot of support. We have talked to all the right people.
- We have been absolutely straightforward about it, but it
- 23 takes time. It is very difficult to bank on when you're
- 24 going to get the final approval. So whilst you have your
- 25 detailed project plan, the ethics committees can feature

- 1 quite high in the risk management of that.
- We need to negotiate access to all the
- 3 information sources that we need, and we need to ensure
- 4 continuity of the data chain over many years. By the time
- 5 the people come to use the data, we'll all be long gone, so
- 6 it needs to be carefully documented. Professionally, I
- 7 should say, long gone.
- 8 So finally, what is special about U.K. Biobank
- 9 that perhaps marks it out? Well, certainly the size of the
- 10 project. At the moment, I think it is the biggest funded
- 11 project, both in terms of number of people, but also in the
- 12 long-term nature of it.
- 13 The biological resource will be unprecedented.
- 14 There was a great deal of interest just in the biomarker.
- 15 So people would fund Biobank just to get hold of the blood
- 16 samples. But Biobank is a lot, lot more than that. The
- 17 epidemiological design of Biobank is what really makes
- 18 those blood samples valuable. Because the inferences that
- 19 you draw from the analyses we think will be more reliable
- 20 than inferences drawn from other biological resources.
- We have, in terms of ethics and governance, an
- 22 important element. We can recall the individuals, the
- 23 participants, for intensive phenotyping, and for other
- 24 information gathering exercises. So it is a continuing
- 25 relationship with them. We are using written records

- 1 extensively in the NHS, and we think that that will have
- 2 quite wide benefits.
- I think, again, to emphasize the ethical
- 4 approach is one of public participation. We hope that by
- 5 showing that this is an effective approach, that it will to
- 6 some extent set new standards for this sort of work. Not
- 7 just in the U.K., but internationally.
- 8 Thank you very much.
- 9 DR. TUCKSON: Thank you very much.
- 10 Kevin, you had one quick question? We'll just
- 11 do this one, and then we'll go to the next panel.
- DR. FITZGERALD: Yes, thank you.
- Just a quick question. You keep talking about
- 14 the public participation, and the participants, not
- 15 subjects. Do you have outlined a process for how these
- 16 participants will participate in the process?
- DR. NEWTON: In terms of influencing
- 18 decisionmaking and the managing of the project?
- DR. FITZGERALD: Right.
- 20 DR. NEWTON: Well, we have a participants
- 21 panel, and we have been consulting with them in general.
- DR. FITZGERALD: Okay.
- DR. NEWTON: We have representatives of the
- 24 public on our Ethics and Governance Council. What we've
- 25 avoided is a sort of token member of the public on the

- 1 board, for example. So I think we're open to ideas,
- 2 particularly from our panel about that.
- 3 DR. FITZGERALD: Thank you.
- 4 DR. TUCKSON: Thank you so much, John. I
- 5 appreciate it.
- Now let us move to our next panel, which will
- 7 inform us about federal programmatic efforts in this area
- 8 and provide federal perspective on the need for a large
- 9 population study. In this case, our panelists are under a
- 10 little more pressure, because they only have 10 minutes to
- 11 do their presentations. We appreciate, though, very much
- 12 their involvement.
- 13 Let us start with Ruth Brenner from the
- 14 National Institute of Child Health and Human Development to
- 15 update us, Ruth, on the National Children's Study. Thank
- 16 you so much.
- DR. BRENNER: Thank you. I'll try to go
- 18 through this briefly and stick to the time frame.
- 19 I'll be providing first a background about the
- 20 National Children's Study, an update on the current status,
- 21 and the future timeline.
- 22 The National Children's Study was authorized in
- 23 the Children's Health Act of 2000. In the Health Act, the
- 24 language is here. It authorized NICHD to conduct a
- 25 national longitudinal study of environmental influences,

- 1 including physical, chemical, biological, and psychosocial
- 2 influences on children's health and development.
- 3 This slide outlines the study concepts that
- 4 were largely derived from the Children's Health Act, that
- 5 it be a longitudinal cohort study beginning prior to birth,
- 6 and continuing through age 21 years, that this study be
- 7 national in scope, again, that it be a study of
- 8 environmental influences on children's health and
- 9 development with environment broadly defined, and that the
- 10 study be designed to allow measurement of both chronic and
- 11 intermittent exposures.
- 12 A number of additional study concepts have been
- 13 defined from both the Children's Health Act, subsequent
- 14 workshops, and work of the Federal Advisory Committee and
- 15 the Interagency Coordinating Committee. These are outlined
- 16 on this slide, that the study by hypothesis-driven with
- 17 primary outcomes related to child health and development,
- 18 that there be sufficient power to study the common range of
- 19 environmental exposures, but less common outcomes.
- 20 That we look at both the effects of environment
- 21 and gene environment interactions on child health outcomes,
- 22 and that the study involve a consortium of multiple
- 23 agencies, both in the planning and carrying out of the
- 24 study. Finally, that the data collected serve as a
- 25 national resource for future studies.

- 1 Focusing now on the rationale for the National
- 2 Children's Study, why the focus on children? Well, first,
- 3 children have increased vulnerability to a number of
- 4 environmental exposures. There are also critical windows
- of vulnerability, particularly early in development in
- 6 utero when many of the organ systems are forming.
- 7 Children have immature mechanisms for
- 8 detoxification and protection. There are also differences
- 9 in metabolism and behavior that may yield higher effective
- 10 exposures when children and adults are exposed to the same
- 11 environments.
- 12 This is a slide taken from Selevan and
- 13 published by Selevan in Environmental Health Perspectives
- 14 that looks at some of these factors. I won't go through
- 15 all of them in the interest of time, but if you just look
- 16 at the top row, you can see that looking at surface area to
- 17 body mass ratio, that ratio is higher in infants than in
- 18 children, and higher in children than in adults. There are
- 19 a number of other domains that you could look at and see
- 20 how children actually have higher exposures to environments
- 21 when placed in the same environment.
- 22 So why now? Why do this study now? First,
- 23 there has been increasing concern about numerous exposures
- 24 with suggestions that these exposures lead to adverse
- 25 outcomes. The types of exposures range from changing

- 1 social environments, to increased exposure to the media, to
- 2 exposures to new chemicals that have been introduced in the
- 3 environment.
- 4 Additionally, there is an increase in concern
- 5 about diseases and conditions of children, some of which
- 6 appear to be increasing, such as obesity and possible
- 7 autism, and attention deficit and hyperactivity disorder.
- 8 At the same time, there has been growing experience with
- 9 the effects of exposures and how they affect child health
- 10 outcomes, particularly exposures in pregnancy and early
- 11 childhood, like lead and fetal alcohol. There have been
- 12 advances in technological capabilities, many of which
- 13 you've already heard about today.
- 14 Finally, why a longitudinal study? Again, most
- 15 of this has already been discussed today. It allows
- 16 inference regarding causality, it allows a study of
- 17 multiple outcomes, and simultaneous and sometimes
- 18 synergistic effects multiple exposures.
- 19 It allows study of mediating pathways between
- 20 exposure and disease, recall bias decrease, particularly in
- 21 relation to exposure. Particularly important for children,
- 22 it facilitates the study of development trajectories and
- 23 how environmental influences at a particular point in time
- 24 can affect these trajectories.
- This is just a schematic of the multiple levels

- 1 of measurement that we anticipate in the Children's Study.
- 2 There will be community level measures of neighborhoods,
- 3 schools, and communities, measures of the social
- 4 environment, friends, family, and organizations, a number
- 5 of individual factors, and how all of these interact with
- 6 genetics to affect health and development over the 21-year
- 7 time period.
- Now turning to the recent milestones and the
- 9 current status of the project. After a number of meetings,
- 10 including deliberations of an expert panel and
- 11 recommendations from the Federal Advisory Committee in June
- 12 of 2004, the decision to utilize the National Probability
- 13 Sample was announced. Shortly after that, the study plan
- 14 was developed, and this was first presented in September of
- 15 2004 to the Federal Consortium. Later in November of 2004,
- 16 the study plan was made public as part of the request for
- 17 proposals for the Vanguard Centers.
- 18 At the same time, a request for proposal for
- 19 the Coordinating Center was released, and we published the
- 20 "Growing Up Healthy" document, which I think was included
- 21 in the packet. If it wasn't, I brought extra copies with
- 22 me.
- 23 Briefly, the National Probability Sample, the
- 24 first stage was drawn by the National Center for Health
- 25 Statistics, 101 study locations, which are, for the most

- 1 part, single counties, although in some rural areas, it
- 2 involves multiple contiguous counties. We draw from the
- 3 full list of all counties in the United States. Thirteen
- 4 of these locations are self-representing locations. Those
- 5 are locations with higher populations. We anticipate a
- 6 large number of births per year. Sixty-two are
- 7 metropolitan and 26 were non-metropolitan locations,
- 8 primarily rural locations.
- In the second stage of sampling, we will be
- 10 selecting segments or groups of households from within the
- 11 study locations. We anticipate a highly clustered sample
- 12 to facilitate study of community characteristics, as well
- 13 as to increase the logistical efficiency of the study.
- 14 Therefore, we anticipate a few number of segments within
- 15 each location.
- We will be soliciting input from the successful
- 17 offerors to help define the segments. There are advantages
- 18 and disadvantages to using traditional ways of defining
- 19 segments which rely on Census boundaries versus less
- 20 traditional ways like school areas. We will be asking
- 21 offerors to help us in defining the segments and seeing
- 22 what is possible within their locations. But to maintain
- 23 the integrity of the sample, the offerors will not do the
- 24 actual selection of the segments. That will be done by the
- 25 data center in collaboration with the statisticians from

- 1 the National Center for Health Statistics.
- 2 This is the study map. These are the 101
- 3 locations that were selected across the country.
- 4 The next step was the selection of the vanguard
- 5 locations. From the initial list of study locations, eight
- 6 locations were selected to potentially serve as the
- 7 vanguard locations. The vanguard locations will start data
- 8 collection a year before the other locations, and will
- 9 serve to pilot our procedures and modify them before we
- 10 have the full complement of study locations on board.
- 11 Two certainty and four metropolitan, but non-
- 12 certainty and two non-metropolitan locations were randomly
- 13 selected. This included two locations in each of the four
- 14 U.S. Census regions, and this map shows the eight locations
- 15 that were chosen to potentially be vanguard locations.
- 16 That's an important distinction. Offerors were
- 17 asked about potentially versus actual vanguard locations.
- 18 Offerors were asked to propose procedures for data
- 19 collection in one of those eight areas.
- 20 However, the number of awards that is made is
- 21 dependent upon availability of funds and the quality of the
- 22 proposals that we receive. We anticipate a total of three
- 23 to eight awards. Therefore, somewhere between three to
- 24 eight vanguard locations.
- 25 There will be no more than one award for

- 1 collection of data in a single location so we won't have
- 2 two entities collecting data in the same county. If there
- 3 are three awards, our goal is to make one award in each of
- 4 the three categories of certainty, non-certainty, and
- 5 non-metropolitan.
- 6 In addition, if there are four awards, our goal
- 7 is to have one vanguard location in each of the four Census
- 8 regions. The reason for this is so that we can get as
- 9 broad of an experience as possible in the vanguard phase so
- 10 that the experience can be applied to development of the
- 11 procedures for the full study.
- 12 A few other aspects of the study plan. Again,
- 13 we'll be enrolling women and, when possible, their
- 14 partners, prior to or early in pregnancy, with follow-up of
- 15 children until 21 years of age.
- 16 For the main locations, the enrollments over a
- 17 4-year-period in the vanguard phase, there is an extra
- 18 year, so it is five years. Data will be collected in both
- 19 face-to-face visits and remote data collections, and will
- 20 include questionnaires, interviews, environmental samples,
- 21 and observations both in the home and in the community.
- 22 Clinical and behavioral assessments, again, both in the
- 23 home and in the clinical setting, and a number of
- 24 biological samples.
- 25 This is the proposed schedule as it appeared in

- 1 the study plan. There is a total of 15 face-to-face visits
- 2 proposed, with additional visits for those who are enrolled
- 3 preconception. You can see they are spread between home
- 4 visits and clinic visits, and then one visit in the
- 5 hospital at the time of delivery.
- 6 In addition to the challenges that were
- 7 outlined in the previous slide, these are some of the
- 8 challenges that we face in the data collection aspect.
- 9 Certainly the combination of a probability sample with
- 10 actual data collection conducted through the Centers of
- 11 Excellence is a new design, and something that we're
- 12 hopeful will be successful.
- I think I mentioned the end date for receipt of
- 14 proposals was a couple of weeks ago. It looks like this
- 15 has fostered some interesting collaborations. We're
- 16 hopeful that this will be a successful strategy.
- 17 We also propose to collect multiple levels of
- 18 data in a variety of settings. I have just given an
- 19 example of some of them, environmental specimens in the
- 20 home, biologic samples at the time of delivery which are
- 21 going to require relationships with multiple hospitals
- 22 since we're using a community-based approach, versus the
- 23 hospital recruitment, and a number of measures in the
- 24 community.
- We also want to capture both intermittent and

- 1 chronic exposures, and we hope to capture those exposures
- 2 during critical periods of development. It's the
- 3 combination of these two challenges that led to the
- 4 preconception component of the study, to get those very
- 5 early intermittent exposures, those early exposures in
- 6 pregnancy that are sometimes short lived.
- 7 The projected timeline. Again, the closing
- 8 date for receipt of proposals for the Vanguard Centers and
- 9 Coordinating Center were last month. We hope to select the
- 10 initial centers, the Vanguard Centers, in late 2005, and to
- 11 complete and pilot the initial protocol in 2006.
- We hope to enroll the first participants in the
- initial centers in early 2007, and to select additional
- 14 centers in 2006 and 2007. The first preliminary result
- 15 should be available in 2009 to 2010, and we'll continue to
- 16 analyze data throughout the course of the study.
- 17 Finally, we've had ongoing and will continue to
- 18 have ongoing meetings, peer reviews, workshops, and
- 19 consultations. I just wanted to mention one of those. In
- 20 September of 2004, we had a workshop on the collection and
- 21 use of genetic information. This brought together experts
- 22 in the federal government to explore opportunities and
- 23 challenges, and provide recommendations to the National
- 24 Children's study.
- The focus was on appropriate collection and

- 1 storage of biologic samples. There is a workshop report
- 2 that will be available at our website, probably at the end
- 3 of this week. This is the website, if you want additional
- 4 information. Again, I did bring, if anybody is interested,
- 5 I brought some additional copies of the "Growing Up
- 6 Healthy" document.
- 7 DR. TUCKSON: Thank you very much, Dr. Brenner.
- 8 We very much appreciate that.
- 9 Now, let me invite Stephan Fihn from the
- 10 Department of Veterans Affairs. Stephan will be followed
- 11 by Alan Guttmacher, and then by the committee's own Muin
- 12 Khoury.
- DR. FIHN: Hi. I'm Steve Fihn. I'm going to
- 14 try and make this very brief, because I know you are
- 15 running behind schedule. Some of the material I have
- 16 overlaps with what has been presented. I have to say that
- 17 our planning is in the very early rudimentary stages.
- 18 Really we don't have a formal plan. It is a great honor
- 19 and privilege to come and talk to you all, just to sort of
- 20 give you an idea of what we've been thinking about.
- 21 Basically this has been an idea that has been
- 22 evolving with the Department of Veterans Affairs now for
- 23 about two or three years. Many of you may not know that
- 24 this is the largest integrated health system certainly in
- 25 the United States, and potentially elsewhere.

- 1 We do have an integrated intramural research
- 2 program. So to many people, it is thought to be sort of a
- 3 natural thinking to whether or not the notion of both
- 4 research in genomics, as well as clinical genomic medicine,
- 5 could be brought to bear in a system like ours.
- The goals of this program really would be
- 7 three-fold. Much of what has been discussed is research
- 8 and development related to genetics. This would be
- 9 particularly in regard to clinical programs that would
- 10 target drug response and prevent adverse reactions.
- 11 We already know now that there are commercially
- 12 available tests that relate to genetic susceptibility.
- 13 There is no doubt that there will be many more coming onto
- 14 the market in the scientific marketplace in the very near
- 15 future.
- One of the questions we have is how do you
- 17 implement these sorts of things in an actual clinical
- 18 health system, and can we early in this process develop the
- 19 research and development for these kinds of tests and
- 20 intervention within a clinical health system? Obviously
- 21 we'd like to pursue the same kinds of research that have
- 22 been described here in terms of understanding better roles
- 23 of genetic factors in both the prevention and causation of
- 24 disease.
- Then we need, like everyone else, to think

- 1 about what the information systems look like for collecting
- 2 and making these data available.
- 3 The obvious question is why would the
- 4 Department of Veterans Affairs be doing this. I think
- 5 that's a reasonable question. As I said, it is a large,
- 6 integrated health system with a very relatively stable
- 7 patient population.
- The turnover within our system is far, far less
- 9 now than in commercial care these days. It is a very large
- 10 system with somewhere around 5 million active users. We
- 11 probably have the most advanced electronic health record in
- 12 the world which collects copious amounts of data, clinical,
- 13 administrative, and demographic.
- 14 As I mentioned, we have a very large intramural
- 15 research program. Many investigators are already doing
- 16 genomics at a very small scale. One of the goals of course
- 17 would be to coordinate and pull much of what is being done
- 18 together into a more organized and centralized activity.
- 19 Again, as a health care system, we can't ignore
- 20 this sort of incipient issue, the clinical issues that are
- 21 I think on the horizon. The other thing is we have
- 22 actually now had an opportunity to discuss with veteran
- 23 service organizations and with patients, and somewhat
- 24 surprisingly, we often hear about patient concerns.
- 25 There is also a great desire among patients in

- 1 our system that we've heard obviously done with all of the
- 2 necessary ethical and administrative controls and
- 3 governance. But given that, they think this would be an
- 4 important part of the medical care they receive, and
- 5 actually have given a lot of support and enthusiasm for
- 6 thinking further about this effort.
- 7 There are a lot of existing resources, as I
- 8 mentioned already. We have already got several sanctioned
- 9 DNA repositories. Many of these have emanated from ongoing
- 10 clinical trials or other research. I suspect, like many
- 11 research organizations, there are probably other smaller
- 12 biorepositories in our system that really aren't
- 13 registered, and that we don't know about. That's one of
- 14 the issues, to try and get a handle on all that is already
- 15 out there.
- 16 We are very, very early in the planning. Of
- 17 course, it has been very interesting to read and hear about
- 18 what other people are thinking technically and
- 19 technologically. We have a lot to learn and gather, I
- 20 think. Possibly by being a little bit behind the curve
- 21 here, we can, as was mentioned, benefit from the work of
- 22 others, and do things in a way that will be congruent with
- 23 other studies that are ongoing.
- We are looking at a number of collection
- 25 techniques, as well as obviously we are not going to go

- 1 out, as was suggested in the biobank, and immediately
- 2 enroll 5 million people into a database. We discussed all
- 3 sorts of phased entries and variable specimen collections,
- 4 and probably, like the other studies, will settle upon a
- 5 hybrid approach which involves a combination of those.
- 6 One of the issues, again, as we're in a
- 7 slightly different position because we're not exclusively a
- 8 research organization, we're not a private foundation or
- 9 corporation, we are a federal health care system, we would
- 10 obviously insist on absolute control and ownership over all
- 11 of the materials and information that were gathered as part
- 12 of this effort.
- We already have in place because we are a
- 14 research organization, a fairly stringent set of policies
- 15 for human subjects, protections, intellectual property,
- 16 conflict of interest, privacy, and scientific merit
- 17 evaluation.
- 18 We are also in the process of designing
- 19 additional further protections for this in particular,
- 20 which would, again, like the other projects, involve an
- 21 independent, separate oversight board composed of both
- 22 federal and private representatives.
- 23 Issues that we've struggled with are no
- 24 different than what it sounds like that everyone else has
- 25 struggled with. Governance and protection of

- 1 confidentiality. A particular issue, such as some of the
- 2 other studies, is one of our strengths we think would be to
- 3 link any data that we collected with our electronic health
- 4 record.
- 5 Of course, this presents lots of questions as
- 6 far as confidentiality and privacy. They are not
- 7 completely new to us. Our health record obviously already
- 8 has a lot of extremely sensitive information in it about a
- 9 patient's HIV status, drug and alcohol, and so we really
- 10 feel like although we need to be absolutely certain, this
- isn't completely new ground for us.
- We are particularly sensitive to the notion of
- 13 exploitation of patients. As I said, we've got a very
- 14 loyal group of patients. Enrollment in our studies, the
- 15 agreement to enroll is often in the neighborhood of 80 to
- 16 90 percent of patients who volunteer for studies, and
- 17 retention rates are often in the mid to high 90 percent.
- 18 So I think because of that, we feel a very
- 19 special reason to make sure, because veterans tend to feel
- 20 a special bond to the Department of Veterans Affairs, that
- 21 we have to be absolutely sure that there is no sense of
- 22 taking advantage of patients, either with their
- 23 participation in the study, or the use of information that
- 24 is gathered.
- We are working hard on collaborations. We are

- 1 talking to several other federal agencies, particularly in
- 2 this period of budget austerity. We think it is really
- 3 important for us to think about what we can do
- 4 collaboratively as opposed to independently. We are, as I
- 5 said, looking very carefully at the logistics, who the
- 6 patient sample would be, and how it would be enrolled.
- 7 Our thoughts are that we will actually do this
- 8 through our clinical programs. I mean, essentially we've
- 9 got labs, 800 labs already around the country that could
- 10 assist in specimen collection. Of course, we have to deal
- 11 with transport, storage, and all the rest. It has been
- 12 discussed.
- We need to think about what additional unique
- 14 exposure data we would have to collect from patients, and
- 15 how that would happen. Cost is a big issue. We have not
- 16 figured out precisely how this would be funded. Our
- 17 current research budget in and of itself is insufficient to
- 18 fund this effort. My suspicion is it would be through
- 19 special programs through the Department of Veterans
- 20 Affairs, as well as collaborations with other agencies.
- 21 A big issue that has come up early in ours is
- 22 the intellectual property issue. There are strong
- 23 commercial interests in this kind of information. We have
- 24 really had to grapple early on with that.
- 25 I'll just stop there, since I think the issues

- 1 are similar to other folks.
- DR. TUCKSON: Stephan, thank you very much for
- 3 your presentation.
- 4 Let me invite Alan Guttmacher from the National
- 5 Human Genome Research Institute, who has been very active
- 6 in trying to get something launched themselves.
- 7 DR. GUTTMACHER: It's a real pleasure to be
- 8 here and talk with the committee about something that I
- 9 think that many of you have expressed interest about. The
- 10 committee has heard something over the last six to nine
- 11 months about a group that was meeting at the NIH to look
- 12 into the really scientific questions about a possible large
- 13 U.S.-based gene/environment.
- 14 Actually, I'm going to quibble with my own
- 15 title slide. Even though we call it study because AGES is
- 16 an easy acronym to be able to refer to, this as a sort of
- 17 working concept, it is really more of a resource than a
- 18 study. I think for study, the word "study" to many people
- 19 implies a kind of controlled thing that is really
- 20 hypothesis-driven. You have a specific hypothesis, and
- 21 you're going to do a study to answer that hypothesis. We
- 22 think of this as more hypothesis informed rather than
- 23 driven. That is, it should be a large resource available
- 24 to, as you'll see in a moment, basically the entire
- 25 research community to be able to answer a series of very

- 1 interesting hypotheses and questions.
- 2 You have to have some sort of exemplar or
- 3 hypotheses as you design something like this, because you
- 4 might want to say gee, if it couldn't handle the following
- 5 kind of question, why bother having this resource? But on
- 6 the other hand, if we're thinking about large, longitudinal
- 7 studies, one of the things we kept in our minds as we
- 8 thought about this was they obviously will be providing
- 9 data for years to come.
- 10 If, for instance, using the model, as many do
- 11 when they think about these sorts of studies at Framingham,
- 12 if you had gone back to the original days of the Framingham
- 13 study and asked them to define the hypotheses which they
- 14 would be using the Framingham study to answer in the year
- 15 2005, we would have done a pretty poor job of that.
- We think the same kind of thing for these large
- 17 longitudinal studies. You have heard this from many of the
- 18 speakers before. The one needs to really be thinking very
- 19 far forward, and therefore really thinking beyond our
- 20 ability to think and to be aware of that as we go into it.
- 21 So obviously there are various kinds of
- 22 approaches to discovering and quantitating the genetic and
- 23 environmental contributions of disease risk. We have been
- 24 talking about those all morning. Case-control studies and
- 25 prospective population-based cohort studies. Case-

- 1 controlled studies are great, and that's perhaps the most
- 2 important part of this slide, that even those of us
- 3 thinking about this are clearly cognizant of the idea that
- 4 case-controlled studies are wonderful things, and that we
- 5 need to continue to have those for biomedical research.
- 6 But there are some things they can't do.
- 7 Teri Manolio and others talked about some of
- 8 the things that they could do and could not do. Amongst
- 9 the aspects that Teri talked about, or particularly
- 10 emphasized, are the bias towards the more severe end of the
- 11 disease spectrum. This recall bias which Teri spoke about
- 12 was in terms of both environmental exposures and family
- 13 history.
- 14 For instance, there are several here who have
- 15 done some teratology research over the years. We certainly
- 16 all have learned the lesson that cases tend to have
- 17 different memories from controls. Very importantly, the
- 18 inability, using case-control studies, the limited ability
- 19 to identify predictive biomarkers that signal the future
- 20 onset of disease and to have good information about those
- 21 controls before they become cases, because of course we
- 22 want to have those early biomarkers.
- Now, as you well know, we've heard about many
- 24 of the other countries that are planning large
- 25 population-based studies of genes, environments, and

- 1 health. Why doesn't that suffice? Those are going to be
- 2 wonderful studies. But there are some problems for those
- 3 of us in the U.S. in terms of utilizing these.
- 4 These include, and there are others besides
- 5 these three, but perhaps the three major ones that other
- 6 countries do not reflect are the population groups, no
- 7 matter how one defines population groups. But the
- 8 population groups in the U.S., particularly those very
- 9 groups that seem to be at present most involved with having
- 10 health disparities.
- 11 Other countries do not reflect the
- 12 environmental factors found in the U.S. This will vary
- 13 from country to country in how well that reflection is
- 14 found, but it is not a full reflection of some of the
- 15 environmental factors in the U.S. Be they the physical
- 16 environment, social environment, or other kinds of
- 17 environment.
- 18 Also this question about access of particularly
- 19 U.S. researchers, but researchers in general, to data from
- 20 other country studies will, as you've heard, be limited.
- 21 So for all of those reasons, we thought there was reason to
- 22 think about a U.S.-based study. Many of you will know
- 23 about this, it is available in the materials. I think it
- 24 is in everyone's binder that Frances wrote an article last
- 25 summer, the case for U.S. prospective Cohort Study in Genes

- 1 and Environment, which I would refer you to it. It
- 2 outlines many of the reasons for thinking about this.
- A working group was convened, and these are the
- 4 members of the core working group. I should also add that
- 5 Teri Manolio's name does not appear in this. That's
- 6 because she, along with Frances and I, were surfing the NIH
- 7 perspective helping to sort of pull this together and
- 8 organize it. Teri was a very active participant. She
- 9 mentioned before being honest about her relationship with
- 10 the Iceland group. I'm not sure why she refused to mention
- 11 her relationship with our group. Perhaps she was a little
- 12 worried about what I might say.
- 13 (Laughter.)
- 14 DR. GUTTMACHER: It shows how well she knows
- 15 our group. Besides these folks, there were a number of
- 16 subgroups, which you'll see here, which included another 50
- 17 people. So there were a total of about 60 folks from both
- 18 the United States and from outside the United States
- 19 involved in helping us think this out over the last, as I
- 20 said, six to nine months.
- So what are the major recommendations? I would
- 22 emphasize major. The more detailed kind of information,
- 23 I'll tell you at the end of the talk how to find that. But
- let me just sort of skate through some of the major ones
- 25 since time is limited.

- 1 At the end of the day, the feeling was that
- 2 cohorts should be chosen to match the most recent U.S.
- 3 Census on six different characteristics. In terms of age,
- 4 in terms of sex, in terms of race/ethnicity, in terms of
- 5 geographic region, in terms of education, and in terms of
- 6 urban versus rural residence.
- 7 It was also felt that the household should be
- 8 the primary sampling unit, and that roughly 30 percent of
- 9 cases should consist of biologically related individuals.
- 10 I would like to point out that's not a floor, it's a
- 11 target. In fact, there is an advantage to holding it not
- 12 much above that, as well as an advantage to getting
- 13 somewhere towards that.
- 14 It was also felt that the cohort should be a
- 15 significant size to achieve adequate power for most common
- 16 diseases and quantitative traits. If that does not seem
- obvious to you by now, you haven't paid very much attention
- 18 this morning.
- 19 What does significant mean? Well, we did a
- 20 number of various kinds of models to look at it. This is
- 21 one that looks at the minimal detectable odds ratio
- 22 contributed by a genetic variant after five years of
- 23 follow-up, looking at various diseases in terms of their
- incidence per 100,000 in the population per year, with the
- 25 assumptions up there of 80 percent power, and looked at

- 1 various cohort sizes, 200,000, 500,000, and 1,000,000. To
- 2 no one's great surprise, the larger the cohort, the more
- 3 data you get.
- 4 We also looked at of course because we weren't
- 5 just interested in this alone, but also looked at minimum
- 6 detectable environmental odds ratio after five years of
- 7 follow-up for the same spectrum of disorders in terms of
- 8 incidence.
- 9 Finally, we looked at it in terms of gene by
- 10 environment interaction, which of course is perhaps what
- 11 we'd be most interested in after a five-year follow-up.
- 12 Now, there are a number of assumptions. Part of what this
- 13 really presents is that there is no sudden sweet spot or
- 14 something. There is no number where you suddenly say gee,
- 15 this is a number you should get. Obviously the smaller the
- 16 study, the easier to do. So if there is some magic number
- 17 beyond which you don't get much added information if you
- 18 get larger, no, so any kind of type of design of this is
- 19 going to weigh the scientific possibilities versus some of
- 20 the budgetary constraints.
- 21 What else did the group think about? Well,
- 22 clinical exam obviously would be important. We thought
- 23 that a baseline assessment should be done, which should be
- 24 limited to four hours for various logistic reasons, that a
- 25 core group of variables should be collected on all

- 1 participants, and other variables that would be
- 2 age-specific to the participants.
- Again, remember, the age of this resource would
- 4 reflect the ages that we see in the U.S. population, that
- 5 biological specimens should be collected, laboratory
- 6 measurements done upon them, the specimens should be
- 7 stored, the genotype and DNA sequencing would be done.
- 8 In terms of follow-up, that there would be
- 9 telephone or email contact every six months, and that
- 10 reexamination should be carried out every four-year
- 11 periodicity.
- 12 Public consultation. We should also add that
- 13 in here. Not just extensive, but early and extensive.
- 14 There was a feeling that for something like this to work,
- 15 for lots of reasons, there has to be, as many people
- 16 alluded to before, that participants are truly
- 17 participants, that they feel and deserve to feel a sense of
- 18 ownership of this, that this would include various kinds of
- 19 town meetings and focus groups before one even got started.
- There should be an open-ended, informed consent
- 21 with an encrypted database to protect privacy and
- 22 confidentiality to the degree that one can protect it, but
- 23 obviously being completely honest with participants about
- 24 the limits of any protections. A central IRB would be
- 25 highly advantageous, which is obviously something that many

- 1 would aspire to. It would not be unchallenging to pull
- 2 off.
- 3 Data should be immediately accessible to all
- 4 investigators who have IRB approval. I would like to
- 5 underline this. This is perhaps a distinctive feature of
- 6 this design. It is not unique, but certainly a very
- 7 important part of this to us. That would not be something
- 8 where a closed group of investigators would have access to
- 9 the information, that much of what we were thinking about
- 10 sort of came from a Human Genome Project-type model, and
- 11 part of the power of the Human Genome Project was having
- 12 data immediately accessible to as many investigators as
- 13 possible.
- 14 Here one needs obviously to weigh that against
- 15 various kinds of concerns for privacy and confidentiality
- 16 of participants. We think by using IRB for approval, that
- 17 one could pull that off.
- 18 So why do this now? Well, the urgency of
- 19 discovery and validating these kinds of things, the same
- 20 things that John and others have spoken about before. The
- 21 opportunities to understand and address causes of health
- 22 disparities, and also that we think this will be a powerful
- 23 stimulus for technology development, as many of these kinds
- 24 of population studies could be, we would like to use this
- 25 to help do some of the work that Gil mentioned before about

- 1 really driving innovation in terms of measurement of both
- 2 environmental factors, as well as better describing
- 3 phenotype with new technologies.
- 4 Also, the potential to reduce skyrocketing
- 5 health care costs by understanding better the etiology of
- 6 disease and people's response to treatment for disease.
- 7 Finally, I will mention to you that by the
- 8 close of business today, I believe there will be a full
- 9 report of that working group. We've been working hard to
- 10 try to pull it together for this meeting. We believe by
- 11 the end of the working day today, and since we are federal
- 12 folks, the close of business means midnight. Sometime
- 13 today. If you go to genome.gov, that is the website. if
- 14 you go to genome.gov/13014436, you will see a full report
- 15 of the working group.
- 16 DR. TUCKSON: Thank you, Alan. What we can
- 17 probably do, and maybe with the support of our staff, we
- 18 can just get a little handout of that so that people will
- 19 have that available. Thank you very much.
- 20 Muin Khoury, if you would give us the
- 21 perspective from the Centers for Disease Control and
- 22 Prevention. Then we will move expeditiously to the panel
- 23 discussion that will be led by Hunt.
- DR. KHOURY: Good morning. I guess I'm Speaker
- 25 Number 10 this morning. By this time, you're all hungry

- 1 and tired, and you've heard it all. So I'll try to be very
- 2 quick so that we can have some discussion.
- I'll try to offer you a bit of a global
- 4 perspective on how we can go about collaborating, whether
- 5 it is case-controlled cohort studies, or what have you. A
- 6 lot of what I have to say is in this letter of
- 7 correspondence to Nature Genetics last year. But because
- 8 of the format, I had to condense it to about 600 words.
- 9 But a full report of this is available on our website.
- Now, I have three messages to you this morning.
- 11 They will reflect partly my own philosophy in what CDC is
- 12 doing with global collaboration with many of the people
- 13 you've heard from before, and I mentioned specifically a
- 14 couple of things.
- 15 The three messages this morning is that global
- 16 collaboration in Biobank and population-based cohort
- 17 studies is needed. We are beginning to see the elements of
- 18 that with P3G, U.K. Biobank, and others. I firmly believe
- 19 one cohort study in one country is not enough, no matter
- 20 how big that study is, whether it has 1 million people or 2
- 21 million people.
- 22 You have seen some calculations from Alan
- 23 Guttmacher earlier. They were based on measuring one gene
- 24 and one exposure or gene/environment interaction. You
- 25 could see those minimal detectable odds ratios creeping up

- 1 as you begin to look at interactions. But if you are
- 2 beginning to look at five or ten genes interacting with
- 3 five or ten exposures, it is going to be quite challenging.
- 4 The second message I want to say this morning
- 5 is that we need the process that integrates all of the
- 6 human genome epidemiologic information, whether it comes
- 7 from cohort studies, case-controlled studies, or other
- 8 forms of studies. For the most part, most such data still
- 9 come from case-control studies, and will for the
- 10 foreseeable future. So we need to integrate that data as
- 11 well.
- 12 Then the third, which I won't talk about today,
- is the need to link epidemiology with the evidence-based
- 14 processes that use epidemiologic information for policy and
- 15 practice. So there is a method to this madness. There is
- 16 an epidemiologic approach that many of us have learned that
- 17 applies not only to exposure, but genes. Because it is a
- 18 huge problem literally, I decided to call it human genome
- 19 epidemiology. Not because I have delusions of hugeness or
- 20 anything, but because the problem is really huge on a
- 21 practical scale.
- 22 What we deal with primarily these days is the
- 23 processes of gene discovery, like the first speaker this
- 24 morning who warned us that we need to kind of put on a
- 25 different hat when we're talking about multifactorial

- 1 diseases. We are not really discovering genes for diseases
- 2 X, Y, and Z, but looking at how genetic variation, whether
- 3 it is 10 million SNPs or just three SNPs or whatever,
- 4 affect the risk of diseases.
- 5 Why do we need epidemiology? We need
- 6 epidemiology to characterize what we have in the
- 7 population, the prevalence of the gene variance, how they
- 8 affect the burden of disease in terms of relative risks,
- 9 absolute risks, and also the burden of disease. Then also
- 10 characterize gene/gene and gene/environment interaction.
- 11 You have heard about all of these by now, and
- 12 you are sick and tired of the different study designs.
- 13 They all have their advantages and limitations. But there
- 14 are also hybrid study designs. You can conduct a cohort
- 15 study for which you can measure exposures retrospectively.
- 16 For example, if you had collected information
- 17 from a newborn blood spot and have stored it for many
- 18 years, you can go back to that blood spot and measure both
- 19 genes and environment. So you can still do a
- 20 case-controlled study having the antecedence of exposures
- 21 measured before the case and controls were collected.
- There are a couple of myths and stigmas about
- 23 association studies that are in the literature. The term
- 24 "association study" almost is like a dirty word in
- 25 genetics. I think it is a function of the poor quality of

- 1 association studies. Not because the field or the
- 2 epidemiologic approach to association studies is bad. It
- 3 is because the studies that are being done are really bad
- 4 studies where the cases and controls come from different
- 5 populations, and they are not even comparable, where you
- 6 have both selection bias and all sorts of things.
- 7 Incidentally, both cohort studies and
- 8 case-controlled studies are association studies. So there
- 9 is that stigma that associates with that.
- 10 One thing I wanted to say here. Because of the
- 11 lack of randomization, people talk about observation study
- 12 as a second place class science. We don't determine who
- 13 gets what allele. We are essentially randomized at miosis,
- 14 or at birth. There is a movement, especially in Europe and
- 15 the U.K., called the Mendelian randomization movement where
- 16 it really takes the term "association study" and puts a
- 17 randomized controlled clinical trial on it.
- 18 So basically it is randomizing people into
- 19 Allele A and Allele B, and then look at the outcomes later.
- 20 You don't choose which allele you get. It is just like
- 21 you don't choose which drug you get from a controlled
- 22 clinical trial. So we are taking the realm of association
- 23 and making it closer to experimental design. We don't have
- 24 time to talk about this.
- Now, there is also this belief that cohort

- 1 studies are inherently superior to case-controlled studies.
- 2 Or case-controlled studies are inherently inferior to
- 3 cohort studies. I am here to tell you that a well designed
- 4 population-based case-controlled study is far more superior
- 5 than a poorly designed cohort study. Effectively, there
- 6 are many things that can only be done in case-controlled
- 7 studies, especially for rare outcomes.
- 8 Now, what we've done at CDC with a lot of
- 9 global partners is begin to put our finger on the pulse of
- 10 the so-called world of human genome academiology. We have
- 11 this database of all the literature. This is only the
- 12 published literature that we've been gathering since
- 13 October of 2001. Essentially there are more than 15,000
- 14 association studies that are being published from only over
- 15 the last three years. Those numbers are increasing.
- 16 Most of the data come from association studies.
- 17 Most of them are case-controlled studies. There is an
- 18 increasing number of studies that focus on gene/gene and
- 19 gene/environment interaction, and there are a few studies
- 20 that are just pure prevalence of different genetic variants
- 21 in populations. But this is where the action is.
- 22 We are actually doing a 5 percent random sample
- 23 of this database to look at the quality of these
- 24 association studies. But other people have looked at that
- 25 and have found that many association studies have poor

- 1 quality in terms of epidemiologic parameters.
- NHANES was alluded to earlier. This is a study
- 3 to look at the prevalence of the top 50 genes of public
- 4 health significance that we are collaborating with NIH on
- 5 to measure in the NHANES III, which is about 8,000
- 6 representative samples in the U.S. Those sort of 87 SNPs
- 7 and 57 genes, and then trying to correlate those with the
- 8 2,000 phenotypic variables that already exist in the NHANES
- 9 III bank.
- This is another example of a population-based
- 11 case-controlled study that essentially uses surveillance
- 12 systems which are population based. These are surveillance
- 13 systems for birth defects that are doing case-controlled
- 14 studies for looking at genes and environments in relation
- 15 to birth defects. There are about 10,000 cases and
- 16 controls, and those numbers are going up.
- 17 If you have a population under surveillance
- 18 like you have, it is equivalent to a cohort study of more
- 19 than 1 million persons, or 1 million births, at least.
- 20 There are other situations where you can do either massive
- 21 case-controlled studies, or cohort studies like in managed
- 22 care organizations.
- 23 So why do we need to integrate data? We have
- 24 unmanageable amounts of data, two genes, three genes, four
- 25 genes. For most chronic diseases, common diseases, we are

- 1 at least dealing with 10 to 15 genes to explain most of the
- 2 etiology.
- We have small sample sizes, whether we look at
- 4 cohort or case-controlled studies. I'll show you a slide
- 5 on that. We have small expected effect size of gene
- 6 disease associations. Why? Because most genes are not
- 7 expected to contribute by themselves to the etiology of
- 8 most of these diseases. So the rule, rather than the
- 9 exception, is to expect relative risks or odds ratios that
- 10 are close to 1.3 or 1.4. So you need large sample sizes to
- 11 discover them.
- 12 You need replication across studies. There is
- 13 a lot that we have been dealing with with publication bias.
- 14 There is heterogeneity that we have across populations and
- 15 within populations, and you need to both generate and test
- 16 hypotheses.
- 17 This is data from John Ioannidis from Greece,
- 18 who is part of the HuGE movement, and has been really
- 19 keeping his finger on the pulse of the published
- 20 association studies. Most of these are small sample size,
- 21 probably 200 or less. Most of the hundreds of gene disease
- 22 associations have odds ratios between 1.0 and 1.4. This is
- 23 sort of the peak at 1.2.
- So how do we build the knowledge base on genes
- 25 and population health? The answer here is all of the

- 1 above. But let me go through this thing with you. Single
- 2 large population cohort study, a systematic synthesis of
- 3 data from existing and planned cohort studies, a systematic
- 4 synthesis of all data from either cohort studies, case-
- 5 control, or all of them. The approach we're doing is
- 6 number four, which is an accelerated systematic synthesis
- 7 of both group and individual data using collaborative
- 8 networks and consortia of all types of studies.
- 9 Of course, the right answer is number five
- 10 here. But what do I mean by that? In 1998, CDC and many
- 11 partners developed the Human Genome Epidemiology Network,
- 12 which is truly a global, open-ended collaboration of both
- 13 individuals and organizations that are interested in
- 14 assessing the population impact of genomics on health, and
- 15 how we can use genetic information to improve health and
- 16 prevent disease.
- 17 The network has about 700 people right now from
- 18 40 different countries. It is wide open to anyone who
- 19 wants to join it. There is a website with information
- 20 exchange. There has been a lot of training and technical
- 21 assistance through the form of workshops that we've been
- 22 doing. Roughly on average, one a year.
- We are developing the knowledge base, putting
- 24 stuff together in terms of synthesis with quantitative
- 25 methods of matter analysis, and we want to disseminate

- 1 information for policy and practice.
- 2 You have already seen the huge studies database
- 3 that I alluded to earlier. In addition to that, we have
- 4 been sponsoring in collaboration with six journals,
- 5 systematic reviews of gene disease associations that many
- 6 authors have subscribed to. We also have a database of 200
- 7 meta-analyses of different gene disease associations that
- 8 is published elsewhere.
- 9 I mentioned the methodology workshops. I'll
- 10 mention briefly the international biobank cohort study
- 11 meeting we just had. We are in the process of forming a
- 12 network of 14 different networks that exist in the world.
- 13 Many of them are in cancer. Some of them are in heart
- 14 disease. These are networks of investigators that have
- 15 come together to pool their data and share information.
- 16 We are developing the sort of sharing of
- 17 information between networks. Just by the way of going
- 18 through this whole cycle from funding to publication, very
- 19 quickly going through where things are right now. We are
- 20 talking about different study designs, whether it is
- 21 biobanks in one study, case-controlled studies or
- 22 consortia, people do these studies, and then they report
- 23 them. Then somebody else will appraise that literature,
- 24 review it in the form of meta-analysis, cover methodologic
- 25 problems and research, and then the funding cycle

- 1 continues.
- What HuGE Net is trying to do is influence the
- 3 circle here. We are collaborating with the various
- 4 biobanks. We have focused primarily on this region here,
- 5 but this will influence the study designs as well. I don't
- 6 have time to go through this.
- 7 This is courtesy of Marta Gwen from our office
- 8 that has superimposed this on an elephant, because
- 9 depending on where you are in the world and what kind of
- 10 studies you do, you only see part of the elephant. What
- 11 HuGE Net is trying to do is to look at the whole elephant
- 12 together.
- 13 This is briefly the meeting we just had in
- 14 Atlanta in collaboration with P3G and NIH, courtesy of Teri
- 15 Manolio. We brought together a small group that talks
- 16 about the harmonization of epidemiologic data. This is the
- 17 outcome of this meeting.
- 18 One of the outcomes was, and we are working on
- 19 it, a statement that would be essentially important for
- 20 publishing studies that are derived from biobanks. You
- 21 might say well, the data won't be coming until 50 years
- 22 from now. But if you have a statement, it refers to a
- 23 movement in the world called Standards for Observation
- 24 Studies in Epidemiology. This is a worldwide movement.
- 25 U.K., Canada, and the U.S. have been setting standards for

- 1 epidemiologic studies outside genetics. What we are trying
- 2 to do is influence the conduct of biobank projects and
- 3 biobank studies through developing similar criteria.
- 4 The biobanks themselves are going to put
- 5 together sort of best practices for the design and conducts
- of biobanks, and then update their online knowledge base
- 7 with a register of studies and tools, and then having
- 8 further meetings.
- 9 So in conclusion, these are my three messages
- 10 for today. One cohort study in one country is not enough.
- 11 There is more than one way to get there. I think all the
- 12 ways will get us there. What we need to do is work all
- 13 together to really look at this challenging area ahead of
- 14 us, which is how do we make sense of the Human Genome
- 15 Project.
- 16 Thank you.
- DR. TUCKSON: Thank you very much, Muin. I
- 18 appreciate it.
- 19 Well, here is what we're going to do. We have
- 20 got such a rich panel and we have so much to do, we're
- 21 going to go 10 minutes into the lunch section, even though
- 22 we still have that other work that we've got to do. This
- 23 is going to get very interesting. I don't want to
- 24 shortchange this panel. We can't do that. So we're going
- 25 to go 10 minutes over 1:00 to 1:10. We're going to give

- 1 this a very good listen.
- 2 Again, on behalf of the entire committee, thank
- 3 you to all of you who have presented today.
- 4 With that, Hunt, let me turn it over to you to
- 5 moderate.
- 6 DR. WILLARD: Thank you, Reed.
- 7 Let me add my thanks to the speakers,
- 8 especially for keeping to time, which will keep us on task.
- 9 I want to thank the members of the task force that put
- 10 this session together. Although she just walked out the
- 11 door, I want to specifically thank Amanda for her diligence
- 12 and hard work in getting this day scheduled.
- We do have about a half hour, and I want to
- 14 divide that first into sort of a question and answer
- 15 session, because I'm sure that members of the committee
- 16 have questions that we've been storing up as we've gone
- 17 along, and then touch on a few general issues.
- 18 I'd also like to remind, especially the
- 19 committee, that although all of this is fascinating and we
- 20 have dozens of questions that we would just like to fill
- 21 our brains with answers on, the reason for having this
- 22 session today was for us to decide whether we had at hand
- 23 all the information we needed, or whether there were in
- 24 fact gaps in knowledge and a basis upon which to make a
- 25 recommendation or recommendations to the Secretary

- 1 regarding large population cohort studies.
- 2 So let's keep that in the back of our mind.
- 3 When we're all done, in addition to taking a lot of
- 4 information home, we need to address that question of
- 5 whether in fact we're going to continue any further with
- 6 this study. So with that, let me open it up to questions.
- 7 Ed, I have you first.
- 8 DR. McCABE: Yes, I think I see one of the
- 9 major barriers being IRBs. Having gone through the
- 10 California pilot tandem mass spec project where every
- 11 hospital had to get approval through its IRB, it shut down
- 12 that project as a global project for the state.
- 13 So I have it for Dr. Brenner and also Dr.
- 14 Guttmacher. Both of you have dealt with this in your
- 15 presentations, but I see this as a huge barrier to
- 16 multi-center studies. So I was interested, especially when
- 17 you're dealing with community hospitals, how can you deal
- 18 with the IRB there?
- 19 And then Alan, you had a very pie in the sky
- 20 approach that many of us have talked about about getting
- 21 rid of the I of IRB so that we can do multi-institutional
- 22 collaborative studies. But I'd like to ask the two of you
- 23 how you plan to actually turn this thing around.
- DR. GUTTMACHER: Well, we're luckily at the
- 25 much earlier stage, so I don't have to claim that we

- 1 actually have a plan for turning it around, but we can see
- 2 a way that we might get there.
- But before I even answer your question, as long
- 4 as I've got the microphone, let me take exception to my own
- 5 presentation by pointing out that since I gave the
- 6 presentation some many minutes ago, I have learned that due
- 7 to technical problems, the report that I promised would be
- 8 up by close of business today will still be up by close of
- 9 business today, but close of business today may not be
- 10 until the end of this week.
- 11 (Laughter.)
- DR. GUTTMACHER: So in the next week or so,
- 13 possibly even the beginning of next week, but we think we
- 14 should have it solved by the end of this week. It may take
- 15 a couple of days to get it up there.
- In terms of central IRB, this was not
- 17 completely pie in the sky, but obviously some of that.
- 18 That is, to really think about a study of this scope in
- 19 lots of ways to work, we thought it really would require a
- 20 more centralized IRB mechanism, than is common today
- 21 anyway. That might not mean one that is completely
- 22 centralized. In other words, it might well be something
- 23 where the local institutions still had some plan, because
- 24 clearly the local communities and populations involved need
- 25 to have a role in this.

- 1 So how one then does that but still has a
- 2 centralized process to streamline what would happen at the
- 3 local institutions. Again, in this report there will be a
- 4 little more detail about this, but it is not that we have a
- 5 concrete plan about exactly how it is going to happen.
- 6 On the other hand, as I'm sure you're aware,
- 7 this is a sort of movement that is afoot in biomedical
- 8 research in general, largely borne out of the frustration
- 9 that not just researchers have felt, but also institutions
- 10 have felt as research has gotten both more multi-center and
- 11 more complex to deal with the issues.
- Those in the genomics and genetics community
- 13 have certainly seen where we went before IRBs ten years
- 14 ago. The universal response of course was from the IRB
- 15 genetics, we don't know anything about it, so go ahead.
- 16 Then the universal response became genetics, we know
- 17 nothing about it, so you can't do anything.
- So there has been a realization of that. But a
- 19 lot of other non-genetics communities have looked at the
- 20 question of centralizing this. There are beginning to be
- 21 some examples of doing it. So we're optimistic it can be
- 22 done, but do realize it would be a challenge. It is not to
- 23 say that local institutions would have no review or
- 24 oversight at all.
- DR. WILLARD: Dr. Brenner, anything to add?

- DR. BRENNER: Well, I would just echo the
- 2 comments that were just made. We also are hoping that
- 3 we'll be able to get a more centralized process, but we
- 4 have the vanguard phase in place to look at that with the
- 5 first set of small scale where there are a few number of
- 6 centers, and then expanding to additional centers. We do
- 7 have somebody, Alan Fleischman, in our office, who is
- 8 looking specifically at these issues and challenges.
- 9 DR. McCABE: Well, I would just like to
- 10 register this as something that we highlight as a barrier
- 11 for these sorts of studies if we proceed with the report.
- DR. WILLARD: Yes. Well, after lunch, we will
- 13 come back to a committee discussion of this, and we can
- 14 pursue it then.
- 15 Kevin, I have you, and then Emily.
- DR. FITZGERALD: Thank you. I have a somewhat
- 17 more global question, so I throw it out globally to the
- 18 entire panel.
- In a lot of the different presentations, and
- 20 let me first preface that by saying this is following up on
- 21 what Dr. Rotimi brought up about the complexity of groups
- 22 and how we try to group people and how sometimes that's not
- 23 an accurate way of truly understanding the situation.
- Many times in the presentations, people
- 25 mentioned things like the public responds well to this, or

- 1 we're looking for public transparency, or we have
- 2 altruistic participants for these projects.
- If you take that and then put that together
- 4 with the idea that I also heard I think several times of
- 5 harmonizing these different databases, or these different
- 6 projects, what I'm wondering is do we know, or will there
- 7 be harmonization of the understanding that these
- 8 participants will have as to the real risks and benefits
- 9 they see to these projects. Lest we assume that we as
- 10 experts represent what they perceive to be or understand
- 11 the risks and benefits of this type of pursuit of these
- 12 types of projects, databases, and that sort of thing.
- I would imagine that within any nation, even
- 14 with the U.K., there is incredible complexity. You would
- 15 have all kinds of subpopulations and subgroups breaking out
- 16 and seeing these identical projects and identical processes
- in very, very different ways with different expectations,
- 18 different motivations, different reasons, perhaps initially
- 19 coming to the same conclusion.
- 20 So in this process of harmonization, what input
- 21 do they have? Certainly about risks and benefits, but also
- 22 as things go along, can they affect change? Can they guide
- 23 the process? Are they going to have them put into how the
- 24 harmonization is done? I know that's a big question, but
- 25 it is one that is coming up I know more and more in the

- 1 social science literature, and I think we need that to help
- 2 inform us of the best way to go forward. So I kind of
- 3 throw that open to anybody who might have a response.
- 4 DR. MANOLIO: Obviously it's a complex issue,
- 5 and it gets at the heart of community-based participatory
- 6 research. It's a shame that Gil is no longer here to be
- 7 able to address it.
- 8 I think that all we can do is the best we can
- 9 do, and try our very best to have ongoing and active
- 10 community consultation and involvement from the get go on
- 11 these studies. I think many of them, and John and others
- 12 will talk about how they have done that in their existing
- 13 studies, all you can do is listen and try to adapt and
- 14 modify as you go along.
- DR. NEWTON: I think that's right. I think
- 16 perhaps one thing to say is there are different levels at
- 17 which you could consider the public. You've got the public
- 18 as represented in the studies, so you have to make
- 19 absolutely sure that the risks to them are minimized, and
- 20 that they understand their relationship with the study.
- 21 But then there is also the broader public. It
- 22 wouldn't be right for the public in the study to
- 23 necessarily speak on behalf of the broader public, the
- 24 target public. It is notorious.
- I was picked up by a member of Parliament. I

- 1 said, slightly glibly, "We'll maintain a dialogue with the
- 2 participants. He said, "How are you going to maintain a
- 3 dialogue with 500,000 people, Dr. Newton?"
- 4 Of course, the answer is you can't. To some
- 5 extent, of course, his point was that we are the elected
- 6 representatives of the public. Therefore, perhaps we
- 7 should have a role.
- 8 So I think you have to think of the public as
- 9 the public themselves. You can have direct access to them,
- 10 you can have the institutions that speak on behalf of the
- 11 public, of which there are a number, and there will be U.S.
- 12 equivalents. We have the Human Genetics Commission, we
- 13 have Parliamentarians, and we have House of Lords.
- 14 So you just have to, as Teri says, do the best
- 15 you can, and listen.
- DR. ROTIMI: I'd like to add to that. I think
- 17 part of having a dialogue with the community is making sure
- 18 that the people that have the community interests are
- 19 actually present during your design phase.
- I think one of the things that happened in all
- 21 of this, it is very difficult. We design studies and we
- 22 take them to communities. We say we are engaging the
- 23 community. That is very, very difficult to do, because in
- 24 a sense, when the community really challenges us with
- 25 difficult issues, we really don't change our strategy. We

- 1 just find ways around it.
- 2 So are we really engaging communities? Or are
- 3 we just doing these things to make sure that we get the
- 4 necessary approval, or that we do what we want to do
- 5 anyway? I think those are issues that we have to really
- 6 confront in all of this. I have to say that they are very
- 7 difficult. Sometimes we really don't want to hear what the
- 8 community has to say about what we do.
- 9 DR. DESCHENES: If I may just add, I talked a
- 10 lot about organization of the legislation and ethics. I
- 11 think the aim is certainly not to have one legislation that
- 12 fits all. That is certainly not is what is going to be
- 13 respectful of what participants and communities want.
- 14 But we need to be able to discuss and to have a
- 15 dialogue where people will understand each other. For
- 16 this, we need to talk to our community first, and then go
- 17 and try to exchange with other biobanks and biobankers.
- DR. WILLARD: Thank you.
- 19 Emily, I have you next.
- 20 DR. WINN-DEEN: My question is directed to Dr.
- 21 Brenner, but it may be to the whole U.S. team as well.
- In your presentation, you were the only one who
- 23 mentioned that there actually was an act of Congress
- 24 required to fund your study. I am curious whether you
- 25 think that will be required for other large studies in the

- 1 U.S., or if this is sort of an anomaly that has to do with,
- 2 because it was kids, or really what the genesis of that
- 3 being funded by that mechanism was, and whether it is going
- 4 to apply more broadly to other population studies in the
- 5 U.S.
- 6 DR. BRENNER: Well, I guess I can talk most
- 7 specifically about the National Children's Study. What I
- 8 was referring to was the Children's Health Act which
- 9 authorized the study, but it didn't appropriate the funds.
- 10 So there is a difference between authorizing it and
- 11 appropriating the funds.
- In terms of whether future studies are going to
- 13 require specific authorization, probably Dr. Guttmacher
- 14 could say.
- DR. GUTTMACHER: Yes. I won't make you, Ruth,
- 16 responsible for funding our study.
- I think the kind of thing that we're talking
- 18 about, it is clear we were talking about the science of it,
- 19 not the funding, which would be a huge hurdle. The only
- 20 way to imagine something like we're describing going
- 21 forward I think is to think of not just innovative
- 22 techniques for doing the science, but innovative techniques
- 23 for doing the funding.
- 24 Those would include, for instance, thinking
- 25 about this as a public/private partnership. Now, that's

- 1 not the first time that has been done. It's not even the
- 2 first time it has been done in genetics, obviously. But
- 3 the kind of funding that something like this would need, I
- 4 think one would need to really look at bringing in
- 5 non-governmental payers, the kind of data we think would
- 6 provide and would again be freely accessible to anyone with
- 7 IRB approval, which would include commercial entities that
- 8 had IRB approval.
- 9 We think it would be salient enough and one
- 10 could make enough of a case for it to interest private
- 11 payers. We have had conversations with folks who have
- 12 heard something about this in the private sector who have
- 13 said gee, this is actually something that nobody has signed
- 14 any checks because there is nothing to sign any checks for.
- 15 But this is the kind of thing that in fact if it was done
- 16 well, we could actually see getting involved in.
- Now, of course that is not an unabated
- 18 pleasure. If that happens, it raises obvious concerns on
- 19 the parts of various participants, one could project, about
- 20 well gee, if this is being funded by industry partly, what
- 21 does that say about it? So one would need to be very
- 22 thoughtful and have lots of people involved in that kind of
- 23 conversation.
- 24 But I think this kind of thing, if it were ever
- 25 to see the light of day, it would require some innovative

- 1 looks at funding.
- DR. TUCKSON: Ruth, just to make sure, did you
- 3 say that your study, the Children's Study, is not actually
- 4 funded?
- DR. BRENNER: It's authorized.
- 6 DR. TUCKSON: But there are not dollars in the
- 7 bank?
- 8 DR. BRENNER: After authorization comes
- 9 appropriation. It is not appropriated, it is authorized.
- DR. TUCKSON: So you don't have the money?
- 11 DR. BRENNER: We have currently in existing
- 12 agency budgets funding for initiation of a study. But to
- 13 stay on the current timeline, we would need additional
- 14 funding in '06.
- DR. WILLARD: Barbara, I had you next.
- 16 DR. WINN-DEEN: Can I just ask a follow-up? It
- 17 is not clear to me. Was this the outlier? Is there any
- 18 other study that we know of in the U.S. that went through
- 19 that process of some kind of congressional act, even for
- 20 authorization? Or was this an exception?
- 21 DR. MANOLIO: The Women's Health Initiative was
- 22 funded that way. I don't know the exact technicalities of
- 23 whether it was a law, an act, or whatever, but it was
- 24 funded by a congressionally mandated line in the NIH
- 25 budget. The Genome Project may have been the same.

- 1 DR. WILLARD: Barbara?
- 2 MS. HARRISON: I had two questions about
- 3 recruitment into these large population studies. I'm
- 4 directing the first one to Dr. Rotimi, as well as Dr.
- 5 Guttmacher, and the second one to Dr. Guttmacher.
- 6 The first question has to do directly with Dr.
- 7 Rotimi's talk. Of course, in the literature there is a lot
- 8 of information out there about how race is not an
- 9 appropriate proxy to use where we are trying to make sure
- 10 that we get these diverse samples.
- 11 So I wanted to hear a little bit about your
- 12 thoughts. If we think about doing a large population study
- in the United States, what are your feelings about what
- 14 could we use? I mean, is it still appropriate to use race
- in the sense of making sure that you get sample populations
- 16 from several different parts within the United States? Or
- 17 is that just something we need to completely throw out the
- 18 door and bring in something new? If so, what are your
- 19 ideas on that? I don't know if that was the topic of
- 20 conversation at all at this meeting.
- Then again, also around this topic of
- 22 recruitment. It seems that for many of these large
- 23 population studies, the medical institution is the place
- 24 where people get recruited into these types of studies. We
- 25 know that there are many people in the United States that

- 1 do not use medical institutions for their health care.
- 2 They don't have access to it, or they don't have insurance.
- 3 So again, in the conversations, I was just
- 4 wondering if that was something that came up, and was there
- 5 some kind of way to address that?
- 6 DR. ROTIMI: Yes, I think the issue of whether
- 7 to use race or not is something that we've talked about
- 8 multiple times. There are really multiple ways to answer
- 9 that question.
- I think at a philosophical level, if you say
- 11 the word is race, I have to go back to what my zoology
- 12 teacher defined, and that is subspeciation. We don't have
- 13 that in terms of human beings, but it is a concept we have
- 14 used to describe ourselves.
- 15 When you talk to the average person in the
- 16 street, they will tell you that they know what race is.
- 17 But when you really go down to the detail of trying to say
- 18 what about Tiger Woods, what is his race, then you start to
- 19 see the level of confusion. But at the surface, people
- 20 will sort of say, I know what that is. I know who you are,
- 21 I know who you are.
- 22 So in terms of designing studies, it really
- 23 does come down to what is it that you are trying to do?
- 24 What are you trying to answer?
- 25 For example, I gave the example of eating beef

- 1 earlier. It is a very good example for me, because I like
- 2 to take things at a very simple level. If you want to
- 3 study how people eat beef, then you need to incorporate
- 4 that into your study, or you won't be able to answer the
- 5 question.
- 6 If you want to see why African Americans have
- 7 twice the rate of Type 2 diabetes, then you need to look at
- 8 what are the things that African Americans do, for example,
- 9 that whites don't do in this country that puts them at a
- 10 higher risk. You need to look at the type of drug they
- 11 get.
- So I think it is really what we do is we use
- 13 proxies to define things that we really want to get at.
- 14 Sometimes we want to get at income. We look at it in terms
- 15 of African Americans, because African Americans tend to be
- 16 poorer than whites.
- 17 So it really does come down to what is it that
- 18 we are trying to answer? How do we design our studies in a
- 19 way to make sure that we have under that umbrella the
- 20 things that we want to measure?
- 21 For me, I look at ethnicity as a good way of
- 22 people identifying themselves. What ethnicity does, it
- 23 creates the flexibility for people to move between groups.
- 24 I'll give you an example.
- In Nigeria, for example, where I grew up,

- 1 because of the way people get married and the custom, if a
- 2 Yoruba marries an Ebo and the woman happens to be Ebo, the
- 3 child is Yoruba. So the child grows up as Yoruba. If that
- 4 person comes to the United States and says, I'm Yoruba,
- 5 they have Ebo also in there.
- 6 So it really has to come to our level of
- 7 understanding and appreciation for some of these things.
- 8 Also to acknowledge right away that it is not the best, and
- 9 to identify the errors or limitations associated with our
- 10 designs.
- 11 DR. GUTTMACHER: Let me handle your second
- 12 question first, because that's easier for me. That's the
- 13 question about the medical center and the bias that it
- 14 would introduce.
- That's one of the several reasons why we really
- 16 saw the household unit as the recruitment unit, to get away
- 17 from that very bias that that would obviously contribute.
- 18 The whole issue of race/ethnicity you'll see was one of the
- 19 six descriptors that we thought should be used. Ideally we
- 20 would think that such a study should reflect the population
- 21 of the United States, which means ideally it should be a
- 22 290 million person study.
- 23 That probably would be very difficult to find a
- 24 budget for. So what are the key things that one needs to
- include if you're looking at genes, environment, and

- 1 health, and what are those other descriptors of individuals
- 2 that make a difference? Well, age does, gender does in our
- 3 society, and for similar reasons, race and ethnicity do
- 4 have something to do with one's health status. Now, many
- 5 of us suspect not much of that has to do with genetics, but
- 6 since this is about genes and environment, to be inclusive
- 7 of that, we thought we needed to include groups.
- 8 Now, the problem has become how does one
- 9 identify racial and ethnic groups in the U.S. We know we
- 10 do it poorly, but how is it done? Well, there are social
- 11 definitions that are widely used in other kinds of
- 12 research. This was a lengthy conversation, I should add.
- 13 But the feeling was with all the limitations of that, since
- 14 they are so widely accepted and used, that it makes sense
- 15 in terms of inclusion of making sure we include and use
- 16 those to make sure we're reflecting the spectrum of
- 17 American society.
- 18 DR. GOLDSTEIN: Let me just add something to
- 19 that. We have to expect at the outset that there are going
- 20 to be differences in the specific gene by environment
- 21 interactions that occur in different racial and ethnic
- 22 groups.
- 23 So if you want your study to inform about all
- 24 the different racial and ethnic groups, then you really
- 25 have no choice but to consider that in the sampling design.

- 1 I think that is clear. But it goes farther than
- 2 that. It is insufficient just to simply say we want to
- 3 include this number of each of the racial and ethnic
- 4 groups.
- 5 For example, we know that individuals that
- 6 identify as having European ancestry in America are more
- 7 genetically homogeneous than individuals that self-identify
- 8 as either being African American or Hispanic. So what that
- 9 means is if you just say yes, we're going to get a certain
- 10 number of individuals that identify as European American,
- 11 you might do a pretty decent job of representing the
- 12 genetic variation in that community, and therefore do a
- 13 decent job of looking for gene by environment interactions.
- 14 But you might end up with a very biased sample
- of Hispanics, because you haven't actually done a good job
- 16 of finding out what is there and figuring out a way to make
- 17 sure you represent what's there.
- 18 So you have to think about exactly for each
- 19 group how to represent it. And then going a step further
- 20 than that, you have to think really hard about the
- 21 representation in the study. If you just go by the
- 22 proportionate makeup of the U.S., then it is true, it is
- 23 just a fact mathematically that you will have more power to
- 24 identify gene by environment interactions in those groups
- 25 that make up a larger proportion of the U.S. population.

- 1 You have to decide whether or not that's acceptable.
- DR. WILLARD: Thank you for that.
- Reed, I have you next.
- 4 DR. TUCKSON: I guess for the folks from the
- 5 U.S. government agencies, given how extraordinarily
- 6 expensive and how complex this stuff is, I didn't get the
- 7 sense, and I'm not sure that there is an interrelationship,
- 8 a functional coordination of the three activities that we
- 9 heard about.
- 10 We've got an NIH activity, we've got CDC, and
- 11 we've got NICHD. Given that nobody really has the money it
- 12 sounds like yet, I mean, we've got all kinds of promises,
- 13 but nobody has got any real hard money. Are we still
- 14 talking about three different activities? Or are we
- 15 talking about a Secretary of Health who has sat down with
- 16 these three agencies and said look, folks, this is the way
- 17 it's going to work.
- 18 Or is there at least in the absence of that,
- 19 somebody going to the Secretary of Health and saying, we've
- 20 got three different activities that are going to be
- 21 coordinated in the following way to make the maximum use of
- 22 the resources that maybe, with a prayer, will actually ever
- 23 get funded. What's the answer to that?
- 24 DR. GUTTMACHER: We've had extensive
- 25 conversations, all three groups together. They are ongoing

- 1 consultations amongst the three of us to look at ways
- 2 clearly that they would interrelate. Particularly we have
- 3 had numerous ones with the National Children's Study
- 4 thinking about the ways that recruitment might be shared,
- 5 and the other kinds of ways that one might both for
- 6 logistic reasons and also for scientific ones, the ways one
- 7 might coordinate.
- 8 Clearly there are differences about what they
- 9 want to achieve, but they really are complimentary. All
- 10 three of these. I don't think that any of us have been
- 11 thoughtful about this and would say gee, of the three, this
- 12 is the most important, this is the second. These are all
- 13 things that we think those of us who care about health,
- 14 genes, and environment, all three of these approaches we
- 15 think have not just validity, but importance. They help
- 16 complement each other. There is some overlap between them,
- 17 but the idea is really to minimize the overlap and use the
- 18 opportunity to really make them complementary to advance
- 19 each other.
- 20 So I'm not saying it would be wrong to have
- 21 somebody from above do this, but we really believe we are
- 22 doing it already.
- DR. KHOURY: My message is the same as Alan's.
- I guess what we're doing at CDC is not to replace the AGES
- 25 study, but something that needs to be done anyway, whether

- 1 that is an AGES study or not, which is sort of this global
- 2 collaboration.
- 3 If there are resources in the federal
- 4 government, we'll all line up and work together. We are
- 5 working together. I mean, NIH is part of the HuGE Network.
- 6 We have been part of the discussions. The NCS is three or
- 7 four agencies coming together.
- B DR. TUCKSON: Have you all put together any
- 9 document for the Secretary's review that allows the
- 10 Secretary to see how the pieces come together?
- 11 DR. GUTTMACHER: No. We've had various
- 12 discussions of documents for other people, but we have not
- 13 had anything. Again, we don't have a document for the
- 14 Secretary about AGES, because again, it is just scientific
- 15 investigation which we'll put up on the website and make
- 16 available to people kind of thing.
- DR. WILLARD: Yes?
- 18 DR. MAY: I guess I'd like to ask a sort of
- 19 follow-up question, sort of a practical one.
- 20 Do all of you get your funding through the same
- 21 appropriations committee? I mean, that may be the answer.
- 22 If you have different appropriations committees, then it
- 23 is kind of hard to control that. So all of your funding is
- 24 coming through the same appropriations committees?
- DR. GUTTMACHER: Well, NICHD is part of NIH, so

- 1 yes, we get all of ours from the same committee. And CDC.
- DR. KHOURY: I think (inaudible) funding
- 3 through the same process. The VA is separate, isn't that
- 4 right?
- DR. FIHN: VA is separate.
- 6 DR. WILLARD: I have Joe, and then Debra.
- 7 DR. TELFAIR: My question is to everyone. I
- 8 just want to say thank you for the excellent presentations.
- 9 I did learn a lot from you. Maybe too much, but a lot.
- The question I have is for those who presented
- 11 on the very large studies. It is pretty obvious that there
- is a huge amount of responsibility that you have taken on
- 13 to conduct the studies. One of the things that is
- 14 important to know because it doesn't always get discussed,
- 15 is at what level are you engaged, should I say, in some
- 16 evaluative process about what you are doing?
- 17 There is the research process, but then there
- 18 is the process of looking and evaluating. You have certain
- 19 goals and objectives, but there is the side. Dr. Newton,
- 20 you spoke about them, the big management and logistic
- 21 issues.
- 22 I guess I'm looking at that as since most of
- 23 you are talking about longitudinal studies, and most of you
- 24 are talking about that you are going to have a lot of
- 25 interaction with large numbers of people, I'm just

- 1 wondering whether or not there is something, an evaluative
- 2 component to this side of the work that you're doing. If
- 3 you have it, what are you doing? If not, why not?
- 4 DR. NEWTON: From our point of view, we have
- 5 evaluation at every level within our company. We have all
- 6 the committees, and we have the Ethics and Governance
- 7 Council who evaluate certain elements. Funders, the
- 8 Wellcome Trust, and the charity has its own review of what
- 9 we do. The Research Council has also evaluative
- 10 procedures.
- We are extensively interrogated by the
- 12 Parliamentary Science and Technology Committees. We have
- 13 the groups who continue looking at what we're doing. We
- 14 are committed to open publication of all of our science, so
- 15 we have scientific peer review. Ultimately we would
- 16 involve the participants, but we haven't got participants
- 17 yet.
- 18 I think one of the things, it is difficult to
- 19 know how successful the projects will have been for many
- 20 years. So there is a sort of long-term evaluation that is
- 21 important.
- 22 DR. TELFAIR: Yes. I think my question had to
- 23 do more with the formative types of evaluation, which is
- long term, which is looking at the process as you go. You
- 25 have a number of steps, a number of sort of targets along

- 1 the way, milestones along the way that is telling you
- 2 whether you are successful or not.
- There was not a lot of discussion about that
- 4 beyond these regulatory types of oversight. But just for
- 5 you as involvement in projects, it is pretty critical when
- 6 you do this, particularly when you are dealing with social
- 7 and ethical types of issues, and you also interact with the
- 8 persons you're dealing with. That's my question.
- 9 DR. GUTTMACHER: I can say we were certainly
- 10 aware of that, and partly because we have learned from
- 11 discussions with John about what Biobank has been up to,
- 12 but others as well.
- We are also influenced by the Human Genome
- 14 Project. We are a hallmark of doing that kind of large
- 15 coordinated longitudinal science in some ways to have clear
- 16 benchmarks along the way that one wouldn't just sort of
- 17 wave at and say we met it or we didn't, but in fact that
- 18 there were, and there were various folks that were funded
- 19 along the way that will tell you that there were real
- 20 results from whether or not one was meeting one's
- 21 benchmark. So that in fact there would be expectations for
- 22 that in various kinds of ways, including for various kinds
- 23 of community participation.
- Those who will be looked at along the way, and
- one would react to how it is going in terms of reshaping

- 1 the process as you go. It's absolutely important for
- 2 something of this magnitude and length.
- DR. WILLARD: We have one final question, and
- 4 then we're going to have to wrap up.
- 5 Debra?
- 6 DR. LEONARD: Well, it's supposed to be one
- 7 final question, but I am so excited by this possibility of
- 8 doing this in the United States.
- 9 I am more interested with the specimen access
- 10 at the end. I haven't heard a lot of discussion. I saw
- 11 the pictures from the biobank of this retrieval process for
- 12 investigators.
- 13 Are you giving out specimens? Then I hear
- 14 sequencing. Are you going to sequence and HapMap all the
- 15 genomes of all the participants? Or the genome of each of
- 16 the participants, and that data will be available, but
- 17 specimens won't? And then the people would be recontacted
- 18 if they wanted to participate in certain studies, because
- 19 that was also mentioned as a possibility.
- 20 A final question. Is it feasible to collect
- 21 specimens over time? Because, Alan, you mentioned that you
- 22 could identify early disease biomarkers potentially, but
- 23 you can't unless you are collecting specimens over time.
- 24 So you have a specimen, rather than just at enrollment.
- 25 But that may not be feasible logistically from a storage

- 1 perspective, or from a financial perspective, but it would
- 2 be a shame to not even consider that as an option.
- DR. GUTTMACHER: Yes, and Teri, you might want
- 4 to jump on some of this.
- 5 But absolutely the idea was that there would be
- 6 samples gotten at baseline, but in fact one would get
- 7 various kinds of samples when one sees people back. It
- 8 might not be the same sample for everyone. Of course,
- 9 there will be incident cases that happen during the study
- 10 which might obviously guide you in terms of what you
- 11 collect. But the idea is in having access to people
- 12 periodically, you have the access to potentially get more
- 13 samples.
- 14 As both the science advances, depending upon
- 15 what the financial situation is, also the idea would be
- 16 that if one is thinking about a long-term study, that with
- 17 the pricing of sequencing obviously coming down with use of
- 18 haplotype and other kinds of things, the sequence-only part
- 19 of the genome, as David nicely took us through earlier,
- 20 that one could imagine in fact having genotypic data on
- 21 folks that was available, that was stored. So it is no
- 22 longer a sample, it is a data set.
- 23 That data set would again be stored, but then
- 24 shared with folks who had IRB approval to use it kind of
- 25 thing. So very much like HapMap or something like that,

- 1 the data would be made freely available. Samples are
- 2 obviously both in terms of finances and in terms of a fixed
- 3 volume. It is harder to think about how to share, but that
- 4 doesn't mean there aren't ways to do it.
- 5 DR. WILLARD: John?
- DR. NEWTON: Yes, we will send the samples out
- 7 to a limited number of accredited laboratories, and then
- 8 the researchers get the results. But the results are fed
- 9 back into the resource. So it is an important point that
- 10 as people use the resource, the amount of data in it grows,
- 11 and it is made available to everybody.
- DR. LEONARD: But can the specimens then
- 13 therefore be used up? Are there problems with freeze thaws
- 14 from -80 of these specimens? Are they stored originally as
- 15 aliquots?
- 16 DR. NEWTON: Yes, that's why we have got so
- 17 many aliquots. We are hoping to try and predict as far as
- 18 possible to meet the needs of the researchers, so each
- 19 specimen is subaliquoted.
- 20 It is very important that you send the samples
- 21 to laboratories that are only going to use very small
- 22 amounts, which means limiting it to a relatively small
- 23 number of labs.
- 24 DR. WILLARD: Wonderful. Well, thank you again
- 25 to the panel, both for your formal presentations --

- 1 (Applause.)
- DR. TUCKSON: Well, thank you. Let me try this
- 3 on the committee. We are going to take our break. Sarah
- 4 actually came up with a very good idea which I think makes
- 5 sense.
- 6 We will get our lunch. Well, you'll do what
- 7 you need to do, and then you'll get your lunch. It is
- 8 1:20. So if you can do all of this in a hurry, and let's
- 9 try to sit down here at like 1:30, which is impossible, but
- 10 we're going to try. If I say 1:30, it will be 1:33, but
- 11 we'll do it.
- 12 Then we will continue this discussion for the
- 13 committee on this topic, so you don't have to switch gears.
- 14 You're right there, you've got it all in your head. So
- 15 we'll do this discussion, and then we'll give the full time
- 16 that it was supposed to have for the committee to discuss
- 17 what we've learned, and what we think we want to do.
- 18 Then we will take the section that would have
- 19 been that and take care of the reimbursement discussion.
- 20 You have paper in front of you to look at, which you can
- 21 do. Then we'll be right back on track. Everything will be
- 22 wonderful, and we'll end right on time. It will be just
- 23 terrific. You should see it.
- See you all in 10 minutes.
- 25 (Recess.)

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3	AFTERNOON SESSION	(1:35 p.m.)

- 4 DR. TUCKSON: Let's say if we were to have a
- 5 discussion of about 45 minutes. Let's say we went to 2:15,
- 6 and that would give us from 2:15 to 2:45 to do the
- 7 reimbursement deal, which I'm sure we can get done in a
- 8 half an hour. Of course we could. So how about we go to
- 9 2:10? We'll take this discussion until 2:10.
- DR. WILLARD: Thank you.
- 11 I'd like to focus this back on the question
- 12 that I raised 40 minutes ago, which is to try to say are
- 13 there issues that we don't yet feel we have sufficient
- 14 information on and/or are there specific gaps that we want
- 15 to continue to study so that as the business of the
- 16 committee, we can then advise the Secretary?
- The only issue that was raised was the one that
- 18 Ed raised. I'm trying to catch his eye, or his ear, but
- 19 I'm not being successful, of having national IRB, or at
- 20 least a global IRB rather than institutional IRBs. I'm not
- 21 sure that specific issue is limited to these kinds of large
- 22 cohort studies. The same kinds of issues are raised all
- 23 the time for multicenter studies of which there has been
- 24 hundreds, if not thousands. I might just raise that issue
- 25 and see if anyone else reacts to it, or whether in fact

- 1 this is not one.
- 2 Michael?
- 3 DR. CAROME: I thought it would be helpful to
- 4 give the perspective of the Office for Human Research
- 5 Protections on the use of central IRBs for multicenter
- 6 trials.
- 7 First of all, it's important to note that the
- 8 office's regulations, which were written for the Department
- 9 more than 20 years ago, have a provision that allows for
- 10 cooperative or joint review arrangements for multicenter
- 11 trials. So the authors of those regulations contemplated
- 12 just these types of circumstances.
- I will tell you, though, that when I joined the
- 14 office about eight years ago, there was a general thought
- 15 process that thought that local IRB review and IRB
- 16 geographically located at the institution doing the
- 17 research was better.
- 18 Over the last seven to eight years, the thought
- 19 processes of the office has evolved, and has come to
- 20 realize that joint review arrangements of multicenter
- 21 trials certainly are permissible under the regulations, as
- 22 I noted, and probably are good in many circumstances, given
- 23 that many IRBs are now overburdened with workload, and
- 24 having 100 IRBs or more review the same study when one or a
- 25 few IRBs could review the same study, relieving that burden

- 1 is important.
- There are lots of models out there. The
- 3 National Cancer Institute has an IRB for adult oncology
- 4 trials, Phase III oncology trials. They have recently set
- 5 up another central IRB for pediatric oncology trials.
- 6 These IRBs review on behalf of many, many sites. Upwards
- 7 of 100. Again, that's certainly permissible.
- A couple of factors that need to be taken into
- 9 consideration is A, the need for the IRB when it reviews on
- 10 behalf of multiple institutions and is going to approve
- 11 research on their behalf, it needs to understand the local
- 12 context of where that research is going to be occurring, or
- 13 it needs to have some joint arrangement with the local IRB
- 14 that lets the local IRB address a few limited local issues,
- 15 but otherwise accepts the review of the central IRB.
- 16 The other thing is making sure you find
- 17 individuals with appropriate expertise to review the
- 18 research who are not conflicted. That is members of the
- 19 IRB who are not going to be involved in the design,
- 20 conduct, and the analysis of the trial. That issue has
- 21 arisen on occasion with the NCI central IRBs, and we've
- 22 worked with them to address that.
- 23 DR. WILLARD: So is it your sense that nothing
- 24 you heard this morning would raise different issues that
- 25 would require a different solution than is already

- 1 available?
- DR. CAROME: There is certainly no need for
- 3 regulatory or policy changes within the Department. The
- 4 biggest factor has been institutions accepting a central
- 5 IRB. For a variety of complex reasons that are sort of
- 6 cultural, sociologic, and legal liability concerns, even
- 7 within the use of the central IRB, there are institutions
- 8 and major medical centers who are not willing to accept an
- 9 IRB review from another institution or another entity.
- 10 Again, even when we say it is permissible, it
- is allowable, we encourage it for such multicenter trials,
- 12 they either think our lawyers don't want us doing it
- 13 because it puts us at risk of some liability, we do better
- 14 reviews, so we're going to review it, and other things like
- 15 that.
- 16 DR. WILLARD: Ed, are you satisfied?
- DR. McCABE: Well, I was going to say, the
- 18 issue is culture. You already mentioned that. I think if
- 19 we're going to do the kind of studies that need to be done
- 20 in the genomic era, we have got to help the local IRBs
- 21 overcome this culture and assure them that in fact it is
- 22 getting a better, more informed review by drawing experts
- 23 nationally than they could ever do locally.
- But I can tell you, at UCLA, this would be a
- 25 major cultural issue for them. They seem to have gotten

- 1 away from this by developing a cancer IRB. So a separate
- 2 IRB for cancer seems a little more amenable to these multi-
- 3 institutional clinical trials. But we might have to help
- 4 the institutions deal with the cultural barriers. That
- 5 would involve education. That would be something we could
- 6 recommend to the Secretary, because it would be a major
- 7 educational undertaking to deal with this at all the
- 8 institutions nationally. Especially if you're getting out
- 9 to community hospitals.
- DR. WILLARD: Does anyone else want to weigh in
- 11 on that discussion?
- 12 Suzanne?
- DR. FEETHAM: My comment is not related as much
- 14 to a gap, but just as a reminder. As I listened to the
- 15 presentations earlier and identification of characteristics
- 16 and using the Census data, it is just a reminder that
- 17 another perspective when you're looking at gene environment
- 18 is the classification of biomedically underserved areas.
- 19 Again, with our agency and the focus on the
- 20 underserved, this would be another way that investigators
- 21 could identify their populations. Not just urban rural,
- 22 but by the classification of underserved populations.
- DR. McCABE: A different point, and that is I
- 24 think it was wonderful what we heard today. Like Debra,
- 25 I'm excited by the possibility. I think we aren't going to

- 1 be able to use the information from the Human Genome
- 2 Project without these kind of studies. So it is absolutely
- 3 critical.
- 4 On the other hand, I personally don't feel that
- 5 I would have at this time all the information I needed at
- 6 hand to say to the Secretary, you should support this
- 7 study, that study, or some new kind of study. So I'm not
- 8 sure how we can move from where we are now with this
- 9 wonderful introduction that we had to getting to that
- 10 point, but I would feel that if we were to make a
- 11 recommendation, we need to move beyond where we are now.
- 12 Or at least I would feel personally that I needed more
- 13 information.
- DR. WILLARD: Kevin?
- DR. FITZGERALD: On that note, a couple of
- 16 things are of concern to me, and I imagine to other people,
- 17 too.
- 18 Perhaps veiled in the global question I raised
- 19 earlier was a question that was trying to get at what you
- 20 wanted. That is, what kind of information do we think we
- 21 might need in order to go forward from here?
- 22 The idea in looking at the AGES or whatever
- 23 they are going to end up calling the project, when Alan
- 24 presented, I thought it was very interesting. In one of
- 25 his slides, he said public consultation should be

- 1 extensive. They mentioned town meetings and they mentioned
- 2 focus groups. I know those are two ways that are kind of
- 3 hot right now for engaging the public.
- 4 But we could even make it a more general sort
- 5 of question and say, if indeed as Teri mentioned, you do
- 6 the best that you can do, what is that? Who determines
- 7 what is the best we can do? Do we have that data? Have
- 8 they looked at those studies? Where is that information?
- 9 Maybe they have. Maybe that's out there. We don't
- 10 necessarily have it together yet.
- 11 Then could we, looking at that information, at
- 12 least suggest a process that would have a beginning where
- 13 again, as was mentioned, the public would have some input
- 14 into design? So this isn't our excitement being sort of
- 15 sold to the public so that they will buy in in a sort of
- 16 way, but to say no, they have to be empowered in this
- 17 entire process. Then have standards or mile posts along
- 18 the way to say all the way along, this is going to be a
- 19 potential for public interaction, review, and evaluation.
- I imagine, as we all do, that this information
- 21 is going to be there, and it is going to grow and expand,
- 22 and it will be shared among different nations, different
- 23 groups, and that sort of thing.
- 24 So that in the end, we can say that this is
- 25 something that the public is definitely a part of all the

- 1 way along. Again, I think we're going to run into
- 2 questions later on, like what happens when you do find
- 3 something? Especially in the United States. What does
- 4 that mean? Is it only going to be available to some?
- 5 If there is a treatment, is it only for those who can
- 6 afford it or have the proper coverage?
- 7 So all those kinds of things I think need to be
- 8 in from the beginning. That would be the type of
- 9 information I think we could gather, at least at the
- 10 beginning.
- DR. WILLARD: Ed?
- DR. McCABE: There's a model, not for this
- 13 specific question, but for this kind of question. How do
- 14 you engage the public? How much information do you need?
- 15 How involved can they be? That's designed through focus
- 16 groups. That's with Kathy Hudson's Center on Reproductive
- 17 Genetics. The Pew Center, it's a Johns Hopkins Center.
- 18 So I know they have been coming out to the west
- 19 coast to do focus groups. From my discussions with Kathy,
- 20 at least, they have done a bit of a scientific approach to
- 21 how much information is enough.
- 22 DR. FITZGERALD: Just to build on that, that's
- 23 right. That group is one. There are a bunch of different
- 24 groups that are using that. Part of that comes from work
- 25 by Dan Yanklovich that he put together. So as I said,

- 1 there is material out there, and studies have been done.
- I know that Canadians had an extensive process
- 3 whereby they had focus groups, task forces, and town
- 4 meetings to look at some of their health care issues. I
- 5 think we should at least start to gather that information
- 6 and see how we might want to build a process out of that
- 7 sort of thing.
- DR. GUTTMACHER: Hunt?
- 9 DR. WILLARD: Cindy first.
- 10 MS. BERRY: I was wondering, in terms of what
- 11 we can recommend, if it would be appropriate for us to
- 12 suggest to the Secretary that when the administration
- 13 devises public health plans or programs, and I'm thinking
- 14 obesity was one that Secretary Thompson focused on, and I'm
- 15 sure cardiovascular disease or women's health issues,
- 16 whatever it is, when they launch public education, public
- awareness, and other types of programs, that the Secretary
- 18 always infuse into those programs at the outset, the
- 19 genetic component.
- 20 So if maybe part of that big effort, whatever
- 21 it is, would involve some sort of commitment in terms of
- 22 funding studies like what we were talking about, enhanced
- 23 funding, more than what is currently being done, so that it
- 24 recognizes the importance of genetics in all of these
- 25 issues, keeps the issue out in the forefront for the

- 1 public, and helps to educate the public appropriately.
- 2 So in public education campaigns, when the
- 3 Secretary goes out across the country and holds the town
- 4 hall meetings and all these other things, genetics is
- 5 always there, whether it is just talking about a study,
- 6 encouraging people to participate in a study, whether it is
- 7 announcing an infusion of funds, whatever it may be, that
- 8 our recommendation would be that the Secretary always
- 9 include, or look to include where appropriate, a genetic
- 10 component to whatever your new public health activities
- 11 are. Maybe we can give a few specific examples.
- DR. WILLARD: A point of information. The
- 13 Surgeon General belongs to whom in the government? In HHS?
- Does he report up through the Secretary?
- 15 PARTICIPANT: Yes.
- 16 DR. WILLARD: Okay. Alan, you had a question?
- DR. GUTTMACHER: And the Surgeon General is
- 18 actually quite aware of genetics and its role in medicine.
- 19 He talks about it almost every single speech he gives
- 20 these days. He is very much into carrying the public
- 21 health message of genetics.
- I just wanted to make the point. I can hear
- 23 many people in the committee share, well, many of us around
- 24 the table have an excitement about the importance and the
- 25 value of these kinds of studies. Also I must admit some

- 1 excitement with just the intellectual aspects of how one
- 2 would design such a study.
- But I should warn the committee that our
- 4 experience has been with this working group that it took
- 5 literally thousands of person hours to get this report that
- 6 will be up on the Web very soon, to get it that far. I
- 7 think the committee needs to think about how much does it
- 8 want to suggest specific study design issues to the
- 9 Secretary, or how much might it want simply to call to the
- 10 Secretary's attention the potential value and importance of
- 11 such studies and what are the design features that need to
- 12 be considered for such studies to be effective, useful, and
- 13 what are the questions about participation and community
- 14 consultation, involvement, et cetera, rather than going too
- 15 far in designing it.
- 16 It is going to be, I think, a challenge for the
- 17 committee. If you want to move in this direction at all,
- 18 it would be to figure how far to go with somewhat limited
- 19 staff time, how far you want to go down the designing path
- 20 versus just saying these are the features that need to be
- 21 taken into consideration, these are some ways to look at
- 22 them kinds of things.
- DR. WILLARD: Muin?
- DR. KHOURY: Actually, I have a couple of
- 25 comments for the committee, and also a comment on what

- 1 Cynthia just said.
- 2 It is very obvious at this juncture in time
- 3 that in order to take the Human Genome Project to the next
- 4 level, which is to translate it into health benefits for
- 5 the public's health or the population, that we need to
- 6 understand genes and health. That as an initiative, I
- 7 think this committee is very well situated to suggest to
- 8 the Secretary that you need to do something more than just
- 9 sequencing the human genome, which as HHS has spearheaded
- 10 with DOE and others, that we need an initiative that
- 11 measures the effects of genes on the population or the
- 12 populations.
- 13 That statement I think is a no-brainer, but I
- 14 don't want to put words in your mouth. Now, to get down
- 15 from there to the level of one study, two studies, or three
- 16 studies, you guys can decide how much more specific you
- 17 want to go from there. I mean, you want to enhance sort of
- 18 the leadership of HHS and push it a little bit, and also
- 19 this issue that Cynthia raised earlier about the
- 20 integration of genomics into everything that smacks of or
- 21 smells of public health.
- 22 You mentioned obesity. I just want to mention
- 23 here that this is sort of the basic principle by which our
- 24 little office at CDC has been operating, which is to try to
- 25 integrate the messages of genomics into whatever it is. We

- 1 have a group that's working on obesity right now. We are
- 2 going to be part of it.
- We have a STEPS initiative that is department-
- 4 wide that involves HRSA, NIH, and CDC, which is a chronic
- 5 disease prevention. Of course, our Surgeon General is very
- 6 interested in literacy and promoting family history. So
- 7 there is always an angle by which we can find that trigger,
- 8 or the point of integration of genomics.
- 9 So I think these are the two points that I
- 10 wanted to make. One is the encouragement for HHS to sort
- 11 of develop agency-wide, multiple agencies coming together
- 12 to figure out what the genome means for health, and whether
- 13 it requires one study or three studies.
- 14 I'm not suggesting I agree with that, and I
- 15 don't think this committee should design one study after
- 16 all of the hours and many months of work that has been put
- 17 into the ideal design of that AGES study. But you can make
- 18 sort of overarching statements about the importance of
- 19 these kinds of studies and what HHS can do.
- DR. WILLARD: Reed?
- DR. TUCKSON: I think I'm sort of headed where
- 22 Muin is. I think the first and critical question is do we
- 23 as a committee know enough to believe that we should make a
- 24 recommendation that this is an area that should proceed?
- It seems to me then that for me, I'm just

- 1 trying to write the letter in my mind, the letter to the
- 2 Secretary that says, Dear Secretary, we believe that we
- 3 need a large population study for the following reasons to
- 4 answer the following kinds of questions that would benefit
- 5 the health of the people.
- 6 Part of that phraseology, Muin, is what you
- 7 said in terms of that now that you have the genome stuff,
- 8 now you have to apply that. But you need to apply it and
- 9 understand it in ways that lead to some kinds of
- 10 describable deliverables, that we think it will improve the
- 11 health of the American people in the following ways for the
- 12 following reasons.
- We believe that to achieve that, certain things
- 14 need to occur, like the coordination of resources across
- 15 the Department to determine the best use of available
- 16 funding and money, to determine the number of studies and
- 17 how they ought to interrelate so that this is efficient and
- 18 it makes sense.
- 19 I think that to me is a letter that I think we
- 20 could start thinking about sending. But the challenge is
- 21 how do you fill in now the details there?
- DR. WILLARD: Ed?
- DR. McCABE: The one thing I would change in
- 24 the opening paragraph of your letter is that I wouldn't
- 25 specify a study. I was convinced by what I heard this

- 1 morning that it is probably studies, the question is how
- 2 many studies, how should they be prioritized, and how
- 3 should they go.
- 4 The other thing that I heard this morning and
- 5 I'd like to mention that might be in the letter if the
- 6 committee agrees is that this might be another thing that's
- 7 a public/private partnership. Especially given the budget
- 8 where it is today, given the amount of intellectual
- 9 property that could potentially flow from this. We are
- 10 certainly already seeing that come out of deCODE Genetics
- 11 in Iceland.
- 12 I really think that this is one where, and I
- 13 understand the Bayh-Dole rule and all of that, but this is
- 14 one where I sort of feel that maybe there ought to be an
- 15 investment up front from the private sector.
- DR. TUCKSON: I would just say, Ed, I agree
- 17 with you. I'll take it as a friendly amendment to my
- 18 proposal. Instead of saying "a study," I wonder whether we
- 19 could say "a coordinated activity." Because one of the
- 20 things obviously in the stage where I'm at with my question
- 21 was the sense, and I appreciate that Muin, Alan, and
- 22 everybody, that they all play together nice in the sandbox.
- 23 At the end of the day, you don't really get the
- 24 feeling, quite frankly, even though you all are talking,
- 25 you don't get the feeling, especially when you have

- 1 somebody that is authorizing language already, and somebody
- 2 else doesn't. You've got three multiple activities hitting
- 3 against the same budget activity.
- 4 So I'd just like to sort of see it being
- 5 explicitly more coordinated, whether it's one, two, or
- 6 three.
- 7 DR. WILLARD: Emily?
- 8 DR. WINN-DEEN: So I guess I would go even a
- 9 couple of steps further and say review all the existing
- 10 studies, analyze what the gaps are between what is already
- 11 going on and what we feel should go on, and then direct
- 12 additional funding towards funding studies or study
- 13 whatever is appropriate to fill those gaps.
- 14 I think you have to have sort of a three-phase
- 15 approach. The first of which is there is already good work
- 16 going on, right? We don't need to replicate the good work
- 17 that's going on. The second is where are the holes? The
- 18 third is then either specifically endorse a study, or just
- 19 more generally, which is where I would favor, at this point
- 20 in time since I don't think we're ready to endorse a study
- 21 by name at this point, to say that studies to address the
- 22 gaps should be funded by the U.S. government, and where
- 23 appropriate with public/private partnership, and just sort
- 24 of stop at this point.
- DR. WILLARD: But let me push you on that point

- 1 a little bit. When you say "review the studies," what more
- 2 information would you want? In what depth? I mean, what
- 3 does the committee need to do to review them in order to
- 4 have identified those gaps beyond what we heard today?
- 5 DR. WINN-DEEN: I'm not sure we need more than
- 6 what we heard today. But it needs to be pulled together in
- 7 sort of a coherent single document at least. Here is the
- 8 state-of-the-art today, rather than a bunch of PowerPoint
- 9 slides, some of which we got, some of which we didn't get
- 10 to keep.
- 11 So I would like to see something that goes up.
- 12 Here is the state-of-the-art, here is the gap analysis,
- 13 and here is the recommendation going forward. The first
- 14 phase might be just a letter that says this is what we're
- 15 going to do, one, two, three.
- 16 DR. WILLARD: You're answering the question of
- 17 what the staff was going to do when they finish the
- 18 reimbursement report, right?
- 19 DR. WINN-DEEN: Well, maybe. It's a
- 20 suggestion. I'm not sure that our group is necessarily the
- 21 right one to do that evaluation. There might be another
- 22 more appropriate group within HHS to do that summary and
- 23 gap analysis. On the other hand, this might be the right
- 24 group. I'm not sure, because I don't know everything about
- 25 everything that goes on in HHS.

- DR. WILLARD: Muin?
- DR. KHOURY: May I be bold enough to push the
- 3 committee to use the word "initiative" from the Department,
- 4 instead of a "study?" Because an HHS-wide initiative can
- 5 sort of achieve the purpose of what you're trying to do
- 6 here, which is take the Human Genome Project and put it
- 7 into population hands. That is sort of the spirit of this.
- Now, in deference to the NIH, I guess it will
- 9 all behoove you to wait to see that document that the group
- 10 has worked on tirelessly for the last few months and see
- 11 for yourself the amount of work that has gone into it. I
- 12 suspect it has a background section and everything. It is
- 13 not only focused on just the age of study, but it has much
- 14 more than that. I mean, I haven't seen it, but I suspect
- 15 it has all of that in it.
- So I think as a committee, you can review that,
- 17 and then you can recommend to the Department an initiative
- 18 that takes that plus other activities that goes on within
- 19 the other agencies, within NIH, CDC, and develop an
- 20 HHS-wide initiative that could morph into one study, two
- 21 studies, or 15 studies. I'm not sure how it is going to
- 22 evolve. That study would be on the table as one of the
- 23 considerations for discussion.
- DR. WILLARD: Any other points on that
- 25 question?

- DR. TUCKSON: I just wanted to ask if Kevin
- 2 could come back, then. Kevin, if right now we have as an
- 3 outline here sort of that we would be thinking of sending a
- 4 letter to the Secretary about explaining why this was
- 5 important, that we would applaud the good work going on,
- 6 the gaps identification, the calling for some analysis that
- 7 leads to an HHS-wide initiative to address whatever the
- 8 gaps were, and then the idea of putting public money and
- 9 perhaps something about private money.
- We haven't gotten to your point earlier around
- 11 what the American people want. Where does that fit into
- 12 this?
- DR. FITZGERALD: Well, I guess it depends on
- 14 how you want to look at the wording that you're using. So
- 15 if you're talking about what are the gaps, as was
- 16 mentioned, we haven't seen yet what the genome website is
- 17 going to have on there, what the report says. I haven't
- 18 looked at that data yet.
- 19 But again, it would be another example of the
- 20 way in which the public can be engaged and empowered in
- 21 this process. That could be seen as one of the gaps that
- 22 needs to be addressed further. How well can that be done?
- 23 Is this something that is of such importance and magnitude
- 24 that it is going to be a significant problem? Or have we
- 25 pretty much found ways to address this in constructive

- 1 terms so we can go ahead and figure that we're going to be
- 2 handling these issues as they go along, because it will be
- 3 part of the process.
- 4 I would just see that as one of the gaps for
- 5 sure that would need to be filled in.
- 6 DR. WILLARD: I might raise, and I'm not sure I
- 7 believe in this, but I'll say it anyway just to get it out
- 8 here for discussion. That is I have been very impressed in
- 9 the U.K. by a process or a group, I think it is the Human
- 10 Genetics Commission or something of that sort, which was
- 11 representative of the public at large, which in fact
- 12 examined a whole host of issues that led up to the
- 13 formation of the Biobank.
- 14 They traveled around the island, met with
- 15 various groups of people, and collected that information.
- 16 It was a separate group. It wasn't led by the MRC or the
- 17 equivalent of any of the bodies that we have represented
- 18 here, because it was really the public doing its work and
- 19 registering its own opinions.
- 20 So my question of the United States is not the
- 21 United Kingdom, but the question is is there a need for
- 22 that kind of an arrangement before we would anticipate an
- 23 HHS-led study of half a million to a million Americans who
- 24 are going to have their bodily fluids sampled and stored
- 25 for all time, and eventually perhaps leading up to having

- 1 their genomes sequenced when we can do it for reasonable
- 2 dollars.
- I mean, we are in a country right now where the
- 4 Bank of America can't even protect records from members of
- 5 the United States Senate. I'm not sure the public at large
- 6 is prepared to assume absent an opportunity to weigh in on
- 7 the issue, just assume that folks will get this right, and
- 8 that people's medical information and genome information,
- 9 potentially very sensitive information about medical
- 10 conditions that they may or may not be susceptible to, that
- 11 that somehow will be okay and will sit in a computer
- 12 somewhere.
- So I think there may be a lot to be gained by
- 14 allowing the public in a very broad and far reaching manner
- 15 to weigh in on this issue. This is the right time to do
- 16 it. We did a reference sequence which wasn't specific to
- 17 anyone. But before we kick off a much more extensive study
- 18 that might involve a million Americans of many different
- 19 ethnic groups which will have to be represented in one way,
- 20 shape, or form, to allow all the representatives of those
- 21 groups in fact to weigh in in a clear and deliberative
- 22 manner. I'll throw that out to the group.
- DR. TUCKSON: Did you convince yourself, by the
- 24 way, while you were talking?
- 25 (Laughter.)

- DR. WILLARD: I was just getting up to steam.
- DR. LEONARD: I agree. In listening to the
- 3 talks, I remember hearing the word "trust." You have to
- 4 have trust of the participants. My immediate thing that
- 5 popped into my head is can we create trust in the U.S.,
- 6 either of scientists, the government, or with the current
- 7 environment the way it is. I don't know that that's
- 8 feasible.
- 9 Maybe by doing this type of project, it would
- 10 at least be a step toward building trust, which at this
- 11 point, I think we're going to fall flat on our face.
- DR. GUTTMACHER: Where are the data to support
- 13 that? I'm just curious. Because, I mean, there are
- 14 certainly other large studies out there that are collecting
- 15 genetic information in a thoughtful way that we have not
- 16 had in the U.S. Not to say that it's not a challenge, but
- 17 I'm not sure that we're entering quite so dire of a
- 18 situation.
- 19 DR. FITZGERALD: Well, I mean, just to address
- 20 that a little bit. I think there is some data out there,
- 21 and it may not be as extensive or as deep as we would like
- 22 it to be. There are some issues where this has been
- 23 addressed in a kind of different vein.
- One has been say genetically engineered crops.
- 25 Part of the idea that was wrestled with there was

- 1 everybody is thinking, this is all great, it's wonderful,
- 2 it's going to benefit the public. Well, does the public
- 3 think it's going to benefit the public? Then you say,
- 4 well, they don't. Well, then that's a matter of education.
- 5 Once they know what we know, of course they'll agree with
- 6 us.
- Well, that may or may not be the case. That
- 8 gets back to these other sort of town hall meetings, focus
- 9 groups, and that kind of thing. The whole point of that
- 10 process is to begin this dialogue. What I would argue too,
- 11 is that this is not just for this particular issue.
- I understand, and I think pretty much if we
- 13 took a poll of the people around the table, we'd all be
- 14 convinced of the usefulness and the benefit of this
- 15 extending what has gone on in the Human Genome Project.
- 16 But I think Debra is right. We have to, as part of this
- 17 thing, also recommend that the government build trust.
- 18 This is just another stepping stone, and there will be
- 19 something after this, and there will be something after
- 20 that.
- We have to look to the future to say what kind
- 22 of precedent do we want to set now so we don't have to come
- 23 back and revisit each and every one of these issues again
- 24 and reinvent the wheel.
- DR. TUCKSON: We've got five minutes to resolve

- 1 this.
- DR. WILLARD: I've got Robinsue first, and then
- 3 Muin.
- DR. FROHBOESE: Thanks. As the representative
- 5 from the Office for Civil Rights and the office within the
- 6 Department responsible for the HIPAA privacy rule, I just
- 7 wanted to remind people of the rule, and the fact that we
- 8 are working with the public in general to really raise the
- 9 consciousness level of consumers and their rights to
- 10 privacy of their health information.
- But we also have been actively working both
- 12 with CDC and NIH, and have issued guidance with both NIH
- 13 and CDC on research, both from the public health
- 14 perspective, and more general research issues. Research
- 15 specifically as it relates to the privacy rule and
- 16 protecting privacy interests.
- 17 DR. WILLARD: Muin?
- 18 DR. KHOURY: As a follow-up on your comment
- 19 earlier, Hunt, about the British way of how they went about
- 20 it with the Generics Commission. I wish John Newton was
- 21 here to explain more.
- 22 But if there is such a group in the U.S., I
- 23 maintain to you that this committee comes as close to that,
- 24 I mean, the name Genetics Health and Society implies that.
- 25 You are advising HHS.

- If you want to undertake sort of the martialing
- 2 of the post-genomics or the genomics era and how to
- 3 translate the genome into health benefits to help society.
- 4 I mean, your group, if you decide you want to undertake
- 5 such a process to help the Department undertake such an
- 6 initiative, would be the right thing. That's up to you.
- 7 DR. TUCKSON: We need specific recommendations
- 8 as to how to proceed. You've got four minutes.
- 9 DR. WILLARD: I can't read your name, so I'll
- 10 call on you.
- 11 DR. FOX: I'm Ellen Fox.
- DR. WILLARD: You're not Willie May, even
- 13 though you're past the sign.
- 14 DR. FOX: Reed, in your suggestion regarding
- 15 the wording of the letter, you mentioned looking at gaps,
- 16 and then looking at where there were gaps, assuming the
- 17 government would fill them. Perhaps in association with
- 18 public/private partnerships.
- 19 I think there needs to be a little more
- 20 attention, and there hasn't been much discussion today, but
- 21 somehow I think we need to address the issue of the
- 22 appropriate role of the government relative to the private
- 23 sector.
- I wouldn't want there to be an assumption that
- 25 the government should just fill all the gaps that exist in

- 1 this endeavor, particularly when there is an opportunity
- 2 for private industry.
- Also when we were talking about public/private
- 4 partnerships, I think we need to be very careful about
- 5 that. I think that in the U.K., my understanding is there
- 6 were some concerns among the public about the
- 7 commercialization aspects. That was a particularly
- 8 sensitive issue.
- 9 In our own experience in VA, this was I think
- 10 the single most controversial aspect which caused us to
- 11 actually completely reverse our course and pull back from
- 12 our original thinking on the issue, because of significant
- 13 concerns raised about the relationship between public and
- 14 private sectors.
- 15 So I for one would like to see some language in
- 16 this letter that acknowledges that tension.
- DR. WILLARD: I have Joe first, then Alan, then
- 18 Kevin until we get cut off by the Chairman.
- 19 DR. TELFAIR: I'll pass on my comment. I'll
- 20 wait. That's okay. I'll pass on my comment.
- DR. GUTTMACHER: And I'll try to speak very
- 22 quickly. I think, again, I agree with Muin's point that
- 23 this group is as close as we have to the U.K. Commission.
- It seems to me that it gets back to this
- 25 question of how far you want to go down the road of

- 1 designing the study. What would make most sense to me
- 2 would be simply strong wording the letter to the Secretary
- 3 that it is just completely vital to the success of any such
- 4 study that community participation be often, early,
- 5 frequent, ongoing, and giving ideas of the kinds of ways
- 6 that might be achieved, rather than going out and doing
- 7 that first.
- 8 We know that it is necessary, so just make it
- 9 very clear that that really needs to be done, it needs to
- 10 be meaningful, and it needs to use the latest state-of-the-
- 11 art kinds of things to do it, and maybe invent some new
- 12 ones.
- DR. TUCKSON: I think we've got a good sense of
- 14 a charge to our committee. We have a good committee that
- 15 put together one heck of a discussion today. Clearly they
- 16 are focused and know what they're doing.
- I think the overall committee has given pretty
- 18 good specificity as to first of all, there is a consensus
- 19 that I hear that's very strong that we do want to
- 20 communicate with the Secretary about this. I see a very
- 21 strong consensus that we think that this is an important
- 22 area that needs to go forward.
- 23 I think that we have agreed at least to charge
- 24 our subcommittee with the task of fleshing out the first
- 25 draft of a letter that would say why we think this is

- 1 important in terms of the health of the people. Why it is
- 2 important, as Muin's language was, that says that having
- 3 done the human genome, putting it into play is for the
- 4 benefit of the health of the people. This is an important
- 5 thing to do. So I think that's important.
- 6 Secondly, we do want in this letter to praise
- 7 the good work that is already going on. Third, we're
- 8 calling for some type of a gaps identification. We are
- 9 then calling for a coordinated effort which we are using
- 10 the suggested word "initiative" as opposed to a study that
- 11 would address the gaps.
- We are clearly saying that one of those gaps is
- 13 looking at what is important to the American people, and
- 14 seeing what we need to say there. We are saying that we
- 15 would be calling for public money, but also perhaps, and
- 16 this is something for you to look at in a little more
- 17 detail, private dollars.
- 18 We just heard a comment around maybe even
- 19 putting in something that has to do with the appropriate
- 20 relationship between the public and private sector on
- 21 initiatives such as this.
- 22 Then finally, what we didn't resolve, but I
- 23 think we have given a mandate for you to look at is this
- 24 notion then of the question of establishing trust, which I
- 25 think is related to the gaps around what American people

- 1 want, and how that might be phrased.
- I don't think we were as prescriptive as the
- 3 rest of the letter, but we leave it to you to take the
- 4 sense of it.
- 5 Kevin, I'm not sure whether you're on that
- 6 committee. You are on it?
- 7 DR. FITZGERALD: I'm not on it.
- But I would urge you to connect
- 9 to the committee and get your points in.
- 10 With that, I think we have the expectation,
- 11 Hunt, that as the Chairman of that subcommittee, that we
- 12 will get a report back from you with a draft before the
- 13 next meeting. Our commendations for an excellent set of
- 14 presentations today.
- 15 All right. We're going to move to something
- 16 which, again, we need to be very disciplined on our
- 17 discussion of this billing and reimbursement. You have a
- 18 page in front of you.
- 19 Does everybody have it? I'm going to just take
- 20 you through really quickly just the logic of this. Then
- 21 when we discuss it, we need you to be focused in on the
- 22 logic and on where you are on the page. We can't have
- 23 people going all over the universe today on this. We've
- 24 got to bring this to closure.
- Number one. What this paper says is let's get

- on the table or off the table. The question of whether or
- 2 not today genetic counselors who are certified ought to be
- 3 able to bill independently, because they in fact have a
- 4 certification that would thereby make that possible.
- 5 So the language sort of says right now, do we
- 6 believe that there is sufficient reason, is there a reason
- 7 overcoming the barriers that we identified in this report,
- 8 is there a reason to warrant, and are there sufficient
- 9 evidence, criteria, and processes that would support a
- 10 recommendation that non-physician health professionals who
- 11 provide genetic counseling services that are deemed
- 12 qualified should be able to bill directly for their
- 13 services.
- 14 Would this apply to all payers? Or only public
- 15 insurance? Such a recommendation then would in fact allow
- 16 these health professionals to independently practice
- 17 genetic counseling. That's first.
- 18 If we said that that were true, if we believe
- 19 that that is a recommendation that we would want to make,
- 20 then the question would be how you would implement
- 21 something like that. Would you take as a strategy that
- 22 licensure where available, then be able to use it because
- 23 they had licensure in a certain state?
- In those states where it was not available,
- 25 that because you were recognized by the ABGC, or the GNCC,

- 1 that that would be sufficient to allow that to occur. On
- 2 that you'd leave out the licensure part altogether and just
- 3 simply say, let's just make it the certification. Or that
- 4 the Secretary would use his leadership to influence the
- 5 establishment of a single body that would oversee the
- 6 certification of providing these genetic counseling,
- 7 similar to the role played by the ABMS for physicians that
- 8 would have the functions as listed there.
- 9 This "or" after that should not be there. It
- 10 should simply be that this needs to be done expeditiously
- 11 if it were to occur. So again, it would be that the train
- 12 would start to leave the station, and while it is leaving,
- 13 the Secretary would be asked to use his influence to help
- 14 facilitate the creation of this body that would continue to
- 15 study it, even while the event was already begun.
- 16 If you believe that there is not sufficient
- 17 evidence to do this today, that we're not going to make
- 18 this recommendation and we can't make that recommendation,
- 19 would we then say okay, we've got to urge the creation of a
- 20 body to answer the questions that we are unsure about, and
- 21 that that needs to be done expeditiously with perhaps some
- 22 hope for time scale to determine the answers to things like
- 23 which providers are qualified under what conditions, under
- 24 what supervision, and how they should be reimbursed.
- This analysis should also assess the

- 1 effectiveness and value of genetic counseling as delivered
- 2 by various health providers in different settings, assess
- 3 how barriers to billing and reimbursement are affecting
- 4 patient access, and so forth. So those would be the things
- 5 that would be called for urgently and quickly to get done.
- Then in the interim, while those things are
- 7 happening, whatever it is that is going on, because it will
- 8 take time, either one, Option A or B, there are certain
- 9 things that we worked hard on yesterday to agree on.
- 10 That was in the interim, the Secretary should
- 11 direct government programs to reimburse prolonged service
- 12 codes, HHS with input from the various providers of genetic
- 13 counseling service should assess the adequacy of CPT and
- 14 E&M codes, non-physician providers who are currently
- 15 permitted to bill directly under any health plan should be
- 16 eligible for an NPI, and then finally, that for those who
- 17 are billing incident to a physician should be able to
- 18 utilize the full range of CPT and E&M codes. So that's the
- 19 logic, that's the flow of it.
- 20 So the first thing to get on or off the table
- 21 is what do you believe about the need and/or, relatedly,
- 22 the ability to make the determination right now that
- 23 genetic counselors who are in some ways certified should be
- 24 able to counsel independently and bill independently? What
- 25 is your thought about that? Put it on the table, or take

- 1 it off the table? The floor is open.
- 2 And Debra Leonard is not here. Let me just get
- 3 her point in right away. Debra has been emphatic to the
- 4 point of she jabbed me in the chest when she was talking,
- 5 make no mistake that she believes that the answer is yes,
- 6 that they should be able to. I'll get to what her strategy
- 7 for implementing that is. But she is one person that says
- 8 it should be done now.
- 9 Barbara?
- 10 MS. HARRISON: And I as well say an emphatic
- 11 yes. Under yes, I think that we should say the first
- 12 statement wherein states licensure is available, skip the
- 13 second one and go to the third one where the Secretary
- 14 would use his leadership. Also --
- DR. TUCKSON: That's all. You only get on that
- 16 one.
- 17 MS. HARRISON: Just for clarification.
- DR. TUCKSON: Okay.
- MS. HARRISON: The "in" in the interim part is
- 20 going to be there regardless? Is that what you were
- 21 saying?
- DR. TUCKSON: Yes.
- MS. HARRISON: Okay.
- DR. TUCKSON: Yes, that's already there. Okay.
- DR. FRIES: I also fully agree that there is

- 1 sufficient reason to recommend that they be able to do
- 2 this. I think that genetic counselors and certified nurses
- 3 have established a training program and an evaluation
- 4 process.
- 5 I think it is very clear. I think we also had
- 6 adequate demonstration of that before. I think that if you
- 7 look at the proof of practice, it is already demonstrated.
- 8 So I emphatically believe that yes is the answer for this.
- 9 I would recommend that the third comment there, "Secretary
- 10 using his leadership and influence to establish a body of
- 11 certification," I think that would move towards assisting
- 12 this group in obtaining licensure.
- Once they had licensure, this would be a
- 14 no-brainer. It would already be established.
- DR. TUCKSON: Okay. Other comments, please?
- 16 Yes, sir?
- 17 DR. ROLLINS: I think that licensure and
- 18 certification is not sufficient to make a recommendation
- 19 that non-physicians be able to bill directly for services.
- 20 From our discussion yesterday, as I said, if
- 21 we're going to be using evidence-based medicine as a basis
- 22 for making recommendations, they did not provide evidence
- 23 that non-physicians were able to effectively make those
- 24 type of determinations compared to other groups.
- 25 There were not enough studies from an

- 1 evidence-based perspective which would justify my opinion.
- DR. TUCKSON: So we've got three that are
- 3 saying yes, and one so far saying no.
- 4 MS. BERRY: I would say yes with the caveat
- 5 that when we were talking about Medicare and I deferred to
- 6 James and others, we can't, and the Secretary can't just
- 7 declare, we are going to now allow these folks to directly
- 8 bill Medicare. I believe it would require some sort of
- 9 change in the statute.
- 10 Correct me if I'm wrong. If that's the case,
- 11 then our recommendation should be more towards urging the
- 12 Secretary to work with Congress on legislation that would
- 13 do that. In doing so, it would be incumbent upon the
- 14 different groups to convince the sponsors in Congress and
- 15 to convince the Secretary to provide the evidence that
- 16 James is talking about.
- DR. TUCKSON: Okay. So James, you have to take
- 18 away your philosophical hat. We are not at a technical
- 19 question purely in terms of if we were to make such a
- 20 recommendation, now we are talking about the language.
- 21 So can the Secretary cause this to occur, or
- 22 does it have to be a Congressional change?
- 23 DR. ROLLINS: I think it would require a
- 24 Congressional change. But also, I would say that if there
- 25 were some type of demonstration through the use of some

- 1 types of studies which show that they were as effective --
- DR. TUCKSON: Different issue.
- 3 DR. ROLLINS: Okay.
- DR. TUCKSON: Okay. So the answer is that for
- 5 those who are saying yes, that this should happen, the
- 6 technical way in which a yes gets transmitted to the
- 7 Secretary is that we recognize that he or she may not have
- 8 the power to by the stroke of a pen, cause it to occur, but
- 9 it has to work through the Congress. That would be the
- 10 language. So that's just a technical issue.
- 11 MS. BERRY: Just for Medicare. Now, the
- 12 private sector, that's a different thing.
- DR. TUCKSON: Right.
- 14 MS. BERRY: We can make all sorts of
- 15 recommendations that is harder for the Secretary to
- 16 influence.
- DR. TUCKSON: All right. So we're at four to
- 18 one.
- 19 DR. FITZGERALD: I would also like to say yes.
- 20 Maybe take into consideration the fact that when we talk
- 21 about evidence-based medicine, we always have to look at
- 22 who were the people who set the standards for what counts
- 23 as evidence? How do we go about getting that evidence?
- 24 What sorts of motivations have there been in the past to
- 25 get that evidence?

- 1 If this profession is seen in its proper role
- 2 as a profession to be reimbursed, then of course that will
- 3 also help I think instigate more research into how it can
- 4 be done better, which of course will be based on studies
- 5 that will look at the evidence. I'm sure the evidence will
- 6 confirm what we're saying, but it will also lead to the
- 7 sorts of improvements and the sorts of gathering of data
- 8 that we're talking about that would also be a good thing.
- 9 So in one sense, there is a bit of a Catch 22
- 10 here in the sense that there hasn't been the motivation,
- 11 and there hasn't been the emphasis in the past to gather
- 12 the evidence in such a way as to answer those specific
- 13 questions. I think people's experience can also be seen as
- 14 evidence.
- DR. TUCKSON: We're at five. By the way, I did
- 16 a disservice to the conversation by not making one
- 17 statement up front. Let me rush to make it. It is this.
- 18 We had a lot of discussion yesterday about this
- 19 issue that got to the nature of respect for these
- 20 professionals. I have talked with almost everybody on this
- 21 committee at some length about these issues. The one thing
- 22 I want to take off the table for this discussion is that
- 23 there is not a single person around this table who has
- 24 anything but respect for the professionals who are working
- 25 so hard to do this kind of counseling.

- 1 Those who may feel differently about this issue
- 2 do not come at it because they don't care or respect their
- 3 colleagues in this field. I want to just make sure that
- 4 that is on the record.
- I think it is a very important point, because
- 6 otherwise, it could have the effect of chilling the
- 7 discourse. If you are viewed as whether or not you are up
- 8 or down on genetic counselors, you get beat up when you
- 9 walk to McDonald's.
- 10 I don't want that to be on the table. That is
- 11 not appropriate to do that to anybody on this committee.
- 12 Let's move around and see if there is anybody else.
- DR. TELFAIR: Thanks, Reed.
- 14 You saved me from having to say that. That was
- 15 going to be my comment, because I'm voting no on this. I'm
- 16 voting no because I do think that it will be a stronger
- 17 case if you take the effort of building the evidence.
- 18 Clearly what is in place right now, from my
- 19 understanding from yesterday, and if I heard it wrong, I
- 20 apologize. It is still in the early stages. Everything is
- 21 in the early stages. Even those who have received this
- 22 level of verification are only two or three years out. So
- 23 there really hasn't been enough time to build that
- 24 evidence.
- It seems to me that we need to really push

- 1 doing that a little bit more. So that's where I'm coming
- 2 from. I am one of the ones that really pushed to
- 3 expeditiously get it done. I think it can be.
- 4 DR. TUCKSON: Agnes, Hunt, and then we'll go
- 5 around.
- 6 MS. MASNY: I would say yes, that we should go
- 7 for the first proposal. The one thing I think that when
- 8 the committee presented yesterday is that I don't think
- 9 that they were asked to actually present all the evidence
- 10 base about what we're discussing now that the genetic
- 11 counselors or people that are providing these kinds of
- 12 services actually do provide efficient, cost-effective, or
- 13 whatever it was.
- I think that maybe if in fact we wanted that,
- 15 that we could ask that specifically for this committee.
- 16 But I don't think that would be necessary. I think that
- 17 maybe if it had to go to Congress, that that information
- 18 could be presented from the group itself to go along with
- 19 that recommendation to Congress.
- 20 I would though say that I would rather have
- 21 that without reference to licensure, because I think
- 22 licensure is affected mostly by states. I don't, again,
- 23 from the Secretary's perspective, know whether he has
- 24 jurisdiction over state effects, certification by AGCC,
- 25 GNCC, and other certifying organizations, since there are

- 1 other certifying organizations.
- DR. TUCKSON: But for right now then, you are
- 3 on the yes side?
- 4 MS. MASNY: Yes.
- DR. TUCKSON: Hunt?
- DR. WILLARD: Just a point of clarification and
- 7 correction for Joe. The profession of genetic counseling
- 8 has been around for 20 years.
- DR. TELFAIR: That was not my point. That was
- 10 not what I was saying.
- DR. WILLARD: But it was interpreted that way
- 12 by some. Good.
- I'm still where I was yesterday. I'm persuaded
- 14 by the statement, particularly from James, that there is
- 15 just not a base of evidence sitting in the literature that
- 16 tells us yet, those of us who have done this on the front
- 17 lines, that this is in fact a critically important field
- 18 that is making a valuable contribution, and a contribution
- 19 that is absolutely in the middle of the road in terms of
- 20 how to bring genetic information to the public at large.
- 21 So I recognize that there is a gap, that the
- 22 profession of genetic counseling is likely to be critical
- 23 to filing that gap, and yet I don't see in the medical
- 24 literature the data that would be necessary to make the
- 25 case to the Secretary that in fact the drastic changes that

- 1 I think are needed will be needed soon.
- 2 So I'd have to vote no, but would then urge
- 3 that we change some of the language to be much more
- 4 forceful about the expected role that we see for the
- 5 profession of genetic counseling as we go forward.
- DR. TUCKSON: Okay. We'll come back to that,
- 7 then. All right. I missed a hand here.
- DR. FRIES: Yes. I just wanted to point out
- 9 that while evidence-based medicine is a wonderful tool for
- 10 all of us to evaluate our practices by, unfortunately
- 11 evidence-based medicine does not apply to every medical
- 12 practice that we do and that we reimburse for.
- For example, there is not a lot of large
- 14 randomized, blinded, control trials just about anything in
- 15 genetics. So if we use that to drive our old policies, I
- 16 think we are being premature in this. Much of medicine
- 17 does not have that basis. That doesn't mean that it is not
- 18 justifiably reimbursed.
- 19 DR. TUCKSON: Good. All right. Here is what
- 20 we're going to do. I'm sorry. A comment?
- DR. ROLLINS: I was just going to make a
- 22 response to that. It is true that a lot of activities that
- 23 we do in medicine, there have never been randomized
- 24 clinical trials to show that they work. But that doesn't
- 25 mean that observational studies were not performed.

- 1 You might even have to resort to such things as
- 2 a cross-sectional study to use as an evidence base. But it
- 3 is sort of like what David Eddy has said. Seventy percent
- 4 of the things that we do in medicine have never been tested
- 5 to see whether or not they work. We just do them because
- 6 we think they work. Because of that, we tend to justify
- 7 what we continue to do.
- DR. TUCKSON: All right. This has been a very
- 9 good discourse. Very rarely do we actually take votes on
- 10 stuff, but right now I need to just sort of take a vote of
- 11 the committee.
- I wanted to have the ex officios who weighed
- in, I counted your votes, because first of all, you're
- 14 valuable here, and it is important to hear you. You had a
- 15 lot to say about this.
- 16 I want to see right now for the committee
- 17 members that are here. Wait a minute. There are seven?
- 18 Now, we had Debra. She clearly left. So does she count in
- 19 the seven? I think she was pretty clear. There was no
- 20 question about it.
- MS. CARR: She makes eight.
- 22 DR. TUCKSON: She makes eight? All right. Of
- 23 the eight committee members that are here, those members
- 24 who are here who are voting yes, would you raise your
- 25 hands?

- 1 (Show of hands.)
- DR. TUCKSON: So we've got one, two, three,
- 3 four. Okay. And those that are voting no, what do we
- 4 have?
- 5 (Show of hands.)
- 6 DR. TUCKSON: One, two. So four to two. I'm
- 7 trying hard to be diplomatic.
- DR. FITZGERALD: I'm not a voting member yet.
- 9 I haven't passed through the hoop of fire.
- 10 DR. TUCKSON: You actually would have tipped it
- 11 more towards the five to two than the four to two, if I
- 12 understand you correctly. So that's what that is, which is
- 13 an important sense of the committee. So I think the
- 14 committee has got a sense of it. That's where we are on
- 15 the issue.
- 16 Now the question becomes how do we phrase the
- 17 recommendation about how this would go forward? So now,
- 18 let's specifically focus in on, and I'd like to put as the
- 19 first way of focusing in on this would be, I'm looking for
- 20 the greatest agreement possible.
- 21 I'm wondering whether that is around the
- 22 language of the Secretary using leadership to expeditiously
- 23 cause something to happen. I'm just trying that first to
- 24 see where that takes me. Now everybody has got to get on
- 25 board. We decided that we're going to make a

- 1 recommendation.
- Now the question is how do you make that
- 3 recommendation work? Who has got a thought there now about
- 4 which of these options is the best way to make this
- 5 recommendation happen? What is the most responsible way of
- 6 getting this done?
- 7 DR. TELFAIR: Reed, a point of clarification
- 8 before we get started.
- 9 DR. TUCKSON: Please.
- DR. TELFAIR: Does the vote for yes negate the
- 11 need to gather information independent of how it is done?
- 12 There are varying ways. I agree with James that there is
- 13 more than one way to gather information. I am just
- 14 wondering whether those who voted yes, because that is not
- 15 on the list.
- 16 DR. TUCKSON: The answer is that what I was
- 17 trying to do by making that sort of point of departure now
- 18 by saying the Secretary gets involved, and that all those
- 19 sort of gathering the information things are the things
- 20 that we urge the Secretary to cause to happen, is a way of
- 21 trying to close the gap between the yes's and the no's.
- Now, you can decide of course to do it a
- 23 different way, but I was being fairly transparent, or
- 24 trying to get everybody at least on a common next step.
- 25 But it may not work. So please, who has a suggestion about

- 1 how now based on the things that are on the page and/or
- 2 something new, about how do you achieve this.
- It has got to be a specific recommendation, it
- 4 has got to take us from Point A to Point B. We can't talk
- 5 about the theory of it anymore.
- 6 DR. FRIES: I was going to ask Barbara
- 7 specifically as a genetic counselor herself, what area does
- 8 she feel would specifically benefit the field the most.
- 9 MS. HARRISON: I think a general recognition of
- 10 genetic counseling as a legitimate field, legitimate
- 11 service, is really what would be most helpful. I think
- 12 everything after that will fall into place.
- DR. TUCKSON: So you got that. That is already
- 14 done by the vote. So now what do you do? How do you
- 15 implement it? So let's be specific.
- 16 Do you say that everybody who is right now an
- 17 certified ABGC or GNCC would be someone that we would urge
- 18 the Secretary to, and go back to the language that Cindy
- 19 said again, the Secretary for the government has got to
- 20 urge Congress to say that if you have those degrees, those
- 21 certifications, you should be able to go right in and do it
- 22 now? Or do you say that you want the Secretary to cause
- 23 the right people to be pulled together to give the best
- 24 advice as quickly as possible to answer these questions
- 25 about how to do it, and then take that to the Congress? Do

- 1 you take it as one step, or two steps?
- 2 MS. ZELLMER: Maybe I'm totally
- 3 misunderstanding. I think the things on back about direct
- 4 billing for prolonged services in the CPT codes, I think
- 5 all are very important. All of the things on the front, to
- 6 me, I'm not really sure. I think they affect licensure,
- 7 which I don't think we would have any role over, or
- 8 certification, which again, I don't know that it's that
- 9 important that we have some kind of national certification.
- Maybe I didn't get the point of yesterday. But
- I think that do we need to even go here? I mean, I agree
- 12 with all of the recommendations on the back, but are any of
- 13 these recommendations under yes, something we really want
- 14 to do?
- 15 MS. HARRISON: I think the issue of licensure
- 16 and certification, I agree, may not be an issue that we
- 17 specifically have purview over. However, the main impetus
- 18 behind us even getting into this is an access issue. It is
- 19 an access issue, and it is a quality of care issue.
- 20 That's where I think the licensure and
- 21 certification comes under. So we're trying to make sure
- 22 that the people who bill for genetic counseling services
- 23 are qualified to do so, and I think we agree as a committee
- 24 that genetic counselors are qualified to do that, that
- 25 nurses are trained are qualified to do that.

- 1 That is where I think the licensure and
- 2 certification comes in. Mentioning licensure here is no
- 3 more saying that the Secretary has purview over that no
- 4 more than me mentioning certification here. I don't see
- 5 why it has to be either licensure or certification.
- 6 DR. TUCKSON: Kimberly, the issue really just
- 7 became one of, and you are raising an important option. It
- 8 is to stay moot about it. The question is how do you make
- 9 sense out of who is in fact a legitimately qualified
- 10 person. Right now, there does not seem to be any real
- 11 organization that allows you to figure that out.
- MS. ZELLMER: I'm not convinced that 95 percent
- of the physicians who give advice on genetics are
- 14 qualified. I don't really see this as an access issue. I
- 15 think that it is important that you get information from
- 16 qualified professionals, but I think that that issue is a
- 17 totally different issue.
- 18 I think it deals with the broader medical
- 19 profession in general. I don't think that we should limit
- 20 it to say we've got to get qualified genetic counselors.
- 21 I think we've got to get medical professionals who have a
- 22 basic knowledge of genetics.
- DR. TUCKSON: Good point.
- 24 Next?
- DR. FITZGERALD: As far as the certification, I

- 1 mean, one way since you're talking about it, could there be
- 2 multiple steps to this. We have certification processes,
- 3 and the training and everything like that. Could you start
- 4 by saying here is the starting point. Genetic counselors
- 5 and nurses who have gone through the certification program
- 6 are going to be accepted as certified. Now you need some
- 7 group to come and look and see if, as Joe was mentioning
- 8 yesterday, are there others that would be included under
- 9 that umbrella?
- I mean, I think you've got a starting point
- 11 with the ABGC and the GNCC. Then you can see from there
- 12 where you might want to go.
- DR. TUCKSON: All right. This is a very
- 14 specific recommendation. That's a very specific step. So
- 15 if we understand it here, it is the idea.
- 16 Kimberly, I'm trying to figure out what to do.
- 17 But again, at the end of the day, there is a sense by many
- 18 people, there is a need to try to understand. If somebody
- 19 is going to say, I am a qualified person and I therefore
- 20 should be able to bill for this service, and I should be
- 21 able to do this service and get reimbursed, any reasonable
- 22 paying organization is going to say well, who are you?
- 23 Under what criteria are you saying that you are in fact
- 24 legitimate and able to do it?
- 25 You're right, Kimberly. Your point is that

- 1 you've got doctors and others who may not, but we're
- 2 looking at this issue here. So the notion is that what we
- 3 have as a specific suggestion is that you take the
- 4 certifying bodies that exist today, and you say okay, this
- 5 is a good starting point. Then you urge the Secretary, if
- 6 I understand you, to create, or to try to use his influence
- 7 to try to create or stimulate the formation of a body that
- 8 would then deal with all the one offs that are going to
- 9 come up, the single gene people, somebody without a Masters
- 10 degree, who know who decides. I'm in the club, put me in
- 11 the club. So somebody has got to figure that out.
- 12 You are asking for two things at once. Start
- 13 one place, and then create an environment that figures out
- 14 how to do it with all the people that are not in this group
- 15 right now. That's a suggestion. So you've got something
- 16 to shoot at. Now, let's decide. Is that the way to do it
- 17 or not?
- 18 DR. TELFAIR: Can I just make a friendly
- 19 amendment to this? I think it's important to take this
- 20 suggestion if we're going to take it, and it be very clear
- 21 about the nature of it.
- 22 There is a siloing of risk here. You need to
- 23 eliminate that. If you're going to get groups to work
- 24 together, it needs to be on common ground. So if we're
- 25 directing or making a strong suggestion, then we need to

- 1 make sure that the group, whatever is formed, is a group
- 2 that works towards the common ground in a collaborative way
- 3 to make this happen. I just want to add that language.
- 4 DR. TUCKSON: That's a very important point.
- 5 And by the way, I want to make the moderating comment that
- 6 Cindy's point is I think very, very important in a
- 7 realistic way.
- 8 This is going to be subject to a public
- 9 discourse beyond our recommendation. So that I think what
- 10 we're doing is we're signaling a direction. We are also
- 11 signaling caveats that need to be carefully considered in
- 12 the interim period while this goes through the public
- 13 policy discourse.
- 14 Again, the Secretary cannot just with the
- 15 stroke of a pen make any of this happen. So we are
- 16 signaling things that ought to occur, and hopefully
- 17 stimulating a lot of people in this room, and those that
- 18 are on the webcast who are listening to this carefully, to
- 19 create the details that are needed. So we're fast
- 20 forwarding this whole field simply by the recommendations
- 21 that we're making.
- 22 That is what I think is ultimately occurring in
- 23 this room right now. Somebody's hand I missed. All right.
- 24 Specifically, is Kevin's point the one that wins or not?
- 25 Somebody has got to knock it down, because right now it is

- 1 gaining momentum.
- DR. FEETHAM: I would just remind everybody of
- 3 Barbara's comment. I mean, to me the three messages are
- 4 the need for genetic counseling services, and we have been
- 5 consistent on that language, by qualified providers who are
- 6 of many disciplines.
- 7 The point of access, I mean, this bottom line,
- 8 again, for the good of the American public, what are we
- 9 talking about? Those are messages. By the way, to do
- 10 this, we need reimbursement.
- DR. TUCKSON: All right. Kevin has got it on a
- 12 going, going, gone basis.
- 13 Agnes?
- 14 MS. MASNY: Well, I think that if we went with
- 15 Kevin's recommendation, what would happen is that that
- 16 would actually limit the number of health care providers
- 17 that people would have access to. I think we want to make
- 18 sure that people do have the access.
- 19 The main point that I think we're trying to
- 20 continually get at is that the public needs access to
- 21 qualified health care professionals, and that genetic
- 22 counselors are qualified. They should have access to
- 23 reimbursement.
- DR. TUCKSON: Now, I'm not sure though, and I
- 25 want to respect your point, even in rushing this thing

- 1 through. But I'm not sure that I see the limitation.
- I think what Kevin is saying is you've got a
- 3 place. You are signaling that we accept that there are
- 4 some people who have created something that makes sense.
- 5 Then he is saying expeditiously let's get to the process of
- 6 how do you create the requirements, the conditions, and the
- 7 processes that allow others to be designated. I don't see
- 8 how that is diminutive.
- 9 MS. MASNY: Not diminutive, but in terms of
- 10 limitations that we are now going to create another sort of
- 11 more centralized body for certification.
- DR. TUCKSON: Right. Now, the philosophy here,
- 13 just to make sure that everybody is clear on this, is that
- 14 you could then, the alternative, and I don't know whether
- 15 this is what you have in mind. The alternative would seem
- 16 to be that every organization with an interest in this
- 17 could then certify, designate, and say okay, well, me, too.
- 18 So at some point, you are sort of left with if
- 19 you are trying to pay for this, or you have to administer
- 20 this or make use of this, or worry about a malpractice of
- 21 this, it is like well, who are you? I mean, somebody
- 22 somewhere along the line, and I think what he is saying is
- 23 he has to make sense out of this so you don't have the
- 24 wild, wild, west. I certainly don't want them coming to
- 25 us.

- DR. FRIES: It appears to me that there is some
- 2 sort of a parallel for this in thinking about it in the
- 3 capacity of certain physician skills. For example, if I am
- 4 someone who wants to just simply do spinal surgery, I must
- 5 first of all qualify as an orthopedist, and then perhaps do
- 6 a subspecialty in spinal work, and then I only get to work
- 7 on the sacrum.
- I have made that my derivative. The same way
- 9 for someone who is a single-disease counselor. That person
- 10 must first of all qualify in the general capacity before
- 11 they can then focus. So the point I'm trying to make is
- 12 that there is an existent certification process for someone
- in general. If someone chooses to be in a very minor part
- 14 of that practice, they must first achieve that, and that's
- 15 already in place.
- DR. TUCKSON: So what I think you're saying,
- 17 for the purposes of this activity, is A, we are not
- 18 trained, smart enough, or have the time to figure all that
- 19 out. B, we know that somebody needs to figure it out, and
- 20 we are urging the Secretary, therefore, to figure it out,
- 21 or to use his influence to convene those that are necessary
- 22 to figure this out.
- 23 DR. FRIES: That's sort of an overview of what
- 24 I was commenting on. But the point that I'm saying is that
- 25 there already exists sufficient certifications in place.

- DR. TUCKSON: So those are models that might be
- 2 used to apply to this activity. Or are you saying push
- 3 this into existing forums that are already created to do
- 4 this kind of work?
- DR. FRIES: Certification in some field. For
- 6 example, to become an OB/GYN doctor, I go through a board
- 7 examined to certify. That's already set in place. Same
- 8 process for genetic counseling.
- 9 Licensing, as we all know, is a state process.
- 10 The reason I raised my question to Barbara was not that I
- 11 think the Secretary has to do this, but whether that would
- 12 be politically the most advantageous thing to the genetic
- 13 counselors, or whoever is going to do it, to help them move
- 14 forward.
- DR. TUCKSON: All right. I saw one other hand.
- 16 I want to do that. I missed you.
- 17 In fact, it was you, Kimberly.
- 18 MS. ZELLMER: The only question I had is
- 19 whether this is really what the genetic counselors want. I
- 20 think if they would like us to give the message to the
- 21 Secretary that we need some national certification to make
- 22 sure that people are qualified who are giving genetic
- 23 counseling services, I'd be much more supportive of it.
- But I guess I just would want to make sure that
- 25 that is what they are interested in.

- DR. TUCKSON: I guess the challenge we have
- 2 there, and Kimberly, I appreciate that. We did hear
- 3 wonderfully from the genetic counselors yesterday. They
- 4 gave us good input. At some point I think the committee
- 5 has to decide what it thinks it wants to do. We got a lot
- 6 of input. We have differences of opinion even around our
- 7 own table. So I appreciate the point.
- 8 The genetic counselors were able to express, if
- 9 I can try to summarize what we heard, that they have their
- 10 mechanism. There were a couple of organizations that spoke
- 11 eloquently about what they do. Even in their own
- 12 discourse, there were some issues that came up as to
- 13 whether or not you only have Masters level nurses. They
- 14 have their own challenges that they have to work through
- 15 together.
- 16 What they did not do, and were not asked
- 17 fairly, according to Agnes' point, they were not asked to,
- 18 but they did not teach us about what to do with the single
- 19 gene people and all the other permutations of issues. So
- 20 we don't know quite what their guidance is on that point.
- 21 To conclude this. I'm trying to do a quantum
- 22 calculus here to get your point in here. I can't figure
- 23 out a way to do it, other than to simply say that I don't
- 24 think that we can be more prescriptive than what we have
- 25 gotten to.

- I don't know whether it should be that this all
- 2 goes and just gets pushed into the ABMS, which it can't, or
- 3 something like that. At the end of the day, we can only do
- 4 the best that we can in terms of this recommendation, and
- 5 then let the process unfold as it needs to. We are making
- 6 a pretty clear statement.
- 7 This is a bold statement, I think, to make,
- 8 quite frankly, in terms of moving this field forward. One
- 9 that is of concern to a couple of our members. So I think
- 10 we have pushed this pretty far. I think what the next step
- 11 is, and again, by the way, the other issue here is that the
- 12 reimbursement committee report is going to go out for
- 13 public comment, so we're going to get a whole lot of stuff
- 14 back anyway. This is not the last time we're going to see
- 15 this. We are probably going to get beat up on all sides.
- 16 Then we'll have done our job wonderfully.
- 17 Cynthia?
- 18 MS. BERRY: Can I just make a recommendation
- 19 that sort of builds on what Kevin had articulated? That
- 20 is, following the model of registered dieticians, the way
- 21 they got some coverage under Medicare for medical nutrition
- 22 therapy for certain cases, I can't remember now whether it
- 23 was diabetes or cardiovascular disease, but anyway,
- 24 something like that, there were a couple of indications was
- 25 that Congress put into the statute that the National

- 1 Academy of Sciences would conduct a study and look into
- 2 many of the same issues that we have at the top of the back
- 3 of this paper here dealing with cost-effectiveness,
- 4 appropriateness, and all of that.
- 5 Then based on that study, and it was done,
- 6 Congress looked at it and said, oh, for these two
- 7 indications, it does make sense for these individuals to be
- 8 able to directly bill Medicare for their services.
- 9 Therefore, we will allow that to happen in those cases.
- 10 So what if our recommendation is asking the
- 11 Secretary to direct NAS, or to fund some study mirroring,
- 12 using the registered dietician model. That would be a next
- 13 step closer. It would obviate the need really for Congress
- 14 to step in initially and actually authorize the study. I
- 15 mean, the Secretary theoretically could direct some funds
- 16 that way, but it may ultimately be that Congress has to get
- 17 involved. At least that would move the ball forward.
- 18 DR. TUCKSON: I would be surprised if there is
- 19 anybody here under the reality that we've already moved the
- 20 ball to the next step that wouldn't think that we don't
- 21 want to wait for Congress to have to do that. I think your
- 22 suggestion makes all the sense in the world.
- 23 Even those that were not in favor of the
- 24 proposal were all in favor of expeditious. So I think
- 25 you're talking about jump-starting that, and I think that

- 1 none of us would disagree that we wouldn't want to say
- 2 okay, we've got to go to Congress and get permission to do
- 3 the analysis. No. So I think your point wins the day. I
- 4 don't see anybody rushing to disagree.
- DR. FEETHAM: I would just like to remind
- 6 everyone that HRSA and NIH funded a three-year beginning
- 7 study on the genetic workforce, which was
- 8 interdisciplinary, looking at specialists, non-specialists,
- 9 and primary care providers. If we could build off of that
- 10 excellence --
- 11 DR. TUCKSON: That helps. Cindy has that and
- 12 needs to roll that in. Here is what we're going to do
- 13 next. We're going to bring this to closure. Here is what
- 14 happens. I need a reality check from Sarah and Cindy.
- 15 The reimbursement policy coverage thing has
- 16 been kicking around now for a good while, and has gotten
- 17 better every day with all the input. What is our timeline
- 18 for when we absolutely expect and must have that report go
- 19 out for public comment?
- 20 MS. BERRY: Can I ask one thing? I don't know
- 21 how you want to handle it, whether you want to blow them
- 22 off or what, but we have two remaining recommendations
- 23 unrelated to genetic counseling. I think, and I don't want
- 24 to jinx it, but they're probably in the no-brainer category
- 25 where we might get some pretty quick consensus.

- 1 Do you want to turn to those?
- DR. TUCKSON: I'll suspend it for just a
- 3 second. Thank you. Thank God you raised it. But just for
- 4 the moment, what is the timeline of when this report has to
- 5 go out?
- 6 MS. CARR: Right away.
- 7 DR. TUCKSON: Right away is the answer. So in
- 8 other words, I think what that means, and let me just make
- 9 sure, does that mean, therefore, that the one thing we are
- 10 not going to do is to put in the things that we've done
- 11 today and yesterday, all the work that we've done, and then
- 12 come back and revisit it at the next meeting? We are
- 13 actually intending that it goes out before the next
- 14 meeting?
- 15 MS. CARR: Well, let me just say, it's always
- 16 up to you. If the committee doesn't feel that at the end
- of this meeting they are ready to go out with the report
- 18 for public comment, we can wait until June. I mean, I
- 19 think you want to do something. I think your goal was to
- 20 have the report finished.
- DR. TUCKSON: All right. Second question.
- 22 Would you, Cindy, be willing, and again, you tell me about
- 23 the process, that given how much work we did on that report
- 24 this meeting, that the committee, subcommittee, redo a last
- 25 draft on this, and then it will go out before June, but

- 1 giving folk if they have just any little comment they want
- 2 to make, you can decide if we use it or not, but you can
- 3 make sure everybody sees what it is going to be before it
- 4 goes out for public comment.
- 5 Knowing again that going out for public comment
- 6 means just that. It is not absolutely perfect. We're
- 7 going to get some comments back, and then we'll come back
- 8 and change it again. I think we're agreeing we're not
- 9 going to wait until June to send it out.
- 10 The question I'm asking then specifically is
- 11 would you object to having people at least send in some
- 12 email comments on what will be now the last draft?
- MS. BERRY: That will work.
- 14 DR. TUCKSON: That will work. Okay. With
- 15 that, can anybody find their last two recommendations from
- 16 yesterday? Those, by the way, who are public comment
- 17 people, I hope none of you have to catch a plane, because
- 18 we're coming to you, not too many minutes late.
- 19 MS. BERRY: The last two, it is on the summary
- 20 document that was in everyone's folders. They deal with
- 21 the broader issues.
- 22 Just to summarize the first one pertaining to
- 23 provider education and training, it addresses the fact that
- 24 there is a lot more work that needs to be done in making
- 25 sure that the current medical workforce is adequately

- 1 schooled in genetics and genomics such that they can
- 2 provide the requisite care to their patients.
- 3 So this recommendation essentially pulls from
- 4 something that was recommended to the Secretary last year.
- 5 You can read it. It basically asks the Secretary to
- 6 develop a plan for HHS agencies to work with state,
- 7 federal, and private organizations essentially to help
- 8 medical professionals so that they have the tools they
- 9 need. It also urges the Secretary to incorporate genetics
- 10 and genomics into HHS initiatives. That's the first one
- 11 with regard to education and training.
- DR. TUCKSON: Does anybody have any big issues
- 13 with that?
- DR. WILLARD: I move we accept it.
- DR. TUCKSON: Going? Going? Going?
- 16 (No response.)
- DR. TUCKSON: Done. Next?
- 18 MS. BERRY: All right. The last one. Public
- 19 awareness recognizes the lack of knowledge or complete
- 20 information available to the public with regard to genetics
- 21 and genomics. States the fact that we need to get out to
- 22 the public reliable and trustworthy information about
- 23 genetic technologies.
- It talks about the development of performance
- 25 and efficiency measures based upon evidence-based clinical

- 1 guidelines that would better enable consumers and patients
- 2 to evaluate health plans and health providers.
- Now, it's sort of vague and fuzzy. I don't
- 4 know if we want to be more specific than that. It really
- 5 doesn't say who will develop these things. It would be
- 6 good to get some input from members of the committee as to
- 7 what we might suggest here.
- 8 DR. WILLARD: This one doesn't actually read
- 9 like a recommendation. It is just a statement of
- 10 motherhood and apple pie, which is fine as a statement.
- 11 That's actually in the text. We're not actually making a
- 12 recommendation to have the Secretary do anything. So I'm
- 13 not sure we actually need it. The text I think stands
- 14 pretty well by itself.
- DR. TUCKSON: Yes?
- 16 DR. KHOURY: The only thing that might apply to
- 17 HHS is to provide direct recommendations about initiatives
- 18 like the Surgeon General Family History Initiative, which
- 19 is something that HHS is spearheading anyway to encourage,
- 20 suggest, or whatever language you want to use.
- 21 By the way, if such a recommendation is
- 22 changed, I would suggest to add the words "family history"
- 23 somewhere.
- DR. TUCKSON: Well, I think what this is
- 25 getting at, I mean, I think everyone understands it, but

- 1 again, this is the consumerism movement where now people
- 2 are having to make more choices that are financial risks
- 3 for them about where they go for care, and the nature of
- 4 the benefit packages that they are offered.
- 5 So what this is sort of getting at is saying I
- 6 think what the recommendation would be, Hunt, is be more
- 7 around the Secretary of Health making available through
- 8 government Internet websites, information that helps a
- 9 person make better and more informed choices in this
- 10 regard.
- 11 Including family history would be part of it.
- 12 So I'm one of the people that are addicted to the National
- 13 Library of Medicine website.
- DR. FITZGERALD: PubMed.
- DR. TUCKSON: PubMed, that's it. So in other
- 16 words, the Secretary would sort of help make sure that this
- 17 kind of information was on a PubMed kind of site.
- DR. WILLARD: But do we have enough
- 19 information? At least I don't feel I have enough
- 20 information to say whether that should be the Surgeon
- 21 General's site, or it should be a CDC site, or any other
- 22 site.
- 23 DR. KHOURY: It should not matter as far as
- 24 this committee. You ask HHS to do it, and then we figure
- 25 it out.

- DR. TUCKSON: So you are saying use such
- 2 resources to make this information available to the public.
- 3 Guidance and education to the public. That is what this
- 4 is getting at.
- 5 So with that as perhaps a friendly amendment,
- 6 we would urge the Secretary to make HHS resources
- 7 appropriately available to guide people in making these
- 8 kinds of choices and decisions. Okay, done.
- 9 We are going to conclude this and move to the
- 10 public comment. Let me just say this. Let me ask one
- 11 favor of you in terms of the report that Cindy sends back
- 12 out.
- 13 It would be this. Normally I'm not a big fan
- 14 of people who if you send them an email to a multiple list,
- 15 and then they've got to tell you yes and send it to
- 16 everybody so that you've got 1,000 emails that don't make
- 17 sense. In this case, I think it does make sense that if
- 18 you make a comment on the report, you might want to click
- 19 everybody, so everybody sees the comments that are going
- 20 back and forth.
- 21 At the end of the day, Cindy and the committee
- 22 have the responsibility for taking that stuff and weaving
- 23 it into a final document. But I think in this case it is
- 24 probably better that we all sort of share our thinking and
- 25 thoughts. But you don't get to reargue the issue, that's

- 1 the only thing. The issue is resolved. Now the question
- 2 is how do we do it?
- 3 You all are terrific. You guys are a terrific
- 4 committee. Even when people don't agree, you work
- 5 together. You are a model of democracy.
- 6 Public comment -- speaking of democracy --
- 7 Susan Manley, National Society of Genetic Counselors. I
- 8 want you to sit right there. Head of the table. They'll
- 9 make the microphone work.
- 10 MS. MANLEY: I thought this would be good
- 11 timing. Good afternoon. I'm Susan Manley, Chair of the
- 12 Professional Issues Committee within the National Society
- 13 of Genetic Counselors.
- 14 As you know, NSGC represents over 2,000 member
- 15 genetic counselors practicing in a variety of medical
- 16 specialties, providing genetic counseling in prenatal,
- 17 pediatric, and adult settings, as well as working in
- 18 academia, research, and biotechnology companies.
- 19 NSGC would like to thank this committee for
- 20 taking our previous testimonies and information into
- 21 account when developing draft resolutions and reports, and
- 22 we would like to continue to have input where appropriate
- 23 as SACGHS moves forward with the important issues discussed
- 24 at this meeting. Primarily billing and reimbursement for
- 25 genetic counseling services and the development of

- 1 population-based genetic databases.
- With regards to reimbursement and coverage
- 3 issues, as you heard yesterday, genetic counselors are
- 4 uniquely qualified to provide genetic counseling services.
- 5 But without reimbursement for these services, the public's
- 6 access to appropriate genetic services faces a limited
- 7 future.
- 8 It is critical to note that Masters trained
- 9 genetic counselors currently make up over 50 percent of
- 10 practicing genetic specialists, which means that genetic
- 11 counselors are currently providing the majority of genetic
- 12 counseling services, and will likely continue to do so in
- 13 the future.
- 14 Although additional studies must be done to
- 15 clearly define the value and cost-effectiveness of genetic
- 16 counseling services as conducted by specific providers,
- 17 there are already many examples cited by the working group
- 18 on genetic counseling services through invited testimony
- 19 yesterday.
- The issue of reimbursement for genetic
- 21 counseling services and in particular, those provided by
- 22 Masters level genetic counselors, is critical when we
- 23 consider the impact on the genetics workforce.
- 24 Specifically, if genetic counseling services provided by
- 25 genetic counselors and other non-physician service

- 1 providers are not reimbursed, it will continue to impact
- 2 access to quality services nationally.
- 3 This committee is in the position to make
- 4 recommendations regarding the future of genetic services in
- 5 health care. Currently, the educational and credentialing
- 6 structure exists to produce quality, certified genetics
- 7 professionals. However, without adequate reimbursement,
- 8 public health could be compromised by the provision of
- 9 increasingly available genetic services by uninformed
- 10 health care providers without specialized training.
- 11 As was proposed yesterday by the working group,
- 12 the NSGC appreciates the support of this committee, and
- 13 strongly encourages you to continue to develop
- 14 recommendations that explicitly support the recognition of
- 15 non-physician genetic services providers, specifically
- 16 including Masters trained genetic counselors who hold
- 17 credentials that document knowledge in human genetics and
- 18 clinical genetics expertise.
- 19 We also hope that SACGHS will advocate in all
- 20 matters appropriate for the development of CPT coding that
- 21 is specific to credentialed genetic counseling service
- 22 providers, and for both third party payers and CMS to
- 23 recognize the importance of reimbursement and coverage for
- 24 genetic counseling services by appropriate providers.
- 25 Lastly, SACGHS can recommend that studies be

- 1 funded to continue to assess the value and cost-
- 2 effectiveness of genetic counseling provided by
- 3 non-physicians.
- 4 With reimbursement, qualified genetic
- 5 counseling providers can become even more valuable in the
- 6 financial realm of U.S. health care, and allow more medical
- 7 facilities to offer quality genetic services to the public.
- 8 Finally, the National Society of Genetic
- 9 Counselors applauds SACGHS for considering the logistical
- 10 and ethical issues associated with large population-based
- 11 genetic studies. Many of our members work in research
- 12 genetic settings, functioning as research coordinators,
- 13 including the provision of informed consent.
- 14 NSGC members recognize that the scientific data
- 15 that arises from population-based studies will have a
- 16 powerful impact on the data that is available to provide
- 17 clinical information to patients in the future.
- 18 DR. TUCKSON: Thank you. Susan, that's
- 19 terrific. I just would say that that's a very important
- 20 statement. So now given where the committee is, I really,
- 21 really hope, at least as the Chair of the committee, that
- 22 your community now will take the initiative and really move
- 23 forward and provide very detailed and very explicit
- 24 suggestions into the public discourse around how you
- 25 actually now accomplish this certification.

- 1 Not just for the small groups that have it.
- 2 You've got to really figure out how that is going to work.
- 3 You have heard us about 12 times say that there are some
- 4 fundamental questions that need to be dealt with and
- 5 answered. You guys have opinions about it, and you
- 6 probably know others, but I think the ball is really now
- 7 back in your court in your community to respect the
- 8 professionalism of what you do and figure this thing out
- 9 and make those suggestions.
- I really appreciate your comments. As I say,
- 11 now you threw it at us, and we ran with it. Now the
- 12 question is you all are going to have a lot of work to do.
- 13 I know that is what you wanted.
- 14 MS. MANLEY: And we know that already as well.
- 15 DR. TUCKSON: I figured that. Susan, you have
- 16 been terrific. Thank you so much.
- 17 MS. MANLEY: Thank you.
- DR. TUCKSON: Greg Rapp? Greg? I'm sorry.
- 19 Please come right in and introduce yourself for the record.
- 20 MS. MENSH: My name is Stephanie Mensh. I'm a
- 21 consultant to AdvaMed, the Advanced Medical Technology
- 22 Association. AdvaMed represents manufacturers of
- 23 diagnostic and genetic tests, among other medical devices,
- 24 which is why we are interested in the activities of this
- 25 committee.

- 1 We'd like to thank you first for the
- 2 opportunity to make comments during this session. We're
- 3 very pleased with the amount of time that you've spent
- 4 deliberating on issues that our members consider to be very
- 5 important relating to the coverage and reimbursement of
- 6 genetic tests.
- 7 We do believe that for the tests themselves,
- 8 how Medicare treats them will have an impact on access. We
- 9 understand that there are certain limitations in terms of
- 10 prevention and information in how the agency views these
- 11 tests, and what they are used for.
- We do appreciate the amount of time and effort
- 13 that this committee has put into understanding the issues.
- 14 Hopefully your report will be a major source of support to
- 15 move this forward through Medicare and other agencies that
- 16 are related.
- We did submit specific comments, almost line by
- 18 line comments in September, and appreciate how much work
- 19 has been done since then on the draft. We do look forward
- 20 to doing a very careful review of the report when it comes
- 21 out for public comment in the next few months.
- 22 What I passed around is AdvaMed's policy
- 23 statement on another section of the Medicare Modernization
- 24 Act, which we hope that you'll also address in your report,
- 25 even if it is just to acknowledge to CMS that you are

- 1 interested in how they are implementing this section of the
- 2 report. It has to do with how new tests are paid under the
- 3 clinical lab fee schedule.
- 4 You did mention the MMA provision having to do
- 5 with coverage in the report, but this is Section 942. It
- 6 also talks about the disposition of new tests. It puts
- 7 into place a very thoughtful process. A public, open,
- 8 transparent process. We think this is important because we
- 9 would like to be sure that the agency and the contractors
- in the field who may be doing gap filling understand
- 11 completely what is required of them to develop cost data
- 12 for new tests, and that this information, the data is made
- 13 public.
- 14 AdvaMed has summarized what is in the law
- 15 itself at the beginning of the policy statement, but also
- 16 because the statute is fairly broad as it is written, we
- 17 have offered our suggestions for additional regulatory
- 18 provisions that we believe can be implemented on the
- 19 regulatory level.
- There was an open meeting, a town hall meeting,
- 21 that CMS held in January to take comments. We provided our
- 22 comments to CMS at that time on new tests, on implementing
- 23 this section. It is our understanding that a notice of
- 24 proposed regulation will come out in late spring or early
- 25 summer to implement these provisions. So the timing of

- 1 your final report will be right on time if you were to just
- 2 mention that you are interested in how CMS is carrying out
- 3 this provision of the law.
- 4 I think that that is pretty much what we're
- 5 asking for, is to just have your recognition that these
- 6 provisions are important, and that some stakeholders, like
- 7 AdvaMed and others, in the lab community are very
- 8 interested in being able to have the best that we can get
- 9 for new tests, understanding the limits of the current
- 10 Medicare fee schedule.
- 11 Again, thank you for this opportunity to
- 12 comment. We hope that you will consider making a
- 13 recommendation in your final report that relates to
- 14 implementing the new test section as well.
- Thank you.
- DR. TUCKSON: Thank you very much. Let me also
- 17 thank you all for a very well done briefing paper. One
- 18 page, front and back. Very specific, absolutely right to
- 19 the point on every point you're making. We understand the
- 20 point that you're making very clearly. Obviously a lot of
- 21 work went into this. I think it stands on its own. We
- 22 have this, and we will certainly study it.
- Does anybody have a question?
- 24 (No response.)
- DR. TUCKSON: Again, very well done. Thank you

- 1 very much.
- 2 MS. MENSH: Thank you.
- 3 DR. TUCKSON: Maureen Smith from NUgene
- 4 Project, Center for Genetic Medicine, Northwestern
- 5 University.
- 6 MS. SMITH: Good afternoon. I'd like to take
- 7 us back to the topic from this morning on large population
- 8 studies. I represent the NUgene project, which is a
- 9 genetic banking study conducted at Northwestern University
- 10 in Chicago, Illinois. The NUgene project is a
- 11 population-based initiative whose purpose is to develop a
- 12 diverse collection of samples and information that will
- 13 facilitate biomedical research on the genetic and
- 14 environmental factors contributing to health and disease.
- 15 Nugene currently combines a centralized genomic
- 16 DNA sample collection and storage system with the ability
- 17 to regularly update participant's health status and
- 18 retrospective and prospective data from electronic medical
- 19 records. The project received initial seed funding from
- 20 the Northwestern University and its health care partners.
- I will shorten my statements, as this has been
- 22 fairly extensively discussed this morning. I just wanted
- 23 to make a few points.
- One is the NUgene study is conducted throughout
- 25 the Northwestern Health Care System, which includes five

- 1 hospitals and numerous outpatient clinical sites throughout
- 2 the Chicago area. We are an approved IRB study through the
- 3 Northwestern University IRB, and we have a certificate of
- 4 confidentiality from the NIH.
- I did want to point out that we have spent time
- 6 since the inception of this study in early 2002, up until
- 7 the present time, and continue to work very closely with
- 8 our IRB. It has been a very lengthy process of education
- 9 and work, so I wanted to point out that I think it does
- 10 take a huge effort to educate IRBs about this type of
- 11 research.
- 12 Our recruitment began in late November 2002,
- 13 and we had very modest initial accrual goals so that we
- 14 might better understand how to best educate and work with
- 15 our physician and participant populations, as well as to
- 16 evaluate how to improve recruitment in our informed
- 17 consenting processes.
- 18 We have found people to be responsive to
- 19 learning about the study, and agreeing to participate.
- 20 However, that certainly does vary given the situation in
- 21 which participants are approached. But while the public
- 22 appears interested in participation in studies of this
- 23 type, we are aware of the need to continuously examine the
- 24 ethical, legal, and social issues associated with
- 25 acquiring, maintaining, and managing personal health and

- 1 genetic information as a large resource.
- 2 Therefore, we recently served as the site for
- 3 the Department of Energy-funded ELSI study of informed
- 4 consent for population-based genetic research. This
- 5 project assessed the participant knowledge of our study
- 6 with the goal of improving the informed consent process for
- 7 large population research. Results of this study have been
- 8 presented at scientific meetings, and we are in the process
- 9 of publishing that data.
- The longitudinal and population-based design of
- 11 this study positions NUgene, as well as similar studies, to
- 12 be a resource for a breadth of studies, and I won't go into
- 13 those, as they were extensively discussed this morning.
- 14 We believe that our project has begun to
- 15 demonstrate the value of such collections for research, as
- 16 over the past six months, being even a small population
- 17 study, we have distributed samples for three different
- 18 research studies within our university. These
- 19 investigations included such varied and common conditions
- 20 as aneurisms, neural tube defects, and head, neck, and lung
- 21 cancer.
- 22 In conclusion, we believe that large population
- 23 studies will offer great benefits to society, and will
- 24 enhance our understanding of how environment, lifestyle,
- 25 genetic, and other factors contribute to health and

- 1 disease. The experiences and expertise of existing
- 2 population studies in the U.S., particularly in the areas
- 3 of informed consent, building sophisticated data
- 4 management, and sample storage systems, developing privacy
- 5 policies, and establishing community trust can be leveraged
- 6 to provide a framework and guidelines for further studies.
- 7 As others in the international community work
- 8 to create country-specific, longitudinal population
- 9 cohorts, we believe that preexisting U.S.-based population
- 10 repositories should be further developed into a national,
- 11 not-for-profit consortium.
- DR. TUCKSON: Well, thank you very much,
- 13 Maureen, for that. Also thank you for letting us know that
- 14 the NUgene project is available as a resource as we look
- 15 forward to these issues going forward. I know several of
- 16 us will probably try to take advantage of that. Thanks for
- 17 taking the time to make sure that we know what you are
- 18 doing.
- MS. SMITH: Thank you.
- DR. TUCKSON: We appreciate it.
- 21 Finally, Mary Steele Williams, the Association
- 22 of Molecular Pathology. Welcome.
- 23 MS. WILLIAMS: Thank you. I'll need to provide
- 24 a new written document to Sarah based on yesterday's
- 25 discussions. The verbal comments are a little bit

- 1 different from the document that I provided you with
- 2 earlier.
- 3 Dr. Tuckson, members of the committee, good
- 4 afternoon. My name is Mary Williams, and I am the
- 5 Director of Scientific Programs of the Association for
- 6 Molecular Pathology. I speak to you today as a
- 7 representative of AMP.
- 8 The Association for Molecular Pathology is an
- 9 international not-for-profit educational society
- 10 representing over 1,200 physicians, doctoral scientists,
- 11 and other professionals who perform molecular and genetic
- 12 testing, as well as other tests based on nucleic acid
- 13 technology.
- 14 The AMP membership is from a wide variety of
- 15 health care settings, both public and private, as well as
- 16 from the IVD industry. AMP members are involved in every
- 17 aspect of genetic testing, research, and education.
- 18 My purpose today is to provide comments on
- 19 several issues currently under consideration by the SACGHS.
- 20 First, review of molecular CPT code reimbursement. AMP
- 21 strongly supports the proposal in the coverage and
- 22 reimbursement document to request CMS to review and revise
- 23 reimbursement for molecular CPT codes.
- 24 As the number of available genetic tests and
- 25 their use in routine diagnostics grows, laboratories will

- 1 not be able to continue absorbing the losses associated
- 2 with genetic testing as they do today. We strongly support
- 3 the SACGHS recommendation for CMS to review and revise
- 4 reimbursement for molecular CPT codes. AMP, through its
- 5 resources and knowledge of this subject, stands ready to
- 6 assist CMS in carrying out this recommendation.
- 7 Second, change in the definition of a genetic
- 8 test. AMP's position remains in strong support of the
- 9 limitation in the definition of a genetic test to
- 10 inheritable germline variations, and not including somatic
- 11 variations. If a genetic test is more broadly defined as
- 12 any molecular biology-based test, then there needs to be a
- 13 distinction that allows for the discussion of the ethical,
- 14 social, and regulatory issues to inheritable genetic tests
- 15 separate from testing for somatic mutations.
- 16 This distinction is not relevant to the
- 17 coverage and reimbursement report, but may be relevant to
- 18 future reports of the SACGHS.
- 19 Third, better coverage and reimbursement for
- 20 genetic counseling services. AMP in performing genetic
- 21 tests works closely with genetic counselors and medical
- 22 geneticists. These professionals provide essential genetic
- 23 services to patients and their families that are time
- 24 intensive, and are not adequately reimbursed. AMP strongly
- 25 supports a recommendation to define genetic counselors as

- 1 allied health professionals allowed to direct bill, and to
- 2 review the billing codes associated with genetic counseling
- 3 services.
- 4 Last, gene patents. AMP asks that SACGHS give
- 5 full consideration the negative impact of exclusive
- 6 licensing and enforcement practices for gene patents on the
- 7 future of genetic testing. We understand that SACGHS has
- 8 set this as a high priority, but has decided to wait for
- 9 the National Academy of Sciences' study of intellectual
- 10 property related to genomics and proteomics.
- We urge you to promptly set this as an agenda
- 12 for the SACGHS as soon as the report is available. On
- 13 behalf of AMP, I thank you for the opportunity to speak
- 14 with you today. AMP remains available to the SACGHS to
- 15 assist with or provide information for your thoughtful
- 16 deliberations and important work.
- DR. TUCKSON: Mary, thank you very much.
- 18 Thanks for making sure that we are staying closely
- 19 connected with the association. That's important that you
- 20 are clearly with us as we go forward.
- 21 The patent thing we talked about yesterday, and
- 22 we are right on board there. We are waiting for the NAS
- 23 report as well.
- We don't have a lot of time, but I just wanted
- 25 to note in terms of I appreciated the guidance around the

- 1 laboratory testing thing. I'm not sure what we might do
- 2 with that comment right now, other than we'll take it as
- 3 you've made a point. We have to deal with it at some
- 4 point. So we'll probably get back to it.
- 5 Thank you. Good job.
- 6 We're going to move forward and invite Dr.
- 7 Joseph Boone, Assistant Director for Science, Division of
- 8 Laboratory Services, CDC, and Steve Groft, Director of NIH
- 9 Office of Rare Diseases, as they help us to look at the
- 10 issue of the summary report from the Conference on
- 11 Promoting Quality Laboratory Testing for Rare Diseases.
- 12 You will remember that they had this conference in Atlanta
- in May of '04. They are making plans for a second
- 14 conference. The executive summary of the proceedings is in
- 15 Tab 5 of the briefing book.
- 16 While the conference was conceived as a plan to
- 17 address access in quality of laboratory testing issues for
- 18 rare genetic diseases or conditions, it wound up
- 19 identifying a number of issues beyond the quality
- 20 assurance. The group soon expanded the conference to
- 21 include other topics of interest, many of which intersect
- 22 with the interest of this committee. Therefore, we will be
- 23 learning about that and seeing how it dovetails with our
- 24 activity.
- Thanks a lot, Joe.

- DR. BOONE: Thanks very much.
- It is unfortunate that Dr. McCabe is not here,
- 3 because some of the things that we're going to be
- 4 presenting are certainly relevant to this precursor of this
- 5 committee. We are really addressing some of the issues
- 6 that have been raised before. Particularly the issue of
- 7 translation of research findings in clinical practice, and
- 8 the issue of access in quality of laboratory services.
- 9 As Dr. Tuckson mentioned, we did have a
- 10 conference in May of 2004. That conference did address
- 11 primarily a set of issues that was raised by this committee
- 12 previously. It has partners, Emory University, NIH, and
- 13 CDC. That's the reason that we're doing this tag team
- 14 presentation today.
- 15 Our definition of quality was really in terms
- 16 of CLIA. We felt like at least the minimum requirements
- 17 should be a certified laboratory. So the two areas where
- 18 we were most concerned were research-only laboratories, and
- 19 those laboratories that are located outside of the U.S.,
- 20 and the quality of the services that they might be
- 21 providing to U.S. citizens.
- 22 So the basic things that we were looking at was
- 23 to ensure the quality of access testing, and we were
- 24 concerned about the research laboratories that might be
- 25 providing patient testing without a CLIA certificate. We

- 1 were also concerned about the translation of gene findings
- 2 in clinical practice. We had a number of other issues that
- 3 were concerned about.
- 4 You have these charts in your books, but the
- 5 main thing is that in terms of the U.S., 78 percent of the
- 6 tests are being done in the U.S., 22 percent are being sent
- 7 outside of the country, and 33 percent of the testing on
- 8 gene tests are for research-only laboratories. That's the
- 9 test themselves.
- 10 If you look at the distribution of
- 11 laboratories, research-only laboratories account for about
- 12 40 percent of the U.S. laboratories in GeneTests. Non-U.S.
- 13 laboratories count for 30 percent of all the labs listed in
- 14 the directory. That was in 2004. The data haven't changed
- 15 very much since that time.
- 16 Another thing that's important to look at real
- 17 quickly is the fact that of the things that are tested for,
- 18 many of those tests are available from only one laboratory,
- 19 or from a very small number of laboratories, which makes
- 20 some of the quality assurance practices that we'd like to
- 21 have in place difficult to do.
- There are very few tests that are actually
- 23 available through the College of American Pathology survey
- 24 program. Similar in Europe, there are very few tests that
- 25 are actually being monitored in a quality assurance mode.

- So in the summary slide, I think the main thing
- 2 to focus on here is the fact that we're falling further and
- 3 further behind in terms of development of GeneTests. Rare
- 4 disease associations are being found at the rate of about
- 5 20 per month. The new testing that we are able to
- 6 incorporate is about ten per month. So we're running 50
- 7 percent behind in terms of developing new tests to address
- 8 the conditions that are being found in the gene findings.
- 9 That gap really does need to be closed.
- 10 So the results of our first conference was that
- 11 we actually formed a North American Laboratory Network for
- 12 Rare Disease Genetic Testing. That network is comprised of
- 13 laboratories that are all CLIA certified, and will report
- 14 the limitations of the tests in their reports. They are
- 15 going to work collectively to increase the development of
- 16 new tests to foster research and clinical laboratory
- 17 partnerships and serve as a back-up resource for additional
- 18 tests.
- 19 There was an organizational meeting, which
- 20 Steve is going to talk to you about in a moment. But there
- 21 were about six laboratories that formed this original
- 22 alliance of testing laboratories.
- 23 In addition, the American Society of Human
- 24 Genetics and the Office of Research Protections agreed to
- 25 provide education to researchers and IRBs, which is

- 1 something that was really needed. NIH has a pilot program
- 2 to fund translation of research tests into clinical,
- 3 applicable tests. That program, we want to see that
- 4 expanded in a logical manner. Then we plan to have a
- 5 meeting later this year, which Steve will tell you a little
- 6 bit about.
- 7 So we're on a pathway I think that is the right
- 8 pathway. We're not confused. We know where we're going.
- 9 Steve is going to tell you a little bit about how we might
- 10 get there.
- DR. GROFT: Thank you very much, Joe.
- 12 You saw the stop lights, red lights, green
- 13 lights, yellow lights. Sometimes I think we're working all
- 14 at one time, so we're not sure how we're going to get
- 15 there. As you will see in the last slide in the
- 16 presentation, that's even more of the confusion that we're
- 17 adding into the situation. I'll try to get this moving.
- 18 We do have a meeting planned on March 17th
- 19 prior to the American College of Medical Genetics to really
- 20 start to crystalize and finalize many of the discussions
- 21 that have been held previously, both at the meeting last
- 22 year in May at the Centers for Disease Control in Emory
- 23 University in Atlanta. A number of discussions have been
- 24 held by a lot of participants since then to look at
- 25 presenting this at the September, 2005 conference here in

- 1 Washington.
- We have been working on identifying major
- 3 issues in target audiences that need to be at the meeting
- 4 in September. We'll be looking at the conference agenda,
- 5 and then assure that there is broad based participation in
- 6 the meeting in September. We still are in the planning
- 7 stages, but things are coming together rather nicely.
- 8 It seems like for the first time we've been
- 9 able to get many of the major participants who we had to
- 10 get together to really affect an effort that would have
- 11 some outcomes that could move forward. We are getting
- 12 together here finally, so it's good to see.
- 13 At the conference in September, again, it will
- 14 be in Washington. It will be a two-day session. We'll
- 15 have plenary sessions and reviews. And again, we're
- 16 working all of these issues up that Joe had talked about as
- 17 far as the vision and other things that we need to discuss
- 18 to give us direction, movement, and the momentum to move
- 19 forward.
- 20 A couple of the issues that we need to work on
- 21 are trying to establish the priorities for developing
- 22 genetic tests for rare diseases. There are so many
- 23 disorders that we could look at and really start to work
- 24 on. We really have to try to identify those priorities and
- 25 the criteria for selecting them. It is just an area that

- 1 we hope to hear from a lot of people on how we're going to
- 2 go about this.
- 3 The conditions for the clinical laboratory
- 4 participation. We currently at the Office of Rare Diseases
- 5 have a small program with the National Human Genome
- 6 Research Institute within the Clinical Center to develop
- 7 these genetic tests for about four rare disorders last year
- 8 that we did under the direction of Bill Gault, the Clinical
- 9 Director for the Human Genome Research Institute.
- This year, we hope to expand that to about 16
- 11 to maybe 20 more tests that we will develop, mostly for the
- 12 use of the Intramural Research Program. So we wanted to go
- 13 forth and start in the intramural program, get some
- 14 direction, some experiences, and then move possibly into
- 15 the extramural program.
- 16 As we were moving forward last year in
- 17 developing these genetic tests, we came to the conclusion
- 18 that this was something that is quite capable of being done
- 19 in the extramural program. Now we are looking for
- 20 partnerships within the NIH system to expand the whole
- 21 program to increase the number of genetic tests that are
- 22 developed for rare disorders.
- When you have a total of 6,000 or 7,000 rare
- 24 diseases, it is quite a task. Where do you start? How do
- 25 you continue? How do you gain the interest? But there

- 1 certainly has been a lot of interest in seeing this move
- 2 forward to have the tests move out of the research stage
- 3 into the stage of clinical accessibility for the public.
- 4 The next three slides that you have and that
- 5 are available for anyone who may be looking in through the
- 6 website, is we've talked about the long-term visions and
- 7 the short-term visions for what we want to accomplish, and
- 8 where we want to go, so I won't spend too much time on
- 9 that. I know the day is drawing to a close, and people
- 10 have their planes.
- 11 There are a number of areas that we want to
- 12 talk about, and we will discuss the successes. How are we
- 13 going to measure it? How are we going to identify the
- 14 successes for the patient's families and the providers, as
- 15 well as the laboratories and the testing groups. Then
- 16 finally the success of the system and the services that
- 17 will provide these services to the public.
- 18 We hope to evaluate whatever success we're able
- 19 to achieve through pre and post-surveys of the
- 20 laboratories, the consumers and advocacy groups, the
- 21 Centers for Medicare and Medicaid Services, and other
- 22 payers, and then to monitor the tests that will become
- 23 available, and to monitor the quality of these tests, as
- 24 well as any adverse events that may occur. That seems to
- 25 be a major concern these days, as they should be.

- 1 Then we hope to lift the roadblocks and to
- 2 remove them to create the models that will generate the
- 3 energy to move forward towards the solutions. Again, we
- 4 know there is a lot of passion involving individual rare
- 5 diseases, but I think we have to look at this in the sense
- 6 that we are not going to be able to do all rare diseases at
- 7 one time. We will start in a systematic fashion and
- 8 continue to move through and to complete as many as are
- 9 possible at the present time currently that are in the
- 10 research stage or in the research laboratories.
- I guess we have been hearing about the need to
- 12 do this for many years from a lot of the patient advocacy
- 13 groups who of course would like to have a genetic test
- 14 available for their disorder.
- 15 There is always the concern that if they are
- 16 available from a research laboratory, that the research
- 17 money will dry up, and the project will just die. It may
- 18 never be available for use in the clinical services. So I
- 19 think those are some of the areas that we're looking at,
- 20 and some of the needs that we're trying to work with as we
- 21 move forward.
- 22 This is a slide that we have tried to put
- 23 together. We could have put all those different lights in
- 24 there too as well. You see the number of partners that we
- 25 are dealing with. Actually it has been very nice progress

- 1 I think as we move forward from the planning last year for
- 2 the May meeting in Atlanta to where we are today.
- 3 The number of groups that are involved are
- 4 numerous, yet there has been a good sense of a need to move
- 5 forward quickly and as expeditiously as possible. So I
- 6 think we'll just end it with that one and try to answer any
- 7 of your questions that you might have.
- 8 DR. TUCKSON: Thank you both. Very, very
- 9 important work.
- The floor is open. Any questions?
- DR. WILLARD: Just a point of information. Are
- 12 there precedents or other examples where HHS steps in to
- 13 prioritize development of tests for diseases that affect,
- 14 by definition in this case, a very, very small number of
- 15 its citizens?
- 16 DR. GROFT: I don't know of any directly,
- 17 although looking back on when we started with the Orphan
- 18 Drug Act back in 1983, we tried to identify compounds that
- 19 were available on the shelves of companies that weren't
- 20 being developed.
- 21 We tried to provide incentives. That's what
- 22 happened through the Orphan Drug Act, incentives. But we
- 23 also tried to identify compounds that would be useful. We
- 24 went about then funding research, trying to support
- 25 research for those areas.

- 1 So I think the scientists, the laboratory
- 2 people will identify those. As I mentioned, some of the
- 3 first areas we'd like to work with are those that are
- 4 already in the research laboratories, and maybe could move
- 5 over to the clinical side.
- 6 DR. BOONE: And we've talked about the federal
- 7 process, but we also have a private sector process that's
- 8 engaged in this overall activity with us. There were some
- 9 50 people that were at our original meeting, and we hope to
- 10 have maybe as many as a couple hundred people at the
- 11 September meeting.
- We get the same message from the people in the
- 13 private sector, that the rare disease community is coming
- 14 to them with funds in hand wanting tests developed. They
- 15 simply don't have enough capacity to move these tests
- 16 through the system.
- DR. GROFT: And for the most part, we probably
- 18 will not establish the priorities completely. I think this
- 19 is where a community will come forward. We are looking for
- 20 a cooperative effort among the patient advocacy groups, the
- 21 laboratories, the NIH, the CDC, and all of the government
- 22 agencies who have to work together on this issue.
- So there will be a lot of people coming
- 24 together. In the last slide, you could point there as to
- 25 who is going to bring the tests, the need for certain

- 1 tests, and everyone will be bringing the tests forward to
- 2 us for consideration. But we will not be the sole source
- 3 of funding.
- 4 MS. ZELLMER: I just had a quick question.
- 5 Just based on what you said then, are primarily then the
- 6 barriers to getting these tests developed the laboratories
- 7 just not having the capabilities? Or are they more
- 8 financial? Or both?
- 9 DR. BOONE: It's a little of both. I mean, Dr.
- 10 Ledbetter at Emory University indicates of course there is
- 11 enough capacity to do these tests within the United States,
- 12 but some tests are going abroad. You have to ask the
- 13 question, why is that occurring. I think there are several
- 14 reasons that that is occurring.
- 15 I really applaud NIH for taking this initiative
- 16 to try to put the researcher with the clinical lab in a
- 17 partnership so that that transition period hopefully will
- 18 take less time, and we'll be able to move tests more
- 19 rapidly through.
- 20 This really is a network that is starting to
- 21 build, too, because there are a few labs that are in this.
- 22 If the pilot really works well, then certainly we can
- 23 engage I think more genetic testing laboratories in this
- 24 process.
- DR. GROFT: I think with so many rare

- 1 disorders, there are so many possible conditions and
- 2 situations that exist that you can't say it's this or that.
- 3 There are many, many different possibilities here.
- 4 But we are hoping to have some pilot projects
- 5 involving different laboratories so we gain the experiences
- 6 of commercial laboratories, as well as CLIA-certified
- 7 laboratories, some that are in so-called ultra-orphan
- 8 disorders with a very, very small prevalence of diseases
- 9 that we'll look at to see how things are done and how we
- 10 might be able to just use those experiences to extend out
- 11 to the entire community.
- DR. TUCKSON: Thank you both. We very much
- 13 appreciate it. We look forward to updates after the
- 14 meeting. Thank you both.
- 15 All right. We are just going to have a couple
- 16 of minutes, and then we know that some of you really need
- 17 to get out of here, so we're going to end a little early, I
- 18 think.
- 19 Let me summarize a couple of things I think
- 20 that we said that we would do. This is not going to come
- 21 out real well, because I thought I was going to have a few
- 22 more minutes to actually sort of organize this.
- 23 Anyway, the main thing is that Sarah knows what
- 24 we're supposed to do. On the genetic discrimination
- 25 discussion, before you go, Muin, because there is something

- 1 that says you were supposed to do something. On the
- 2 genetic discrimination, we are going to do the DVD. I did
- 3 that narration this morning. So we have approved the
- 4 script, and that is moving forward.
- 5 The public comments to the Secretary are being
- 6 collected, and those will go forward to the Secretary. The
- 7 legal analysis, we are not going to wait for the legal
- 8 analysis to get done. But in the body of the letter to the
- 9 Secretary, we are going to urge the Secretary to use all of
- 10 his influence to expedite the legal analysis from the
- 11 various departments and everyone that is involved with
- 12 that. Then we are requesting that the Secretary hold the
- 13 stakeholder meeting to help broker any differences that may
- 14 exist in that community to move that forward. So those are
- 15 the things that we agreed to on the genetic discrimination.
- 16 On the health informatics infrastructure, I
- 17 think we wanted to send a letter to Brailer saying thank
- 18 you, and urging again that we want them to remember what we
- 19 are trying to do here, the family history issues in
- 20 genetics being important as he unveiled his strategic plan.
- 21 Muin is to work with Alan Guttmacher and/or Frances to
- 22 draft the letter in fact to Brailer.
- That's what you're doing. You already did it.
- DR. KHOURY: No, actually, we talked with Alan
- 25 yesterday. So I think Alan is taking the lead on behalf of

- 1 all of us, and we'll contribute.
- DR. LESHAN: We'll work with you.
- DR. TUCKSON: Oh, it's the old wait for Alan to
- 4 leave, and then give him the assignment. That will teach
- 5 you all to leave.
- 6 For whatever the Rodney Howell committee, what
- 7 is it called?
- 8 MS. CARR: Heritable Disorders.
- 9 DR. TUCKSON: Heritable Disorders. Any of you
- 10 that have comments that you want reflected there, go to Joe
- 11 so that Joe Telfair can carry the water for us on that
- 12 committee.
- On the reimbursement, I'm not going to
- 14 summarize that again. If you all didn't get that the last
- 15 time, shame on you. So I want to also just -- large pop?
- 16 MS. CARR: Yes. On large population studies,
- 17 we are writing a letter to the Secretary with a number of
- 18 points that we're going to make.
- 19 DR. TUCKSON: All right. So we've got the
- 20 large pop. That's exactly right. So we've got that.
- 21 That's in our notes.
- 22 I want to welcome again to the committee Joe
- 23 Telfair. I thought Joe was terrific. What a terrific
- 24 addition to the committee.
- 25 Kevin, we'll just wait for him to leave, and

- 1 then we'll say nice things about him.
- 2 (Laughter.)
- DR. TUCKSON: But Kevin, really welcome.
- 4 I just think this is really fun. What a good
- 5 group.
- I think all of you would join me, by the way,
- 7 and the ex officios, thank you all very much for coming,
- 8 and all the contributions that the ex officios made. It is
- 9 terrific.
- The webcast people, thank you all for that.
- 11 Again, there are a lot of people out there that care about
- 12 this. So thank you for that.
- 13 Thanks to the soundman. You were terrific
- 14 keeping us on track.
- 15 Sarah and the team, always just stellar behind
- 16 the scenes. Every single person is to be commended.
- 17 (Applause.)
- DR. TUCKSON: Now, the people that deserve the
- 19 biggest applause are the audience. I mean, how they can
- 20 sit through this stuff?
- 21 (Applause.)
- DR. TUCKSON: And they don't get to talk and
- 23 just have to be talked at. But we really appreciate your
- 24 involvement and expertise.
- Does any member of the committee have any last

- 1 words?
- MS. HARRISON: I have one last comment. I
- 3 think I always say this at the end of the meeting. I still
- 4 want to at least keep in our minds that we do have a duty
- 5 to the public to let them know about our proceedings and
- 6 things that are going on, and that the Federal Register may
- 7 not be the best place. So I think we still have a duty.
- DR. TUCKSON: Which I'll piggyback on also.
- 9 Again, that comment that I made at the beginning of the
- 10 meeting, I still want us to somehow, even though we've got
- 11 a lot on our plate, how do we get at this education of the
- 12 American public? Not just even about, although it is
- 13 important what you are saying, it stands on its own about
- 14 what we are doing, but it is educating the public around
- 15 these issues.
- I think that's important. I'm glad we got it
- 17 into the recommendation at the end for the Secretary on the
- 18 coverage and reimbursement issue, where we can start to get
- 19 the Secretary using the information distribution mechanisms
- 20 at his disposal to try to educate people about these
- 21 things. I think that's important, so I'm just piggybacking
- 22 on that.
- 23 Does anybody else have a comment?
- 24 (No response.)
- DR. TUCKSON: Well, with that, it was a hard

- 1 two days. Good for you all. Thanks a lot.
- 2 (Whereupon, at 3:47 p.m., the meeting was
- 3 adjourned.)