



Continuing Education Quiz for Counselors

You can earn two nationally certified continuing education (CE) hours by reading the indicated articles and completing the multiple-choice quiz below. This is an open-book exam. Complete the quiz by circling one or more of the multiple-choice answers. Be sure to answer all questions; unanswered questions will be scored as incorrect. You must score at least 70 percent to earn CE hours.

HIV/Hepatitis Prevention in Drug Abuse Treatment Programs—page 4.

- Hepatitis B or C infection affects _____ percent of injection drug users (IDUs):
 - 10 to 20
 - 30 to 50
 - 50 to 90
 - none of the above.
- To reduce the transmission of hepatitis C among IDUs, treatment programs need to address:
 - sharing of syringes
 - sharing of cookers, cottons, and rinse water
 - risky sexual behaviors
 - all of the above.
- Primary prevention of HIV and hepatitis infections among drug users involves:
 - risk education
 - outreach to IDUs
 - links to social services
 - none of the above.

The Neurobiology of Opioid Dependence: Implications for Treatment—page 13.

- Chronic opioid abuse causes brain changes that manifest as:
 - opioid tolerance
 - drug dependence
 - addiction
 - all of the above.

- One of the most powerful factors driving addictive behavior is:
 - sensation seeking
 - treatment of depression
 - withdrawal symptoms
 - none of the above.
- Opioid dependence and addiction are chronic medical disorders, comparable to:
 - diabetes
 - schizophrenia
 - high blood pressure
 - all of the above.

Treatment Practice and Research Issues in Improving Opioid Treatment Outcomes—page 22.

- The recommended maximum length of opioid treatment is:
 - 6 to 12 months
 - 1 to 2 years
 - 5 years
 - There is no recommended maximum length of treatment.
- Among the factors that enhance treatment program success are:
 - individualized treatment plans
 - contingency contracting (with positive or negative incentives)
 - frequency of counseling contacts
 - all of the above.

- Recommended research activities include:
 - studies of methadone’s effectiveness
 - studies of cost-effectiveness of program variables
 - development of “best practice” benchmarks
 - all of the above.

This issue of *Science & Practice Perspectives* has the following objectives for drug abuse treatment providers and researchers:

- explore how drug abuse treatment can affect the spread of HIV and hepatitis infections;
- explain how abuse of opioid drugs changes the brain and influences the course of opioid treatment; and
- illustrate how retention of patients in treatment helps to determine program effectiveness.

Please rate the following on a scale of 1 to 5 (1 is completely, 5 is not at all):

- To what extent did these articles accomplish the learning objectives?

1	2	3	4	5
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- To what extent did you learn something useful to your profession?

1	2	3	4	5
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- Was the information well presented?

1	2	3	4	5
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Please print legibly, copy page, and mail with your \$25 payment to: Perspectives CE Quiz, MasiMax Resources, Ste. 175, 1375 Piccard Drive, Rockville, MD 20850

Name _____

Address _____

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Phone () _____

I certify that I have answered the test questions without any help.

Signed _____ Date _____

Check VISA MasterCard

Card No. _____ Expiration Date _____

Name, exactly as it appears on card _____

Signed _____

Make checks payable to MasiMax Resources, Inc. In about 6 weeks you will receive notification of the results and, if you score 70 percent or higher, a certificate of completion. The National Institute on Drug Abuse, publisher of *Science & Practice Perspectives*, is a NAADAC-approved provider of continuing education home study.