

**State Level Initiatives – North Carolina  
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**The North Carolina Division of Public Health (NCDPH) will share an overview of their comprehensive work with state and local partners in addressing nutrition and physical activity to prevent obesity and other chronic diseases. North Carolina is recognized as a leader in the country in promoting increased physical activity and healthy eating. The NC Division of Public Health along with its numerous partners have developed and implemented creative initiatives, exemplary programming, multilevel interventions and a successful community-based grants program. As a result of these programs, policy and environmental changes are taking place throughout the state – creating healthier North Carolinians**

**Eat Smart, Move More...North Carolina is the statewide initiative that promotes increased opportunities for physical activity and healthy eating through policy and environmental change. Increasing public awareness of the need for such changes to support increased physical activity and healthy eating opportunities is an integral aspect of the initiative. The ultimate goal of the initiative is to promote healthy behaviors that reduce risks and prevent disease related to inactivity and unhealthy eating behaviors. Staff of the Physical Activity and Nutrition (PAN) Branch, Chronic Disease & Injury Section of the North Carolina Division of Public Health, guide the initiative, but the success of Eat Smart, Move More...North Carolina depends upon broad partnerships among organizations, communities, and individuals across the state.**

**The Eat Smart, Move More...North Carolina Eat Smart Move More encompasses a variety of programs and projects that support healthy eating and physical activity. The settings for these programs include: preschool, school, families, worksite, medical care and community. These settings and corresponding programs will be described in further detail in the concurrent session, as well as North Carolina's efforts targeting high-risk populations and addressing disparities.**